

### Junior Girls 3000m

Last	First	School	Time	Place	Points	Qualified
Milic	Hanna	Seaquam	11:13.39	1		Q
Wang	Yvonne	Pinetree Secondary	11:37.77	2	10	Q
Wade	Sarah	Riverside Secondary	11:44.26	3	8	Q
Zhang	Emily	Port Moody	11:50.02	4	6	Q
Wilson	Isabel	Dr Charles Best	12:01.31	5	5	Q
Jones	Catrin	Heritage Woods	12:03.07	6	4	
Mueckel	Heidi	Heritage Woods	12:03.84	7	3	
Chiu	Cindy	Burnsview	12:11.91	8		

### Senior Girls 3000m

Last	First	School	Time	Place	Points	Qualified
Willett	Olivia	Riverside Secondary	11:01.96	1	10	Q
Cairns	Amelia	Heritage Woods	11:02.23	2	8	Q
Huang	Nicole	Gleneagle	12:00.19	3	6	Q
Bredell	Michael	South Delta Secondary	12:59.77	4		Q

### Grade 8 Boys 3000m

Last	First	School	Time	Place	Points	Qualified
Khan	Omar	Southpointe	14:20.32	1		Q

### Junior Boys 3000m

Last	First	School	Time	Place	Points	Qualified
Yeung	Sam	Gleneagle	10:30.89	1	10	Q
Yang	Ethan	Gleneagle	10:59.69	2	8	Q
Vranesich	Joshua	Dr Charles Best	11:10.97	3	6	Q
Heath	Elliot	Dr Charles Best	11:28.77	4	5	Q
Yan	Bruce	Port Moody	11:30.28	5	4	Q
Ang	Alair	Port Moody	11:38.15	6	3	
Astrab	James	Heritage Woods	11:40.91	7	2	
Meraz	Mario	Riverside Secondary	11:45.18	8	1	
Pavi	Santiago	South Delta Secondary	11:46.11	9		
Illman	Joel	Dr Charles Best	11:55.94	10		
Croze	Luc	Riverside Secondary	12:10.30	11		
Russling	Kevin	Burnsview	12:49.47	12		
Monk-Young	Aldyn	Dr Charles Best	13:36.81	13		

### Senior Boys 3000m

Last	First	School	Time	Place	Points	Qualified
Gauthier	Nathan	Centennial	09:11.70	1	10	Q
Abdiwahid	Qays	Heritage Woods	09:14.54	2	8	Q
Attridge	Connor	Gleneagle	10:24.81	3	6	Q
Ishioka	Taishi	Pinetree Secondary	11:00.21	4	5	Q
Saini	Varinder	North Delta Secondar	11:23.83	5	4	Q



### Grade 8 Girls 100m Heat Results

	Last	First	School	Time	Place	Qualified
Heat 2	Rengni	Ange	Archbishop Carney	13.67	1	Q
Heat 2	Rai	Nadia	Southpointe	14.57	2	Q
Heat 2	Dhindsa	Serenna	Seaquam	15.05	3	Q
Heat 1	Stewart	Maggie	South Delta Secondary	15.49	4	Q
Heat 2	Croy	Katelyn	Southpointe	15.59	5	Q
Heat 1	Kuan	Carlie	Southpointe	16.02	6	Q
Heat 1	Scott	Miakay	Archbishop Carney	16.38	7	Q
Heat 2	Tucker	Emily	Seaquam	16.99	8	Q
Heat 2	Wolf	Emma	Seaquam	17.40	9	
Heat 1	Burbank	Ava	Burnsview	17.46	10	
Heat 1	Coates	Willow	Burnsview	17.71	11	

### Grade 8 Boys 100m Heat Results

	Last	First	School	Time	Place	Qualified
Heat 1	Panesar	Harvir	Delta Secondary	12.16	1	Q
Heat 1	Procknow	Jake	Seaquam	12.82	2	Q
Heat 1	Lamyin	Alex	South Delta Secondar	12.83	3	Q
Heat 1	Radstaak	Lucus	Seaquam	13.64	4	Q
Heat 1	Okamura	Nolan	South Delta Secondar	13.79	5	Q
Heat 1	Napier	Jackson	Seaquam	14.48	6	Q
Heat 1	Munoz Mart	Benji	Seaquam	14.61	7	Q
Heat 1	Rai	Zach	Southpointe	14.67	8	Q



### Junior Girls 100m Heat Results

	Last	First	School	Time	Place	Qualified
Heat 1	Duncan	Amara	Dr Charles Best	13.49	1	Q
Heat 2	Campeau	Sabine	Heritage Woods	13.81	2	Q
Heat 2	LeBlanc	Emma	Heritage Woods	13.91	3	Q
Heat 4	Griffin	Jenna	Heritage Woods	14.01	4	Q
Heat 3	Ackerman	Paige	Riverside Secondary	14.01	5	Q
Heat 2	Barbosa	Alessandra	Archbishop Carney	14.34	6	Q
Heat 4	Kwan	Vania	Pinetree Secondary	14.68	7	Q
Heat 5	Taylor	Laine	Archbishop Carney	14.83	8	Q
Heat 3	Chirkootsing	Avni	Heritage Woods	15.00	9	
Heat 2	Ng	Megan	Archbishop Carney	15.07	10	
Heat 3	Jones	Kalena	South Delta Secondary	15.09	11	
Heat 1	Oh	Janice	Port Moody	15.24	12	
Heat 4	Connelly	Shelby	Riverside Secondary	15.26	13	
Heat 5	Hinrichs	Alex	Heritage Woods	15.28	14	
Heat 1	Lyons	Georgia	Archbishop Carney	15.33	15	
Heat 3	Park	Elizabeth	Pinetree Secondary	15.48	16	
Heat 2	Truong	Ivana	Pinetree Secondary	15.50	17	
Heat 5	Bodnariuc	Elizabeth	Heritage Woods	15.51	18	
Heat 4	Martin	Breona	Heritage Woods	15.53	19	
Heat 1	Jiu	Maggie	Gleneagle	15.63	20	
Heat 3	Gu	Joie	Port Moody	15.67	21	
Heat 5	Gong	Jessica	Seaquam	15.71	22	
Heat 1	Fitzpatrick	Zara	South Delta Secondary	15.75	23	
Heat 5	Ristau	Masha	Dr Charles Best	15.79	24	
Heat 5	Tomlinson	Rachael	Heritage Woods	15.88	25	
Heat 4	Vilchez	Tatiana	Pinetree Secondary	16.57	26	
Heat 5	Okamura	Natalee	South Delta Secondary	16.86	27	
Heat 1	Do	Mary-Joy	Pinetree Secondary	16.92	28	
Heat 4	Zhang	Angela	Pinetree Secondary	17.08	29	
Heat 2	Petrik	Erin	Pinetree Secondary	18.14	30	

### Junior Boys 100m Heat Results

	Last	First	School	Time	Place	Qualified
Heat 3	Severy	Jaden	Terry Fox Secondary	11.80	1	Q
Heat 3	Wang	Adam	Heritage Woods	11.85	2	Q
Heat 1	Ruddle-Wel	Julio	South Delta Secondary	11.97	3	Q
Heat 4	Williams	Aaron	Heritage Woods	12.32	4	Q
Heat 2	Riddell	Edward	Archbishop Carney	12.47	5	Q
Heat 1	Gong	William	Pinetree Secondary	12.50	6	Q
Heat 2	Peacock	Lucas	Heritage Woods	12.52	7	Q
Heat 4	Chow	Nathan	Dr Charles Best	12.54	8	Q
Heat 2	Toews	Jon	South Delta Secondary	12.56	9	
Heat 3	Laughlin	Josh	Gleneagle	12.60	10	
Heat 5	Hui	Timothy	Heritage Woods	12.64	11	
Heat 1	Feigelstock	Ivica	Archbishop Carney	13.23	12	
Heat 5	Fayle	Matthew	South Delta Secondary	13.34	13	
Heat 3	DeChavez	Lorenzo	Archbishop Carney	13.36	14	
Heat 2	Shek	Sebastian	Gleneagle	13.41	15	
Heat 2	Bronfen	Marco	Archbishop Carney	13.51	16	
Heat 4	Miller	Tyler	Riverside Secondary	13.61	17	
Heat 5	Arcand	Tyson	Riverside Secondary	13.72	18	
Heat 4	Kung	Travis	Gleneagle	13.74	19	
Heat 5	Walia	Udaybir	Sands	13.74	20	
Heat 3	Lopez-Dee	Aaron	Archbishop Carney	13.86	21	
Heat 1	Gu	Eric	Heritage Woods	13.97	22	
Heat 2	Ahuja	Sid	Gleneagle	14.39	23	
Heat 4	Jessa	Shakil	Port Moody	14.53	24	
Heat 1	Meraz	Mario	Riverside Secondary	14.58	25	
Heat 5	Wu	Rico	Pinetree Secondary	14.60	26	

### Senior Girls 100m Heat Results

	Last	First	School	Time	Place	Qualified
Heat 2	Lew	Jasmine	Heritage Woods	12.74	1	Q
Heat 2	Denny	Siobhan	Heritage Woods	14.34	2	Q
Heat 3	Godlewski	Alex	Seaquam	14.39	3	Q
Heat 2	Gil	Andrea	Archbishop Carney	14.40	4	Q
Heat 2	Lyons	Isabella	Archbishop Carney	14.59	5	Q
Heat 3	Bassewitz	Josepha	Delta Secondary	14.75	6	Q
Heat 2	Tso	Cate	Port Moody	14.92	7	Q
Heat 3	Ansari	Aryana	Heritage Woods	15.07	8	Q
Heat 3	Curiel	Ariona	Dr Charles Best	15.14	9	
Heat 2	McTavish	Amy	Heritage Woods	15.42	10	
Heat 1	Niyomahorc	Gloria	BC Christian Academy	15.62	11	
Heat 1	Harvey	Lauren	Heritage Woods	15.65	12	
Heat 1	Decker	Taylor	North Delta Secondary	16.10	13	
Heat 1	Katili	Jane	Pinetree Secondary	16.32	14	
Heat 3	Jiang	Sophia	Pinetree Secondary	16.86	15	
Heat 3	Chen	Coco	Pinetree Secondary	18.12	16	

### Senior Boys 100m Heat Results

	Last	First	School	Time	Place	Qualified
Heat 3	Wezeman	Ben	Heritage Woods	11.58	1	Q
Heat 1	Fayle	Jack	South Delta Secondary	11.86	2	Q
Heat 2	Gane	Alan	Riverside Secondary	11.99	3	Q
Heat 3	Campbell	Dakota	Delta Secondary	12.03	4	Q
Heat 3	Paley	Daniel	Gleneagle	12.06	5	Q
Heat 1	Hunt	Liam	South Delta Secondary	12.23	6	Q
Heat 3	Tsui	Ethan	Heritage Woods	12.38	7	Q
Heat 3	Instant	Brennan	Heritage Woods	12.53	8	Q
Heat 2	Fahey	Joe	Heritage Woods	12.64	9	
Heat 1	Chen	Eric Po-Yu	Pinetree Secondary	12.86	10	
Heat 3	Hui	Benjamin	Heritage Woods	12.91	11	
Heat 2	Takahashi	Shinkoh	Pinetree Secondary	13.15	12	
Heat 1	Fung	Alexander	Port Moody	13.16	13	
Heat 1	Sheikhzade	Paiman	Pinetree Secondary	13.58	14	
Heat 2	Tam	Jerome	Gleneagle	13.59	15	
Heat 1	Bareng	Mark	North Delta Secondary	13.96	16	
Heat 2	Van Luven	Jacob	Seaquam	14.05	17	
Heat 3	Ahmed	Waqar	Burnsview	15.07	18	

### Grade 8 Girls 400m

Last	First	School	Time	Place	Points	Qualified
Bonikowsky	Madelyn	South Delta Secondary	01:04.92	1		Q
Borntraeger	Kaylie	Southpointe	01:15.38	2		Q
Tucker	Emily	Seaquam	01:21.13	3		Q
Croy	Katelyn	Southpointe	01:21.70	4		Q

### Grade 8 Boys 400m

Last	First	School	Time	Place	Points	Qualified
Procknow	Jake	Seaquam	57.45	1		Q
Bonikowsky	Jacob	South Delta Secondary	57.55	2		Q
Gill	Robin	Delview Secondary	58.78	3		Q
Lamyin	Alex	South Delta Secondary	59.32	4		Q
Radstaak	Lucus	Seaquam	01:03.19	5		Q

## Junior Girls 400m

	Last	First	School	Time	Place	Points	Qualified
Heat 1	Smigelski	Natasha	Centennial	01:01.05	1	10	Q
Heat 2	McDonell	Olivia	Riverside Secondary	01:04.82	2	8	Q
Heat 2	Anderson	Hayley	Heritage Woods	01:04.91	3	6	Q
Heat 1	Gibson	Maddie	BC Christian Academy	01:05.53	4	5	Q
Heat 1	Bowles	Elizabeth	Sands	01:07.78	5		Q
Heat 2	Instant	Emily	Heritage Woods	01:11.46	6	4	
Heat 2	Loureiro	Angela	Archbishop Carney	01:12.22	7	3	
Heat 2	Tiurpenki	Uma	Southpointe	01:14.51	8		
Heat 1	Connelly	Shelby	Riverside Secondary	01:15.35	9	2	
Heat 2	Hedayati	Zeinab	Port Moody	01:15.70	10	1	
Heat 1	Wade	Sarah	Riverside Secondary	01:17.13	11		
Heat 1	Yang	Kitty	Gleneagle	01:18.07	12		
Heat 1	Lally	Samrit	Seaquam	01:21.12	13		

## Junior Boys 400m

	Last	First	School	Time	Place	Points	Qualified
Heat 1	Severy	Jaden	Terry Fox Secondary	54.42	1	10	Q
Heat 3	Laughlin	Josh	Gleneagle	56.24	2	8	Q
Heat 1	Williams	Aaron	Heritage Woods	57.95	3	6	Q
Heat 3	Katsube	Brennan	Delta Secondary	58.95	4		Q
Heat 1	Fayle	Matthew	South Delta Secondary	01:00.84	5		Q
Heat 1	McCrae	Devin	Heritage Woods	01:02.36	6	5	
Heat 3	Stack	Tyler	Terry Fox Secondary	01:02.73	7	4	
Heat 3	Lee	Andy	Port Moody	01:02.75	8	3	
Heat 2	Miller	Tyler	Riverside Secondary	01:03.37	9	2	
Heat 1	Choi	Gregory	Gleneagle	01:03.73	10	1	
Heat 1	Conway	Dylan	Port Moody	01:04.31	11		
Heat 3	Gu	Eric	Heritage Woods	01:04.86	12		
Heat 1	Chavez	Ceasar	Riverside Secondary	01:05.20	13		
Heat 2	Yan	Bruce	Port Moody	01:06.50	14		
Heat 2	Astrab	James	Heritage Woods	01:08.51	15		
Heat 2	Jessa	Shakil	Port Moody	01:10.19	16		
Heat 2	Sarup	Ash	North Delta Secondary	01:11.01	17		



### Senior Girls 400m

Last	First	School	Time	Place	Points	Qualified
Turcott	Alyssa	Gleneagle	01:03.87	1	10	Q
Thue	Mataya	Heritage Woods	01:04.75	2	8	Q
Yolland	Anne	Gleneagle	01:07.40	3	6	Q
Reaume	Brielle	Gleneagle	01:10.44	4	5	Q
Chad	Mary	Gleneagle	01:11.06	5	4	Q

### Senior Boys 400m

Last	First	School	Time	Place	Points	Qualified
Fayle	Jack	South Delta Secondary	51.79	1		Q
Wezeman	Ben	Heritage Woods	52.15	2	10	Q
Dhindsa	Arshpreet	North Delta Secondary	57.57	3		Q
Instant	Brennan	Heritage Woods	58.44	4	8	Q
Pedroso	Jean-Paul	Archbishop Carney	58.90	5	6	Q
Takahashi	Shinkoh	Pinetree Secondary	01:02.21	6	5	

## Grade 8 Girls 4x100m

School	Time	Place	Points	Qualified
Archbishop Carney	56.58	1	10	Q
Southpointe	59.06	2		Q
Seaquam	DQ			

## Grade 8 Boys 4x100m

School	Time	Place	Points	Qualified
Seaquam	53.794	1		Q

### Junior Girls 4x100m

School	Time	Place	Points	Qualified
Kodiaks A	53.73	1	10	Q
Archbishop Carney	56.94	2	8	Q
Pinetree B	57.23	3	6	Q
Kodiaks B	57.47	4	5	
Riverside	57.56	5	4	
SDSS	59.97	6		
Sands	01:00.55	7		
Pinetree A	01:06.81	8	3	

## Junior Boys 4x100m

School	Time	Place	Points	Qualified
Kodiaks	46.59	1	10	Q
Archbishop Carney	49.56	2	8	Q
SDSS	51.65	3		Q
Terry Fox	52.27	4	6	
Port Moody	52.31	5	5	
Pinetree	53.48	6	4	
Gleneagle	53.74	7	3	
Riverside	53.90	8	2	

## Senior Girls 4x100m

School	Time	Place	Points	Qualified
Gleneagle B	53.20	1	10	Q
Kodiaks	55.66	2	8	Q
Gleneagle A	57.10	3	6	Q
Carney	01:00.54	4	5	
BCCA	01:01.08	5	4	

## Senior Boys 4x100m

School	Time	Place	Points	Qualified
BCCA	48.64	1	10	Q
Gleneagle	49.93	2	8	Q
Pinetree	50.70	3	6	Q
Kodiaks	DQ			



### Grade 8 Girls 200m Hurdles

Last	First	School	Time	Place	Points	Qualified
Borntraeger	Kaylie	Southpointe	33.078	1		Q

### Junior Girls 300m Hurdles

Last	First	School	Time	Place	Points	Qualified
Seemann	Carly	Dr Charles Best	49.73	1	10	Q
Hamnett	Georgia	Dr Charles Best	52.32	2	8	Q

### Junior Boys 300m Hurdles

Last	First	School	Time	Place	Points	Qualified
Luccock	Brendan	Seaquam	48.06	1		Q
Ang	Alair	Port Moody	49.01	2	10	Q
Lee	Andy	Port Moody	49.63	3	8	Q

### Senior Girls 400m Hurdles

Last	First	School	Time	Place	Points	Qualified
Tyndall	Hana	Gleneagle	01:08.16	1	10	Q
Thue	Mataya	Heritage Woods	01:15.88	2	8	Q
Lyons	Isabella	Archbishop Carney	01:24.80	3	6	Q
Villena	Annze	North Delta Secondary	01:31.50	4		Q

### Senior Boys 400m Hurdles

Last	First	School	Time	Place	Points	Qualified
Luccock	Dominic	Seaquam	01:05.37	1		Q
Pedroso	Jean-Paul	Archbishop Carney	01:12.14	2	10	Q
Ahmed	Waqar	Burnsview	01:20.32	3		Q

### Grade 8 Girls 1500m

Last	First	School	Time	Place	Points	Qualified
Bonikowsky	Madelyn	South Delta Secondary	05:07.28	1		Q
Stevens	Melissa	Burnsview	05:46.24	2		Q

### Grade 8 Boys 1500m

Last	First	School	Time	Place	Points	Qualified
Bonikowsky	Jacob	South Delta Secondary	04:29.25	1		Q
Sood	Parv	Burnsview	05:11.94	2		Q
Pena	Andres	South Delta Secondary	05:37.85	3		Q
Kanlup	James	Burnsview	05:59.25	4		Q

### Junior Girls 1500m

Last	First	School	Time	Place	Points	Qualified
Milic	Hanna	Seaquam	05:15.55	1		Q
McDonell	Olivia	Riverside Secondary	05:25.92	2	10	Q
Mueckel	Heidi	Heritage Woods	05:36.58	3	8	Q
Wade	Sarah	Riverside Secondary	05:38.37	4	6	Q
Zipursky	Nicole	Delta Secondary	05:38.97	5		Q
Gill	Ria	Seaquam	05:46.21	6		
Jones	Catrin	Heritage Woods	05:46.36	7	5	
Bowles	Elizabeth	Sands	05:54.33	8		
Alati	Enrica	Heritage Woods	06:11.68	9	4	
Yang	Kitty	Gleneagle	06:37.14	10	3	



## Junior Boys 1500m

Last	First	School	Time	Place	Points	Qualified
McLaughlin	Brendan	Heritage Woods	04:26.53	1	10	Q
Yeung	Sam	Gleneagle	04:46.31	2	8	Q
Power Smit	Isaiah	Dr Charles Best	04:54.70	3	6	Q
Villena	Andrew	North Delta Secondary	04:55.56	4		Q
McCrae	Devin	Heritage Woods	04:59.67	5	5	Q
Bell	Colin	Delta Secondary	05:03.03	6		
Chavez	Ceasar	Riverside Secondary	05:06.16	7	4	
Wu	Andrew	Gleneagle	05:10.18	8	3	
Ahuja	Sid	Gleneagle	05:17.42	9	2	
Heath	Elliot	Dr Charles Best	05:18.53	10	1	
Stack	Tyler	Terry Fox Secondary	05:22.02	11		
Meraz	Mario	Riverside Secondary	05:23.16	12		
Yan	Bruce	Port Moody	05:23.79	13		
Brown	Callum	Pinetree Secondary	05:30.61	14		
Illman	Joel	Dr Charles Best	05:31.56	15		
Conway	Dylan	Port Moody	05:31.68	16		
Zheng	Jeremy	Burnsview	05:32.20	17		
Gao	Davis	Pinetree Secondary	05:35.38	18		
Russling	Kevin	Burnsview	05:35.79	19		
Pavi	Santiago	South Delta Secondary	05:36.40	20		
Vaitkus	Logan	South Delta Secondary	06:12.10	21		

### Senior Girls 1500m

Last	First	School	Time	Place	Points	Qualified
Willett	Olivia	Riverside Secondary	05:04.34	1	10	Q
Cairns	Amelia	Heritage Woods	05:09.77	2	8	Q
Gill	Harneet	North Delta Secondary	05:15.71	3		Q
Godlewski	Alex	Seaquam	05:55.27	4		Q
Ready	Alex	Dr Charles Best	06:04.34	5	6	Q
Bredell	Michael	South Delta Secondary	06:16.49	6		



## Senior Boys 1500m

Last	First	School	Time	Place	Points	Qualified
Gauthier	Nathan	Centennial	04:16.37	1	10	Q
Abdiwahid	Qays	Heritage Woods	04:33.99	2	8	Q
Attridge	Connor	Gleneagle	05:00.80	3	6	Q
Herzog	Nick	Terry Fox Secondary	05:06.39	4	5	Q
Lee	Cameron	Pinetree Secondary	05:06.68	5	4	Q
Ishioka	Taishi	Pinetree Secondary	05:07.78	6	3	
Whitehouse	Taylor	Terry Fox Secondary	05:08.56	7	2	
Norambuena	Giorgio	Terry Fox Secondary	05:39.35	8	1	
Goshalia	Aditya	Pinetree Secondary	05:39.51	9		
Hafizi-Moori	Parsa	BC Christian Academy	05:59.48	10		

