

Junior Girls 200m Heat Results

	First	Last	Time	School	Qualified
Heat 3	Emily	Morley	27.82	Maple Ridge	Q
Heat 3	Jasmine	Lew	27.88	Heritage Woods	Q
Heat 5	Chisom	Obioha	28.26	Meadowridge	Q
Heat 7	Sieerah	Burrows	28.60	?	Q
Heat 2	Kristen	Lagerstrom	28.62	Pitt Meadows	Q
Heat 5	Blythe	Parry	29.02	Maple Ridge	Q
Heat 7	Alyssa	Turcott	29.19	Gleneagle	Q
Heat 2	Maddie	Gibson	29.21	BC Christian Academy	Q
Heat 4	Meaghen	Christsen	29.43	Maple Ridge	
Heat 7	Francesca	Sandini	29.63	St Thomas More	
Heat 7	Cate	Tso	29.87	Heritage Woods	
Heat 7	Becky	Perez	30.15	Maple Ridge	
Heat 5	Alessandra	Barbosa	30.26	Archbishop Carney	
Heat 7	Alina	Olson	30.26	Maple Ridge	
Heat 6	Elisa	Morrison	30.28	Port Moody	
Heat 1	Charlene	Kabongo	30.50	BC Christian Academy	
Heat 3	Sabine	Campeau	30.51	Heritage Woods	
Heat 6	Kennedy	Bergen	30.69	Maple Ridge	
Heat 6	Paige	Ackerman	30.71	Riverside	
Heat 4	Jeenat	Virk	30.92	North Delta	
Heat 3	Karen	Medina	30.97	Pitt Meadows	
Heat 1	Khyra	Le	31.07	Burnsview	
Heat 5	Nicola	Liu	31.55	Port Moody	
Heat 3	Laine	Taylor	31.72	Archbishop Carney	
Heat 6	Tenaya	Fogelman	31.77	Heritage Woods	
Heat 1	Georgia	Lyons	32.01	Archbishop Carney	
Heat 4	Shelby	Milliard	32.04	Maple Ridge	
Heat 6	Catherine	Teng	32.41	Burnsview	
Heat 1	Aurafel	Domingo	32.45	St Thomas More	
Heat 5	Alijca	Cichecki	32.50	Maple Ridge	
Heat 4	Annze	Villena	32.67	North Delta	
Heat 1	Heidi	Goetz	32.92	Archbishop Carney	
Heat 4	Hunter	Lang	33.11	Port Moody	
Heat 1	Ashlee	Oen	33.43	St Thomas More	
Heat 4	Megan	Pankratz	33.79	Maple Ridge	
Heat 5	Maria	Sain	34.30	St Thomas More	
Heat 7	Maria	Craciun	34.41	Burnsview	
Heat 4	Romina	Soltan Mohamr	35.93	BC Christian Academy	
Heat 1	Ayesha	Beg	42.69	North Delta	

Junior Girls 200m Final Results

First	Last	Time	School	Place
Jasmine	Lew	26.88	Heritage Woods	1
Emily	Morley	27.69	Maple Ridge	2
Chisom	Obioha	28.51	Meadowridge	3
Kristen	Lagerstrom	28.61	Pitt Meadows	4
Blythe	Parry	28.74	Maple Ridge	5
Alyssa	Turcott	28.98	Gleneagle	6
Sierrah	Burrows	29.06	Riverside	7
Maddie	Gibson	29.85	BC Christian Academy	8

Junior Boys 200m Heat Results

	First	Last	Time	School	Qualified
Heat 5	Aaron	Field	24.27	St Thomas More	Q
Heat 1	Emmaual	Dadson	24.38	St Thomas More	Q
Heat 6	Adam	Wang	24.74	Heritage Woods	Q
Heat 2	Jaden	Severy	24.85	Terry Fox	Q
Heat 6	Cole	Deakin	25.19	Maple Ridge	Q
Heat 5	Jordan	Mi	25.41	Pinetree	Q
Heat 2	Brennan	Instant	25.70	Heritage Woods	Q
Heat 5	Simi	Taylor-Lewis	25.87	Terry Fox	Q
Heat 3	Ryan	Williamson	25.89	Highroad Academy	
Heat 5	Cameron	Grout	25.98	Maple Ridge	
Heat 6	Marcus	Da Silva	26.38	St Thomas More	
Heat 4	Travis	Spence	27.40	Maple Ridge	
Heat 4	Matt	Liosis	27.67	Maple Ridge	
Heat 2	Benjamin	Ewert	27.76	Highroad Academy	
Heat 1	Roy	Zhao	27.78	Heritage Woods	
Heat 3	Marco	Bronfen	27.79	Archbishop Carney	
Heat 4	Brad	Carston	27.98	Heritage Woods	
Heat 1	Ario	Katchooi	28.03	Heritage Woods	
Heat 3	Samuel	Gaertner	28.14	Highroad Academy	
Heat 3	Siegfred	Yano	28.14	St Thomas More	
Heat 4	Adamson	Adeogun	28.21	Maple Ridge	
Heat 4	Jan	Jan	28.24	Pitt Meadows	
Heat 6	Thomas	Gaita	28.25	Maple Ridge	
Heat 1	Andres	Palma	28.55	Port Moody	
Heat 6	Amin	Seghatoleslami	28.77	Heritage Woods	
Heat 4	Ash	Sarup	31.83	North Delta	
Heat 1	Brandon	Carniel	32.69	Westview	

Junior Boys 200m Final Results

First	Last	Time	School	Place
Emmaual	Dadson	23.84	St Thomas More	1
Aaron	Field	23.88	St Thomas More	2
Jaden	Severy	24.60	Terry Fox	3
Adam	Wang	24.62	Heritage Woods	4
Cole	Deakin	25.43	Maple Ridge	5
Jordan	Mi	25.44	Pinetree	6
Brennan	Instant	25.79	Heritage Woods	7
Simi	Taylor-Lewis	26.00	Terry Fox	8

Senior Girls 200m Heat Results

	First	Last	Time	School	Qualified
Heat 2	Abisayo	Ajibike	27.21	Maple Ridge	Q
Heat 1	Julie	Ydenberg	28.42	Pitt Meadows	Q
Heat 1	Samantha	Gebhardt	28.78	Riverside	Q
Heat 2	Kiran	Bangar	29.32	North Delta	Q
Heat 2	Prachi	Brahmbhatt	30.31	Burnsview	Q
Heat 2	Isabella	Lyons	30.41	Archbishop Carney	Q
Heat 2	Amy	McTavish	30.47	Heritage Woods	Q
Heat 1	Jane	Coady	30.57	Archbishop Carney	Q
Heat 2	Nicole	Godkin	31.85	Archbishop Carney	
Heat 1	Ashley	Chun	32.18	Maple Ridge	
Heat 1	Iyere	Osa-Odigie	32.41	Highroad Academy	
Heat 1	Sadaf	Ayazifer	34.95	Pinetree	
Heat 2	Arrietty	Song	35.03	Pinetree	

Senior Girls 200m Final Results

First	Last	Time	School	Place
Abisayo	Ajibike	26.97	Maple Ridge	1
Julie	Ydenberg	28.47	Pitt Meadows	2
Kiran	Bangar	29.12	North Delta	3
Samantha	Gebhardt	29.20	Riverside	4
Prachi	Brahmbhatt	30.13	Burnsview	5
Isabella	Lyons	30.23	Archbishop Carney	6
Amy	McTavish	30.81	Heritage Woods	7
Jane	Coady	31.56	Archbishop Carney	8

Senior Boys 200m Heat Results

	First	Last	Time	School	Qualified
Heat 1	Nick	Cowley	24.66	Maple Ridge	Q
Heat 1	Daniel	Paley	24.98	Gleneagle	Q
Heat 2	John	Zhou	25.24	Heritage Woods	Q
Heat 2	Pavan	Dhillon	25.45	North Delta	Q
Heat 1	Andrew	Thiessen	25.48	Maple Ridge	Q
Heat 3	Ben	Wezeman	25.51	Heritage Woods	Q
Heat 1	Kunal	Chettiar	25.53	Riverside	Q
Heat 3	Jean-Paul	Pedroso	26.72	Archbishop Carney	Q
Heat 3	Sebastian	Goh	26.94	Pinetree	
Heat 2	Johnny	Yu	27.22	BC Christian Academy	
Heat 3	Mateo	Manke	27.26	Pitt Meadows	
Heat 2	Georg	Ickstadt	27.73	Archbishop Carney	
Heat 1	Evan	Hughes	29.27	Riverside	
Heat 2	David	Vo	32.73	Heritage Woods	

Senior Boys 200m Final Results

First	Last	Time	School	Place
Ben	Wezeman	24.37	Heritage Woods	1
Nick	Cowley	24.61	Maple Ridge	2
Daniel	Paley	24.91	Gleneagle	3
Pavan	Dhillon	25.28	North Delta	4
Kunal	Chettiar	25.36	Riverside	5
John	Zhou	25.88	Heritage Woods	6
Jean-Paul	Pedroso	26.70	Archbishop Carney	7

Junior Girls 1500m Results

First	Last	Time	School	Place
Maggie	Graydon	05:28.34	Pitt Meadows	1
Ilse	Rafter	05:33.93	Maple Ridge	2
Maddie	Gibson	05:49.70	BC Christian Academy	3
Syndy	Shi	05:54.29	Port Moody	4
Khyra	Le	05:57.88	Burnsview	5
Elisa	Morrison	06:03.75	Port Moody	6
Erin	Garrison	06:08.28	Gleneagle	7
Alana	Forbes	06:40.80	Burnsview	8

Junior Boys 1500m Results

First	Last	Time	School	Place
Graeme	Roberts	04:25.97	Westview	1
Brendan	McLaughlin	04:31.69	Heritage Woods	2
Qays	Abdiwahid	04:36.79	Heritage Woods	3
Karim	Nessim	04:41.34	BC Christian Academy	4
Marshall	Shupe	04:41.39	Maple Ridge	5
Jack	Hamilton	04:56.28	Riverside	6
Luis	Araiza	05:01.37	Gleneagle	7
Sam	Yeung	05:01.47	Gleneagle	8
Ryan	Williamson	05:05.17	Highroad Academy	9
Sam	Manke	05:08.10	Pitt Meadows	10
Andrew	Villena	05:08.12	North Delta	11
Yousef	Mian	05:11.80	St Thomas More	12
Alair	Ang	05:15.85	Port Moody	13
Grayson	Parkins	05:21.12	Charles Best	14
Taylor	Whitehouse	05:31.78	Terry Fox	15
Kevin	Xu	05:33.40	BC Christian Academy	16
Elijah	Elgersma	05:50.41	Highroad Academy	17
Dylan	Conway	06:03.37	BC Christian Academy	18
Matthew	Martin	06:04.88	BC Christian Academy	19

Senior Girls 1500m Results

First	Last	Time	School	Place
Madelyn	Huston	04:51.71	Thomas Haney	1
Olivia	Willett	04:55.15	Riverside	2
Amelia	Cairns	05:03.43	Heritage Woods	3
Kassandra	Richard	05:28.37	Terry Fox	4
Jane	Coady	06:19.42	Archbishop Carney	5

Senior Boys 1500m Results

First	Last	Time	School	Place
Josh	Kozelj	04:15.67	Heritage Woods	1
Fraser	Barnett-Stewar	04:24.57	St Thomas More	2
Sam	LaChance	04:24.70	Pitt Meadows	3
Alex	Ross	04:29.91	Maple Ridge	4
Simon	Arias	04:37.87	Burnsview	5
Trevor	Roberts	04:57.78	Westview	6
Varinder	Saini	04:58.30	North Delta	7
Andrei	Secu	05:06.23	Gleneagle	8
Austin	Chang	05:06.94	St Thomas More	9
Cody	Dowel	05:12.98	BC Christian Academy	10
Foster	Dolling	05:18.58	Riverside	11
Max	Gibson	05:21.28	BC Christian Academy	12
Shinkoh	Takahashi	05:50.27	Pinetree	13

Junior Girls 400m Final Results

First	Last	Time	School	Place
Emily	Morley	01:02.68	Maple Ridge	1
Marisa	Koufalis	01:03.36	Heritage Woods	2
Blythe	Parry	01:05.92	Maple Ridge	3
Alyssa	Turcott	01:06.78	Gleneagle	4
Brooke	Parry	01:07.90	Maple Ridge	5
Anne	Yolland	01:08.02	Gleneagle	6
Alexandra	Redey	01:10.26	Charles Best	7
Tenaya	Fogelman	01:10.44	Heritage Woods	8
Jeenat	Virk	01:10.84	North Delta	9
Zoe	Chung	01:12.15	St Thomas More	10
Khyra	Le	01:13.38	Burnsview	11
Abby	Woodward	01:14.01	Gleneagle	12
Catherine	Teng	01:16.19	Burnsview	13
Annze	Villena	01:16.67	North Delta	14
Kristina	Ramirez	01:21.49	St Thomas More	15
Samantha	Burshtynski	01:23.49	Westview	16

Junior Boys 400m Final Results

First	Last	Time	School	Place
Jorin	Lenton	53.73	Maple Ridge	1
Nick	Kerschbaun	55.51	Maple Ridge	2
Cole	Deakin	56.22	Maple Ridge	3
Marshall	Shupe	56.54	Maple Ridge	4
Aaron	Williams	58.55	Heritage Woods	5
Brennan	Instant	58.72	Heritage Woods	6
Cameron	Grout	58.90	Maple Ridge	7
Jaden	Severy	58.94	Terry Fox	8
Josh	Wilson	59.98	St Thomas More	9
Matt	Liosis	01:01.13	Maple Ridge	10
Alair	Ang	01:02.00	Port Moody	11
Evan	Querengesser	01:02.65	Pitt Meadows	12
Thomas	Gaita	01:05.41	Maple Ridge	13
Andres	Palma	01:05.77	Port Moody	14
Brad	Carston	01:05.82	Heritage Woods	15
Andy	Lee	01:06.40	Port Moody	16
Ario	Katchooi	01:07.06	Heritage Woods	17
Andrew	Coons	01:09.12	Heritage Woods	18
James	Astrab	01:09.93	Heritage Woods	19
Lucas Phillip	Tagcanar	01:10.36	St Thomas More	20
Ash	Sarup	01:12.72	North Delta	21
Brandon	Carniel	01:15.44	Westview	22
Karim	Nessim	01:26.39	BC Christian Academy	23

Senior Girls 400m Final Results

First	Last	Time	School	Place
Madelyn	Huston	01:04.01	Thomas Haney	1
Mataya	Thue	01:08.05	Heritage Woods	2
Simone	Mikolay	01:10.31	Pitt Meadows	3

Senior Boys 400m Final Results

First	Last	Time	School	Place
Justin	Questro	50.60	Gleneagle	1
Ryan	Ibbitt	54.66	Maple Ridge	2
Liam	Foster	54.85	Pitt Meadows	3
Trent	Bayer	55.99	Maple Ridge	4
Ben	Wezeman	57.11	Heritage Woods	5
Jean-Paul	Pedroso	59.28	Archbishop Carney	6
Matthew	Wood	01:01.68	Pinetree	7
Shinkoh	Takahashi	01:04.65	Pinetree	8

Junior Girls 4x100m Relay

School	Time	Place
Maple Ridge A	54.66	1
Maple Ridge B	55.92	2
Gleneagle	58.18	3
Archbishop Carney	58.75	4
St Thomas More A	58.84	5
Maple Ridge C	59.79	6
St Thomas More B	01:01.05	7
Port Moody	01:02.68	8
Burnsview	01:03.04	9
Pinetree	01:03.50	10
North Delta	01:05.88	11

Junior Boys 4x100m Relay

School	Time	Place
St Thomas More A	47.35	1
Heritage Woods	49.06	2
Maple Ridge B	53.69	3
Heritage Woods	54.56	4
Port Moody	54.94	5
BC Christian Academy	01:03.43	6
Maple Ridge A	DQ	
St Thomas More B	DQ	
Maple Ridge C	DQ	

Senior Girls 4x100m Relay

School	Time	Place
Gleneagle A	53.97	1
Maple Ridge A	55.32	2
Riverside A	55.98	3
Archbishop Carney A	56.92	4
BC Christian Academy A	57.24	5

Senior Boys 4x100m Relay

School	Time	Place
Riverside A	50.27	1
Maple Ridge B	51.02	2
Maple Ridge A	DQ	DQ
BC Christian Academy A	DQ	DQ