

**B.C. SUMMER GAMES
TRACK AND FIELD TEAM SELECTION
2016**

VANCOUVER-COASTAL (Zone 5)

Zone Colour: **Dark Green**

Zone 5 now encompasses the Regional Districts of Squamish-Lillooet (excluding Electoral Areas A and B), Sunshine Coast, Electoral Area A of the Greater Vancouver Regional District. Includes the major centres of the District of Delta, the Village of Lions Bay, the corporation of North Delta, the city of North Vancouver, the district of North Vancouver, the city of Richmond, the corporation of Tsawwassen, the city of Vancouver, and the district of West Vancouver.

1. Athletes eligible to participate must be born in 2001 or 2002 ie. they must turn 14 or 15 in the year 2016 and reside within the Zone 5 area.
2. Event trials will be held on the evenings of May 10/11/12 at either Handsworth Secondary School Community Track or West Vancouver Secondary School Community Track. (See schedule for details.)
3. To be considered, athletes must participate in the trials. In the case of illness or injury a medical certificate submitted with a list of personal bests will allow an athlete to be considered.
4. Athletes will be selected to the team based on their performance at the May 10/11/12 trials and their ability to compete in two or three events. Athletes are encouraged to participate in as many events as is sensible in order to demonstrate their level of ability.
5. A Selection Committee will assist the Zone Coordinator to select the team. The decision of this committee is final. Athletes are required to participate in the events in which they are chosen.
6. An athlete must be healthy in order to participate at the games. The selection committee reserves the right to request a medical certificate before travel in the case of an athlete suffering from an injury.
7. Team members only will be informed by phone of their selection.
8. Team members must be prepared to train with a qualified BC Athletics registered coach between the trials and the Games.
9. All team members **MUST** attend a pre games meeting with a parent or guardian on the appointed day. Parent/guardian signatures will be needed to complete the necessary paper work. Birth certificates will be required at this meeting. Information will be given to parents as to the procedures for travel and participation at the games. **THIS MEETING IS MANDATORY FOR INCLUSION ON THE TEAM.**
10. Team relay practices prior to the games will be announced at this first team meeting.
11. The team will travel on Thursday, July 21, to Abbotsford, BC. BC Summer Games competitions will be held on July 22 to 24. Athletes will return on the afternoon/evening of July 24.
12. All athletes must be prepared to travel to and from the Games with their team members and stay in the accommodations provided for the full four days. Parents are encouraged to visit Abbotsford to watch their child compete. Athletes may not leave the Summer Games team during the four days. To do so will cause disqualification from competition.

FOR MORE INFORMATION: dcopping@telus.net 604-929-3554