

2019 Fraser Valley Championships - 5/13/19 to 5/16/19

Macleod Athletic Park, Langley

Results

Women 100 Meter Dash Gr.8

Name	School	Prelims
Preliminaries		
1	Kerlinda Chatwin	Surrey Chris 13.54Q-2.7
2	Taylor Kleinschmidt	Lord Tweedsm 13.95Q-3.0
3	Sophia Schulze	Elgin Park S 13.96Q-2.3
4	Julia Van De Kamp	Unity Christ 14.03Q-2.3
5	Erin Phillips	Lord Tweedsm 14.13Q-2.7
6	Tanya Dhanoa	Enver Creek 14.32Q-3.0
7	Naomi Brown	Abbotsford C 14.09q -2.3
8	Ella Arnold	South Delta Scho 14.13q -2.7
9	Rebecca Neufeld	Unity Christ 14.16 -2.7
10	Naa Osekre	Abbotsford C 14.32 -2.3
11	Jade Spragge-Putman	Semiahmoo Se 14.33 -2.3
12	Shayla Dool	Vedder Middl 14.34 -3.0
13	Kaitlyn Bay	Mei Middle S 14.51 -3.0
14	Kalia Huber	Holy Cross R 14.54 -3.0
15	Sahej Sandhu	Seaquam 14.56 -2.3
16	Avery MacDonald	Hatzic Secon 14.59 -2.3
17	Diedre Salmon	Abbotsford C 14.62 -2.7
18	Mariah Lueth	St. John Bre 14.82 -2.3
19	Lauren Plummer	Vedder Middl 14.85 -3.0
20	Lexie Ransom	Seaquam 15.01 -2.7
21	Hattie Lundie	South Delta Scho 15.13 -3.0
22	Hannah Rashid	Southpointe 15.71 -2.7

Women 100 Meter Dash Gr.8

Name	School	Finals
Finals		
1	Kerlinda Chatwin	Surrey Chris 13.42 -1.4
2	Sophia Schulze	Elgin Park S 13.57 -1.4
3	Taylor Kleinschmidt	Lord Tweedsm 13.66 -1.4
4	Tanya Dhanoa	Enver Creek 13.81 -1.4
5	Julia Van De Kamp	Unity Christ 13.82 -1.4
6	Ella Arnold	South Delta Scho 13.83 -1.4
7	Erin Phillips	Lord Tweedsm 13.83 -1.4
8	Naomi Brown	Abbotsford C 13.84 -1.4

Women 400 Meter Dash Gr.8

Name	School	Prelims
Preliminaries		
1	Claire Nichol	Holy Cross R 1:00.78Q
2	Leah Peters	Panorama Rid 1:01.51Q
3	Ella Finding	Banting Midd 1:02.67Q
4	Gemma Dumas	South Delta Scho 1:03.20Q
5	Bailey Doerksen	Yorkson Cree 1:03.81Q
6	Rachel Woode	Ecole Salish 1:04.51Q
7	Naomi Brown	Abbotsford C 1:03.31q
8	Alexis Wiebe	Mei Middle S 1:04.98q
9	Katrina Staley	South Delta Scho 1:05.13
10	Erin Phillips	Lord Tweedsm 1:05.83
11	Alana De Jong	Abbotsford C 1:06.25
12	Jenna Vander Hoek	Unity Christ 1:07.49

13	Jade Spragge-Putman	Semiahmoo Se 1:08.27
14	Catherine Jiang	Elgin Park S 1:08.74
15	Savannah Vander Kooi	Unity Christ 1:09.03
16	Audrey Kemp	Earl Marriot 1:09.93
17	Amelia Siemens	Abbotsford C 1:11.02
18	Rebecca Neufeld	Unity Christ 1:11.59
19	Emmy Ferland	Agassiz Elem 1:13.61
20	Grace Johnston	Garibaldi Se 1:13.73
21	Nange Ekane	Yorkson Cree 1:16.69
22	Hannah Rashid	Southpointe 1:17.49

Women 400 Meter Dash Gr.8

Name	School	Finals
Finals		
1	Claire Nichol	Holy Cross R 1:00.71
2	Ella Finding	Banting Midd 1:01.47
3	Leah Peters	Panorama Rid 1:02.82
4	Gemma Dumas	South Delta Scho 1:03.00
5	Naomi Brown	Abbotsford C 1:04.52
6	Bailey Doerksen	Yorkson Cree 1:04.69
7	Rachel Woode	Ecole Salish 1:05.34
8	Alexis Wiebe	Mei Middle S 1:07.39

Women 1500 Meter Run Gr.8

Name	School	Finals
Finals		
1	Mackenzie Hack	Semiahmoo Se 5:05.96
2	Leah Potashova	Semiahmoo Se 5:06.80
3	Kiera Pemberton	Walnut Grove 5:14.03
4	Kayla Stoochnoff	Holy Cross R 5:25.75
5	Sophia Klassen	Vedder Middl 5:29.58
6	Laila Vaissade	Walnut Grove 5:34.77
7	Maddie Leaney	Samuel Rober 5:35.31
8	Danielle Hagyard	HD Stafford 5:40.16
9	Nadia Weiss	Elgin Park S 5:41.54
10	Caitlin Granleese	Walnut Grove x5:54.70
11	Jemma Van Grol	Walnut Grove x5:59.13
12	Cammie Gudjonson	Chilliwack M 6:00.65
13	Sophie Walker	Walnut Grove x6:17.43
14	Janaki Putheth	Lord Tweedsm 6:17.48
15	Emma Fang	White Rock C 6:51.37

Women 3000 Meter Run Gr.8

Name	School	Finals
Finals		
1	Mackenzie Hack	Semiahmoo Se 11:09.84
2	Leah Potashova	Semiahmoo Se 11:23.62
3	Kayla Stoochnoff	Holy Cross R 11:35.20
4	Sophia Klassen	Vedder Middl 11:48.06
5	Julia Meszarus	Walnut Grove 11:59.21
6	Alexa Van Der Flugt	Betty Gilber 13:09.21
7	Alaina Zhang	Southpointe 13:21.43

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Results

Women 200 Meter Hurdles 30" Gr.8

Name	School	Finals
Finals		
1 Leah Peters	Panorama Rid	30.34 -1.4
2 Madison Gordon	Yorkson Cree	31.10 -1.4
3 Olivia Stettler	Highroad Aca	33.17 -1.4
4 Violet Vanderkooi	Abbotsford C	34.01 -1.4
5 Faith Minderhoud	Credo Christ	34.13 -1.4
6 Lianne Tuin	Abbotsford C	34.33 -1.4
7 Amelia Siemens	Abbotsford C	x34.78 -1.4
8 Ghita Adnane	Princess Mar	35.58 -1.4
9 Hannah Wood	Mei Middle S	35.71 NWI
10 Kaitlin Walsh	Princess Mar	37.07 NWI
11 Brianna Hoogland	Abbotsford C	x38.79 NWI
12 Elena Hu	White Rock C	39.07 NWI
13 Chioma Obi Nzeadibe	Princess Mar	x40.70 NWI
14 Sophie Sumner	Yorkson Cree	41.61 NWI
15 Zainab Mir	Princess Mar	x44.16 NWI

Women 4x400 Meter Relay Gr.8

Team	Relay	Finals
Finals		
1 Abbotsford C	A	4:23.81
2 South Delta School	A	4:27.24
3 Unity Christian	A	4:39.42
4 Vedder Middle School	A	4:43.79
5 Lord Tweedsmuir	A	4:45.60
6 Abbotsford C	B	4:52.45
7 Seaquam	A	4:54.39
8 Princess Mar	A	4:57.25
9 Walnut Grove	A	5:05.43

Women High Jump Gr.8

Name	School	Finals
Finals		
1 Kiera Pemberton	Walnut Grove	1.55m
2 Madison Gordon	Yorkson Cree	1.50m
2 Kayla Schuurman	Abbotsford C	1.50m
4 Shayla Dool	Vedder Middl	1.40m
5 Violet Vanderkooi	Abbotsford C	J1.40m
6 Kate Hwang	Elgin Park S	1.35m
6 Gabriella Batke	Regent Chris	1.35m
6 Marissa Bradley	Hatzic Secon	1.35m
9 Brianna Hoogland	Abbotsford C	xJ1.35m
10 Jenna Vander Hoek	Unity Christ	J1.35m
11 Lillie Wiebe	Vedder Middl	1.30m
12 Michaela Carroll	Queen Elizab	J1.30m
13 Kenzie Dalphond	Yorkson Cree	J1.30m
14 Emmy Ferland	Agassiz Elem	1.25m
15 Nadia Weiss	Elgin Park S	1.20m
--- Alexa Van Der Flugt	Betty Gilber	NH

Women Long Jump Gr.8

Name	School	Finals
Finals		
1 Kerlinda Chatwin	Surrey Chris	4.84m NWI
2 Gemma Dumas	South Delta Scho	4.61m NWI
3 Taylor Kleinschmidt	Lord Tweedsm	4.60m NWI
4 Madison Gordon	Yorkson Cree	4.52m NWI
5 Kaitlyn Bay	Mei Middle S	4.49m NWI
6 Kayla Schuurman	Abbotsford C	4.46m NWI
7 Lauren Plummer	Vedder Middl	4.33m NWI
8 Sahej Sandhu	Seaquam	4.25m NWI
9 Kate Hwang	Elgin Park S	4.22m NWI
9 Olivia Stettler	Highroad Aca	4.22m NWI
9 Elise Dobie	Maple Ridge	4.22m NWI
12 Caris Hjorth	Lord Tweedsm	4.18m NWI
13 Bailey Doerksen	Yorkson Cree	4.17m NWI
14 Alana De Jong	Abbotsford C	4.11m NWI
15 Danielle Hagyard	HD Stafford	4.05m NWI
16 Kaitlin Walsh	Princess Mar	4.01m NWI
17 Samantha Sayco	Princess Mar	3.98m NWI
18 Tricia Cacho	Guildford Pa	3.61m NWI
19 Lillie Wiebe	Vedder Middl	3.59m NWI
20 Brynne Feunekes	Credo Christ	3.48m NWI
21 Yazmine Grewal	Southpointe	3.04m NWI
22 Victoria Moldovan	Southpointe	2.79m NWI

Women Shot Put 3 kg Gr.8

Name	School	Finals
Finals		
1 Lindsay Cyr	Ecole Salish	10.75m
2 Olivia Brand	Langley Chri	10.11m
3 Sara Croy	Southpointe	9.76m
4 Asia Mazereeuw	Vedder Middl	9.25m
5 Kendra Dewolde	Abbotsford C	8.86m
6 Lauren Hewstan	Southridge S	8.82m
7 Hannah Wood	Mei Middle S	8.52m
8 Lianne Tuin	Abbotsford C	8.25m
9 Keerat Dhillon	North Delta	8.23m
10 Haleena Bhandhal	Dasmesh Punj	8.09m
11 Marissa Bitter	Mei Middle S	7.96m
12 Alexis Wiebe	Mei Middle S	x7.62m
13 Angelica Kornelius	Unity Christ	7.44m
14 Reggie Wiebe	Mei Middle S	x7.43m
15 Kaitlin Walsh	Princess Mar	7.37m
16 Ava Greenhalgh	Mei Middle S	x7.18m
17 Julia Van De Kamp	Unity Christ	6.99m
18 Trinitee Okoye	Pacific Acad	6.98m
19 Sanjam Kaur	Fleetwood Park	6.80m
20 Husna Amarkhil	Tamanawis Se	6.69m
21 Avery Shin	Southpointe	6.57m
22 Montana Dickson	Johnston Hei	6.49m
23 Sky Spink	Sands Second	6.00m
24 Victoria Moldovan	Southpointe	x5.52m

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Results

Women Discus Throw 1 kg Gr.8

Name	School	Finals
Finals		
1 Keerat Dhillon	North Delta	28.70m
2 Asia Mazereeuw	Vedder Middl	25.24m
3 Jenna Graham	Unity Christ	21.97m
4 Abby Adams	Walnut Grove	21.83m
5 Hannah Wood	Mei Middle S	21.37m
6 Olivia Brand	Langley Chri	19.77m
7 Reggie Wiebe	Mei Middle S	19.58m
8 Lily Gunold	AD Rundle Mi	19.57m
9 Haleena Bhandhal	Dasmesh Punj	19.56m
10 Trinitee Okoye	Pacific Acad	18.79m
11 Elise Levangie	Holy Cross R	18.42m
12 Heather Trocher	Fleetwood Park	18.24m
13 Janelle Shumey	Langley Chri	18.01m
14 Montana Dickson	Johnston Hei	17.79m
15 Joanna Wang	Abbotsford C	15.77m
16 Elin Estifan	Holy Cross R	15.04m
17 Claire Bajen	Holy Cross R	x14.82m

Women Javelin Throw 500 gr Gr.8

Name	School	Finals
Finals		
1 Kendra Dewolde	Abbotsford C	29.23m
2 Jenna Graham	Unity Christ	22.86m
3 Mackenzie Hack	Semiahmoo Se	21.88m
4 Lily Gunold	AD Rundle Mi	21.15m
5 Rachel Draaistra	Abbotsford C	21.12m
6 Kyra Ganske	AD Rundle Mi	20.61m
7 Samantha Loeppky	Highroad Aca	20.33m
8 Angelica Kornelius	Unity Christ	19.85m
9 Trinitee Okoye	Pacific Acad	18.79m
10 Asia Mazereeuw	Vedder Middl	18.57m
11 Olivia Brand	Langley Chri	17.57m
12 Lianne Tuin	Abbotsford C	x16.74m
13 Faith Minderhoud	Credo Christ	16.65m
14 Harjas Chahal	Tamanawis Se	14.07m
15 Marley Bridger	Earl Marriot	13.94m
16 Chioma Obi Nzeadibe	Princess Mar	13.37m
17 Maya Sanger	Earl Marriot	11.67m
18 Johari Dixon	Queen Elizab	11.02m
--- Kenzie Dalphond	Yorkson Cree	FOUL

Women 100 Meter Dash Junior

Name	School	Prelims
Preliminaries		
1 Charity Obazughanmw	North Delta	12.78Q-1.8
2 Estella Mainella	Fraser Heigh	12.93Q-1.6
3 Hanna Sobkowich	Earl Marriot	13.30Q-2.6
4 Amelia Hamnett	Dr. Charles	12.98Q-1.8
5 Imani Washington	Regent Chris	13.15Q-1.6
6 Laysha Tunti	Pacific Acad	13.35Q-2.6
7 Krysthina Vlahovic	Fraser Heigh	13.30q -1.6

8 Dani Kurylyk	Walnut Grove	13.34q -1.8
9 Kiara Holt	Chilliwack S	13.63 -1.6
10 Amy Filip	Pacific Acad	13.70 -2.6
11 Sophia Knopf	Langley Chri	13.75 -1.6
12 Kayla Savage	W.J	13.77 -1.8
12 Jacinda Fleming	Abbotsford C	13.77 -1.8
14 Veronica Robertson	Walnut Grove	13.79 -2.6
15 Larissa Cote	Sardis School	13.80 -2.6
16 Kylie Kampman	Unity Christ	13.83 -2.6
17 Charabelle Geonange	Aldergrove C	14.04 -2.6
18 Joanna Cao	Walnut Grove	14.08 -1.6
19 Morgan Wylie	Lfmss	14.09 -1.8
20 Myrlaine Shelvey	Langley Chri	14.12 -1.8
21 Atrina Shadgan	Port Moody S	14.44 -1.6
22 Jenna Li	Enver Creek	14.55 -1.6
23 Lucie Thomas	Gleneagle Se	14.82 -2.6
--- Vanessa Chung	Archbishop C	DQ -1.8

Women 100 Meter Dash Junior

Name	School	Finals
Finals		
1 Estella Mainella	Fraser Heigh	12.65 -1.4
2 Charity Obazughanmw	North Delta	12.96 -1.4
2 Amelia Hamnett	Dr. Charles	12.96 -1.4
4 Laysha Tunti	Pacific Acad	13.13 -1.4
5 Hanna Sobkowich	Earl Marriot	13.15 -1.4
6 Imani Washington	Regent Chris	13.24 -1.4
7 Krysthina Vlahovic	Fraser Heigh	13.26 -1.4
8 Dani Kurylyk	Walnut Grove	13.59 -1.4

Women 400 Meter Run Junior

Name	School	Prelims
Preliminaries		
1 Hanna Sobkowich	Earl Marriot	1:00.27Q
2 Vanessa Pirani	Mei Secondar	1:01.85Q
3 Jade Lenton	Maple Ridge	1:02.35Q
4 Veronica Robertson	Walnut Grove	1:01.29Q
5 Madelyn Bonikowsky	South Delta Scho	1:02.41Q
6 Allyssa Hutchison	Mei Secondar	1:02.62Q
7 Ava Mitchell	Semiahmoo Se	1:02.70q
8 Jasmine Mohammed	Guildford Pa	1:03.95q
9 Kaelyn Van Garderen	Abbotsford C	1:04.01
10 Mireya Klassen	Lfmss	1:05.01
11 Melissa Stevens	Burnsview Se	1:06.32
12 Shriya Narayan	Maple Ridge	1:06.88
13 Alexandra Ritter	Sands Second	1:07.03
14 Kyah Kang	Credo Christ	1:08.51
15 Montana Kroeker	Pacific Acad	1:09.40
16 Claudia Reilander	Mei Secondar	1:09.65
17 Zoe Wong	Kwantlen Par	1:11.06
18 Hsin-Yi (lili) Wang	Westview Sec	1:11.18
19 Ella Johnson	Yale Secondary	1:11.99

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Results

Women 400 Meter Run Junior

Name	School	Finals
Finals		
1 Jade Lenton	Maple Ridge	59.64
2 Hanna Sobkowich	Earl Marriot	1:01.05
3 Madelyn Bonikowsky	South Delta Scho	1:01.86
4 Ava Mitchell	Semiahmoo Se	1:03.24
5 Vanessa Pirani	Mei Secondar	1:03.42
6 Allyssa Hutchison	Mei Secondar	1:03.99
7 Veronica Robertson	Walnut Grove	1:04.26
8 Jasmine Mohammed	Guildford Pa	1:04.90

Women 1500 Meter Run Junior

Name	School	Finals
Finals		
1 Madelyn Bonikowsky	South Delta Scho	4:47.54
2 Christina Peet-Williams	Chilliwack S	4:56.50
3 Juane Klaus	Abbotsford C	5:01.98
4 Viviana Li	Fleetwood Park	5:07.90
5 Julia Mackie	Earl Marriot	5:13.60
6 Emma Graydon	Pitt Meadows	5:13.85
7 Jasleen Grewal	Sullivan Hei	5:14.98
8 Kevina Takenaka	Abbotsford C	5:20.36
9 Dania Klassen	Sardis School	5:22.78
10 Emma Cobban	Elgin Park S	5:24.33
11 Emily De Jager	Abbotsford C	x5:24.33
12 Naomi Hockin	Credo Christ	5:29.07
13 Julia Hirsch	Sardis School	5:33.22
14 Chelsea Stoochnoff	Holy Cross R	5:34.13
15 Lindsay Bettesworth	Riverside Se	5:37.70
16 Mackenzie Jones	Heritage Woo	5:41.10
17 Lydia Gunnink	Credo Christ	5:58.88
18 Halle May	Yale Secondary	6:00.58
19 Megan Porter	Garibaldi Se	6:14.92

Women 3000 Meter Run Junior

Name	School	Finals
Finals		
1 Christina Peet-Williams	Chilliwack S	10:32.18
2 Viviana Li	Fleetwood Park	10:56.10
3 Abigail Yakemchuk	Langley Chri	11:02.12
4 Julia Mackie	Earl Marriot	11:23.55
5 Emma Graydon	Pitt Meadows	11:24.66
6 Naomi Hockin	Credo Christ	11:26.33
7 Emily De Jager	Abbotsford C	11:34.64
8 Emma Cobban	Elgin Park S	11:35.40
9 Jasleen Grewal	Sullivan Hei	11:36.87
10 Mahiro Hatachi	Dr. Charles	11:47.17
11 Dania Klassen	Sardis School	11:49.50
12 Rebecca Versluis	Langley Chri	12:09.53
13 Chelsea Stoochnoff	Holy Cross R	12:25.66
14 Lydia Gunnink	Credo Christ	12:41.29
15 Emma Vanrhee	Credo Christ	x13:06.49
16 Jada Baker	Tamanawis Se	13:31.92
17 Megan Porter	Garibaldi Se	13:36.40

Women 300 Meter Hurdles Junior

Name	School	Finals
Finals		
1 Krysthina Vlahovic	Fraser Heigh	48.97
2 Kaylie Borntraeger	Southpointe	49.53
3 Alanna Noble	Terry Fox Se	49.63
4 Vanessa Pirani	Mei Secondar	50.23
5 Lexie Kampman	Abbotsford C	50.36
6 Jasmine Mohammed	Guildford Pa	51.09
7 Allyssa Hutchison	Mei Secondar	52.11
8 Raya Brandsma	Abbotsford C	53.63
9 Eileen Noordam	Abbotsford C	x53.82
10 Ella Johnson	Yale Secondary	54.09
11 Abigail Van Deventer	Abbotsford C	x57.52
12 Asiah Demsky	Yale Secondary	58.95
13 Hannah Linder	Sardis School	1:00.18
14 Emma Vanrhee	Credo Christ	1:01.69

Women 4x100 Meter Relay Junior

Team	Relay	Prelims
Preliminaries		
1 Semiahmoo Secondary	A	53.15Q
2 Pacific Academy	A	53.26Q
3 Abbotsford C	A	53.16Q
4 Mei Secondary School	A	53.32Q
5 Holy Cross Regional	A	53.94Q
6 Archbishop C	A	56.01Q
7 Walnut Grove	A	56.08Q
8 Maple Ridge Secondary	A	56.52Q
9 Abbotsford C	B	56.10
10 Heritage Woo	A	56.35
11 Earl Marriot	A	56.66
12 Unity Christian	A	57.84
13 Yale Secondary	A	57.98
14 Fleetwood Park	A	58.29
15 RE Mountain Secondary	A	58.34
16 Lord Tweedsmuir	A	1:01.19

Women 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Semiahmoo Secondary	A	4:25.05
2 Abbotsford C	A	4:25.63
3 Mei Secondary School	A	4:29.80
4 Holy Cross Regional	A	4:36.87
5 Abbotsford C	B	4:45.75
6 Guildford Park	A	4:46.80
7 Credo Christ	A	4:50.09
8 Yale Secondary	A	4:50.65
9 Seaquam	A	5:03.16
10 Kwantlen Par	A	5:07.45

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Results

Women High Jump Junior

Name	School	Finals
Finals		
1 Emma Deboer	Holy Cross R	1.67m
2 Lexie Kampman	Abbotsford C	1.50m
3 Larissa Cote	Sardis School	J1.50m
3 Isla Stewart	South Delta Scho	J1.50m
5 Lisa Cerica	Terry Fox Se	J1.50m
6 Megan Robertson	Westview Sec	1.45m
7 Leipa Bajarunas	Port Moody S	1.40m
8 Madison Grim	Credo Christ	1.35m
9 Katelyn Croy	Southpointe	1.30m
10 Danielle Agyapong-Poku	Regent Chris	J1.30m
11 Myah Froats	Clayton Heig	J1.30m
12 Deanna Gelderman	Credo Christ	J1.30m
13 Emmaleigh Ho	Riverside Se	1.25m
14 Aathini Vikkineswarajah	Enver Creek	1.20m

Women Long Jump Junior

Name	School	Finals
Finals		
1 Laysha Tunti	Pacific Acad	5.23m NWI
2 Kennedy Primrose	Pacific Acad	5.19m NWI
3 Kaylie Borotraeger	Southpointe	5.11m NWI
4 Sophia Gribbon	Terry Fox Se	4.78m NWI
5 Alexandra Kennedy	Holy Cross R	4.75m NWI
6 Larissa Cote	Sardis School	4.74m NWI
7 Dani Kurylyk	Walnut Grove	4.51m NWI
8 Melodie Roussel	Samuel Rober	4.50m NWI
9 Maddie Lehman	Elgin Park S	4.41m NWI
10 Vanessa Chung	Archbishop C	4.36m NWI
11 Myah Elgersma	Unity Christ	4.30m NWI
12 Yasmin Bath	Meadowridge	4.28m NWI
13 Hayley Willis	Mission Seco	4.27m NWI
14 Rachel Atsma	Abbotsford C	4.25m NWI
15 Lisa Cerica	Terry Fox Se	4.23m NWI
16 Hope Nystrom	Walnut Grove	4.20m NWI
17 Sophia Knopf	Langley Chri	4.16m NWI
18 Jacinda Fleming	Abbotsford C	4.14m NWI
19 Kaitlynn Delrosario	Holy Cross R	4.13m NWI
20 Cindy Tran	Queen Elizab	4.12m NWI
21 Kacey De Jong	Abbotsford C	x4.09m NWI
22 Jolee Chan	Fraser Heigh	4.06m NWI
23 Savannah Wilson	Chilliwack S	3.98m NWI
24 Hilary Chung	Seaquam	3.81m NWI
25 Rachel Ryzak	Riverside Se	3.35m NWI

Women Triple Jump Junior

Name	School	Finals
Finals		
1 Kennedy Primrose	Pacific Acad	11.13m NWI
2 Kaylie Borotraeger	Southpointe	10.85m NWI
3 Adaisa Beals	Hatzic Secon	10.07m NWI
4 Rachel Atsma	Abbotsford C	9.97m NWI
5 Madison Grim	Credo Christ	9.85m NWI

6 Kyla Ladisla	Fleetwood Park	9.55m NWI
7 Raya Brandsma	Abbotsford C	9.52m NWI
8 Jolee Chan	Fraser Heigh	9.31m NWI
9 Alexandra Ritter	Sands Second	9.25m NWI
10 Eileen Noordam	Abbotsford C	x9.05m NWI
11 Jordan Murrell	Seaquam	8.73m NWI
12 Cindy Tran	Queen Elizab	8.71m NWI
13 Genieva Hoff	Credo Christ	8.47m NWI
14 Sabrina Dias	Walnut Grove	8.42m NWI
15 Jessica Reimer	Mei Secondar	8.40m NWI
16 Jasmine Hasanovic	Walnut Grove	8.37m NWI
17 Irati Rodriguez	Chilliwack S	8.21m NWI
18 Kacey De Jong	Abbotsford C	x8.19m NWI
19 Krupa Patel	Guildford Pa	8.06m NWI
20 Tanvi Pandhi	Fleetwood Park	7.59m NWI
21 Kennedy Campbell	GW Graham -	7.38m NWI
22 Nicole Ryzak	Riverside Se	7.31m NWI

Women Shot Put 3 kg Junior

Name	School	Finals
Finals		
1 Isabelle Forsyth	Semiahmoo Se	12.72m
2 Anya Peters	Mei Secondar	9.92m
3 Brianna Sampson	Ecole Herita	9.91m
4 Ruth Van Egmond	Abbotsford C	9.59m
5 Erin Hansen	GW Graham -	9.57m
6 Itohan Ologhola	Holy Cross R	9.54m
7 Marijke Meindertsma	Mei Secondar	9.51m
8 Yasmine Pahal	Lord Tweedsm	9.33m
9 Emily Wieland	Mission Seco	9.23m
10 Amanda Anzulovich	Archbishop C	9.18m
11 Leah Voisey	Ecole Salish	9.08m
12 Chidiebere Okarah	Panorama Rid	9.02m
13 Eileen Noordam	Abbotsford C	8.99m
14 Tiara Dickson-Kowal	Mission Seco	8.97m
15 Hope Nystrom	Walnut Grove	8.77m
16 Emmy Grier	RE Mountain	7.84m
17 Jasmine Mann	Mei Secondar	x7.81m
18 Nikita Salas	Queen Elizab	7.47m
19 Larissa Iunes	Terry Fox Se	6.32m
20 Aandrea Alvidrez	Earl Marriot	6.03m
21 Laura Fontana	Seaquam	5.86m

Women Discus Throw 1 kg Junior

Name	School	Finals
Finals		
1 Isabelle Forsyth	Semiahmoo Se	35.91m
2 Emily Wieland	Mission Seco	28.28m
3 Brianna Sampson	Ecole Herita	25.58m
4 Livleen Randhawa	Lfmss	24.17m
5 Anya Peters	Mei Secondar	23.55m
6 Kaia Haintz	Maple Ridge	20.86m
7 Joyce Ko	Mei Secondar	20.81m
8 Lacey Edwards	Aldergrove C	20.45m
9 Joely Ma	Lord Tweedsm	20.39m
10 Eve Quesnelle	Lord Tweedsm	18.46m

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Finals ... (Women Discus Throw 1 kg Junior)

Name	School	Finals
11 Madison Chiang-Tsui	Heritage Woo	16.95m
12 Logan Courchene	Tamanawis Se	16.88m
13 Ella Johnson	Yale Secondary	16.57m
14 Amanda Anzulovich	Archbishop C	16.40m
15 Jasmine Mann	Mei Secondar	x15.93m
16 Lauren Dhunna	Holy Cross R	14.69m
17 Tiara Dickson-Kowal	Mission Seco	14.35m
18 Amelia Shaw	Lord Tweedsm	x13.77m
19 Ava Burbank	Burnsview Se	13.09m
20 Carina Fota	Port Moody S	12.46m
21 Rhia Yoo	Port Moody S	11.00m
22 Chidiebere Okarah	Panorama Rid	9.82m

Women Javelin Throw 500 gram Junior

Name	School	Finals
1 Leipa Bajarunas	Port Moody S	34.10m
2 Kylie Kampman	Unity Christ	32.41m
3 Isabel Gerbrand	Mission Seco	31.92m
4 Erin Clemens	Archbishop C	28.50m
5 Lili Hardy	Unity Christ	27.44m
6 Ruth Van Egmond	Abbotsford C	26.44m
7 Hailey Wilde	RE Mountain	25.93m
8 Alexandra Kennedy	Holy Cross R	25.47m
9 Trista Suttill	Lord Tweedsm	24.20m
10 Kacey De Jong	Abbotsford C	22.59m
11 Amanda Anzulovich	Archbishop C	21.53m
12 Libby Baird	W.J	21.41m
13 Madison Chiang-Tsui	Heritage Woo	21.24m
14 Hannah Linder	Sardis School	20.51m
15 Joely Ma	Lord Tweedsm	20.27m
16 Ava Burbank	Burnsview Se	18.60m
17 Natalie Pinto	Saint John P	17.91m
18 Emily Lukan	Walnut Grove	17.04m
19 Ayesha Saren	Fleetwood Park	15.66m
20 Mckenzie Dawson	Lord Tweedsm	x11.08m
--- Anya Peters	Mei Secondar	FOUL
--- Vanessa Geary	Sardis School	FOUL

Women 1500 Meter Race Walk Junior

Name	School	Finals
1 Kaia Haintz	Maple Ridge	8:33.59
2 Liv Bullett	Abbotsford C	8:49.86
3 Aasiah Houle	Mei Middle S	9:01.65
4 Kiera Diotte	Yale Secondary	9:14.99
5 Ana Jurado Ballestros	Sands Second	9:30.09
6 Tanvi Pandhi	Fleetwood Park	9:31.07
7 Camryn Spykma	Abbotsford C	9:33.36
8 Cindy Tran	Queen Elizab	10:45.51
9 Trista Suttill	Lord Tweedsm	11:28.61
--- Asia Wong	Clayton Heig	DQ

Women 100 Meter Dash Senior

Name	School	Prelims
Preliminaries		
1 Jasneet Nijjar	Queen Elizab	12.76Q-1.8
2 Alina Olson	Maple Ridge	12.87Q-0.7
3 Sheleena Wiley	Lfmss	12.88Q-1.4
4 Jordan Jacobs	Walnut Grove	13.03Q-0.7
5 Dominique Ronse	Brookwood	13.22Q-1.8
6 Jesula McCallum	Chilliwack S	13.28Q-1.4
7 Samantha Ogbeiw	North Surrey	13.41q -1.4
8 Mikaela Balla	Earl Marriot	13.55q -1.4
9 Amara Duncan	Dr. Charles	13.67 -1.8
10 Alanna Cunha	Earl Marriot	13.71 -0.7
11 Sabine Campeau	Heritage Woo	13.75 -0.7
12 Angela Peters	Earl Marriot	13.76 -0.7
13 Erin O'Brien	Mission Seco	13.77 -1.4
14 Sabrina Jones	Samuel Rober	13.83 -1.8
15 Mya Rukavina	Clayton Heig	13.85 -1.4
16 Elizabeth Warren	St. John Bre	13.89 -0.7
17 Aneesha Sran	Dasmesh Punj	13.89 -1.8
18 Isabella Canduso	Burnsview Se	13.97 -1.4
19 Katie Laface	Walnut Grove	14.13 -1.8
20 Tyler Leong	Sardis School	14.16 -1.4
21 Raman Chauhan	W.J	14.31 -1.8
22 Taya Suttill	Lord Tweedsm	14.33 -0.7
23 Emma LeBlanc	Heritage Woo	14.45 -0.7

Women 100 Meter Dash Senior

Name	School	Finals
Finals		
1 Jasneet Nijjar	Queen Elizab	12.68 -1.5
2 Sheleena Wiley	Lfmss	12.91 -1.5
3 Alina Olson	Maple Ridge	13.08 -1.5
4 Jordan Jacobs	Walnut Grove	13.10 -1.5
5 Dominique Ronse	Brookwood	13.32 -1.5
6 Jesula McCallum	Chilliwack S	13.51 -1.5
7 Mikaela Balla	Earl Marriot	13.60 -1.5

Women 400 Meter Run Senior

Name	School	Prelims
Preliminaries		
1 Cassidy Hutchison	Mei Secondar	1:00.78Q
2 Cayla Smith	Southridge S	1:01.00Q
3 Natasha Smigelski	Centennial S	1:01.11Q
4 Khyra Le	Maple Ridge	1:01.57Q
5 Samantha Matthewman	Walnut Grove	1:01.58Q
6 Olivia McDonell	Riverside Se	1:03.95Q
7 Angela Peters	Earl Marriot	1:02.95q
8 Emma Kearns	Ecole Salish	1:03.33q
9 Linnea Zimmer	Abbotsford C	1:03.82
10 Amara Duncan	Dr. Charles	1:04.00
11 Nicole Zietlow	Earl Marriot	1:06.33
12 Aliza Dueck	GW Graham -	1:06.39

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Preliminaries ... (Women 400 Meter Run Senior)

Name	School	Prelims
13 Esme Markey	Sardis School	1:06.75
14 Mackenzie Campbell	GW Graham -	1:07.31
15 Gurveer Sidhu	W.J	1:07.40
16 Ravnoop Badesha	Tamanawis Se	1:07.77
17 Kathryn Haley	Earl Marriot	1:10.08
18 Amanda Jansen	Yale Secondary	1:14.25

Women 400 Meter Run Senior

Name	School	Finals
Finals		
1 Cayla Smith	Southridge S	59.37
2 Cassidy Hutchison	Mei Secondar	1:01.10
3 Natasha Smigelski	Centennial S	1:01.14
4 Khyra Le	Maple Ridge	1:02.37
5 Samantha Matthewman	Walnut Grove	1:03.97
6 Olivia McDonell	Riverside Se	1:04.41
7 Angela Peters	Earl Marriot	1:04.55
8 Emma Kearns	Ecole Salish	1:05.58

Women 1500 Meter Run Senior

Name	School	Finals
Finals		
1 Baneet Bains	Princess Mar	4:41.18
2 Brooke Mussche	Langley Chri	4:43.49
3 Rachel Mortimer	W.J	4:43.77
4 Maya Kobylanski	Southridge S	4:44.05
5 Hanna Milic	Seaquam	4:47.27
6 Leah Bakker	Langley Chri	4:52.32
7 Grace Chalk	Walnut Grove	4:53.11
8 Cassidy Hutchison	Mei Secondar	4:53.85
9 Maggie Graydon	Pitt Meadows	5:00.42
10 Madison Stoochnoff	Holy Cross R	5:02.22
11 Daylana Ferguson	Walnut Grove	5:10.18
12 Naomi Reisdorf	Walnut Grove	x5:10.56
13 Nanaki Sangha	Enver Creek	5:12.60
14 Maddie Gibson	BC Christian	5:17.35
15 Dora Chan	Clayton Heig	5:19.42
16 Lina Shalaby	Walnut Grove	x5:19.82
17 Ilse Rafter	Maple Ridge	5:20.60
18 Mayasir Elhaj	Queen Elizab	5:22.95
19 Arshdeep Waring	Abbotsford T	5:26.45
20 Josephine Bennett	Walnut Grove	x5:27.67
21 Shelby Connelly	Riverside Se	5:27.88
22 Samantha Palatinus	Earl Marriot	5:42.34
23 Meya Hikichi	Terry Fox Se	5:48.10

Women 3000 Meter Run Senior

Name	School	Finals
Finals		
1 Baneet Bains	Princess Mar	10:17.32
2 Rachel Mortimer	W.J	10:20.36
3 Maya Kobylanski	Southridge S	10:26.84
4 Hanna Milic	Seaquam	10:38.06
5 Madison Stoochnoff	Holy Cross R	10:38.95

6 Grace Chalk	Walnut Grove	10:42.67
7 Maggie Graydon	Pitt Meadows	10:42.95
8 Ilse Rafter	Maple Ridge	10:45.33
9 Naomi Reisdorf	Walnut Grove	11:00.43
10 Daylana Ferguson	Walnut Grove	x11:10.27
11 Maddie Gibson	BC Christian	11:15.55
12 Emma Kearns	Ecole Salish	11:40.58
13 Josephine Bennett	Walnut Grove	x11:45.43
14 Dora Chan	Clayton Heig	11:58.02
15 Isabel Wilson	Dr. Charles	12:01.64
16 Gracie Lorensen	Pitt Meadows	12:07.47
17 Samantha Palatinus	Earl Marriot	12:08.95
18 Megan Owens	GW Graham -	12:27.66
19 Kelsy Stelnicki	Walnut Grove	x12:40.78
20 Meya Hikichi	Terry Fox Se	12:48.79
21 Grace McDonald	Clayton Heig	12:57.61
22 Charlotte Hall	Heritage Woo	13:18.35

Women 400 Meter Hurdles Senior

Name	School	Finals
Finals		
1 Prabhasha Wickramaarachchi	Walnut Grove	1:05.47
2 Cayla Smith	Southridge S	1:07.19
3 Carly Seemann	Dr. Charles	1:07.21
4 Nanaki Sangha	Enver Creek	1:10.19
5 Emma Kearns	Ecole Salish	1:11.25
6 Samantha Matthewman	Walnut Grove	1:12.11
7 Nicole Zietlow	Earl Marriot	1:13.52
8 Kathryn Haley	Earl Marriot	1:16.10
9 Rehema Ivan	Queen Elizab	1:18.27
10 Esme Markey	Sardis School	1:20.85
11 Harpreet Bahga	W.J	1:22.21
12 Ivran Rai	Tamanawis Se	1:25.04

Women 4x100 Meter Relay Senior

Team	Relay	Prelims
Preliminaries		
1 Walnut Grove	A	50.14Q
2 Walnut Grove	B	51.13Q
3 Langley Fundamental	A	51.35q
4 Maple Ridge Secondary	A	51.39q
5 Earl Marriot	A	51.79q
6 Dr. Charles Best	A	52.16q
7 Lord Tweedsmuir	A	53.42q
8 Abbotsford C	A	53.55q
9 Mission Secondary	A	54.70
10 Earl Marriot	B	55.83
11 Pinetree Sec	A	56.25
12 South Delta School	A	56.84
13 Chilliwack S	A	56.96
14 Fleetwood Park	A	58.25

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Women 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Walnut Grove	A	4:08.18
2 Maple Ridge Secondary	A	4:17.61
3 Abbotsford C	A	4:19.37
4 Earl Marriot	A	4:19.56
5 W.J Mouat	A	4:20.05
6 Lord Tweedsmuir	A	4:22.38
7 Walnut Grove	C	4:34.81
8 Walnut Grove	B	x4:40.26
9 Earl Marriot	B	4:41.79
10 Sardis School	A	4:47.99
11 Tamanawis Se	A	4:49.69
12 Queen Elizab	A	4:52.04
13 Seaquam	A	5:34.08

Women Long Jump Senior

Name	School	Finals
Finals		
1 Danielle Waller	Lord Tweedsm	5.20m NWI
2 Prabhasha Wickramaarachchi	Walnut Grove	5.19m NWI
3 Sheleena Wiley	Lfmss	5.15m NWI
4 Chisom Obioha	Meadowridge	5.07m NWI
5 Holly Harrison	Walnut Grove	5.05m NWI
6 Shaunika Suriya	Earl Marriot	4.97m NWI
7 Dominique Ronse	Brookwood	4.88m NWI
8 Jaelyn Dragt	Abbotsford C	4.60m NWI
9 Johannah Brandsma	Abbotsford C	4.51m NWI
10 Christy Park	Centennial S	4.46m NWI
11 Alexis Geertsma	Credo Christ	4.45m NWI
12 Kaira Martinez	Pinetree Sec	4.44m NWI
13 Sabrina Jones	Samuel Rober	4.38m NWI
14 Karman Kang	Enver Creek	4.30m NWI
14 Elizabeth Warren	St. John Bre	4.30m NWI
16 Alina Olson	Maple Ridge	4.24m NWI
16 Isabella Canduso	Burnsview Se	4.24m NWI
18 Anasha Thomas	Riverside Se	4.23m NWI
19 Deborah Schermann	Fraser Heigh	3.73m NWI
20 Vania Kwan	Pinetree Sec	3.61m NWI
21 Mayasir Elhaj	Queen Elizab	3.58m NWI
22 Fiona Francis	Queen Elizab	3.46m NWI
--- Khyra Le	Maple Ridge	FOUL

Women Triple Jump Senior

Name	School	Finals
Finals		
1 Johannah Brandsma	Abbotsford C	9.93m NWI
2 Jaelyn Dragt	Abbotsford C	9.78m NWI
3 Erin Geerlof	Semiahmoo Se	9.74m NWI
4 Karman Kang	Enver Creek	9.26m NWI
5 Olivia Lounsbury	Unity Christ	9.06m NWI
6 Liz Gilder	Gleneagle Se	8.93m NWI
7 Shelby Milliard	Maple Ridge	8.78m NWI
8 Anne Biela	Sardis School	8.65m NWI

9 Christy Park	Centennial S	8.60m NWI
10 Christa Wright	Fleetwood Park	8.49m NWI
11 Ivana Truong	Pinetree Sec	8.46m NWI
12 Manroop Ghuman	Fleetwood Park	8.19m NWI
13 Kayla Graham	Credo Christ	7.53m NWI

Women Shot Put 4 kg Senior

Name	School	Finals
Finals		
1 Dolly Gabri	Sullivan Hei	13.88m
2 Mateya Haintz	Maple Ridge	10.67m
3 Cailin Bitter	Mei Secondar	10.23m
4 Simran Bangar	North Delta	9.75m
5 Yelissa Beugelink	Abbotsford C	9.09m
6 Mamoundu Mardis	Chilliwack S	8.93m
7 Marisa MacDonald	Yale Secondary	8.59m
8 Hanna Dhillon	Queen Elizab	8.52m
9 Georgia Hamnett	Dr. Charles	8.23m
10 Makenna Van Muyen	Abbotsford C	8.10m
11 Janice Oh	Port Moody S	7.98m
12 Paulina Saegert	Mission Seco	7.78m
13 Sarah Stewart	Chilliwack S	7.53m
14 Ann Clement	Credo Christ	7.36m
15 Faith Baars	Abbotsford C	x7.03m
16 Luna Wagner	Johnston Hei	6.41m
17 Elise Odegaard	Terry Fox Se	5.89m
--- Alina Olson	Maple Ridge	FOUL

Women Discus Throw 1 kg Senior

Name	School	Finals
Finals		
1 Dolly Gabri	Sullivan Hei	40.91m
2 Mateya Haintz	Maple Ridge	35.46m
3 Simran Bangar	North Delta	29.10m
4 Tanisha Gill	Abbotsford T	26.44m
5 Talyn Ziemer	Walnut Grove	25.84m
6 Cailin Bitter	Mei Secondar	25.77m
7 Amy Mebesius	Chilliwack S	25.63m
8 Sarah Stewart	Chilliwack S	23.63m
9 Melissa Holyhead-Miles	Chilliwack S	x21.49m
10 Ann Clement	Credo Christ	21.44m
11 Mamoundu Mardis	Chilliwack S	x21.02m
12 Jasmine Agudelo	Chilliwack S	x20.44m
13 Erin Debruyne	Lord Tweedsm	20.11m
14 Marisa MacDonald	Yale Secondary	19.83m
15 Elise Odegaard	Terry Fox Se	15.49m
16 Avneet Tiwana	Queen Elizab	15.36m
17 Christa Wright	Fleetwood Park	14.58m
18 Chanel Khabra	Queen Elizab	12.71m
19 Nadishiya Singh	Tamanawis Se	11.78m

Women Javelin Throw 600 gram Senior

Name	School	Finals
Finals		
1 Jasmine Soltys	Chilliwack S	36.49m
2 Georgia Hamnett	Dr. Charles	32.46m

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Finals ... (Women Javelin Throw 600 gram Senior)

Name	School	Finals
3 Julia Ueda-Avarvarei	Fleetwood Park	31.21m
4 Cailin Bitter	Mei Secondar	29.81m
5 Jasmine Agudelo	Chilliwack S	29.62m
6 Erin Grywachkeski	Walnut Grove	29.13m
7 Elise Odegaard	Terry Fox Se	28.98m
8 Kayla Serviss	Walnut Grove	28.92m
9 Talyn Ziemer	Walnut Grove	x25.37m
10 Janice Oh	Port Moody S	25.32m
11 Alanna Cunha	Earl Marriot	24.72m
12 Makenna Van Muyen	Abbotsford C	24.51m
13 Jaylene Fung	W.J	23.68m
14 Elise Piovesan	Sands Second	23.27m
15 Danielle Waller	Lord Tweedsm	22.30m
16 Hanna Dhillon	Queen Elizab	21.08m
17 Amy Mebesius	Chilliwack S	x21.06m
18 Riya Viridi	Fleetwood Park	20.40m
19 Isabella Canduso	Burnsview Se	19.21m
20 Danica Tasker	Walnut Grove	x19.10m
21 Grace Adara	Queen Elizab	8.93m

Women 1500 Meter Race Walk Senior

Name	School	Finals
Finals		
1 Cassidy Cardle	Walnut Grove	7:15.40
2 Josephine Bennett	Walnut Grove	8:13.37
3 Taya Suttill	Lord Tweedsm	8:58.78
4 Jenna Goeres	Fleetwood Park	9:01.57
5 Kiara Kozak	Heritage Woo	9:43.01
6 Rosie Johnston	Walnut Grove	x9:49.85
7 Charlotte Hall	Heritage Woo	10:00.29
8 Andrea Yang	Abbotsford C	10:09.31
9 Raana Jahangiri	Heritage Woo	x12:22.14

Boys 100 Meter Dash Special Olym Special Olympics

Name	School	Finals
Finals		
1 Ryland Mallari	North Delta	14.22 -2.2
2 Ryerson Shelvey	Langley Chri	15.84 -2.2
3 Jonathan Boutilier	Unity Christ	17.94 -2.2

Boys 400 Meter Dash Special Olym Special Olympics

Name	School	Finals
Finals		
1 Ryland Mallari	North Delta	1:05.56
2 Ryerson Shelvey	Langley Chri	1:24.19
3 Jonathan Boutilier	Unity Christ	1:29.44

Men 100 Meter Dash Gr.8

Name	School	Prelims
Preliminaries		
1 Liam O'Donnell	Clayton Heig	12.32Q-3.1
2 Michael Fox	Delta Second	12.74Q-2.5
3 Sam Weir	South Delta Scho	13.31Q-3.3

4 Calib Gruninger	Samuel Rober	12.36Q-3.1
5 Donavon McKenzie	Yorkson Cree	12.93Q-2.5
6 Juno Lee	Meadowridge	13.51Q-3.3
7 Owen Jones	Walnut Grove	13.11q -2.5
8 Jeremiah Francis	Pacific Acad	13.31q -2.5
9 Andrew Yuun	Yorkson Cree	13.33 -3.1
10 Ian Huang	Pacific Acad	13.44 -2.5
11 Robin Li	Meadowridge	13.45 -2.5
12 Calvin Singson	Guildford Pa	13.45 -3.1
13 Daniel Malunhao	Guildford Pa	13.64 -3.3
14 Henry Rhu	White Rock C	13.67 -3.1
15 Jayamuni Silva	Holy Cross R	13.68 -2.5
16 Julian Wong	Southpointe	14.02 -3.1
17 Sandeep Gill	Southpointe	14.25 -3.3
18 Travis Janzen	Abbotsford C	14.26 -2.5
19 Clive Kingma	Unity Christ	14.28 -3.3
20 Charleson Cao	Southpointe	14.33 -3.3
21 Max Ratushny	Archbishop C	14.44 -3.1

Men 100 Meter Dash Gr.8

Name	School	Finals
Finals		
1 Liam O'Donnell	Clayton Heig	12.08 -1.3
2 Calib Gruninger	Samuel Rober	12.12 -1.3
3 Michael Fox	Delta Second	12.54 -1.3
4 Owen Jones	Walnut Grove	12.70 -1.3
5 Donavon McKenzie	Yorkson Cree	12.83 -1.3
6 Sam Weir	South Delta Scho	12.97 -1.3
7 Juno Lee	Meadowridge	13.50 -1.3

Men 400 Meter Dash Gr.8

Name	School	Prelims
Preliminaries		
1 Owen Flack	Brookwood	57.90Q
2 Owen Jones	Walnut Grove	58.10Q
3 Boston Migneault	Archbishop C	58.38Q
4 Jeremiah Francis	Pacific Acad	59.13Q
5 Andrew Yuun	Yorkson Cree	1:00.48Q
6 Niam Zbitniff	White Rock C	1:01.45Q
7 Ezra Havas	Holy Cross R	1:00.54q
8 Kyan Goncalves	Yorkson Cree	1:00.84q
9 Travis Janzen	Abbotsford C	1:00.84
10 Nathanael Mihai	Highroad Aca	1:02.44
11 Justin Hari	Vedder Middl	1:02.89
12 Noah Melanson	Yorkson Cree	1:03.84
13 Wasi Muntakim	Guildford Pa	1:05.27
14 Cody Davis	Walnut Grove	1:05.43
15 Truevine (t'vine) Spence	Pacific Acad	1:06.25
16 Cohen Peters	Pacific Acad	1:08.43
17 Jason Zhang	Pacific Acad	1:09.66

Men 400 Meter Dash Gr.8

Name	School	Finals
Finals		
1 Boston Migneault	Archbishop C	55.98

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Finals ... (Men 400 Meter Dash Gr.8)

Name	School	Finals
2 Owen Flack	Brookwood	56.24
3 Owen Jones	Walnut Grove	56.24
4 Jeremiah Francis	Pacific Acad	57.62
5 Ezra Havas	Holy Cross R	1:00.25
6 Niam Zbitniff	White Rock C	1:02.02
7 Kyan Goncalves	Yorkson Cree	1:03.11
8 Andrew Yuun	Yorkson Cree	1:05.21

Men 1500 Meter Run Gr.8

Name	School	Finals
Finals		
1 Caiden Lee	Sail Academy	4:23.69
2 Hudson Irvine	Earl Marriot	4:31.49
3 Boston Migneault	Archbishop C	4:31.91
4 Isaac Humeniuk	Langley Chri	4:43.00
5 Nathaniel Leroux	Vedder Middl	4:43.00
6 Trenton Lau	Southpointe	4:46.25
7 Rocky Saini	Enver Creek	4:52.87
8 Thomas Stelnicki	Walnut Grove	4:58.08
9 Troy Edwards	Yorkson Cree	4:59.40
10 Adam Grim	Credo Christ	4:59.94
11 Quinn Goosen	Highroad Aca	5:02.10
12 Rhyce Poppe	Credo Christ	5:02.53
13 Nick Thomson	Walnut Grove	5:04.94
14 Ryan Shea	Vedder Middl	5:07.57
15 William King	Saint John P	5:08.45
16 Andrew Gunnink	Credo Christ	x5:08.62
17 Christian Prost	Holy Cross R	5:09.96
18 Jared Huebert	Mei Middle S	5:13.31
19 Jacob Dueck	Sands Second	5:42.48

Men 3000 Meter Run Gr.8

Name	School	Finals
Finals		
1 Caiden Lee	Sail Academy	9:43.73
2 Hudson Irvine	Earl Marriot	10:04.21
3 Isaac Humeniuk	Langley Chri	10:29.68
4 Trenton Lau	Southpointe	10:34.16
5 Andrew Gunnink	Credo Christ	10:37.38
6 Christian Shimmin	Walnut Grove	10:48.86
7 Ryan Shea	Vedder Middl	11:00.83
8 Jase Hathaway	Mei Middle S	11:07.89
9 Tyler Blad	Maple Ridge	11:09.63
10 Nick Thomson	Walnut Grove	11:11.37
11 Jacob Wynker	Agassiz Elem	11:13.94
12 Dawson Toews	Mei Middle S	11:27.75
13 Mattais Medeiros	Sands Second	11:33.43
14 Devin Sidhu	Southridge S	11:41.07
15 Marcus Berner	Saint John P	11:53.01
16 Jacob Dueck	Sands Second	12:00.97
17 Lukas Brunke	Elgin Park S	12:18.57

Men 200 Meter Hurdles 30" Gr.8

Name	School	Finals
Finals		
1 Aidan Turner	South Delta Scho	28.26 -1.8
2 Divine Aniamaka	Pacific Acad	30.56 -1.8
3 Noah Melanson	Yorkson Cree	31.38 -2.3
4 Quinn Goosen	Highroad Aca	31.48 -1.8
5 Campbell Sayers	Abbotsford C	32.00 -1.8
6 Jaden Mathew	White Rock C	32.24 -1.8
7 Niam Zbitniff	White Rock C	32.27 -1.8
8 Rylan Elson	Mei Middle S	33.25 -2.3
9 Chima Obi Nzeadibe	Princess Mar	33.88 -2.3

Men 4x400 Meter Relay Gr.8

Team	Relay	Finals
Finals		
1 Walnut Grove	A	4:05.59
2 Holy Cross Regional	A	4:12.16
3 Abbotsford C	A	4:18.52
4 Langley Chri	A	4:22.48
5 Unity Christian	A	4:23.38
6 Yorkson Cree	A	4:23.52
7 Pacific Academy	A	4:27.44
8 Guildford Park	A	4:27.60
9 White Rock C	A	4:28.14
10 Credo Christ	A	4:38.78

Men High Jump Gr.8

Name	School	Finals
Finals		
1 Benjamin Carr	Elgin Park S	1.65m
2 Allan Yi	Yorkson Cree	1.60m
3 Gordon Bie	Meadowridge	1.55m
4 Elijah Nickel	Mei Middle S	1.50m
5 Owen Flack	Brookwood	1.45m
6 Quinn Goosen	Highroad Aca	J1.45m
7 Dominic Maddalozzo	Archbishop C	J1.45m
8 Quintin Stevenson	Samuel Rober	1.40m
9 Campbell Sayers	Abbotsford C	J1.40m
10 Niam Zbitniff	White Rock C	J1.40m
11 Truevine (t'vine) Spence	Pacific Acad	J1.40m
11 Cohen Peters	Pacific Acad	J1.40m
13 Wasi Muntakim	Guildford Pa	1.35m
14 Trevor Matthysen	Hatzic Secon	J1.35m
15 Karson Berg	Maple Ridge	1.30m

Men Long Jump Gr.8

Name	School	Finals
Finals		
1 Spencer Gibbs	Pacific Acad	5.03m NWI
2 Jaden Medynski	Betty Gilber	4.82m NWI
3 Robin Li	Meadowridge	4.74m NWI
4 Jayamuni Silva	Holy Cross R	4.73m NWI
5 Oliver Vaz	Betty Gilber	4.70m NWI
6 Daxton Vander Kooi	Unity Christ	4.69m NWI

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Finals ... (Men Long Jump Gr.8)

Name	School	Finals
7	Dominic Maddalozzo	Archbishop C 4.65m NWI
8	Aiden Brandsma	Abbotsford C 4.64m NWI
9	Trentin Vuong	Abbotsford C 4.56m NWI
10	Damon Onderwater	Credo Christ 4.52m NWI
11	Luke Wilson	Langley Chri 4.49m NWI
12	Charleson Cao	Southpointe 4.45m NWI
13	Sandeep Gill	Southpointe 4.38m NWI
14	Clive Kingma	Unity Christ 4.37m NWI
15	Diego Barona	Archbishop C 4.36m NWI
16	Tony Qi	Fleetwood Park 4.27m NWI
17	Marcos Franco	Archbishop C x4.21m NWI
18	Levi Meggait	Abbotsford C x4.13m NWI
19	Kaleb Peepchuk	Princess Mar 3.61m NWI

Men Triple Jump Gr.8

Name	School	Finals
1	Divine Aniamaka	Pacific Acad 11.63m NWI
2	Allan Yi	Yorkson Cree 10.63m NWI
3	Spencer Gibbs	Pacific Acad 10.48m NWI
4	Aiden Brandsma	Abbotsford C 10.27m NWI
5	Trentin Vuong	Abbotsford C 10.20m NWI
6	Cayden McEachern	Unity Christ 10.13m NWI
7	Charleson Cao	Southpointe 9.90m NWI
8	Jason Zhang	Pacific Acad x9.89m NWI
9	Dylan Grim	Credo Christ 9.65m NWI
10	Cohen Peters	Pacific Acad x9.62m NWI
11	Julian Wong	Southpointe 9.47m NWI
12	Elijah Nickel	Mei Middle S 9.35m NWI
13	Damon Onderwater	Credo Christ 9.34m NWI
14	Dominic Maddalozzo	Archbishop C 9.22m NWI
15	Oliver Vaz	Betty Gilber 9.10m NWI
16	Rylee Cartwright	Betty Gilber 9.05m NWI
17	Jaden Medynski	Betty Gilber x8.86m NWI
18	Mattais Medeiros	Sands Second 8.76m NWI
19	Andy Papadopoulos	Sands Second 8.69m NWI
20	Jacob Dueck	Sands Second x7.94m NWI

Men Shot Put 4 kg Gr.8

Name	School	Finals
1	Ryan Cyr	Ecole Salish 13.85m
2	Evander Sandhu	Delview Seco 11.08m
3	Mackenzie Dornan	Langley Chri 10.36m
4	Michael Baars	Abbotsford C 10.12m
5	Liam England	Chilliwack M 9.91m
6	Jacob Zhang	Southpointe J9.91m
7	Samuel (tianren) Huang	Pacific Acad 9.65m
8	Teagen Renaerts	Highroad Aca 8.87m
9	Kegan Atsma	Abbotsford C 8.62m
10	Aiden Brandsma	Abbotsford C x8.61m
11	Harshdeep Jakhu	Yorkson Cree 8.60m
12	Jessie Nystrom	Guildford Pa 8.49m
13	Sandeep Gill	Southpointe 8.20m

14	Julian Wong	Southpointe x7.79m
15	Connor Turnbull	Maple Ridge 7.72m
16	Adit Vij	Yorkson Cree 7.64m
17	Gurshawn Dhillon	Queen Elizab 7.38m
18	Levi Goodwin	Highroad Aca 7.11m
19	Ben MacLeod	Clayton Heig 7.03m
20	Tyler Vanderveen	Abbotsford C x6.31m

Men Discus Throw 1 kg Gr.8

Name	School	Finals
1	Kegan Atsma	Abbotsford C 33.81m
2	Alex Lee	Semiahmoo Se 31.10m
3	Vasudev Rajeeve	Fleetwood Park 30.52m
4	Gabriel Smith	Maple Ridge 29.34m
5	Noah Del Rosario	Sands Second 28.96m
6	Rylan Elson	Mei Middle S 27.79m
7	Jovan Dhillon	North Delta 27.25m
8	Liam England	Chilliwack M 25.26m
8	Evander Sandhu	Delview Seco 25.26m
10	Mackenzie Dornan	Langley Chri 24.40m
11	Gurshawn Dhillon	Queen Elizab 24.21m
12	Aya Sugiyama	Vedder Middl 23.83m
13	Samuel (tianren) Huang	Pacific Acad 23.28m
14	Evan Howe	Lord Tweedsm 23.23m
15	Brackton Keller	Langley Chri 22.57m
16	Trevor Matthysen	Hatzic Secon 21.72m
17	Adit Vij	Yorkson Cree 21.57m
18	Jasper Shea	Vedder Middl 20.70m
19	Michael Baars	Abbotsford C 20.59m
20	Harshdeep Jakhu	Yorkson Cree 20.15m
21	Jessie Nystrom	Guildford Pa 17.87m

Men 100 Meter Dash Junior

Name	School	Prelims
1	Sawyer Collie	Unity Christ 11.85Q-1.9
2	Carter Smith	Pitt Meadows 11.91Q-3.1
3	Floyd Morfe	Fraser Heigh 11.93Q-2.3
4	Cade Armour	Samuel Rober 11.95Q-2.3
5	Tremel States-Jones	Lord Tweedsm 12.17Q-3.1
6	Dhag Mora	W.J 12.21Q-1.9
7	Kai Hussein	Pitt Meadows 12.08q-2.3
8	Harvir Panesar	Delta Second 12.18q-2.3
9	Christian Wong	Archbishop C 12.22 -1.9
10	Nick Sebastianelli	Ecole Salish 12.28 -2.3
11	John Alexander	Walnut Grove 12.47 -1.9
12	Natanael Haan	Unity Christ 12.62 -2.3
13	Cooper Leong	Sardis School 12.63 -2.3
14	Ugo Madumere	Archbishop C 12.67 -3.1
15	Andy Ofosuhene	W.J 12.70 -3.1
16	Dylan Kang	W.J 12.78 -3.1
17	Josh Huth	Walnut Grove 13.04 -2.3

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Men 100 Meter Dash Junior

Name	School	Finals
Finals		
1 Sawyer Collie	Unity Christ	11.85 -2.8
2 Carter Smith	Pitt Meadows	11.91 -2.8
3 Floyd Morfe	Fraser Heigh	11.93 -2.8
4 Cade Armour	Samuel Rober	11.96 -2.8
5 Tremel States-Jones	Lord Tweedsm	12.14 -2.8
6 Kai Hussein	Pitt Meadows	12.19 -2.8
7 Harvir Panesar	Delta Second	12.28 -2.8
8 Dhag Mora	W.J	12.88 -2.8

Men 400 Meter Run Junior

Name	School	Prelims
Preliminaries		
1 Alex Lamyin	South Delta Scho	53.54Q
2 Sawyer Collie	Unity Christ	53.97Q
3 Nathan Chan	Pacific Acad	54.44Q
4 Elichai Mansell	Guildford Pa	54.36Q
5 John Alexander	Walnut Grove	54.63Q
6 Jacob Bonikowsky	South Delta Scho	55.78Q
7 Nick Sebastianelli	Ecole Salish	54.87q
8 Andrew Meier	Brookwood	54.93q
9 Ty Stevenson	Maple Ridge	55.30
10 Daine Kerr	Pacific Acad	55.36
11 Robin Gill	Delview Seco	55.37
12 Cooper Leong	Sardis School	55.62
13 Max Meekel	Maple Ridge	55.96
14 Marcel Bona	Earl Marriot	56.15
15 Nic Schmidt	Yale Secondary	56.85
16 Levi Van Egdom	Unity Christ	56.96
17 Jack Emlay-Graham	Maple Ridge	56.97
18 Leyenhorst Teo	Credo Christ	57.06
19 Benjamin Wergeland	Langley Chri	57.19
20 Josh Huth	Walnut Grove	58.26
21 Alan Zietlow	Earl Marriot	58.63

Men 400 Meter Run Junior

Name	School	Finals
Finals		
1 Sawyer Collie	Unity Christ	53.45
2 Alex Lamyin	South Delta Scho	54.34
3 Elichai Mansell	Guildford Pa	54.83
4 Jacob Bonikowsky	South Delta Scho	55.44
5 John Alexander	Walnut Grove	55.74
6 Nathan Chan	Pacific Acad	55.86
7 Andrew Meier	Brookwood	55.87
8 Nick Sebastianelli	Ecole Salish	56.70

Men 1500 Meter Run Junior

Name	School	Finals
Finals		
1 Jonathan Hofer	South Delta Scho	4:12.70
2 Jacob Wadhwani	Terry Fox Se	4:14.47

3 Finn Longhurst	Sardis School	4:20.15
4 Joseph Curtis	Centennial S	4:21.69
5 Micah Logie	Earl Marriot	4:25.53
6 Nick Raymond	Walnut Grove	4:25.93
7 Jacob Bonikowsky	South Delta Scho	4:26.35
8 Jackson Maccubbin Lowrey	South Delta Scho	x4:27.19
9 James De Jager	Abbotsford C	4:32.91
10 Isaac Baker	Elgin Park S	4:33.21
11 Connor Crevier	Sardis School	4:36.36
12 Pavel Potashov	Semiahmoo Se	4:36.50
13 Kaelem Dumont	Elgin Park S	4:36.70
14 Marcel Bona	Earl Marriot	4:41.00
15 Daylen Peterson	Walnut Grove	4:44.96
16 Nicholas Huang	Pacific Acad	4:45.53
17 Gabriel Whittaker	Walnut Grove	x4:48.58
18 Simon Funk	Mei Secondar	4:50.34
19 Jeremiah Carruthers	Port Moody S	4:51.26
20 Brett Kehler	Abbotsford C	4:51.33
21 Greg De Raadt	Unity Christ	4:52.57
22 Khauner Fast	GW Graham -	4:52.79

Men 3000 Meter Run Junior

Name	School	Finals
Finals		
1 Jonathan Hofer	South Delta Scho	9:00.44
2 Jacob Wadhwani	Terry Fox Se	9:17.80
3 Micah Logie	Earl Marriot	9:33.74
4 James De Jager	Abbotsford C	9:34.78
5 Jack Hardy	Walnut Grove	9:35.95
6 Nick Raymond	Walnut Grove	9:43.23
7 Isaac Baker	Elgin Park S	9:47.26
8 Devon Meadows	Centennial S	9:51.85
9 Jack Johnston	Sardis School	9:54.89
10 Kaelem Dumont	Elgin Park S	10:09.66
11 Pavel Potashov	Semiahmoo Se	10:16.94
12 Gabriel Whittaker	Walnut Grove	x10:18.25
13 Greg De Raadt	Unity Christ	10:19.40
14 Jeremiah Carruthers	Port Moody S	10:28.65
15 Khauner Fast	GW Graham -	10:34.60
16 Arjun Dhatt	Enver Creek	10:36.20
17 Simon Funk	Mei Secondar	10:37.08
18 Devon Kim	Semiahmoo Se	10:45.19
19 Will Burke	Hatzic Secon	10:48.88
20 Sean Murray	White Rock C	10:49.76
21 Mathew Wade	Maple Ridge	10:51.47
22 Andrew Mijinke	St. John Bre	10:59.03
--- Nick Tudhope	Walnut Grove	DNF

Men 300 Meter Hurdles Junior

Name	School	Finals
Finals		
1 Praise Aniamaka	Pacific Acad	41.21
2 Taylor Sillars	Pacific Acad	42.81
3 Elichai Mansell	Guildford Pa	43.27
4 Andrew Meier	Brookwood	43.60
5 Adam Pederson	Lord Tweedsm	43.61

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Finals ... (Men 300 Meter Hurdles Junior)

Name	School	Finals	
6	Elijah Grimard	Highroad Aca	44.98
7	Callum Middleton	Walnut Grove	45.27
8	Justus Vanspronsen	Credo Christ	45.93
9	Nikolas Barszczewski	Kwantlen Par	46.05
10	Matthew Price	Yale Secondary	47.22
11	Carter Stevenson	Maple Ridge	47.80
12	Justin Ganase	Lord Tweedsm	47.97
13	Nathan Davidson	White Rock C	49.73
14	Brenden Rk	Sardis School	49.76
15	Kabir Bhangu	W.J	50.35
16	Nicholas Luccock	Seaquam	50.65
17	Sohail Loomba	Mei Secondar	53.56

Men 4x100 Meter Relay Junior

Team	Relay	Prelims	
Preliminaries			
1	Fraser Heigh	A	45.59Q
2	Enver Creek Secondary	A	46.31Q
3	Pacific Academy	A	46.32Q
4	W.J Mouat	A	46.90Q
5	Archbishop C	A	47.03Q
6	Seaquam	A	47.58Q
7	Credo Christ	A	47.34Q
8	Lord Tweedsmuir	A	47.61Q
9	Walnut Grove	A	48.13
10	Pacific Academy	B	48.34
11	Burnsview Secondary	A	48.64
12	Walnut Grove	B	49.43
13	Unity Christian	A	49.64
14	Langley Chri	A	50.25
15	St. John Brebeuf	A	50.29

Men 4x400 Meter Relay Junior

Team	Relay	Finals	
Finals			
1	Pacific Academy	A	3:37.83
2	Earl Marriot	A	3:47.91
3	Walnut Grove	A	3:50.12
4	Pacific Academy	B	3:51.38
5	Unity Christian	A	3:51.63
6	Credo Christ	A	3:56.90
7	Sardis School	A	3:58.16
8	Abbotsford C	A	4:00.09
9	Walnut Grove	B	4:01.98
10	Walnut Grove	C	x4:02.79
11	Enver Creek Secondary	A	4:08.08
12	Seaquam	A	4:10.89
13	White Rock C	A	4:17.67
14	Yale Secondary	A	4:23.78

Men High Jump Junior

Name	School	Finals	
Finals			
1	Nolan McEachern	Thomas Haney	1.90m
2	Benjamin Wergeland	Langley Chri	1.70m
3	Josh Kurtz	Enver Creek	J1.70m
4	Evan Kimm	Brookwood	J1.70m
5	George Kordas	Southridge S	J1.70m
6	Moo Sugar	St. John Bre	1.65m
7	Max Meekel	Maple Ridge	J1.65m
8	Nick Schock	Semiahmoo Se	J1.65m
9	Isaac Hamilton	Langley Seco	1.60m
9	Sernay Taw	St. John Bre	1.60m
11	Nikolas Barszczewski	Kwantlen Par	1.55m
11	Gurshaan Gill	Abbotsford T	1.55m
11	Daniel De-Heer-Amissah	Langley Chri	1.55m
11	Dominic Beltrame	St. John Bre	x1.55m
15	Nait Welsh	Maple Ridge	1.50m
16	Eldrian Manodon	Kwantlen Par	J1.50m
17	Tyson Hutt	Heritage Woo	1.45m
18	Jacob Niblet	White Rock C	1.40m

Men Long Jump Junior

Name	School	Finals	
Finals			
1	Mitchell Gibbs	Pacific Acad	6.66m NWI
2	Adrian Blake	Pinetree Sec	6.26m NWI
3	Adam Pederson	Lord Tweedsm	6.06m NWI
4	Alejandro Pelayo	Fraser Heigh	5.93m NWI
5	Josh Carsience	Mei Secondar	5.92m NWI
6	Natanael Haan	Unity Christ	5.68m NWI
7	Dhag Mora	W.J	5.64m NWI
8	Ty Stevenson	Maple Ridge	5.57m NWI
9	Leyenhorst Teo	Credo Christ	5.38m NWI
10	J.P. De Chavez	Archbishop C	5.34m NWI
11	Dylan Kang	W.J	5.26m NWI
12	Eero Sorensen	Maple Ridge	5.20m NWI
13	Evan Kimm	Brookwood	5.18m NWI
14	Kyu Hyun Yoon	Pacific Acad	5.14m NWI
15	Gabriel Borreta	Holy Cross R	5.11m NWI
16	Dawson Inkster	Burnsview Se	5.08m NWI
17	Andy Ofosuhene	W.J	x5.00m NWI
18	Austin Lodder	Credo Christ	4.92m NWI
19	Richard Park	Centennial S	4.85m NWI
20	Jaden Pawluck	Burnsview Se	4.80m NWI

Men Triple Jump Junior

Name	School	Finals	
Finals			
1	Praise Aniamaka	Pacific Acad	13.46m NWI
2	Taylor Sillars	Pacific Acad	12.33m NWI
3	Josh Kurtz	Enver Creek	11.70m NWI
4	Alejandro Pelayo	Fraser Heigh	11.66m NWI
5	Lorenzo Pelayo	Fraser Heigh	11.57m NWI
6	Daniel De-Heer-Amissah	Langley Chri	11.47m NWI

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Finals ... (Men Triple Jump Junior)

Name	School	Finals
7 Robin Gill	Delview Seco	11.42m NWI
8 Natanael Haan	Unity Christ	11.40m NWI
9 Camron Lockyer	Walnut Grove	11.32m NWI
10 Andy Ofosuhen	W.J	11.30m NWI
11 Dawson Inkster	Burnsview Se	11.08m NWI
12 Matthew Trent	Abbotsford C	11.02m NWI
13 Philip Chen	Fraser Heigh	x10.81m NWI
14 Matthew Spoor	Credo Christ	10.52m NWI
15 Josh Vuong	Abbotsford C	10.29m NWI
16 Nathan Bantog	Enver Creek	10.09m NWI
17 Landon Morrow	Abbotsford C	x9.85m NWI
18 Conan Liu	Dr. Charles	9.68m NWI
19 Jake Giesbrecht	Riverside Se	9.57m NWI
20 Cadeo Bello	Sands Second	8.97m NWI
--- Dhag Mora	W.J	FOUL

Men Shot Put 5 kg Junior

Name	School	Finals
1 Michael Ogbeiw	Lord Tweedsm	14.65m
2 Charn Nijjar	Queen Elizab	13.35m
3 Kai Hussein	Pitt Meadows	12.97m
4 Jordan Dickhof	Langley Chri	11.36m
5 Ethan Longley	RE Mountain	11.03m
6 Sam Huang	North Surrey	10.78m
7 Nicholas Reimer	Walnut Grove	10.72m
8 Ryan Kimoto	Port Moody S	10.45m
9 Ryder Martini	Langley Chri	J10.45m
10 Kendall Dantu-Woods	Semiahmoo Se	10.42m
11 Noa Moradi	Heritage Woo	10.12m
12 Jarek Obregon	Yale Secondary	9.95m
13 Alex Zhang	Abbotsford C	9.70m
14 Nic Schmidt	Yale Secondary	9.57m
15 Kells Jonathan	W.J	9.35m
16 Jason Son	Riverside Se	9.25m

Men Discus Throw 1.5 kg Junior

Name	School	Finals
1 Michael Ogbeiw	Lord Tweedsm	43.88m
2 Charn Nijjar	Queen Elizab	34.94m
3 Ethan Longley	RE Mountain	33.20m
4 Gurtaj Aulakh	Mei Secondar	31.69m
5 Jordan Dickhof	Langley Chri	30.92m
6 Jason Son	Riverside Se	30.89m
7 Nic Schmidt	Yale Secondary	29.55m
8 Siddhant Bhattacharya	Port Moody S	27.45m
9 Nathan Meyer	Aldergrove C	25.41m
10 Andrew Green	Chilliwack S	24.62m
11 Alex Zhang	Abbotsford C	23.75m
12 Nicholas Butler	W.J	23.52m
13 Keita Bodrogi	Port Moody S	23.46m
14 Liam Haysom	Centennial S	22.60m
15 Nicholas Reimer	Walnut Grove	22.40m

16 William Neufeld	Mei Secondar	19.81m
17 Marc Billedo	Holy Cross R	19.42m
--- Jackson Trustham	Ecole Herita	FOUL

Men Javelin Throw 700 gram Junior

Name	School	Finals
1 Josh Carsience	Mei Secondar	42.15m
2 Ethan Minderhoud	Credo Christ	39.62m
3 Jordan Dickhof	Langley Chri	38.52m
4 Klo Thaw Htoo	Aldergrove C	37.03m
5 Jarrett Vantil	Credo Christ	35.86m
6 Jaden Pawluck	Burnsview Se	35.65m
7 Collin Visarra	Holy Cross R	35.10m
8 Noa Moradi	Heritage Woo	34.10m
9 Keita Bodrogi	Port Moody S	31.03m
10 Caleb O'Handley	Hope Seconda	30.85m
11 Giuliano Bertolini	Pacific Acad	30.05m
12 Moo Sugar	St. John Bre	28.19m
13 Camron Lockyer	Walnut Grove	28.17m
14 Joshua Chapman	Pacific Acad	27.96m
15 Alexander Houghton	Aldergrove C	27.52m
16 Halil Yalcin	W.J	26.61m
17 David Cannon	Abbotsford C	26.53m
18 Nathan Thiessen	Fleetwood Park	25.67m
19 Naresh Khadka	Guildford Pa	24.35m
20 Furqan Bajwa	Princess Mar	24.22m
21 Marko Vignjevic	Terry Fox Se	21.60m
--- Justin Warkentin	Lfmss	FOUL

Men 1500 Meter Race Walk Junior

Name	School	Finals
1 Joshua Chapman	Pacific Acad	8:04.41
2 Rylan Laurillard	Sardis School	8:08.81
3 Marcus Hollinger	Clayton Heig	8:14.01
4 Calvin Belanger	Sardis School	8:19.20
5 Maximilian Rodermond	Walnut Grove	8:19.28
6 Matthew Spoor	Credo Christ	8:25.16
7 Kevin Gao	White Rock C	8:29.19
8 Shawn Brynjolfson	Walnut Grove	8:46.48
9 Donghwa Kim	Clayton Heig	8:47.89
10 Markus Simpson	Yale Secondary	9:14.47
11 Cayden Arnold	Semiahmoo Se	9:20.38
12 Levi Van Egdom	Unity Christ	9:33.00
13 Thomas Lueth	St. John Bre	9:57.70
--- Raheem Abdur	Queen Elizab	DQ

Men 100 Meter Dash Senior

Name	School	Prelims
1 Jesaiah Penson-McCoy	Fraser Heigh	11.36Q-1.7
2 David Midgley	Walnut Grove	11.57Q-2.1
3 Ryan Pederson	Lord Tweedsm	11.63Q-1.4
4 Thane Timmerman	Abbotsford S	11.63Q-1.7

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Preliminaries ... (Men 100 Meter Dash Senior)

Name	School	Prelims
5 Jag Gill	Sail Academy	11.70Q-2.1
6 Jonathan Toews	South Delta Scho	11.72Q-1.4
7 Wiltosso Neufeld	Unity Christ	11.76q -1.7
8 Tyler Parsons	Chilliwack S	11.81q -2.1
9 Edward Riddell	Archbishop C	11.83 -1.4
10 Ian Vandergugten	Credo Christ	11.83 -1.7
10 Keaton Lees	Semiahmoo Se	11.83 -1.4
12 Diego Eraso	Sardis School	11.88 -1.7
13 Bedza Mannes	GW Graham -	12.00 -1.4
14 Spencer Thiessen	Sardis School	12.00 -1.4
15 Adam Wang	Heritage Woo	12.02 -1.4
16 Harrison Trustham	Mission Seco	12.04 -2.1
17 Matthew Roadhouse	Mission Seco	12.08 -1.7
17 Nate Savage	W.J	12.08 -2.1
19 Anthony Rich	Fraser Heigh	12.15 -1.7
20 Ethan Eichhorst	Southridge S	12.22 -1.4
21 Nathan Hauserman	W.J	12.32 -2.1
22 Jordan Mi	Pinetree Sec	12.44 -1.7
23 Andres Palma	Pinetree Sec	12.55 -2.1

Men 100 Meter Dash Senior

Name	School	Finals
Finals		
1 Jesaiah Penson-McCoy	Fraser Heigh	11.18 -1.8
2 David Midgley	Walnut Grove	11.27 -1.8
3 Jag Gill	Sail Academy	11.49 -1.8
4 Thane Timmerman	Abbotsford S	11.59 -1.8
5 Ryan Pederson	Lord Tweedsm	11.60 -1.8
6 Tyler Parsons	Chilliwack S	11.75 -1.8
7 Jonathan Toews	South Delta Scho	11.75 -1.8
8 Wiltosso Neufeld	Unity Christ	13.88 -1.8

Men 400 Meter Run Senior

Name	School	Prelims
Preliminaries		
1 Wiltosso Neufeld	Unity Christ	50.74Q
2 Cameron Calbick	Walnut Grove	50.93Q
3 Nico Aron	Maple Ridge	52.20Q
4 Josh Laughlin	Gleneagle Se	51.14Q
5 Diego Eraso	Sardis School	51.17Q
6 Kaelan House	Surrey Chris	52.40Q
7 Evan Castellani	Abbotsford C	51.48q
8 Ethan Eichhorst	Southridge S	52.85q
9 Zandberg Matthew	Unity Christ	52.96
10 Evan Wright	Walnut Grove	53.59
11 Jaden Severy	Terry Fox Se	53.79
12 Andrew Thomson	Yale Secondary	53.91
13 Amani Pullar-Dyck	W.J	54.35
14 Nicholas Coulter	White Rock C	54.63
15 Sam Moller	Sardis School	55.43
16 Trey Ference	Semiahmoo Se	55.94
17 Tyler Miller	Terry Fox Se	56.06
18 Aaron Williams	Centennial S	56.42

19 Abdi Rage	Guildford Pa	56.43
20 Oliver Harrison	Walnut Grove	56.45
21 Liam Paige	Lord Tweedsm	57.16
22 Manmeet Gill	Kwantlen Par	57.78
23 Lucas Aufhauser	Seaquam	59.09

Men 400 Meter Run Senior

Name	School	Finals
Finals		
1 Nico Aron	Maple Ridge	50.36
2 Wiltosso Neufeld	Unity Christ	50.42
3 Diego Eraso	Sardis School	51.04
4 Cameron Calbick	Walnut Grove	52.07
5 Josh Laughlin	Gleneagle Se	52.86
6 Kaelan House	Surrey Chris	53.43
7 Evan Castellani	Abbotsford C	53.61
8 Ethan Eichhorst	Southridge S	56.33

Men 1500 Meter Run Senior

Name	School	Finals
Finals		
1 Michael Miller	Semiahmoo Se	4:11.17
2 Jaiveer Tiwana	Fleetwood Park	4:12.11
3 Brendan McLaughlin	Heritage Woo	4:14.57
4 Jeremiah Mackie	Earl Marriot	4:14.63
5 Amardeep Mann	Yale Secondary	4:18.52
6 Reid Johnston	Abbotsford S	4:22.97
7 Richard Midgley	Walnut Grove	4:24.12
8 Tyler Wilson	Lord Tweedsm	4:25.38
9 Samuel Manke	Pitt Meadows	4:26.11
10 Kirubel Bogale	North Delta	4:32.36
11 Kai MacKenzie	W.J	4:33.02
12 Taranpreet Mann	Sardis School	4:33.64
13 Evan Querengesser	Pitt Meadows	4:40.03
14 Logan MacDonald	Sardis School	4:43.89
15 Jesse Boymook-Fisher	Langley Chri	4:44.33
16 Caleb Venema	Abbotsford C	4:45.69
17 Jisung Jeong	Walnut Grove	4:48.11
18 Yuvraj Gill	Queen Elizab	4:48.71
19 Kieran McRae	Chilliwack S	4:50.19
20 Ethan Yang	Gleneagle Se	4:59.22
21 Troy Langtry	Seaquam	5:28.86

Men 3000 Meter Run Senior

Name	School	Finals
Finals		
1 Jaiveer Tiwana	Fleetwood Park	8:54.15
2 Michael Miller	Semiahmoo Se	9:00.85
3 Jeremiah Mackie	Earl Marriot	9:06.19
4 Jared Dehaan	Credo Christ	9:31.01
5 Riley Hall	Abbotsford C	9:40.77
6 Caleb Graham	Unity Christ	9:48.22
7 Evan Querengesser	Pitt Meadows	9:53.17
8 Logan MacDonald	Sardis School	9:55.73
9 Kirubel Bogale	North Delta	9:55.75
10 Quinn Giuricich	Earl Marriot	10:08.13

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Finals ... (Men 3000 Meter Run Senior)

	Name	School	Finals
11	Caleb Venema	Abbotsford C	10:14.01
12	Taranpreet Mann	Sardis School	10:17.92
13	Jesse Boymook-Fisher	Langley Chri	10:21.79
14	Landon Foley	Fraser Heigh	10:23.10
15	Aldyn Monk-Young	Dr. Charles	10:26.61
16	Jisung Jeong	Walnut Grove	10:29.68
17	Ethan Yang	Gleneagle Se	10:38.14
18	Weihang Zheng	Fraser Heigh	10:42.28
19	Garreth Conner	GW Graham -	10:51.74
20	Marcelo Huatuco	White Rock C	10:52.95
21	Jeremy Firlotte	St. John Bre	11:53.19
22	Daniel Martinez	Walnut Grove	12:26.78

Men 400 Meter Hurdles Senior

	Name	School	Finals
Finals			
1	Adam Vilio	Holy Cross R	58.45
2	Ben Charbonneau	St. John Bre	58.84
3	Evan Castellani	Abbotsford C	59.01
4	Brendan Luccock	Seaquam	59.76
5	Harrison Trustham	Mission Seco	1:01.63
6	Mathew Liosis	Maple Ridge	1:02.62
7	David Williamson	Abbotsford C	1:02.96
8	Daylan Nair	Yale Secondary	1:03.89
9	Oliver Harrison	Walnut Grove	1:03.97
10	Nicholas Coulter	White Rock C	1:04.94
11	David Price	Yale Secondary	1:05.47
12	Evan Wright	Walnut Grove	1:05.51
13	Yuvraj Gill	Queen Elizab	1:05.83
14	Fraser McKay	Sullivan Hei	1:06.18
15	Alair Ang	Port Moody S	1:11.57

Men 4x100 Meter Relay Senior

	Team	Relay	Prelims
Preliminaries			
1	Walnut Grove	A	44.52Q
2	Unity Christian	A	45.35Q
3	Lord Tweedsmuir	A	45.20Q
4	Abbotsford C	A	45.82Q
5	W.J Mouat	A	45.77Q
6	Mission Secondary	A	46.20Q
7	Sardis School	A	46.49Q
8	Fraser Heigh	A	46.81Q
9	Maple Ridge Secondary	A	46.58
10	Holy Cross Regional	A	47.04
11	Yale Secondary	A	47.44
12	South Delta School	A	48.42
13	Semiahmoo Secondary	A	49.32
---	Pinetree Sec	A	DQ
---	Terry Fox Se	A	DQ

Men 4x400 Meter Relay Senior

	Team	Relay	Finals
Finals			
1	Walnut Grove	A	3:28.90
2	Unity Christian	A	3:33.21
3	Maple Ridge Secondary	A	3:35.94
4	Abbotsford C	A	3:36.70
5	W.J Mouat	A	3:38.94
6	Sardis School	A	3:40.13
7	Walnut Grove	B	3:43.25
8	Mission Secondary	A	3:43.70
9	Lord Tweedsmuir	A	3:51.37
10	Semiahmoo Secondary	A	3:52.36
11	Heritage Woo	A	3:52.49
12	Seaquam	A	3:53.91
13	White Rock C	A	4:13.13

Men High Jump Senior

	Name	School	Finals
Finals			
1	Aiden Grout	Maple Ridge	2.06m
2	Cole Brandsma	Abbotsford C	1.95m
3	Jake Schmidt	Langley Fine	1.85m
4	Liam Espedido	Terry Fox Se	J1.85m
5	Russell Gilroy	Yale Secondary	1.80m
6	William Gong	Pinetree Sec	1.70m
6	Darren Ahn	Semiahmoo Se	1.70m
8	Lucas Fawcett	Sardis School	1.65m
9	Jordan Mi	Pinetree Sec	J1.65m
10	Raymond Chu	North Surrey	1.50m

Men Triple Jump Senior

	Name	School	Finals
Finals			
1	Gavin Grim	Credo Christ	12.55m NWI
2	Cole Brandsma	Abbotsford C	12.42m NWI
3	Dan Ko	Mei Secondar	11.98m NWI
4	Colton Cameron	Lord Tweedsm	11.71m NWI
5	Nick Kuzyk	BC Christian	11.41m NWI
6	Liam Paige	Lord Tweedsm	11.01m NWI
7	Caleb Graham	Unity Christ	10.92m NWI
8	Alex Deboer	Credo Christ	10.74m NWI
9	Phillip Ngyuen	Lord Tweedsm	x10.63m NWI
10	Wilclair Neufeld	Unity Christ	J10.63m NWI
11	Aiden Carelse	Maple Ridge	10.54m NWI
12	Lucas Huttema	Credo Christ	x10.44m NWI
13	Bhav Gosal	Fleetwood Park	10.33m NWI

Men Discus Throw 1.75 kg Senior

	Name	School	Finals
Finals			
1	Jarrett Chong	Riverside Se	39.47m
2	Damian Panko	Abbotsford C	35.89m
3	Zachariah Wergeland	Langley Chri	34.70m
4	Viktor Kim	Walnut Grove	33.97m

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Finals ... (Men Discus Throw 1.75 kg Senior)

	Name	School	Finals
5	Rajvir Brar	Mei Secondar	31.24m
6	Josh Ogren	Hope Seconda	30.62m
7	Michael Yoo	Heritage Woo	27.71m
8	Dakota Lepine	Lord Tweedsm	27.05m
9	Josh Bruinsma	Abbotsford C	24.58m
10	Ethan Ludwig	Mei Secondar	24.30m
11	Isaac Tjandra	Semiahmoo Se	22.38m
12	Cole Braun	Sardis School	21.99m
13	Nick Lee	Heritage Woo	19.51m
14	Kartik Singh	Tamanawis Se	17.95m

Men Javelin Throw 800 gram Senior

	Name	School	Finals
Finals			
1	Elliott Payne	Maple Ridge	53.62m
2	Jarrett Chong	Riverside Se	50.38m
3	Tanner Geringer	Mission Seco	48.48m
4	Paul Smit	Walnut Grove	48.39m
5	James Henn	Abbotsford C	44.78m
6	David Reston	Surrey Chris	43.15m
7	Josiah Gamlak	Highroad Aca	40.07m
8	Jake McFarland	Terry Fox Se	39.58m
9	John Wang	RE Mountain	37.04m
10	Juhwan Park	Maple Ridge	36.92m
11	Adon Sawchuk	Mission Seco	36.40m
12	Daylan Nair	Yale Secondary	29.46m
13	Travis Prachnau	Yale Secondary	28.95m
---	Damian Panko	Abbotsford C	FOUL
---	Dakota Lepine	Lord Tweedsm	FOUL

Men 1500 Meter Race Walk Senior

	Name	School	Finals
Finals			
1	Tyler Wilson	Lord Tweedsm	7:05.86
2	Brendan Visser	Abbotsford C	7:40.21
3	Levi De Greeff	Abbotsford C	8:41.94
4	Len Leguijt	Credo Christ	9:21.15
5	Wilclair Neufeld	Unity Christ	9:24.49
6	Samuel Gaertner	Highroad Aca	9:28.10
7	Andrew Roberts	Heritage Woo	9:57.82