

## 2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019

Macleod Athletic Park, Langley

## Meet Program

**Event 3 Women 1500 Meter Steeplechase 30" Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Abigail Yakemchuk	Langley Chri	5:34.70
2	Emma Cobban	Elgin Park S	5:50.31
3	Emily De Jager	Abbotsford C	5:51.27
4	Naomi Hockin	Credo Christ	5:57.46
5	Kevina Takenaka	Abbotsford C	5:58.83
6	Chelsea Stoochnoff	Holy Cross R	6:14.72
7	Kylie Schlecker	Earl Marriot	6:14.72
8	Kyah Kang	Credo Christ	6:15.90
9	Alexis Friedel	Earl Marriot	6:16.03
10	Emma Vanrhee	Credo Christ	6:31.98
11	Alexandra Ritter	Sands Second	6:35.01
12	Kaia Haintz	Maple Ridge	6:38.60
13	Lydia Gunnink	Credo Christ	6:47.16
14	Megan Porter	Garibaldi Se	6:51.60
15	Statia Burchart	Regent Chris	7:17.50
16	Halle May	Yale Secondary	7:23.86

**Event 7 Women 400 Meter Run Junior**

<b>8 Advance: Top 2 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
2	Ella Johnson	Yale Secondary	1:16.15
3	Vanessa Pirani	Mei Secondar	1:06.36
4	Madelyn Bonikowsky	South Delta Scho	1:03.26
5	Ava Mitchell	Semiahmoo Se	1:03.68
6	Kaelyn Van Garderen	Abbotsford C	1:07.09
7	Melissa Stevens	Burnsview Se	1:10.21
8	Shriya Narayan	Maple Ridge	1:10.88
<b>Heat 2 of 3 Prelims</b>			
2	Claudia Reilander	Mei Secondar	1:14.06
3	Tayja Boyko	Lord Tweedsm	1:06.16
4	Hanna Sobkovich	Earl Marriot	1:02.81
5	Veronica Robertson	Walnut Grove	1:04.21
6	Mireya Klassen	Lfmss	1:07.28
7	Montana Kroeker	Pacific Acad	1:09.13
8	Georgia Bishop	Heritage Woo	1:11.53
<b>Heat 3 of 3 Prelims</b>			
2	Hsin-Yi (lili) Wang	Westview Sec	1:13.89
3	Allyssa Hutchison	Mei Secondar	1:05.50
4	Jade Lenton	Maple Ridge	1:01.75
5	Jasmine Mohammed	Guildford Pa	1:05.02
6	Alexandra Ritter	Sands Second	1:08.21
7	Kyah Kang	Credo Christ	1:08.86
8	Zoe Wong	Kwantlen Par	1:13.22

**Event 8 Men 400 Meter Run Junior**

<b>8 Advance: Top 2 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Benjamin Wergeland	Langley Chri	57.54
2	Alan Zietlow	Earl Marriot	59.45
3	Elichai Mansell	Guildford Pa	54.96
4	Ty Stevenson	Maple Ridge	54.16
5	Alex Lamyin	South Delta Scho	54.63
6	Darius Mawji	Dr. Charles	56.94
7	Daine Kerr	Pacific Acad	56.98
8	Leyenhorst Teo	Credo Christ	57.51
<b>Heat 2 of 3 Prelims</b>			
1	Jack Emley-Graham	Maple Ridge	58.45
2	Josh Huth	Walnut Grove	58.45
3	Christian Wong	Archbishop C	55.51
4	Owen Pinto	White Rock C	54.30
5	Sawyer Collie	Unity Christ	54.41
6	Jacob Bonikowsky	South Delta Scho	55.92
7	Nic Schmidt	Yale Secondary	57.05
8	Marcel Bona	Earl Marriot	57.27
<b>Heat 3 of 3 Prelims</b>			
1	Nick Sebastianelli	Ecole Salish	58.32
2	Levi Van Egdome	Unity Christ	58.83
3	Nathan Chan	Pacific Acad	55.39
4	John Alexander	Walnut Grove	54.23
5	Max Meekel	Maple Ridge	54.55
6	Andrew Meier	Brookwood	56.58
7	Robin Gill	Delview Seco	57.03
8	Cooper Leong	Sardis School	57.37

**Event 9 Women 400 Meter Run Senior**

<b>8 Advance: Top 2 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
3	Angela Peters	Earl Marriot	1:05.69
4	Cayla Smith	Southridge S	1:01.80
5	Khyra Le	Maple Ridge	1:04.40
6	Alyza Aikins	Lord Tweedsm	1:08.44
7	Esme Markey	Sardis School	1:10.05
8	Mackenzie Campbell	GW Graham -	1:11.44
<b>Heat 2 of 3 Prelims</b>			
3	Emma Kearns	Ecole Salish	1:06.25
4	Cassidy Hutchison	Mei Secondar	1:03.67
5	Samantha Matthewman	Walnut Grove	1:04.36
6	Linnea Zimmer	Abbotsford C	1:07.18
7	Nicole Zietlow	Earl Marriot	1:10.79
8	Aliza Dueck	GW Graham -	1:10.79

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**Heat 3 of 3 Prelims...(Event 9 Women 400 Meter Run**

2	Amanda Jansen	Yale Secondary	1:13.30
3	Olivia McDonell	Riverside Se	1:04.88
4	Natasha Smigelski	Centennial S	59.00
5	Amara Duncan	Dr. Charles	1:04.72
6	Gurveer Sidhu	W.J	1:08.48
7	Ravnoop Badesha	Tamanawis Se	1:08.56
8	Kathryn Haley	Earl Marriot	1:12.35

**Event 10 Men 400 Meter Run Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Manmeet Gill	Kwantlen Par	57.89
2	Trey Ference	Semiahmoo Se	58.14
3	Zandberg Matthew	Unity Christ	54.07
4	Wiltosso Neufeld	Unity Christ	51.74
5	Josh Laughlin	Gleneagle Se	52.93
6	Ethan Eichhorst	Southridge S	54.29
7	Abdi Rage	Guildford Pa	55.04
8	Nicholas Coulter	White Rock C	55.93

**Heat 2 of 3 Prelims**

1	Liam Paige	Lord Tweedsm	57.41
2	Lucas Aufhauser	Seaquam	58.40
3	Evan Castellani	Abbotsford C	53.70
4	Diego Eraso	Sardis School	50.67
5	Cameron Calbick	Walnut Grove	52.96
6	Evan Wright	Walnut Grove	54.32
7	Andrew Thomson	Yale Secondary	54.91
8	Amani Pullar-Dyck	W.J	56.06

**Heat 3 of 3 Prelims**

1	Tyler Miller	Terry Fox Se	56.69
2	Aaron Williams	Centennial S	58.67
3	Kaelan House	Surrey Chris	53.32
4	Nico Aron	Maple Ridge	50.45
5	Jaden Severy	Terry Fox Se	53.20
6	Sam Moller	Sardis School	54.40
7	Mathew Abbott	Mission Seco	54.53
8	Oliver Harrison	Walnut Grove	56.28

**Event 11 Women 1500 Meter Run Junior**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Madelyn Bonikowsky	South Delta Scho	4:59.10
2	Christina Peet-Williams	Chilliwack S	5:03.20
3	Juane Klaus	Abbotsford C	5:03.66
4	Viviana Li	Fleetwood Park	5:09.00
5	Julia Mackie	Earl Marriot	5:15.02
6	Emma Cobban	Elgin Park S	5:17.69
7	Emma Graydon	Pitt Meadows	5:18.78
8	Jasleen Grewal	Sullivan Hei	5:20.17
9	Emily De Jager	Abbotsford C	5:23.78
10	Kevina Takenaka	Abbotsford C	5:25.86
11	Naomi Hockin	Credo Christ	5:28.75
12	Dania Klassen	Sardis School	5:30.00
13	Chelsea Stoochnoff	Holy Cross R	5:32.94
14	Julia Hirsch	Sardis School	5:33.55
15	Mahiro Hatachi	Dr. Charles	5:36.05
16	Mackenzie Jones	Heritage Woo	5:37.61
17	Lindsay Bettesworth	Riverside Se	5:42.16
18	Kya Moss	Heritage Woo	5:43.61
19	Olivia MacDonald	Maple Ridge	6:03.47
20	Lydia Gunnink	Credo Christ	6:04.13
21	Megan Porter	Garibaldi Se	6:08.30
22	Halle May	Yale Secondary	6:08.72
23	Asia Wong	Clayton Heig	6:29.65
24	Statia Burchart	Regent Chris	7:17.50

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**Event 12 Men 1500 Meter Run Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Micah Logie	Earl Marriot	4:27.26
2	Jonathan Hofer	South Delta Scho	4:27.80
3	Jacob Wadhvani	Terry Fox Se	4:27.84
4	Finn Longhurst	Sardis School	4:31.51
5	Nick Raymond	Walnut Grove	4:34.86
6	Connor Crevier	Sardis School	4:35.00
7	James De Jager	Abbotsford C	4:35.41
8	Isaac Baker	Elgin Park S	4:36.27
9	Kaelem Dumont	Elgin Park S	4:36.97
10	Joseph Curtis	Centennial S	4:37.36
11	Jacob Bonikowsky	South Delta Scho	4:37.36
12	Pavel Potashov	Semiahmoo Se	4:37.39
13	Marcel Bona	Earl Marriot	4:40.01
14	Nicholas Huang	Pacific Acad	4:40.76
15	Jackson Maccubbin Lowrey	South Delta Scho	4:40.84
16	Yousuf Shamsi	Fraser Heigh	4:42.31
17	Jack Johnston	Sardis School	4:51.00
18	Greg De Raadt	Unity Christ	4:52.10
19	Gabriel Whittaker	Walnut Grove	4:53.09
20	Khauner Fast	GW Graham -	4:53.65
21	Brett Kehler	Abbotsford C	4:54.40
22	Daylen Peterson	Walnut Grove	4:55.44
23	Leyenhorst Teo	Credo Christ	4:55.45
24	Simon Funk	Mei Secondar	4:56.65
25	Jeremiah Carruthers	Port Moody S	5:03.68

**Event 13 Women 1500 Meter Run Senior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Baneet Bains	Princess Mar	4:45.36
2	Rachel Mortimer	W.J	4:52.22
3	Maya Kobylanski	Southridge S	4:52.78
4	Brooke Mussche	Langley Chri	4:57.52
5	Cassidy Hutchison	Mei Secondar	4:58.62
6	Grace Chalk	Walnut Grove	5:03.06
7	Maggie Graydon	Pitt Meadows	5:03.98
8	Madison Stoochnoff	Holy Cross R	5:04.42
9	Leah Bakker	Langley Chri	5:05.25
10	Hanna Milic	Seaquam	5:06.61
11	Naomi Reisdorf	Walnut Grove	5:13.74
12	Ilse Rafter	Maple Ridge	5:16.29
13	Daylana Ferguson	Walnut Grove	5:17.42
14	Dora Chan	Clayton Heig	5:22.01
15	Maddie Gibson	BC Christian	5:22.90
16	Lina Shalaby	Walnut Grove	5:25.07
17	Nanaki Sangha	Enver Creek	5:28.36
18	Mayasir Elhaj	Queen Elizab	5:30.40
19	Arshdeep Waring	Abbotsford T	5:35.71
20	Shelby Connelly	Riverside Se	5:39.60
21	Josephine Bennett	Walnut Grove	5:39.86
22	Samantha Palatinus	Earl Marriot	5:38.60
23	Meya Hikichi	Terry Fox Se	5:54.03

**Event 14 Men 1500 Meter Run Senior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jaiveer Tiwana	Fleetwood Park	4:11.18
2	Michael Miller	Semiahmoo Se	4:11.18
3	Jeremiah Mackie	Earl Marriot	4:12.10
4	Tyler Wilson	Lord Tweedsm	4:24.63
5	Brendan McLaughlin	Heritage Woo	4:26.89
6	Richard Midgley	Walnut Grove	4:27.67
7	Amardeep Mann	Yale Secondary	4:27.78
8	Samuel Manke	Pitt Meadows	4:29.19
9	Mark Potashov	Semiahmoo Se	4:38.43
10	Reid Johnston	Abbotsford S	4:39.22
11	Kai MacKenzie	W.J	4:39.85
12	Evan Querengesser	Pitt Meadows	4:40.77
13	Taranpreet Mann	Sardis School	4:41.00
14	Caleb Venema	Abbotsford C	4:42.00
15	Logan MacDonald	Sardis School	4:43.59
16	Tyson Baker	Tamanawis Se	4:44.28
17	Yuvraj Gill	Queen Elizab	4:45.90
18	Kirubel Bogale	North Delta	4:46.92
19	Jisung Jeong	Walnut Grove	4:49.93
20	Jesse Boymook-Fisher	Langley Chri	4:53.23
21	Troy Langtry	Seaquam	4:58.68
22	James Astrab	Heritage Woo	4:59.12
23	Ethan Yang	Gleneagle Se	5:03.25
24	Kieran McRae	Chilliwack S	5:52.23

**Event 19 Women 4x100 Meter Relay Junior**

<b>8 Advance: Top 4 Each Heat plus Next 0 Best Times</b>			
Lane	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Yale Secondary	A	1:00.73
2	Lord Tweedsm	A	1:01.40
3	Earl Marriot	A	56.00
4	Semiahmoo Se	A	54.68
5	Abbotsford C	A	54.74
6	Archbishop C	A	56.69
7	Maple Ridge	A	58.41
8	RE Mountain	A	59.82
<b>Heat 2 of 2 Prelims</b>			
1	Abbotsford C	B	1:00.62
2	Heritage Woo	A	59:37.00
3	Holy Cross R	A	55.43
4	Pacific Acad	A	52.01
5	Mei Secondar	A	55.10
6	Walnut Grove	A	57.22
7	Unity Christ	A	58.22
8	Fleetwood Park	A	1:00.11

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**Event 20 Men 4x100 Meter Relay Junior****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Lane	Team	Relay	Seed Time
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**Heat 1 of 2 Prelims**

2	Walnut Grove	B	50.89
3	Enver Creek	A	48.61
4	Pacific Acad	A	45.90
5	Lord Tweedsm	A	48.28
6	Pacific Acad	B	49.15
7	Seaquam	A	49.48
8	Unity Christ	A	50.19

**Heat 2 of 2 Prelims**

1	St. John Bre	A	50.95
2	Langley Chri	A	51.31
3	W.J	A	49.00
4	Fraser Heigh	A	45.98
5	Archbishop C	A	47.92
6	Credo Christ	A	49.09
7	Burnsview Se	A	50.03
8	Walnut Grove	A	50.15

**Event 21 Women 4x100 Meter Relay Senior****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Team	Relay	Seed Time
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**Heat 1 of 2 Prelims**

1	Pinetree Sec	A	58.68
2	South Delta Scho	A	58.71
3	Abbotsford C	A	54.08
4	Maple Ridge	A	51.76
5	Lfmss	A	52.59
6	W.J	A	54.22
7	Chilliwack S	A	56.39
8	Walnut Grove	B	56.88

**Heat 2 of 2 Prelims**

2	Fleetwood Park	A	58.28
3	Earl Marriot	A	53.25
4	Walnut Grove	A	50.27
5	Dr. Charles	A	52.69
6	Lord Tweedsm	A	54.81
7	Lord Tweedsm	B	55.06
8	Earl Marriot	B	57.78

**Event 22 Men 4x100 Meter Relay Senior****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Lane	Team	Relay	Seed Time
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**Heat 1 of 2 Prelims**

1	Yale Secondary	A	47.57
2	Guildford Pa	A	50.11
3	W.J	A	46.35
4	Walnut Grove	A	44.83
5	Sardis School	A	46.30
6	Pinetree Sec	A	47.06
7	Maple Ridge	A	47.09
8	Lord Tweedsm	A	47.34

**Heat 2 of 2 Prelims**

1	Semiahmoo Se	A	47.68
2	Holy Cross R	A	47.79
3	Mission Seco	A	46.59
4	Unity Christ	A	45.36
5	Abbotsford C	A	46.29
6	Fraser Heigh	A	47.00
7	Terry Fox Se	A	47.24
8	South Delta Scho	A	47.31

**Event 23 Women 80 Meter Hurdles Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

2	Sophia Gribbon	Terry Fox Se	39.28
3	Kayla Savage	W.J	14.99
4	Krysthina Vlahovic	Fraser Heigh	12.12
5	Vanessa Pirani	Mei Secundar	13.27
6	Myah Elgersma	Unity Christ	15.52
7	Elayna Aikema	Credo Christ	16.54
8	Cassandra Principe	Queen Elizab	16.72

**Heat 2 of 3 Prelims**

3	Rachel Parchment	Walnut Grove	15.15
4	Raya Brandsma	Abbotsford C	13.14
5	Kennedy Primrose	Pacific Acad	13.19
6	Alyssa Hall	Brookwood	15.51
7	Jordyn Verbeek	Brookwood	16.61
8	Asiah Demsky	Yale Secondary	16.63

**Heat 3 of 3 Prelims**

2	Linnea Bergen	Walnut Grove	17.93
3	Myrlaine Shelvey	Langley Chri	14.25
4	Laysha Tunti	Pacific Acad	12.01
5	Leipa Bajarunas	Port Moody S	13.36
6	Jasmine Bhullar	Panorama Rid	16.18
7	Abigail Van Deventer	Abbotsford C	16.21
8	Logan Courchene	Tamanawis Se	17.29

**Event 24 Men 100 Meter Hurdles 33" Junior****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

2	Jeewoo Chung	Walnut Grove	18.40
3	Elijah Grimard	Highroad Aca	16.17
4	Adam Pederson	Lord Tweedsm	14.39
5	Elichai Mansell	Guildford Pa	16.02
6	Jaden Pawluck	Burnsview Se	17.20
7	Aiden Cunnold	Walnut Grove	17.30
8	Nikolas Barszczewski	Kwantlen Par	18.37

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**Heat 2 of 2 Prelims...(Event 24 Men 100 Meter Hurdles**

1	Jacob Niblet	White Rock C	18.95
2	Keanan Williams	Walnut Grove	20.73
3	Micah Piva	Burnsview Se	16.91
4	Praise Aniamaka	Pacific Acad	15.07
5	Taylor Sillars	Pacific Acad	15.37
6	Justus Vanspronsen	Credo Christ	17.10
7	Matthew Price	Yale Secondary	17.84
8	Jacob King	Lord Tweedsm	18.20

**Event 25 Women 100 Meter Hurdles 33" Senior****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Samantha Burshtynski	Westview Sec	21.33
2	Akshita Mehta	Seaquam	24.83
3	Holly Harrison	Walnut Grove	16.00
4	Jasneet Nijjar	Queen Elizab	14.90
5	Manreet Sangha	Fleetwood Park	15.75
6	Rehema Ivan	Queen Elizab	18.79
7	Shaunika Suriya	Earl Marriot	18.94
8	Harpreet Bahga	W.J	21.30

**Heat 2 of 2 Prelims**

1	Naho Shimizu	White Rock C	23.31
2	Melody Li	Seaquam	23.85
3	Karman Kang	Enver Creek	18.25
4	Jaziel Tunti	Pacific Acad	15.31
5	Carly Seemann	Dr. Charles	15.51
6	Sabrina Jones	Samuel Rober	18.27
7	Shelby Milliard	Maple Ridge	19.38
8	Sarah Breukelman	Abbotsford C	20.92

**Event 26 Men 110 Meter Hurdles 36" Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

3	Kieran Kotwal	Mission Seco	17.95
4	Harrison Trustham	Mission Seco	15.84
5	David Williamson	Abbotsford C	16.87
6	Logan Vaitkus	South Delta Scho	18.27
7	Travis Prachnau	Yale Secondary	18.91
8	Tony Kooliyath	Archbishop C	21.48

**Heat 2 of 3 Prelims**

3	Jake Loverock	Yale Secondary	17.48
4	Aneel Gillan	Semiahmoo Se	15.42
5	Nate Savage	W.J	17.00
6	John Santos	Holy Cross R	18.65
7	Aiden Carelse	Maple Ridge	18.70
8	Ryota Takahashi	White Rock C	22.70

**Heat 3 of 3 Prelims**

3	Oliver Harrison	Walnut Grove	17.98
4	Ian Vandergugten	Credo Christ	16.01
5	Ben Charbonneau	St. John Bre	16.40
6	Daylan Nair	Yale Secondary	18.12
7	Peter Mueckel	Heritage Woo	19.15
8	Lucas Huttema	Credo Christ	19.49

**Event 29 Women 100 Meter Dash Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Myrlaine Shelvey	Langley Chri	14.10
2	Morgan Wylie	Lfmss	14.18
3	Vanessa Chung	Archbishop C	13.40
4	Charity Obazighanmwem	North Delta	12.57
5	Amelia Hamnett	Dr. Charles	12.88
6	Dani Kurylyk	Walnut Grove	13.54
7	Jacinda Fleming	Abbotsford C	13.86
8	Kayla Savage	W.J	13.97

**Heat 2 of 3 Prelims**

1	Joanna Cao	Walnut Grove	14.02
2	Sophia Knopf	Langley Chri	14.22
3	Imani Washington	Regent Chris	13.31
4	Estella Mainella	Fraser Heigh	12.41
5	Krysthina Vlahovic	Fraser Heigh	12.96
6	Jenna Li	Enver Creek	13.79
7	Kiara Holt	Chilliwack S	13.81
8	Atrina Shadgan	Port Moody S	14.01

**Heat 3 of 3 Prelims**

1	Lucie Thomas	Gleneagle Se	14.16
2	Charabelle Geonange	Aldergrove C	14.17
3	Veronica Robertson	Walnut Grove	13.41
4	Laysha Tunti	Pacific Acad	12.75
5	Hanna Sobkowich	Earl Marriot	12.76
6	Amy Filip	Pacific Acad	13.47
7	Kylie Kampman	Unity Christ	13.86
8	Larissa Cote	Sardis School	13.90

**Event 30 Men 100 Meter Dash Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Andy Ofosuhene	W.J	12.68
2	Dylan Kang	W.J	12.69
3	Alejandro Pelayo	Fraser Heigh	11.99
4	Carter Smith	Pitt Meadows	11.69
5	Tremel States-Jones	Lord Tweedsm	11.70
6	Lorenzo Pelayo	Fraser Heigh	12.02
7	Jake Procknow	Seaquam	12.23
8	Ugo Madumere	Archbishop C	12.31

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**Heat 2 of 3 Prelims...(Event 30 Men 100 Meter Dash**

1	John Alexander	Walnut Grove	12.61
2	Dominic Bates-Montoya	St. John Bre	12.80
3	Adrian Blake	Pinetree Sec	11.97
4	Mitchell Gibbs	Pacific Acad	11.60
5	Sawyer Collie	Unity Christ	11.78
6	Ajax Shen	Elgin Park S	12.02
7	Christian Wong	Archbishop C	12.22
8	Dhag Mora	W.J	12.35

**Heat 3 of 3 Prelims**

1	Cooper Leong	Sardis School	12.56
2	Josh Huth	Walnut Grove	12.92
3	Nick Sebastianelli	Ecole Salish	11.91
4	Floyd Morfe	Fraser Heigh	11.60
5	Harvir Panesar	Delta Second	11.82
6	Kai Hussein	Pitt Meadows	12.10
7	Cade Armour	Samuel Rober	12.17
8	Natanael Haan	Unity Christ	12.43

**Event 31 Women 100 Meter Dash Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Sabine Campeau	Heritage Woo	14.16
2	Emma LeBlanc	Heritage Woo	14.31
3	Angela Peters	Earl Marriot	13.41
4	Alina Olson	Maple Ridge	12.92
5	Jordan Jacobs	Walnut Grove	13.17
6	Alanna Cunha	Earl Marriot	13.61
7	Taya Suttill	Lord Tweedsm	13.89
8	Elizabeth Warren	St. John Bre	14.11

**Heat 2 of 3 Prelims**

1	Mya Rukavina	Clayton Heig	14.24
2	Tyler Leong	Sardis School	14.27
3	Mikaela Balla	Earl Marriot	13.49
4	Sheleena Wiley	Lfmss	13.07
5	Samantha Ogbeiwi	North Surrey	13.08
6	Jesula McCallum	Chilliwack S	13.49
7	Isabella Canduso	Burnsview Se	13.91
8	Erin O'Brien	Mission Seco	13.93

**Heat 3 of 3 Prelims**

1	Sabrina Jones	Samuel Rober	14.13
2	Raman Chauhan	W.J	14.32
3	Dominique Ronse	Brookwood	13.28
4	Jasneet Nijjar	Queen Elizab	12.28
5	Amara Duncan	Dr. Charles	13.22
6	Aneesha Sran	Dasmesh Punj	13.77
7	Kaira Martinez	Pinetree Sec	13.86
8	Katie Laface	Walnut Grove	14.13

**Event 32 Men 100 Meter Dash Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Nathan Hauserman	W.J	12.17
2	Andres Palma	Pinetree Sec	12.21
3	David Midgley	Walnut Grove	11.59
4	Cedrick Iyumva	Ecole Gabrie	11.33
5	Jag Gill	Sail Academy	11.39
6	Tyler Parsons	Chilliwack S	11.62
7	Nate Savage	W.J	11.93
8	Harrison Trustham	Mission Seco	12.03

**Heat 2 of 3 Prelims**

1	Ethan Eichhorst	Southridge S	12.17
2	Adam Wang	Heritage Woo	12.25
3	Keaton Lees	Semiahmoo Se	11.58
4	Ryan Pederson	Lord Tweedsm	11.20
5	Jonathan Toews	South Delta Scho	11.49
6	Edward Riddell	Archbishop C	11.63
7	Bedza Mannes	GW Graham -	11.86
8	Spencer Thiessen	Sardis School	12.09

**Heat 3 of 3 Prelims**

1	Ian Vandergugten	Credo Christ	12.13
2	Jordan Mi	Pinetree Sec	12.25
3	Wiltosso Neufeld	Unity Christ	11.56
4	Jesaiah Penson-McCoy	Fraser Heigh	10.95
5	Thane Timmerman	Abbotsford S	11.52
6	Diego Eraso	Sardis School	11.68
7	Anthony Rich	Fraser Heigh	11.84
8	Matthew Roadhouse	Mission Seco	12.10

**Event 33 Women 1500 Meter Steeplechase 30" Senior**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Baneet Bains	Princess Mar	5:03.71
2	Maya Kobylanski	Southridge S	5:04.59
3	Hanna Milic	Seaquam	5:27.79
4	Madison Stoochnoff	Holy Cross R	5:30.39
5	Nanaki Sangha	Enver Creek	5:39.93
6	Ilse Rafter	Maple Ridge	5:47.20
7	Maddie Gibson	BC Christian	5:53.78
8	Olivia McDonell	Riverside Se	5:54.25
9	Naomi Reisdorf	Walnut Grove	6:01.67
10	Dora Chan	Clayton Heig	6:05.57
11	Arshdeep Waring	Abbotsford T	6:08.33
12	Emma Rolfson	Walnut Grove	6:08.98
13	Shelby Connelly	Riverside Se	6:15.91
14	Gracie Lorensen	Pitt Meadows	6:16.11
15	Megan Owens	GW Graham -	6:17.33
16	Aliza Dueck	GW Graham -	6:19.29
17	Mayasir Elhaj	Queen Elizab	6:21.49
18	Kayla Serviss	Walnut Grove	6:25.27
19	Krysta Serviss	Walnut Grove	6:25.28
20	Mackenzie Campbell	GW Graham -	6:57.29

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**Event 34 Men 2000 Meter Steeplechase 33" Senior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jaiveer Tiwana	Fleetwood Park	6:09.82
2	Brendan McLaughlin	Heritage Woo	6:31.50
3	Riley Hall	Abbotsford C	6:38.78
4	Amardeep Mann	Yale Secondary	6:45.75
5	Caleb Graham	Unity Christ	6:48.20
6	Kirubel Bogale	North Delta	6:53.25
7	Mark Potashov	Semiahmoo Se	6:58.08
8	Samuel Manke	Pitt Meadows	7:08.38
9	Evan Querengesser	Pitt Meadows	7:13.76
10	Caleb Venema	Abbotsford C	7:19.99
11	Taranpreet Mann	Sardis School	7:25.00
12	Yuvraj Gill	Queen Elizab	7:31.30
13	Jesse Boymook-Fisher	Langley Chri	7:35.82
14	Marcelo Huatuco	White Rock C	7:36.68
15	Kieran McRae	Chilliwack S	7:37.05
16	Lucas Fawcett	Sardis School	7:42.00
17	Samuel Albert	Earl Marriot	7:43.60
18	James Astrab	Heritage Woo	7:46.60
19	Dylan Theberge	Mission Seco	7:52.73
20	Jeremy Zheng	Burnsview Se	7:55.26
21	Fraser McKay	Sullivan Hei	7:59.14
22	Daryl Lim	Walnut Grove	8:02.68

**Event 35 Women 4x400 Meter Relay Senior**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Maple Ridge	A	4:39.29
2	Pinetree Sec	A	4:48.59
3	Abbotsford C	A	4:30.03
4	Walnut Grove	A	4:13.33
5	W.J	A	4:27.40
6	Lord Tweedsm	A	4:30.97
7	Earl Marriot	A	4:32.00
8	Earl Marriot	B	4:43.84
<b>Section 2 of 2 Finals</b>			
3	Tamanawis Se	A	4:58.52
4	Sardis School	A	4:52.85
5	Walnut Grove	B	4:53.07
6	Walnut Grove	C	5:02.94
7	Queen Elizab	A	5:18.20
8	Seaquam	A	5:34.43

**Event 36 Men 4x400 Meter Relay Senior**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Walnut Grove	B	3:46.54
2	Mission Seco	A	3:49.05
3	Unity Christ	A	3:38.22
4	Walnut Grove	A	3:32.65
5	Maple Ridge	A	3:36.65
6	Sardis School	A	3:38.80
7	Abbotsford C	A	3:38.87
8	W.J	A	3:44.60
<b>Section 2 of 2 Finals</b>			
3	Heritage Woo	A	4:01.56
4	Seaquam	A	3:54.95
5	Semiahmoo Se	A	4:00.06
6	Lord Tweedsm	A	4:04.49
7	White Rock C	A	4:10.17

**Event 39 Women 800 Meter Run Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
2	Keili Reist	Garibaldi Se	3:07.05
3	Allyssa Hutchison	Mei Secondar	2:38.70
4	Juane Klaus	Abbotsford C	2:29.12
5	Ava Mitchell	Semiahmoo Se	2:30.13
6	Kaelyn Van Garderen	Abbotsford C	2:39.10
7	Manuela Villamizar	Archbishop C	2:45.82
8	Melissa Stevens	Burnsview Se	2:45.95
<b>Heat 2 of 3 Prelims</b>			
2	Mackenzie Frobisher	Garibaldi Se	2:58.43
3	Jasmine Mohammed	Guildford Pa	2:34.03
4	Madelyn Bonikowsky	South Delta Scho	2:23.69
5	Christina Peet-Williams	Chilliwack S	2:30.75
6	Kevina Takenaka	Abbotsford C	2:39.75
7	Alanna Noble	Terry Fox Se	2:44.78
8	Jada Baker	Tamanawis Se	2:57.41
<b>Heat 3 of 3 Prelims</b>			
2	Halle May	Yale Secondary	3:01.05
3	Kezia Coutts	Elgin Park S	2:36.08
4	Jade Lenton	Maple Ridge	2:26.73
5	Jasleen Grewal	Sullivan Hei	2:30.56
6	Emma Graydon	Pitt Meadows	2:39.25
7	Lindsay Bettesworth	Riverside Se	2:45.73
8	Julia Hirch	Sardis School	2:49.00

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**Event 40 Men 800 Meter Run Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Isaac Hamilton	Langley Seco	2:21.99
2	Jeno Kalombo	Credo Christ	2:22.50
3	Yousuf Shamsi	Fraser Heigh	2:15.82
4	Finn Longhurst	Sardis School	2:06.00
5	Jacob Bonikowsky	South Delta Scho	2:07.44
6	Kaelem Dumont	Elgin Park S	2:16.08
7	Jonathan Soares	Lord Tweedsm	2:18.83
8	Atkinson Kuo	Walnut Grove	2:18.96

**Heat 2 of 3 Prelims**

1	Evan Venema	Abbotsford C	2:21.43
2	Asher Toth	Unity Christ	2:23.40
3	Owen Pinto	White Rock C	2:12.73
4	Jacob Wadhvani	Terry Fox Se	2:01.81
5	Connor Crevier	Sardis School	2:12.33
6	Logan Picard	Walnut Grove	2:17.76
7	Kris Reddy	Fraser Heigh	2:17.99
8	Simon Funk	Mei Secondar	2:20.46

**Heat 3 of 3 Prelims**

1	Micah Piva	Burnsview Se	2:21.88
2	Jack Hayhoe	Thomas Haney	2:22.90
3	Carter Stevenson	Maple Ridge	2:13.08
4	Joseph Curtis	Centennial S	2:02.01
5	Jackson Maccubbin Lowrey	South Delta Scho	2:10.42
6	Nicholas Huang	Pacific Acad	2:16.79
7	Payton Downey	Thomas Haney	2:18.31
8	Colton Plummer	Earl Marriot	2:20.28

**Event 41 Women 800 Meter Run Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

3	Christina Zhang	Pinetree Sec	2:39.77
4	Rachel Mortimer	W.J	2:19.02
5	Cassidy Hutchison	Mei Secondar	2:19.54
6	Arshdeep Waring	Abbotsford T	2:41.56
7	Mackenzie Campbell	GW Graham -	2:56.93
8	Bria Dennie	Chilliwack S	3:02.43

**Heat 2 of 3 Prelims**

3	Lina Shalaby	Walnut Grove	2:34.96
4	Natasha Smigelski	Centennial S	2:19.00
5	Leah Bakker	Langley Chri	2:24.90
6	Aliza Dueck	GW Graham -	2:42.24
7	Shelby Connelly	Riverside Se	2:53.58
8	Naho Shimizu	White Rock C	3:04.66

**Heat 3 of 3 Prelims**

3	Olivia McDonell	Riverside Se	2:33.70
4	Brooke Mussche	Langley Chri	2:17.08
5	Maggie Graydon	Pitt Meadows	2:31.90
6	Savannah Bakes	Sardis School	2:49.80
7	Grace McDonald	Clayton Heig	2:51.42

**Event 42 Men 800 Meter Run Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Saba Khorasani	Maple Ridge	2:20.62
2	Enrico Dandolo	Seaquam	2:23.91
3	Abdi Rage	Guildford Pa	2:07.45
4	Adam Vilio	Holy Cross R	1:59.88
5	Nico Aron	Maple Ridge	2:05.29
6	Samuel Manke	Pitt Meadows	2:08.55
7	Mark Potashov	Semiahmoo Se	2:11.63
8	Reid Johnston	Abbotsford S	2:14.96

**Heat 2 of 3 Prelims**

2	Josh Laughlin	Gleneagle Se	2:16.32
3	Cameron Calbick	Walnut Grove	2:06.85
4	Michael Miller	Semiahmoo Se	1:59.70
5	Tyler Wilson	Lord Tweedsm	2:06.45
6	Brendan McLaughlin	Heritage Woo	2:08.82
7	Zandberg Matthew	Unity Christ	2:09.70
8	Duklo Thwe	Langley Seco	2:15.54

**Heat 3 of 3 Prelims**

1	Jisung Jeong	Walnut Grove	2:20.87
2	Troy Langtry	Seaquam	2:22.54
3	Richard Midgley	Walnut Grove	2:07.59
4	Jeremiah Mackie	Earl Marriot	2:02.40
5	Kaelan House	Surrey Chris	2:04.63
6	Amardeep Mann	Yale Secondary	2:07.72
7	Khash Effatparver	Sardis School	2:12.00
8	Andrew Thomson	Yale Secondary	2:12.02

**Event 43 Women 1500 Meter Race Walk Senior**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Cassidy Cardle	Walnut Grove	7:12.11
2	Josephine Bennett	Walnut Grove	8:25.70
3	Taya Suttill	Lord Tweedsm	9:32.98
4	Jenna Goeres	Fleetwood Park	9:37.16
5	Rosie Johnston	Walnut Grove	10:01.60
6	Kiara Kozak	Heritage Woo	10:03.75
7	Charlotte Hall	Heritage Woo	10:19.41
8	Andrea Yang	Abbotsford C	10:35.79
9	Raana Jahangiri	Heritage Woo	13:00.50
10	Maria Del Moral Ascencio	Burnsview Se	13:11.50

**Event 44 Men 1500 Meter Race Walk Senior**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Tyler Wilson	Lord Tweedsm	6:26.36
2	Brendan Visser	Abbotsford C	7:17.89
3	Levi De Greeff	Abbotsford C	8:46.18
4	Len Leguijt	Credo Christ	9:08.87
5	Wilclair Neufeld	Unity Christ	9:09.80
6	Samuel Gaertner	Highroad Aca	10:02.18
7	Andrew Roberts	Heritage Woo	10:03.14



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**Event 47 Women 200 Meter Dash Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Maggie McMurchy	Yale Secondary	29.67
2	Ruth Hsu	Seaquam	30.51
3	Vanessa Chung	Archbishop C	28.37
4	Charity Obazighamwen	North Delta	25.70
5	Tayja Boyko	Lord Tweedsm	28.19
6	Destiny Amadin	Tamanawis Se	29.07
7	Jasmine Bhullar	Panorama Rid	29.10
8	Kayla Savage	W.J	29.37

**Heat 2 of 3 Prelims**

1	Jacinda Fleming	Abbotsford C	29.68
2	Ria Laura	Guildford Pa	30.51
3	Veronica Robertson	Walnut Grove	28.93
4	Estella Mainella	Fraser Heigh	25.88
5	Kylie Kampman	Unity Christ	28.16
6	Yasmin Bath	Meadowridge	29.05
7	Mireya Klassen	Lfmss	29.18
8	Morgan Wylie	Lfmss	29.36

**Heat 3 of 3 Prelims**

1	Keanna Perera	Pacific Acad	30.44
2	Lucie Thomas	Gleneagle Se	30.47
3	Kiara Holt	Chilliwack S	28.97
4	Hanna Sobkowich	Earl Marriot	26.60
5	Amelia Hamnett	Dr. Charles	27.36
6	Sophia Knopf	Langley Chri	28.99
7	Charabelle Geonange	Aldergrove C	29.20
8	Jordan Blaker	Lfmss	29.32

**Event 48 Men 200 Meter Dash Junior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Max Meekel	Maple Ridge	26.17
2	Noah Molina	Clayburn Mid	27.13
3	Floyd Morfe	Fraser Heigh	24.36
4	Tremel States-Jones	Lord Tweedsm	23.90
5	Nick Sebastianelli	Ecole Salish	24.24
6	Christian Wong	Archbishop C	24.47
7	Ryunosuke Maeda	South Delta Scho	25.05
8	Kai Hussein	Pitt Meadows	25.34

**Heat 2 of 3 Prelims**

1	Cooper Leong	Sardis School	25.56
2	Aaron Medina	Sardis School	27.17
3	Nathan Chan	Pacific Acad	24.36
4	Mitchell Gibbs	Pacific Acad	23.88
5	Sawyer Collie	Unity Christ	24.30
6	Micah Piva	Burnsview Se	24.56
7	Kyu Hyun Yoon	Pacific Acad	24.96
8	John Alexander	Walnut Grove	25.48

**Heat 3 of 3 Prelims**

1	Josh Huth	Walnut Grove	26.67
2	Dominic Bates-Montoya	St. John Bre	26.76
3	Cade Armour	Samuel Rober	24.43
4	Harvir Panesar	Delta Second	23.98
5	Carter Smith	Pitt Meadows	24.11
6	Alex Lamyin	South Delta Scho	24.44
7	Harvir Gill	Enver Creek	25.19
8	Callum Middleton	Walnut Grove	25.19

**Event 49 Women 200 Meter Dash Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Raman Chauhan	W.J	30.56
2	Qamar Tahri	W.J	30.70
3	Eliza Bodnariuc	Heritage Woo	28.57
4	Amara Duncan	Dr. Charles	27.13
5	Sheleena Wiley	Lfmss	27.13
6	Jesula McCallum	Chilliwack S	28.70
7	Danielle Waller	Lord Tweedsm	29.25
8	Katie Laface	Walnut Grove	29.36

**Heat 2 of 3 Prelims**

2	Linnea Zimmer	Abbotsford C	29.75
3	Angela Peters	Earl Marriot	28.30
4	Jasneet Nijjar	Queen Elizab	25.44
5	Dominique Ronse	Brookwood	27.28
6	Taya Suttill	Lord Tweedsm	29.01
7	Kassidy Nicholson	Westview Sec	29.13
8	Johannah Brandsma	Abbotsford C	29.74

**Heat 3 of 3 Prelims**

2	Tyler Leong	Sardis School	30.36
3	Alanna Cunha	Earl Marriot	28.42
4	Manreet Sangha	Fleetwood Park	26.98
5	Jordan Jacobs	Walnut Grove	27.19
6	Aneesha Sran	Dasmesh Punj	28.70
7	Sabine Campeau	Heritage Woo	29.18
8	Paige Ackerman	Riverside Se	29.45

**Event 50 Men 200 Meter Dash Senior****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Adrian Vendl	Mei Secondar	25.12
2	Stephen Qiu	Fraser Heigh	26.14
3	Tyler Parsons	Chilliwack S	23.73
4	David Midgley	Walnut Grove	22.74
5	Wiltosso Neufeld	Unity Christ	23.19
6	Nate Savage	W.J	24.04
7	Ben Charbonneau	St. John Bre	24.57
8	Aaron Williams	Centennial S	24.92

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**Heat 2 of 3 Prelims...(Event 50 Men 200 Meter Dash**

1	Kaleb Dizon	Holy Cross R	25.23
2	Liam Easton	Holy Cross R	25.78
3	Edward Riddell	Archbishop C	23.82
4	Jonathan Toews	South Delta Scho	23.14
5	Jag Gill	Sail Academy	23.17
6	Thane Timmerman	Abbotsford S	24.03
7	Evan Wright	Walnut Grove	24.87
8	Bob Nicol	Walnut Grove	24.88

**Heat 3 of 3 Prelims**

2	Mathew Abbott	Mission Seco	24.96
3	Josh Laughlin	Gleneagle Se	23.43
4	Jesaiah Penson-McCoy	Fraser Heigh	22.12
5	Diego Eraso	Sardis School	23.29
6	Keaton Lees	Semiahmoo Se	24.23
7	Bedza Mannes	GW Graham -	24.36
8	Abdi Hassan	Guildford Pa	24.95

**Event 51 Women 3000 Meter Run Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Christina Peet-Williams	Chilliwack S	10:43.96
2	Viviana Li	Fleetwood Park	11:06.56
3	Abigail Yakemchuk	Langley Chri	11:08.07
4	Emily De Jager	Abbotsford C	11:31.34
5	Megan Porter	Garibaldi Se	11:31.39
6	Mahiro Hatachi	Dr. Charles	11:38.45
7	Julia Mackie	Earl Marriot	11:41.55
8	Emma Graydon	Pitt Meadows	11:48.03
9	Emma Cobban	Elgin Park S	11:50.33
10	Naomi Hockin	Credo Christ	11:56.80
11	Jasleen Grewal	Sullivan Hei	11:58.84
12	Chelsea Stoochnoff	Holy Cross R	12:03.46
13	Dania Klassen	Sardis School	12:04.00
14	Rebecca Versluis	Langley Chri	12:13.00
15	Emma Vanrhee	Credo Christ	12:56.30
16	Lydia Gunnink	Credo Christ	13:12.62
17	Olivia MacDonald	Maple Ridge	13:40.42
18	Jada Baker	Tamanawis Se	14:04.05

**Event 52 Men 3000 Meter Run Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jonathan Hofer	South Delta Scho	9:23.00
2	Jacob Wadhvani	Terry Fox Se	9:33.00
3	James De Jager	Abbotsford C	9:47.98
4	Jack Hardy	Walnut Grove	9:55.28
5	Nick Raymond	Walnut Grove	9:55.73
6	Isaac Baker	Elgin Park S	9:58.06
7	Micah Logie	Earl Marriot	9:59.43
8	Kaelem Dumont	Elgin Park S	10:14.05
9	Pavel Potashov	Semiahmoo Se	10:19.61
10	Jack Johnston	Sardis School	10:23.00
11	Gabriel Whittaker	Walnut Grove	10:35.01
12	Simon Funk	Mei Secondar	10:41.17
13	Greg De Raadt	Unity Christ	10:41.40
14	Devon Meadows	Centennial S	10:41.71
15	Khauner Fast	GW Graham -	10:45.98
16	Arjun Dhatt	Enver Creek	10:46.10
17	Devon Kim	Semiahmoo Se	10:49.21
18	Jeremiah Carruthers	Port Moody S	10:50.73
19	Sean Murray	White Rock C	10:53.37
20	Nick Tudhope	Walnut Grove	11:02.17
21	Andrew Mijinke	St. John Bre	11:02.38
22	Mathew Wade	Maple Ridge	11:12.75
23	Will Burke	Hatzic Secon	11:12.98

**Event 53 Women 3000 Meter Run Senior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Baneet Bains	Princess Mar	10:39.54
2	Rachel Mortimer	W.J	10:39.57
3	Maya Kobylanski	Southridge S	10:39.95
4	Maggie Graydon	Pitt Meadows	10:47.73
5	Grace Chalk	Walnut Grove	10:55.61
6	Naomi Reisdorf	Walnut Grove	10:56.34
7	Hanna Milic	Seaquam	11:01.62
8	Madison Stoochnoff	Holy Cross R	11:01.71
9	Daylana Ferguson	Walnut Grove	11:23.35
10	Maddie Gibson	BC Christian	11:23.81
11	Ilse Rafter	Maple Ridge	11:33.14
12	Emma Kearns	Ecole Salish	11:45.64
13	Dora Chan	Clayton Heig	11:47.90
14	Josephine Bennett	Walnut Grove	12:00.50
15	Samantha Palatinus	Earl Marriot	12:06.02
16	Isabel Wilson	Dr. Charles	12:06.72
17	Gracie Lorensen	Pitt Meadows	12:07.82
18	Kelsy Stelnicki	Walnut Grove	12:32.33
19	Meya Hikichi	Terry Fox Se	12:33.00
20	Megan Owens	GW Graham -	12:38.70
21	Charlotte Hall	Heritage Woo	13:13.51
22	Grace McDonald	Clayton Heig	13:36.75
23	Andrena Johnson	Sardis School	14:06.00

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## Event 54 Men 3000 Meter Run Senior

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jaiveer Tiwana	Fleetwood Park	9:26.87
2	Michael Miller	Semiahmoo Se	9:36.21
3	Jeremiah Mackie	Earl Marriot	9:37.13
4	Caleb Graham	Unity Christ	9:49.80
5	Riley Hall	Abbotsford C	9:55.66
6	Evan Querengesser	Pitt Meadows	10:10.63
7	Logan MacDonald	Sardis School	10:18.06
8	Kirubel Bogale	North Delta	10:25.84
9	Caleb Venema	Abbotsford C	10:32.90
10	Jisung Jeong	Walnut Grove	10:34.20
11	Quinn Giuricich	Earl Marriot	10:35.47
12	Taranpreet Mann	Sardis School	10:36.00
13	Landon Foley	Fraser Heigh	10:39.11
14	Jesse Boymook-Fisher	Langley Chri	10:40.00
15	Aldyn Monk-Young	Dr. Charles	10:42.51
16	Jared Dehaan	Credo Christ	10:42.75
17	Ethan Yang	Gleneagle Se	10:42.75
18	Weihang Zheng	Fraser Heigh	10:46.01
19	Marcelo Huatuco	White Rock C	10:48.59
20	Garreth Conner	GW Graham -	11:09.28
21	Daniel Martinez	Walnut Grove	12:22.61
22	Jeremy Firlotte	St. John Bre	12:32.24

## Event 57 Women Triple Jump Junior

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Nicole Ryzak	Riverside Se	7.04m
2	Kennedy Campbell	GW Graham -	7.36m
3	Irati Rodriguez	Chilliwack S	7.80m
4	Jasmine Hasanovic	Walnut Grove	8.39m
5	Sabrina Dias	Walnut Grove	8.42m
6	Genieva Hoff	Credo Christ	8.43m
7	Tanvi Pandhi	Fleetwood Park	8.46m
8	Jordan Murrell	Seaquam	8.63m
9	Kacey De Jong	Abbotsford C	8.71m
10	Jessica Reimer	Mei Secondar	8.81m
11	Cindy Tran	Queen Elizab	8.88m
12	Eileen Noordam	Abbotsford C	8.88m
13	Krupa Patel	Guildford Pa	8.90m
14	Alexandra Ritter	Sands Second	8.95m
15	Kyla Ladisla	Fleetwood Park	9.17m
16	Madison Grim	Credo Christ	9.28m
17	Raya Brandsma	Abbotsford C	9.49m
18	Alyza Aikins	Lord Tweedsm	9.69m
19	Rachel Atsma	Abbotsford C	9.71m
20	Adaisha Beals	Hatzic Secon	9.82m
21	Jolee Chan	Fraser Heigh	9.85m
22	Kaylie Borntreager	Southpointe	10.75m
23	Kennedy Primrose	Pacific Acad	11.28m

## Event 58 Men Long Jump Junior

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Richard Park	Centennial S	4.88m
2	Jaden Pawluck	Burnsview Se	4.93m
3	Dawson Inkster	Burnsview Se	4.98m
4	Austin Lodder	Credo Christ	5.05m
5	Andy Ofosuhene	W.J	5.20m
6	Dylan Kang	W.J	5.24m
7	Evan Kimm	Brookwood	5.27m
8	J.P. De Chavez	Archbishop C	5.28m
9	Leyenhorst Teo	Credo Christ	5.28m
10	Gabriel Borreta	Holy Cross R	5.31m
11	Amitoj Arora	Tamanawis Se	5.31m
12	Eero Sorensen	Maple Ridge	5.33m
13	Dhag Mora	W.J	5.42m
14	Natanael Haan	Unity Christ	5.43m
15	Kyu Hyun Yoon	Pacific Acad	5.44m
16	Alejandro Pelayo	Fraser Heigh	5.58m
17	Adam Pederson	Lord Tweedsm	5.59m
18	Josh Carsience	Mei Secondar	5.61m
19	Adrian Blake	Pinetree Sec	5.63m
20	Ty Stevenson	Maple Ridge	5.70m
21	Mitchell Gibbs	Pacific Acad	6.44m

## Event 59 Women Discus Throw 1 kg Senior

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Nadishiya Singh	Tamanawis Se	11.34m
2	Avneet Tiwana	Queen Elizab	12.12m
3	Chanel Khabra	Queen Elizab	12.18m
4	Christa Wright	Fleetwood Park	13.33m
5	Elise Odegaard	Terry Fox Se	16.32m
6	Melissa Holyhead-Miles	Chilliwack S	17.41m
7	Marisa MacDonald	Yale Secondary	17.80m
8	Ann Clement	Credo Christ	18.62m
9	Mamoundu Mardis	Chilliwack S	20.05m
10	Erin Debruyne	Lord Tweedsm	20.55m
11	Sarah Stewart	Chilliwack S	21.11m
12	Jenna Van Roekel	Langley Chri	21.73m
13	Cailin Bitter	Mei Secondar	22.06m
14	Jasmine Agudelo	Chilliwack S	22.55m
15	Talyn Ziemer	Walnut Grove	24.96m
16	Tanisha Gill	Abbotsford T	25.54m
17	Amy Mebesius	Chilliwack S	27.85m
18	Simran Bangar	North Delta	29.22m
19	Dolly Gabri	Sullivan Hei	33.60m
20	Mateya Haintz	Maple Ridge	37.04m

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**Event 60 Men Javelin Throw 800 gram Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Maxwell Smith	Guildford Pa	8.57m
2	Navraj Gill	Fleetwood Park	20.17m
3	Damian Panko	Abbotsford C	30.85m
4	Travis Prachnau	Yale Secondary	31.70m
5	Adon Sawchuk	Mission Seco	31.80m
6	John Wang	RE Mountain	32.35m
7	Tim Tan	Meadowridge	32.35m
8	Dakota Lepine	Lord Tweedsm	33.09m
9	Daylan Nair	Yale Secondary	34.05m
10	Juhwan Park	Maple Ridge	34.70m
11	Josiah Gamlak	Highroad Aca	35.25m
12	Jake McFarland	Terry Fox Se	38.28m
13	David Reston	Surrey Chris	41.13m
14	James Henn	Abbotsford C	41.80m
15	Paul Smit	Walnut Grove	44.55m
16	Elliott Payne	Maple Ridge	46.54m
17	Jarrett Chong	Riverside Se	49.21m
18	Tanner Geringer	Mission Seco	49.73m

**Event 62 Women Shot Put 3 kg Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Larissa Iunes	Terry Fox Se	5.54m
2	Rhia Yoo	Port Moody S	5.91m
3	Laura Fontana	Seaquam	6.15m
4	Aandrea Alvidrez	Earl Marriot	6.67m
5	Jasmine Mann	Mei Secondar	8.38m
6	Emmy Grier	RE Mountain	8.62m
7	Tiara Dickson-Kowal	Mission Seco	8.63m
8	Jordyn Verbeek	Brookwood	8.67m
9	Nikita Salas	Queen Elizab	8.81m
10	Leah Voisey	Ecole Salish	8.97m
11	Yasmine Pahal	Lord Tweedsm	9.10m
12	Chidiebere Okarah	Panorama Rid	9.17m
13	Erin Hansen	GW Graham -	9.50m
14	Ruth Van Egmond	Abbotsford C	9.51m
15	Hope Nystrom	Walnut Grove	9.57m
16	Emily Wieland	Mission Seco	9.57m
17	Marijke Meindertma	Mei Secondar	9.81m
18	Itohan Ologhola	Holy Cross R	9.90m
19	Eileen Noordam	Abbotsford C	9.90m
20	Amanda Anzulovich	Archbishop C	10.05m
21	Anya Peters	Mei Secondar	10.49m
22	Brianna Sampson	Ecole Herita	10.75m
23	Isabelle Forsyth	Semiahmoo Se	12.20m

**Event 63 Men Discus Throw 1.5 kg Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Brandon Yan	Fleetwood Park	16.81m
2	Gurbaz Singh	Tamanawis Se	18.01m
3	Noa Moradi	Heritage Woo	18.93m
4	Marc Billedo	Holy Cross R	20.45m
5	Andrew Green	Chilliwack S	21.32m
6	Jackson Trustham	Ecole Herita	22.36m
7	Liam Haysom	Centennial S	22.93m
8	Keita Bodrogi	Port Moody S	23.46m
9	Jordan Dickhof	Langley Chri	24.05m
10	William Neufeld	Mei Secondar	24.84m
11	Alex Zhang	Abbotsford C	25.16m
12	Siddhant Bhattacharya	Port Moody S	25.27m
13	Evan Bowman	Unity Christ	25.34m
14	Nic Schmidt	Yale Secondary	26.00m
15	Jason Son	Riverside Se	26.99m
16	Nathan Meyer	Aldergrove C	27.56m
17	Charn Nijjar	Queen Elizab	29.32m
18	Ethan Longley	RE Mountain	31.37m
19	Gurtaj Aulakh	Mei Secondar	31.80m
20	Nicholas Reimer	Walnut Grove	32.43m
21	Michael Ogbeiwi	Lord Tweedsm	41.26m

**Event 64 Women Long Jump Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Fiona Francis	Queen Elizab	3.55m
2	Mayasir Elhaj	Queen Elizab	3.68m
3	Johannah Brandsma	Abbotsford C	3.81m
4	Deborah Schermann	Fraser Heigh	3.97m
5	Christy Park	Centennial S	4.01m
6	Elizabeth Warren	St. John Bre	4.08m
7	Isabella Canduso	Burnsview Se	4.09m
8	Vania Kwan	Pinetree Sec	4.13m
9	Alexis Geertsma	Credo Christ	4.16m
10	Jaelyn Dragt	Abbotsford C	4.17m
11	Karman Kang	Enver Creek	4.19m
12	Alina Olson	Maple Ridge	4.22m
13	Anasha Thomas	Riverside Se	4.35m
14	Khyra Le	Maple Ridge	4.40m
15	Sabrina Jones	Samuel Rober	4.49m
16	Shaunika Suriya	Earl Marriot	4.50m
17	Holly Harrison	Walnut Grove	4.51m
18	Chisom Obioha	Meadowridge	4.60m
19	Kaira Martinez	Pinetree Sec	4.64m
20	Prabhasha	Walnut Grove	4.69m
21	Sheleena Wiley	Lfmss	4.77m
22	Danielle Waller	Lord Tweedsm	4.90m
23	Dominique Ronse	Brookwood	4.90m

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**Event 65 Men Triple Jump Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Phillip Ngyuen	Lord Tweedsm	9.50m
2	Chris Klassen	Chilliwack S	9.62m
3	Wilclair Neufeld	Unity Christ	9.81m
4	Byron Wang	North Surrey	9.92m
5	Hudson Coumont	Maple Ridge	10.06m
6	Bhav Gosal	Fleetwood Park	10.13m
7	Aiden Carelse	Maple Ridge	10.14m
8	Keaton Taekema	W.J	10.52m
9	Alex Deboer	Credo Christ	10.70m
10	Nick Kuzyk	BC Christian	10.71m
11	Lucas Huttema	Credo Christ	10.80m
12	Caleb Graham	Unity Christ	10.97m
13	Colton Cameron	Lord Tweedsm	11.27m
14	Liam Paige	Lord Tweedsm	11.55m
15	Cole Brandsma	Abbotsford C	12.25m
16	Gavin Grim	Credo Christ	12.32m
17	Dan Ko	Mei Secondar	12.54m

**Event 66 Men Discus Throw 1.75 kg Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Maxwell Smith	Guildford Pa	9.00m
2	Kartik Singh	Tamanawis Se	16.40m
3	Cole Braun	Sardis School	19.77m
4	Isaac Tjandra	Semiahmoo Se	20.35m
5	Josh Bruinsma	Abbotsford C	20.60m
6	Nick Lee	Heritage Woo	21.46m
7	Hudson Coumont	Maple Ridge	21.91m
8	Dakota Lepine	Lord Tweedsm	22.22m
9	Nicholas Butler	W.J	23.13m
10	Ethan Ludwig	Mei Secondar	23.26m
11	Alan Wang	North Surrey	23.52m
12	Lucas Arnold	Sardis School	23.90m
13	Spencer Kandt	Abbotsford C	27.43m
14	Rajvir Brar	Mei Secondar	27.45m
15	Michael Yoo	Heritage Woo	28.46m
16	Josh Ogren	Hope Seconda	29.73m
17	Kai Maenpaa	Mission Seco	30.04m
18	Zachariah Wergeland	Langley Chri	32.55m
19	Viktor Kim	Walnut Grove	33.45m
20	Damian Panko	Abbotsford C	34.62m
21	Jarrett Chong	Riverside Se	38.19m

**Event 70 Women High Jump Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Kaylee Lieuwen	Credo Christ	1.25m
2	Martha Mass	Credo Christ	1.30m
3	Kiara Kozak	Heritage Woo	1.45m
4	Hannah Johnston	Mission Seco	1.45m
5	Jesula McCallum	Chilliwack S	1.45m
6	Shaunika Suriya	Earl Marriot	1.45m
7	Carly Seemann	Dr. Charles	1.50m
8	Jaziel Tunti	Pacific Acad	1.55m
9	Deborah Schermann	Fraser Heigh	1.55m
10	Cassie Brandsma	Abbotsford C	1.55m
11	Holly Harrison	Walnut Grove	1.60m

**Event 71 Men Pole Vault Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Tony Kooliyath	Archbishop C	1.00m
2	Brendan Luccock	Seaquam	2.08m
3	Aneel Gillan	Semiahmoo Se	3.10m
4	Caleb Tam	Abbotsford C	3.20m
5	Logan Onderwater	Abbotsford C	3.70m

**Event 73 Women Pole Vault Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Georgia Lyons	Archbishop C	1.00m
2	Sarah Breukelman	Abbotsford C	1.90m
3	Macey Michaud	Earl Marriot	2.65m
4	Olivia Van Ryswyk	Earl Marriot	2.95m

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**Event 75 Women Javelin Throw 500 gram Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Mckenzie Dawson	Lord Tweedsm	17.44m
2	Natalie Pinto	Saint John P	17.48m
3	Katelyn Croy	Southpointe	18.16m
4	Ayesha Saren	Fleetwood Park	18.25m
5	Libby Baird	W.J	18.87m
6	Ava Burbank	Burnsview Se	20.07m
7	Joely Ma	Lord Tweedsm	20.41m
8	Emily Lukan	Walnut Grove	20.59m
9	Kacey De Jong	Abbotsford C	21.37m
10	Vanessa Geary	Sardis School	21.46m
11	Amanda Anzulovich	Archbishop C	22.06m
12	Lili Hardy	Unity Christ	22.17m
13	Ruth Van Egmond	Abbotsford C	22.23m
14	Alexandra Kennedy	Holy Cross R	22.39m
15	Hannah Linder	Sardis School	22.42m
16	Trista Suttill	Lord Tweedsm	23.26m
17	Kylie Kampman	Unity Christ	26.16m
18	Hailey Wilde	RE Mountain	26.51m
19	Marijke Meindertsma	Mei Secondar	27.03m
20	Madison Chiang-Tsui	Heritage Woo	28.28m
21	Anya Peters	Mei Secondar	29.56m
22	Erin Clemens	Archbishop C	30.05m
23	Isabel Gerbrand	Mission Seco	31.48m
24	Leipa Bajarunas	Port Moody S	32.89m

**Event 76 Men Shot Put 5 kg Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Phil Akagu-Jones	Pacific Acad	8.31m
2	Kendall Dantu-Woods	Semiahmoo Se	8.36m
3	Nic Schmidt	Yale Secondary	8.73m
4	Keita Bodrogi	Port Moody S	9.42m
5	Jason Son	Riverside Se	9.53m
6	Sam Huang	North Surrey	9.56m
7	Max Stone	Earl Marriot	9.57m
8	Jarek Obregon	Yale Secondary	9.70m
9	Ryder Martini	Langley Chri	9.90m
10	Kells Jonathan	W.J	9.90m
11	Justin Warkentin	Lfmss	9.94m
12	Ryan Kimoto	Port Moody S	9.98m
13	Siddhant Bhattacharya	Port Moody S	10.00m
14	Alex Zhang	Abbotsford C	10.05m
15	Matthew McKay	Mei Secondar	10.55m
16	Noa Moradi	Heritage Woo	10.56m
17	Nicholas Reimer	Walnut Grove	10.59m
18	Ethan Longley	RE Mountain	10.70m
19	Jordan Dickhof	Langley Chri	10.97m
20	Kai Hussein	Pitt Meadows	12.34m
21	Charn Nijjar	Queen Elizab	12.37m
22	Michael Ogbeiwi	Lord Tweedsm	13.85m

**Event 78 Women Hammer Throw 4 kg Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Gurleen Dhaliwal	Queen Elizab	7.39m
2	Mikaela Letourneau	Abbotsford C	12.96m
3	Erin Grywachkeski	Walnut Grove	22.02m
4	Faith Baars	Abbotsford C	22.18m
5	Melissa Holyhead-Miles	Chilliwack S	24.89m
6	Mamoundu Mardis	Chilliwack S	25.92m
7	Sarah Webb	W.J	32.09m
8	Yelissa Beugelink	Abbotsford C	32.82m
9	Jasmine Soltys	Chilliwack S	33.41m
10	Kihomi Adhemar	W.J	33.66m
11	Tanisha Gill	Abbotsford T	34.73m
12	Dolly Gabri	Sullivan Hei	37.10m
13	Mateya Haintz	Maple Ridge	54.98m

**Event 81 Women Long Jump Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Rachel Ryzak	Riverside Se	3.34m
2	Hilary Chung	Seaquam	3.79m
3	Melodie Roussel	Samuel Rober	3.94m
4	Jacinda Fleming	Abbotsford C	3.96m
5	Savannah Wilson	Chilliwack S	3.96m
6	Yasmin Bath	Meadowridge	4.03m
7	Vanessa Chung	Archbishop C	4.05m
8	Myah Elgersma	Unity Christ	4.06m
9	Hayley Willis	Mission Seco	4.07m
10	Hope Nystrom	Walnut Grove	4.14m
11	Kacey De Jong	Abbotsford C	4.15m
12	Kaitlynn Delrosario	Holy Cross R	4.21m
13	Jolee Chan	Fraser Heigh	4.22m
14	Rachel Atsma	Abbotsford C	4.24m
15	Sophia Knopf	Langley Chri	4.26m
16	Maddie Lehman	Elgin Park S	4.27m
17	Cindy Tran	Queen Elizab	4.27m
18	Dani Kurylyk	Walnut Grove	4.41m
19	Lisa Cerica	Terry Fox Se	4.42m
20	Alexandra Kennedy	Holy Cross R	4.43m
21	Larissa Cote	Sardis School	4.58m
22	Kennedy Primrose	Pacific Acad	4.83m
23	Sophia Gribbon	Terry Fox Se	4.91m
24	Kaylie Borntreager	Southpointe	5.11m
25	Laysha Tunti	Pacific Acad	5.23m

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**Event 82 Men Triple Jump Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Conan Liu	Dr. Charles	10.11m
2	Cadeo Bello	Sands Second	10.11m
3	Nathan Bantog	Enver Creek	10.13m
4	Landon Morrow	Abbotsford C	10.24m
5	Jake Giesbrecht	Riverside Se	10.25m
6	Jake Stobbe	Abbotsford C	10.48m
7	Josh Vuong	Abbotsford C	10.60m
8	Robin Gill	Delview Seco	10.70m
9	Philip Chen	Fraser Heigh	10.72m
10	Dawson Inkster	Burnsview Se	10.77m
11	Matthew Trent	Abbotsford C	10.83m
12	Matthew Spoor	Credo Christ	10.86m
13	Matthew McKay	Mei Secondar	10.90m
14	Natanael Haan	Unity Christ	11.08m
15	Camron Lockyer	Walnut Grove	11.35m
16	Josh Kurtz	Enver Creek	11.47m
17	Dhag Mora	W.J	11.55m
18	Daniel De-Heer-Amissah	Langley Chri	11.69m
19	Andy Ofosuhene	W.J	11.78m
20	Lorenzo Pelayo	Fraser Heigh	11.91m
21	Taylor Sillars	Pacific Acad	12.20m
22	Alejandro Pelayo	Fraser Heigh	12.26m
23	Spencer Langelaar	Abbotsford C	12.52m
24	Praise Aniamaka	Pacific Acad	14.84m

**Event 83 Men Hammer Throw 5 kg Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Evander Sandhu	Delview Seco	4.77m
2	Sahil Sharma	Abbotsford T	11.50m
3	Jakob Radatzke	Abbotsford C	16.27m
4	Jovan Dhillon	North Delta	17.67m
5	Damien Kells	W.J	19.93m
6	Dezmond Loepky	Mei Secondar	20.15m
7	William Neufeld	Mei Secondar	21.04m
8	Jakob Neufeld	Walnut Grove	23.47m
9	Kells Jonathan	W.J	24.40m
10	Jackson Trustham	Ecole Herita	24.79m
11	Nicholas Reimer	Walnut Grove	27.10m
12	Charn Nijjar	Queen Elizab	35.43m
13	Gurtaj Aulakh	Mei Secondar	37.18m
14	Ethan Longley	RE Mountain	41.36m
15	Michael Ogbeiw	Lord Tweedsm	47.15m

**Event 86 Women Pole Vault Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Lexie Kampman	Abbotsford C	2.10m
2	Alyssa Lane	W.J	2.10m

**Event 87 Women Discus Throw 1 kg Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Amelia Shaw	Lord Tweedsm	5.79m
2	Rhia Yoo	Port Moody S	12.81m
3	Carina Fota	Port Moody S	12.93m
4	Ava Burbank	Burnsview Se	13.40m
5	Madison Chiang-Tsui	Heritage Woo	14.68m
6	Logan Courchene	Tamanawis Se	16.16m
7	Chidiebere Okarah	Panorama Rid	17.38m
8	Joely Ma	Lord Tweedsm	17.55m
9	Tiara Dickson-Kowal	Mission Seco	17.75m
10	Kaia Haintz	Maple Ridge	17.84m
11	Eve Quesnelle	Lord Tweedsm	17.92m
12	Tamanna Pannu	Abbotsford T	18.66m
13	Ella Johnson	Yale Secondary	18.82m
14	Livleen Randhawa	Lfmss	18.85m
15	Joyce Ko	Mei Secondar	19.48m
16	Lacey Edwards	Aldergrove C	19.51m
17	Anya Peters	Mei Secondar	19.51m
18	Lauren Dhunna	Holy Cross R	19.81m
19	Georgia Sambu	Mission Seco	20.07m
20	Jasmine Mann	Mei Secondar	21.03m
21	Amanda Anzulovich	Archbishop C	21.09m
22	Brianna Sampson	Ecole Herita	23.73m
23	Isabelle Forsyth	Semiahmoo Se	28.22m
24	Emily Wieland	Mission Seco	28.98m

**Event 88 Men Javelin Throw 700 gram Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Naresh Khadka	Guildford Pa	23.32m
2	Keita Bodrogi	Port Moody S	23.55m
3	Marko Vignjevic	Terry Fox Se	24.53m
4	Furqan Bajwa	Princess Mar	25.62m
5	Nathan Thiessen	Fleetwood Park	27.14m
6	Joshua Chapman	Pacific Acad	27.73m
7	Giuliano Bertolini	Pacific Acad	28.49m
8	Jarrett Vantil	Credo Christ	28.83m
9	Jaden Pawluck	Burnsview Se	28.84m
10	Moo Sugar	St. John Bre	28.93m
11	Caleb O'Handley	Hope Seconda	29.45m
12	Camron Lockyer	Walnut Grove	29.70m
13	Halil Yalcin	W.J	29.93m
14	Ethan Minderhoud	Credo Christ	30.43m
15	Alexander Houghton	Aldergrove C	30.72m
16	Collin Visarra	Holy Cross R	31.38m
17	Justin Warkentin	Lfmss	31.47m
18	Noa Moradi	Heritage Woo	32.09m
19	Klo Thaw Htoo	Aldergrove C	32.19m
20	David Cannon	Abbotsford C	33.85m
21	Josh Carsience	Mei Secondar	39.43m
22	Jordan Dickhof	Langley Chri	39.81m

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**Event 89 Women Triple Jump Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Kayla Graham	Credo Christ	7.69m
2	Manroop Ghuman	Fleetwood Park	8.09m
3	Ivana Truong	Pinetree Sec	8.36m
4	Olivia Lounsbury	Unity Christ	8.41m
5	Hannah Johnston	Mission Seco	8.49m
6	Anne Biela	Sardis School	8.61m
7	Christa Wright	Fleetwood Park	8.64m
8	Christy Park	Centennial S	8.78m
9	Shelby Milliard	Maple Ridge	8.82m
10	Liz Gilder	Gleneagle Se	8.97m
11	Karman Kang	Enver Creek	9.44m
12	Johannah Brandsma	Abbotsford C	9.54m
13	Jaelyn Dragt	Abbotsford C	9.55m
14	Erin Geerlof	Semiahmoo Se	9.72m
15	Kristina Bonface	Lord Tweedsm	9.76m

**Event 90 Men Long Jump Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Tony Kooliyath	Archbishop C	4.69m
2	Kyle Hugdahl	South Delta Scho	4.77m
3	William Gong	Pinetree Sec	4.79m
4	Phillip Ngyuen	Lord Tweedsm	5.05m
5	Nick Kuzyk	BC Christian	5.13m
6	Amani Pullar-Dyck	W.J	5.18m
7	Alex Deboer	Credo Christ	5.23m
8	David Ionce	W.J	5.36m
9	Alex Le	Lord Tweedsm	5.42m
10	Sincere Joseph	Guildford Pa	5.42m
11	Bedza Mannes	GW Graham -	5.45m
12	Anvith Thudi	Maple Ridge	5.47m
13	Logan Onderwater	Abbotsford C	5.47m
14	Kaleb Dizon	Holy Cross R	5.50m
15	Keaton Lees	Semiahmoo Se	5.55m
16	Jordan Mi	Pinetree Sec	5.59m
17	Gavin Grim	Credo Christ	5.75m
18	Russell Gilroy	Yale Secondary	5.79m
19	Ryan Pederson	Lord Tweedsm	5.84m
20	Bob Nicol	Walnut Grove	5.88m
21	David Midgley	Walnut Grove	5.91m
22	Dan Ko	Mei Secondar	5.92m
23	Drew Brandsma	Abbotsford C	5.93m

**Event 92 Women Hammer Throw 3 kg Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Emily Wieland	Mission Seco	16.21m
2	Julia Neufeld	Maple Ridge	18.54m
3	Natalie Pinto	Saint John P	19.67m
4	Nikita Salas	Queen Elizab	20.63m
5	Jasmine Mann	Mei Secondar	22.90m
6	Kylah Tuin	Abbotsford C	24.48m
7	Tiara Dickson-Kowal	Mission Seco	27.99m
8	Brianna Sampson	Ecole Herita	28.96m
9	Keerat Dhillon	North Delta	36.90m

**Event 93 Men High Jump Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Daythan Boraphet	Guildford Pa	1.50m
2	Jacob Niblet	White Rock C	1.50m
3	Eldrian Manodon	Kwantlen Par	1.50m
4	Ser Nay Taw	St. John Bre	1.55m
5	Tyson Hutt	Heritage Woo	1.55m
6	Samuel Serjohn	Terry Fox Se	1.55m
7	Austin Lodder	Credo Christ	1.55m
8	Isaac Hamilton	Langley Seco	1.55m
9	Nait Welsh	Maple Ridge	1.55m
10	Gurshaan Gill	Abbotsford T	1.60m
11	Daniel De-Heer-Amisshah	Langley Chri	1.60m
12	Dominic Beltrame	St. John Bre	1.60m
13	Nikolas Barszczewski	Kwantlen Par	1.60m
14	Josh Kurtz	Enver Creek	1.65m
15	George Kordas	Southridge S	1.70m
16	Moo Sugar	St. John Bre	1.70m
17	Max Meekel	Maple Ridge	1.70m
18	Nick Schock	Semiahmoo Se	1.70m
19	Benjamin Wergeland	Langley Chri	1.70m
20	Evan Kimm	Brookwood	1.80m
21	Nolan McEachern	Thomas Haney	1.90m



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**Event 94 Women Shot Put 4 kg Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Sabrina Ho	Terry Fox Se	5.50m
2	Luna Wagner	Johnston Hei	6.33m
3	Faith Baars	Abbotsford C	6.66m
4	Paulina Saegert	Mission Seco	6.68m
5	Elise Odegaard	Terry Fox Se	6.86m
6	Jenna Van Roekel	Langley Chri	6.97m
7	Erin Debruyn	Lord Tweedsm	7.15m
8	Hannah Dawkins	Lord Tweedsm	7.17m
9	Sarah Stewart	Chilliwack S	7.44m
10	Marisa MacDonald	Yale Secondary	7.57m
11	Makenna Van Muyen	Abbotsford C	7.65m
12	Ann Clement	Credo Christ	7.68m
13	Yelissa Beugelink	Abbotsford C	8.01m
14	Janice Oh	Port Moody S	8.16m
15	Hanna Dhillon	Queen Elizab	8.23m
16	Mamoundu Mardis	Chilliwack S	8.47m
17	Georgia Hamnett	Dr. Charles	8.82m
18	Alina Olson	Maple Ridge	8.89m
19	Simran Bangar	North Delta	9.67m
20	Cailin Bitter	Mei Secondar	9.74m
21	Mateya Haintz	Maple Ridge	10.07m
22	Dolly Gabri	Sullivan Hei	13.35m

**Event 95 Men Pole Vault Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Jack Emley-Graham	Maple Ridge	2.40m
2	Ty Stevenson	Maple Ridge	2.60m
3	Josh Vuong	Abbotsford C	2.60m
4	Noah Molina	Clayburn Mid	2.80m
5	Matthew Trent	Abbotsford C	2.80m
6	Isaac Hamilton	Langley Seco	2.80m
7	George Kordas	Southridge S	3.10m
8	Cayden Arnold	Semiahmoo Se	3.40m
9	Josh Carsience	Mei Secondar	4.00m

**Event 97 Women High Jump Junior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Daniela Sada	Walnut Grove	1.15m
2	Aathini Vikkineswrarajah	Enver Creek	1.20m
3	Madison Grim	Credo Christ	1.30m
4	Myah Froats	Clayton Heig	1.30m
5	Emmaleigh Ho	Riverside Se	1.30m
6	Danielle Agyapong-Poku	Regent Chris	1.35m
7	Deanna Gelderman	Credo Christ	1.35m
8	Katelyn Croy	Southpointe	1.35m
9	Lisa Cerica	Terry Fox Se	1.40m
10	Megan Robertson	Westview Sec	1.45m
11	Lexie Kampman	Abbotsford C	1.45m
12	Leipa Bajarunas	Port Moody S	1.50m
13	Sophia Gribbon	Terry Fox Se	1.50m
14	Larissa Cote	Sardis School	1.55m
15	Emma Deboer	Holy Cross R	1.60m
16	Isla Stewart	South Delta Scho	1.60m

**Event 98 Women Javelin Throw 600 gram Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Isabella Canduso	Burnsview Se	17.66m
2	Grace Adara	Queen Elizab	17.74m
3	Elise Piovesan	Sands Second	18.06m
4	Jaylene Fung	W.J	19.30m
5	Danica Tasker	Walnut Grove	19.71m
6	Riya Virdi	Fleetwood Park	19.77m
7	Amy Mebesius	Chilliwack S	20.15m
8	Hanna Dhillon	Queen Elizab	20.70m
9	Jenna Van Roekel	Langley Chri	21.95m
10	Makenna Van Muyen	Abbotsford C	23.45m
11	Janice Oh	Port Moody S	23.80m
12	Talyn Ziemer	Walnut Grove	23.89m
13	Danielle Waller	Lord Tweedsm	23.99m
14	Kayla Serviss	Walnut Grove	25.05m
15	Alanna Cunha	Earl Marriot	25.49m
16	Elise Odegaard	Terry Fox Se	25.73m
17	Erin Grywacheski	Walnut Grove	27.41m
18	Julia Ueda-Avarvarei	Fleetwood Park	28.44m
19	Cailin Bitter	Mei Secondar	29.17m
20	Jasmine Agudelo	Chilliwack S	30.72m
21	Kyla Smith	Mei Secondar	30.87m
22	Georgia Hamnett	Dr. Charles	33.12m
23	Jasmine Soltys	Chilliwack S	33.43m
24	Eniko Sara	Ecole Salish	37.47m

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**Event 100 Men Shot Put 6 kg Senior**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Joseph Bongon	Regent Chris	7.32m
2	Jason Sangha	Lord Tweedsm	8.61m
3	Josh Bruinsma	Abbotsford C	9.30m
4	Rajvir Brar	Mei Secondar	9.69m
5	Thanasi Zarmakoupis	RE Mountain	9.72m
6	Jarl Arciaga	Holy Cross R	9.83m
7	Dakota Lepine	Lord Tweedsm	9.89m
8	Le Jayden	Samuel Rober	9.92m
9	Spencer Kandt	Abbotsford C	9.98m
10	Russell Gilroy	Yale Secondary	10.00m
11	Ethan Ludwig	Mei Secondar	10.01m
12	Michael Yoo	Heritage Woo	10.09m
13	Bradly Tober	Mission Seco	10.42m
14	Aneel Gillan	Semiahmoo Se	10.49m
15	Kevin Apdal	Holy Cross R	10.57m
16	Ebiye Okoko Chomsey	W.J	10.75m
17	James Henn	Abbotsford C	10.83m
18	Zachariah Wergeland	Langley Chri	11.12m
19	Blake Flikkema	Abbotsford C	12.10m
20	Jarrett Chong	Riverside Se	12.10m
21	Riley Gookstetter	South Delta Scho	12.18m

**Event 103 Women 300 Meter Hurdles Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Abigail Van Deventer	Abbotsford C	57.34
4	Raya Brandsma	Abbotsford C	55.85
5	Ella Johnson	Yale Secondary	57.18
6	Asiah Demsky	Yale Secondary	1:01.18
7	Emma Vanrhee	Credo Christ	1:02.54
8	Hannah Linder	Sardis School	1:06.37
<b>Section 2 of 2 Finals</b>			
1	Allyssa Hutchison	Mei Secondar	52.20
2	Eileen Noordam	Abbotsford C	55.63
3	Krysthina Vlahovic	Fraser Heigh	49.20
4	Kaylie Borntraeger	Southpointe	45.00
5	Alanna Noble	Terry Fox Se	45.10
6	Vanessa Pirani	Mei Secondar	50.08
7	Jasmine Mohammed	Guildford Pa	50.69
8	Lexie Kampman	Abbotsford C	51.84

**Event 104 Men 300 Meter Hurdles Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Elijah Grimard	Highroad Aca	45.05
2	Justus Vanspronsen	Credo Christ	45.38
3	Andrew Meier	Brookwood	43.38
4	Praise Aniamaka	Pacific Acad	41.87
5	Adam Pederson	Lord Tweedsm	43.20
6	Taylor Sillars	Pacific Acad	43.49
7	Elichai Mansell	Guildford Pa	43.56
8	Nicholas Luccock	Seaquam	45.00

**Section 2 of 3 Finals**

3	Carter Stevenson	Maple Ridge	47.40
4	Callum Middleton	Walnut Grove	45.96
5	Nikolas Barszczewski	Kwantlen Par	46.15
6	Brenden Rk	Sardis School	47.79
7	Matthew Price	Yale Secondary	47.84
8	Kabir Bhangu	W.J	49.81

**Section 3 of 3 Finals**

3	Sohail Loomba	Mei Secondar	52.68
4	Justin Ganase	Lord Tweedsm	50.19
5	Nathan Davidson	White Rock C	50.78

**Event 105 Women 400 Meter Hurdles Senior**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Kathryn Haley	Earl Marriot	1:15.16
2	Harpreet Bahga	W.J	1:15.18
3	Cayla Smith	Southridge S	1:09.35
4	Prabhasha	Walnut Grove	1:07.62
5	Carly Seemann	Dr. Charles	1:08.88
6	Nanaki Sangha	Enver Creek	1:10.11
7	Samantha Matthewman	Walnut Grove	1:11.46
8	Emma Kearns	Ecole Salish	1:12.49
<b>Section 2 of 2 Finals</b>			
3	Erin Howard	Abbotsford C	1:19.81
4	Nicole Zietlow	Earl Marriot	1:16.99
5	Rehema Ivan	Queen Elizab	1:18.40
6	Esme Markey	Sardis School	1:20.55
7	Ivran Rai	Tamanawis Se	1:22.56

**Event 107 Women 4x400 Meter Relay Junior**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Enver Creek	A	5:28.78
2	White Rock C	A	5:29.47
3	Guildford Pa	A	4:56.64
4	Abbotsford C	B	4:55.85
5	Walnut Grove	B	4:56.00
6	Yale Secondary	A	5:14.99
7	Seaquam	A	5:20.34
8	Kwantlen Par	A	5:21.12
<b>Section 2 of 2 Finals</b>			
1	Heritage Woo	A	4:52.00
2	Credo Christ	A	4:55.52
3	Walnut Grove	A	4:34.84
4	Semiahmoo Se	A	4:30.49
5	Abbotsford C	A	4:32.51
6	Mei Secondar	A	4:39.92
7	Holy Cross R	A	4:41.57
8	Sardis School	A	4:45.70

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**Event 108 Men 4x400 Meter Relay Junior**

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

2	Yale Secondary	A	4:31.35
3	Walnut Grove	B	4:11.15
4	Seaquam	A	4:09.24
5	Credo Christ	A	4:09.92
6	White Rock C	A	4:12.99
7	Walnut Grove	C	4:15.50
8	Enver Creek	A	4:20.17

**Section 2 of 2 Finals**

1	Walnut Grove	A	4:05.97
2	Sardis School	A	4:06.56
3	Earl Marriot	A	3:56.93
4	South Delta Scho	A	3:50.34
5	Pacific Acad	A	3:52.64
6	Abbotsford C	A	3:59.48
7	Pacific Acad	B	4:01.81
8	Unity Christ	A	4:04.00

**Event 109 Women 1500 Meter Race Walk Junior**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Kaia Haintz	Maple Ridge	8:43.34
2	Liv Bullett	Abbotsford C	9:03.39
3	Asia Wong	Clayton Heig	9:26.63
4	Aasiah Houle	Mei Middle S	9:34.73
5	Kiera Diotte	Yale Secondary	9:37.97
6	Camryn Spyksma	Abbotsford C	9:55.26
7	Ana Jurado Ballestros	Sands Second	10:05.17
8	Tanvi Pandhi	Fleetwood Park	10:34.51
9	Cindy Tran	Queen Elizab	11:14.80
10	Monica Mena	Guildford Pa	11:28.00
11	Trista Suttill	Lord Tweedsm	11:56.41

**Event 110 Men 400 Meter Hurdles Senior**

Lane	Name	School	Seed Time
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**Section 1 of 3 Finals**

1	David Price	Yale Secondary	1:08.85
3	Yuvraj Gill	Queen Elizab	1:07.10
4	Nicholas Coulter	White Rock C	1:05.94
5	Fraser McKay	Sullivan Hei	1:06.23
6	Evan Wright	Walnut Grove	1:07.19
7	Jake Loverock	Yale Secondary	1:08.07
8	Daylan Nair	Yale Secondary	1:08.64

**Section 2 of 3 Finals**

1	Mathew Liosis	Maple Ridge	1:05.33
2	David Williamson	Abbotsford C	1:05.62
3	Brendan Luccock	Seaquam	1:00.95
4	Adam Vilio	Holy Cross R	58.89
5	Evan Castellani	Abbotsford C	1:00.50
6	Ben Charbonneau	St. John Bre	1:01.19
7	Steven Geluk	Unity Christ	1:03.07
8	Oliver Harrison	Walnut Grove	1:04.38

**Section 3 of 3 Finals**

3	Felix Allen	RE Mountain	1:32.79
4	Alair Ang	Port Moody S	1:13.19
5	Harrison Trustham	Mission Seco	1:14.16

**Event 111 Men High Jump Senior**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Jordan Mi	Pinetree Sec	1.30m
2	William Gong	Pinetree Sec	1.30m
3	Raymond Chu	North Surrey	1.50m
4	Darren Ahn	Semiahmoo Se	1.65m
5	Lucas Fawcett	Sardis School	1.70m
6	Russell Gilroy	Yale Secondary	1.80m
7	Jake Schmidt	Langley Fine	1.80m
8	Liam Espedido	Terry Fox Se	1.89m
9	Cole Brandsma	Abbotsford C	1.90m
10	Aiden Grout	Maple Ridge	2.06m

**Event 112 Men Hammer Throw 6 kg Senior**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	Evan Murray	White Rock C	11.77m
2	Ryan Manocha	W.J	13.57m
3	Josh Gebhart	W.J	14.07m
4	Sean Burgess	Mission Seco	16.65m
5	Arun Bhangu	W.J	20.50m
6	Griffin Blue	Hope Seconda	21.10m
7	Adon Sawchuk	Mission Seco	21.23m
8	Spencer Kandt	Abbotsford C	23.40m
9	Bradly Tober	Mission Seco	26.19m
10	James Henn	Abbotsford C	27.05m
11	Damian Panko	Abbotsford C	31.39m
12	Ethan Ludwig	Mei Secondar	37.00m
13	Rajvir Brar	Mei Secondar	42.22m

**Event 113 Men 1500 Meter Race Walk Junior**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Rylan Laurillard	Sardis School	8:33.00
2	Calvin Belanger	Sardis School	8:41.00
3	Maximilian Rodermond	Walnut Grove	8:43.35
4	Shawn Brynjolfson	Walnut Grove	8:55.24
5	Matthew Spoor	Credo Christ	8:58.62
6	Kevin Gao	White Rock C	9:01.57
7	Cayden Arnold	Semiahmoo Se	9:02.58
8	Marcus Hollinger	Clayton Heig	9:02.66
9	Raheem Abdur	Queen Elizab	9:21.00
10	Joshua Chapman	Pacific Acad	9:22.78
11	Donghwa Kim	Clayton Heig	9:25.00
12	Levi Van Egdome	Unity Christ	9:59.30
13	Thomas Lueth	St. John Bre	9:59.33
14	Kabir Bhangu	W.J	10:14.14
15	Markus Simpson	Yale Secondary	10:26.52

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**Event 114 Men 1500 Meter Steeplechase 30" Junior**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Micah Logie	Earl Marriot	4:48.32
2	Pavel Potashov	Semiahmoo Se	5:03.04
3	Jack Hardy	Walnut Grove	4:40.85
4	Matthew Trent	Abbotsford C	5:11.36
5	Atkinson Kuo	Walnut Grove	5:14.30
6	James De Jager	Abbotsford C	5:00.11
7	Darius Mawji	Dr. Charles	4:59.73
8	Maximilian Rodermond	Walnut Grove	5:21.12
9	Sean Murray	White Rock C	5:07.63
10	Nick Raymond	Walnut Grove	4:52.49
11	Daylen Peterson	Walnut Grove	5:14.06
12	Evan Slofstra	White Rock C	5:06.53
13	Devon Meadows	Centennial S	5:11.74
14	Finn Longhurst	Sardis School	4:53.12
15	Gabriel Whittaker	Walnut Grove	5:13.89
16	Greg De Raadt	Unity Christ	5:14.50
17	Brett Kehler	Abbotsford C	5:19.20
18	Carter Stevenson	Maple Ridge	5:03.20
19	Evan Venema	Abbotsford C	5:21.08
20	Isaac Baker	Elgin Park S	4:54.97

**Event 119 Women 100 Meter Dash Gr.8**

<b>8 Advance: Top 2 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Lauren Plummer	Vedder Middl	14.85
2	Shanae Virgo	Lfmss	14.87
3	Kalia Huber	Holy Cross R	14.01
4	Taylor Kleinschmidt	Lord Tweedsm	13.47
5	Tanya Dhanoa	Enver Creek	13.62
6	Shayla Dool	Vedder Middl	14.06
7	Kaitlyn Bay	Mei Middle S	14.35
8	Hattie Lundie	South Delta Scho	14.57
<b>Heat 2 of 3 Prelims</b>			
1	Lexie Ransom	Seaquam	14.68
2	Hannah Rashid	Southpointe	15.68
3	Ella Arnold	South Delta Scho	13.76
4	Kerlinda Chatwin	Surrey Chris	12.82
5	Erin Phillips	Lord Tweedsm	13.72
6	Emery Willis	Hatzic Secon	14.19
7	Rebecca Neufeld	Unity Christ	14.24
8	Diedre Salmon	Abbotsford C	14.64
<b>Heat 3 of 3 Prelims</b>			
1	Mariah Lueth	St. John Bre	14.69
2	Avery MacDonald	Hatzic Secon	14.90
3	Jade Spragge-Putman	Semiahmoo Se	13.90
4	Julia Van De Kamp	Unity Christ	13.45
5	Sophia Schulze	Elgin Park S	13.69
6	Naomi Brown	Abbotsford C	14.12
7	Sahej Sandhu	Seaquam	14.29
8	Naa Osekre	Abbotsford C	14.63

**Event 120 Men 100 Meter Dash Gr.8**

<b>8 Advance: Top 2 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Travis Janzen	Abbotsford C	14.25
2	Ian Huang	Pacific Acad	12.76
3	Owen Jones	Walnut Grove	12.96
4	Jayamuni Silva	Holy Cross R	12.94
5	Jeremiah Francis	Pacific Acad	12.78
6	Robin Li	Meadowridge	13.24
7	Michael Fox	Delta Second	12.89
8	Donavon McKenzie	Yorkson Cree	13.22
<b>Heat 2 of 3 Prelims</b>			
1	Julian Wong	Southpointe	14.02
2	Liam O'Donnell	Clayton Heig	12.12
3	Henry Rhu	White Rock C	13.14
4	Kalvin Singson	Guildford Pa	12.85
5	Bowen Belcher	Maple Ridge	13.32
6	Calib Gruninger	Samuel Rober	12.40
7	Max Ratushny	Archbishop C	14.10
8	Andrew Yuun	Yorkson Cree	13.71
<b>Heat 3 of 3 Prelims</b>			
2	Jace Wiebe	Yorkson Cree	13.16
3	Daniel Malunhao	Guildford Pa	13.00
4	Sandeep Gill	Southpointe	14.25
5	Charleson Cao	Southpointe	14.22
6	Clive Kingma	Unity Christ	14.27
7	Juno Lee	Meadowridge	13.30
8	Sam Weir	South Delta Scho	13.12

**Event 121 Women 200 Meter Dash Gr.8**

<b>8 Advance: Top 2 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Mariah Lueth	St. John Bre	31.96
2	Naa Osekre	Abbotsford C	32.41
3	Julia Van De Kamp	Unity Christ	29.42
4	Tanya Dhanoa	Enver Creek	27.90
5	Taylor Kleinschmidt	Lord Tweedsm	28.26
6	Sara Croy	Southpointe	29.45
7	Brooklyn Pickford	Vedder Middl	31.06
8	Avery MacDonald	Hatzic Secon	31.12
<b>Heat 2 of 3 Prelims</b>			
1	Daisy Kropp	Mei Middle S	31.74
2	Criszel Prado	Walnut Grove	32.58
3	Ella Arnold	South Delta Scho	28.66
4	Sophia Schulze	Elgin Park S	27.69
5	Erin Phillips	Lord Tweedsm	28.32
6	Naomi Brown	Abbotsford C	29.76
7	Hattie Lundie	South Delta Scho	30.34
8	Shanae Virgo	Lfmss	31.26

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**Heat 3 of 3 Prelims...(Event 121 Women 200 Meter Dash**

1	Diedre Salmon	Abbotsford C	31.72
2	Hannah Rashid	Southpointe	33.30
3	Jade Spragge-Putman	Semiahmoo Se	28.63
4	Kerlinda Chatwin	Surrey Chris	26.64
5	Ella Finding	Banting Midd	28.56
6	Ava Lappin	South Delta Scho	29.76
7	Shayla Dool	Vedder Middl	30.21
8	Janine Klopstein	Brookwood	31.31

**Event 122 Men 200 Meter Dash Gr.8****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Lane Name School Seed Time****Heat 1 of 3 Prelims**

3	Daniel Malunhao	Guildford Pa	27.84
4	Owen Jones	Walnut Grove	26.32
5	Jayamuni Silva	Holy Cross R	26.76
6	Jaden Mathew	White Rock C	27.97
7	Robin Li	Meadowridge	28.97
8	Justin Hari	Vedder Middl	29.20

**Heat 2 of 3 Prelims**

3	Kalvin Singson	Guildford Pa	27.45
4	Michael Fox	Delta Second	26.00
5	Ian Huang	Pacific Acad	26.95
6	Nathanael Mihai	Highroad Aca	28.11
7	Gordon Bie	Meadowridge	28.47
8	Soren Corcoran	Westview Sec	29.21

**Heat 3 of 3 Prelims**

2	Tyson Nickel	Unity Christ	30.16
3	Sam Weir	South Delta Scho	27.40
4	Liam O'Donnell	Clayton Heig	25.52
5	Gurkaman Bal	Sullivan Hei	27.21
6	Juno Lee	Meadowridge	28.26
7	Andrew Yuun	Yorkson Cree	28.27
8	Cody Davis	Walnut Grove	29.41

**Event 123 Women 400 Meter Dash Gr.8****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Lane Name School Seed Time****Heat 1 of 3 Prelims**

1	Nange Ekane	Yorkson Cree	1:17.65
2	Emmy Ferland	Agassiz Elem	1:17.67
3	Naomi Brown	Abbotsford C	1:08.53
4	Leah Peters	Panorama Rid	1:02.92
5	Gemma Dumas	South Delta Scho	1:02.93
6	Erin Phillips	Lord Tweedsm	1:09.11
7	Jade Spragge-Putman	Semiahmoo Se	1:11.15
8	Savannah Vander Kooi	Unity Christ	1:11.77

**Heat 2 of 3 Prelims**

1	Rebecca Neufeld	Unity Christ	1:17.38
2	Hannah Rashid	Southpointe	1:18.79
3	Alexis Wiebe	Mei Middle S	1:08.00
4	Claire Nichol	Holy Cross R	1:02.65
5	Katrina Staley	South Delta Scho	1:05.56
6	Bailey Doerksen	Yorkson Cree	1:10.15
7	Catherine Jiang	Elgin Park S	1:11.12
8	Amelia Siemens	Abbotsford C	1:14.26

**Heat 3 of 3 Prelims**

2	Grace Johnston	Garibaldi Se	1:16.01
3	Alana De Jong	Abbotsford C	1:07.99
4	Ella Finding	Banting Midd	1:02.57
5	Rachel Woode	Ecole Salish	1:07.26
6	Jenna Vander Hoek	Unity Christ	1:10.92
7	Audrey Kemp	Earl Marriot	1:11.01
8	Bella Frumento	Lfmss	1:14.97

**Event 124 Men 400 Meter Dash Gr.8****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Lane Name School Seed Time****Heat 1 of 3 Prelims**

3	Daxton Vander Kooi	Unity Christ	1:03.49
4	Tyodus Schroeder	Lfmss	58.29
5	Owen Jones	Walnut Grove	58.79
6	Niam Zbitniff	White Rock C	1:03.68
7	Wasi Muntakim	Guildford Pa	1:06.49
8	Noah Melanson	Yorkson Cree	1:06.75

**Heat 2 of 3 Prelims**

2	Truevine (t'vine) Spence	Pacific Acad	1:08.28
3	Ezra Havas	Holy Cross R	1:02.77
4	Owen Flack	Brookwood	57.77
5	Jeremiah Francis	Pacific Acad	1:01.86
6	Nathanael Mihai	Highroad Aca	1:04.57
7	Cody Davis	Walnut Grove	1:05.80
8	Clive Kingma	Unity Christ	1:07.18

**Heat 3 of 3 Prelims**

2	Jason Zhang	Pacific Acad	1:08.14
3	Travis Janzen	Abbotsford C	1:02.32
4	Boston Migneault	Archbishop C	56.86
5	Kyan Goncalves	Yorkson Cree	1:01.99
6	Andrew Yuun	Yorkson Cree	1:04.80
7	Justin Hari	Vedder Middl	1:04.82
8	Cohen Peters	Pacific Acad	1:07.80

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**Event 125 Women 800 Meter Run Gr.8****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Emma Fang	White Rock C	3:16.97
2	Elise Zerkee	Lfmss	3:20.54
3	Laila Vaissade	Walnut Grove	2:44.91
4	Anka Stefanovic	Southpointe	2:34.47
5	Gemma Dumas	South Delta Scho	2:38.00
6	Ava Lappin	South Delta Scho	2:45.39
7	Jenna Vander Hoek	Unity Christ	3:00.80
8	Janey He	Seaquam	3:02.84

**Heat 2 of 3 Prelims**

1	Bella Frumento	Lfmss	3:13.95
2	Sophie Sumner	Yorkson Cree	3:23.43
3	Alana De Jong	Abbotsford C	2:44.54
4	Rachel Woode	Ecole Salish	2:32.81
5	Katrina Staley	South Delta Scho	2:38.14
6	Danya Sangha	Southpointe	2:45.71
7	Caitlin Granleese	Walnut Grove	3:00.16
8	Audrey Kemp	Earl Marriot	3:03.04

**Heat 3 of 3 Prelims**

2	Nimi Grewal	Tamanawis Se	3:05.40
3	Kayla Stoochnoff	Holy Cross R	2:43.53
4	Claire Nichol	Holy Cross R	2:27.18
5	Sophia Klassen	Vedder Middl	2:43.45
6	Alexa Van Der Flugt	Betty Gilber	2:50.34
7	Jenna Graham	Unity Christ	2:51.40
8	Emmy Ferland	Agassiz Elem	3:04.27

**Event 126 Men 800 Meter Run Gr.8****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

2	Wasi Muntakim	Guildford Pa	2:49.70
3	Rocky Saini	Enver Creek	2:27.24
4	Hudson Irvine	Earl Marriot	2:12.68
5	Trenton Lau	Southpointe	2:18.91
6	Christian Shimmin	Walnut Grove	2:29.04
7	Adam Grim	Credo Christ	2:33.39
8	Tony Qi	Fleetwood Park	2:33.62

**Heat 2 of 3 Prelims**

2	Ben MacLeod	Clayton Heig	2:43.42
3	Dawson Toews	Mei Middle S	2:25.91
4	Boston Migneault	Archbishop C	2:11.95
5	Isaac Humeniuk	Langley Chri	2:22.79
6	Seth Schuurman	Unity Christ	2:29.80
7	Ty Cram	Langley Chri	2:33.36
8	Troy Edwards	Yorkson Cree	2:34.98

**Heat 3 of 3 Prelims**

2	Nick Thomson	Walnut Grove	2:35.74
3	Mekai Baker	Tamanawis Se	2:24.94
4	Caiden Lee	Sail Academy	2:03.60
5	Nathaniel Leroux	Vedder Middl	2:24.14
6	Thomas Stelnicki	Walnut Grove	2:31.60
7	Lucas Field	Hatzic Secon	2:32.83
8	Travis Janzen	Abbotsford C	2:34.99

**Event 127 Women 1500 Meter Run Gr.8**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Mackenzie Hack	Semiahmoo Se	5:09.94
2	Leah Potashova	Semiahmoo Se	5:22.33
3	Kayla Stoochnoff	Holy Cross R	5:27.75
4	Kiera Pemberton	Walnut Grove	5:29.56
5	Sophia Klassen	Vedder Middl	5:35.13
6	Maddie Leaney	Samuel Rober	5:38.31
7	Laila Vaissade	Walnut Grove	5:39.10
8	Danielle Hagyard	HD Stafford	5:46.52
9	Cammie Gudjonson	Chilliwack M	5:46.77
10	Jemma Van Grol	Walnut Grove	5:48.22
11	Caitlin Granleese	Walnut Grove	6:03.16
12	Nadia Weiss	Elgin Park S	6:03.72
13	Sophie Walker	Walnut Grove	6:10.03
14	Janaki Putheth	Lord Tweedsm	6:22.74
15	Emma Fang	White Rock C	6:46.16

**Event 128 Men 1500 Meter Run Gr.8**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	Caiden Lee	Sail Academy	4:20.19
2	Hudson Irvine	Earl Marriot	4:28.73
3	Boston Migneault	Archbishop C	4:45.14
4	Trenton Lau	Southpointe	4:48.24
5	Nathaniel Leroux	Vedder Middl	4:51.46
6	Isaac Humeniuk	Langley Chri	4:52.07
7	Mekai Baker	Tamanawis Se	4:59.64
8	Dawson Toews	Mei Middle S	5:03.99
9	Quinn Goosen	Highroad Aca	5:05.54
10	Rocky Saini	Enver Creek	5:07.44
11	Troy Edwards	Yorkson Cree	5:08.49
12	Thomas Stelnicki	Walnut Grove	5:09.34
13	Ryan Shea	Vedder Middl	5:10.84
14	Jared Huebert	Mei Middle S	5:10.86
15	Adam Grim	Credo Christ	5:11.92
16	Nick Thomson	Walnut Grove	5:13.93
17	Andrew Gunnink	Credo Christ	5:14.13
18	Christian Prost	Holy Cross R	5:20.05
19	Ben MacLeod	Clayton Heig	5:21.17
20	William King	Saint John P	5:21.20
21	Jacob Dueck	Sands Second	5:43.99

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**Event 129 Women 3000 Meter Run Gr.8**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Mackenzie Hack	Semiahmoo Se	11:19.72
2	Leah Potashova	Semiahmoo Se	11:34.84
3	Sophia Klassen	Vedder Middl	11:55.71
4	Kayla Stoochnoff	Holy Cross R	11:58.13
5	Julia Meszarus	Walnut Grove	12:26.99
6	Alaina Zhang	Southpointe	12:56.84
7	Alexa Van Der Flugt	Betty Gilber	13:01.48
8	Sophie Walker	Walnut Grove	13:22.82

**Event 130 Men 3000 Meter Run Gr.8**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Caiden Lee	Sail Academy	9:37.18
2	Hudson Irvine	Earl Marriot	10:10.09
3	Nathaniel Leroux	Vedder Middl	10:25.57
4	Trenton Lau	Southpointe	10:26.43
5	Isaac Humeniuk	Langley Chri	10:29.21
6	Troy Edwards	Yorkson Cree	10:39.94
7	Christian Shimmin	Walnut Grove	10:46.31
8	Andrew Gunnink	Credo Christ	10:50.74
9	Mekai Baker	Tamanawis Se	10:53.65
10	Dawson Toews	Mei Middle S	10:54.52
11	Ryan Shea	Vedder Middl	11:02.89
12	Nick Thomson	Walnut Grove	11:08.53
13	Cody Davis	Walnut Grove	11:09.97
14	Tyler Blad	Maple Ridge	11:14.13
15	Jacob Wynker	Agassiz Elem	11:14.67
16	Jase Hathaway	Mei Middle S	11:24.79
17	Mattais Medeiros	Sands Second	11:41.04
18	Devin Sidhu	Southridge S	11:44.69
19	Jacob Dueck	Sands Second	11:48.29
20	Marcus Berner	Saint John P	12:08.59
21	Lukas Brunke	Elgin Park S	13:42.71

**Event 131 Women 80 Meter Hurdles 30" Gr.8****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
2	Emma Fang	White Rock C	21.78
3	Violet Vanderkooi	Abbotsford C	16.67
4	Olivia Stettler	Highroad Aca	15.42
5	Faith Minderhoud	Credo Christ	15.51
6	Janine Klopstein	Brookwood	16.70
7	Rya Roberts	Hatzic Secon	17.39
8	Lily Currie	Maple Ridge	17.63

**Heat 2 of 2 Prelims**

2	Elena Hu	White Rock C	19.97
3	Amelia Siemens	Abbotsford C	15.98
4	Leah Peters	Panorama Rid	13.52
5	Kiera Pemberton	Walnut Grove	15.71
6	Samantha Sayco	Princess Mar	16.74
7	Ghita Adnane	Princess Mar	16.84
8	Madison Fabbrie	Princess Mar	17.88

**Event 132 Men 100 Meter Hurdles 33" Gr.8****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
3	Nathanael Mihai	Highroad Aca	18.83
4	Soren Corcoran	Westview Sec	17.89
5	Aidan Turner	South Delta Scho	17.95
6	Raiden Coloma	St. John Bre	19.75
7	Cayden McEachern	Unity Christ	22.27
8	Liam Nickel	Abbotsford C	22.67
<b>Heat 2 of 2 Prelims</b>			
3	Allan Yi	Yorkson Cree	18.21
4	Divine Aniamaka	Pacific Acad	17.26
5	Campbell Sayers	Abbotsford C	18.10
6	Rylan Elson	Mei Middle S	19.82
7	Harry Xie	White Rock C	21.93
8	Marcus Berner	Saint John P	21:15.00

**Event 133 Women 200 Meter Hurdles 30" Gr.8**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Madison Fabbrie	Princess Mar	42.57
2	Zainab Mir	Princess Mar	45.43
3	Hannah Wood	Mei Middle S	38.62
4	Kaitlin Walsh	Princess Mar	37.88
5	Elena Hu	White Rock C	37.99
6	Brianna Hoogland	Abbotsford C	39.30
7	Sophie Sumner	Yorkson Cree	39.93
8	Chioma Obi Nzeadibe	Princess Mar	40.71
<b>Section 2 of 2 Finals</b>			
1	Lianne Tuin	Abbotsford C	36.15
2	Amelia Siemens	Abbotsford C	36.32
3	Olivia Stettler	Highroad Aca	34.40
4	Leah Peters	Panorama Rid	30.37
5	Madison Gordon	Yorkson Cree	31.56
6	Faith Minderhoud	Credo Christ	34.47
7	Violet Vanderkooi	Abbotsford C	35.72
8	Ghita Adnane	Princess Mar	36.09

**Event 134 Men 200 Meter Hurdles 30" Gr.8**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Rylan Elson	Mei Middle S	34.57
4	Chima Obi Nzeadibe	Princess Mar	32.66
5	Noah Melanson	Yorkson Cree	33.13

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## Section 2 of 2 Finals...(Event 134 Men 200 Meter Hurdles

3	Divine Aniamaka	Pacific Acad	31.53
4	Aidan Turner	South Delta Scho	28.90
5	Quinn Goosen	Highroad Aca	31.37
6	Jaden Mathew	White Rock C	31.86
7	Niam Zbitniff	White Rock C	32.33
8	Campbell Sayers	Abbotsford C	32.59

## Event 135 Women High Jump Gr.8

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Lillie Wiebe	Vedder Middl	1.25m
2	Emmy Ferland	Agassiz Elem	1.25m
3	Brianna Hoogland	Abbotsford C	1.25m
4	Nadia Weiss	Elgin Park S	1.25m
5	Jenna Vander Hoek	Unity Christ	1.25m
6	Alexa Van Der Flugt	Betty Gilber	1.30m
7	Kenzie Dalphond	Yorkson Cree	1.30m
8	Madison Gordon	Yorkson Cree	1.30m
9	Michaela Carroll	Queen Elizab	1.30m
10	Violet Vanderkooi	Abbotsford C	1.35m
11	Kate Hwang	Elgin Park S	1.35m
12	Gabriella Batke	Regent Chris	1.40m
13	Kiera Pemberton	Walnut Grove	1.40m
14	Marissa Bradley	Hatzic Secon	1.40m
15	Kayla Schuurman	Abbotsford C	1.40m
16	Shayla Dool	Vedder Middl	1.40m

## Event 136 Men High Jump Gr.8

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Alec Delfin	Holy Cross R	1.25m
2	Joseph Peragine	Maple Ridge	1.30m
3	Quintin Stevenson	Samuel Rober	1.30m
4	Quinn Goosen	Highroad Aca	1.35m
5	Karson Berg	Maple Ridge	1.35m
6	Wasi Muntakim	Guildford Pa	1.35m
7	Vasudev Rajeeve	Fleetwood Park	1.35m
8	Dominic Maddalozzo	Archbishop C	1.40m
9	Truevine (t'vine) Spence	Pacific Acad	1.40m
10	Cohen Peters	Pacific Acad	1.40m
11	Niam Zbitniff	White Rock C	1.40m
12	Campbell Sayers	Abbotsford C	1.45m
13	Elijah Nickel	Mei Middle S	1.45m
14	Trevor Matthysen	Hatzic Secon	1.45m
15	Benjamin Carr	Elgin Park S	1.50m
16	Gordon Bie	Meadowridge	1.50m
17	Owen Flack	Brookwood	1.50m
18	Allan Yi	Yorkson Cree	1.55m

## Event 137 Women Long Jump Gr.8

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Victoria Moldovan	Southpointe	2.60m
2	Yazmine Grewal	Southpointe	2.88m
3	Mahleah Gaertner	Lfmss	3.82m
4	Lillie Wiebe	Vedder Middl	3.83m
5	Bailey Doerksen	Yorkson Cree	3.84m
6	Alana De Jong	Abbotsford C	3.87m
7	Kaitlin Walsh	Princess Mar	3.88m
8	Danielle Hagyard	HD Stafford	3.89m
9	Caris Hjorth	Lord Tweedsm	3.90m
10	Kayla Schuurman	Abbotsford C	3.94m
11	Brynne Feunekes	Credo Christ	3.95m
12	Tricia Cacho	Guildford Pa	3.97m
13	Kate Hwang	Elgin Park S	3.98m
14	Lauren Plummer	Vedder Middl	3.98m
15	Madison Gordon	Yorkson Cree	4.03m
16	Kaitlyn Bay	Mei Middle S	4.07m
17	Olivia Stettler	Highroad Aca	4.23m
18	Elise Dobie	Maple Ridge	4.23m
19	Taylor Kleinschmidt	Lord Tweedsm	4.25m
20	Sahej Sandhu	Seaquam	4.27m
21	Samantha Sayco	Princess Mar	4.31m
22	Gemma Dumas	South Delta Scho	4.33m
23	Kerlinda Chatwin	Surrey Chris	4.57m

## Event 138 Men Long Jump Gr.8

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Marcos Franco	Archbishop C	3.85m
2	Kaleb Peepchuk	Princess Mar	3.87m
3	Andy Papadopoulos	Sands Second	4.00m
4	Levi Meggait	Abbotsford C	4.22m
5	Yut Yuot	Betty Gilber	4.27m
6	Diego Barona	Archbishop C	4.30m
7	Wyatt Fleming	Betty Gilber	4.33m
8	Tony Qi	Fleetwood Park	4.34m
9	Sandeep Gill	Southpointe	4.37m
10	Oliver Vaz	Betty Gilber	4.40m
11	Jaden Medynski	Betty Gilber	4.41m
12	Jayamuni Silva	Holy Cross R	4.52m
13	Charleson Cao	Southpointe	4.54m
14	Dominic Maddalozzo	Archbishop C	4.57m
15	Daxton Vander Kooi	Unity Christ	4.60m
16	Trentin Vuong	Abbotsford C	4.63m
17	Clive Kingma	Unity Christ	4.63m
18	Aiden Brandsma	Abbotsford C	4.65m
19	Spencer Gibbs	Pacific Acad	4.68m
20	Damon Onderwater	Credo Christ	4.73m
21	Robin Li	Meadowridge	4.76m
22	Luke Wilson	Langley Chri	21.05m



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**Event 139 Women Javelin Throw 500 gr Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Maya Sanger	Earl Marriot	8.87m
2	Chioma Obi Nzeadibe	Princess Mar	9.51m
3	Marley Bridger	Earl Marriot	9.60m
4	Johari Dixon	Queen Elizab	11.71m
5	Harjas Chahal	Tamanawis Se	11.89m
6	Trinitee Okoye	Pacific Acad	13.47m
7	Kyra Ganske	AD Rundle Mi	16.01m
8	Faith Minderhoud	Credo Christ	16.41m
9	Asia Mazereeuw	Vedder Middl	17.22m
10	Kenzie Dalphond	Yorkson Cree	17.46m
11	Olivia Brand	Langley Chri	17.53m
12	Samantha Loeppky	Highroad Aca	17.94m
13	Rachel Draaistra	Abbotsford C	18.24m
14	Jenna Graham	Unity Christ	18.67m
15	Angelica Kornelius	Unity Christ	18.92m
16	Lianne Tuin	Abbotsford C	19.77m
17	Kendra Dewolde	Abbotsford C	19.88m
18	Lily Gunold	AD Rundle Mi	20.03m
19	Mackenzie Hack	Semiahmoo Se	24.56m

**Event 140 Men Javelin Throw 600 gr Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Justin Roop	Southpointe	15.37m
2	Vasudev Rajeeve	Fleetwood Park	15.79m
3	Chima Obi Nzeadibe	Princess Mar	16.32m
4	Gurshawn Dhillon	Queen Elizab	17.47m
5	John Tacla	Burnsview Se	18.73m
6	Lukas Brunke	Elgin Park S	19.99m
7	Samuel (tianren) Huang	Pacific Acad	20.18m
8	Jacob Zhang	Southpointe	20.24m
9	Luke Wilson	Langley Chri	21.05m
10	Kyan Goncalves	Yorkson Cree	21.12m
11	Quintin Stevenson	Samuel Rober	21.28m
12	Kaleb Peepchuk	Princess Mar	23.53m
13	Trevor Matthysen	Hatzic Secon	23.85m
14	Sam Gerbrand	Hatzic Secon	23.99m
15	Kegan Atsma	Abbotsford C	24.50m
16	Aya Sugiyama	Vedder Middl	25.60m
17	Mackenzie Dorman	Langley Chri	25.71m
18	Teagen Renaerts	Highroad Aca	26.40m
19	Cayden McEachern	Unity Christ	26.45m
20	Seth Schuurman	Unity Christ	28.41m
21	Aidan Turner	South Delta Scho	28.97m
22	Jace Wiebe	Yorkson Cree	38.46m

**Event 141 Women Shot Put 3 kg Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Victoria Moldovan	Southpointe	6.12m
2	Sky Spink	Sands Second	6.35m
3	Avery Shin	Southpointe	6.52m
4	Sanjam Kaur	Fleetwood Park	6.83m
5	Montana Dickson	Johnston Hei	6.97m
6	Husna Amarkhil	Tamanawis Se	7.18m
7	Trinitee Okoye	Pacific Acad	7.20m
8	Kaitlin Walsh	Princess Mar	7.38m
9	Haleena Bhandhal	Dasmesh Punj	7.69m
10	Angelica Kornelius	Unity Christ	7.69m
11	Julia Van De Kamp	Unity Christ	7.73m
12	Ava Greenhalgh	Mei Middle S	7.73m
13	Reggie Wiebe	Mei Middle S	7.76m
14	Lianne Tuin	Abbotsford C	8.01m
15	Marissa Bitter	Mei Middle S	8.14m
16	Hannah Wood	Mei Middle S	8.45m
17	Lauren Hewstan	Southridge S	8.69m
18	Kendra Dewolde	Abbotsford C	8.80m
19	Asia Mazereeuw	Vedder Middl	8.83m
20	Alexis Wiebe	Mei Middle S	8.98m
21	Sara Croy	Southpointe	9.43m
22	Olivia Brand	Langley Chri	9.53m
23	Keerat Dhillon	North Delta	9.55m
24	Lindsay Cyr	Ecole Salish	11.05m

**Event 142 Men Shot Put 4 kg Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Adit Vij	Yorkson Cree	6.36m
2	Connor Turnbull	Maple Ridge	6.57m
3	Tyler Vanderveen	Abbotsford C	7.09m
4	Ben MacLeod	Clayton Heig	7.53m
5	Julian Wong	Southpointe	7.64m
6	Gurshawn Dhillon	Queen Elizab	8.03m
7	Harshdeep Jakhu	Yorkson Cree	8.35m
8	Sandeep Gill	Southpointe	8.73m
9	Teagen Renaerts	Highroad Aca	8.76m
10	Justin Roop	Southpointe	8.87m
11	Levi Goodwin	Highroad Aca	8.90m
12	Samuel (tianren) Huang	Pacific Acad	8.90m
13	Jessie Nystrom	Guildford Pa	8.90m
14	Kegan Atsma	Abbotsford C	8.92m
15	Aiden Brandsma	Abbotsford C	9.11m
16	Liam England	Chilliwack M	9.38m
17	Jacob Zhang	Southpointe	9.49m
18	Mackenzie Dorman	Langley Chri	9.80m
19	Noah Del Rosario	Sands Second	10.29m
20	Michael Baars	Abbotsford C	10.50m
21	Evander Sandhu	Delview Seco	10.87m
22	Ryan Cyr	Ecole Salish	13.13m

## 2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019

Macleod Athletic Park, Langley

## Meet Program

**Event 143 Women Discus Throw 1 kg Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Elise Levangie	Holy Cross R	16.46m
2	Reggie Wiebe	Mei Middle S	18.25m
3	Lily Gunold	AD Rundle Mi	16.97m
4	Janelle Shumey	Langley Chri	20.23m
5	Montana Dickson	Johnston Hei	15.93m
6	Haleena Bhandhal	Dasmesh Punj	18.41m
7	Claire Bajen	Holy Cross R	16.43m
8	Sukhman Ranu	Lord Tweedsm	15.52m
9	Elin Estifan	Holy Cross R	14.91m
10	Ava Greenhalgh	Mei Middle S	18.28m
11	Asia Mazereeuw	Vedder Middl	20.80m
12	Heather Trocher	Fleetwood Park	16.41m
13	Trinitee Okoye	Pacific Acad	16.67m
14	Jenna Graham	Unity Christ	16.46m
15	Olivia Brand	Langley Chri	17.54m
16	Abby Adams	Walnut Grove	22.36m
17	Marissa Bitter	Mei Middle S	16.63m
18	Keerat Dhillon	North Delta	26.08m
19	Hannah Wood	Mei Middle S	19.97m
20	Joanna Wang	Abbotsford C	16.53m

**Event 144 Men Discus Throw 1 kg Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Evander Sandhu	Delview Seco	22.95m
2	Brackton Keller	Langley Chri	20.32m
3	Samuel (tianren) Huang	Pacific Acad	18.98m
4	Vasudev Rajeeve	Fleetwood Park	27.02m
5	Jovan Dhillon	North Delta	29.69m
6	Jasper Shea	Vedder Middl	18.70m
7	Alex Lee	Semiahmoo Se	24.60m
8	Evan Howe	Lord Tweedsm	19.28m
9	Harshdeep Jakhu	Yorkson Cree	20.64m
10	Kegan Atsma	Abbotsford C	27.50m
11	Rylan Elson	Mei Middle S	21.17m
12	Jessie Nystrom	Guildford Pa	14.04m
13	Liam England	Chilliwack M	26.00m
14	Gabriel Smith	Maple Ridge	22.30m
15	Trevor Matthysen	Hatzic Secon	21.22m
16	Gurshawn Dhillon	Queen Elizab	20.40m
17	Adit Vij	Yorkson Cree	18.96m
18	Mackenzie Dornan	Langley Chri	19.37m
19	Aya Sugiyama	Vedder Middl	19.58m
20	Noah Del Rosario	Sands Second	30.03m
21	Michael Baars	Abbotsford C	21.50m

**Event 145 Women 4x100 Meter Relay Gr.8**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	South Delta Scho	A	1:05.23
2	Southpointe	A	1:07.44
3	Lfmss	A	59.14
4	Abbotsford C	B	58.43
5	Walnut Grove	A	58.74
6	Princess Mar	A	59.56
7	Enver Creek	A	59.57
8	Semiahmoo Se	A	1:01.16
<b>Section 2 of 2 Finals</b>			
1	Hatzic Secon	A	56.96
2	Seaquam	A	58.31
3	Holy Cross R	A	56.25
4	Lord Tweedsm	A	56.01
5	Vedder Middl	A	56.20
6	Abbotsford C	A	56.51
7	Mei Middle S	A	56.59
8	Unity Christ	A	56.82

**Event 146 Men 4x100 Meter Relay Gr.8**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
2	Archbishop C	A	56.61
3	Holy Cross R	B	55.67
4	Langley Chri	A	55.69
5	Lfmss	A	56.72
6	Sands Second	A	56.79
7	Abbotsford C	B	57.95
<b>Section 2 of 2 Finals</b>			
1	Abbotsford C	A	54.79
2	Unity Christ	A	54.90
3	Yorkson Cree	A	52.14
4	Pacific Acad	A	51.41
5	Holy Cross R	A	51.57
6	Walnut Grove	A	52.24
7	Meadowridge	A	53.08
8	Guildford Pa	A	53.14

**Event 147 Women 4x400 Meter Relay Gr.8**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Seaquam	A	5:12.87
4	Walnut Grove	A	5:03.97
5	Lord Tweedsm	A	5:02.93
6	Semiahmoo Se	A	5:35.45
7	Princess Mar	A	5:09.62
<b>Section 2 of 2 Finals</b>			
3	Unity Christ	A	4:41.23
4	Abbotsford C	A	4:30.77
5	South Delta Scho	A	4:34.74
6	Vedder Middl	A	4:52.40
7	Abbotsford C	B	4:54.64

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## Meet Program

**Event 148 Men 4x400 Meter Relay Gr.8**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Pacific Acad	A	4:42.49
4	Yorkson Cree	A	4:35.28
5	Credo Christ	A	4:40.12
6	Guildford Pa	A	4:45.82
<b>Section 2 of 2 Finals</b>			
3	Abbotsford C	A	4:25.41
4	Walnut Grove	A	4:21.02
5	Unity Christ	A	4:21.76
6	Holy Cross R	A	4:26.93
7	White Rock C	A	4:29.04
8	Langley Chri	A	4:29.77

**Event 149 Men Triple Jump Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Jacob Dueck	Sands Second	8.26m
2	Andy Papadopoulos	Sands Second	8.31m
3	Mattais Medeiros	Sands Second	8.90m
4	Rylee Cartwright	Betty Gilber	9.09m
5	Elijah Nickel	Mei Middle S	9.19m
6	Damon Onderwater	Credo Christ	9.39m
7	Jaden Medynski	Betty Gilber	9.40m
8	Cayden McEachern	Unity Christ	9.42m
9	Dominic Maddalozzo	Archbishop C	9.45m
10	Dylan Grim	Credo Christ	9.46m
11	Oliver Vaz	Betty Gilber	9.47m
12	Charleson Cao	Southpointe	9.50m
13	Daxton Vander Kooi	Unity Christ	9.50m
14	Cohen Peters	Pacific Acad	9.66m
15	Julian Wong	Southpointe	9.66m
16	Spencer Gibbs	Pacific Acad	9.73m
17	Trentin Vuong	Abbotsford C	9.81m
18	Jason Zhang	Pacific Acad	9.93m
19	Aiden Brandsma	Abbotsford C	10.38m
20	Allan Yi	Yorkson Cree	10.56m
21	Divine Aniamaka	Pacific Acad	11.59m

**Event 150 Women Triple Jump Gr.8**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Victoria Moldovan	Southpointe	6.70m
2	Yazmine Grewal	Southpointe	6.81m
3	Julia Nunes	Unity Christ	7.44m
4	Savannah Vander Kooi	Unity Christ	7.94m
5	Tricia Cacho	Guildford Pa	8.01m
6	Marissa Bitter	Mei Middle S	8.21m
7	Michaela Carroll	Queen Elizab	8.28m
8	Kiera Castellani	Abbotsford C	8.30m
9	Julia Ewert	Lord Tweedsm	8.50m
10	Sara Croy	Southpointe	8.64m
11	Sophia Schulze	Elgin Park S	9.01m
12	Samantha Sayco	Princess Mar	9.05m
13	Caris Hjorth	Lord Tweedsm	9.08m
14	Kendra Dewolde	Abbotsford C	9.15m
15	Kaitlyn Bay	Mei Middle S	9.19m
16	Kate Hwang	Elgin Park S	9.25m
17	Kayla Schuurman	Abbotsford C	9.35m

**Event 151 Boys 100 Meter Dash Special Olym Special Olympics**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Aneil Kullar	Semiahmoo Se	19.16
4	Ryland Mallari	North Delta	14.20
5	Jonathan Boutilier	Unity Christ	18.81

**Event 153 Boys Shot Put Special Olym Special Olympics**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Jonathan Boutilier	Unity Christ	5.18m
2	K'Nyaw Saw	Fleetwood Park	3.25m
3	Ryland Mallari	North Delta	7.41m
4	John Benedict Diego	Saint John P	6.92m

**Event 160 Boys 400 Meter Dash Special Olym Special Olympics**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Yuto Miyazaki	Earl Marriot	1:43.62
4	Ryland Mallari	North Delta	1:06.46
5	Jonathan Boutilier	Unity Christ	1:17.33

