

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Abbotsford Christian School (ABCS)**

1. Kegan Atsma - Male - Comp#: 1 - Ind/Rel: 3 / 0			
#140 Men Javelin Throw 600 gr Gr.8	24.50m	1/15	5/16/2019
#142 Men Shot Put 4 kg Gr.8	8.92m	1/14	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	27.50m	1/10	5/14/2019
2. Rachel Atsma - Female - Comp#: 2 - Ind/Rel: 2 / 0			
#57 Women Triple Jump Junior	9.71m	1/19	5/13/2019
#81 Women Long Jump Junior	4.24m	1/14	5/16/2019
3. Faith Baars - Female - Comp#: 3 - Ind/Rel: 2 / 0			
#78 Women Hammer Throw 4 kg Senior	22.18m	1/4	5/16/2019
#94 Women Shot Put 4 kg Senior	6.66m	1/3	5/14/2019
4. Michael Baars - Male - Comp#: 4 - Ind/Rel: 2 / 0			
#142 Men Shot Put 4 kg Gr.8	10.50m	1/20	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	21.50m	1/21	5/14/2019
5. Yelissa Beugelink - Female - Comp#: 5 - Ind/Rel: 2 / 0			
#78 Women Hammer Throw 4 kg Senior	32.82m	1/8	5/16/2019
#94 Women Shot Put 4 kg Senior	8.01m	1/13	5/14/2019
6. Aiden Brandsma - Male - Comp#: 6 - Ind/Rel: 3 / 0			
#138 Men Long Jump Gr.8	4.65m	1/18	5/14/2019
#142 Men Shot Put 4 kg Gr.8	9.11m	1/15	5/13/2019
#149 Men Triple Jump Gr.8	10.38m	1/19	5/13/2019
7. Cassie Brandsma - Female - Comp#: 7 - Ind/Rel: 1 / 0			
#70 Women High Jump Senior	1.55m	1/10	5/16/2019
8. Cole Brandsma - Male - Comp#: 8 - Ind/Rel: 2 / 0			
#65 Men Triple Jump Senior	12.25m	1/15	5/14/2019
#111 Men High Jump Senior	1.90m	1/9	5/13/2019
9. Drew Brandsma - Male - Comp#: 9 - Ind/Rel: 1 / 0			
#90 Men Long Jump Senior	5.93m	1/23	5/14/2019
10. Johannah Brandsma - Female - Comp#: 10 - Ind/Rel: 3 / 0			
#49 Women 200 Meter Dash Senior Prelims	29.74	2/8	5/16/2019
#64 Women Long Jump Senior	3.81m	1/3	5/13/2019
#89 Women Triple Jump Senior	9.54m	1/12	5/14/2019
11. Raya Brandsma - Female - Comp#: 11 - Ind/Rel: 3 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	13.14	2/4	5/16/2019
#57 Women Triple Jump Junior	9.49m	1/17	5/13/2019
#103 Women 300 Meter Hurdles Junior	55.85	1/4	5/14/2019
12. Sarah Breukelman - Female - Comp#: 12 - Ind/Rel: 2 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	20.92	2/8	5/16/2019
#73 Women Pole Vault Senior	1.90m	1/2	5/16/2019
13. Naomi Brown - Female - Comp#: 13 - Ind/Rel: 3 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	14.12	3/6	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	29.76	2/6	5/16/2019
#123 Women 400 Meter Dash Gr.8 Prelims	1:08.53	1/3	5/13/2019
14. Josh Bruinsma - Male - Comp#: 14 - Ind/Rel: 2 / 0			
#66 Men Discus Throw 1.75 kg Senior	20.60m	1/5	5/13/2019
#100 Men Shot Put 6 kg Senior	9.30m	1/3	5/16/2019
15. Liv Bullett - Female - Comp#: 15 - Ind/Rel: 1 / 0			
#109 Women 1500 Meter Race Walk Junior	9:03.39	1/2	5/13/2019
16. David Cannon - Male - Comp#: 16 - Ind/Rel: 1 / 0			
#88 Men Javelin Throw 700 gram Junior	33.85m	1/20	5/13/2019

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17.	Evan Castellani - Male - Comp#: 17 - Ind/Rel: 2 / 0			
	#10 Men 400 Meter Run Senior Prelims	53.70	2/3	5/13/2019
	#110 Men 400 Meter Hurdles Senior	1:00.50	2/5	5/14/2019
18.	Kiera Castellani - Female - Comp#: 18 - Ind/Rel: 1 / 0			
	#150 Women Triple Jump Gr.8	8.30m	1/8	5/16/2019
19.	Levi De Greeff - Male - Comp#: 19 - Ind/Rel: 1 / 0			
	#44 Men 1500 Meter Race Walk Senior	8:46.18	1/3	5/13/2019
20.	Emily De Jager - Female - Comp#: 20 - Ind/Rel: 3 / 0			
	#3 Women 1500 Meter Steeplechase 30" Junior	5:51.27	1/3	5/16/2019
	#11 Women 1500 Meter Run Junior	5:23.78	1/9	5/14/2019
	#51 Women 3000 Meter Run Junior	11:31.34	1/4	5/13/2019
21.	James De Jager - Male - Comp#: 21 - Ind/Rel: 3 / 0			
	#12 Men 1500 Meter Run Junior	4:35.41	1/7	5/14/2019
	#52 Men 3000 Meter Run Junior	9:47.98	1/3	5/13/2019
	#114 Men 1500 Meter Steeplechase 30" Junior	5:00.11	1/6	5/16/2019
22.	Alana De Jong - Female - Comp#: 22 - Ind/Rel: 3 / 0			
	#123 Women 400 Meter Dash Gr.8 Prelims	1:07.99	3/3	5/13/2019
	#125 Women 800 Meter Run Gr.8 Prelims	2:44.54	2/3	5/16/2019
	#137 Women Long Jump Gr.8	3.87m	1/6	5/14/2019
23.	Kacey De Jong - Female - Comp#: 23 - Ind/Rel: 3 / 0			
	#57 Women Triple Jump Junior	8.71m	1/9	5/13/2019
	#75 Women Javelin Throw 500 gram Junior	21.37m	1/9	5/13/2019
	#81 Women Long Jump Junior	4.15m	1/11	5/16/2019
24.	Kendra Dewolde - Female - Comp#: 24 - Ind/Rel: 3 / 0			
	#139 Women Javelin Throw 500 gr Gr.8	19.88m	1/17	5/14/2019
	#141 Women Shot Put 3 kg Gr.8	8.80m	1/18	5/13/2019
	#150 Women Triple Jump Gr.8	9.15m	1/14	5/16/2019
25.	Rachel Draaistra - Female - Comp#: 25 - Ind/Rel: 1 / 0			
	#139 Women Javelin Throw 500 gr Gr.8	18.24m	1/13	5/14/2019
26.	Jaelyn Dragt - Female - Comp#: 26 - Ind/Rel: 2 / 0			
	#64 Women Long Jump Senior	4.17m	1/10	5/13/2019
	#89 Women Triple Jump Senior	9.55m	1/13	5/14/2019
27.	Jacinda Fleming - Female - Comp#: 27 - Ind/Rel: 3 / 0			
	#29 Women 100 Meter Dash Junior Prelims	13.86	1/7	5/14/2019
	#47 Women 200 Meter Dash Junior Prelims	29.68	2/1	5/16/2019
	#81 Women Long Jump Junior	3.96m	1/4	5/16/2019
28.	Blake Flikkema - Male - Comp#: 28 - Ind/Rel: 1 / 0			
	#100 Men Shot Put 6 kg Senior	12.10m	1/19	5/16/2019
29.	Riley Hall - Male - Comp#: 29 - Ind/Rel: 2 / 0			
	#34 Men 2000 Meter Steeplechase 33" Senior	6:38.78	1/3	5/16/2019
	#54 Men 3000 Meter Run Senior	9:55.66	1/5	5/13/2019
30.	James Henn - Male - Comp#: 30 - Ind/Rel: 3 / 0			
	#60 Men Javelin Throw 800 gram Senior	41.80m	1/14	5/14/2019
	#100 Men Shot Put 6 kg Senior	10.83m	1/17	5/16/2019
	#112 Men Hammer Throw 6 kg Senior	27.05m	1/10	5/16/2019
31.	Brianna Hoogland - Female - Comp#: 31 - Ind/Rel: 2 / 0			
	#133 Women 200 Meter Hurdles 30" Gr.8	39.30	1/6	5/14/2019
	#135 Women High Jump Gr.8	1.25m	1/3	5/13/2019

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32. Erin Howard - Female - Comp#: 32 - Ind/Rel: 1 / 0 #105 Women 400 Meter Hurdles Senior	1:19.81	2/3	5/14/2019
33. Travis Janzen - Male - Comp#: 33 - Ind/Rel: 3 / 0 #120 Men 100 Meter Dash Gr.8 Prelims	14.25	1/1	5/14/2019
#124 Men 400 Meter Dash Gr.8 Prelims	1:02.32	3/3	5/13/2019
#126 Men 800 Meter Run Gr.8 Prelims	2:34.99	3/8	5/16/2019
34. Lexie Kampman - Female - Comp#: 34 - Ind/Rel: 3 / 0 #86 Women Pole Vault Junior	2.10m	1/1	5/16/2019
#97 Women High Jump Junior	1.45m	1/11	5/14/2019
#103 Women 300 Meter Hurdles Junior	51.84	2/8	5/14/2019
35. Spencer Kandt - Male - Comp#: 35 - Ind/Rel: 3 / 0 #66 Men Discus Throw 1.75 kg Senior	27.43m	1/13	5/13/2019
#100 Men Shot Put 6 kg Senior	9.98m	1/9	5/16/2019
#112 Men Hammer Throw 6 kg Senior	23.40m	1/8	5/16/2019
36. Brett Kehler - Male - Comp#: 36 - Ind/Rel: 2 / 0 #12 Men 1500 Meter Run Junior	4:54.40	1/21	5/14/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:19.20	1/17	5/16/2019
37. Juane Klaus - Female - Comp#: 37 - Ind/Rel: 2 / 0 #11 Women 1500 Meter Run Junior	5:03.66	1/3	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:29.12	1/4	5/16/2019
38. Spencer Langelaar - Male - Comp#: 38 - Ind/Rel: 1 / 0 #82 Men Triple Jump Junior	12.52m	1/23	5/14/2019
39. Mikaela Letourneau - Female - Comp#: 39 - Ind/Rel: 1 / 0 #78 Women Hammer Throw 4 kg Senior	12.96m	1/2	5/16/2019
40. Levi Meggait - Male - Comp#: 40 - Ind/Rel: 1 / 0 #138 Men Long Jump Gr.8	4.22m	1/4	5/14/2019
41. Landon Morrow - Male - Comp#: 41 - Ind/Rel: 1 / 0 #82 Men Triple Jump Junior	10.24m	1/4	5/14/2019
42. Liam Nickel - Male - Comp#: 42 - Ind/Rel: 1 / 0 #132 Men 100 Meter Hurdles 33" Gr.8 Prelims	22.67	1/8	5/16/2019
43. Eileen Noordam - Female - Comp#: 43 - Ind/Rel: 3 / 0 #57 Women Triple Jump Junior	8.88m	1/12	5/13/2019
#62 Women Shot Put 3 kg Junior	9.90m	1/19	5/14/2019
#103 Women 300 Meter Hurdles Junior	55.63	2/2	5/14/2019
44. Logan Onderwater - Male - Comp#: 44 - Ind/Rel: 2 / 0 #71 Men Pole Vault Senior	3.70m	1/5	5/16/2019
#90 Men Long Jump Senior	5.47m	1/13	5/14/2019
45. Naa Osekre - Female - Comp#: 45 - Ind/Rel: 2 / 0 #119 Women 100 Meter Dash Gr.8 Prelims	14.63	3/8	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	32.41	1/2	5/16/2019
46. Damian Panko - Male - Comp#: 46 - Ind/Rel: 3 / 0 #60 Men Javelin Throw 800 gram Senior	30.85m	1/3	5/14/2019
#66 Men Discus Throw 1.75 kg Senior	34.62m	1/20	5/13/2019
#112 Men Hammer Throw 6 kg Senior	31.39m	1/11	5/16/2019
47. Jakob Radatzke - Male - Comp#: 47 - Ind/Rel: 1 / 0 #83 Men Hammer Throw 5 kg Junior	16.27m	1/3	5/16/2019
48. Diedre Salmon - Female - Comp#: 48 - Ind/Rel: 2 / 0 #119 Women 100 Meter Dash Gr.8 Prelims	14.64	2/8	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	31.72	3/1	5/16/2019

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49. Campbell Sayers - Male - Comp#: 49 - Ind/Rel: 3 / 0			
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	18.10	2/5	5/16/2019
#134 Men 200 Meter Hurdles 30" Gr.8	32.59	2/8	5/14/2019
#136 Men High Jump Gr.8	1.45m	1/12	5/14/2019
50. Kayla Schuurman - Female - Comp#: 50 - Ind/Rel: 3 / 0			
#135 Women High Jump Gr.8	1.40m	1/15	5/13/2019
#137 Women Long Jump Gr.8	3.94m	1/10	5/14/2019
#150 Women Triple Jump Gr.8	9.35m	1/17	5/16/2019
51. Amelia Siemens - Female - Comp#: 51 - Ind/Rel: 3 / 0			
#123 Women 400 Meter Dash Gr.8 Prelims	1:14.26	2/8	5/13/2019
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	15.98	2/3	5/16/2019
#133 Women 200 Meter Hurdles 30" Gr.8	36.32	2/2	5/14/2019
52. Camryn Spyksma - Female - Comp#: 52 - Ind/Rel: 1 / 0			
#109 Women 1500 Meter Race Walk Junior	9:55.26	1/6	5/13/2019
53. Jake Stobbe - Male - Comp#: 53 - Ind/Rel: 1 / 0			
#82 Men Triple Jump Junior	10.48m	1/6	5/14/2019
54. Kevina Takenaka - Female - Comp#: 54 - Ind/Rel: 3 / 0			
#3 Women 1500 Meter Steeplechase 30" Junior	5:58.83	1/5	5/16/2019
#11 Women 1500 Meter Run Junior	5:25.86	1/10	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:39.75	2/6	5/16/2019
55. Caleb Tam - Male - Comp#: 55 - Ind/Rel: 1 / 0			
#71 Men Pole Vault Senior	3.20m	1/4	5/16/2019
56. Matthew Trent - Male - Comp#: 56 - Ind/Rel: 3 / 0			
#82 Men Triple Jump Junior	10.83m	1/11	5/14/2019
#95 Men Pole Vault Junior	2.80m	1/5	5/16/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:11.36	1/4	5/16/2019
57. Kylah Tuin - Female - Comp#: 57 - Ind/Rel: 1 / 0			
#92 Women Hammer Throw 3 kg Junior	24.48m	1/6	5/16/2019
58. Lianne Tuin - Female - Comp#: 58 - Ind/Rel: 3 / 0			
#133 Women 200 Meter Hurdles 30" Gr.8	36.15	2/1	5/14/2019
#139 Women Javelin Throw 500 gr Gr.8	19.77m	1/16	5/14/2019
#141 Women Shot Put 3 kg Gr.8	8.01m	1/14	5/13/2019
59. Abigail Van Deventer - Female - Comp#: 59 - Ind/Rel: 2 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	16.21	3/7	5/16/2019
#103 Women 300 Meter Hurdles Junior	57.34	1/3	5/14/2019
60. Ruth Van Egmond - Female - Comp#: 60 - Ind/Rel: 2 / 0			
#62 Women Shot Put 3 kg Junior	9.51m	1/14	5/14/2019
#75 Women Javelin Throw 500 gram Junior	22.23m	1/13	5/13/2019
61. Kaelyn Van Garderen - Female - Comp#: 61 - Ind/Rel: 2 / 0			
#7 Women 400 Meter Run Junior Prelims	1:07.09	1/6	5/13/2019
#39 Women 800 Meter Run Junior Prelims	2:39.10	1/6	5/16/2019
62. Makenna Van Muyen - Female - Comp#: 62 - Ind/Rel: 2 / 0			
#94 Women Shot Put 4 kg Senior	7.65m	1/11	5/14/2019
#98 Women Javelin Throw 600 gram Senior	23.45m	1/10	5/14/2019
63. Violet Vanderkooi - Female - Comp#: 63 - Ind/Rel: 3 / 0			
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	16.67	1/3	5/16/2019
#133 Women 200 Meter Hurdles 30" Gr.8	35.72	2/7	5/14/2019
#135 Women High Jump Gr.8	1.35m	1/10	5/13/2019

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64.	Tyler Vanderveen - Male - Comp#: 64 - Ind/Rel: 1 / 0 #142 Men Shot Put 4 kg Gr.8	7.09m	1/3	5/13/2019
65.	Caleb Venema - Male - Comp#: 65 - Ind/Rel: 3 / 0 #14 Men 1500 Meter Run Senior	4:42.00	1/14	5/14/2019
	#34 Men 2000 Meter Steeplechase 33" Senior	7:19.99	1/10	5/16/2019
	#54 Men 3000 Meter Run Senior	10:32.90	1/9	5/13/2019
66.	Evan Venema - Male - Comp#: 66 - Ind/Rel: 2 / 0 #40 Men 800 Meter Run Junior Prelims	2:21.43	2/1	5/16/2019
	#114 Men 1500 Meter Steeplechase 30" Junior	5:21.08	1/19	5/16/2019
67.	Brendan Visser - Male - Comp#: 67 - Ind/Rel: 1 / 0 #44 Men 1500 Meter Race Walk Senior	7:17.89	1/2	5/13/2019
68.	Josh Vuong - Male - Comp#: 68 - Ind/Rel: 2 / 0 #82 Men Triple Jump Junior	10.60m	1/7	5/14/2019
	#95 Men Pole Vault Junior	2.60m	1/3	5/16/2019
69.	Trentin Vuong - Male - Comp#: 69 - Ind/Rel: 2 / 0 #138 Men Long Jump Gr.8	4.63m	1/16	5/14/2019
	#149 Men Triple Jump Gr.8	9.81m	1/17	5/13/2019
70.	Joanna Wang - Female - Comp#: 70 - Ind/Rel: 1 / 0 #143 Women Discus Throw 1 kg Gr.8	16.53m	1/20	5/14/2019
71.	David Williamson - Male - Comp#: 71 - Ind/Rel: 2 / 0 #26 Men 110 Meter Hurdles 36" Senior Prelims	16.87	1/5	5/16/2019
	#110 Men 400 Meter Hurdles Senior	1:05.62	2/2	5/14/2019
72.	Andrea Yang - Female - Comp#: 72 - Ind/Rel: 1 / 0 #43 Women 1500 Meter Race Walk Senior	10:35.79	1/8	5/13/2019
73.	Alex Zhang - Male - Comp#: 73 - Ind/Rel: 2 / 0 #63 Men Discus Throw 1.5 kg Junior	25.16m	1/11	5/13/2019
	#76 Men Shot Put 5 kg Junior	10.05m	1/14	5/14/2019
74.	Linnea Zimmer - Female - Comp#: 74 - Ind/Rel: 2 / 0 #9 Women 400 Meter Run Senior Prelims	1:07.18	2/6	5/13/2019
	#49 Women 200 Meter Dash Senior Prelims	29.75	2/2	5/16/2019
1.	Abbotsford Christian School - 'A' #19 Women 4x100 Meter Relay Junior Prelims	54.74	1/5	5/13/2019
2.	Abbotsford Christian School - 'B' #19 Women 4x100 Meter Relay Junior Prelims	1:00.62	2/1	5/13/2019
3.	Abbotsford Christian School - 'A' #21 Women 4x100 Meter Relay Senior Prelims	54.08	1/3	5/13/2019
4.	Abbotsford Christian School - 'A' #22 Men 4x100 Meter Relay Senior Prelims	46.29	2/5	5/13/2019
5.	Abbotsford Christian School - 'A' #35 Women 4x400 Meter Relay Senior	4:30.03	1/3	5/14/2019
6.	Abbotsford Christian School - 'A' #36 Men 4x400 Meter Relay Senior	3:38.87	1/7	5/14/2019
7.	Abbotsford Christian School - 'A' #107 Women 4x400 Meter Relay Junior	4:32.51	2/5	5/14/2019
8.	Abbotsford Christian School - 'B' #107 Women 4x400 Meter Relay Junior	4:55.85	1/4	5/14/2019
9.	Abbotsford Christian School - 'A' #108 Men 4x400 Meter Relay Junior	3:59.48	2/6	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Abbotsford Christian School (ABCS)**

10.	Abbotsford Christian School - 'A' #145 Women 4x100 Meter Relay Gr.8	56.51	2/6	5/16/2019
11.	Abbotsford Christian School - 'B' #145 Women 4x100 Meter Relay Gr.8	58.43	1/4	5/16/2019
12.	Abbotsford Christian School - 'A' #146 Men 4x100 Meter Relay Gr.8	54.79	2/1	5/16/2019
13.	Abbotsford Christian School - 'B' #146 Men 4x100 Meter Relay Gr.8	57.95	1/7	5/16/2019
14.	Abbotsford Christian School - 'A' #147 Women 4x400 Meter Relay Gr.8	4:30.77	2/4	5/14/2019
15.	Abbotsford Christian School - 'B' #147 Women 4x400 Meter Relay Gr.8	4:54.64	2/7	5/14/2019
16.	Abbotsford Christian School - 'A' #148 Men 4x400 Meter Relay Gr.8	4:25.41	2/3	5/14/2019

**Abbotsford Christian School      Total Individual Entries: 150   -   Total Relays: 16**

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**Abbotsford Senior Secondary (ABSS)**

## 1. Reid Johnston - Male - Comp#: 75 - Ind/Rel: 2 / 0

#14 Men 1500 Meter Run Senior 4:39.22 1/10 5/14/2019

#42 Men 800 Meter Run Senior Prelims 2:14.96 1/8 5/16/2019

## 2. Thane Timmerman - Male - Comp#: 76 - Ind/Rel: 2 / 0

#32 Men 100 Meter Dash Senior Prelims 11.52 3/5 5/14/2019

#50 Men 200 Meter Dash Senior Prelims 24.03 2/6 5/16/2019

**Abbotsford Senior Secondary Total Individual Entries: 4 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Abbotsford Traditional Seconda (ATSS)**

1. Gurshaan Gill - Male - Comp#: 77 - Ind/Rel: 1 / 0 #93 Men High Jump Junior	1.60m	1/10	5/14/2019
2. Tanisha Gill - Female - Comp#: 78 - Ind/Rel: 2 / 0 #59 Women Discus Throw 1 kg Senior	25.54m	1/16	5/13/2019
#78 Women Hammer Throw 4 kg Senior	34.73m	1/11	5/16/2019
3. Tamanna Pannu - Female - Comp#: 79 - Ind/Rel: 1 / 0 #87 Women Discus Throw 1 kg Junior	18.66m	1/12	5/14/2019
4. Sahil Sharma - Male - Comp#: 80 - Ind/Rel: 1 / 0 #83 Men Hammer Throw 5 kg Junior	11.50m	1/2	5/16/2019
5. Arshdeep Waring - Female - Comp#: 81 - Ind/Rel: 3 / 0 #13 Women 1500 Meter Run Senior	5:35.71	1/19	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	6:08.33	1/11	5/16/2019
#41 Women 800 Meter Run Senior Prelims	2:41.56	1/6	5/16/2019

**Abbotsford Traditional Seconda Total Individual Entries: 8 - Total Relays: 0**



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**AD Rundle Middle School (ARMS)**

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|--|--------|------|-----------|
| 1. Kyra Ganske - Female - Comp#: 82 - Ind/Rel: 1 / 0 |        |      |           |
| #139 Women Javelin Throw 500 gr Gr.8                 | 16.01m | 1/7  | 5/14/2019 |
| 2. Lily Gunold - Female - Comp#: 83 - Ind/Rel: 2 / 0 |        |      |           |
| #139 Women Javelin Throw 500 gr Gr.8                 | 20.03m | 1/18 | 5/14/2019 |
| #143 Women Discus Throw 1 kg Gr.8                    | 16.97m | 1/3  | 5/14/2019 |

**AD Rundle Middle School      Total Individual Entries: 3   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Agassiz Elementary-Secondary (AGES)**

- |   |          |      |           |
|---|----------|------|-----------|
| 1. Emmy Ferland - Female - Comp#: 84 - Ind/Rel: 3 / 0 |          |      |           |
| #123 Women 400 Meter Dash Gr.8 Prelims                | 1:17.67  | 1/2  | 5/13/2019 |
| #125 Women 800 Meter Run Gr.8 Prelims                 | 3:04.27  | 3/8  | 5/16/2019 |
| #135 Women High Jump Gr.8                             | 1.25m    | 1/2  | 5/13/2019 |
| 2. Jacob Wynker - Male - Comp#: 85 - Ind/Rel: 1 / 0   |          |      |           |
| #130 Men 3000 Meter Run Gr.8                          | 11:14.67 | 1/15 | 5/13/2019 |

**Agassiz Elementary-Secondary      Total Individual Entries: 4   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Aldergrove Community Secondary (ALDE)**

1. Lacey Edwards - Female - Comp#: 86 - Ind/Rel: 1 / 0 #87 Women Discus Throw 1 kg Junior	19.51m	1/16	5/14/2019
2. Charabelle Geonange - Female - Comp#: 87 - Ind/Rel: 2 / 0 #29 Women 100 Meter Dash Junior Prelims	14.17	3/2	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	29.20	3/7	5/16/2019
3. Alexander Houghton - Male - Comp#: 88 - Ind/Rel: 1 / 0 #88 Men Javelin Throw 700 gram Junior	30.72m	1/15	5/13/2019
4. Klo Thaw Htoo - Male - Comp#: 89 - Ind/Rel: 1 / 0 #88 Men Javelin Throw 700 gram Junior	32.19m	1/19	5/13/2019
5. Nathan Meyer - Male - Comp#: 90 - Ind/Rel: 1 / 0 #63 Men Discus Throw 1.5 kg Junior	27.56m	1/16	5/13/2019

**Aldergrove Community Secondary      Total Individual Entries: 6   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Archbishop Carney Secondary (ARCS)**

1. Vanessa Amoroso - Female - Comp#: 91 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (2)	56.69	1/6	5/13/2019
2. Amanda Anzulovich - Female - Comp#: 92 - Ind/Rel: 3 / 0 #62 Women Shot Put 3 kg Junior	10.05m	1/20	5/14/2019
#75 Women Javelin Throw 500 gram Junior	22.06m	1/11	5/13/2019
#87 Women Discus Throw 1 kg Junior	21.09m	1/21	5/14/2019
3. Diego Barona - Male - Comp#: 93 - Ind/Rel: 1 / 1 #138 Men Long Jump Gr.8	4.30m	1/6	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (1)	56.61	1/2	5/16/2019
4. Vanessa Chung - Female - Comp#: 95 - Ind/Rel: 3 / 1 #29 Women 100 Meter Dash Junior Prelims	13.40	1/3	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	28.37	1/3	5/16/2019
#81 Women Long Jump Junior	4.05m	1/7	5/16/2019
#19 Women 4x100 Meter Relay Junior Prelims (3)	56.69	1/6	5/13/2019
5. Erin Clemens - Female - Comp#: 96 - Ind/Rel: 1 / 0 #75 Women Javelin Throw 500 gram Junior	30.05m	1/22	5/13/2019
6. J.P. De Chavez - Male - Comp#: 97 - Ind/Rel: 1 / 0 #58 Men Long Jump Junior	5.28m	1/8	5/13/2019
7. Marcos Franco - Male - Comp#: 98 - Ind/Rel: 1 / 1 #138 Men Long Jump Gr.8	3.85m	1/1	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (4)	56.61	1/2	5/16/2019
8. Tony Kooliyath - Male - Comp#: 99 - Ind/Rel: 3 / 0 #26 Men 110 Meter Hurdles 36" Senior Prelims	21.48	1/8	5/16/2019
#71 Men Pole Vault Senior	1.00m	1/1	5/16/2019
#90 Men Long Jump Senior	4.69m	1/1	5/14/2019
9. Georgia Lyons - Female - Comp#: 100 - Ind/Rel: 1 / 0 #73 Women Pole Vault Senior	1.00m	1/1	5/16/2019
10. Dominic Maddalozzo - Male - Comp#: 101 - Ind/Rel: 3 / 0 #136 Men High Jump Gr.8	1.40m	1/8	5/14/2019
#138 Men Long Jump Gr.8	4.57m	1/14	5/14/2019
#149 Men Triple Jump Gr.8	9.45m	1/9	5/13/2019
11. Ugo Madumere - Male - Comp#: 102 - Ind/Rel: 1 / 1 #30 Men 100 Meter Dash Junior Prelims	12.31	1/8	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (1)	47.92	2/5	5/13/2019
12. Boston Migneault - Male - Comp#: 103 - Ind/Rel: 3 / 0 #124 Men 400 Meter Dash Gr.8 Prelims	56.86	3/4	5/13/2019
#126 Men 800 Meter Run Gr.8 Prelims	2:11.95	2/4	5/16/2019
#128 Men 1500 Meter Run Gr.8	4:45.14	1/3	5/14/2019
13. Gabe Perrin - Male - Comp#: 104 - Ind/Rel: 0 / 1 #20 Men 4x100 Meter Relay Junior Prelims (4)	47.92	2/5	5/13/2019
14. Max Ratushny - Male - Comp#: 105 - Ind/Rel: 1 / 1 #120 Men 100 Meter Dash Gr.8 Prelims	14.10	2/7	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (2)	56.61	1/2	5/16/2019
15. Edward Riddell - Male - Comp#: 106 - Ind/Rel: 2 / 0 #32 Men 100 Meter Dash Senior Prelims	11.63	2/6	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	23.82	2/3	5/16/2019
16. Madeleine Rutherford - Female - Comp#: 107 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (1)	56.69	1/6	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Archbishop Carney Secondary (ARCS)**

17.	Manuela Villamizar - Female - Comp#: 108 - Ind/Rel: 1 / 1			
	#39 Women 800 Meter Run Junior Prelims	2:45.82	1/7	5/16/2019
	#19 Women 4x100 Meter Relay Junior Prelims (4)	56.69	1/6	5/13/2019
18.	Christian Wong - Male - Comp#: 109 - Ind/Rel: 3 / 1			
	#8 Men 400 Meter Run Junior Prelims	55.51	2/3	5/13/2019
	#30 Men 100 Meter Dash Junior Prelims	12.22	2/7	5/14/2019
	#48 Men 200 Meter Dash Junior Prelims	24.47	1/6	5/16/2019
	#20 Men 4x100 Meter Relay Junior Prelims (3)	47.92	2/5	5/13/2019
1.	Archbishop Carney Secondary - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	56.69	1/6	5/13/2019
	#107 Madeleine Rutherford; #91 Vanessa Amoroso; #95 Vanessa Chung; #108 Manuela Villamizar			
2.	Archbishop Carney Secondary - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	47.92	2/5	5/13/2019
	#102 Ugo Madumere; #109 Christian Wong; #104 Gabe Perrin			
3.	Archbishop Carney Secondary - 'A'			
	#146 Men 4x100 Meter Relay Gr.8	56.61	1/2	5/16/2019
	#93 Diego Barona; #105 Max Ratushny; #98 Marcos Franco			
	<b>Archbishop Carney Secondary</b>	<b>Total Individual Entries: 28 - Total Relays: 3</b>		

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

**Banting Middle School (BMS)**

1. Ella Finding - Female - Comp#: 110 - Ind/Rel: 2 / 0

#121 Women 200 Meter Dash Gr.8 Prelims	28.56	3/5	5/16/2019
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#123 Women 400 Meter Dash Gr.8 Prelims	1:02.57	3/4	5/13/2019
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**Banting Middle School      Total Individual Entries: 2   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**BC Christian Academy Panthers (BC C)**

## 1. Maddie Gibson - Female - Comp#: 111 - Ind/Rel: 3 / 0

#13 Women 1500 Meter Run Senior 5:22.90 1/15 5/14/2019

#33 Women 1500 Meter Steeplechase 30" Senior 5:53.78 1/7 5/16/2019

#53 Women 3000 Meter Run Senior 11:23.81 1/10 5/13/2019

## 2. Nick Kuzyk - Male - Comp#: 112 - Ind/Rel: 2 / 0

#65 Men Triple Jump Senior 10.71m 1/10 5/14/2019

#90 Men Long Jump Senior 5.13m 1/5 5/14/2019

**BC Christian Academy Panthers Total Individual Entries: 5 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Betty Gilbert Middle School (BETT)**

1. Rylee Cartwright - Male - Comp#: 113 - Ind/Rel: 1 / 0 #149 Men Triple Jump Gr.8	9.09m	1/4	5/13/2019
2. Wyatt Fleming - Male - Comp#: 114 - Ind/Rel: 1 / 0 #138 Men Long Jump Gr.8	4.33m	1/7	5/14/2019
3. Jaden Medynski - Male - Comp#: 115 - Ind/Rel: 2 / 0 #138 Men Long Jump Gr.8 #149 Men Triple Jump Gr.8	4.41m 9.40m	1/11 1/7	5/14/2019 5/13/2019
4. Alexa Van Der Flugt - Female - Comp#: 116 - Ind/Rel: 3 / 0 #125 Women 800 Meter Run Gr.8 Prelims #129 Women 3000 Meter Run Gr.8 #135 Women High Jump Gr.8	2:50.34 13:01.48 1.30m	3/6 1/7 1/6	5/16/2019 5/13/2019 5/13/2019
5. Oliver Vaz - Male - Comp#: 117 - Ind/Rel: 2 / 0 #138 Men Long Jump Gr.8 #149 Men Triple Jump Gr.8	4.40m 9.47m	1/10 1/11	5/14/2019 5/13/2019
6. Yut Yuot - Male - Comp#: 118 - Ind/Rel: 1 / 0 #138 Men Long Jump Gr.8	4.27m	1/5	5/14/2019
<b>Betty Gilbert Middle School</b>	<b>Total Individual Entries: 10 - Total Relays: 0</b>		



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Brookwood (BROO)**

1. Owen Flack - Male - Comp#: 119 - Ind/Rel: 2 / 0			
#124 Men 400 Meter Dash Gr.8 Prelims	57.77	2/4	5/13/2019
#136 Men High Jump Gr.8	1.50m	1/17	5/14/2019
2. Alyssa Hall - Female - Comp#: 120 - Ind/Rel: 1 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	15.51	2/6	5/16/2019
3. Evan Kimm - Male - Comp#: 121 - Ind/Rel: 2 / 0			
#58 Men Long Jump Junior	5.27m	1/7	5/13/2019
#93 Men High Jump Junior	1.80m	1/20	5/14/2019
4. Janine Klopstein - Female - Comp#: 122 - Ind/Rel: 2 / 0			
#121 Women 200 Meter Dash Gr.8 Prelims	31.31	3/8	5/16/2019
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	16.70	1/6	5/16/2019
5. Andrew Meier - Male - Comp#: 123 - Ind/Rel: 2 / 0			
#8 Men 400 Meter Run Junior Prelims	56.58	3/6	5/13/2019
#104 Men 300 Meter Hurdles Junior	43.38	1/3	5/14/2019
6. Dominique Ronse - Female - Comp#: 124 - Ind/Rel: 3 / 0			
#31 Women 100 Meter Dash Senior Prelims	13.28	3/3	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	27.28	2/5	5/16/2019
#64 Women Long Jump Senior	4.90m	1/23	5/13/2019
7. Jordyn Verbeek - Female - Comp#: 125 - Ind/Rel: 2 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	16.61	2/7	5/16/2019
#62 Women Shot Put 3 kg Junior	8.67m	1/8	5/14/2019

**Brookwood      Total Individual Entries: 14   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Burnsview Secondary (BURN)**

1. Ava Burbank - Female - Comp#: 126 - Ind/Rel: 2 / 0			
#75 Women Javelin Throw 500 gram Junior	20.07m	1/6	5/13/2019
#87 Women Discus Throw 1 kg Junior	13.40m	1/4	5/14/2019
2. Isabella Canduso - Female - Comp#: 127 - Ind/Rel: 3 / 0			
#31 Women 100 Meter Dash Senior Prelims	13.91	2/7	5/14/2019
#64 Women Long Jump Senior	4.09m	1/7	5/13/2019
#98 Women Javelin Throw 600 gram Senior	17.66m	1/1	5/14/2019
3. Maria Del Moral Ascencio - Female - Comp#: 128 - Ind/Rel: 1 / 0			
#43 Women 1500 Meter Race Walk Senior	13:11.50	1/10	5/13/2019
4. Dawson Inkster - Male - Comp#: 129 - Ind/Rel: 2 / 0			
#58 Men Long Jump Junior	4.98m	1/3	5/13/2019
#82 Men Triple Jump Junior	10.77m	1/10	5/14/2019
5. Jaden Pawluck - Male - Comp#: 130 - Ind/Rel: 3 / 0			
#24 Men 100 Meter Hurdles 33" Junior Prelims	17.20	1/6	5/16/2019
#58 Men Long Jump Junior	4.93m	1/2	5/13/2019
#88 Men Javelin Throw 700 gram Junior	28.84m	1/9	5/13/2019
6. Micah Piva - Male - Comp#: 131 - Ind/Rel: 3 / 0			
#24 Men 100 Meter Hurdles 33" Junior Prelims	16.91	2/3	5/16/2019
#40 Men 800 Meter Run Junior Prelims	2:21.88	3/1	5/16/2019
#48 Men 200 Meter Dash Junior Prelims	24.56	2/6	5/16/2019
7. Melissa Stevens - Female - Comp#: 132 - Ind/Rel: 2 / 0			
#7 Women 400 Meter Run Junior Prelims	1:10.21	1/7	5/13/2019
#39 Women 800 Meter Run Junior Prelims	2:45.95	1/8	5/16/2019
8. John Tacla - Male - Comp#: 133 - Ind/Rel: 1 / 0			
#140 Men Javelin Throw 600 gr Gr.8	18.73m	1/5	5/16/2019
9. Jeremy Zheng - Male - Comp#: 134 - Ind/Rel: 1 / 0			
#34 Men 2000 Meter Steeplechase 33" Senior	7:55.26	1/20	5/16/2019
1. Burnsview Secondary - 'A'			
#20 Men 4x100 Meter Relay Junior Prelims	50.03	2/7	5/13/2019

**Burnsview Secondary      Total Individual Entries: 18   -   Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Centennial Secondary School (CENT)**

1. Joseph Curtis - Male - Comp#: 135 - Ind/Rel: 2 / 0			
#12 Men 1500 Meter Run Junior	4:37.36	1/10	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:02.01	3/4	5/16/2019
2. Liam Haysom - Male - Comp#: 136 - Ind/Rel: 1 / 0			
#63 Men Discus Throw 1.5 kg Junior	22.93m	1/7	5/13/2019
3. Devon Meadows - Male - Comp#: 137 - Ind/Rel: 2 / 0			
#52 Men 3000 Meter Run Junior	10:41.71	1/14	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:11.74	1/13	5/16/2019
4. Christy Park - Female - Comp#: 138 - Ind/Rel: 2 / 0			
#64 Women Long Jump Senior	4.01m	1/5	5/13/2019
#89 Women Triple Jump Senior	8.78m	1/8	5/14/2019
5. Richard Park - Male - Comp#: 139 - Ind/Rel: 1 / 0			
#58 Men Long Jump Junior	4.88m	1/1	5/13/2019
6. Natasha Smigelski - Female - Comp#: 140 - Ind/Rel: 2 / 0			
#9 Women 400 Meter Run Senior Prelims	59.00	3/4	5/13/2019
#41 Women 800 Meter Run Senior Prelims	2:19.00	2/4	5/16/2019
7. Aaron Williams - Male - Comp#: 141 - Ind/Rel: 2 / 0			
#10 Men 400 Meter Run Senior Prelims	58.67	3/2	5/13/2019
#50 Men 200 Meter Dash Senior Prelims	24.92	1/8	5/16/2019

**Centennial Secondary School      Total Individual Entries: 12   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Chilliwack Middle School (CHMS)**

1. Liam England - Male - Comp#: 142 - Ind/Rel: 2 / 0

#142 Men Shot Put 4 kg Gr.8

9.38m 1/16

5/13/2019

#144 Men Discus Throw 1 kg Gr.8

26.00m 1/13

5/14/2019

2. Cammie Gudjonson - Female - Comp#: 143 - Ind/Rel: 1 / 0

#127 Women 1500 Meter Run Gr.8

5:46.77 1/9

5/14/2019

**Chilliwack Middle School Total Individual Entries: 3 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Chilliwack Secondary School (CHSR)**

1. Jasmine Agudelo - Female - Comp#: 144 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	22.55m	1/14	5/13/2019
#98 Women Javelin Throw 600 gram Senior	30.72m	1/20	5/14/2019
2. Bria Dennie - Female - Comp#: 145 - Ind/Rel: 1 / 0			
#41 Women 800 Meter Run Senior Prelims	3:02.43	1/8	5/16/2019
3. Andrew Green - Male - Comp#: 146 - Ind/Rel: 1 / 0			
#63 Men Discus Throw 1.5 kg Junior	21.32m	1/5	5/13/2019
4. Kiara Holt - Female - Comp#: 147 - Ind/Rel: 2 / 0			
#29 Women 100 Meter Dash Junior Prelims	13.81	2/7	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	28.97	3/3	5/16/2019
5. Melissa Holyhead-Miles - Female - Comp#: 148 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	17.41m	1/6	5/13/2019
#78 Women Hammer Throw 4 kg Senior	24.89m	1/5	5/16/2019
6. Chris Klassen - Male - Comp#: 149 - Ind/Rel: 1 / 0			
#65 Men Triple Jump Senior	9.62m	1/2	5/14/2019
7. Mamoundu Mardis - Female - Comp#: 150 - Ind/Rel: 3 / 0			
#59 Women Discus Throw 1 kg Senior	20.05m	1/9	5/13/2019
#78 Women Hammer Throw 4 kg Senior	25.92m	1/6	5/16/2019
#94 Women Shot Put 4 kg Senior	8.47m	1/16	5/14/2019
8. Jesula McCallum - Female - Comp#: 151 - Ind/Rel: 3 / 0			
#31 Women 100 Meter Dash Senior Prelims	13.49	2/6	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	28.70	1/6	5/16/2019
#70 Women High Jump Senior	1.45m	1/5	5/16/2019
9. Kieran McRae - Male - Comp#: 152 - Ind/Rel: 2 / 0			
#14 Men 1500 Meter Run Senior	5:52.23	1/24	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	7:37.05	1/15	5/16/2019
10. Amy Mebesius - Female - Comp#: 153 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	27.85m	1/17	5/13/2019
#98 Women Javelin Throw 600 gram Senior	20.15m	1/7	5/14/2019
11. Tyler Parsons - Male - Comp#: 154 - Ind/Rel: 2 / 0			
#32 Men 100 Meter Dash Senior Prelims	11.62	1/6	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	23.73	1/3	5/16/2019
12. Christina Peet-Williams - Female - Comp#: 155 - Ind/Rel: 3 / 0			
#11 Women 1500 Meter Run Junior	5:03.20	1/2	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:30.75	2/5	5/16/2019
#51 Women 3000 Meter Run Junior	10:43.96	1/1	5/13/2019
13. Irati Rodriguez - Female - Comp#: 156 - Ind/Rel: 1 / 0			
#57 Women Triple Jump Junior	7.80m	1/3	5/13/2019
14. Jasmine Soltys - Female - Comp#: 157 - Ind/Rel: 2 / 0			
#78 Women Hammer Throw 4 kg Senior	33.41m	1/9	5/16/2019
#98 Women Javelin Throw 600 gram Senior	33.43m	1/23	5/14/2019
15. Sarah Stewart - Female - Comp#: 158 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	21.11m	1/11	5/13/2019
#94 Women Shot Put 4 kg Senior	7.44m	1/9	5/14/2019
16. Savannah Wilson - Female - Comp#: 159 - Ind/Rel: 1 / 0			
#81 Women Long Jump Junior	3.96m	1/5	5/16/2019
1. Chilliwack Secondary School - 'A'			
#21 Women 4x100 Meter Relay Senior Prelims	56.39	1/7	5/13/2019

**Chilliwack Secondary School Total Individual Entries: 30 - Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**Clayburn Middle School (CLAY)**

1. Noah Molina - Male - Comp#: 160 - Ind/Rel: 2 / 0

#48 Men 200 Meter Dash Junior Prelims 27.13 1/2 5/16/2019

#95 Men Pole Vault Junior 2.80m 1/4 5/16/2019

**Clayburn Middle School Total Individual Entries: 2 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Clayton Heights Secondary (CLHS)**

1. Dora Chan - Female - Comp#: 161 - Ind/Rel: 3 / 0			
#13 Women 1500 Meter Run Senior	5:22.01	1/14	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	6:05.57	1/10	5/16/2019
#53 Women 3000 Meter Run Senior	11:47.90	1/13	5/13/2019
2. Myah Froats - Female - Comp#: 162 - Ind/Rel: 1 / 0			
#97 Women High Jump Junior	1.30m	1/4	5/14/2019
3. Marcus Hollinger - Male - Comp#: 163 - Ind/Rel: 1 / 0			
#113 Men 1500 Meter Race Walk Junior	9:02.66	1/8	5/13/2019
4. Donghwa Kim - Male - Comp#: 164 - Ind/Rel: 1 / 0			
#113 Men 1500 Meter Race Walk Junior	9:25.00	1/11	5/13/2019
5. Ben MacLeod - Male - Comp#: 165 - Ind/Rel: 3 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:43.42	2/2	5/16/2019
#128 Men 1500 Meter Run Gr.8	5:21.17	1/19	5/14/2019
#142 Men Shot Put 4 kg Gr.8	7.53m	1/4	5/13/2019
6. Grace McDonald - Female - Comp#: 166 - Ind/Rel: 2 / 0			
#41 Women 800 Meter Run Senior Prelims	2:51.42	3/7	5/16/2019
#53 Women 3000 Meter Run Senior	13:36.75	1/22	5/13/2019
7. Liam O'Donnell - Male - Comp#: 167 - Ind/Rel: 2 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	12.12	2/2	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	25.52	3/4	5/16/2019
8. Mya Rukavina - Female - Comp#: 168 - Ind/Rel: 1 / 0			
#31 Women 100 Meter Dash Senior Prelims	14.24	2/1	5/14/2019
9. Asia Wong - Female - Comp#: 169 - Ind/Rel: 2 / 0			
#11 Women 1500 Meter Run Junior	6:29.65	1/23	5/14/2019
#109 Women 1500 Meter Race Walk Junior	9:26.63	1/3	5/13/2019

**Clayton Heights Secondary      Total Individual Entries: 16   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Credo Christian High School (CRED)**

1.	Elayna Aikema - Female - Comp#: 170 - Ind/Rel: 1 / 0 #23 Women 80 Meter Hurdles Junior Prelims	16.54	1/7	5/16/2019
2.	Ann Clement - Female - Comp#: 171 - Ind/Rel: 2 / 0 #59 Women Discus Throw 1 kg Senior #94 Women Shot Put 4 kg Senior	18.62m 7.68m	1/8 1/12	5/13/2019 5/14/2019
3.	Alex Deboer - Male - Comp#: 172 - Ind/Rel: 2 / 0 #65 Men Triple Jump Senior #90 Men Long Jump Senior	10.70m 5.23m	1/9 1/7	5/14/2019 5/14/2019
4.	Jared Dehaan - Male - Comp#: 173 - Ind/Rel: 1 / 0 #54 Men 3000 Meter Run Senior	10:42.75	1/16	5/13/2019
5.	Brynne Feunekes - Female - Comp#: 174 - Ind/Rel: 1 / 0 #137 Women Long Jump Gr.8	3.95m	1/11	5/14/2019
6.	Alexis Geertsma - Female - Comp#: 175 - Ind/Rel: 1 / 0 #64 Women Long Jump Senior	4.16m	1/9	5/13/2019
7.	Deanna Gelderman - Female - Comp#: 176 - Ind/Rel: 1 / 0 #97 Women High Jump Junior	1.35m	1/7	5/14/2019
8.	Kayla Graham - Female - Comp#: 177 - Ind/Rel: 1 / 0 #89 Women Triple Jump Senior	7.69m	1/1	5/14/2019
9.	Adam Grim - Male - Comp#: 178 - Ind/Rel: 2 / 0 #126 Men 800 Meter Run Gr.8 Prelims #128 Men 1500 Meter Run Gr.8	2:33.39 5:11.92	1/7 1/15	5/16/2019 5/14/2019
10.	Dylan Grim - Male - Comp#: 179 - Ind/Rel: 1 / 0 #149 Men Triple Jump Gr.8	9.46m	1/10	5/13/2019
11.	Gavin Grim - Male - Comp#: 180 - Ind/Rel: 2 / 0 #65 Men Triple Jump Senior #90 Men Long Jump Senior	12.32m 5.75m	1/16 1/17	5/14/2019 5/14/2019
12.	Madison Grim - Female - Comp#: 181 - Ind/Rel: 2 / 0 #57 Women Triple Jump Junior #97 Women High Jump Junior	9.28m 1.30m	1/16 1/3	5/13/2019 5/14/2019
13.	Andrew Gunnink - Male - Comp#: 182 - Ind/Rel: 2 / 0 #128 Men 1500 Meter Run Gr.8 #130 Men 3000 Meter Run Gr.8	5:14.13 10:50.74	1/17 1/8	5/14/2019 5/13/2019
14.	Lydia Gunnink - Female - Comp#: 183 - Ind/Rel: 3 / 0 #3 Women 1500 Meter Steeplechase 30" Junior #11 Women 1500 Meter Run Junior #51 Women 3000 Meter Run Junior	6:47.16 6:04.13 13:12.62	1/13 1/20 1/16	5/16/2019 5/14/2019 5/13/2019
15.	Naomi Hockin - Female - Comp#: 184 - Ind/Rel: 3 / 0 #3 Women 1500 Meter Steeplechase 30" Junior #11 Women 1500 Meter Run Junior #51 Women 3000 Meter Run Junior	5:57.46 5:28.75 11:56.80	1/4 1/11 1/10	5/16/2019 5/14/2019 5/13/2019
16.	Genieva Hoff - Female - Comp#: 185 - Ind/Rel: 1 / 0 #57 Women Triple Jump Junior	8.43m	1/6	5/13/2019
17.	Lucas Huttema - Male - Comp#: 186 - Ind/Rel: 2 / 0 #26 Men 110 Meter Hurdles 36" Senior Prelims #65 Men Triple Jump Senior	19.49 10.80m	3/8 1/11	5/16/2019 5/14/2019
18.	Jeno Kalombo - Male - Comp#: 187 - Ind/Rel: 1 / 0 #40 Men 800 Meter Run Junior Prelims	2:22.50	1/2	5/16/2019



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Credo Christian High School (CRED)**

19.	Kyah Kang - Female - Comp#: 188 - Ind/Rel: 2 / 0			
	#3 Women 1500 Meter Steeplechase 30" Junior	6:15.90	1/8	5/16/2019
	#7 Women 400 Meter Run Junior Prelims	1:08.86	3/7	5/13/2019
20.	Len Leguijt - Male - Comp#: 189 - Ind/Rel: 1 / 0			
	#44 Men 1500 Meter Race Walk Senior	9:08.87	1/4	5/13/2019
21.	Kaylee Lieuwen - Female - Comp#: 190 - Ind/Rel: 1 / 0			
	#70 Women High Jump Senior	1.25m	1/1	5/16/2019
22.	Austin Lodder - Male - Comp#: 191 - Ind/Rel: 2 / 0			
	#58 Men Long Jump Junior	5.05m	1/4	5/13/2019
	#93 Men High Jump Junior	1.55m	1/7	5/14/2019
23.	Martha Mass - Female - Comp#: 192 - Ind/Rel: 1 / 0			
	#70 Women High Jump Senior	1.30m	1/2	5/16/2019
24.	Ethan Minderhoud - Male - Comp#: 193 - Ind/Rel: 1 / 0			
	#88 Men Javelin Throw 700 gram Junior	30.43m	1/14	5/13/2019
25.	Faith Minderhoud - Female - Comp#: 194 - Ind/Rel: 3 / 0			
	#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	15.51	1/5	5/16/2019
	#133 Women 200 Meter Hurdles 30" Gr.8	34.47	2/6	5/14/2019
	#139 Women Javelin Throw 500 gr Gr.8	16.41m	1/8	5/14/2019
26.	Damon Onderwater - Male - Comp#: 195 - Ind/Rel: 2 / 0			
	#138 Men Long Jump Gr.8	4.73m	1/20	5/14/2019
	#149 Men Triple Jump Gr.8	9.39m	1/6	5/13/2019
27.	Matthew Spoor - Male - Comp#: 196 - Ind/Rel: 2 / 0			
	#82 Men Triple Jump Junior	10.86m	1/12	5/14/2019
	#113 Men 1500 Meter Race Walk Junior	8:58.62	1/5	5/13/2019
28.	Leyenhorst Teo - Male - Comp#: 197 - Ind/Rel: 3 / 0			
	#8 Men 400 Meter Run Junior Prelims	57.51	1/8	5/13/2019
	#12 Men 1500 Meter Run Junior	4:55.45	1/23	5/14/2019
	#58 Men Long Jump Junior	5.28m	1/9	5/13/2019
29.	Ian Vandergugten - Male - Comp#: 198 - Ind/Rel: 2 / 0			
	#26 Men 110 Meter Hurdles 36" Senior Prelims	16.01	3/4	5/16/2019
	#32 Men 100 Meter Dash Senior Prelims	12.13	3/1	5/14/2019
30.	Emma Vanrhee - Female - Comp#: 199 - Ind/Rel: 3 / 0			
	#3 Women 1500 Meter Steeplechase 30" Junior	6:31.98	1/10	5/16/2019
	#51 Women 3000 Meter Run Junior	12:56.30	1/15	5/13/2019
	#103 Women 300 Meter Hurdles Junior	1:02.54	1/7	5/14/2019
31.	Justus Vanspronsen - Male - Comp#: 200 - Ind/Rel: 2 / 0			
	#24 Men 100 Meter Hurdles 33" Junior Prelims	17.10	2/6	5/16/2019
	#104 Men 300 Meter Hurdles Junior	45.38	1/2	5/14/2019
32.	Jarrett Vantil - Male - Comp#: 201 - Ind/Rel: 1 / 0			
	#88 Men Javelin Throw 700 gram Junior	28.83m	1/8	5/13/2019
1.	Credo Christian High School - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	49.09	2/6	5/13/2019
2.	Credo Christian High School - 'A'			
	#107 Women 4x400 Meter Relay Junior	4:55.52	2/2	5/14/2019
3.	Credo Christian High School - 'A'			
	#108 Men 4x400 Meter Relay Junior	4:09.92	1/5	5/14/2019
4.	Credo Christian High School - 'A'			
	#148 Men 4x400 Meter Relay Gr.8	4:40.12	1/5	5/14/2019

**Credo Christian High School Total Individual Entries: 55 - Total Relays: 4**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Dasmesh Punjabi School (DASM)**

## 1. Haleena Bhandhal - Female - Comp#: 202 - Ind/Rel: 2 / 0

#141 Women Shot Put 3 kg Gr.8 7.69m 1/9 5/13/2019

#143 Women Discus Throw 1 kg Gr.8 18.41m 1/6 5/14/2019

## 2. Aneesha Sran - Female - Comp#: 203 - Ind/Rel: 2 / 0

#31 Women 100 Meter Dash Senior Prelims 13.77 3/6 5/14/2019

#49 Women 200 Meter Dash Senior Prelims 28.70 3/6 5/16/2019

**Dasmesh Punjabi School Total Individual Entries: 4 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Delta Secondary (DELS)**

1. Michael Fox - Male - Comp#: 204 - Ind/Rel: 2 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	12.89	1/7	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	26.00	2/4	5/16/2019
2. Harvir Panesar - Male - Comp#: 205 - Ind/Rel: 2 / 0			
#30 Men 100 Meter Dash Junior Prelims	11.82	3/5	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	23.98	3/4	5/16/2019

**Delta Secondary      Total Individual Entries: 4   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Delview Secondary (DELV)**

## 1. Robin Gill - Male - Comp#: 206 - Ind/Rel: 2 / 0

#8 Men 400 Meter Run Junior Prelims

57.03 3/7

5/13/2019

#82 Men Triple Jump Junior

10.70m 1/8

5/14/2019

## 2. Evander Sandhu - Male - Comp#: 207 - Ind/Rel: 3 / 0

#83 Men Hammer Throw 5 kg Junior

4.77m 1/1

5/16/2019

#142 Men Shot Put 4 kg Gr.8

10.87m 1/21

5/13/2019

#144 Men Discus Throw 1 kg Gr.8

22.95m 1/1

5/14/2019

**Delview Secondary Total Individual Entries: 5 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Dr. Charles Best (DRCB)**

1. Amara Duncan - Female - Comp#: 208 - Ind/Rel: 3 / 1			
#9 Women 400 Meter Run Senior Prelims	1:04.72	3/5	5/13/2019
#31 Women 100 Meter Dash Senior Prelims	13.22	3/5	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	27.13	1/4	5/16/2019
#21 Women 4x100 Meter Relay Senior Prelims (4)	52.69	2/5	5/13/2019
2. Amelia Hamnett - Female - Comp#: 209 - Ind/Rel: 2 / 1			
#29 Women 100 Meter Dash Junior Prelims	12.88	1/5	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	27.36	3/5	5/16/2019
#21 Women 4x100 Meter Relay Senior Prelims (1)	52.69	2/5	5/13/2019
3. Georgia Hamnett - Female - Comp#: 210 - Ind/Rel: 2 / 1			
#94 Women Shot Put 4 kg Senior	8.82m	1/17	5/14/2019
#98 Women Javelin Throw 600 gram Senior	33.12m	1/22	5/14/2019
#21 Women 4x100 Meter Relay Senior Prelims (2)	52.69	2/5	5/13/2019
4. Mahiro Hatachi - Female - Comp#: 211 - Ind/Rel: 2 / 0			
#11 Women 1500 Meter Run Junior	5:36.05	1/15	5/14/2019
#51 Women 3000 Meter Run Junior	11:38.45	1/6	5/13/2019
5. Conan Liu - Male - Comp#: 212 - Ind/Rel: 1 / 0			
#82 Men Triple Jump Junior	10.11m	1/1	5/14/2019
6. Darius Mawji - Male - Comp#: 213 - Ind/Rel: 2 / 0			
#8 Men 400 Meter Run Junior Prelims	56.94	1/6	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	4:59.73	1/7	5/16/2019
7. Aldyn Monk-Young - Male - Comp#: 214 - Ind/Rel: 1 / 0			
#54 Men 3000 Meter Run Senior	10:42.51	1/15	5/13/2019
8. Carly Seemann - Female - Comp#: 215 - Ind/Rel: 3 / 1			
#25 Women 100 Meter Hurdles 33" Senior Prelims	15.51	2/5	5/16/2019
#70 Women High Jump Senior	1.50m	1/7	5/16/2019
#105 Women 400 Meter Hurdles Senior	1:08.88	1/5	5/14/2019
#21 Women 4x100 Meter Relay Senior Prelims (3)	52.69	2/5	5/13/2019
9. Isabel Wilson - Female - Comp#: 216 - Ind/Rel: 1 / 0			
#53 Women 3000 Meter Run Senior	12:06.72	1/16	5/13/2019
1. Dr. Charles Best - 'A'			
#21 Women 4x100 Meter Relay Senior Prelims	52.69	2/5	5/13/2019

    #209 Amelia Hamnett; #210 Georgia Hamnett; #215 Carly Seemann; #208 Amara Duncan

**Dr. Charles Best      Total Individual Entries: 17 - Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Earl Marriott Secondary (EMSS)**

1. Samuel Albert - Male - Comp#: 217 - Ind/Rel: 1 / 0 #34 Men 2000 Meter Steeplechase 33" Senior	7:43.60	1/17	5/16/2019
2. Aandrea Alvidrez - Female - Comp#: 218 - Ind/Rel: 1 / 0 #62 Women Shot Put 3 kg Junior	6.67m	1/4	5/14/2019
3. Mikaela Balla - Female - Comp#: 219 - Ind/Rel: 1 / 0 #31 Women 100 Meter Dash Senior Prelims	13.49	2/3	5/14/2019
4. Marcel Bona - Male - Comp#: 220 - Ind/Rel: 2 / 0 #8 Men 400 Meter Run Junior Prelims #12 Men 1500 Meter Run Junior	57.27 4:40.01	2/8 1/13	5/13/2019 5/14/2019
5. Marley Bridger - Female - Comp#: 221 - Ind/Rel: 1 / 0 #139 Women Javelin Throw 500 gr Gr.8	9.60m	1/3	5/14/2019
6. Alanna Cunha - Female - Comp#: 222 - Ind/Rel: 3 / 0 #31 Women 100 Meter Dash Senior Prelims #49 Women 200 Meter Dash Senior Prelims #98 Women Javelin Throw 600 gram Senior	13.61 28.42 25.49m	1/6 3/3 1/15	5/14/2019 5/16/2019 5/14/2019
7. Alexis Friedel - Female - Comp#: 223 - Ind/Rel: 1 / 0 #3 Women 1500 Meter Steeplechase 30" Junior	6:16.03	1/9	5/16/2019
8. Quinn Giuricich - Male - Comp#: 224 - Ind/Rel: 1 / 0 #54 Men 3000 Meter Run Senior	10:35.47	1/11	5/13/2019
9. Kathryn Haley - Female - Comp#: 225 - Ind/Rel: 2 / 0 #9 Women 400 Meter Run Senior Prelims #105 Women 400 Meter Hurdles Senior	1:12.35 1:15.16	3/8 1/1	5/13/2019 5/14/2019
10. Hudson Irvine - Male - Comp#: 226 - Ind/Rel: 3 / 0 #126 Men 800 Meter Run Gr.8 Prelims #128 Men 1500 Meter Run Gr.8 #130 Men 3000 Meter Run Gr.8	2:12.68 4:28.73 10:10.09	1/4 1/2 1/2	5/16/2019 5/14/2019 5/13/2019
11. Audrey Kemp - Female - Comp#: 227 - Ind/Rel: 2 / 0 #123 Women 400 Meter Dash Gr.8 Prelims #125 Women 800 Meter Run Gr.8 Prelims	1:11.01 3:03.04	3/7 2/8	5/13/2019 5/16/2019
12. Micah Logie - Male - Comp#: 228 - Ind/Rel: 3 / 0 #12 Men 1500 Meter Run Junior #52 Men 3000 Meter Run Junior #114 Men 1500 Meter Steeplechase 30" Junior	4:27.26 9:59.43 4:48.32	1/1 1/7 1/1	5/14/2019 5/13/2019 5/16/2019
13. Jeremiah Mackie - Male - Comp#: 229 - Ind/Rel: 3 / 0 #14 Men 1500 Meter Run Senior #42 Men 800 Meter Run Senior Prelims #54 Men 3000 Meter Run Senior	4:12.10 2:02.40 9:37.13	1/3 3/4 1/3	5/14/2019 5/16/2019 5/13/2019
14. Julia Mackie - Female - Comp#: 230 - Ind/Rel: 2 / 0 #11 Women 1500 Meter Run Junior #51 Women 3000 Meter Run Junior	5:15.02 11:41.55	1/5 1/7	5/14/2019 5/13/2019
15. Macey Michaud - Female - Comp#: 231 - Ind/Rel: 1 / 0 #73 Women Pole Vault Senior	2.65m	1/3	5/16/2019
16. Yuto Miyazaki - Male - Comp#: 232 - Ind/Rel: 1 / 0 #160 Boys 400 Meter Dash Special Olym Special Olym	1:43.62	1/3	5/13/2019
17. Samantha Palatinus - Female - Comp#: 233 - Ind/Rel: 2 / 0 #13 Women 1500 Meter Run Senior #53 Women 3000 Meter Run Senior	5:38.60 12:06.02	1/22 1/15	5/14/2019 5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Earl Marriott Secondary (EMSS)**

18.	Angela Peters - Female - Comp#: 234 - Ind/Rel: 3 / 0			
	#9 Women 400 Meter Run Senior Prelims	1:05.69	1/3	5/13/2019
	#31 Women 100 Meter Dash Senior Prelims	13.41	1/3	5/14/2019
	#49 Women 200 Meter Dash Senior Prelims	28.30	2/3	5/16/2019
19.	Colton Plummer - Male - Comp#: 235 - Ind/Rel: 1 / 0			
	#40 Men 800 Meter Run Junior Prelims	2:20.28	3/8	5/16/2019
20.	Maya Sanger - Female - Comp#: 236 - Ind/Rel: 1 / 0			
	#139 Women Javelin Throw 500 gr Gr.8	8.87m	1/1	5/14/2019
21.	Kylie Schlecker - Female - Comp#: 237 - Ind/Rel: 1 / 0			
	#3 Women 1500 Meter Steeplechase 30" Junior	6:14.72	1/7	5/16/2019
22.	Hanna Sobkowich - Female - Comp#: 238 - Ind/Rel: 3 / 0			
	#7 Women 400 Meter Run Junior Prelims	1:02.81	2/4	5/13/2019
	#29 Women 100 Meter Dash Junior Prelims	12.76	3/5	5/14/2019
	#47 Women 200 Meter Dash Junior Prelims	26.60	3/4	5/16/2019
23.	Max Stone - Male - Comp#: 239 - Ind/Rel: 1 / 0			
	#76 Men Shot Put 5 kg Junior	9.57m	1/7	5/14/2019
24.	Shaunika Suriya - Female - Comp#: 240 - Ind/Rel: 3 / 0			
	#25 Women 100 Meter Hurdles 33" Senior Prelims	18.94	1/7	5/16/2019
	#64 Women Long Jump Senior	4.50m	1/16	5/13/2019
	#70 Women High Jump Senior	1.45m	1/6	5/16/2019
25.	Olivia Van Ryswyk - Female - Comp#: 241 - Ind/Rel: 1 / 0			
	#73 Women Pole Vault Senior	2.95m	1/4	5/16/2019
26.	Alan Zietlow - Male - Comp#: 242 - Ind/Rel: 1 / 0			
	#8 Men 400 Meter Run Junior Prelims	59.45	1/2	5/13/2019
27.	Nicole Zietlow - Female - Comp#: 243 - Ind/Rel: 2 / 0			
	#9 Women 400 Meter Run Senior Prelims	1:10.79	2/7	5/13/2019
	#105 Women 400 Meter Hurdles Senior	1:16.99	2/4	5/14/2019
1.	Earl Marriott Secondary - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	56.00	1/3	5/13/2019
2.	Earl Marriott Secondary - 'A'			
	#21 Women 4x100 Meter Relay Senior Prelims	53.25	2/3	5/13/2019
3.	Earl Marriott Secondary - 'B'			
	#21 Women 4x100 Meter Relay Senior Prelims	57.78	2/8	5/13/2019
4.	Earl Marriott Secondary - 'A'			
	#35 Women 4x400 Meter Relay Senior	4:32.00	1/7	5/14/2019
5.	Earl Marriott Secondary - 'B'			
	#35 Women 4x400 Meter Relay Senior	4:43.84	1/8	5/14/2019
6.	Earl Marriott Secondary - 'A'			
	#108 Men 4x400 Meter Relay Junior	3:56.93	2/3	5/14/2019

**Earl Marriott Secondary Total Individual Entries: 47 - Total Relays: 6**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**Ecole Gabrielle-Roy (EGR)**

1. Cedrick Iyumva - Male - Comp#: 244 - Ind/Rel: 1 / 0

#32 Men 100 Meter Dash Senior Prelims

11.33 1/4

5/14/2019

**Ecole Gabrielle-Roy Total Individual Entries: 1 - Total Relays: 0**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Ecole Heritage Park Middle Sch (HPM)**

## 1. Brianna Sampson - Female - Comp#: 245 - Ind/Rel: 3 / 0

#62 Women Shot Put 3 kg Junior 10.75m 1/22 5/14/2019

#87 Women Discus Throw 1 kg Junior 23.73m 1/22 5/14/2019

#92 Women Hammer Throw 3 kg Junior 28.96m 1/8 5/16/2019

## 2. Jackson Trustham - Male - Comp#: 246 - Ind/Rel: 2 / 0

#63 Men Discus Throw 1.5 kg Junior 22.36m 1/6 5/13/2019

#83 Men Hammer Throw 5 kg Junior 24.79m 1/10 5/16/2019

**Ecole Heritage Park Middle Sch Total Individual Entries: 5 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Ecole Salish Secondary School (ESSS)**

1. Lindsay Cyr - Female - Comp#: 247 - Ind/Rel: 1 / 0 #141 Women Shot Put 3 kg Gr.8	11.05m	1/24	5/13/2019
2. Ryan Cyr - Male - Comp#: 248 - Ind/Rel: 1 / 0 #142 Men Shot Put 4 kg Gr.8	13.13m	1/22	5/13/2019
3. Emma Kearns - Female - Comp#: 249 - Ind/Rel: 3 / 0 #9 Women 400 Meter Run Senior Prelims	1:06.25	2/3	5/13/2019
#53 Women 3000 Meter Run Senior	11:45.64	1/12	5/13/2019
#105 Women 400 Meter Hurdles Senior	1:12.49	1/8	5/14/2019
4. Eniko Sara - Female - Comp#: 250 - Ind/Rel: 1 / 0 #98 Women Javelin Throw 600 gram Senior	37.47m	1/24	5/14/2019
5. Nick Sebastianelli - Male - Comp#: 251 - Ind/Rel: 3 / 0 #8 Men 400 Meter Run Junior Prelims	58.32	3/1	5/13/2019
#30 Men 100 Meter Dash Junior Prelims	11.91	3/3	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	24.24	1/5	5/16/2019
6. Leah Voisey - Female - Comp#: 252 - Ind/Rel: 1 / 0 #62 Women Shot Put 3 kg Junior	8.97m	1/10	5/14/2019
7. Rachel Woode - Female - Comp#: 253 - Ind/Rel: 2 / 0 #123 Women 400 Meter Dash Gr.8 Prelims	1:07.26	3/5	5/13/2019
#125 Women 800 Meter Run Gr.8 Prelims	2:32.81	2/4	5/16/2019

**Ecole Salish Secondary School      Total Individual Entries: 12   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Elgin Park Secondary (EPSS)**

1. Isaac Baker - Male - Comp#: 254 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:36.27	1/8	5/14/2019
#52 Men 3000 Meter Run Junior	9:58.06	1/6	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	4:54.97	1/20	5/16/2019
2. Lukas Brunke - Male - Comp#: 255 - Ind/Rel: 2 / 0			
#130 Men 3000 Meter Run Gr.8	13:42.71	1/21	5/13/2019
#140 Men Javelin Throw 600 gr Gr.8	19.99m	1/6	5/16/2019
3. Benjamin Carr - Male - Comp#: 256 - Ind/Rel: 1 / 0			
#136 Men High Jump Gr.8	1.50m	1/15	5/14/2019
4. Emma Cobban - Female - Comp#: 257 - Ind/Rel: 3 / 0			
#3 Women 1500 Meter Steeplechase 30" Junior	5:50.31	1/2	5/16/2019
#11 Women 1500 Meter Run Junior	5:17.69	1/6	5/14/2019
#51 Women 3000 Meter Run Junior	11:50.33	1/9	5/13/2019
5. Kezia Coutts - Female - Comp#: 258 - Ind/Rel: 1 / 0			
#39 Women 800 Meter Run Junior Prelims	2:36.08	3/3	5/16/2019
6. Kaelem Dumont - Male - Comp#: 259 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:36.97	1/9	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:16.08	1/6	5/16/2019
#52 Men 3000 Meter Run Junior	10:14.05	1/8	5/13/2019
7. Kate Hwang - Female - Comp#: 260 - Ind/Rel: 3 / 0			
#135 Women High Jump Gr.8	1.35m	1/11	5/13/2019
#137 Women Long Jump Gr.8	3.98m	1/13	5/14/2019
#150 Women Triple Jump Gr.8	9.25m	1/16	5/16/2019
8. Catherine Jiang - Female - Comp#: 261 - Ind/Rel: 1 / 0			
#123 Women 400 Meter Dash Gr.8 Prelims	1:11.12	2/7	5/13/2019
9. Maddie Lehman - Female - Comp#: 262 - Ind/Rel: 1 / 0			
#81 Women Long Jump Junior	4.27m	1/16	5/16/2019
10. Sophia Schulze - Female - Comp#: 263 - Ind/Rel: 3 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	13.69	3/5	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	27.69	2/4	5/16/2019
#150 Women Triple Jump Gr.8	9.01m	1/11	5/16/2019
11. Ajax Shen - Male - Comp#: 264 - Ind/Rel: 1 / 0			
#30 Men 100 Meter Dash Junior Prelims	12.02	2/6	5/14/2019
12. Nadia Weiss - Female - Comp#: 265 - Ind/Rel: 2 / 0			
#127 Women 1500 Meter Run Gr.8	6:03.72	1/12	5/14/2019
#135 Women High Jump Gr.8	1.25m	1/4	5/13/2019

**Elgin Park Secondary      Total Individual Entries: 24   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Enver Creek Secondary (EMCS)**

1. Aulakh Anureet - Female - Comp#: 266 - Ind/Rel: 0 / 1 #107 Women 4x400 Meter Relay Junior (4)	5:28.78	1/1	5/14/2019
2. Nathan Bantog - Male - Comp#: 267 - Ind/Rel: 1 / 1 #82 Men Triple Jump Junior	10.13m	1/3	5/14/2019
#108 Men 4x400 Meter Relay Junior (2)	4:20.17	1/8	5/14/2019
3. Mehakpreet Brar - Female - Comp#: 270 - Ind/Rel: 0 / 1 #145 Women 4x100 Meter Relay Gr.8 (4)	59.57	1/7	5/16/2019
4. Tanya Dhanoa - Female - Comp#: 271 - Ind/Rel: 2 / 2 #119 Women 100 Meter Dash Gr.8 Prelims	13.62	1/5	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	27.90	1/4	5/16/2019
#107 Women 4x400 Meter Relay Junior (1)	5:28.78	1/1	5/14/2019
#145 Women 4x100 Meter Relay Gr.8 (1)	59.57	1/7	5/16/2019
5. Arjun Dhatt - Male - Comp#: 272 - Ind/Rel: 1 / 1 #52 Men 3000 Meter Run Junior	10:46.10	1/16	5/13/2019
#108 Men 4x400 Meter Relay Junior (1)	4:20.17	1/8	5/14/2019
6. Harvir Gill - Male - Comp#: 273 - Ind/Rel: 1 / 1 #48 Men 200 Meter Dash Junior Prelims	25.19	3/7	5/16/2019
#108 Men 4x400 Meter Relay Junior (4)	4:20.17	1/8	5/14/2019
7. Gill Harvir - Male - Comp#: 274 - Ind/Rel: 0 / 1 #20 Men 4x100 Meter Relay Junior Prelims (2)	48.61	1/3	5/13/2019
8. Karmen Jawanda - Female - Comp#: 275 - Ind/Rel: 0 / 2 #107 Women 4x400 Meter Relay Junior (2)	5:28.78	1/1	5/14/2019
#145 Women 4x100 Meter Relay Gr.8 (3)	59.57	1/7	5/16/2019
9. Karman Kang - Female - Comp#: 276 - Ind/Rel: 3 / 0 #25 Women 100 Meter Hurdles 33" Senior Prelims	18.25	2/3	5/16/2019
#64 Women Long Jump Senior	4.19m	1/11	5/13/2019
#89 Women Triple Jump Senior	9.44m	1/11	5/14/2019
10. Kushal Kumar - Male - Comp#: 277 - Ind/Rel: 0 / 1 #108 Men 4x400 Meter Relay Junior (3)	4:20.17	1/8	5/14/2019
11. Josh Kurtz - Male - Comp#: 278 - Ind/Rel: 2 / 1 #82 Men Triple Jump Junior	11.47m	1/16	5/14/2019
#93 Men High Jump Junior	1.65m	1/14	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (4)	48.61	1/3	5/13/2019
12. Jenna Li - Female - Comp#: 279 - Ind/Rel: 1 / 0 #29 Women 100 Meter Dash Junior Prelims	13.79	2/6	5/14/2019
13. Jasmine Mahil - Female - Comp#: 280 - Ind/Rel: 0 / 2 #107 Women 4x400 Meter Relay Junior (3)	5:28.78	1/1	5/14/2019
#145 Women 4x100 Meter Relay Gr.8 (2)	59.57	1/7	5/16/2019
14. Mohammed Najm - Male - Comp#: 281 - Ind/Rel: 0 / 1 #20 Men 4x100 Meter Relay Junior Prelims (3)	48.61	1/3	5/13/2019
15. Rocky Saini - Male - Comp#: 282 - Ind/Rel: 2 / 0 #126 Men 800 Meter Run Gr.8 Prelims	2:27.24	1/3	5/16/2019
#128 Men 1500 Meter Run Gr.8	5:07.44	1/10	5/14/2019
16. Nanaki Sangha - Female - Comp#: 284 - Ind/Rel: 3 / 0 #13 Women 1500 Meter Run Senior	5:28.36	1/17	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	5:39.93	1/5	5/16/2019
#105 Women 400 Meter Hurdles Senior	1:10.11	1/6	5/14/2019
17. Harman Taggar - Male - Comp#: 285 - Ind/Rel: 0 / 1 #20 Men 4x100 Meter Relay Junior Prelims (1)	48.61	1/3	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Enver Creek Secondary (EMCS)**

18.	Aathini Vikkineswrarajah - Female - Comp#: 286 - Ind/Rel: 1 / 0 #97 Women High Jump Junior	1.20m	1/2	5/14/2019
1.	Enver Creek Secondary - 'A' #20 Men 4x100 Meter Relay Junior Prelims #285 Harman Taggar; #274 Gill Harvir; #281 Mohammed Najm; #278 Josh Kurtz	48.61	1/3	5/13/2019
2.	Enver Creek Secondary - 'A' #107 Women 4x400 Meter Relay Junior #271 Tanya Dhanoa; #275 Karmen Jawanda; #280 Jasmine Mahil; #266 Aulakh Anureet	5:28.78	1/1	5/14/2019
3.	Enver Creek Secondary - 'A' #108 Men 4x400 Meter Relay Junior #272 Arjun Dhatt; #267 Nathan Bantog; #277 Kushal Kumar; #273 Harvir Gill	4:20.17	1/8	5/14/2019
4.	Enver Creek Secondary - 'A' #145 Women 4x100 Meter Relay Gr.8 #271 Tanya Dhanoa; #280 Jasmine Mahil; #275 Karmen Jawanda; #270 Mehakpreet Brar	59.57	1/7	5/16/2019
	<b>Enver Creek Secondary</b>			
	<b>Total Individual Entries: 17 - Total Relays: 4</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Fleetwood Park (FS)**

1. Manroop Ghuman - Female - Comp#: 287 - Ind/Rel: 1 / 0 #89 Women Triple Jump Senior	8.09m	1/2	5/14/2019
2. Navraj Gill - Male - Comp#: 288 - Ind/Rel: 1 / 0 #60 Men Javelin Throw 800 gram Senior	20.17m	1/2	5/14/2019
3. Jenna Goeres - Female - Comp#: 289 - Ind/Rel: 1 / 0 #43 Women 1500 Meter Race Walk Senior	9:37.16	1/4	5/13/2019
4. Bhav Gosal - Male - Comp#: 290 - Ind/Rel: 1 / 0 #65 Men Triple Jump Senior	10.13m	1/6	5/14/2019
5. Sanjam Kaur - Female - Comp#: 291 - Ind/Rel: 1 / 0 #141 Women Shot Put 3 kg Gr.8	6.83m	1/4	5/13/2019
6. Kyla Ladisla - Female - Comp#: 292 - Ind/Rel: 1 / 1 #57 Women Triple Jump Junior #19 Women 4x100 Meter Relay Junior Prelims (4)	9.17m 1:00.11	1/15 2/8	5/13/2019 5/13/2019
7. Viviana Li - Female - Comp#: 293 - Ind/Rel: 2 / 0 #11 Women 1500 Meter Run Junior #51 Women 3000 Meter Run Junior	5:09.00 11:06.56	1/4 1/2	5/14/2019 5/13/2019
8. Ella Luu - Female - Comp#: 294 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (2)	1:00.11	2/8	5/13/2019
9. Maybhel Ondiz - Female - Comp#: 295 - Ind/Rel: 0 / 1 #21 Women 4x100 Meter Relay Senior Prelims (1)	58.28	2/2	5/13/2019
10. Tanvi Pandhi - Female - Comp#: 296 - Ind/Rel: 2 / 1 #57 Women Triple Jump Junior #109 Women 1500 Meter Race Walk Junior #21 Women 4x100 Meter Relay Senior Prelims (3)	8.46m 10:34.51 58.28	1/7 1/8 2/2	5/13/2019 5/13/2019 5/13/2019
11. Shantel Penano - Female - Comp#: 297 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (3)	1:00.11	2/8	5/13/2019
12. Katherine Pope - Female - Comp#: 298 - Ind/Rel: 0 / 1 #21 Women 4x100 Meter Relay Senior Prelims (2)	58.28	2/2	5/13/2019
13. Tony Qi - Male - Comp#: 299 - Ind/Rel: 2 / 0 #126 Men 800 Meter Run Gr.8 Prelims #138 Men Long Jump Gr.8	2:33.62 4.34m	1/8 1/8	5/16/2019 5/14/2019
14. Vasudev Rajeeve - Male - Comp#: 300 - Ind/Rel: 3 / 0 #136 Men High Jump Gr.8 #140 Men Javelin Throw 600 gr Gr.8 #144 Men Discus Throw 1 kg Gr.8	1.35m 15.79m 27.02m	1/7 1/2 1/4	5/14/2019 5/16/2019 5/14/2019
15. Manreet Sangha - Female - Comp#: 301 - Ind/Rel: 2 / 0 #25 Women 100 Meter Hurdles 33" Senior Prelims #49 Women 200 Meter Dash Senior Prelims	15.75 26.98	1/5 3/4	5/16/2019 5/16/2019
16. Ayesha Saren - Female - Comp#: 302 - Ind/Rel: 1 / 1 #75 Women Javelin Throw 500 gram Junior #19 Women 4x100 Meter Relay Junior Prelims (1)	18.25m 1:00.11	1/4 2/8	5/13/2019 5/13/2019
17. K'Nyaw Saw - Male - Comp#: 303 - Ind/Rel: 1 / 0 #153 Boys Shot Put Special Olym Special Olympics	3.25m	1/2	5/16/2019
18. Nathan Thiessen - Male - Comp#: 304 - Ind/Rel: 1 / 0 #88 Men Javelin Throw 700 gram Junior	27.14m	1/5	5/13/2019
19. Jaiveer Tiwana - Male - Comp#: 305 - Ind/Rel: 3 / 0 #14 Men 1500 Meter Run Senior #34 Men 2000 Meter Steeplechase 33" Senior #54 Men 3000 Meter Run Senior	4:11.18 6:09.82 9:26.87	1/1 1/1 1/1	5/14/2019 5/16/2019 5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Fleetwood Park (FS)**

20.	Heather Trocher - Female - Comp#: 306 - Ind/Rel: 1 / 0 #143 Women Discus Throw 1 kg Gr.8	16.41m	1/12	5/14/2019
21.	Julia Ueda-Avarvarei - Female - Comp#: 307 - Ind/Rel: 1 / 0 #98 Women Javelin Throw 600 gram Senior	28.44m	1/18	5/14/2019
22.	Riya Viridi - Female - Comp#: 308 - Ind/Rel: 1 / 0 #98 Women Javelin Throw 600 gram Senior	19.77m	1/6	5/14/2019
23.	Christa Wright - Female - Comp#: 309 - Ind/Rel: 2 / 1 #59 Women Discus Throw 1 kg Senior	13.33m	1/4	5/13/2019
	#89 Women Triple Jump Senior	8.64m	1/7	5/14/2019
	#21 Women 4x100 Meter Relay Senior Prelims (4)	58.28	2/2	5/13/2019
24.	Brandon Yan - Male - Comp#: 310 - Ind/Rel: 1 / 0 #63 Men Discus Throw 1.5 kg Junior	16.81m	1/1	5/13/2019
1.	Fleetwood Park - 'A' #19 Women 4x100 Meter Relay Junior Prelims	1:00.11	2/8	5/13/2019
	#302 Ayesha Saren; #294 Ella Luu; #297 Shantel Penano; #292 Kyla Ladisla			
2.	Fleetwood Park - 'A' #21 Women 4x100 Meter Relay Senior Prelims	58.28	2/2	5/13/2019
	#295 Maybhel Ondiz; #298 Katherine Pope; #296 Tanvi Pandhi; #309 Christa Wright			
	<b>Fleetwood Park Total Individual Entries: 29 - Total Relays: 2</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Fraser Heights Secondary School (FHSS)**

1. Jolee Chan - Female - Comp#: 311 - Ind/Rel: 2 / 0			
#57 Women Triple Jump Junior	9.85m	1/21	5/13/2019
#81 Women Long Jump Junior	4.22m	1/13	5/16/2019
2. Philip Chen - Male - Comp#: 312 - Ind/Rel: 1 / 1			
#82 Men Triple Jump Junior	10.72m	1/9	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (4)	45.98	2/4	5/13/2019
3. Landon Foley - Male - Comp#: 313 - Ind/Rel: 1 / 0			
#54 Men 3000 Meter Run Senior	10:39.11	1/13	5/13/2019
4. Aaron Fos-Oy - Male - Comp#: 314 - Ind/Rel: 0 / 1			
#22 Men 4x100 Meter Relay Senior Prelims (4)	47.00	2/6	5/13/2019
5. Estella Mainella - Female - Comp#: 315 - Ind/Rel: 2 / 0			
#29 Women 100 Meter Dash Junior Prelims	12.41	2/4	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	25.88	2/4	5/16/2019
6. Floyd Morfe - Male - Comp#: 316 - Ind/Rel: 2 / 1			
#30 Men 100 Meter Dash Junior Prelims	11.60	3/4	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	24.36	1/3	5/16/2019
#20 Men 4x100 Meter Relay Junior Prelims (1)	45.98	2/4	5/13/2019
7. Alejandro Pelayo - Male - Comp#: 317 - Ind/Rel: 3 / 1			
#30 Men 100 Meter Dash Junior Prelims	11.99	1/3	5/14/2019
#58 Men Long Jump Junior	5.58m	1/16	5/13/2019
#82 Men Triple Jump Junior	12.26m	1/22	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (2)	45.98	2/4	5/13/2019
8. Lorenzo Pelayo - Male - Comp#: 318 - Ind/Rel: 2 / 1			
#30 Men 100 Meter Dash Junior Prelims	12.02	1/6	5/14/2019
#82 Men Triple Jump Junior	11.91m	1/20	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (3)	45.98	2/4	5/13/2019
9. Jesaiah Penson-McCoy - Male - Comp#: 319 - Ind/Rel: 2 / 0			
#32 Men 100 Meter Dash Senior Prelims	10.95	3/4	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	22.12	3/4	5/16/2019
10. Stephen Qiu - Male - Comp#: 320 - Ind/Rel: 1 / 0			
#50 Men 200 Meter Dash Senior Prelims	26.14	1/2	5/16/2019
11. Kris Reddy - Male - Comp#: 321 - Ind/Rel: 1 / 0			
#40 Men 800 Meter Run Junior Prelims	2:17.99	2/7	5/16/2019
12. Anthony Rich - Male - Comp#: 322 - Ind/Rel: 1 / 1			
#32 Men 100 Meter Dash Senior Prelims	11.84	3/7	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (1)	47.00	2/6	5/13/2019
13. Deborah Schermann - Female - Comp#: 323 - Ind/Rel: 2 / 0			
#64 Women Long Jump Senior	3.97m	1/4	5/13/2019
#70 Women High Jump Senior	1.55m	1/9	5/16/2019
14. Yousuf Shamsi - Male - Comp#: 324 - Ind/Rel: 2 / 0			
#12 Men 1500 Meter Run Junior	4:42.31	1/16	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:15.82	1/3	5/16/2019
15. Krysthina Vlahovic - Female - Comp#: 325 - Ind/Rel: 3 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	12.12	1/4	5/16/2019
#29 Women 100 Meter Dash Junior Prelims	12.96	2/5	5/14/2019
#103 Women 300 Meter Hurdles Junior	49.20	2/3	5/14/2019
16. Jeffery Wang - Male - Comp#: 326 - Ind/Rel: 0 / 1			
#22 Men 4x100 Meter Relay Senior Prelims (3)	47.00	2/6	5/13/2019



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Fraser Heights Secondary Schoo (FHSS)**

17.	Injoon Youn - Male - Comp#: 327 - Ind/Rel: 0 / 1			
	#22 Men 4x100 Meter Relay Senior Prelims (2)	47.00	2/6	5/13/2019
18.	Weihang Zheng - Male - Comp#: 328 - Ind/Rel: 1 / 0			
	#54 Men 3000 Meter Run Senior	10:46.01	1/18	5/13/2019
1.	Fraser Heights Secondary Schoo - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	45.98	2/4	5/13/2019
	#316 Floyd Morfe; #317 Alejandro Pelayo; #318 Lorenzo Pelayo; #312 Philip Chen			
2.	Fraser Heights Secondary Schoo - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	47.00	2/6	5/13/2019
	#322 Anthony Rich; #327 Injoon Youn; #326 Jeffery Wang; #314 Aaron Fos-Oy			

**Fraser Heights Secondary Schoo Total Individual Entries: 26 - Total Relays: 2**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Garibaldi Secondary (GARI)**

- |   |          |      |           |
|---|----------|------|-----------|
| 1. Mackenzie Frobisher - Female - Comp#: 329 - Ind/Rel: 1 / 0<br>#39 Women 800 Meter Run Junior Prelims | 2:58.43  | 2/2  | 5/16/2019 |
| 2. Grace Johnston - Female - Comp#: 330 - Ind/Rel: 1 / 0<br>#123 Women 400 Meter Dash Gr.8 Prelims      | 1:16.01  | 3/2  | 5/13/2019 |
| 3. Megan Porter - Female - Comp#: 331 - Ind/Rel: 3 / 0<br>#3 Women 1500 Meter Steeplechase 30" Junior   | 6:51.60  | 1/14 | 5/16/2019 |
| #11 Women 1500 Meter Run Junior   | 6:08.30  | 1/21 | 5/14/2019 |
| #51 Women 3000 Meter Run Junior   | 11:31.39 | 1/5  | 5/13/2019 |
| 4. Keili Reist - Female - Comp#: 332 - Ind/Rel: 1 / 0<br>#39 Women 800 Meter Run Junior Prelims         | 3:07.05  | 1/2  | 5/16/2019 |

**Garibaldi Secondary Total Individual Entries: 6 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Gleneagle Secondary (GLEN)**

1. Liz Gilder - Female - Comp#: 333 - Ind/Rel: 1 / 0			
#89 Women Triple Jump Senior	8.97m	1/10	5/14/2019
2. Josh Laughlin - Male - Comp#: 334 - Ind/Rel: 3 / 0			
#10 Men 400 Meter Run Senior Prelims	52.93	1/5	5/13/2019
#42 Men 800 Meter Run Senior Prelims	2:16.32	2/2	5/16/2019
#50 Men 200 Meter Dash Senior Prelims	23.43	3/3	5/16/2019
3. Lucie Thomas - Female - Comp#: 335 - Ind/Rel: 2 / 0			
#29 Women 100 Meter Dash Junior Prelims	14.16	3/1	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	30.47	3/2	5/16/2019
4. Ethan Yang - Male - Comp#: 336 - Ind/Rel: 2 / 0			
#14 Men 1500 Meter Run Senior	5:03.25	1/23	5/14/2019
#54 Men 3000 Meter Run Senior	10:42.75	1/17	5/13/2019

**Gleneagle Secondary      Total Individual Entries: 8   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Guildford Park (GLPK)**

1. Daythan Boraphet - Male - Comp#: 337 - Ind/Rel: 1 / 0 #93 Men High Jump Junior	1.50m	1/1	5/14/2019
2. Tricia Cacho - Female - Comp#: 338 - Ind/Rel: 2 / 0 #137 Women Long Jump Gr.8	3.97m	1/12	5/14/2019
#150 Women Triple Jump Gr.8	8.01m	1/5	5/16/2019
3. Abdi Hassan - Male - Comp#: 339 - Ind/Rel: 1 / 1 #50 Men 200 Meter Dash Senior Prelims	24.95	3/8	5/16/2019
#22 Men 4x100 Meter Relay Senior Prelims (2)	50.11	1/2	5/13/2019
4. Sincere Joseph - Male - Comp#: 340 - Ind/Rel: 1 / 1 #90 Men Long Jump Senior	5.42m	1/10	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (3)	50.11	1/2	5/13/2019
5. Naresh Khadka - Male - Comp#: 341 - Ind/Rel: 1 / 1 #88 Men Javelin Throw 700 gram Junior	23.32m	1/1	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (4)	50.11	1/2	5/13/2019
6. Naisha Khan - Female - Comp#: 342 - Ind/Rel: 0 / 1 #107 Women 4x400 Meter Relay Junior (4)	4:56.64	1/3	5/14/2019
7. Ria Laura - Female - Comp#: 343 - Ind/Rel: 1 / 1 #47 Women 200 Meter Dash Junior Prelims	30.51	2/2	5/16/2019
#107 Women 4x400 Meter Relay Junior (1)	4:56.64	1/3	5/14/2019
8. Daniel Malunhao - Male - Comp#: 344 - Ind/Rel: 2 / 2 #120 Men 100 Meter Dash Gr.8 Prelims	13.00	3/3	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	27.84	1/3	5/16/2019
#146 Men 4x100 Meter Relay Gr.8 (2)	53.14	2/8	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (1)	4:45.82	1/6	5/14/2019
9. Elichai Mansell - Male - Comp#: 345 - Ind/Rel: 3 / 0 #8 Men 400 Meter Run Junior Prelims	54.96	1/3	5/13/2019
#24 Men 100 Meter Hurdles 33" Junior Prelims	16.02	1/5	5/16/2019
#104 Men 300 Meter Hurdles Junior	43.56	1/7	5/14/2019
10. Monica Mena - Female - Comp#: 346 - Ind/Rel: 1 / 0 #109 Women 1500 Meter Race Walk Junior	11:28.00	1/10	5/13/2019
11. Andrei Mendoza - Male - Comp#: 347 - Ind/Rel: 0 / 2 #146 Men 4x100 Meter Relay Gr.8 (1)	53.14	2/8	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (4)	4:45.82	1/6	5/14/2019
12. Jasmine Mohammed - Female - Comp#: 348 - Ind/Rel: 3 / 1 #7 Women 400 Meter Run Junior Prelims	1:05.02	3/5	5/13/2019
#39 Women 800 Meter Run Junior Prelims	2:34.03	2/3	5/16/2019
#103 Women 300 Meter Hurdles Junior	50.69	2/7	5/14/2019
#107 Women 4x400 Meter Relay Junior (3)	4:56.64	1/3	5/14/2019
13. Wasi Muntakim - Male - Comp#: 349 - Ind/Rel: 3 / 2 #124 Men 400 Meter Dash Gr.8 Prelims	1:06.49	1/7	5/13/2019
#126 Men 800 Meter Run Gr.8 Prelims	2:49.70	1/2	5/16/2019
#136 Men High Jump Gr.8	1.35m	1/6	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (4)	53.14	2/8	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (3)	4:45.82	1/6	5/14/2019
14. Jessie Nystrom - Male - Comp#: 350 - Ind/Rel: 2 / 1 #142 Men Shot Put 4 kg Gr.8	8.90m	1/13	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	14.04m	1/12	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (3)	53.14	2/8	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Guildford Park (GLPK)**

15.	Krupa Patel - Female - Comp#: 351 - Ind/Rel: 1 / 1			
	#57 Women Triple Jump Junior	8.90m	1/13	5/13/2019
	#107 Women 4x400 Meter Relay Junior (2)	4:56.64	1/3	5/14/2019
16.	Abdi Rage - Male - Comp#: 352 - Ind/Rel: 2 / 1			
	#10 Men 400 Meter Run Senior Prelims	55.04	1/7	5/13/2019
	#42 Men 800 Meter Run Senior Prelims	2:07.45	1/3	5/16/2019
	#22 Men 4x100 Meter Relay Senior Prelims (1)	50.11	1/2	5/13/2019
17.	Kalvin Singson - Male - Comp#: 353 - Ind/Rel: 2 / 1			
	#120 Men 100 Meter Dash Gr.8 Prelims	12.85	2/4	5/14/2019
	#122 Men 200 Meter Dash Gr.8 Prelims	27.45	2/3	5/16/2019
	#148 Men 4x400 Meter Relay Gr.8 (2)	4:45.82	1/6	5/14/2019
18.	Maxwell Smith - Male - Comp#: 354 - Ind/Rel: 2 / 0			
	#60 Men Javelin Throw 800 gram Senior	8.57m	1/1	5/14/2019
	#66 Men Discus Throw 1.75 kg Senior	9.00m	1/1	5/13/2019
1.	Guildford Park - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	50.11	1/2	5/13/2019
	#352 Abdi Rage; #339 Abdi Hassan; #340 Sincere Joseph; #341 Naresh Khadka			
2.	Guildford Park - 'A'			
	#107 Women 4x400 Meter Relay Junior	4:56.64	1/3	5/14/2019
	#343 Ria Laura; #351 Krupa Patel; #348 Jasmine Mohammed; #342 Naisha Khan			
3.	Guildford Park - 'A'			
	#146 Men 4x100 Meter Relay Gr.8	53.14	2/8	5/16/2019
	#347 Andrei Mendoza; #344 Daniel Malunhao; #350 Jessie Nystrom; #349 Wasi Muntakim			
4.	Guildford Park - 'A'			
	#148 Men 4x400 Meter Relay Gr.8	4:45.82	1/6	5/14/2019
	#344 Daniel Malunhao; #353 Kalvin Singson; #349 Wasi Muntakim; #347 Andrei Mendoza			
	<b>Guildford Park Total Individual Entries: 28 - Total Relays: 4</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****GW Graham - Chilliwack (GWG)**

1. Kennedy Campbell - Female - Comp#: 355 - Ind/Rel: 1 / 0 #57 Women Triple Jump Junior	7.36m	1/2	5/13/2019
2. Mackenzie Campbell - Female - Comp#: 356 - Ind/Rel: 3 / 0 #9 Women 400 Meter Run Senior Prelims	1:11.44	1/8	5/13/2019
#33 Women 1500 Meter Steeplechase 30" Senior	6:57.29	1/20	5/16/2019
#41 Women 800 Meter Run Senior Prelims	2:56.93	1/7	5/16/2019
3. Garreth Conner - Male - Comp#: 357 - Ind/Rel: 1 / 0 #54 Men 3000 Meter Run Senior	11:09.28	1/20	5/13/2019
4. Aliza Dueck - Female - Comp#: 358 - Ind/Rel: 3 / 0 #9 Women 400 Meter Run Senior Prelims	1:10.79	2/8	5/13/2019
#33 Women 1500 Meter Steeplechase 30" Senior	6:19.29	1/16	5/16/2019
#41 Women 800 Meter Run Senior Prelims	2:42.24	2/6	5/16/2019
5. Khauner Fast - Male - Comp#: 359 - Ind/Rel: 2 / 0 #12 Men 1500 Meter Run Junior	4:53.65	1/20	5/14/2019
#52 Men 3000 Meter Run Junior	10:45.98	1/15	5/13/2019
6. Erin Hansen - Female - Comp#: 360 - Ind/Rel: 1 / 0 #62 Women Shot Put 3 kg Junior	9.50m	1/13	5/14/2019
7. Bedza Mannes - Male - Comp#: 361 - Ind/Rel: 3 / 0 #32 Men 100 Meter Dash Senior Prelims	11.86	2/7	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	24.36	3/7	5/16/2019
#90 Men Long Jump Senior	5.45m	1/11	5/14/2019
8. Megan Owens - Female - Comp#: 362 - Ind/Rel: 2 / 0 #33 Women 1500 Meter Steeplechase 30" Senior	6:17.33	1/15	5/16/2019
#53 Women 3000 Meter Run Senior	12:38.70	1/20	5/13/2019

**GW Graham - Chilliwack Total Individual Entries: 16 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Hatzic Secondary School (HATZ)**

1.	Adaisha Beals - Female - Comp#: 363 - Ind/Rel: 1 / 0 #57 Women Triple Jump Junior	9.82m	1/20	5/13/2019
2.	Marissa Bradley - Female - Comp#: 364 - Ind/Rel: 1 / 1 #135 Women High Jump Gr.8	1.40m	1/14	5/13/2019
	#145 Women 4x100 Meter Relay Gr.8 (4)	56.96	2/1	5/16/2019
3.	Will Burke - Male - Comp#: 365 - Ind/Rel: 1 / 0 #52 Men 3000 Meter Run Junior	11:12.98	1/23	5/13/2019
4.	Lucas Field - Male - Comp#: 366 - Ind/Rel: 1 / 0 #126 Men 800 Meter Run Gr.8 Prelims	2:32.83	3/7	5/16/2019
5.	Sam Gerbrand - Male - Comp#: 367 - Ind/Rel: 1 / 0 #140 Men Javelin Throw 600 gr Gr.8	23.99m	1/14	5/16/2019
6.	Avery MacDonald - Female - Comp#: 369 - Ind/Rel: 2 / 1 #119 Women 100 Meter Dash Gr.8 Prelims	14.90	3/2	5/14/2019
	#121 Women 200 Meter Dash Gr.8 Prelims	31.12	1/8	5/16/2019
	#145 Women 4x100 Meter Relay Gr.8 (1)	56.96	2/1	5/16/2019
7.	Trevor Matthysen - Male - Comp#: 370 - Ind/Rel: 3 / 0 #136 Men High Jump Gr.8	1.45m	1/14	5/14/2019
	#140 Men Javelin Throw 600 gr Gr.8	23.85m	1/13	5/16/2019
	#144 Men Discus Throw 1 kg Gr.8	21.22m	1/15	5/14/2019
8.	Annika Richards - Female - Comp#: 371 - Ind/Rel: 0 / 1 #145 Women 4x100 Meter Relay Gr.8 (2)	56.96	2/1	5/16/2019
9.	Rya Roberts - Female - Comp#: 372 - Ind/Rel: 1 / 0 #131 Women 80 Meter Hurdles 30" Gr.8 Prelims	17.39	1/7	5/16/2019
10.	Emery Willis - Female - Comp#: 373 - Ind/Rel: 1 / 1 #119 Women 100 Meter Dash Gr.8 Prelims	14.19	2/6	5/14/2019
	#145 Women 4x100 Meter Relay Gr.8 (3)	56.96	2/1	5/16/2019
1.	Hatzic Secondary School - 'A' #145 Women 4x100 Meter Relay Gr.8	56.96	2/1	5/16/2019
	#369 Avery MacDonald; #371 Annika Richards; #373 Emery Willis; #364 Marissa Bradley			
	<b>Hatzic Secondary School Total Individual Entries: 12 - Total Relays: 1</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

**HD Stafford Middle (HDSM)**

1. Danielle Hagyard - Female - Comp#: 374 - Ind/Rel: 2 / 0

#127 Women 1500 Meter Run Gr.8	5:46.52	1/8	5/14/2019
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#137 Women Long Jump Gr.8	3.89m	1/8	5/14/2019
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**HD Stafford Middle      Total Individual Entries: 2   -   Total Relays: 0**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Heritage Woods Secondary (HWSS)**

1. James Astrab - Male - Comp#: 375 - Ind/Rel: 2 / 1			
#14 Men 1500 Meter Run Senior	4:59.12	1/22	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	7:46.60	1/18	5/16/2019
#36 Men 4x400 Meter Relay Senior (3)	4:01.56	2/3	5/14/2019
2. Carly Bellamy - Female - Comp#: 376 - Ind/Rel: 0 / 1			
#19 Women 4x100 Meter Relay Junior Prelims (2)	59:37.00	2/2	5/13/2019
3. Georgia Bishop - Female - Comp#: 377 - Ind/Rel: 1 / 1			
#7 Women 400 Meter Run Junior Prelims	1:11.53	2/8	5/13/2019
#107 Women 4x400 Meter Relay Junior (4)	4:52.00	2/1	5/14/2019
4. Anika Blane - Female - Comp#: 378 - Ind/Rel: 0 / 1			
#107 Women 4x400 Meter Relay Junior (3)	4:52.00	2/1	5/14/2019
5. Eliza Bodnariuc - Female - Comp#: 379 - Ind/Rel: 1 / 0			
#49 Women 200 Meter Dash Senior Prelims	28.57	1/3	5/16/2019
6. Sabine Campeau - Female - Comp#: 380 - Ind/Rel: 2 / 0			
#31 Women 100 Meter Dash Senior Prelims	14.16	1/1	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	29.18	3/7	5/16/2019
7. Madison Chiang-Tsui - Female - Comp#: 381 - Ind/Rel: 2 / 1			
#75 Women Javelin Throw 500 gram Junior	28.28m	1/20	5/13/2019
#87 Women Discus Throw 1 kg Junior	14.68m	1/5	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (1)	59:37.00	2/2	5/13/2019
8. Charlotte Hall - Female - Comp#: 382 - Ind/Rel: 2 / 0			
#43 Women 1500 Meter Race Walk Senior	10:19.41	1/7	5/13/2019
#53 Women 3000 Meter Run Senior	13:13.51	1/21	5/13/2019
9. Tyson Hutt - Male - Comp#: 383 - Ind/Rel: 1 / 1			
#93 Men High Jump Junior	1.55m	1/5	5/14/2019
#36 Men 4x400 Meter Relay Senior (1)	4:01.56	2/3	5/14/2019
10. Raana Jahangiri - Female - Comp#: 384 - Ind/Rel: 1 / 0			
#43 Women 1500 Meter Race Walk Senior	13:00.50	1/9	5/13/2019
11. Mackenzie Jones - Female - Comp#: 385 - Ind/Rel: 1 / 2			
#11 Women 1500 Meter Run Junior	5:37.61	1/16	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (4)	59:37.00	2/2	5/13/2019
#107 Women 4x400 Meter Relay Junior (1)	4:52.00	2/1	5/14/2019
12. Kiara Kozak - Female - Comp#: 386 - Ind/Rel: 2 / 0			
#43 Women 1500 Meter Race Walk Senior	10:03.75	1/6	5/13/2019
#70 Women High Jump Senior	1.45m	1/3	5/16/2019
13. Emma LeBlanc - Female - Comp#: 387 - Ind/Rel: 1 / 0			
#31 Women 100 Meter Dash Senior Prelims	14.31	1/2	5/14/2019
14. Nick Lee - Male - Comp#: 388 - Ind/Rel: 1 / 0			
#66 Men Discus Throw 1.75 kg Senior	21.46m	1/6	5/13/2019
15. Brendan McLaughlin - Male - Comp#: 389 - Ind/Rel: 3 / 1			
#14 Men 1500 Meter Run Senior	4:26.89	1/5	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	6:31.50	1/2	5/16/2019
#42 Men 800 Meter Run Senior Prelims	2:08.82	2/6	5/16/2019
#36 Men 4x400 Meter Relay Senior (2)	4:01.56	2/3	5/14/2019
16. Noa Moradi - Male - Comp#: 390 - Ind/Rel: 3 / 0			
#63 Men Discus Throw 1.5 kg Junior	18.93m	1/3	5/13/2019
#76 Men Shot Put 5 kg Junior	10.56m	1/16	5/14/2019
#88 Men Javelin Throw 700 gram Junior	32.09m	1/18	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Heritage Woods Secondary (HWSS)**

17.	Kya Moss - Female - Comp#: 391 - Ind/Rel: 1 / 1			
	#11 Women 1500 Meter Run Junior	5:43.61	1/18	5/14/2019
	#107 Women 4x400 Meter Relay Junior (2)	4:52.00	2/1	5/14/2019
18.	Peter Mueckel - Male - Comp#: 392 - Ind/Rel: 1 / 1			
	#26 Men 110 Meter Hurdles 36" Senior Prelims	19.15	3/7	5/16/2019
	#36 Men 4x400 Meter Relay Senior (4)	4:01.56	2/3	5/14/2019
19.	Monica Perez-Ricuarte - Female - Comp#: 393 - Ind/Rel: 0 / 1			
	#19 Women 4x100 Meter Relay Junior Prelims (3)	59:37.00	2/2	5/13/2019
20.	Andrew Roberts - Male - Comp#: 394 - Ind/Rel: 1 / 0			
	#44 Men 1500 Meter Race Walk Senior	10:03.14	1/7	5/13/2019
21.	Adam Wang - Male - Comp#: 395 - Ind/Rel: 1 / 0			
	#32 Men 100 Meter Dash Senior Prelims	12.25	2/2	5/14/2019
22.	Michael Yoo - Male - Comp#: 396 - Ind/Rel: 2 / 0			
	#66 Men Discus Throw 1.75 kg Senior	28.46m	1/15	5/13/2019
	#100 Men Shot Put 6 kg Senior	10.09m	1/12	5/16/2019
1.	Heritage Woods Secondary - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	59:37.00	2/2	5/13/2019
	#381 Madison Chiang-Tsui; #376 Carly Bellamy; #393 Monica Perez-Ricuarte; #385 Mackenzie Jones			
2.	Heritage Woods Secondary - 'A'			
	#36 Men 4x400 Meter Relay Senior	4:01.56	2/3	5/14/2019
	#383 Tyson Hutt; #389 Brendan McLaughlin; #375 James Astrab; #392 Peter Mueckel			
3.	Heritage Woods Secondary - 'A'			
	#107 Women 4x400 Meter Relay Junior	4:52.00	2/1	5/14/2019
	#385 Mackenzie Jones; #391 Kya Moss; #378 Anika Blane; #377 Georgia Bishop			
	<b>Heritage Woods Secondary</b>	<b>Total Individual Entries: 29</b>	<b>-</b>	<b>Total Relays: 3</b>

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Highroad Academy (HRA)**

1. Samuel Gaertner - Male - Comp#: 397 - Ind/Rel: 1 / 0 #44 Men 1500 Meter Race Walk Senior	10:02.18	1/6	5/13/2019
2. Josiah Gamlak - Male - Comp#: 398 - Ind/Rel: 1 / 0 #60 Men Javelin Throw 800 gram Senior	35.25m	1/11	5/14/2019
3. Levi Goodwin - Male - Comp#: 399 - Ind/Rel: 1 / 0 #142 Men Shot Put 4 kg Gr.8	8.90m	1/11	5/13/2019
4. Quinn Goosen - Male - Comp#: 400 - Ind/Rel: 3 / 0 #128 Men 1500 Meter Run Gr.8 #134 Men 200 Meter Hurdles 30" Gr.8 #136 Men High Jump Gr.8	5:05.54 31.37 1.35m	1/9 2/5 1/4	5/14/2019 5/14/2019 5/14/2019
5. Elijah Grimard - Male - Comp#: 401 - Ind/Rel: 2 / 0 #24 Men 100 Meter Hurdles 33" Junior Prelims #104 Men 300 Meter Hurdles Junior	16.17 45.05	1/3 1/1	5/16/2019 5/14/2019
6. Samantha Loeppky - Female - Comp#: 402 - Ind/Rel: 1 / 0 #139 Women Javelin Throw 500 gr Gr.8	17.94m	1/12	5/14/2019
7. Nathanael Mihai - Male - Comp#: 403 - Ind/Rel: 3 / 0 #122 Men 200 Meter Dash Gr.8 Prelims #124 Men 400 Meter Dash Gr.8 Prelims #132 Men 100 Meter Hurdles 33" Gr.8 Prelims	28.11 1:04.57 18.83	2/6 2/6 1/3	5/16/2019 5/13/2019 5/16/2019
8. Teagen Renaerts - Male - Comp#: 404 - Ind/Rel: 2 / 0 #140 Men Javelin Throw 600 gr Gr.8 #142 Men Shot Put 4 kg Gr.8	26.40m 8.76m	1/18 1/9	5/16/2019 5/13/2019
9. Olivia Stettler - Female - Comp#: 405 - Ind/Rel: 3 / 0 #131 Women 80 Meter Hurdles 30" Gr.8 Prelims #133 Women 200 Meter Hurdles 30" Gr.8 #137 Women Long Jump Gr.8	15.42 34.40 4.23m	1/4 2/3 1/17	5/16/2019 5/14/2019 5/14/2019

**Highroad Academy Total Individual Entries: 17 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Holy Cross Regional (HCRH)**

1. Jordan Bantog - Male - Comp#: 406 - Ind/Rel: 0 / 1 #22 Men 4x100 Meter Relay Senior Prelims (3)	47.79	2/2	5/13/2019
2. Ashton Buscato - Male - Comp#: 407 - Ind/Rel: 0 / 1 #146 Men 4x100 Meter Relay Gr.8 (3)	55.67	1/3	5/16/2019
3. Tobey Clendenin - Male - Comp#: 408 - Ind/Rel: 0 / 1 #146 Men 4x100 Meter Relay Gr.8 (1)	55.67	1/3	5/16/2019
4. Kai Dizon - Male - Comp#: 409 - Ind/Rel: 0 / 1 #146 Men 4x100 Meter Relay Gr.8 (2)	55.67	1/3	5/16/2019
5. Lucas Gatabonton - Male - Comp#: 410 - Ind/Rel: 0 / 2 #146 Men 4x100 Meter Relay Gr.8 (4) #148 Men 4x400 Meter Relay Gr.8 (3)	55.67 4:26.93	1/3 2/6	5/16/2019 5/14/2019
6. Anna Koh - Female - Comp#: 411 - Ind/Rel: 0 / 1 #145 Women 4x100 Meter Relay Gr.8 (3)	56.25	2/3	5/16/2019
7. Amanda Marzan - Female - Comp#: 412 - Ind/Rel: 0 / 1 #145 Women 4x100 Meter Relay Gr.8 (4)	56.25	2/3	5/16/2019
8. Erin Murphy - Female - Comp#: 413 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (1)	55.43	2/3	5/13/2019
9. Claire Nichol - Female - Comp#: 414 - Ind/Rel: 0 / 1 #145 Women 4x100 Meter Relay Gr.8 (2)	56.25	2/3	5/16/2019
10. Emilie Pregal - Female - Comp#: 415 - Ind/Rel: 0 / 2 #19 Women 4x100 Meter Relay Junior Prelims (2) #107 Women 4x400 Meter Relay Junior (4)	55.43 4:41.57	2/3 2/7	5/13/2019 5/14/2019
11. Isaiah Roque - Male - Comp#: 416 - Ind/Rel: 0 / 1 #22 Men 4x100 Meter Relay Senior Prelims (2)	47.79	2/2	5/13/2019
12. Benedict Sutanto - Male - Comp#: 417 - Ind/Rel: 0 / 2 #146 Men 4x100 Meter Relay Gr.8 (4) #148 Men 4x400 Meter Relay Gr.8 (4)	51.57 4:26.93	2/5 2/6	5/16/2019 5/14/2019
1. Holy Cross Regional - 'A' #19 Women 4x100 Meter Relay Junior Prelims #413 Erin Murphy; #415 Emilie Pregal;	55.43	2/3	5/13/2019
2. Holy Cross Regional - 'A' #22 Men 4x100 Meter Relay Senior Prelims #416 Isaiah Roque; #406 Jordan Bantog;	47.79	2/2	5/13/2019
3. Holy Cross Regional - 'A' #107 Women 4x400 Meter Relay Junior #415 Emilie Pregal	4:41.57	2/7	5/14/2019
4. Holy Cross Regional - 'A' #145 Women 4x100 Meter Relay Gr.8 #414 Claire Nichol; #411 Anna Koh; #412 Amanda Marzan	56.25	2/3	5/16/2019
5. Holy Cross Regional - 'A' #146 Men 4x100 Meter Relay Gr.8 #417 Benedict Sutanto	51.57	2/5	5/16/2019
6. Holy Cross Regional - 'B' #146 Men 4x100 Meter Relay Gr.8 #408 Tobey Clendenin; #409 Kai Dizon; #407 Ashton Buscato; #410 Lucas Gatabonton	55.67	1/3	5/16/2019
7. Holy Cross Regional - 'A' #148 Men 4x400 Meter Relay Gr.8 #410 Lucas Gatabonton; #417 Benedict Sutanto	4:26.93	2/6	5/14/2019

**Holy Cross Regional Total Individual Entries: 0 - Total Relays: 7**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Holy Cross Regional (HCRHS)**

1. Kevin Apdal - Male - Comp#: 419 - Ind/Rel: 1 / 0 #100 Men Shot Put 6 kg Senior	10.57m	1/15	5/16/2019
2. Jarl Arciaga - Male - Comp#: 420 - Ind/Rel: 1 / 0 #100 Men Shot Put 6 kg Senior	9.83m	1/6	5/16/2019
3. Claire Bajen - Female - Comp#: 421 - Ind/Rel: 1 / 0 #143 Women Discus Throw 1 kg Gr.8	16.43m	1/7	5/14/2019
4. Marc Billedo - Male - Comp#: 422 - Ind/Rel: 1 / 0 #63 Men Discus Throw 1.5 kg Junior	20.45m	1/4	5/13/2019
5. Gabriel Borreta - Male - Comp#: 423 - Ind/Rel: 1 / 0 #58 Men Long Jump Junior	5.31m	1/10	5/13/2019
6. Emma Deboer - Female - Comp#: 424 - Ind/Rel: 1 / 0 #97 Women High Jump Junior	1.60m	1/15	5/14/2019
7. Alec Delfin - Male - Comp#: 425 - Ind/Rel: 1 / 0 #136 Men High Jump Gr.8	1.25m	1/1	5/14/2019
8. Kaitlynn Delrosario - Female - Comp#: 426 - Ind/Rel: 1 / 0 #81 Women Long Jump Junior	4.21m	1/12	5/16/2019
9. Lauren Dhunna - Female - Comp#: 427 - Ind/Rel: 1 / 0 #87 Women Discus Throw 1 kg Junior	19.81m	1/18	5/14/2019
10. Kaleb Dizon - Male - Comp#: 428 - Ind/Rel: 2 / 0 #50 Men 200 Meter Dash Senior Prelims	25.23	2/1	5/16/2019
#90 Men Long Jump Senior	5.50m	1/14	5/14/2019
11. Liam Easton - Male - Comp#: 429 - Ind/Rel: 1 / 0 #50 Men 200 Meter Dash Senior Prelims	25.78	2/2	5/16/2019
12. Elin Estifan - Female - Comp#: 430 - Ind/Rel: 1 / 0 #143 Women Discus Throw 1 kg Gr.8	14.91m	1/9	5/14/2019
13. Ezra Havas - Male - Comp#: 431 - Ind/Rel: 1 / 0 #124 Men 400 Meter Dash Gr.8 Prelims	1:02.77	2/3	5/13/2019
14. Kalia Huber - Female - Comp#: 432 - Ind/Rel: 1 / 0 #119 Women 100 Meter Dash Gr.8 Prelims	14.01	1/3	5/14/2019
15. Alexandra Kennedy - Female - Comp#: 433 - Ind/Rel: 2 / 0 #75 Women Javelin Throw 500 gram Junior	22.39m	1/14	5/13/2019
#81 Women Long Jump Junior	4.43m	1/20	5/16/2019
16. Elise Levangie - Female - Comp#: 434 - Ind/Rel: 1 / 0 #143 Women Discus Throw 1 kg Gr.8	16.46m	1/1	5/14/2019
17. Claire Nichol - Female - Comp#: 435 - Ind/Rel: 2 / 0 #123 Women 400 Meter Dash Gr.8 Prelims	1:02.65	2/4	5/13/2019
#125 Women 800 Meter Run Gr.8 Prelims	2:27.18	3/4	5/16/2019
18. Itohan Ologhola - Female - Comp#: 436 - Ind/Rel: 1 / 0 #62 Women Shot Put 3 kg Junior	9.90m	1/18	5/14/2019
19. Christian Prost - Male - Comp#: 437 - Ind/Rel: 1 / 0 #128 Men 1500 Meter Run Gr.8	5:20.05	1/18	5/14/2019
20. John Santos - Male - Comp#: 438 - Ind/Rel: 1 / 0 #26 Men 110 Meter Hurdles 36" Senior Prelims	18.65	2/6	5/16/2019
21. Jayamuni Silva - Male - Comp#: 439 - Ind/Rel: 3 / 0 #120 Men 100 Meter Dash Gr.8 Prelims	12.94	1/4	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	26.76	1/5	5/16/2019
#138 Men Long Jump Gr.8	4.52m	1/12	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Holy Cross Regional (HCRHS)**

22. Chelsea Stoochnoff - Female - Comp#: 440 - Ind/Rel: 3 / 0			
#3 Women 1500 Meter Steeplechase 30" Junior	6:14.72	1/6	5/16/2019
#11 Women 1500 Meter Run Junior	5:32.94	1/13	5/14/2019
#51 Women 3000 Meter Run Junior	12:03.46	1/12	5/13/2019
23. Kayla Stoochnoff - Female - Comp#: 441 - Ind/Rel: 3 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	2:43.53	3/3	5/16/2019
#127 Women 1500 Meter Run Gr.8	5:27.75	1/3	5/14/2019
#129 Women 3000 Meter Run Gr.8	11:58.13	1/4	5/13/2019
24. Madison Stoochnoff - Female - Comp#: 442 - Ind/Rel: 3 / 0			
#13 Women 1500 Meter Run Senior	5:04.42	1/8	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	5:30.39	1/4	5/16/2019
#53 Women 3000 Meter Run Senior	11:01.71	1/8	5/13/2019
25. Adam Vilio - Male - Comp#: 443 - Ind/Rel: 2 / 0			
#42 Men 800 Meter Run Senior Prelims	1:59.88	1/4	5/16/2019
#110 Men 400 Meter Hurdles Senior	58.89	2/4	5/14/2019
26. Collin Visarra - Male - Comp#: 444 - Ind/Rel: 1 / 0			
#88 Men Javelin Throw 700 gram Junior	31.38m	1/16	5/13/2019

**Holy Cross Regional      Total Individual Entries: 38   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Hope Secondary (HOPE)**

- |  |        |      |           |
|--|--------|------|-----------|
| 1. Griffin Blue - Male - Comp#: 445 - Ind/Rel: 1 / 0<br>#112 Men Hammer Throw 6 kg Senior        | 21.10m | 1/6  | 5/16/2019 |
| 2. Josh Ogren - Male - Comp#: 446 - Ind/Rel: 1 / 0<br>#66 Men Discus Throw 1.75 kg Senior        | 29.73m | 1/16 | 5/13/2019 |
| 3. Caleb O'Handley - Male - Comp#: 447 - Ind/Rel: 1 / 0<br>#88 Men Javelin Throw 700 gram Junior | 29.45m | 1/11 | 5/13/2019 |

**Hope Secondary Total Individual Entries: 3 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Johnston Heights Secondary Sch (JHSS)**

1. Montana Dickson - Female - Comp#: 448 - Ind/Rel: 2 / 0

#141 Women Shot Put 3 kg Gr.8

6.97m 1/5

5/13/2019

#143 Women Discus Throw 1 kg Gr.8

15.93m 1/5

5/14/2019

2. Luna Wagner - Female - Comp#: 449 - Ind/Rel: 1 / 0

#94 Women Shot Put 4 kg Senior

6.33m 1/2

5/14/2019

**Johnston Heights Secondary Sch Total Individual Entries: 3 - Total Relays: 0**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Kwantlen Park Secondary (KWPS)**

1. Nikolas Barszczewski - Male - Comp#: 450 - Ind/Rel: 3 / 0			
#24 Men 100 Meter Hurdles 33" Junior Prelims	18.37	1/8	5/16/2019
#93 Men High Jump Junior	1.60m	1/13	5/14/2019
#104 Men 300 Meter Hurdles Junior	46.15	2/5	5/14/2019
2. Manmeet Gill - Male - Comp#: 451 - Ind/Rel: 1 / 0			
#10 Men 400 Meter Run Senior Prelims	57.89	1/1	5/13/2019
3. Eldrian Manodon - Male - Comp#: 452 - Ind/Rel: 1 / 0			
#93 Men High Jump Junior	1.50m	1/3	5/14/2019
4. Zoe Wong - Female - Comp#: 453 - Ind/Rel: 1 / 0			
#7 Women 400 Meter Run Junior Prelims	1:13.22	3/8	5/13/2019
1. Kwantlen Park Secondary - 'A'			
#107 Women 4x400 Meter Relay Junior	5:21.12	1/8	5/14/2019

**Kwantlen Park Secondary      Total Individual Entries: 6   -   Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Langley Christian High School (LANG)**

1. Leah Bakker - Female - Comp#: 454 - Ind/Rel: 2 / 0			
#13 Women 1500 Meter Run Senior	5:05.25	1/9	5/14/2019
#41 Women 800 Meter Run Senior Prelims	2:24.90	2/5	5/16/2019
2. Jesse Boymook-Fisher - Male - Comp#: 455 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:53.23	1/20	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	7:35.82	1/13	5/16/2019
#54 Men 3000 Meter Run Senior	10:40.00	1/14	5/13/2019
3. Olivia Brand - Female - Comp#: 456 - Ind/Rel: 3 / 0			
#139 Women Javelin Throw 500 gr Gr.8	17.53m	1/11	5/14/2019
#141 Women Shot Put 3 kg Gr.8	9.53m	1/22	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	17.54m	1/15	5/14/2019
4. Ty Cram - Male - Comp#: 457 - Ind/Rel: 1 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:33.36	2/7	5/16/2019
5. Daniel De-Heer-Amisah - Male - Comp#: 458 - Ind/Rel: 2 / 0			
#82 Men Triple Jump Junior	11.69m	1/18	5/14/2019
#93 Men High Jump Junior	1.60m	1/11	5/14/2019
6. Jordan Dickhof - Male - Comp#: 459 - Ind/Rel: 3 / 0			
#63 Men Discus Throw 1.5 kg Junior	24.05m	1/9	5/13/2019
#76 Men Shot Put 5 kg Junior	10.97m	1/19	5/14/2019
#88 Men Javelin Throw 700 gram Junior	39.81m	1/22	5/13/2019
7. Mackenzie Dornan - Male - Comp#: 460 - Ind/Rel: 3 / 0			
#140 Men Javelin Throw 600 gr Gr.8	25.71m	1/17	5/16/2019
#142 Men Shot Put 4 kg Gr.8	9.80m	1/18	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	19.37m	1/18	5/14/2019
8. Isaac Humeniuk - Male - Comp#: 461 - Ind/Rel: 3 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:22.79	2/5	5/16/2019
#128 Men 1500 Meter Run Gr.8	4:52.07	1/6	5/14/2019
#130 Men 3000 Meter Run Gr.8	10:29.21	1/5	5/13/2019
9. Brackton Keller - Male - Comp#: 462 - Ind/Rel: 1 / 0			
#144 Men Discus Throw 1 kg Gr.8	20.32m	1/2	5/14/2019
10. Sophia Knopf - Female - Comp#: 463 - Ind/Rel: 3 / 0			
#29 Women 100 Meter Dash Junior Prelims	14.22	2/2	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	28.99	3/6	5/16/2019
#81 Women Long Jump Junior	4.26m	1/15	5/16/2019
11. Ryder Martini - Male - Comp#: 464 - Ind/Rel: 1 / 0			
#76 Men Shot Put 5 kg Junior	9.90m	1/9	5/14/2019
12. Brooke Mussche - Female - Comp#: 465 - Ind/Rel: 2 / 0			
#13 Women 1500 Meter Run Senior	4:57.52	1/4	5/14/2019
#41 Women 800 Meter Run Senior Prelims	2:17.08	3/4	5/16/2019
13. Myrlaine Shelvey - Female - Comp#: 466 - Ind/Rel: 2 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	14.25	3/3	5/16/2019
#29 Women 100 Meter Dash Junior Prelims	14.10	1/1	5/14/2019
14. Janelle Shumey - Female - Comp#: 467 - Ind/Rel: 1 / 0			
#143 Women Discus Throw 1 kg Gr.8	20.23m	1/4	5/14/2019
15. Jenna Van Roekel - Female - Comp#: 468 - Ind/Rel: 3 / 0			
#59 Women Discus Throw 1 kg Senior	21.73m	1/12	5/13/2019
#94 Women Shot Put 4 kg Senior	6.97m	1/6	5/14/2019
#98 Women Javelin Throw 600 gram Senior	21.95m	1/9	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Langley Christian High School (LANG)**

16. Rebecca Versluis - Female - Comp#: 469 - Ind/Rel: 1 / 0			
#51 Women 3000 Meter Run Junior	12:13.00	1/14	5/13/2019
17. Benjamin Wergeland - Male - Comp#: 470 - Ind/Rel: 2 / 0			
#8 Men 400 Meter Run Junior Prelims	57.54	1/1	5/13/2019
#93 Men High Jump Junior	1.70m	1/19	5/14/2019
18. Zachariah Wergeland - Male - Comp#: 471 - Ind/Rel: 2 / 0			
#66 Men Discus Throw 1.75 kg Senior	32.55m	1/18	5/13/2019
#100 Men Shot Put 6 kg Senior	11.12m	1/18	5/16/2019
19. Luke Wilson - Male - Comp#: 472 - Ind/Rel: 2 / 0			
#138 Men Long Jump Gr.8	21.05m	1/22	5/14/2019
#140 Men Javelin Throw 600 gr Gr.8	21.05m	1/9	5/16/2019
20. Abigail Yakemchuk - Female - Comp#: 473 - Ind/Rel: 2 / 0			
#3 Women 1500 Meter Steeplechase 30" Junior	5:34.70	1/1	5/16/2019
#51 Women 3000 Meter Run Junior	11:08.07	1/3	5/13/2019
1. Langley Christian High School - 'A'			
#20 Men 4x100 Meter Relay Junior Prelims	51.31	2/2	5/13/2019
2. Langley Christian High School - 'A'			
#146 Men 4x100 Meter Relay Gr.8	55.69	1/4	5/16/2019
3. Langley Christian High School - 'A'			
#148 Men 4x400 Meter Relay Gr.8	4:29.77	2/8	5/14/2019
<b>Langley Christian High School</b>	<b>Total Individual Entries: 42</b>	<b>-</b>	<b>Total Relays: 3</b>

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**Langley Fine Arts School (LFAS)**

1. Jake Schmidt - Male - Comp#: 474 - Ind/Rel: 1 / 0

#111 Men High Jump Senior

1.80m 1/7

5/13/2019

**Langley Fine Arts School**

**Total Individual Entries: 1 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Langley Fundamental (LFMS)**

1. Jordan Blaker - Female - Comp#: 475 - Ind/Rel: 1 / 1			
#47 Women 200 Meter Dash Junior Prelims	29.32	3/8	5/16/2019
#21 Women 4x100 Meter Relay Senior Prelims (3)	52.59	1/5	5/13/2019
2. Hayden Freeman - Male - Comp#: 477 - Ind/Rel: 0 / 1			
#146 Men 4x100 Meter Relay Gr.8 (1)	56.72	1/5	5/16/2019
3. Bella Frumento - Female - Comp#: 478 - Ind/Rel: 2 / 1			
#123 Women 400 Meter Dash Gr.8 Prelims	1:14.97	3/8	5/13/2019
#125 Women 800 Meter Run Gr.8 Prelims	3:13.95	2/1	5/16/2019
#145 Women 4x100 Meter Relay Gr.8 (3)	59.14	1/3	5/16/2019
4. Mahleah Gaertner - Female - Comp#: 479 - Ind/Rel: 1 / 1			
#137 Women Long Jump Gr.8	3.82m	1/3	5/14/2019
#145 Women 4x100 Meter Relay Gr.8 (4)	59.14	1/3	5/16/2019
5. Mireya Klassen - Female - Comp#: 481 - Ind/Rel: 2 / 1			
#7 Women 400 Meter Run Junior Prelims	1:07.28	2/6	5/13/2019
#47 Women 200 Meter Dash Junior Prelims	29.18	2/7	5/16/2019
#21 Women 4x100 Meter Relay Senior Prelims (1)	52.59	1/5	5/13/2019
6. Cooper McDonald - Male - Comp#: 482 - Ind/Rel: 0 / 1			
#146 Men 4x100 Meter Relay Gr.8 (3)	56.72	1/5	5/16/2019
7. Felix Olson - Male - Comp#: 483 - Ind/Rel: 0 / 1			
#146 Men 4x100 Meter Relay Gr.8 (2)	56.72	1/5	5/16/2019
8. Rebekah Patkau - Female - Comp#: 484 - Ind/Rel: 0 / 1			
#145 Women 4x100 Meter Relay Gr.8 (2)	59.14	1/3	5/16/2019
9. Livleen Randhawa - Female - Comp#: 485 - Ind/Rel: 1 / 0			
#87 Women Discus Throw 1 kg Junior	18.85m	1/14	5/14/2019
10. Tydus Schroeder - Male - Comp#: 486 - Ind/Rel: 1 / 1			
#124 Men 400 Meter Dash Gr.8 Prelims	58.29	1/4	5/13/2019
#146 Men 4x100 Meter Relay Gr.8 (4)	56.72	1/5	5/16/2019
11. Shanae Virgo - Female - Comp#: 487 - Ind/Rel: 2 / 1			
#119 Women 100 Meter Dash Gr.8 Prelims	14.87	1/2	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	31.26	2/8	5/16/2019
#145 Women 4x100 Meter Relay Gr.8 (1)	59.14	1/3	5/16/2019
12. Justin Warkentin - Male - Comp#: 488 - Ind/Rel: 2 / 0			
#76 Men Shot Put 5 kg Junior	9.94m	1/11	5/14/2019
#88 Men Javelin Throw 700 gram Junior	31.47m	1/17	5/13/2019
13. Sheleena Wiley - Female - Comp#: 489 - Ind/Rel: 3 / 1			
#31 Women 100 Meter Dash Senior Prelims	13.07	2/4	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	27.13	1/5	5/16/2019
#64 Women Long Jump Senior	4.77m	1/21	5/13/2019
#21 Women 4x100 Meter Relay Senior Prelims (4)	52.59	1/5	5/13/2019
14. Morgan Wylie - Female - Comp#: 490 - Ind/Rel: 2 / 1			
#29 Women 100 Meter Dash Junior Prelims	14.18	1/2	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	29.36	2/8	5/16/2019
#21 Women 4x100 Meter Relay Senior Prelims (2)	52.59	1/5	5/13/2019
15. Elise Zerkee - Female - Comp#: 491 - Ind/Rel: 1 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	3:20.54	1/2	5/16/2019
1. Langley Fundamental - 'A'			
#21 Women 4x100 Meter Relay Senior Prelims	52.59	1/5	5/13/2019
#481 Mireya Klassen; #490 Morgan Wylie; #475 Jordan Blaker; #489 Sheleena Wiley			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Langley Fundamental (LFMS)**

2. Langley Fundamental - 'A'  
#145 Women 4x100 Meter Relay Gr.8 59.14 1/3 5/16/2019  
#487 Shanae Virgo; #484 Rebekah Patkau; #478 Bella Frumento; #479 Mahleah Gaertner
3. Langley Fundamental - 'A'  
#146 Men 4x100 Meter Relay Gr.8 56.72 1/5 5/16/2019  
#477 Hayden Freeman; #483 Felix Olson; #482 Cooper McDonald; #486 Tydus Schroeder
- Langley Fundamental Total Individual Entries: 18 - Total Relays: 3**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Langley Secondary (LSS)**

1. Isaac Hamilton - Male - Comp#: 492 - Ind/Rel: 3 / 0

#40 Men 800 Meter Run Junior Prelims 2:21.99 1/1 5/16/2019

#93 Men High Jump Junior 1.55m 1/8 5/14/2019

#95 Men Pole Vault Junior 2.80m 1/6 5/16/2019

2. Duklo Thwe - Male - Comp#: 493 - Ind/Rel: 1 / 0

#42 Men 800 Meter Run Senior Prelims 2:15.54 2/8 5/16/2019

**Langley Secondary Total Individual Entries: 4 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Lord Tweedsmuir (LORD)**

1. Alyza Aikins - Female - Comp#: 494 - Ind/Rel: 2 / 0			
#9 Women 400 Meter Run Senior Prelims	1:08.44	1/6	5/13/2019
#57 Women Triple Jump Junior	9.69m	1/18	5/13/2019
2. Kristina Bonface - Female - Comp#: 495 - Ind/Rel: 1 / 0			
#89 Women Triple Jump Senior	9.76m	1/15	5/14/2019
3. Tayja Boyko - Female - Comp#: 496 - Ind/Rel: 2 / 0			
#7 Women 400 Meter Run Junior Prelims	1:06.16	2/3	5/13/2019
#47 Women 200 Meter Dash Junior Prelims	28.19	1/5	5/16/2019
4. Colton Cameron - Male - Comp#: 497 - Ind/Rel: 1 / 0			
#65 Men Triple Jump Senior	11.27m	1/13	5/14/2019
5. Hannah Dawkins - Female - Comp#: 498 - Ind/Rel: 1 / 0			
#94 Women Shot Put 4 kg Senior	7.17m	1/8	5/14/2019
6. Mckenzie Dawson - Female - Comp#: 499 - Ind/Rel: 1 / 0			
#75 Women Javelin Throw 500 gram Junior	17.44m	1/1	5/13/2019
7. Erin Debruyn - Female - Comp#: 500 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	20.55m	1/10	5/13/2019
#94 Women Shot Put 4 kg Senior	7.15m	1/7	5/14/2019
8. Julia Ewert - Female - Comp#: 501 - Ind/Rel: 1 / 0			
#150 Women Triple Jump Gr.8	8.50m	1/9	5/16/2019
9. Justin Ganase - Male - Comp#: 502 - Ind/Rel: 1 / 0			
#104 Men 300 Meter Hurdles Junior	50.19	3/4	5/14/2019
10. Caris Hjorth - Female - Comp#: 503 - Ind/Rel: 2 / 0			
#137 Women Long Jump Gr.8	3.90m	1/9	5/14/2019
#150 Women Triple Jump Gr.8	9.08m	1/13	5/16/2019
11. Evan Howe - Male - Comp#: 504 - Ind/Rel: 1 / 0			
#144 Men Discus Throw 1 kg Gr.8	19.28m	1/8	5/14/2019
12. Jacob King - Male - Comp#: 505 - Ind/Rel: 1 / 0			
#24 Men 100 Meter Hurdles 33" Junior Prelims	18.20	2/8	5/16/2019
13. Taylor Kleinschmidt - Female - Comp#: 506 - Ind/Rel: 3 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	13.47	1/4	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	28.26	1/5	5/16/2019
#137 Women Long Jump Gr.8	4.25m	1/19	5/14/2019
14. Alex Le - Male - Comp#: 507 - Ind/Rel: 1 / 0			
#90 Men Long Jump Senior	5.42m	1/9	5/14/2019
15. Dakota Lepine - Male - Comp#: 508 - Ind/Rel: 3 / 0			
#60 Men Javelin Throw 800 gram Senior	33.09m	1/8	5/14/2019
#66 Men Discus Throw 1.75 kg Senior	22.22m	1/8	5/13/2019
#100 Men Shot Put 6 kg Senior	9.89m	1/7	5/16/2019
16. Joely Ma - Female - Comp#: 509 - Ind/Rel: 2 / 0			
#75 Women Javelin Throw 500 gram Junior	20.41m	1/7	5/13/2019
#87 Women Discus Throw 1 kg Junior	17.55m	1/8	5/14/2019
17. Phillip Ngyuen - Male - Comp#: 510 - Ind/Rel: 2 / 0			
#65 Men Triple Jump Senior	9.50m	1/1	5/14/2019
#90 Men Long Jump Senior	5.05m	1/4	5/14/2019
18. Michael Ogbeiwi - Male - Comp#: 511 - Ind/Rel: 3 / 0			
#63 Men Discus Throw 1.5 kg Junior	41.26m	1/21	5/13/2019
#76 Men Shot Put 5 kg Junior	13.85m	1/22	5/14/2019
#83 Men Hammer Throw 5 kg Junior	47.15m	1/15	5/16/2019



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Lord Tweedsmuir (LORD)**

19.	Yasmine Pahal - Female - Comp#: 512 - Ind/Rel: 1 / 0			
	#62 Women Shot Put 3 kg Junior	9.10m	1/11	5/14/2019
20.	Liam Paige - Male - Comp#: 513 - Ind/Rel: 2 / 0			
	#10 Men 400 Meter Run Senior Prelims	57.41	2/1	5/13/2019
	#65 Men Triple Jump Senior	11.55m	1/14	5/14/2019
21.	Adam Pederson - Male - Comp#: 514 - Ind/Rel: 3 / 0			
	#24 Men 100 Meter Hurdles 33" Junior Prelims	14.39	1/4	5/16/2019
	#58 Men Long Jump Junior	5.59m	1/17	5/13/2019
	#104 Men 300 Meter Hurdles Junior	43.20	1/5	5/14/2019
22.	Ryan Pederson - Male - Comp#: 515 - Ind/Rel: 2 / 0			
	#32 Men 100 Meter Dash Senior Prelims	11.20	2/4	5/14/2019
	#90 Men Long Jump Senior	5.84m	1/19	5/14/2019
23.	Erin Phillips - Female - Comp#: 516 - Ind/Rel: 3 / 0			
	#119 Women 100 Meter Dash Gr.8 Prelims	13.72	2/5	5/14/2019
	#121 Women 200 Meter Dash Gr.8 Prelims	28.32	2/5	5/16/2019
	#123 Women 400 Meter Dash Gr.8 Prelims	1:09.11	1/6	5/13/2019
24.	Janaki Putheth - Female - Comp#: 517 - Ind/Rel: 1 / 0			
	#127 Women 1500 Meter Run Gr.8	6:22.74	1/14	5/14/2019
25.	Eve Quesnelle - Female - Comp#: 518 - Ind/Rel: 1 / 0			
	#87 Women Discus Throw 1 kg Junior	17.92m	1/11	5/14/2019
26.	Sukhman Ranu - Female - Comp#: 519 - Ind/Rel: 1 / 0			
	#143 Women Discus Throw 1 kg Gr.8	15.52m	1/8	5/14/2019
27.	Jason Sangha - Male - Comp#: 520 - Ind/Rel: 1 / 0			
	#100 Men Shot Put 6 kg Senior	8.61m	1/2	5/16/2019
28.	Amelia Shaw - Female - Comp#: 521 - Ind/Rel: 1 / 0			
	#87 Women Discus Throw 1 kg Junior	5.79m	1/1	5/14/2019
29.	Jonathan Soares - Male - Comp#: 522 - Ind/Rel: 1 / 0			
	#40 Men 800 Meter Run Junior Prelims	2:18.83	1/7	5/16/2019
30.	Tremel States-Jones - Male - Comp#: 523 - Ind/Rel: 2 / 0			
	#30 Men 100 Meter Dash Junior Prelims	11.70	1/5	5/14/2019
	#48 Men 200 Meter Dash Junior Prelims	23.90	1/4	5/16/2019
31.	Taya Suttill - Female - Comp#: 524 - Ind/Rel: 3 / 0			
	#31 Women 100 Meter Dash Senior Prelims	13.89	1/7	5/14/2019
	#43 Women 1500 Meter Race Walk Senior	9:32.98	1/3	5/13/2019
	#49 Women 200 Meter Dash Senior Prelims	29.01	2/6	5/16/2019
32.	Trista Suttill - Female - Comp#: 525 - Ind/Rel: 2 / 0			
	#75 Women Javelin Throw 500 gram Junior	23.26m	1/16	5/13/2019
	#109 Women 1500 Meter Race Walk Junior	11:56.41	1/11	5/13/2019
33.	Danielle Waller - Female - Comp#: 526 - Ind/Rel: 3 / 0			
	#49 Women 200 Meter Dash Senior Prelims	29.25	1/7	5/16/2019
	#64 Women Long Jump Senior	4.90m	1/22	5/13/2019
	#98 Women Javelin Throw 600 gram Senior	23.99m	1/13	5/14/2019
34.	Tyler Wilson - Male - Comp#: 527 - Ind/Rel: 3 / 0			
	#14 Men 1500 Meter Run Senior	4:24.63	1/4	5/14/2019
	#42 Men 800 Meter Run Senior Prelims	2:06.45	2/5	5/16/2019
	#44 Men 1500 Meter Race Walk Senior	6:26.36	1/1	5/13/2019
1.	Lord Tweedsmuir - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	1:01.40	1/2	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Lord Tweedsmuir (LORD)**

2.	Lord Tweedsmuir - 'A' #20 Men 4x100 Meter Relay Junior Prelims	48.28	1/5	5/13/2019
3.	Lord Tweedsmuir - 'A' #21 Women 4x100 Meter Relay Senior Prelims	54.81	2/6	5/13/2019
4.	Lord Tweedsmuir - 'B' #21 Women 4x100 Meter Relay Senior Prelims	55.06	2/7	5/13/2019
5.	Lord Tweedsmuir - 'A' #22 Men 4x100 Meter Relay Senior Prelims	47.34	1/8	5/13/2019
6.	Lord Tweedsmuir - 'A' #35 Women 4x400 Meter Relay Senior	4:30.97	1/6	5/14/2019
7.	Lord Tweedsmuir - 'A' #36 Men 4x400 Meter Relay Senior	4:04.49	2/6	5/14/2019
8.	Lord Tweedsmuir - 'A' #145 Women 4x100 Meter Relay Gr.8	56.01	2/4	5/16/2019
9.	Lord Tweedsmuir - 'A' #147 Women 4x400 Meter Relay Gr.8	5:02.93	1/5	5/14/2019

**Lord Tweedsmuir      Total Individual Entries: 60   -   Total Relays: 9**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Maple Ridge Christian School (MRCS)**

1. Karson Berg - Male - Comp#: 528 - Ind/Rel: 1 / 0 #136 Men High Jump Gr.8	1.35m	1/5	5/14/2019
2. Max Meekel - Male - Comp#: 529 - Ind/Rel: 3 / 0 #8 Men 400 Meter Run Junior Prelims	54.55	3/5	5/13/2019
#48 Men 200 Meter Dash Junior Prelims	26.17	1/1	5/16/2019
#93 Men High Jump Junior	1.70m	1/17	5/14/2019
3. Joseph Peragine - Male - Comp#: 530 - Ind/Rel: 1 / 0 #136 Men High Jump Gr.8	1.30m	1/2	5/14/2019
4. Gabriel Smith - Male - Comp#: 531 - Ind/Rel: 1 / 0 #144 Men Discus Throw 1 kg Gr.8	22.30m	1/14	5/14/2019
5. Eero Sorensen - Male - Comp#: 532 - Ind/Rel: 1 / 0 #58 Men Long Jump Junior	5.33m	1/12	5/13/2019
6. Nait Welsh - Male - Comp#: 533 - Ind/Rel: 1 / 0 #93 Men High Jump Junior	1.55m	1/9	5/14/2019

**Maple Ridge Christian School Total Individual Entries: 8 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Maple Ridge Secondary (MRSS)**

1. Nico Aron - Male - Comp#: 534 - Ind/Rel: 2 / 0			
#10 Men 400 Meter Run Senior Prelims	50.45	3/4	5/13/2019
#42 Men 800 Meter Run Senior Prelims	2:05.29	1/5	5/16/2019
2. Bowen Belcher - Male - Comp#: 535 - Ind/Rel: 1 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	13.32	2/5	5/14/2019
3. Tyler Blad - Male - Comp#: 536 - Ind/Rel: 1 / 0			
#130 Men 3000 Meter Run Gr.8	11:14.13	1/14	5/13/2019
4. Aiden Carelse - Male - Comp#: 537 - Ind/Rel: 2 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	18.70	2/7	5/16/2019
#65 Men Triple Jump Senior	10.14m	1/7	5/14/2019
5. Hudson Coumont - Male - Comp#: 538 - Ind/Rel: 2 / 0			
#65 Men Triple Jump Senior	10.06m	1/5	5/14/2019
#66 Men Discus Throw 1.75 kg Senior	21.91m	1/7	5/13/2019
6. Lily Currie - Female - Comp#: 539 - Ind/Rel: 1 / 0			
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	17.63	1/8	5/16/2019
7. Elise Dobie - Female - Comp#: 540 - Ind/Rel: 1 / 0			
#137 Women Long Jump Gr.8	4.23m	1/18	5/14/2019
8. Jack Emley-Graham - Male - Comp#: 541 - Ind/Rel: 2 / 0			
#8 Men 400 Meter Run Junior Prelims	58.45	2/1	5/13/2019
#95 Men Pole Vault Junior	2.40m	1/1	5/16/2019
9. Aiden Grout - Male - Comp#: 542 - Ind/Rel: 1 / 0			
#111 Men High Jump Senior	2.06m	1/10	5/13/2019
10. Kaia Haintz - Female - Comp#: 543 - Ind/Rel: 3 / 0			
#3 Women 1500 Meter Steeplechase 30" Junior	6:38.60	1/12	5/16/2019
#87 Women Discus Throw 1 kg Junior	17.84m	1/10	5/14/2019
#109 Women 1500 Meter Race Walk Junior	8:43.34	1/1	5/13/2019
11. Mateya Haintz - Female - Comp#: 544 - Ind/Rel: 3 / 0			
#59 Women Discus Throw 1 kg Senior	37.04m	1/20	5/13/2019
#78 Women Hammer Throw 4 kg Senior	54.98m	1/13	5/16/2019
#94 Women Shot Put 4 kg Senior	10.07m	1/21	5/14/2019
12. Saba Khorasani - Male - Comp#: 545 - Ind/Rel: 1 / 0			
#42 Men 800 Meter Run Senior Prelims	2:20.62	1/1	5/16/2019
13. Khyra Le - Female - Comp#: 546 - Ind/Rel: 2 / 0			
#9 Women 400 Meter Run Senior Prelims	1:04.40	1/5	5/13/2019
#64 Women Long Jump Senior	4.40m	1/14	5/13/2019
14. Jade Lenton - Female - Comp#: 547 - Ind/Rel: 2 / 0			
#7 Women 400 Meter Run Junior Prelims	1:01.75	3/4	5/13/2019
#39 Women 800 Meter Run Junior Prelims	2:26.73	3/4	5/16/2019
15. Mathew Liosis - Male - Comp#: 548 - Ind/Rel: 1 / 0			
#110 Men 400 Meter Hurdles Senior	1:05.33	2/1	5/14/2019
16. Olivia MacDonald - Female - Comp#: 549 - Ind/Rel: 2 / 0			
#11 Women 1500 Meter Run Junior	6:03.47	1/19	5/14/2019
#51 Women 3000 Meter Run Junior	13:40.42	1/17	5/13/2019
17. Shelby Milliard - Female - Comp#: 550 - Ind/Rel: 2 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	19.38	2/7	5/16/2019
#89 Women Triple Jump Senior	8.82m	1/9	5/14/2019
18. Shriya Narayan - Female - Comp#: 551 - Ind/Rel: 1 / 0			
#7 Women 400 Meter Run Junior Prelims	1:10.88	1/8	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Maple Ridge Secondary (MRSS)**

19.	Julia Neufeld - Female - Comp#: 552 - Ind/Rel: 1 / 0			
	#92 Women Hammer Throw 3 kg Junior	18.54m	1/2	5/16/2019
20.	Alina Olson - Female - Comp#: 553 - Ind/Rel: 3 / 0			
	#31 Women 100 Meter Dash Senior Prelims	12.92	1/4	5/14/2019
	#64 Women Long Jump Senior	4.22m	1/12	5/13/2019
	#94 Women Shot Put 4 kg Senior	8.89m	1/18	5/14/2019
21.	Juhwan Park - Male - Comp#: 554 - Ind/Rel: 1 / 0			
	#60 Men Javelin Throw 800 gram Senior	34.70m	1/10	5/14/2019
22.	Elliott Payne - Male - Comp#: 555 - Ind/Rel: 1 / 0			
	#60 Men Javelin Throw 800 gram Senior	46.54m	1/16	5/14/2019
23.	Ilse Rafter - Female - Comp#: 556 - Ind/Rel: 3 / 0			
	#13 Women 1500 Meter Run Senior	5:16.29	1/12	5/14/2019
	#33 Women 1500 Meter Steeplechase 30" Senior	5:47.20	1/6	5/16/2019
	#53 Women 3000 Meter Run Senior	11:33.14	1/11	5/13/2019
24.	Carter Stevenson - Male - Comp#: 557 - Ind/Rel: 3 / 0			
	#40 Men 800 Meter Run Junior Prelims	2:13.08	3/3	5/16/2019
	#104 Men 300 Meter Hurdles Junior	47.40	2/3	5/14/2019
	#114 Men 1500 Meter Steeplechase 30" Junior	5:03.20	1/18	5/16/2019
25.	Ty Stevenson - Male - Comp#: 558 - Ind/Rel: 3 / 0			
	#8 Men 400 Meter Run Junior Prelims	54.16	1/4	5/13/2019
	#58 Men Long Jump Junior	5.70m	1/20	5/13/2019
	#95 Men Pole Vault Junior	2.60m	1/2	5/16/2019
26.	Anvith Thudi - Male - Comp#: 559 - Ind/Rel: 1 / 0			
	#90 Men Long Jump Senior	5.47m	1/12	5/14/2019
27.	Connor Turnbull - Male - Comp#: 560 - Ind/Rel: 1 / 0			
	#142 Men Shot Put 4 kg Gr.8	6.57m	1/2	5/13/2019
28.	Mathew Wade - Male - Comp#: 561 - Ind/Rel: 1 / 0			
	#52 Men 3000 Meter Run Junior	11:12.75	1/22	5/13/2019
1.	Maple Ridge Secondary - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	58.41	1/7	5/13/2019
2.	Maple Ridge Secondary - 'A'			
	#21 Women 4x100 Meter Relay Senior Prelims	51.76	1/4	5/13/2019
3.	Maple Ridge Secondary - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	47.09	1/7	5/13/2019
4.	Maple Ridge Secondary - 'A'			
	#35 Women 4x400 Meter Relay Senior	4:39.29	1/1	5/14/2019
5.	Maple Ridge Secondary - 'A'			
	#36 Men 4x400 Meter Relay Senior	3:36.65	1/5	5/14/2019

**Maple Ridge Secondary Total Individual Entries: 48 - Total Relays: 5**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Meadowridge (MEAD)**

1. Yasmin Bath - Female - Comp#: 562 - Ind/Rel: 2 / 0			
#47 Women 200 Meter Dash Junior Prelims	29.05	2/6	5/16/2019
#81 Women Long Jump Junior	4.03m	1/6	5/16/2019
2. Gordon Bie - Male - Comp#: 563 - Ind/Rel: 2 / 1			
#122 Men 200 Meter Dash Gr.8 Prelims	28.47	2/7	5/16/2019
#136 Men High Jump Gr.8	1.50m	1/16	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (2)	53.08	2/7	5/16/2019
3. Juno Lee - Male - Comp#: 564 - Ind/Rel: 2 / 1			
#120 Men 100 Meter Dash Gr.8 Prelims	13.30	3/7	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	28.26	3/6	5/16/2019
#146 Men 4x100 Meter Relay Gr.8 (3)	53.08	2/7	5/16/2019
4. Robin Li - Male - Comp#: 565 - Ind/Rel: 3 / 1			
#120 Men 100 Meter Dash Gr.8 Prelims	13.24	1/6	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	28.97	1/7	5/16/2019
#138 Men Long Jump Gr.8	4.76m	1/21	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (4)	53.08	2/7	5/16/2019
5. Chisom Obioha - Female - Comp#: 566 - Ind/Rel: 1 / 0			
#64 Women Long Jump Senior	4.60m	1/18	5/13/2019
6. Tim Tan - Male - Comp#: 567 - Ind/Rel: 1 / 0			
#60 Men Javelin Throw 800 gram Senior	32.35m	1/7	5/14/2019
7. Murray Watt - Male - Comp#: 568 - Ind/Rel: 0 / 1			
#146 Men 4x100 Meter Relay Gr.8 (1)	53.08	2/7	5/16/2019
1. Meadowridge - 'A'			
#146 Men 4x100 Meter Relay Gr.8	53.08	2/7	5/16/2019
#568 Murray Watt; #563 Gordon Bie; #564 Juno Lee; #565 Robin Li			
<b>Meadowridge Total Individual Entries: 11 - Total Relays: 1</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Mei Middle School (MEIM)**

1. Kaitlyn Bay - Female - Comp#: 569 - Ind/Rel: 3 / 1			
#119 Women 100 Meter Dash Gr.8 Prelims	14.35	1/7	5/14/2019
#137 Women Long Jump Gr.8	4.07m	1/16	5/14/2019
#150 Women Triple Jump Gr.8	9.19m	1/15	5/16/2019
#145 Women 4x100 Meter Relay Gr.8 (4)	56.59	2/7	5/16/2019
2. Marissa Bitter - Female - Comp#: 570 - Ind/Rel: 3 / 0			
#141 Women Shot Put 3 kg Gr.8	8.14m	1/15	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	16.63m	1/17	5/14/2019
#150 Women Triple Jump Gr.8	8.21m	1/6	5/16/2019
3. Rylan Elson - Male - Comp#: 572 - Ind/Rel: 3 / 0			
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	19.82	2/6	5/16/2019
#134 Men 200 Meter Hurdles 30" Gr.8	34.57	1/3	5/14/2019
#144 Men Discus Throw 1 kg Gr.8	21.17m	1/11	5/14/2019
4. Ava Greenhalgh - Female - Comp#: 573 - Ind/Rel: 2 / 0			
#141 Women Shot Put 3 kg Gr.8	7.73m	1/12	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	18.28m	1/10	5/14/2019
5. Jase Hathaway - Male - Comp#: 574 - Ind/Rel: 1 / 0			
#130 Men 3000 Meter Run Gr.8	11:24.79	1/16	5/13/2019
6. Aasiah Houle - Female - Comp#: 575 - Ind/Rel: 1 / 0			
#109 Women 1500 Meter Race Walk Junior	9:34.73	1/4	5/13/2019
7. Jared Huebert - Male - Comp#: 576 - Ind/Rel: 1 / 0			
#128 Men 1500 Meter Run Gr.8	5:10.86	1/14	5/14/2019
8. Daisy Kropp - Female - Comp#: 577 - Ind/Rel: 1 / 1			
#121 Women 200 Meter Dash Gr.8 Prelims	31.74	2/1	5/16/2019
#145 Women 4x100 Meter Relay Gr.8 (3)	56.59	2/7	5/16/2019
9. Elijah Nickel - Male - Comp#: 579 - Ind/Rel: 2 / 0			
#136 Men High Jump Gr.8	1.45m	1/13	5/14/2019
#149 Men Triple Jump Gr.8	9.19m	1/5	5/13/2019
10. Dawson Toews - Male - Comp#: 581 - Ind/Rel: 3 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:25.91	2/3	5/16/2019
#128 Men 1500 Meter Run Gr.8	5:03.99	1/8	5/14/2019
#130 Men 3000 Meter Run Gr.8	10:54.52	1/10	5/13/2019
11. Alexis Wiebe - Female - Comp#: 582 - Ind/Rel: 2 / 1			
#123 Women 400 Meter Dash Gr.8 Prelims	1:08.00	2/3	5/13/2019
#141 Women Shot Put 3 kg Gr.8	8.98m	1/20	5/13/2019
#145 Women 4x100 Meter Relay Gr.8 (2)	56.59	2/7	5/16/2019
12. Reggie Wiebe - Female - Comp#: 583 - Ind/Rel: 2 / 1			
#141 Women Shot Put 3 kg Gr.8	7.76m	1/13	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	18.25m	1/2	5/14/2019
#145 Women 4x100 Meter Relay Gr.8 (1)	56.59	2/7	5/16/2019
13. Hannah Wood - Female - Comp#: 584 - Ind/Rel: 3 / 0			
#133 Women 200 Meter Hurdles 30" Gr.8	38.62	1/3	5/14/2019
#141 Women Shot Put 3 kg Gr.8	8.45m	1/16	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	19.97m	1/19	5/14/2019
1. Mei Middle School - 'A'			
#145 Women 4x100 Meter Relay Gr.8	56.59	2/7	5/16/2019

#583 Reggie Wiebe; #582 Alexis Wiebe; #577 Daisy Kropp; #569 Kaitlyn Bay

**Mei Middle School Total Individual Entries: 27 - Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Mei Secondary School (MEI)**

1. Gurtaj Aulakh - Male - Comp#: 585 - Ind/Rel: 2 / 0			
#63 Men Discus Throw 1.5 kg Junior	31.80m	1/19	5/13/2019
#83 Men Hammer Throw 5 kg Junior	37.18m	1/13	5/16/2019
2. Cailin Bitter - Female - Comp#: 586 - Ind/Rel: 3 / 0			
#59 Women Discus Throw 1 kg Senior	22.06m	1/13	5/13/2019
#94 Women Shot Put 4 kg Senior	9.74m	1/20	5/14/2019
#98 Women Javelin Throw 600 gram Senior	29.17m	1/19	5/14/2019
3. Rajvir Brar - Male - Comp#: 587 - Ind/Rel: 3 / 0			
#66 Men Discus Throw 1.75 kg Senior	27.45m	1/14	5/13/2019
#100 Men Shot Put 6 kg Senior	9.69m	1/4	5/16/2019
#112 Men Hammer Throw 6 kg Senior	42.22m	1/13	5/16/2019
4. Josh Carsience - Male - Comp#: 588 - Ind/Rel: 3 / 0			
#58 Men Long Jump Junior	5.61m	1/18	5/13/2019
#88 Men Javelin Throw 700 gram Junior	39.43m	1/21	5/13/2019
#95 Men Pole Vault Junior	4.00m	1/9	5/16/2019
5. Simon Funk - Male - Comp#: 589 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:56.65	1/24	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:20.46	2/8	5/16/2019
#52 Men 3000 Meter Run Junior	10:41.17	1/12	5/13/2019
6. Allyssa Hutchison - Female - Comp#: 590 - Ind/Rel: 3 / 2			
#7 Women 400 Meter Run Junior Prelims	1:05.50	3/3	5/13/2019
#39 Women 800 Meter Run Junior Prelims	2:38.70	1/3	5/16/2019
#103 Women 300 Meter Hurdles Junior	52.20	2/1	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (1)	55.10	2/5	5/13/2019
#107 Women 4x400 Meter Relay Junior (1)	4:39.92	2/6	5/14/2019
7. Cassidy Hutchison - Female - Comp#: 591 - Ind/Rel: 3 / 0			
#9 Women 400 Meter Run Senior Prelims	1:03.67	2/4	5/13/2019
#13 Women 1500 Meter Run Senior	4:58.62	1/5	5/14/2019
#41 Women 800 Meter Run Senior Prelims	2:19.54	1/5	5/16/2019
8. Dan Ko - Male - Comp#: 592 - Ind/Rel: 2 / 0			
#65 Men Triple Jump Senior	12.54m	1/17	5/14/2019
#90 Men Long Jump Senior	5.92m	1/22	5/14/2019
9. Joyce Ko - Female - Comp#: 593 - Ind/Rel: 1 / 2			
#87 Women Discus Throw 1 kg Junior	19.48m	1/15	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (4)	55.10	2/5	5/13/2019
#107 Women 4x400 Meter Relay Junior (4)	4:39.92	2/6	5/14/2019
10. Dezmond Loepky - Male - Comp#: 594 - Ind/Rel: 1 / 0			
#83 Men Hammer Throw 5 kg Junior	20.15m	1/6	5/16/2019
11. Sohail Loomba - Male - Comp#: 595 - Ind/Rel: 1 / 0			
#104 Men 300 Meter Hurdles Junior	52.68	3/3	5/14/2019
12. Ethan Ludwig - Male - Comp#: 596 - Ind/Rel: 3 / 0			
#66 Men Discus Throw 1.75 kg Senior	23.26m	1/10	5/13/2019
#100 Men Shot Put 6 kg Senior	10.01m	1/11	5/16/2019
#112 Men Hammer Throw 6 kg Senior	37.00m	1/12	5/16/2019
13. Jasmine Mann - Female - Comp#: 597 - Ind/Rel: 3 / 0			
#62 Women Shot Put 3 kg Junior	8.38m	1/5	5/14/2019
#87 Women Discus Throw 1 kg Junior	21.03m	1/20	5/14/2019
#92 Women Hammer Throw 3 kg Junior	22.90m	1/5	5/16/2019



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Mei Secondary School (MEI)**

14. Matthew McKay - Male - Comp#: 598 - Ind/Rel: 2 / 0			
#76 Men Shot Put 5 kg Junior	10.55m	1/15	5/14/2019
#82 Men Triple Jump Junior	10.90m	1/13	5/14/2019
15. Marijke Meindersma - Female - Comp#: 599 - Ind/Rel: 2 / 0			
#62 Women Shot Put 3 kg Junior	9.81m	1/17	5/14/2019
#75 Women Javelin Throw 500 gram Junior	27.03m	1/19	5/13/2019
16. William Neufeld - Male - Comp#: 600 - Ind/Rel: 2 / 0			
#63 Men Discus Throw 1.5 kg Junior	24.84m	1/10	5/13/2019
#83 Men Hammer Throw 5 kg Junior	21.04m	1/7	5/16/2019
17. Anya Peters - Female - Comp#: 601 - Ind/Rel: 3 / 0			
#62 Women Shot Put 3 kg Junior	10.49m	1/21	5/14/2019
#75 Women Javelin Throw 500 gram Junior	29.56m	1/21	5/13/2019
#87 Women Discus Throw 1 kg Junior	19.51m	1/17	5/14/2019
18. Vanessa Pirani - Female - Comp#: 602 - Ind/Rel: 3 / 2			
#7 Women 400 Meter Run Junior Prelims	1:06.36	1/3	5/13/2019
#23 Women 80 Meter Hurdles Junior Prelims	13.27	1/5	5/16/2019
#103 Women 300 Meter Hurdles Junior	50.08	2/6	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (2)	55.10	2/5	5/13/2019
#107 Women 4x400 Meter Relay Junior (2)	4:39.92	2/6	5/14/2019
19. Claudia Reilander - Female - Comp#: 603 - Ind/Rel: 1 / 0			
#7 Women 400 Meter Run Junior Prelims	1:14.06	2/2	5/13/2019
20. Jessica Reimer - Female - Comp#: 604 - Ind/Rel: 1 / 2			
#57 Women Triple Jump Junior	8.81m	1/10	5/13/2019
#19 Women 4x100 Meter Relay Junior Prelims (3)	55.10	2/5	5/13/2019
#107 Women 4x400 Meter Relay Junior (3)	4:39.92	2/6	5/14/2019
21. Kyla Smith - Female - Comp#: 605 - Ind/Rel: 1 / 0			
#98 Women Javelin Throw 600 gram Senior	30.87m	1/21	5/14/2019
22. Adrian Vendl - Male - Comp#: 606 - Ind/Rel: 1 / 0			
#50 Men 200 Meter Dash Senior Prelims	25.12	1/1	5/16/2019
1. Mei Secondary School - 'A'			
#19 Women 4x100 Meter Relay Junior Prelims	55.10	2/5	5/13/2019
#590 Allyssa Hutchison; #602 Vanessa Pirani; #604 Jessica Reimer; #593 Joyce Ko			
2. Mei Secondary School - 'A'			
#107 Women 4x400 Meter Relay Junior	4:39.92	2/6	5/14/2019
#590 Allyssa Hutchison; #602 Vanessa Pirani; #604 Jessica Reimer; #593 Joyce Ko			
<b>Mei Secondary School</b>	<b>Total Individual Entries: 47</b>	<b>-</b>	<b>Total Relays: 2</b>

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Mission Secondary (MISS)**

1. Mathew Abbott - Male - Comp#: 607 - Ind/Rel: 2 / 2			
#10 Men 400 Meter Run Senior Prelims	54.53	3/7	5/13/2019
#50 Men 200 Meter Dash Senior Prelims	24.96	3/2	5/16/2019
#22 Men 4x100 Meter Relay Senior Prelims (2)	46.59	2/3	5/13/2019
#36 Men 4x400 Meter Relay Senior (1)	3:49.05	1/2	5/14/2019
2. Sean Burgess - Male - Comp#: 608 - Ind/Rel: 1 / 0			
#112 Men Hammer Throw 6 kg Senior	16.65m	1/4	5/16/2019
3. Tiara Dickson-Kowal - Female - Comp#: 609 - Ind/Rel: 3 / 0			
#62 Women Shot Put 3 kg Junior	8.63m	1/7	5/14/2019
#87 Women Discus Throw 1 kg Junior	17.75m	1/9	5/14/2019
#92 Women Hammer Throw 3 kg Junior	27.99m	1/7	5/16/2019
4. Isabel Gerbrand - Female - Comp#: 610 - Ind/Rel: 1 / 0			
#75 Women Javelin Throw 500 gram Junior	31.48m	1/23	5/13/2019
5. Tanner Geringer - Male - Comp#: 611 - Ind/Rel: 1 / 0			
#60 Men Javelin Throw 800 gram Senior	49.73m	1/18	5/14/2019
6. Hannah Johnston - Female - Comp#: 612 - Ind/Rel: 2 / 0			
#70 Women High Jump Senior	1.45m	1/4	5/16/2019
#89 Women Triple Jump Senior	8.49m	1/5	5/14/2019
7. Kieran Kotwal - Male - Comp#: 613 - Ind/Rel: 1 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	17.95	1/3	5/16/2019
8. Kevin Lawarance - Male - Comp#: 614 - Ind/Rel: 0 / 1			
#36 Men 4x400 Meter Relay Senior (4)	3:49.05	1/2	5/14/2019
9. Kai Maenpaa - Male - Comp#: 615 - Ind/Rel: 1 / 0			
#66 Men Discus Throw 1.75 kg Senior	30.04m	1/17	5/13/2019
10. Declan O'Brien - Male - Comp#: 617 - Ind/Rel: 0 / 2			
#22 Men 4x100 Meter Relay Senior Prelims (1)	46.59	2/3	5/13/2019
#36 Men 4x400 Meter Relay Senior (2)	3:49.05	1/2	5/14/2019
11. Erin O'Brien - Female - Comp#: 618 - Ind/Rel: 1 / 0			
#31 Women 100 Meter Dash Senior Prelims	13.93	2/8	5/14/2019
12. Matthew Roadhouse - Male - Comp#: 619 - Ind/Rel: 1 / 2			
#32 Men 100 Meter Dash Senior Prelims	12.10	3/8	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (3)	46.59	2/3	5/13/2019
#36 Men 4x400 Meter Relay Senior (3)	3:49.05	1/2	5/14/2019
13. Paulina Saegert - Female - Comp#: 620 - Ind/Rel: 1 / 0			
#94 Women Shot Put 4 kg Senior	6.68m	1/4	5/14/2019
14. Georgia Sambu - Female - Comp#: 621 - Ind/Rel: 1 / 0			
#87 Women Discus Throw 1 kg Junior	20.07m	1/19	5/14/2019
15. Adon Sawchuk - Male - Comp#: 622 - Ind/Rel: 2 / 0			
#60 Men Javelin Throw 800 gram Senior	31.80m	1/5	5/14/2019
#112 Men Hammer Throw 6 kg Senior	21.23m	1/7	5/16/2019
16. Dylan Theberge - Male - Comp#: 623 - Ind/Rel: 1 / 0			
#34 Men 2000 Meter Steeplechase 33" Senior	7:52.73	1/19	5/16/2019
17. Bradley Tober - Male - Comp#: 624 - Ind/Rel: 2 / 0			
#100 Men Shot Put 6 kg Senior	10.42m	1/13	5/16/2019
#112 Men Hammer Throw 6 kg Senior	26.19m	1/9	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Mission Secondary (MISS)**

18. Harrison Trustham - Male - Comp#: 625 - Ind/Rel: 3 / 1			
#26 Men 110 Meter Hurdles 36" Senior Prelims	15.84	1/4	5/16/2019
#32 Men 100 Meter Dash Senior Prelims	12.03	1/8	5/14/2019
#110 Men 400 Meter Hurdles Senior	1:14.16	3/5	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (4)	46.59	2/3	5/13/2019
19. Emily Wieland - Female - Comp#: 626 - Ind/Rel: 3 / 0			
#62 Women Shot Put 3 kg Junior	9.57m	1/16	5/14/2019
#87 Women Discus Throw 1 kg Junior	28.98m	1/24	5/14/2019
#92 Women Hammer Throw 3 kg Junior	16.21m	1/1	5/16/2019
20. Hayley Willis - Female - Comp#: 627 - Ind/Rel: 1 / 0			
#81 Women Long Jump Junior	4.07m	1/9	5/16/2019
1. Mission Secondary - 'A'			
#22 Men 4x100 Meter Relay Senior Prelims	46.59	2/3	5/13/2019
#617 Declan O'Brien; #607 Mathew Abbott; #619 Matthew Roadhouse; #625 Harrison Trustham			
2. Mission Secondary - 'A'			
#36 Men 4x400 Meter Relay Senior	3:49.05	1/2	5/14/2019
#607 Mathew Abbott; #617 Declan O'Brien; #619 Matthew Roadhouse; #614 Kevin Lawarance			
<b>Mission Secondary</b>	<b>Total Individual Entries: 28</b>	<b>-</b>	<b>Total Relays: 2</b>

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****North Delta Secondary School (NTDE)**

1. Simran Bangar - Female - Comp#: 628 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	29.22m	1/18	5/13/2019
#94 Women Shot Put 4 kg Senior	9.67m	1/19	5/14/2019
2. Kirubel Bogale - Male - Comp#: 629 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:46.92	1/18	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	6:53.25	1/6	5/16/2019
#54 Men 3000 Meter Run Senior	10:25.84	1/8	5/13/2019
3. Jovan Dhillon - Male - Comp#: 630 - Ind/Rel: 2 / 0			
#83 Men Hammer Throw 5 kg Junior	17.67m	1/4	5/16/2019
#144 Men Discus Throw 1 kg Gr.8	29.69m	1/5	5/14/2019
4. Keerat Dhillon - Female - Comp#: 631 - Ind/Rel: 3 / 0			
#92 Women Hammer Throw 3 kg Junior	36.90m	1/9	5/16/2019
#141 Women Shot Put 3 kg Gr.8	9.55m	1/23	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	26.08m	1/18	5/14/2019
5. Ryland Mallari - Male - Comp#: 632 - Ind/Rel: 3 / 0			
#151 Boys 100 Meter Dash Special Olym Special Olym	14.20	1/4	5/14/2019
#153 Boys Shot Put Special Olym Special Olympics	7.41m	1/3	5/16/2019
#160 Boys 400 Meter Dash Special Olym Special Olym	1:06.46	1/4	5/13/2019
6. Charity Obazighanmwun - Female - Comp#: 633 - Ind/Rel: 2 / 0			
#29 Women 100 Meter Dash Junior Prelims	12.57	1/4	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	25.70	1/4	5/16/2019

**North Delta Secondary School      Total Individual Entries: 15   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**North Surrey Secondary (NSSS)**

1. Raymond Chu - Male - Comp#: 634 - Ind/Rel: 1 / 0 #111 Men High Jump Senior	1.50m	1/3	5/13/2019
2. Sam Huang - Male - Comp#: 635 - Ind/Rel: 1 / 0 #76 Men Shot Put 5 kg Junior	9.56m	1/6	5/14/2019
3. Samantha Ogbeiwi - Female - Comp#: 636 - Ind/Rel: 1 / 0 #31 Women 100 Meter Dash Senior Prelims	13.08	2/5	5/14/2019
4. Alan Wang - Male - Comp#: 637 - Ind/Rel: 1 / 0 #66 Men Discus Throw 1.75 kg Senior	23.52m	1/11	5/13/2019
5. Byron Wang - Male - Comp#: 638 - Ind/Rel: 1 / 0 #65 Men Triple Jump Senior	9.92m	1/4	5/14/2019

**North Surrey Secondary      Total Individual Entries: 5 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Pacific Academy (PAAC)**

1. Phil Akagu-Jones - Male - Comp#: 639 - Ind/Rel: 1 / 0 #76 Men Shot Put 5 kg Junior	8.31m	1/1	5/14/2019
2. Divine Aniamaka - Male - Comp#: 640 - Ind/Rel: 3 / 2 #132 Men 100 Meter Hurdles 33" Gr.8 Prelims	17.26	2/4	5/16/2019
#134 Men 200 Meter Hurdles 30" Gr.8	31.53	2/3	5/14/2019
#149 Men Triple Jump Gr.8	11.59m	1/21	5/13/2019
#146 Men 4x100 Meter Relay Gr.8 (1)	51.41	2/4	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (1)	4:42.49	1/3	5/14/2019
3. Praise Aniamaka - Male - Comp#: 641 - Ind/Rel: 3 / 2 #24 Men 100 Meter Hurdles 33" Junior Prelims	15.07	2/4	5/16/2019
#82 Men Triple Jump Junior	14.84m	1/24	5/14/2019
#104 Men 300 Meter Hurdles Junior	41.87	1/4	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (2)	45.90	1/4	5/13/2019
#108 Men 4x400 Meter Relay Junior (1)	3:52.64	2/5	5/14/2019
4. Giuliano Bertolini - Male - Comp#: 642 - Ind/Rel: 1 / 0 #88 Men Javelin Throw 700 gram Junior	28.49m	1/7	5/13/2019
5. Nathan Chan - Male - Comp#: 643 - Ind/Rel: 2 / 2 #8 Men 400 Meter Run Junior Prelims	55.39	3/3	5/13/2019
#48 Men 200 Meter Dash Junior Prelims	24.36	2/3	5/16/2019
#20 Men 4x100 Meter Relay Junior Prelims (3)	45.90	1/4	5/13/2019
#108 Men 4x400 Meter Relay Junior (4)	3:52.64	2/5	5/14/2019
6. Joshua Chapman - Male - Comp#: 644 - Ind/Rel: 2 / 1 #88 Men Javelin Throw 700 gram Junior	27.73m	1/6	5/13/2019
#113 Men 1500 Meter Race Walk Junior	9:22.78	1/10	5/13/2019
#20 Men 4x100 Meter Relay Junior Prelims (2)	49.15	1/6	5/13/2019
7. Amy Filip - Female - Comp#: 645 - Ind/Rel: 1 / 1 #29 Women 100 Meter Dash Junior Prelims	13.47	3/6	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (2)	52.01	2/4	5/13/2019
8. Jeremiah Francis - Male - Comp#: 646 - Ind/Rel: 2 / 2 #120 Men 100 Meter Dash Gr.8 Prelims	12.78	1/5	5/14/2019
#124 Men 400 Meter Dash Gr.8 Prelims	1:01.86	2/5	5/13/2019
#146 Men 4x100 Meter Relay Gr.8 (4)	51.41	2/4	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (4)	4:42.49	1/3	5/14/2019
9. Mitchell Gibbs - Male - Comp#: 647 - Ind/Rel: 3 / 2 #30 Men 100 Meter Dash Junior Prelims	11.60	2/4	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	23.88	2/4	5/16/2019
#58 Men Long Jump Junior	6.44m	1/21	5/13/2019
#20 Men 4x100 Meter Relay Junior Prelims (1)	45.90	1/4	5/13/2019
#108 Men 4x400 Meter Relay Junior (2)	3:52.64	2/5	5/14/2019
10. Spencer Gibbs - Male - Comp#: 648 - Ind/Rel: 2 / 0 #138 Men Long Jump Gr.8	4.68m	1/19	5/14/2019
#149 Men Triple Jump Gr.8	9.73m	1/16	5/13/2019
11. Ian Huang - Male - Comp#: 649 - Ind/Rel: 2 / 0 #120 Men 100 Meter Dash Gr.8 Prelims	12.76	1/2	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	26.95	2/5	5/16/2019
12. Nicholas Huang - Male - Comp#: 650 - Ind/Rel: 2 / 1 #12 Men 1500 Meter Run Junior	4:40.76	1/14	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:16.79	3/6	5/16/2019
#108 Men 4x400 Meter Relay Junior (4)	4:01.81	2/7	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Pacific Academy (PAAC)**

13. Samuel (tianren) Huang - Male - Comp#: 651 - Ind/Rel: 3 / 0			
#140 Men Javelin Throw 600 gr Gr.8	20.18m	1/7	5/16/2019
#142 Men Shot Put 4 kg Gr.8	8.90m	1/12	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	18.98m	1/3	5/14/2019
14. Daine Kerr - Male - Comp#: 652 - Ind/Rel: 1 / 2			
#8 Men 400 Meter Run Junior Prelims	56.98	1/7	5/13/2019
#20 Men 4x100 Meter Relay Junior Prelims (4)	49.15	1/6	5/13/2019
#108 Men 4x400 Meter Relay Junior (1)	4:01.81	2/7	5/14/2019
15. Montana Kroeker - Female - Comp#: 653 - Ind/Rel: 1 / 0			
#7 Women 400 Meter Run Junior Prelims	1:09.13	2/7	5/13/2019
16. Trinitee Okoye - Female - Comp#: 654 - Ind/Rel: 3 / 0			
#139 Women Javelin Throw 500 gr Gr.8	13.47m	1/6	5/14/2019
#141 Women Shot Put 3 kg Gr.8	7.20m	1/7	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	16.67m	1/13	5/14/2019
17. Wei Ong - Male - Comp#: 655 - Ind/Rel: 0 / 2			
#20 Men 4x100 Meter Relay Junior Prelims (3)	49.15	1/6	5/13/2019
#108 Men 4x400 Meter Relay Junior (3)	4:01.81	2/7	5/14/2019
18. Keanna Perera - Female - Comp#: 656 - Ind/Rel: 1 / 1			
#47 Women 200 Meter Dash Junior Prelims	30.44	3/1	5/16/2019
#19 Women 4x100 Meter Relay Junior Prelims (1)	52.01	2/4	5/13/2019
19. Cohen Peters - Male - Comp#: 657 - Ind/Rel: 3 / 2			
#124 Men 400 Meter Dash Gr.8 Prelims	1:07.80	3/8	5/13/2019
#136 Men High Jump Gr.8	1.40m	1/10	5/14/2019
#149 Men Triple Jump Gr.8	9.66m	1/14	5/13/2019
#146 Men 4x100 Meter Relay Gr.8 (2)	51.41	2/4	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (2)	4:42.49	1/3	5/14/2019
20. Kennedy Primrose - Female - Comp#: 658 - Ind/Rel: 3 / 1			
#23 Women 80 Meter Hurdles Junior Prelims	13.19	2/5	5/16/2019
#57 Women Triple Jump Junior	11.28m	1/23	5/13/2019
#81 Women Long Jump Junior	4.83m	1/22	5/16/2019
#19 Women 4x100 Meter Relay Junior Prelims (3)	52.01	2/4	5/13/2019
21. Taylor Sillars - Male - Comp#: 659 - Ind/Rel: 3 / 2			
#24 Men 100 Meter Hurdles 33" Junior Prelims	15.37	2/5	5/16/2019
#82 Men Triple Jump Junior	12.20m	1/21	5/14/2019
#104 Men 300 Meter Hurdles Junior	43.49	1/6	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (1)	49.15	1/6	5/13/2019
#108 Men 4x400 Meter Relay Junior (3)	3:52.64	2/5	5/14/2019
22. Truevine Spence - Male - Comp#: 660 - Ind/Rel: 0 / 2			
#146 Men 4x100 Meter Relay Gr.8 (3)	51.41	2/4	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (3)	4:42.49	1/3	5/14/2019
23. Truevine (t'vine) Spence - Male - Comp#: 661 - Ind/Rel: 2 / 0			
#124 Men 400 Meter Dash Gr.8 Prelims	1:08.28	2/2	5/13/2019
#136 Men High Jump Gr.8	1.40m	1/9	5/14/2019
24. Jaziel Tunti - Female - Comp#: 662 - Ind/Rel: 2 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	15.31	2/4	5/16/2019
#70 Women High Jump Senior	1.55m	1/8	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Pacific Academy (PAAC)**

25.	Laysha Tunti - Female - Comp#: 663 - Ind/Rel: 3 / 1			
	#23 Women 80 Meter Hurdles Junior Prelims	12.01	3/4	5/16/2019
	#29 Women 100 Meter Dash Junior Prelims	12.75	3/4	5/14/2019
	#81 Women Long Jump Junior	5.23m	1/25	5/16/2019
	#19 Women 4x100 Meter Relay Junior Prelims (4)	52.01	2/4	5/13/2019
26.	Kyu Hyun Yoon - Male - Comp#: 664 - Ind/Rel: 2 / 2			
	#48 Men 200 Meter Dash Junior Prelims	24.96	2/7	5/16/2019
	#58 Men Long Jump Junior	5.44m	1/15	5/13/2019
	#20 Men 4x100 Meter Relay Junior Prelims (4)	45.90	1/4	5/13/2019
	#108 Men 4x400 Meter Relay Junior (2)	4:01.81	2/7	5/14/2019
27.	Jason Zhang - Male - Comp#: 665 - Ind/Rel: 2 / 0			
	#124 Men 400 Meter Dash Gr.8 Prelims	1:08.14	3/2	5/13/2019
	#149 Men Triple Jump Gr.8	9.93m	1/18	5/13/2019
1.	Pacific Academy - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	52.01	2/4	5/13/2019
	#656 Keanna Perera; #645 Amy Filip; #658 Kennedy Primrose; #663 Laysha Tunti			
2.	Pacific Academy - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	45.90	1/4	5/13/2019
	#647 Mitchell Gibbs; #641 Praise Aniamaka; #643 Nathan Chan; #664 Kyu Hyun Yoon			
3.	Pacific Academy - 'B'			
	#20 Men 4x100 Meter Relay Junior Prelims	49.15	1/6	5/13/2019
	#659 Taylor Sillars; #644 Joshua Chapman; #655 Wei Ong; #652 Daine Kerr			
4.	Pacific Academy - 'A'			
	#108 Men 4x400 Meter Relay Junior	3:52.64	2/5	5/14/2019
	#641 Praise Aniamaka; #647 Mitchell Gibbs; #659 Taylor Sillars; #643 Nathan Chan			
5.	Pacific Academy - 'B'			
	#108 Men 4x400 Meter Relay Junior	4:01.81	2/7	5/14/2019
	#652 Daine Kerr; #664 Kyu Hyun Yoon; #655 Wei Ong; #650 Nicholas Huang			
6.	Pacific Academy - 'A'			
	#146 Men 4x100 Meter Relay Gr.8	51.41	2/4	5/16/2019
	#640 Divine Aniamaka; #657 Cohen Peters; #660 Truevine Spence; #646 Jeremiah Francis			
7.	Pacific Academy - 'A'			
	#148 Men 4x400 Meter Relay Gr.8	4:42.49	1/3	5/14/2019
	#640 Divine Aniamaka; #657 Cohen Peters; #660 Truevine Spence; #646 Jeremiah Francis			

**Pacific Academy Total Individual Entries: 53 - Total Relays: 7**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Panorama Ridge Secondary (PARS)**

1. Jasmine Bhullar - Female - Comp#: 666 - Ind/Rel: 2 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	16.18	3/6	5/16/2019
#47 Women 200 Meter Dash Junior Prelims	29.10	1/7	5/16/2019
2. Chidiebere Okarah - Female - Comp#: 667 - Ind/Rel: 2 / 0			
#62 Women Shot Put 3 kg Junior	9.17m	1/12	5/14/2019
#87 Women Discus Throw 1 kg Junior	17.38m	1/7	5/14/2019
3. Leah Peters - Female - Comp#: 668 - Ind/Rel: 3 / 0			
#123 Women 400 Meter Dash Gr.8 Prelims	1:02.92	1/4	5/13/2019
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	13.52	2/4	5/16/2019
#133 Women 200 Meter Hurdles 30" Gr.8	30.37	2/4	5/14/2019

**Panorama Ridge Secondary      Total Individual Entries: 7   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Pinetree Sec (PTS)**

1. Adrian Blake - Male - Comp#: 669 - Ind/Rel: 2 / 1			
#30 Men 100 Meter Dash Junior Prelims	11.97	2/3	5/14/2019
#58 Men Long Jump Junior	5.63m	1/19	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (1)	47.06	1/6	5/13/2019
2. William Gong - Male - Comp#: 670 - Ind/Rel: 2 / 1			
#90 Men Long Jump Senior	4.79m	1/3	5/14/2019
#111 Men High Jump Senior	1.30m	1/2	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (2)	47.06	1/6	5/13/2019
3. Vania Kwan - Female - Comp#: 671 - Ind/Rel: 1 / 1			
#64 Women Long Jump Senior	4.13m	1/8	5/13/2019
#21 Women 4x100 Meter Relay Senior Prelims (1)	58.68	1/1	5/13/2019
4. Kaira Martinez - Female - Comp#: 672 - Ind/Rel: 2 / 0			
#31 Women 100 Meter Dash Senior Prelims	13.86	3/7	5/14/2019
#64 Women Long Jump Senior	4.64m	1/19	5/13/2019
5. Jordan Mi - Male - Comp#: 673 - Ind/Rel: 3 / 1			
#32 Men 100 Meter Dash Senior Prelims	12.25	3/2	5/14/2019
#90 Men Long Jump Senior	5.59m	1/16	5/14/2019
#111 Men High Jump Senior	1.30m	1/1	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (4)	47.06	1/6	5/13/2019
6. Andres Palma - Male - Comp#: 674 - Ind/Rel: 1 / 1			
#32 Men 100 Meter Dash Senior Prelims	12.21	1/2	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (3)	47.06	1/6	5/13/2019
7. Ivana Truong - Female - Comp#: 675 - Ind/Rel: 1 / 2			
#89 Women Triple Jump Senior	8.36m	1/3	5/14/2019
#21 Women 4x100 Meter Relay Senior Prelims (4)	58.68	1/1	5/13/2019
#35 Women 4x400 Meter Relay Senior (1)	4:48.59	1/2	5/14/2019
8. Chenille Wong - Female - Comp#: 676 - Ind/Rel: 0 / 1			
#35 Women 4x400 Meter Relay Senior (2)	4:48.59	1/2	5/14/2019
9. Jennifer Wu - Female - Comp#: 677 - Ind/Rel: 0 / 2			
#21 Women 4x100 Meter Relay Senior Prelims (3)	58.68	1/1	5/13/2019
#35 Women 4x400 Meter Relay Senior (3)	4:48.59	1/2	5/14/2019
10. Christina Zhang - Female - Comp#: 678 - Ind/Rel: 1 / 2			
#41 Women 800 Meter Run Senior Prelims	2:39.77	1/3	5/16/2019
#21 Women 4x100 Meter Relay Senior Prelims (2)	58.68	1/1	5/13/2019
#35 Women 4x400 Meter Relay Senior (4)	4:48.59	1/2	5/14/2019
1. Pinetree Sec - 'A'			
#21 Women 4x100 Meter Relay Senior Prelims	58.68	1/1	5/13/2019
#671 Vania Kwan; #678 Christina Zhang; #677 Jennifer Wu; #675 Ivana Truong			
2. Pinetree Sec - 'A'			
#22 Men 4x100 Meter Relay Senior Prelims	47.06	1/6	5/13/2019
#669 Adrian Blake; #670 William Gong; #674 Andres Palma; #673 Jordan Mi			
3. Pinetree Sec - 'A'			
#35 Women 4x400 Meter Relay Senior	4:48.59	1/2	5/14/2019
#675 Ivana Truong; #676 Chenille Wong; #677 Jennifer Wu; #678 Christina Zhang			

**Pinetree Sec Total Individual Entries: 13 - Total Relays: 3**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Pitt Meadows Secondary School (PITTM)**

1. Emma Graydon - Female - Comp#: 679 - Ind/Rel: 3 / 0			
#11 Women 1500 Meter Run Junior	5:18.78	1/7	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:39.25	3/6	5/16/2019
#51 Women 3000 Meter Run Junior	11:48.03	1/8	5/13/2019
2. Maggie Graydon - Female - Comp#: 680 - Ind/Rel: 3 / 0			
#13 Women 1500 Meter Run Senior	5:03.98	1/7	5/14/2019
#41 Women 800 Meter Run Senior Prelims	2:31.90	3/5	5/16/2019
#53 Women 3000 Meter Run Senior	10:47.73	1/4	5/13/2019
3. Kai Hussein - Male - Comp#: 681 - Ind/Rel: 3 / 0			
#30 Men 100 Meter Dash Junior Prelims	12.10	3/6	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	25.34	1/8	5/16/2019
#76 Men Shot Put 5 kg Junior	12.34m	1/20	5/14/2019
4. Gracie Lorensen - Female - Comp#: 682 - Ind/Rel: 2 / 0			
#33 Women 1500 Meter Steeplechase 30" Senior	6:16.11	1/14	5/16/2019
#53 Women 3000 Meter Run Senior	12:07.82	1/17	5/13/2019
5. Samuel Manke - Male - Comp#: 683 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:29.19	1/8	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	7:08.38	1/8	5/16/2019
#42 Men 800 Meter Run Senior Prelims	2:08.55	1/6	5/16/2019
6. Evan Querengesser - Male - Comp#: 684 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:40.77	1/12	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	7:13.76	1/9	5/16/2019
#54 Men 3000 Meter Run Senior	10:10.63	1/6	5/13/2019
7. Carter Smith - Male - Comp#: 685 - Ind/Rel: 2 / 0			
#30 Men 100 Meter Dash Junior Prelims	11.69	1/4	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	24.11	3/5	5/16/2019

**Pitt Meadows Secondary School      Total Individual Entries: 19   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Port Moody Secondary School (POMO)**

1. Alair Ang - Male - Comp#: 686 - Ind/Rel: 1 / 0 #110 Men 400 Meter Hurdles Senior	1:13.19	3/4	5/14/2019
2. Leipa Bajarunas - Female - Comp#: 687 - Ind/Rel: 3 / 0 #23 Women 80 Meter Hurdles Junior Prelims	13.36	3/5	5/16/2019
#75 Women Javelin Throw 500 gram Junior	32.89m	1/24	5/13/2019
#97 Women High Jump Junior	1.50m	1/12	5/14/2019
3. Siddhant Bhattacharya - Male - Comp#: 688 - Ind/Rel: 2 / 0 #63 Men Discus Throw 1.5 kg Junior	25.27m	1/12	5/13/2019
#76 Men Shot Put 5 kg Junior	10.00m	1/13	5/14/2019
4. Keita Bodrogi - Male - Comp#: 689 - Ind/Rel: 3 / 0 #63 Men Discus Throw 1.5 kg Junior	23.46m	1/8	5/13/2019
#76 Men Shot Put 5 kg Junior	9.42m	1/4	5/14/2019
#88 Men Javelin Throw 700 gram Junior	23.55m	1/2	5/13/2019
5. Jeremiah Carruthers - Male - Comp#: 690 - Ind/Rel: 2 / 0 #12 Men 1500 Meter Run Junior	5:03.68	1/25	5/14/2019
#52 Men 3000 Meter Run Junior	10:50.73	1/18	5/13/2019
6. Carina Fota - Female - Comp#: 691 - Ind/Rel: 1 / 0 #87 Women Discus Throw 1 kg Junior	12.93m	1/3	5/14/2019
7. Ryan Kimoto - Male - Comp#: 692 - Ind/Rel: 1 / 0 #76 Men Shot Put 5 kg Junior	9.98m	1/12	5/14/2019
8. Janice Oh - Female - Comp#: 693 - Ind/Rel: 2 / 0 #94 Women Shot Put 4 kg Senior	8.16m	1/14	5/14/2019
#98 Women Javelin Throw 600 gram Senior	23.80m	1/11	5/14/2019
9. Atrina Shadgan - Female - Comp#: 694 - Ind/Rel: 1 / 0 #29 Women 100 Meter Dash Junior Prelims	14.01	2/8	5/14/2019
10. Rhia Yoo - Female - Comp#: 695 - Ind/Rel: 2 / 0 #62 Women Shot Put 3 kg Junior	5.91m	1/2	5/14/2019
#87 Women Discus Throw 1 kg Junior	12.81m	1/2	5/14/2019

**Port Moody Secondary School Total Individual Entries: 18 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Princess Margaret Secondary Sc (PRIN)**

1.	Ghita Adnane - Female - Comp#: 696 - Ind/Rel: 2 / 0			
	#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	16.84	2/7	5/16/2019
	#133 Women 200 Meter Hurdles 30" Gr.8	36.09	2/8	5/14/2019
2.	Baneet Bains - Female - Comp#: 697 - Ind/Rel: 3 / 0			
	#13 Women 1500 Meter Run Senior	4:45.36	1/1	5/14/2019
	#33 Women 1500 Meter Steeplechase 30" Senior	5:03.71	1/1	5/16/2019
	#53 Women 3000 Meter Run Senior	10:39.54	1/1	5/13/2019
3.	Furqan Bajwa - Male - Comp#: 698 - Ind/Rel: 1 / 0			
	#88 Men Javelin Throw 700 gram Junior	25.62m	1/4	5/13/2019
4.	Madison Fabbrie - Female - Comp#: 699 - Ind/Rel: 2 / 0			
	#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	17.88	2/8	5/16/2019
	#133 Women 200 Meter Hurdles 30" Gr.8	42.57	1/1	5/14/2019
5.	Zainab Mir - Female - Comp#: 700 - Ind/Rel: 1 / 0			
	#133 Women 200 Meter Hurdles 30" Gr.8	45.43	1/2	5/14/2019
6.	Chima Obi Nzeadibe - Male - Comp#: 701 - Ind/Rel: 2 / 0			
	#134 Men 200 Meter Hurdles 30" Gr.8	32.66	1/4	5/14/2019
	#140 Men Javelin Throw 600 gr Gr.8	16.32m	1/3	5/16/2019
7.	Chioma Obi Nzeadibe - Female - Comp#: 702 - Ind/Rel: 2 / 0			
	#133 Women 200 Meter Hurdles 30" Gr.8	40.71	1/8	5/14/2019
	#139 Women Javelin Throw 500 gr Gr.8	9.51m	1/2	5/14/2019
8.	Kaleb Peepchuk - Male - Comp#: 703 - Ind/Rel: 2 / 0			
	#138 Men Long Jump Gr.8	3.87m	1/2	5/14/2019
	#140 Men Javelin Throw 600 gr Gr.8	23.53m	1/12	5/16/2019
9.	Samantha Sayco - Female - Comp#: 704 - Ind/Rel: 3 / 0			
	#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	16.74	2/6	5/16/2019
	#137 Women Long Jump Gr.8	4.31m	1/21	5/14/2019
	#150 Women Triple Jump Gr.8	9.05m	1/12	5/16/2019
10.	Kaitlin Walsh - Female - Comp#: 705 - Ind/Rel: 3 / 0			
	#133 Women 200 Meter Hurdles 30" Gr.8	37.88	1/4	5/14/2019
	#137 Women Long Jump Gr.8	3.88m	1/7	5/14/2019
	#141 Women Shot Put 3 kg Gr.8	7.38m	1/8	5/13/2019
1.	Princess Margaret Secondary Sc - 'A'			
	#145 Women 4x100 Meter Relay Gr.8	59.56	1/6	5/16/2019
2.	Princess Margaret Secondary Sc - 'A'			
	#147 Women 4x400 Meter Relay Gr.8	5:09.62	1/7	5/14/2019

**Princess Margaret Secondary Sc Total Individual Entries: 21 - Total Relays: 2**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

**Queen Elizabeth SS - Surrey (ROYA)**

- |  |         |     |           |
|--|---------|-----|-----------|
| 1. Rachel Defreitas - Female - Comp#: 706 - Ind/Rel: 0 / 1 |         |     |           |
| #35 Women 4x400 Meter Relay Senior (1)                     | 5:18.20 | 2/7 | 5/14/2019 |
| 1. Queen Elizabeth SS - Surrey - 'A'                       |         |     |           |
| #35 Women 4x400 Meter Relay Senior                         | 5:18.20 | 2/7 | 5/14/2019 |
| #706 Rachel Defreitas;                                     |         |     |           |

**Queen Elizabeth SS - Surrey      Total Individual Entries: 0   -   Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Queen Elizabeth SS - Surrey (ROYAL)**

1. Raheem Abdur - Male - Comp#: 707 - Ind/Rel: 1 / 0 #113 Men 1500 Meter Race Walk Junior	9:21.00	1/9	5/13/2019
2. Grace Adara - Female - Comp#: 708 - Ind/Rel: 1 / 0 #98 Women Javelin Throw 600 gram Senior	17.74m	1/2	5/14/2019
3. Michaela Carroll - Female - Comp#: 709 - Ind/Rel: 2 / 0 #135 Women High Jump Gr.8 #150 Women Triple Jump Gr.8	1.30m 8.28m	1/9 1/7	5/13/2019 5/16/2019
4. Gurleen Dhaliwal - Female - Comp#: 710 - Ind/Rel: 1 / 0 #78 Women Hammer Throw 4 kg Senior	7.39m	1/1	5/16/2019
5. Gurshawn Dhillon - Male - Comp#: 711 - Ind/Rel: 3 / 0 #140 Men Javelin Throw 600 gr Gr.8 #142 Men Shot Put 4 kg Gr.8 #144 Men Discus Throw 1 kg Gr.8	17.47m 8.03m 20.40m	1/4 1/6 1/16	5/16/2019 5/13/2019 5/14/2019
6. Hanna Dhillon - Female - Comp#: 712 - Ind/Rel: 2 / 0 #94 Women Shot Put 4 kg Senior #98 Women Javelin Throw 600 gram Senior	8.23m 20.70m	1/15 1/8	5/14/2019 5/14/2019
7. Johari Dixon - Female - Comp#: 713 - Ind/Rel: 1 / 0 #139 Women Javelin Throw 500 gr Gr.8	11.71m	1/4	5/14/2019
8. Mayasir Elhaj - Female - Comp#: 714 - Ind/Rel: 3 / 0 #13 Women 1500 Meter Run Senior #33 Women 1500 Meter Steeplechase 30" Senior #64 Women Long Jump Senior	5:30.40 6:21.49 3.68m	1/18 1/17 1/2	5/14/2019 5/16/2019 5/13/2019
9. Fiona Francis - Female - Comp#: 715 - Ind/Rel: 1 / 0 #64 Women Long Jump Senior	3.55m	1/1	5/13/2019
10. Yuvraj Gill - Male - Comp#: 716 - Ind/Rel: 3 / 0 #14 Men 1500 Meter Run Senior #34 Men 2000 Meter Steeplechase 33" Senior #110 Men 400 Meter Hurdles Senior	4:45.90 7:31.30 1:07.10	1/17 1/12 1/3	5/14/2019 5/16/2019 5/14/2019
11. Rehema Ivan - Female - Comp#: 717 - Ind/Rel: 2 / 0 #25 Women 100 Meter Hurdles 33" Senior Prelims #105 Women 400 Meter Hurdles Senior	18.79 1:18.40	1/6 2/5	5/16/2019 5/14/2019
12. Chanel Khabra - Female - Comp#: 718 - Ind/Rel: 1 / 0 #59 Women Discus Throw 1 kg Senior	12.18m	1/3	5/13/2019
13. Charn Nijjar - Male - Comp#: 719 - Ind/Rel: 3 / 0 #63 Men Discus Throw 1.5 kg Junior #76 Men Shot Put 5 kg Junior #83 Men Hammer Throw 5 kg Junior	29.32m 12.37m 35.43m	1/17 1/21 1/12	5/13/2019 5/14/2019 5/16/2019
14. Jasneet Nijjar - Female - Comp#: 720 - Ind/Rel: 3 / 0 #25 Women 100 Meter Hurdles 33" Senior Prelims #31 Women 100 Meter Dash Senior Prelims #49 Women 200 Meter Dash Senior Prelims	14.90 12.28 25.44	1/4 3/4 2/4	5/16/2019 5/14/2019 5/16/2019
15. Cassandra Principe - Female - Comp#: 721 - Ind/Rel: 1 / 0 #23 Women 80 Meter Hurdles Junior Prelims	16.72	1/8	5/16/2019
16. Nikita Salas - Female - Comp#: 722 - Ind/Rel: 2 / 0 #62 Women Shot Put 3 kg Junior #92 Women Hammer Throw 3 kg Junior	8.81m 20.63m	1/9 1/4	5/14/2019 5/16/2019
17. Avneet Tiwana - Female - Comp#: 723 - Ind/Rel: 1 / 0 #59 Women Discus Throw 1 kg Senior	12.12m	1/2	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

**Queen Elizabeth SS - Surrey (ROYAL)**

18. Cindy Tran - Female - Comp#: 724 - Ind/Rel: 3 / 0

#57 Women Triple Jump Junior	8.88m	1/11	5/13/2019
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#81 Women Long Jump Junior	4.27m	1/17	5/16/2019
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#109 Women 1500 Meter Race Walk Junior	11:14.80	1/9	5/13/2019
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**Queen Elizabeth SS - Surrey      Total Individual Entries: 34   -   Total Relays: 0**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****RE Mountain Secondary (RE M)**

1. Felix Allen - Male - Comp#: 725 - Ind/Rel: 1 / 0 #110 Men 400 Meter Hurdles Senior	1:32.79	3/3	5/14/2019
2. Emmy Grier - Female - Comp#: 726 - Ind/Rel: 1 / 1 #62 Women Shot Put 3 kg Junior	8.62m	1/6	5/14/2019
#19 Women 4x100 Meter Relay Junior Prelims (4)	59.82	1/8	5/13/2019
3. Iya Iraqi - Female - Comp#: 727 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (2)	59.82	1/8	5/13/2019
4. Ethan Longley - Male - Comp#: 728 - Ind/Rel: 3 / 0 #63 Men Discus Throw 1.5 kg Junior	31.37m	1/18	5/13/2019
#76 Men Shot Put 5 kg Junior	10.70m	1/18	5/14/2019
#83 Men Hammer Throw 5 kg Junior	41.36m	1/14	5/16/2019
5. Amanda Moyo - Female - Comp#: 729 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (1)	59.82	1/8	5/13/2019
6. John Wang - Male - Comp#: 730 - Ind/Rel: 1 / 0 #60 Men Javelin Throw 800 gram Senior	32.35m	1/6	5/14/2019
7. Hailey Wilde - Female - Comp#: 731 - Ind/Rel: 1 / 1 #75 Women Javelin Throw 500 gram Junior	26.51m	1/18	5/13/2019
#19 Women 4x100 Meter Relay Junior Prelims (3)	59.82	1/8	5/13/2019
8. Thanasi Zarmakoupis - Male - Comp#: 732 - Ind/Rel: 1 / 0 #100 Men Shot Put 6 kg Senior	9.72m	1/5	5/16/2019
1. RE Mountain Secondary - 'A' #19 Women 4x100 Meter Relay Junior Prelims	59.82	1/8	5/13/2019
#729 Amanda Moyo; #727 Iya Iraqi; #731 Hailey Wilde; #726 Emmy Grier			
<b>RE Mountain Secondary Total Individual Entries: 8 - Total Relays: 1</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Regent Christian (RCA)**

1. Danielle Agyapong-Poku - Female - Comp#: 733 - Ind/Rel: 1 / 0 #97 Women High Jump Junior	1.35m	1/6	5/14/2019
2. Gabriella Batke - Female - Comp#: 734 - Ind/Rel: 1 / 0 #135 Women High Jump Gr.8	1.40m	1/12	5/13/2019
3. Joseph Bongon - Male - Comp#: 735 - Ind/Rel: 1 / 0 #100 Men Shot Put 6 kg Senior	7.32m	1/1	5/16/2019
4. Statia Burchart - Female - Comp#: 736 - Ind/Rel: 2 / 0 #3 Women 1500 Meter Steeplechase 30" Junior	7:17.50	1/15	5/16/2019
#11 Women 1500 Meter Run Junior	7:17.50	1/24	5/14/2019
5. Imani Washington - Female - Comp#: 737 - Ind/Rel: 1 / 0 #29 Women 100 Meter Dash Junior Prelims	13.31	2/3	5/14/2019

**Regent Christian Total Individual Entries: 6 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Riverside Secondary School - C (RSSC)**

1. Paige Ackerman - Female - Comp#: 738 - Ind/Rel: 1 / 0			
#49 Women 200 Meter Dash Senior Prelims	29.45	3/8	5/16/2019
2. Lindsay Bettesworth - Female - Comp#: 739 - Ind/Rel: 2 / 0			
#11 Women 1500 Meter Run Junior	5:42.16	1/17	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:45.73	3/7	5/16/2019
3. Jarrett Chong - Male - Comp#: 740 - Ind/Rel: 3 / 0			
#60 Men Javelin Throw 800 gram Senior	49.21m	1/17	5/14/2019
#66 Men Discus Throw 1.75 kg Senior	38.19m	1/21	5/13/2019
#100 Men Shot Put 6 kg Senior	12.10m	1/20	5/16/2019
4. Shelby Connelly - Female - Comp#: 741 - Ind/Rel: 3 / 0			
#13 Women 1500 Meter Run Senior	5:39.60	1/20	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	6:15.91	1/13	5/16/2019
#41 Women 800 Meter Run Senior Prelims	2:53.58	2/7	5/16/2019
5. Jake Giesbrecht - Male - Comp#: 742 - Ind/Rel: 1 / 0			
#82 Men Triple Jump Junior	10.25m	1/5	5/14/2019
6. Emmaleigh Ho - Female - Comp#: 743 - Ind/Rel: 1 / 0			
#97 Women High Jump Junior	1.30m	1/5	5/14/2019
7. Olivia McDonell - Female - Comp#: 744 - Ind/Rel: 3 / 0			
#9 Women 400 Meter Run Senior Prelims	1:04.88	3/3	5/13/2019
#33 Women 1500 Meter Steeplechase 30" Senior	5:54.25	1/8	5/16/2019
#41 Women 800 Meter Run Senior Prelims	2:33.70	3/3	5/16/2019
8. Nicole Ryzak - Female - Comp#: 745 - Ind/Rel: 1 / 0			
#57 Women Triple Jump Junior	7.04m	1/1	5/13/2019
9. Rachel Ryzak - Female - Comp#: 746 - Ind/Rel: 1 / 0			
#81 Women Long Jump Junior	3.34m	1/1	5/16/2019
10. Jason Son - Male - Comp#: 747 - Ind/Rel: 2 / 0			
#63 Men Discus Throw 1.5 kg Junior	26.99m	1/15	5/13/2019
#76 Men Shot Put 5 kg Junior	9.53m	1/5	5/14/2019
11. Anasha Thomas - Female - Comp#: 748 - Ind/Rel: 1 / 0			
#64 Women Long Jump Senior	4.35m	1/13	5/13/2019

**Riverside Secondary School - C      Total Individual Entries: 19   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Sail Academy (SAIL)**

## 1. Jag Gill - Male - Comp#: 749 - Ind/Rel: 2 / 0

#32 Men 100 Meter Dash Senior Prelims 11.39 1/5 5/14/2019

#50 Men 200 Meter Dash Senior Prelims 23.17 2/5 5/16/2019

## 2. Caiden Lee - Male - Comp#: 750 - Ind/Rel: 3 / 0

#126 Men 800 Meter Run Gr.8 Prelims 2:03.60 3/4 5/16/2019

#128 Men 1500 Meter Run Gr.8 4:20.19 1/1 5/14/2019

#130 Men 3000 Meter Run Gr.8 9:37.18 1/1 5/13/2019

**Sail Academy Total Individual Entries: 5 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Saint John Paul II Academy (SJP2)**

1. Marcus Berner - Male - Comp#: 751 - Ind/Rel: 2 / 0			
#130 Men 3000 Meter Run Gr.8	12:08.59	1/20	5/13/2019
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	21:15.00	2/8	5/16/2019
2. John Benedict Diego - Male - Comp#: 752 - Ind/Rel: 1 / 0			
#153 Boys Shot Put Special Olym Special Olympics	6.92m	1/4	5/16/2019
3. William King - Male - Comp#: 753 - Ind/Rel: 1 / 0			
#128 Men 1500 Meter Run Gr.8	5:21.20	1/20	5/14/2019
4. Natalie Pinto - Female - Comp#: 754 - Ind/Rel: 2 / 0			
#75 Women Javelin Throw 500 gram Junior	17.48m	1/2	5/13/2019
#92 Women Hammer Throw 3 kg Junior	19.67m	1/3	5/16/2019

**Saint John Paul II Academy      Total Individual Entries: 6   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Samuel Robertson Technical Sec (SRT)**

1. Cade Armour - Male - Comp#: 755 - Ind/Rel: 2 / 0			
#30 Men 100 Meter Dash Junior Prelims	12.17	3/7	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	24.43	3/3	5/16/2019
2. Calib Gruninger - Male - Comp#: 756 - Ind/Rel: 1 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	12.40	2/6	5/14/2019
3. Le Jayden - Male - Comp#: 757 - Ind/Rel: 1 / 0			
#100 Men Shot Put 6 kg Senior	9.92m	1/8	5/16/2019
4. Sabrina Jones - Female - Comp#: 758 - Ind/Rel: 3 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	18.27	2/6	5/16/2019
#31 Women 100 Meter Dash Senior Prelims	14.13	3/1	5/14/2019
#64 Women Long Jump Senior	4.49m	1/15	5/13/2019
5. Maddie Leaney - Female - Comp#: 759 - Ind/Rel: 1 / 0			
#127 Women 1500 Meter Run Gr.8	5:38.31	1/6	5/14/2019
6. Melodie Roussel - Female - Comp#: 760 - Ind/Rel: 1 / 0			
#81 Women Long Jump Junior	3.94m	1/3	5/16/2019
7. Quintin Stevenson - Male - Comp#: 761 - Ind/Rel: 2 / 0			
#136 Men High Jump Gr.8	1.30m	1/3	5/14/2019
#140 Men Javelin Throw 600 gr Gr.8	21.28m	1/11	5/16/2019

**Samuel Robertson Technical Sec      Total Individual Entries: 11   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**Sands Secondary (SAND)**

1.	Sands Secondary - 'A'			
	#146 Men 4x100 Meter Relay Gr.8	56.79	1/6	5/16/2019
	<b>Sands Secondary</b>	<b>Total Individual Entries: 0 - Total Relays: 1</b>		

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Sands Secondary (SANDS)**

1. Cadeo Bello - Male - Comp#: 762 - Ind/Rel: 1 / 0 #82 Men Triple Jump Junior	10.11m	1/2	5/14/2019
2. Noah Del Rosario - Male - Comp#: 763 - Ind/Rel: 2 / 0 #142 Men Shot Put 4 kg Gr.8	10.29m	1/19	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	30.03m	1/20	5/14/2019
3. Jacob Dueck - Male - Comp#: 764 - Ind/Rel: 3 / 0 #128 Men 1500 Meter Run Gr.8	5:43.99	1/21	5/14/2019
#130 Men 3000 Meter Run Gr.8	11:48.29	1/19	5/13/2019
#149 Men Triple Jump Gr.8	8.26m	1/1	5/13/2019
4. Ana Jurado Ballestros - Female - Comp#: 765 - Ind/Rel: 1 / 0 #109 Women 1500 Meter Race Walk Junior	10:05.17	1/7	5/13/2019
5. Mattais Medeiros - Male - Comp#: 766 - Ind/Rel: 2 / 0 #130 Men 3000 Meter Run Gr.8	11:41.04	1/17	5/13/2019
#149 Men Triple Jump Gr.8	8.90m	1/3	5/13/2019
6. Andy Papadopoulos - Male - Comp#: 767 - Ind/Rel: 2 / 0 #138 Men Long Jump Gr.8	4.00m	1/3	5/14/2019
#149 Men Triple Jump Gr.8	8.31m	1/2	5/13/2019
7. Elise Piovesan - Female - Comp#: 768 - Ind/Rel: 1 / 0 #98 Women Javelin Throw 600 gram Senior	18.06m	1/3	5/14/2019
8. Alexandra Ritter - Female - Comp#: 769 - Ind/Rel: 3 / 0 #3 Women 1500 Meter Steeplechase 30" Junior	6:35.01	1/11	5/16/2019
#7 Women 400 Meter Run Junior Prelims	1:08.21	3/6	5/13/2019
#57 Women Triple Jump Junior	8.95m	1/14	5/13/2019
9. Sky Spink - Female - Comp#: 770 - Ind/Rel: 1 / 0 #141 Women Shot Put 3 kg Gr.8	6.35m	1/2	5/13/2019

**Sands Secondary Total Individual Entries: 16 - Total Relays: 0**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Sardis School (SARS)**

1. Lucas Arnold - Male - Comp#: 771 - Ind/Rel: 1 / 0 #66 Men Discus Throw 1.75 kg Senior	23.90m	1/12	5/13/2019
2. Savannah Bakes - Female - Comp#: 772 - Ind/Rel: 1 / 0 #41 Women 800 Meter Run Senior Prelims	2:49.80	3/6	5/16/2019
3. Calvin Belanger - Male - Comp#: 773 - Ind/Rel: 1 / 0 #113 Men 1500 Meter Race Walk Junior	8:41.00	1/2	5/13/2019
4. Anne Biela - Female - Comp#: 774 - Ind/Rel: 1 / 0 #89 Women Triple Jump Senior	8.61m	1/6	5/14/2019
5. Cole Braun - Male - Comp#: 775 - Ind/Rel: 1 / 0 #66 Men Discus Throw 1.75 kg Senior	19.77m	1/3	5/13/2019
6. Larissa Cote - Female - Comp#: 776 - Ind/Rel: 3 / 0 #29 Women 100 Meter Dash Junior Prelims #81 Women Long Jump Junior #97 Women High Jump Junior	13.90 4.58m 1.55m	3/8 1/21 1/14	5/14/2019 5/16/2019 5/14/2019
7. Connor Crevier - Male - Comp#: 777 - Ind/Rel: 2 / 0 #12 Men 1500 Meter Run Junior #40 Men 800 Meter Run Junior Prelims	4:35.00 2:12.33	1/6 2/5	5/14/2019 5/16/2019
8. Khash Effatparver - Male - Comp#: 778 - Ind/Rel: 1 / 0 #42 Men 800 Meter Run Senior Prelims	2:12.00	3/7	5/16/2019
9. Diego Eraso - Male - Comp#: 779 - Ind/Rel: 3 / 0 #10 Men 400 Meter Run Senior Prelims #32 Men 100 Meter Dash Senior Prelims #50 Men 200 Meter Dash Senior Prelims	50.67 11.68 23.29	2/4 3/6 3/5	5/13/2019 5/14/2019 5/16/2019
10. Lucas Fawcett - Male - Comp#: 780 - Ind/Rel: 2 / 0 #34 Men 2000 Meter Steeplechase 33" Senior #111 Men High Jump Senior	7:42.00 1.70m	1/16 1/5	5/16/2019 5/13/2019
11. Vanessa Geary - Female - Comp#: 781 - Ind/Rel: 1 / 0 #75 Women Javelin Throw 500 gram Junior	21.46m	1/10	5/13/2019
12. Julia Hirsch - Female - Comp#: 782 - Ind/Rel: 2 / 0 #11 Women 1500 Meter Run Junior #39 Women 800 Meter Run Junior Prelims	5:33.55 2:49.00	1/14 3/8	5/14/2019 5/16/2019
13. Andrena Johnson - Female - Comp#: 783 - Ind/Rel: 1 / 0 #53 Women 3000 Meter Run Senior	14:06.00	1/23	5/13/2019
14. Jack Johnston - Male - Comp#: 784 - Ind/Rel: 2 / 0 #12 Men 1500 Meter Run Junior #52 Men 3000 Meter Run Junior	4:51.00 10:23.00	1/17 1/10	5/14/2019 5/13/2019
15. Dania Klassen - Female - Comp#: 785 - Ind/Rel: 2 / 0 #11 Women 1500 Meter Run Junior #51 Women 3000 Meter Run Junior	5:30.00 12:04.00	1/12 1/13	5/14/2019 5/13/2019
16. Rylan Laurillard - Male - Comp#: 786 - Ind/Rel: 1 / 0 #113 Men 1500 Meter Race Walk Junior	8:33.00	1/1	5/13/2019
17. Cooper Leong - Male - Comp#: 787 - Ind/Rel: 3 / 0 #8 Men 400 Meter Run Junior Prelims #30 Men 100 Meter Dash Junior Prelims #48 Men 200 Meter Dash Junior Prelims	57.37 12.56 25.56	3/8 3/1 2/1	5/13/2019 5/14/2019 5/16/2019
18. Tyler Leong - Female - Comp#: 788 - Ind/Rel: 2 / 0 #31 Women 100 Meter Dash Senior Prelims #49 Women 200 Meter Dash Senior Prelims	14.27 30.36	2/2 3/2	5/14/2019 5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Sardis School (SARS)**

19.	Hannah Linder - Female - Comp#: 789 - Ind/Rel: 2 / 0			
	#75 Women Javelin Throw 500 gram Junior	22.42m	1/15	5/13/2019
	#103 Women 300 Meter Hurdles Junior	1:06.37	1/8	5/14/2019
20.	Finn Longhurst - Male - Comp#: 790 - Ind/Rel: 3 / 0			
	#12 Men 1500 Meter Run Junior	4:31.51	1/4	5/14/2019
	#40 Men 800 Meter Run Junior Prelims	2:06.00	1/4	5/16/2019
	#114 Men 1500 Meter Steeplechase 30" Junior	4:53.12	1/14	5/16/2019
21.	Logan MacDonald - Male - Comp#: 791 - Ind/Rel: 2 / 0			
	#14 Men 1500 Meter Run Senior	4:43.59	1/15	5/14/2019
	#54 Men 3000 Meter Run Senior	10:18.06	1/7	5/13/2019
22.	Taranpreet Mann - Male - Comp#: 792 - Ind/Rel: 3 / 0			
	#14 Men 1500 Meter Run Senior	4:41.00	1/13	5/14/2019
	#34 Men 2000 Meter Steeplechase 33" Senior	7:25.00	1/11	5/16/2019
	#54 Men 3000 Meter Run Senior	10:36.00	1/12	5/13/2019
23.	Esme Markey - Female - Comp#: 793 - Ind/Rel: 2 / 0			
	#9 Women 400 Meter Run Senior Prelims	1:10.05	1/7	5/13/2019
	#105 Women 400 Meter Hurdles Senior	1:20.55	2/6	5/14/2019
24.	Aaron Medina - Male - Comp#: 794 - Ind/Rel: 1 / 0			
	#48 Men 200 Meter Dash Junior Prelims	27.17	2/2	5/16/2019
25.	Sam Moller - Male - Comp#: 795 - Ind/Rel: 1 / 0			
	#10 Men 400 Meter Run Senior Prelims	54.40	3/6	5/13/2019
26.	Brenden Rk - Male - Comp#: 796 - Ind/Rel: 1 / 0			
	#104 Men 300 Meter Hurdles Junior	47.79	2/6	5/14/2019
27.	Spencer Thiessen - Male - Comp#: 797 - Ind/Rel: 1 / 0			
	#32 Men 100 Meter Dash Senior Prelims	12.09	2/8	5/14/2019
1.	Sardis School - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	46.30	1/5	5/13/2019
2.	Sardis School - 'A'			
	#35 Women 4x400 Meter Relay Senior	4:52.85	2/4	5/14/2019
3.	Sardis School - 'A'			
	#36 Men 4x400 Meter Relay Senior	3:38.80	1/6	5/14/2019
4.	Sardis School - 'A'			
	#107 Women 4x400 Meter Relay Junior	4:45.70	2/8	5/14/2019
5.	Sardis School - 'A'			
	#108 Men 4x400 Meter Relay Junior	4:06.56	2/2	5/14/2019

**Sardis School Total Individual Entries: 46 - Total Relays: 5**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Seaquam (SEAQ)**

1. Lucas Aufhauser - Male - Comp#: 798 - Ind/Rel: 1 / 1			
#10 Men 400 Meter Run Senior Prelims	58.40	2/2	5/13/2019
#36 Men 4x400 Meter Relay Senior (3)	3:54.95	2/4	5/14/2019
2. Manpreet Bhachu - Female - Comp#: 799 - Ind/Rel: 0 / 1			
#35 Women 4x400 Meter Relay Senior (4)	5:34.43	2/8	5/14/2019
3. Hilary Chung - Female - Comp#: 800 - Ind/Rel: 1 / 1			
#81 Women Long Jump Junior	3.79m	1/2	5/16/2019
#107 Women 4x400 Meter Relay Junior (2)	5:20.34	1/7	5/14/2019
4. Enrico Dandolo - Male - Comp#: 802 - Ind/Rel: 1 / 0			
#42 Men 800 Meter Run Senior Prelims	2:23.91	1/2	5/16/2019
5. Aarti Dhunna - Female - Comp#: 803 - Ind/Rel: 0 / 1			
#35 Women 4x400 Meter Relay Senior (3)	5:34.43	2/8	5/14/2019
6. Justin Eng - Male - Comp#: 804 - Ind/Rel: 0 / 1			
#36 Men 4x400 Meter Relay Senior (1)	3:54.95	2/4	5/14/2019
7. Laura Fontana - Female - Comp#: 805 - Ind/Rel: 1 / 0			
#62 Women Shot Put 3 kg Junior	6.15m	1/3	5/14/2019
8. Janey He - Female - Comp#: 807 - Ind/Rel: 1 / 1			
#125 Women 800 Meter Run Gr.8 Prelims	3:02.84	1/8	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (3)	5:12.87	1/3	5/14/2019
9. Ruth Hsu - Female - Comp#: 810 - Ind/Rel: 1 / 1			
#47 Women 200 Meter Dash Junior Prelims	30.51	1/2	5/16/2019
#107 Women 4x400 Meter Relay Junior (4)	5:20.34	1/7	5/14/2019
10. Faseeh Irfan - Male - Comp#: 811 - Ind/Rel: 0 / 1			
#108 Men 4x400 Meter Relay Junior (4)	4:09.24	1/4	5/14/2019
11. Troy Langtry - Male - Comp#: 813 - Ind/Rel: 2 / 0			
#14 Men 1500 Meter Run Senior	4:58.68	1/21	5/14/2019
#42 Men 800 Meter Run Senior Prelims	2:22.54	3/2	5/16/2019
12. Melody Li - Female - Comp#: 814 - Ind/Rel: 1 / 1			
#25 Women 100 Meter Hurdles 33" Senior Prelims	23.85	2/2	5/16/2019
#35 Women 4x400 Meter Relay Senior (2)	5:34.43	2/8	5/14/2019
13. Brendan Luccock - Male - Comp#: 815 - Ind/Rel: 2 / 1			
#71 Men Pole Vault Senior	2.08m	1/2	5/16/2019
#110 Men 400 Meter Hurdles Senior	1:00.95	2/3	5/14/2019
#36 Men 4x400 Meter Relay Senior (2)	3:54.95	2/4	5/14/2019
14. Nicholas Luccock - Male - Comp#: 816 - Ind/Rel: 1 / 2			
#104 Men 300 Meter Hurdles Junior	45.00	1/8	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (2)	49.48	1/7	5/13/2019
#108 Men 4x400 Meter Relay Junior (1)	4:09.24	1/4	5/14/2019
15. Tony Luey - Male - Comp#: 817 - Ind/Rel: 0 / 2			
#20 Men 4x100 Meter Relay Junior Prelims (3)	49.48	1/7	5/13/2019
#108 Men 4x400 Meter Relay Junior (3)	4:09.24	1/4	5/14/2019
16. Reilly McGeachan - Male - Comp#: 818 - Ind/Rel: 0 / 2			
#20 Men 4x100 Meter Relay Junior Prelims (1)	49.48	1/7	5/13/2019
#108 Men 4x400 Meter Relay Junior (2)	4:09.24	1/4	5/14/2019
17. Akshita Mehta - Female - Comp#: 819 - Ind/Rel: 1 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	24.83	1/2	5/16/2019
18. Ashita Meta - Female - Comp#: 820 - Ind/Rel: 0 / 1			
#35 Women 4x400 Meter Relay Senior (1)	5:34.43	2/8	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Seaquam (SEAQ)**

19.	Hanna Milic - Female - Comp#: 821 - Ind/Rel: 3 / 0			
	#13 Women 1500 Meter Run Senior	5:06.61	1/10	5/14/2019
	#33 Women 1500 Meter Steeplechase 30" Senior	5:27.79	1/3	5/16/2019
	#53 Women 3000 Meter Run Senior	11:01.62	1/7	5/13/2019
20.	Jordan Murrell - Female - Comp#: 822 - Ind/Rel: 1 / 1			
	#57 Women Triple Jump Junior	8.63m	1/8	5/13/2019
	#107 Women 4x400 Meter Relay Junior (1)	5:20.34	1/7	5/14/2019
21.	Nieve Paw Cho Sing - Female - Comp#: 823 - Ind/Rel: 0 / 1			
	#107 Women 4x400 Meter Relay Junior (3)	5:20.34	1/7	5/14/2019
22.	Jake Procknow - Male - Comp#: 824 - Ind/Rel: 1 / 1			
	#30 Men 100 Meter Dash Junior Prelims	12.23	1/7	5/14/2019
	#20 Men 4x100 Meter Relay Junior Prelims (4)	49.48	1/7	5/13/2019
23.	Lexie Ransom - Female - Comp#: 827 - Ind/Rel: 1 / 2			
	#119 Women 100 Meter Dash Gr.8 Prelims	14.68	2/1	5/14/2019
	#145 Women 4x100 Meter Relay Gr.8 (2)	58.31	2/2	5/16/2019
	#147 Women 4x400 Meter Relay Gr.8 (2)	5:12.87	1/3	5/14/2019
24.	Sahej Sandhu - Female - Comp#: 828 - Ind/Rel: 2 / 2			
	#119 Women 100 Meter Dash Gr.8 Prelims	14.29	3/7	5/14/2019
	#137 Women Long Jump Gr.8	4.27m	1/20	5/14/2019
	#145 Women 4x100 Meter Relay Gr.8 (1)	58.31	2/2	5/16/2019
	#147 Women 4x400 Meter Relay Gr.8 (1)	5:12.87	1/3	5/14/2019
25.	Vivian Su - Female - Comp#: 829 - Ind/Rel: 0 / 2			
	#145 Women 4x100 Meter Relay Gr.8 (3)	58.31	2/2	5/16/2019
	#147 Women 4x400 Meter Relay Gr.8 (4)	5:12.87	1/3	5/14/2019
26.	Grace Wang - Female - Comp#: 830 - Ind/Rel: 0 / 1			
	#145 Women 4x100 Meter Relay Gr.8 (4)	58.31	2/2	5/16/2019
1.	Seaquam - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	49.48	1/7	5/13/2019
	#818 Reilly McGeachan; #816 Nicholas Luccock; #817 Tony Luey; #824 Jake Procknow			
2.	Seaquam - 'A'			
	#35 Women 4x400 Meter Relay Senior	5:34.43	2/8	5/14/2019
	#820 Ashita Meta; #814 Melody Li; #803 Aarti Dhunna; #799 Manpreet Bhachu			
3.	Seaquam - 'A'			
	#36 Men 4x400 Meter Relay Senior	3:54.95	2/4	5/14/2019
	#804 Justin Eng; #815 Brendan Luccock; #798 Lucas Aufhauser;			
4.	Seaquam - 'A'			
	#107 Women 4x400 Meter Relay Junior	5:20.34	1/7	5/14/2019
	#822 Jordan Murrell; #800 Hilary Chung; #823 Nieve Paw Cho Sing; #810 Ruth Hsu			
5.	Seaquam - 'A'			
	#108 Men 4x400 Meter Relay Junior	4:09.24	1/4	5/14/2019
	#816 Nicholas Luccock; #818 Reilly McGeachan; #817 Tony Luey; #811 Faseeh Irfan			
6.	Seaquam - 'A'			
	#145 Women 4x100 Meter Relay Gr.8	58.31	2/2	5/16/2019
	#828 Sahej Sandhu; #827 Lexie Ransom; #829 Vivian Su; #830 Grace Wang			
7.	Seaquam - 'A'			
	#147 Women 4x400 Meter Relay Gr.8	5:12.87	1/3	5/14/2019
	#828 Sahej Sandhu; #827 Lexie Ransom; #807 Janey He; #829 Vivian Su			

**Seaquam Total Individual Entries: 21 - Total Relays: 7**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Semiahmoo Secondary (SEMI)**

1. Darren Ahn - Male - Comp#: 832 - Ind/Rel: 1 / 0 #111 Men High Jump Senior	1.65m	1/4	5/13/2019
2. Cayden Arnold - Male - Comp#: 833 - Ind/Rel: 2 / 0 #95 Men Pole Vault Junior	3.40m	1/8	5/16/2019
#113 Men 1500 Meter Race Walk Junior	9:02.58	1/7	5/13/2019
3. Kendall Dantu-Woods - Male - Comp#: 834 - Ind/Rel: 1 / 2 #76 Men Shot Put 5 kg Junior	8.36m	1/2	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (4)	47.68	2/1	5/13/2019
#36 Men 4x400 Meter Relay Senior (4)	4:00.06	2/5	5/14/2019
4. Trey Ference - Male - Comp#: 835 - Ind/Rel: 1 / 2 #10 Men 400 Meter Run Senior Prelims	58.14	1/2	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (1)	47.68	2/1	5/13/2019
#36 Men 4x400 Meter Relay Senior (1)	4:00.06	2/5	5/14/2019
5. Isabelle Forsyth - Female - Comp#: 836 - Ind/Rel: 2 / 0 #62 Women Shot Put 3 kg Junior	12.20m	1/23	5/14/2019
#87 Women Discus Throw 1 kg Junior	28.22m	1/23	5/14/2019
6. Erin Geerlof - Female - Comp#: 837 - Ind/Rel: 1 / 0 #89 Women Triple Jump Senior	9.72m	1/14	5/14/2019
7. Aneel Gillan - Male - Comp#: 838 - Ind/Rel: 3 / 0 #26 Men 110 Meter Hurdles 36" Senior Prelims	15.42	2/4	5/16/2019
#71 Men Pole Vault Senior	3.10m	1/3	5/16/2019
#100 Men Shot Put 6 kg Senior	10.49m	1/14	5/16/2019
8. Mackenzie Hack - Female - Comp#: 839 - Ind/Rel: 3 / 2 #127 Women 1500 Meter Run Gr.8	5:09.94	1/1	5/14/2019
#129 Women 3000 Meter Run Gr.8	11:19.72	1/1	5/13/2019
#139 Women Javelin Throw 500 gr Gr.8	24.56m	1/19	5/14/2019
#145 Women 4x100 Meter Relay Gr.8 (1)	1:01.16	1/8	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (1)	5:35.45	1/6	5/14/2019
9. Devon Kim - Male - Comp#: 841 - Ind/Rel: 1 / 0 #52 Men 3000 Meter Run Junior	10:49.21	1/17	5/13/2019
10. Aneil Kullar - Male - Comp#: 842 - Ind/Rel: 1 / 0 #151 Boys 100 Meter Dash Special Olym Special Olym	19.16	1/3	5/14/2019
11. Alex Lee - Male - Comp#: 843 - Ind/Rel: 1 / 0 #144 Men Discus Throw 1 kg Gr.8	24.60m	1/7	5/14/2019
12. Deja Lee - Female - Comp#: 844 - Ind/Rel: 0 / 2 #19 Women 4x100 Meter Relay Junior Prelims (2)	54.68	1/4	5/13/2019
#107 Women 4x400 Meter Relay Junior (2)	4:30.49	2/4	5/14/2019
13. Keaton Lees - Male - Comp#: 845 - Ind/Rel: 3 / 2 #32 Men 100 Meter Dash Senior Prelims	11.58	2/3	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	24.23	3/6	5/16/2019
#90 Men Long Jump Senior	5.55m	1/15	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (3)	47.68	2/1	5/13/2019
#36 Men 4x400 Meter Relay Senior (3)	4:00.06	2/5	5/14/2019
14. Simrit Mangat - Female - Comp#: 846 - Ind/Rel: 0 / 2 #145 Women 4x100 Meter Relay Gr.8 (2)	1:01.16	1/8	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (2)	5:35.45	1/6	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Semiahmoo Secondary (SEMI)**

15. Michael Miller - Male - Comp#: 847 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:11.18	1/2	5/14/2019
#42 Men 800 Meter Run Senior Prelims	1:59.70	2/4	5/16/2019
#54 Men 3000 Meter Run Senior	9:36.21	1/2	5/13/2019
16. Ava Mitchell - Female - Comp#: 848 - Ind/Rel: 2 / 2			
#7 Women 400 Meter Run Junior Prelims	1:03.68	1/5	5/13/2019
#39 Women 800 Meter Run Junior Prelims	2:30.13	1/5	5/16/2019
#19 Women 4x100 Meter Relay Junior Prelims (3)	54.68	1/4	5/13/2019
#107 Women 4x400 Meter Relay Junior (3)	4:30.49	2/4	5/14/2019
17. Nicole Pajic - Female - Comp#: 849 - Ind/Rel: 0 / 2			
#19 Women 4x100 Meter Relay Junior Prelims (1)	54.68	1/4	5/13/2019
#107 Women 4x400 Meter Relay Junior (1)	4:30.49	2/4	5/14/2019
18. Mark Potashov - Male - Comp#: 851 - Ind/Rel: 3 / 2			
#14 Men 1500 Meter Run Senior	4:38.43	1/9	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	6:58.08	1/7	5/16/2019
#42 Men 800 Meter Run Senior Prelims	2:11.63	1/7	5/16/2019
#22 Men 4x100 Meter Relay Senior Prelims (2)	47.68	2/1	5/13/2019
#36 Men 4x400 Meter Relay Senior (2)	4:00.06	2/5	5/14/2019
19. Pavel Potashov - Male - Comp#: 852 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:37.39	1/12	5/14/2019
#52 Men 3000 Meter Run Junior	10:19.61	1/9	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:03.04	1/2	5/16/2019
20. Leah Potashova - Female - Comp#: 853 - Ind/Rel: 2 / 2			
#127 Women 1500 Meter Run Gr.8	5:22.33	1/2	5/14/2019
#129 Women 3000 Meter Run Gr.8	11:34.84	1/2	5/13/2019
#145 Women 4x100 Meter Relay Gr.8 (3)	1:01.16	1/8	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (3)	5:35.45	1/6	5/14/2019
21. Carli Puskas - Female - Comp#: 854 - Ind/Rel: 0 / 2			
#19 Women 4x100 Meter Relay Junior Prelims (4)	54.68	1/4	5/13/2019
#107 Women 4x400 Meter Relay Junior (4)	4:30.49	2/4	5/14/2019
22. Nick Schock - Male - Comp#: 855 - Ind/Rel: 1 / 0			
#93 Men High Jump Junior	1.70m	1/18	5/14/2019
23. Jade Spragge-Putman - Female - Comp#: 856 - Ind/Rel: 3 / 2			
#119 Women 100 Meter Dash Gr.8 Prelims	13.90	3/3	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	28.63	3/3	5/16/2019
#123 Women 400 Meter Dash Gr.8 Prelims	1:11.15	1/7	5/13/2019
#145 Women 4x100 Meter Relay Gr.8 (4)	1:01.16	1/8	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (4)	5:35.45	1/6	5/14/2019
24. Isaac Tjandra - Male - Comp#: 858 - Ind/Rel: 1 / 0			
#66 Men Discus Throw 1.75 kg Senior	20.35m	1/4	5/13/2019
1. Semiahmoo Secondary - 'A'			
#19 Women 4x100 Meter Relay Junior Prelims	54.68	1/4	5/13/2019
#849 Nicole Pajic; #844 Deja Lee; #848 Ava Mitchell; #854 Carli Puskas			
2. Semiahmoo Secondary - 'A'			
#22 Men 4x100 Meter Relay Senior Prelims	47.68	2/1	5/13/2019
#835 Trey Ference; #851 Mark Potashov; #845 Keaton Lees; #834 Kendall Dantu-Woods			
3. Semiahmoo Secondary - 'A'			
#36 Men 4x400 Meter Relay Senior	4:00.06	2/5	5/14/2019
#835 Trey Ference; #851 Mark Potashov; #845 Keaton Lees; #834 Kendall Dantu-Woods			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Semiahmoo Secondary (SEMI)**

4. Semiahmoo Secondary - 'A'  
#107 Women 4x400 Meter Relay Junior 4:30.49 2/4 5/14/2019  
#849 Nicole Pajic; #844 Deja Lee; #848 Ava Mitchell; #854 Carli Puskas
  5. Semiahmoo Secondary - 'A'  
#145 Women 4x100 Meter Relay Gr.8 1:01.16 1/8 5/16/2019  
#839 Mackenzie Hack; #846 Simrit Mangat; #853 Leah Potashova; #856 Jade Spragge-Putman
  6. Semiahmoo Secondary - 'A'  
#147 Women 4x400 Meter Relay Gr.8 5:35.45 1/6 5/14/2019  
#839 Mackenzie Hack; #846 Simrit Mangat; #853 Leah Potashova; #856 Jade Spragge-Putman
- Semiahmoo Secondary Total Individual Entries: 38 - Total Relays: 6**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****South Delta School (SDSS)**

1. Ella Arnold - Female - Comp#: 861 - Ind/Rel: 2 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	13.76	2/3	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	28.66	2/3	5/16/2019
2. Jacob Bonikowsky - Male - Comp#: 862 - Ind/Rel: 3 / 1			
#8 Men 400 Meter Run Junior Prelims	55.92	2/6	5/13/2019
#12 Men 1500 Meter Run Junior	4:37.36	1/11	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:07.44	1/5	5/16/2019
#108 Men 4x400 Meter Relay Junior (2)	3:50.34	2/4	5/14/2019
3. Madelyn Bonikowsky - Female - Comp#: 863 - Ind/Rel: 3 / 0			
#7 Women 400 Meter Run Junior Prelims	1:03.26	1/4	5/13/2019
#11 Women 1500 Meter Run Junior	4:59.10	1/1	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:23.69	2/4	5/16/2019
4. Gemma Dumas - Female - Comp#: 864 - Ind/Rel: 3 / 1			
#123 Women 400 Meter Dash Gr.8 Prelims	1:02.93	1/5	5/13/2019
#125 Women 800 Meter Run Gr.8 Prelims	2:38.00	1/5	5/16/2019
#137 Women Long Jump Gr.8	4.33m	1/22	5/14/2019
#147 Women 4x400 Meter Relay Gr.8 (4)	4:34.74	2/5	5/14/2019
5. Riley Gookstetter - Male - Comp#: 865 - Ind/Rel: 1 / 0			
#100 Men Shot Put 6 kg Senior	12.18m	1/21	5/16/2019
6. Jonathan Hofer - Male - Comp#: 866 - Ind/Rel: 2 / 1			
#12 Men 1500 Meter Run Junior	4:27.80	1/2	5/14/2019
#52 Men 3000 Meter Run Junior	9:23.00	1/1	5/13/2019
#108 Men 4x400 Meter Relay Junior (3)	3:50.34	2/4	5/14/2019
7. Kyle Hugdahl - Male - Comp#: 867 - Ind/Rel: 1 / 1			
#90 Men Long Jump Senior	4.77m	1/2	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (3)	47.31	2/8	5/13/2019
8. Kalena Jones - Female - Comp#: 868 - Ind/Rel: 0 / 1			
#21 Women 4x100 Meter Relay Senior Prelims (4)	58.71	1/2	5/13/2019
9. Leilani Jones - Female - Comp#: 869 - Ind/Rel: 0 / 1			
#145 Women 4x100 Meter Relay Gr.8 (2)	1:05.23	1/1	5/16/2019
10. Cameron Kline - Male - Comp#: 870 - Ind/Rel: 0 / 1			
#22 Men 4x100 Meter Relay Senior Prelims (2)	47.31	2/8	5/13/2019
11. Faith Kwiatkowski - Female - Comp#: 871 - Ind/Rel: 0 / 1			
#21 Women 4x100 Meter Relay Senior Prelims (2)	58.71	1/2	5/13/2019
12. Julia Lacasse - Female - Comp#: 872 - Ind/Rel: 0 / 1			
#21 Women 4x100 Meter Relay Senior Prelims (1)	58.71	1/2	5/13/2019
13. Alex Lamyin - Male - Comp#: 873 - Ind/Rel: 2 / 2			
#8 Men 400 Meter Run Junior Prelims	54.63	1/5	5/13/2019
#48 Men 200 Meter Dash Junior Prelims	24.44	3/6	5/16/2019
#22 Men 4x100 Meter Relay Senior Prelims (1)	47.31	2/8	5/13/2019
#108 Men 4x400 Meter Relay Junior (4)	3:50.34	2/4	5/14/2019
14. Ava Lappin - Female - Comp#: 874 - Ind/Rel: 2 / 1			
#121 Women 200 Meter Dash Gr.8 Prelims	29.76	3/6	5/16/2019
#125 Women 800 Meter Run Gr.8 Prelims	2:45.39	1/6	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (2)	4:34.74	2/5	5/14/2019
15. Hattie Lundie - Female - Comp#: 875 - Ind/Rel: 2 / 1			
#119 Women 100 Meter Dash Gr.8 Prelims	14.57	1/8	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	30.34	2/7	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (1)	4:34.74	2/5	5/14/2019



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****South Delta School (SDSS)**

16.	Jackson Maccubbin Lowrey - Male - Comp#: 876 - Ind/Rel: 2 / 0			
	#12 Men 1500 Meter Run Junior	4:40.84	1/15	5/14/2019
	#40 Men 800 Meter Run Junior Prelims	2:10.42	3/5	5/16/2019
17.	Ryunosuke Maeda - Male - Comp#: 877 - Ind/Rel: 1 / 0			
	#48 Men 200 Meter Dash Junior Prelims	25.05	1/7	5/16/2019
18.	Virginia Nicolls - Female - Comp#: 878 - Ind/Rel: 0 / 1			
	#21 Women 4x100 Meter Relay Senior Prelims (3)	58.71	1/2	5/13/2019
19.	Nicola Okamura - Female - Comp#: 879 - Ind/Rel: 0 / 1			
	#145 Women 4x100 Meter Relay Gr.8 (3)	1:05.23	1/1	5/16/2019
20.	Julia Rally - Female - Comp#: 880 - Ind/Rel: 0 / 1			
	#145 Women 4x100 Meter Relay Gr.8 (1)	1:05.23	1/1	5/16/2019
21.	Katrina Staley - Female - Comp#: 881 - Ind/Rel: 2 / 1			
	#123 Women 400 Meter Dash Gr.8 Prelims	1:05.56	2/5	5/13/2019
	#125 Women 800 Meter Run Gr.8 Prelims	2:38.14	2/5	5/16/2019
	#147 Women 4x400 Meter Relay Gr.8 (3)	4:34.74	2/5	5/14/2019
22.	Isla Stewart - Female - Comp#: 882 - Ind/Rel: 1 / 0			
	#97 Women High Jump Junior	1.60m	1/16	5/14/2019
23.	Sierra Taylor - Female - Comp#: 883 - Ind/Rel: 0 / 1			
	#145 Women 4x100 Meter Relay Gr.8 (4)	1:05.23	1/1	5/16/2019
24.	Jonathan Toews - Male - Comp#: 884 - Ind/Rel: 2 / 1			
	#32 Men 100 Meter Dash Senior Prelims	11.49	2/5	5/14/2019
	#50 Men 200 Meter Dash Senior Prelims	23.14	2/4	5/16/2019
	#22 Men 4x100 Meter Relay Senior Prelims (4)	47.31	2/8	5/13/2019
25.	Aidan Turner - Male - Comp#: 885 - Ind/Rel: 3 / 1			
	#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	17.95	1/5	5/16/2019
	#134 Men 200 Meter Hurdles 30" Gr.8	28.90	2/4	5/14/2019
	#140 Men Javelin Throw 600 gr Gr.8	28.97m	1/21	5/16/2019
	#108 Men 4x400 Meter Relay Junior (1)	3:50.34	2/4	5/14/2019
26.	Logan Vaitkus - Male - Comp#: 886 - Ind/Rel: 1 / 0			
	#26 Men 110 Meter Hurdles 36" Senior Prelims	18.27	1/6	5/16/2019
27.	Sam Weir - Male - Comp#: 887 - Ind/Rel: 2 / 0			
	#120 Men 100 Meter Dash Gr.8 Prelims	13.12	3/8	5/14/2019
	#122 Men 200 Meter Dash Gr.8 Prelims	27.40	3/3	5/16/2019
1.	South Delta School - 'A'			
	#21 Women 4x100 Meter Relay Senior Prelims	58.71	1/2	5/13/2019
	#872 Julia Lacasse; #871 Faith Kwiatkowski; #878 Virginia Nicolls; #868 Kalena Jones			
2.	South Delta School - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	47.31	2/8	5/13/2019
	#873 Alex Lamyin; #870 Cameron Kline; #867 Kyle Hugdahl; #884 Jonathan Toews			
3.	South Delta School - 'A'			
	#108 Men 4x400 Meter Relay Junior	3:50.34	2/4	5/14/2019
	#885 Aidan Turner; #862 Jacob Bonikowsky; #866 Jonathan Hofer; #873 Alex Lamyin			
4.	South Delta School - 'A'			
	#145 Women 4x100 Meter Relay Gr.8	1:05.23	1/1	5/16/2019
	#880 Julia Rally; #869 Leilani Jones; #879 Nicola Okamura; #883 Sierra Taylor			
5.	South Delta School - 'A'			
	#147 Women 4x400 Meter Relay Gr.8	4:34.74	2/5	5/14/2019
	#875 Hattie Lundie; #874 Ava Lappin; #881 Katrina Staley; #864 Gemma Dumas			
	<b>South Delta School</b>	<b>Total Individual Entries: 35 - Total Relays: 5</b>		

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**Southpointe Academy (SPAC)**

1. Southpointe Academy - 'A'  
#145 Women 4x100 Meter Relay Gr.8 1:07.44 1/2 5/16/2019

**Southpointe Academy Total Individual Entries: 0 - Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Southpointe Academy (SPACA)**

1. Kaylie Borotraeger - Female - Comp#: 888 - Ind/Rel: 3 / 0			
#57 Women Triple Jump Junior	10.75m	1/22	5/13/2019
#81 Women Long Jump Junior	5.11m	1/24	5/16/2019
#103 Women 300 Meter Hurdles Junior	45.00	2/4	5/14/2019
2. Charleson Cao - Male - Comp#: 889 - Ind/Rel: 3 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	14.22	3/5	5/14/2019
#138 Men Long Jump Gr.8	4.54m	1/13	5/14/2019
#149 Men Triple Jump Gr.8	9.50m	1/12	5/13/2019
3. Katelyn Croy - Female - Comp#: 890 - Ind/Rel: 2 / 0			
#75 Women Javelin Throw 500 gram Junior	18.16m	1/3	5/13/2019
#97 Women High Jump Junior	1.35m	1/8	5/14/2019
4. Sara Croy - Female - Comp#: 891 - Ind/Rel: 3 / 0			
#121 Women 200 Meter Dash Gr.8 Prelims	29.45	1/6	5/16/2019
#141 Women Shot Put 3 kg Gr.8	9.43m	1/21	5/13/2019
#150 Women Triple Jump Gr.8	8.64m	1/10	5/16/2019
5. Sandeep Gill - Male - Comp#: 892 - Ind/Rel: 3 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	14.25	3/4	5/14/2019
#138 Men Long Jump Gr.8	4.37m	1/9	5/14/2019
#142 Men Shot Put 4 kg Gr.8	8.73m	1/8	5/13/2019
6. Yazmine Grewal - Female - Comp#: 893 - Ind/Rel: 2 / 0			
#137 Women Long Jump Gr.8	2.88m	1/2	5/14/2019
#150 Women Triple Jump Gr.8	6.81m	1/2	5/16/2019
7. Trenton Lau - Male - Comp#: 894 - Ind/Rel: 3 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:18.91	1/5	5/16/2019
#128 Men 1500 Meter Run Gr.8	4:48.24	1/4	5/14/2019
#130 Men 3000 Meter Run Gr.8	10:26.43	1/4	5/13/2019
8. Victoria Moldovan - Female - Comp#: 895 - Ind/Rel: 3 / 0			
#137 Women Long Jump Gr.8	2.60m	1/1	5/14/2019
#141 Women Shot Put 3 kg Gr.8	6.12m	1/1	5/13/2019
#150 Women Triple Jump Gr.8	6.70m	1/1	5/16/2019
9. Hannah Rashid - Female - Comp#: 896 - Ind/Rel: 3 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	15.68	2/2	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	33.30	3/2	5/16/2019
#123 Women 400 Meter Dash Gr.8 Prelims	1:18.79	2/2	5/13/2019
10. Justin Roop - Male - Comp#: 897 - Ind/Rel: 2 / 0			
#140 Men Javelin Throw 600 gr Gr.8	15.37m	1/1	5/16/2019
#142 Men Shot Put 4 kg Gr.8	8.87m	1/10	5/13/2019
11. Danya Sangha - Female - Comp#: 898 - Ind/Rel: 1 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	2:45.71	2/6	5/16/2019
12. Avery Shin - Female - Comp#: 899 - Ind/Rel: 1 / 0			
#141 Women Shot Put 3 kg Gr.8	6.52m	1/3	5/13/2019
13. Anka Stefanovic - Female - Comp#: 900 - Ind/Rel: 1 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	2:34.47	1/4	5/16/2019
14. Julian Wong - Male - Comp#: 901 - Ind/Rel: 3 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	14.02	2/1	5/14/2019
#142 Men Shot Put 4 kg Gr.8	7.64m	1/5	5/13/2019
#149 Men Triple Jump Gr.8	9.66m	1/15	5/13/2019
15. Alaina Zhang - Female - Comp#: 902 - Ind/Rel: 1 / 0			
#129 Women 3000 Meter Run Gr.8	12:56.84	1/6	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**Southpointe Academy (SPACA)**

16. Jacob Zhang - Male - Comp#: 903 - Ind/Rel: 2 / 0

#140 Men Javelin Throw 600 gr Gr.8

20.24m 1/8

5/16/2019

#142 Men Shot Put 4 kg Gr.8

9.49m 1/17

5/13/2019

**Southpointe Academy Total Individual Entries: 36 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Southridge School (SOUTH)**

1. Ethan Eichhorst - Male - Comp#: 904 - Ind/Rel: 2 / 0			
#10 Men 400 Meter Run Senior Prelims	54.29	1/6	5/13/2019
#32 Men 100 Meter Dash Senior Prelims	12.17	2/1	5/14/2019
2. Lauren Hewstan - Female - Comp#: 905 - Ind/Rel: 1 / 0			
#141 Women Shot Put 3 kg Gr.8	8.69m	1/17	5/13/2019
3. Maya Kobylanski - Female - Comp#: 906 - Ind/Rel: 3 / 0			
#13 Women 1500 Meter Run Senior	4:52.78	1/3	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	5:04.59	1/2	5/16/2019
#53 Women 3000 Meter Run Senior	10:39.95	1/3	5/13/2019
4. George Kordas - Male - Comp#: 907 - Ind/Rel: 2 / 0			
#93 Men High Jump Junior	1.70m	1/15	5/14/2019
#95 Men Pole Vault Junior	3.10m	1/7	5/16/2019
5. Devin Sidhu - Male - Comp#: 908 - Ind/Rel: 1 / 0			
#130 Men 3000 Meter Run Gr.8	11:44.69	1/18	5/13/2019
6. Cayla Smith - Female - Comp#: 909 - Ind/Rel: 2 / 0			
#9 Women 400 Meter Run Senior Prelims	1:01.80	1/4	5/13/2019
#105 Women 400 Meter Hurdles Senior	1:09.35	1/3	5/14/2019

**Southridge School      Total Individual Entries: 11   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****St. John Brebeuf (STJB)**

1. Dominic Bates-Montoya - Male - Comp#: 910 - Ind/Rel: 2 / 1			
#30 Men 100 Meter Dash Junior Prelims	12.80	2/2	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	26.76	3/2	5/16/2019
#20 Men 4x100 Meter Relay Junior Prelims (2)	50.95	2/1	5/13/2019
2. Dominic Beltrame - Male - Comp#: 911 - Ind/Rel: 1 / 0			
#93 Men High Jump Junior	1.60m	1/12	5/14/2019
3. Ben Charbonneau - Male - Comp#: 912 - Ind/Rel: 3 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	16.40	3/5	5/16/2019
#50 Men 200 Meter Dash Senior Prelims	24.57	1/7	5/16/2019
#110 Men 400 Meter Hurdles Senior	1:01.19	2/6	5/14/2019
4. Raiden Coloma - Male - Comp#: 913 - Ind/Rel: 1 / 0			
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	19.75	1/6	5/16/2019
5. Jeremy Firlotte - Male - Comp#: 914 - Ind/Rel: 1 / 0			
#54 Men 3000 Meter Run Senior	12:32.24	1/22	5/13/2019
6. Mariah Lueth - Female - Comp#: 915 - Ind/Rel: 2 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	14.69	3/1	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	31.96	1/1	5/16/2019
7. Thomas Lueth - Male - Comp#: 916 - Ind/Rel: 1 / 0			
#113 Men 1500 Meter Race Walk Junior	9:59.33	1/13	5/13/2019
8. Andrew Mijinke - Male - Comp#: 917 - Ind/Rel: 1 / 0			
#52 Men 3000 Meter Run Junior	11:02.38	1/21	5/13/2019
9. Moo Sugar - Male - Comp#: 918 - Ind/Rel: 2 / 1			
#88 Men Javelin Throw 700 gram Junior	28.93m	1/10	5/13/2019
#93 Men High Jump Junior	1.70m	1/16	5/14/2019
#20 Men 4x100 Meter Relay Junior Prelims (4)	50.95	2/1	5/13/2019
10. Ser Nay Taw - Male - Comp#: 919 - Ind/Rel: 1 / 0			
#93 Men High Jump Junior	1.55m	1/4	5/14/2019
11. Sernay Taw - Male - Comp#: 920 - Ind/Rel: 0 / 1			
#20 Men 4x100 Meter Relay Junior Prelims (3)	50.95	2/1	5/13/2019
12. Alex Van Vugt - Male - Comp#: 921 - Ind/Rel: 0 / 1			
#20 Men 4x100 Meter Relay Junior Prelims (1)	50.95	2/1	5/13/2019
13. Elizabeth Warren - Female - Comp#: 922 - Ind/Rel: 2 / 0			
#31 Women 100 Meter Dash Senior Prelims	14.11	1/8	5/14/2019
#64 Women Long Jump Senior	4.08m	1/6	5/13/2019
1. St. John Brebeuf - 'A'			
#20 Men 4x100 Meter Relay Junior Prelims	50.95	2/1	5/13/2019
#921 Alex Van Vugt; #910 Dominic Bates-Montoya; #920 Sernay Taw; #918 Moo Sugar			
<b>St. John Brebeuf Total Individual Entries: 17 - Total Relays: 1</b>			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Sullivan Heights (SULH)**

1. Gurkaman Bal - Male - Comp#: 923 - Ind/Rel: 1 / 0			
#122 Men 200 Meter Dash Gr.8 Prelims	27.21	3/5	5/16/2019
2. Dolly Gabri - Female - Comp#: 924 - Ind/Rel: 3 / 0			
#59 Women Discus Throw 1 kg Senior	33.60m	1/19	5/13/2019
#78 Women Hammer Throw 4 kg Senior	37.10m	1/12	5/16/2019
#94 Women Shot Put 4 kg Senior	13.35m	1/22	5/14/2019
3. Jasleen Grewal - Female - Comp#: 925 - Ind/Rel: 3 / 0			
#11 Women 1500 Meter Run Junior	5:20.17	1/8	5/14/2019
#39 Women 800 Meter Run Junior Prelims	2:30.56	3/5	5/16/2019
#51 Women 3000 Meter Run Junior	11:58.84	1/11	5/13/2019
4. Fraser McKay - Male - Comp#: 926 - Ind/Rel: 2 / 0			
#34 Men 2000 Meter Steeplechase 33" Senior	7:59.14	1/21	5/16/2019
#110 Men 400 Meter Hurdles Senior	1:06.23	1/5	5/14/2019

**Sullivan Heights      Total Individual Entries: 9   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Surrey Christian (SCS)**

- |  |         |      |           |
|--|---------|------|-----------|
| 1. Kerlinda Chatwin - Female - Comp#: 927 - Ind/Rel: 3 / 0 |         |      |           |
| #119 Women 100 Meter Dash Gr.8 Prelims                     | 12.82   | 2/4  | 5/14/2019 |
| #121 Women 200 Meter Dash Gr.8 Prelims                     | 26.64   | 3/4  | 5/16/2019 |
| #137 Women Long Jump Gr.8                                  | 4.57m   | 1/23 | 5/14/2019 |
| 2. Kaelan House - Male - Comp#: 928 - Ind/Rel: 2 / 0       |         |      |           |
| #10 Men 400 Meter Run Senior Prelims                       | 53.32   | 3/3  | 5/13/2019 |
| #42 Men 800 Meter Run Senior Prelims                       | 2:04.63 | 3/5  | 5/16/2019 |
| 3. David Reston - Male - Comp#: 929 - Ind/Rel: 1 / 0       |         |      |           |
| #60 Men Javelin Throw 800 gram Senior                      | 41.13m  | 1/13 | 5/14/2019 |

**Surrey Christian      Total Individual Entries: 6   -   Total Relays: 0**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Tamanawis Secondary School (TAMS)**

1. Destiny Amadin - Female - Comp#: 930 - Ind/Rel: 1 / 0 #47 Women 200 Meter Dash Junior Prelims	29.07	1/6	5/16/2019
2. Husna Amarkhil - Female - Comp#: 931 - Ind/Rel: 1 / 0 #141 Women Shot Put 3 kg Gr.8	7.18m	1/6	5/13/2019
3. Amitoj Arora - Male - Comp#: 932 - Ind/Rel: 1 / 0 #58 Men Long Jump Junior	5.31m	1/11	5/13/2019
4. Ravnoop Badesha - Female - Comp#: 933 - Ind/Rel: 1 / 1 #9 Women 400 Meter Run Senior Prelims #35 Women 4x400 Meter Relay Senior (2)	1:08.56 4:58.52	3/7 2/3	5/13/2019 5/14/2019
5. Jada Baker - Female - Comp#: 934 - Ind/Rel: 2 / 1 #39 Women 800 Meter Run Junior Prelims #51 Women 3000 Meter Run Junior #35 Women 4x400 Meter Relay Senior (4)	2:57.41 14:04.05 4:58.52	2/8 1/18 2/3	5/16/2019 5/13/2019 5/14/2019
6. Mekai Baker - Male - Comp#: 935 - Ind/Rel: 3 / 0 #126 Men 800 Meter Run Gr.8 Prelims #128 Men 1500 Meter Run Gr.8 #130 Men 3000 Meter Run Gr.8	2:24.94 4:59.64 10:53.65	3/3 1/7 1/9	5/16/2019 5/14/2019 5/13/2019
7. Tyson Baker - Male - Comp#: 936 - Ind/Rel: 1 / 0 #14 Men 1500 Meter Run Senior	4:44.28	1/16	5/14/2019
8. Harjas Chahal - Female - Comp#: 937 - Ind/Rel: 1 / 0 #139 Women Javelin Throw 500 gr Gr.8	11.89m	1/5	5/14/2019
9. Logan Courchene - Female - Comp#: 938 - Ind/Rel: 2 / 0 #23 Women 80 Meter Hurdles Junior Prelims #87 Women Discus Throw 1 kg Junior	17.29 16.16m	3/8 1/6	5/16/2019 5/14/2019
10. Nimi Grewal - Female - Comp#: 939 - Ind/Rel: 1 / 0 #125 Women 800 Meter Run Gr.8 Prelims	3:05.40	3/2	5/16/2019
11. Ivran Rai - Female - Comp#: 940 - Ind/Rel: 1 / 1 #105 Women 400 Meter Hurdles Senior #35 Women 4x400 Meter Relay Senior (3)	1:22.56 4:58.52	2/7 2/3	5/14/2019 5/14/2019
12. Gurbaz Singh - Male - Comp#: 941 - Ind/Rel: 1 / 0 #63 Men Discus Throw 1.5 kg Junior	18.01m	1/2	5/13/2019
13. Kartik Singh - Male - Comp#: 942 - Ind/Rel: 1 / 0 #66 Men Discus Throw 1.75 kg Senior	16.40m	1/2	5/13/2019
14. Nadishiya Singh - Female - Comp#: 943 - Ind/Rel: 1 / 0 #59 Women Discus Throw 1 kg Senior	11.34m	1/1	5/13/2019
1. Tamanawis Secondary School - 'A' #35 Women 4x400 Meter Relay Senior #933 Ravnoop Badesha; #940 Ivran Rai; #934 Jada Baker	4:58.52	2/3	5/14/2019

**Tamanawis Secondary School Total Individual Entries: 18 - Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Terry Fox Secondary School (TFOX)**

1. Lisa Cerica - Female - Comp#: 944 - Ind/Rel: 2 / 0			
#81 Women Long Jump Junior	4.42m	1/19	5/16/2019
#97 Women High Jump Junior	1.40m	1/9	5/14/2019
2. Key'shaun Dorsey - Male - Comp#: 945 - Ind/Rel: 0 / 1			
#22 Men 4x100 Meter Relay Senior Prelims (4)	47.24	2/7	5/13/2019
3. Liam Espedido - Male - Comp#: 946 - Ind/Rel: 1 / 0			
#111 Men High Jump Senior	1.89m	1/8	5/13/2019
4. Sophia Gribbon - Female - Comp#: 947 - Ind/Rel: 3 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	39.28	1/2	5/16/2019
#81 Women Long Jump Junior	4.91m	1/23	5/16/2019
#97 Women High Jump Junior	1.50m	1/13	5/14/2019
5. Meya Hikichi - Female - Comp#: 948 - Ind/Rel: 2 / 0			
#13 Women 1500 Meter Run Senior	5:54.03	1/23	5/14/2019
#53 Women 3000 Meter Run Senior	12:33.00	1/19	5/13/2019
6. Sabrina Ho - Female - Comp#: 949 - Ind/Rel: 1 / 0			
#94 Women Shot Put 4 kg Senior	5.50m	1/1	5/14/2019
7. Larissa Iunes - Female - Comp#: 950 - Ind/Rel: 1 / 0			
#62 Women Shot Put 3 kg Junior	5.54m	1/1	5/14/2019
8. Jake McFarland - Male - Comp#: 951 - Ind/Rel: 1 / 1			
#60 Men Javelin Throw 800 gram Senior	38.28m	1/12	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (2)	47.24	2/7	5/13/2019
9. Tyler Miller - Male - Comp#: 952 - Ind/Rel: 1 / 1			
#10 Men 400 Meter Run Senior Prelims	56.69	3/1	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (3)	47.24	2/7	5/13/2019
10. Alanna Noble - Female - Comp#: 953 - Ind/Rel: 2 / 0			
#39 Women 800 Meter Run Junior Prelims	2:44.78	2/7	5/16/2019
#103 Women 300 Meter Hurdles Junior	45.10	2/5	5/14/2019
11. Elise Odegaard - Female - Comp#: 954 - Ind/Rel: 3 / 0			
#59 Women Discus Throw 1 kg Senior	16.32m	1/5	5/13/2019
#94 Women Shot Put 4 kg Senior	6.86m	1/5	5/14/2019
#98 Women Javelin Throw 600 gram Senior	25.73m	1/16	5/14/2019
12. Samuel Serjohn - Male - Comp#: 955 - Ind/Rel: 1 / 0			
#93 Men High Jump Junior	1.55m	1/6	5/14/2019
13. Jaden Severy - Male - Comp#: 956 - Ind/Rel: 1 / 1			
#10 Men 400 Meter Run Senior Prelims	53.20	3/5	5/13/2019
#22 Men 4x100 Meter Relay Senior Prelims (1)	47.24	2/7	5/13/2019
14. Marko Vignjevic - Male - Comp#: 957 - Ind/Rel: 1 / 0			
#88 Men Javelin Throw 700 gram Junior	24.53m	1/3	5/13/2019
15. Jacob Wadhvani - Male - Comp#: 958 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:27.84	1/3	5/14/2019
#40 Men 800 Meter Run Junior Prelims	2:01.81	2/4	5/16/2019
#52 Men 3000 Meter Run Junior	9:33.00	1/2	5/13/2019
1. Terry Fox Secondary School - 'A'			
#22 Men 4x100 Meter Relay Senior Prelims	47.24	2/7	5/13/2019

    #956 Jaden Severy; #951 Jake McFarland; #952 Tyler Miller; #945 Key'shaun Dorsey

**Terry Fox Secondary School Total Individual Entries: 23 - Total Relays: 1**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Thomas Haney Secondary School (THSS)**

- |   |         |      |           |
|---|---------|------|-----------|
| 1. Payton Downey - Male - Comp#: 959 - Ind/Rel: 1 / 0<br>#40 Men 800 Meter Run Junior Prelims | 2:18.31 | 3/7  | 5/16/2019 |
| 2. Jack Hayhoe - Male - Comp#: 960 - Ind/Rel: 1 / 0<br>#40 Men 800 Meter Run Junior Prelims   | 2:22.90 | 3/2  | 5/16/2019 |
| 3. Nolan McEachern - Male - Comp#: 961 - Ind/Rel: 1 / 0<br>#93 Men High Jump Junior           | 1.90m   | 1/21 | 5/14/2019 |

**Thomas Haney Secondary School      Total Individual Entries: 3   -   Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Unity Christian (UCS)**

1. Camryn Boer - Female - Comp#: 962 - Ind/Rel: 0 / 1 #19 Women 4x100 Meter Relay Junior Prelims (2)	58.22	2/7	5/13/2019
2. Jonathan Boutillier - Male - Comp#: 963 - Ind/Rel: 3 / 0 #151 Boys 100 Meter Dash Special Olym Special Olym #153 Boys Shot Put Special Olym Special Olympics #160 Boys 400 Meter Dash Special Olym Special Olym	18.81 5.18m 1:17.33	1/5 1/1 1/5	5/14/2019 5/16/2019 5/13/2019
3. Evan Bowman - Male - Comp#: 964 - Ind/Rel: 1 / 1 #63 Men Discus Throw 1.5 kg Junior #20 Men 4x100 Meter Relay Junior Prelims (4)	25.34m 50.19	1/13 1/8	5/13/2019 5/13/2019
4. Sawyer Collie - Male - Comp#: 965 - Ind/Rel: 3 / 2 #8 Men 400 Meter Run Junior Prelims #30 Men 100 Meter Dash Junior Prelims #48 Men 200 Meter Dash Junior Prelims #22 Men 4x100 Meter Relay Senior Prelims (3) #36 Men 4x400 Meter Relay Senior (1)	54.41 11.78 24.30 45.36 3:38.22	2/5 2/5 2/5 2/4 1/3	5/13/2019 5/14/2019 5/16/2019 5/13/2019 5/14/2019
5. Greg De Raadt - Male - Comp#: 966 - Ind/Rel: 3 / 1 #12 Men 1500 Meter Run Junior #52 Men 3000 Meter Run Junior #114 Men 1500 Meter Steeplechase 30" Junior #108 Men 4x400 Meter Relay Junior (2)	4:52.10 10:41.40 5:14.50 4:04.00	1/18 1/13 1/16 2/8	5/14/2019 5/13/2019 5/16/2019 5/14/2019
6. Myah Elgersma - Female - Comp#: 967 - Ind/Rel: 2 / 1 #23 Women 80 Meter Hurdles Junior Prelims #81 Women Long Jump Junior #19 Women 4x100 Meter Relay Junior Prelims (1)	15.52 4.06m 58.22	1/6 1/8 2/7	5/16/2019 5/16/2019 5/13/2019
7. Steven Geluk - Male - Comp#: 968 - Ind/Rel: 1 / 2 #110 Men 400 Meter Hurdles Senior #22 Men 4x100 Meter Relay Senior Prelims (4) #36 Men 4x400 Meter Relay Senior (2)	1:03.07 45.36 3:38.22	2/7 2/4 1/3	5/14/2019 5/13/2019 5/14/2019
8. Caleb Graham - Male - Comp#: 969 - Ind/Rel: 3 / 1 #34 Men 2000 Meter Steeplechase 33" Senior #54 Men 3000 Meter Run Senior #65 Men Triple Jump Senior #36 Men 4x400 Meter Relay Senior (3)	6:48.20 9:49.80 10.97m 3:38.22	1/5 1/4 1/12 1/3	5/16/2019 5/13/2019 5/14/2019 5/14/2019
9. Jenna Graham - Female - Comp#: 970 - Ind/Rel: 3 / 2 #125 Women 800 Meter Run Gr.8 Prelims #139 Women Javelin Throw 500 gr Gr.8 #143 Women Discus Throw 1 kg Gr.8 #145 Women 4x100 Meter Relay Gr.8 (1) #147 Women 4x400 Meter Relay Gr.8 (1)	2:51.40 18.67m 16.46m 56.82 4:41.23	3/7 1/14 1/14 2/8 2/3	5/16/2019 5/14/2019 5/14/2019 5/16/2019 5/14/2019
10. Natanael Haan - Male - Comp#: 971 - Ind/Rel: 3 / 2 #30 Men 100 Meter Dash Junior Prelims #58 Men Long Jump Junior #82 Men Triple Jump Junior #20 Men 4x100 Meter Relay Junior Prelims (3) #108 Men 4x400 Meter Relay Junior (4)	12.43 5.43m 11.08m 50.19 4:04.00	3/8 1/14 1/14 1/8 2/8	5/14/2019 5/13/2019 5/14/2019 5/13/2019 5/14/2019
11. Lili Hardy - Female - Comp#: 972 - Ind/Rel: 1 / 1 #75 Women Javelin Throw 500 gram Junior #19 Women 4x100 Meter Relay Junior Prelims (3)	22.17m 58.22	1/12 2/7	5/13/2019 5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Unity Christian (UCS)**

12. Vander Hoek Jenna - Female - Comp#: 973 - Ind/Rel: 0 / 2			
#145 Women 4x100 Meter Relay Gr.8 (2)	56.82	2/8	5/16/2019
#147 Women 4x400 Meter Relay Gr.8 (2)	4:41.23	2/3	5/14/2019
13. Kylie Kampman - Female - Comp#: 974 - Ind/Rel: 3 / 1			
#29 Women 100 Meter Dash Junior Prelims	13.86	3/7	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	28.16	2/5	5/16/2019
#75 Women Javelin Throw 500 gram Junior	26.16m	1/17	5/13/2019
#19 Women 4x100 Meter Relay Junior Prelims (4)	58.22	2/7	5/13/2019
14. Clive Kingma - Male - Comp#: 975 - Ind/Rel: 3 / 2			
#120 Men 100 Meter Dash Gr.8 Prelims	14.27	3/6	5/14/2019
#124 Men 400 Meter Dash Gr.8 Prelims	1:07.18	2/8	5/13/2019
#138 Men Long Jump Gr.8	4.63m	1/17	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (3)	54.90	2/2	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (3)	4:21.76	2/5	5/14/2019
15. Angelica Kornelius - Female - Comp#: 976 - Ind/Rel: 2 / 0			
#139 Women Javelin Throw 500 gr Gr.8	18.92m	1/15	5/14/2019
#141 Women Shot Put 3 kg Gr.8	7.69m	1/10	5/13/2019
16. Olivia Lounsbury - Female - Comp#: 977 - Ind/Rel: 1 / 0			
#89 Women Triple Jump Senior	8.41m	1/4	5/14/2019
17. Zandberg Matthew - Male - Comp#: 978 - Ind/Rel: 2 / 0			
#10 Men 400 Meter Run Senior Prelims	54.07	1/3	5/13/2019
#42 Men 800 Meter Run Senior Prelims	2:09.70	2/7	5/16/2019
18. Cayden McEachern - Male - Comp#: 979 - Ind/Rel: 3 / 0			
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	22.27	1/7	5/16/2019
#140 Men Javelin Throw 600 gr Gr.8	26.45m	1/19	5/16/2019
#149 Men Triple Jump Gr.8	9.42m	1/8	5/13/2019
19. Rebecca Neufeld - Female - Comp#: 980 - Ind/Rel: 2 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	14.24	2/7	5/14/2019
#123 Women 400 Meter Dash Gr.8 Prelims	1:17.38	2/1	5/13/2019
20. Wilclair Neufeld - Male - Comp#: 981 - Ind/Rel: 2 / 1			
#44 Men 1500 Meter Race Walk Senior	9:09.80	1/5	5/13/2019
#65 Men Triple Jump Senior	9.81m	1/3	5/14/2019
#22 Men 4x100 Meter Relay Senior Prelims (2)	45.36	2/4	5/13/2019
21. Wiltosso Neufeld - Male - Comp#: 982 - Ind/Rel: 3 / 2			
#10 Men 400 Meter Run Senior Prelims	51.74	1/4	5/13/2019
#32 Men 100 Meter Dash Senior Prelims	11.56	3/3	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	23.19	1/5	5/16/2019
#22 Men 4x100 Meter Relay Senior Prelims (1)	45.36	2/4	5/13/2019
#36 Men 4x400 Meter Relay Senior (4)	3:38.22	1/3	5/14/2019
22. Tyson Nickel - Male - Comp#: 983 - Ind/Rel: 1 / 2			
#122 Men 200 Meter Dash Gr.8 Prelims	30.16	3/2	5/16/2019
#146 Men 4x100 Meter Relay Gr.8 (4)	54.90	2/2	5/16/2019
#148 Men 4x400 Meter Relay Gr.8 (4)	4:21.76	2/5	5/14/2019
23. Julia Nunes - Female - Comp#: 984 - Ind/Rel: 1 / 0			
#150 Women Triple Jump Gr.8	7.44m	1/3	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Unity Christian (UCS)**

24.	Seth Schuurman - Male - Comp#: 985 - Ind/Rel: 2 / 2			
	#126 Men 800 Meter Run Gr.8 Prelims	2:29.80	2/6	5/16/2019
	#140 Men Javelin Throw 600 gr Gr.8	28.41m	1/20	5/16/2019
	#146 Men 4x100 Meter Relay Gr.8 (2)	54.90	2/2	5/16/2019
	#148 Men 4x400 Meter Relay Gr.8 (2)	4:21.76	2/5	5/14/2019
25.	Asher Toth - Male - Comp#: 986 - Ind/Rel: 1 / 2			
	#40 Men 800 Meter Run Junior Prelims	2:23.40	2/2	5/16/2019
	#20 Men 4x100 Meter Relay Junior Prelims (1)	50.19	1/8	5/13/2019
	#108 Men 4x400 Meter Relay Junior (1)	4:04.00	2/8	5/14/2019
26.	Julia Van De Kamp - Female - Comp#: 987 - Ind/Rel: 3 / 2			
	#119 Women 100 Meter Dash Gr.8 Prelims	13.45	3/4	5/14/2019
	#121 Women 200 Meter Dash Gr.8 Prelims	29.42	1/3	5/16/2019
	#141 Women Shot Put 3 kg Gr.8	7.73m	1/11	5/13/2019
	#145 Women 4x100 Meter Relay Gr.8 (4)	56.82	2/8	5/16/2019
	#147 Women 4x400 Meter Relay Gr.8 (4)	4:41.23	2/3	5/14/2019
27.	Levi Van Egdome - Male - Comp#: 988 - Ind/Rel: 2 / 2			
	#8 Men 400 Meter Run Junior Prelims	58.83	3/2	5/13/2019
	#113 Men 1500 Meter Race Walk Junior	9:59.30	1/12	5/13/2019
	#20 Men 4x100 Meter Relay Junior Prelims (2)	50.19	1/8	5/13/2019
	#108 Men 4x400 Meter Relay Junior (3)	4:04.00	2/8	5/14/2019
28.	Jenna Vander Hoek - Female - Comp#: 989 - Ind/Rel: 3 / 0			
	#123 Women 400 Meter Dash Gr.8 Prelims	1:10.92	3/6	5/13/2019
	#125 Women 800 Meter Run Gr.8 Prelims	3:00.80	1/7	5/16/2019
	#135 Women High Jump Gr.8	1.25m	1/5	5/13/2019
29.	Daxton Vander Kooi - Male - Comp#: 990 - Ind/Rel: 3 / 2			
	#124 Men 400 Meter Dash Gr.8 Prelims	1:03.49	1/3	5/13/2019
	#138 Men Long Jump Gr.8	4.60m	1/15	5/14/2019
	#149 Men Triple Jump Gr.8	9.50m	1/13	5/13/2019
	#146 Men 4x100 Meter Relay Gr.8 (1)	54.90	2/2	5/16/2019
	#148 Men 4x400 Meter Relay Gr.8 (1)	4:21.76	2/5	5/14/2019
30.	Savannah Vander Kooi - Female - Comp#: 991 - Ind/Rel: 2 / 2			
	#123 Women 400 Meter Dash Gr.8 Prelims	1:11.77	1/8	5/13/2019
	#150 Women Triple Jump Gr.8	7.94m	1/4	5/16/2019
	#145 Women 4x100 Meter Relay Gr.8 (3)	56.82	2/8	5/16/2019
	#147 Women 4x400 Meter Relay Gr.8 (3)	4:41.23	2/3	5/14/2019
1.	Unity Christian - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	58.22	2/7	5/13/2019
	#967 Myah Elgersma; #962 Camryn Boer; #972 Lili Hardy; #974 Kylie Kampman			
2.	Unity Christian - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	50.19	1/8	5/13/2019
	#986 Asher Toth; #988 Levi Van Egdome; #971 Natanael Haan; #964 Evan Bowman			
3.	Unity Christian - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	45.36	2/4	5/13/2019
	#982 Wiltosso Neufeld; #981 Wilclair Neufeld; #965 Sawyer Collie; #968 Steven Geluk			
4.	Unity Christian - 'A'			
	#36 Men 4x400 Meter Relay Senior	3:38.22	1/3	5/14/2019
	#965 Sawyer Collie; #968 Steven Geluk; #969 Caleb Graham; #982 Wiltosso Neufeld			
5.	Unity Christian - 'A'			
	#108 Men 4x400 Meter Relay Junior	4:04.00	2/8	5/14/2019
	#986 Asher Toth; #966 Greg De Raadt; #988 Levi Van Egdome; #971 Natanael Haan			

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events**

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**Unity Christian (UCS)**

6. Unity Christian - 'A'  
#145 Women 4x100 Meter Relay Gr.8 56.82 2/8 5/16/2019  
#970 Jenna Graham; #973 Vander Hoek Jenna; #991 Savannah Vander Kooi; #987 Julia Van De Kamp
7. Unity Christian - 'A'  
#146 Men 4x100 Meter Relay Gr.8 54.90 2/2 5/16/2019  
#990 Daxton Vander Kooi; #985 Seth Schuurman; #975 Clive Kingma; #983 Tyson Nickel
8. Unity Christian - 'A'  
#147 Women 4x400 Meter Relay Gr.8 4:41.23 2/3 5/14/2019  
#970 Jenna Graham; #973 Vander Hoek Jenna; #991 Savannah Vander Kooi; #987 Julia Van De Kamp
9. Unity Christian - 'A'  
#148 Men 4x400 Meter Relay Gr.8 4:21.76 2/5 5/14/2019  
#990 Daxton Vander Kooi; #985 Seth Schuurman; #975 Clive Kingma; #983 Tyson Nickel
- Unity Christian Total Individual Entries: 62 - Total Relays: 9**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Vedder Middle School (VMS)**

1. Shayla Dool - Female - Comp#: 992 - Ind/Rel: 3 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	14.06	1/6	5/14/2019
#121 Women 200 Meter Dash Gr.8 Prelims	30.21	3/7	5/16/2019
#135 Women High Jump Gr.8	1.40m	1/16	5/13/2019
2. Justin Hari - Male - Comp#: 993 - Ind/Rel: 2 / 0			
#122 Men 200 Meter Dash Gr.8 Prelims	29.20	1/8	5/16/2019
#124 Men 400 Meter Dash Gr.8 Prelims	1:04.82	3/7	5/13/2019
3. Sophia Klassen - Female - Comp#: 994 - Ind/Rel: 3 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	2:43.45	3/5	5/16/2019
#127 Women 1500 Meter Run Gr.8	5:35.13	1/5	5/14/2019
#129 Women 3000 Meter Run Gr.8	11:55.71	1/3	5/13/2019
4. Nathaniel Leroux - Male - Comp#: 995 - Ind/Rel: 3 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:24.14	3/5	5/16/2019
#128 Men 1500 Meter Run Gr.8	4:51.46	1/5	5/14/2019
#130 Men 3000 Meter Run Gr.8	10:25.57	1/3	5/13/2019
5. Asia Mazereeuw - Female - Comp#: 996 - Ind/Rel: 3 / 0			
#139 Women Javelin Throw 500 gr Gr.8	17.22m	1/9	5/14/2019
#141 Women Shot Put 3 kg Gr.8	8.83m	1/19	5/13/2019
#143 Women Discus Throw 1 kg Gr.8	20.80m	1/11	5/14/2019
6. Brooklyn Pickford - Female - Comp#: 997 - Ind/Rel: 1 / 0			
#121 Women 200 Meter Dash Gr.8 Prelims	31.06	1/7	5/16/2019
7. Lauren Plummer - Female - Comp#: 998 - Ind/Rel: 2 / 0			
#119 Women 100 Meter Dash Gr.8 Prelims	14.85	1/1	5/14/2019
#137 Women Long Jump Gr.8	3.98m	1/14	5/14/2019
8. Jasper Shea - Male - Comp#: 999 - Ind/Rel: 1 / 0			
#144 Men Discus Throw 1 kg Gr.8	18.70m	1/6	5/14/2019
9. Ryan Shea - Male - Comp#: 1000 - Ind/Rel: 2 / 0			
#128 Men 1500 Meter Run Gr.8	5:10.84	1/13	5/14/2019
#130 Men 3000 Meter Run Gr.8	11:02.89	1/11	5/13/2019
10. Aya Sugiyama - Male - Comp#: 1001 - Ind/Rel: 2 / 0			
#140 Men Javelin Throw 600 gr Gr.8	25.60m	1/16	5/16/2019
#144 Men Discus Throw 1 kg Gr.8	19.58m	1/19	5/14/2019
11. Lillie Wiebe - Female - Comp#: 1002 - Ind/Rel: 2 / 0			
#135 Women High Jump Gr.8	1.25m	1/1	5/13/2019
#137 Women Long Jump Gr.8	3.83m	1/4	5/14/2019
1. Vedder Middle School - 'A'			
#145 Women 4x100 Meter Relay Gr.8	56.20	2/5	5/16/2019
2. Vedder Middle School - 'A'			
#147 Women 4x400 Meter Relay Gr.8	4:52.40	2/6	5/14/2019

**Vedder Middle School Total Individual Entries: 24 - Total Relays: 2**



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****W.J Mouat (W.J)**

1. Kihomi Adhemar - Female - Comp#: 1003 - Ind/Rel: 1 / 0 #78 Women Hammer Throw 4 kg Senior	33.66m	1/10	5/16/2019
2. Harpreet Bahga - Female - Comp#: 1004 - Ind/Rel: 2 / 0 #25 Women 100 Meter Hurdles 33" Senior Prelims #105 Women 400 Meter Hurdles Senior	21.30 1:15.18	1/8 1/2	5/16/2019 5/14/2019
3. Libby Baird - Female - Comp#: 1005 - Ind/Rel: 1 / 0 #75 Women Javelin Throw 500 gram Junior	18.87m	1/5	5/13/2019
4. Arun Bhangu - Male - Comp#: 1006 - Ind/Rel: 1 / 0 #112 Men Hammer Throw 6 kg Senior	20.50m	1/5	5/16/2019
5. Kabir Bhangu - Male - Comp#: 1007 - Ind/Rel: 2 / 0 #104 Men 300 Meter Hurdles Junior #113 Men 1500 Meter Race Walk Junior	49.81 10:14.14	2/8 1/14	5/14/2019 5/13/2019
6. Nicholas Butler - Male - Comp#: 1008 - Ind/Rel: 1 / 0 #66 Men Discus Throw 1.75 kg Senior	23.13m	1/9	5/13/2019
7. Raman Chauhan - Female - Comp#: 1009 - Ind/Rel: 2 / 0 #31 Women 100 Meter Dash Senior Prelims #49 Women 200 Meter Dash Senior Prelims	14.32 30.56	3/2 1/1	5/14/2019 5/16/2019
8. Jaylene Fung - Female - Comp#: 1010 - Ind/Rel: 1 / 0 #98 Women Javelin Throw 600 gram Senior	19.30m	1/4	5/14/2019
9. Josh Gebhart - Male - Comp#: 1011 - Ind/Rel: 1 / 0 #112 Men Hammer Throw 6 kg Senior	14.07m	1/3	5/16/2019
10. Nathan Hauserman - Male - Comp#: 1012 - Ind/Rel: 1 / 0 #32 Men 100 Meter Dash Senior Prelims	12.17	1/1	5/14/2019
11. David Ionce - Male - Comp#: 1013 - Ind/Rel: 1 / 0 #90 Men Long Jump Senior	5.36m	1/8	5/14/2019
12. Kells Jonathan - Male - Comp#: 1014 - Ind/Rel: 2 / 0 #76 Men Shot Put 5 kg Junior #83 Men Hammer Throw 5 kg Junior	9.90m 24.40m	1/10 1/9	5/14/2019 5/16/2019
13. Dylan Kang - Male - Comp#: 1015 - Ind/Rel: 2 / 0 #30 Men 100 Meter Dash Junior Prelims #58 Men Long Jump Junior	12.69 5.24m	1/2 1/6	5/14/2019 5/13/2019
14. Damien Kells - Male - Comp#: 1016 - Ind/Rel: 1 / 0 #83 Men Hammer Throw 5 kg Junior	19.93m	1/5	5/16/2019
15. Alyssa Lane - Female - Comp#: 1017 - Ind/Rel: 1 / 0 #86 Women Pole Vault Junior	2.10m	1/2	5/16/2019
16. Kai MacKenzie - Male - Comp#: 1018 - Ind/Rel: 1 / 0 #14 Men 1500 Meter Run Senior	4:39.85	1/11	5/14/2019
17. Ryan Manocha - Male - Comp#: 1019 - Ind/Rel: 1 / 0 #112 Men Hammer Throw 6 kg Senior	13.57m	1/2	5/16/2019
18. Dhag Mora - Male - Comp#: 1020 - Ind/Rel: 3 / 0 #30 Men 100 Meter Dash Junior Prelims #58 Men Long Jump Junior #82 Men Triple Jump Junior	12.35 5.42m 11.55m	2/8 1/13 1/17	5/14/2019 5/13/2019 5/14/2019
19. Rachel Mortimer - Female - Comp#: 1021 - Ind/Rel: 3 / 0 #13 Women 1500 Meter Run Senior #41 Women 800 Meter Run Senior Prelims #53 Women 3000 Meter Run Senior	4:52.22 2:19.02 10:39.57	1/2 1/4 1/2	5/14/2019 5/16/2019 5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****W.J Mouat (W.J)**

20.	Andy Ofosuhene - Male - Comp#: 1022 - Ind/Rel: 3 / 0			
	#30 Men 100 Meter Dash Junior Prelims	12.68	1/1	5/14/2019
	#58 Men Long Jump Junior	5.20m	1/5	5/13/2019
	#82 Men Triple Jump Junior	11.78m	1/19	5/14/2019
21.	Ebiye Okoko Chomsey - Male - Comp#: 1023 - Ind/Rel: 1 / 0			
	#100 Men Shot Put 6 kg Senior	10.75m	1/16	5/16/2019
22.	Amani Pullar-Dyck - Male - Comp#: 1024 - Ind/Rel: 2 / 0			
	#10 Men 400 Meter Run Senior Prelims	56.06	2/8	5/13/2019
	#90 Men Long Jump Senior	5.18m	1/6	5/14/2019
23.	Kayla Savage - Female - Comp#: 1025 - Ind/Rel: 3 / 0			
	#23 Women 80 Meter Hurdles Junior Prelims	14.99	1/3	5/16/2019
	#29 Women 100 Meter Dash Junior Prelims	13.97	1/8	5/14/2019
	#47 Women 200 Meter Dash Junior Prelims	29.37	1/8	5/16/2019
24.	Nate Savage - Male - Comp#: 1026 - Ind/Rel: 3 / 0			
	#26 Men 110 Meter Hurdles 36" Senior Prelims	17.00	2/5	5/16/2019
	#32 Men 100 Meter Dash Senior Prelims	11.93	1/7	5/14/2019
	#50 Men 200 Meter Dash Senior Prelims	24.04	1/6	5/16/2019
25.	Surveer Sidhu - Female - Comp#: 1027 - Ind/Rel: 1 / 0			
	#9 Women 400 Meter Run Senior Prelims	1:08.48	3/6	5/13/2019
26.	Keaton Taekema - Male - Comp#: 1028 - Ind/Rel: 1 / 0			
	#65 Men Triple Jump Senior	10.52m	1/8	5/14/2019
27.	Qamar Tahri - Female - Comp#: 1029 - Ind/Rel: 1 / 0			
	#49 Women 200 Meter Dash Senior Prelims	30.70	1/2	5/16/2019
28.	Sarah Webb - Female - Comp#: 1030 - Ind/Rel: 1 / 0			
	#78 Women Hammer Throw 4 kg Senior	32.09m	1/7	5/16/2019
29.	Halil Yalcin - Male - Comp#: 1031 - Ind/Rel: 1 / 0			
	#88 Men Javelin Throw 700 gram Junior	29.93m	1/13	5/13/2019
1.	W.J Mouat - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	49.00	2/3	5/13/2019
2.	W.J Mouat - 'A'			
	#21 Women 4x100 Meter Relay Senior Prelims	54.22	1/6	5/13/2019
3.	W.J Mouat - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	46.35	1/3	5/13/2019
4.	W.J Mouat - 'A'			
	#35 Women 4x400 Meter Relay Senior	4:27.40	1/5	5/14/2019
5.	W.J Mouat - 'A'			
	#36 Men 4x400 Meter Relay Senior	3:44.60	1/8	5/14/2019

**W.J Mouat Total Individual Entries: 45 - Total Relays: 5**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Walnut Grove Secondary (WALN)**

1. Abby Adams - Female - Comp#: 1032 - Ind/Rel: 1 / 0 #143 Women Discus Throw 1 kg Gr.8	22.36m	1/16	5/14/2019
2. John Alexander - Male - Comp#: 1033 - Ind/Rel: 3 / 0 #8 Men 400 Meter Run Junior Prelims	54.23	3/4	5/13/2019
#30 Men 100 Meter Dash Junior Prelims	12.61	2/1	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	25.48	2/8	5/16/2019
3. Josephine Bennett - Female - Comp#: 1034 - Ind/Rel: 3 / 0 #13 Women 1500 Meter Run Senior	5:39.86	1/21	5/14/2019
#43 Women 1500 Meter Race Walk Senior	8:25.70	1/2	5/13/2019
#53 Women 3000 Meter Run Senior	12:00.50	1/14	5/13/2019
4. Linnea Bergen - Female - Comp#: 1035 - Ind/Rel: 1 / 0 #23 Women 80 Meter Hurdles Junior Prelims	17.93	3/2	5/16/2019
5. Shawn Brynjolfson - Male - Comp#: 1036 - Ind/Rel: 1 / 0 #113 Men 1500 Meter Race Walk Junior	8:55.24	1/4	5/13/2019
6. Cameron Calbick - Male - Comp#: 1037 - Ind/Rel: 2 / 0 #10 Men 400 Meter Run Senior Prelims	52.96	2/5	5/13/2019
#42 Men 800 Meter Run Senior Prelims	2:06.85	2/3	5/16/2019
7. Joanna Cao - Female - Comp#: 1038 - Ind/Rel: 1 / 0 #29 Women 100 Meter Dash Junior Prelims	14.02	2/1	5/14/2019
8. Cassidy Cardle - Female - Comp#: 1039 - Ind/Rel: 1 / 0 #43 Women 1500 Meter Race Walk Senior	7:12.11	1/1	5/13/2019
9. Grace Chalk - Female - Comp#: 1040 - Ind/Rel: 2 / 0 #13 Women 1500 Meter Run Senior	5:03.06	1/6	5/14/2019
#53 Women 3000 Meter Run Senior	10:55.61	1/5	5/13/2019
10. Jeewoo Chung - Male - Comp#: 1041 - Ind/Rel: 1 / 0 #24 Men 100 Meter Hurdles 33" Junior Prelims	18.40	1/2	5/16/2019
11. Aiden Cunnold - Male - Comp#: 1042 - Ind/Rel: 1 / 0 #24 Men 100 Meter Hurdles 33" Junior Prelims	17.30	1/7	5/16/2019
12. Cody Davis - Male - Comp#: 1043 - Ind/Rel: 3 / 0 #122 Men 200 Meter Dash Gr.8 Prelims	29.41	3/8	5/16/2019
#124 Men 400 Meter Dash Gr.8 Prelims	1:05.80	2/7	5/13/2019
#130 Men 3000 Meter Run Gr.8	11:09.97	1/13	5/13/2019
13. Sabrina Dias - Female - Comp#: 1044 - Ind/Rel: 1 / 0 #57 Women Triple Jump Junior	8.42m	1/5	5/13/2019
14. Daylana Ferguson - Female - Comp#: 1045 - Ind/Rel: 2 / 0 #13 Women 1500 Meter Run Senior	5:17.42	1/13	5/14/2019
#53 Women 3000 Meter Run Senior	11:23.35	1/9	5/13/2019
15. Caitlin Granleese - Female - Comp#: 1046 - Ind/Rel: 2 / 0 #125 Women 800 Meter Run Gr.8 Prelims	3:00.16	2/7	5/16/2019
#127 Women 1500 Meter Run Gr.8	6:03.16	1/11	5/14/2019
16. Erin Grywacheski - Female - Comp#: 1047 - Ind/Rel: 2 / 0 #78 Women Hammer Throw 4 kg Senior	22.02m	1/3	5/16/2019
#98 Women Javelin Throw 600 gram Senior	27.41m	1/17	5/14/2019
17. Jack Hardy - Male - Comp#: 1048 - Ind/Rel: 2 / 0 #52 Men 3000 Meter Run Junior	9:55.28	1/4	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	4:40.85	1/3	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Walnut Grove Secondary (WALN)**

18. Holly Harrison - Female - Comp#: 1049 - Ind/Rel: 3 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	16.00	1/3	5/16/2019
#64 Women Long Jump Senior	4.51m	1/17	5/13/2019
#70 Women High Jump Senior	1.60m	1/11	5/16/2019
19. Oliver Harrison - Male - Comp#: 1050 - Ind/Rel: 3 / 0			
#10 Men 400 Meter Run Senior Prelims	56.28	3/8	5/13/2019
#26 Men 110 Meter Hurdles 36" Senior Prelims	17.98	3/3	5/16/2019
#110 Men 400 Meter Hurdles Senior	1:04.38	2/8	5/14/2019
20. Jasmine Hasanovic - Female - Comp#: 1051 - Ind/Rel: 1 / 0			
#57 Women Triple Jump Junior	8.39m	1/4	5/13/2019
21. Josh Huth - Male - Comp#: 1052 - Ind/Rel: 3 / 0			
#8 Men 400 Meter Run Junior Prelims	58.45	2/2	5/13/2019
#30 Men 100 Meter Dash Junior Prelims	12.92	3/2	5/14/2019
#48 Men 200 Meter Dash Junior Prelims	26.67	3/1	5/16/2019
22. Jordan Jacobs - Female - Comp#: 1053 - Ind/Rel: 2 / 0			
#31 Women 100 Meter Dash Senior Prelims	13.17	1/5	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	27.19	3/5	5/16/2019
23. Jisung Jeong - Male - Comp#: 1054 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:49.93	1/19	5/14/2019
#42 Men 800 Meter Run Senior Prelims	2:20.87	3/1	5/16/2019
#54 Men 3000 Meter Run Senior	10:34.20	1/10	5/13/2019
24. Rosie Johnston - Female - Comp#: 1055 - Ind/Rel: 1 / 0			
#43 Women 1500 Meter Race Walk Senior	10:01.60	1/5	5/13/2019
25. Owen Jones - Male - Comp#: 1056 - Ind/Rel: 3 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	12.96	1/3	5/14/2019
#122 Men 200 Meter Dash Gr.8 Prelims	26.32	1/4	5/16/2019
#124 Men 400 Meter Dash Gr.8 Prelims	58.79	1/5	5/13/2019
26. Viktor Kim - Male - Comp#: 1057 - Ind/Rel: 1 / 0			
#66 Men Discus Throw 1.75 kg Senior	33.45m	1/19	5/13/2019
27. Atkinson Kuo - Male - Comp#: 1058 - Ind/Rel: 2 / 0			
#40 Men 800 Meter Run Junior Prelims	2:18.96	1/8	5/16/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:14.30	1/5	5/16/2019
28. Dani Kurylyk - Female - Comp#: 1059 - Ind/Rel: 2 / 0			
#29 Women 100 Meter Dash Junior Prelims	13.54	1/6	5/14/2019
#81 Women Long Jump Junior	4.41m	1/18	5/16/2019
29. Katie Laface - Female - Comp#: 1060 - Ind/Rel: 2 / 0			
#31 Women 100 Meter Dash Senior Prelims	14.13	3/8	5/14/2019
#49 Women 200 Meter Dash Senior Prelims	29.36	1/8	5/16/2019
30. Daryl Lim - Male - Comp#: 1061 - Ind/Rel: 1 / 0			
#34 Men 2000 Meter Steeplechase 33" Senior	8:02.68	1/22	5/16/2019
31. Camron Lockyer - Male - Comp#: 1062 - Ind/Rel: 2 / 0			
#82 Men Triple Jump Junior	11.35m	1/15	5/14/2019
#88 Men Javelin Throw 700 gram Junior	29.70m	1/12	5/13/2019
32. Emily Lukan - Female - Comp#: 1063 - Ind/Rel: 1 / 0			
#75 Women Javelin Throw 500 gram Junior	20.59m	1/8	5/13/2019
33. Daniel Martinez - Male - Comp#: 1064 - Ind/Rel: 1 / 0			
#54 Men 3000 Meter Run Senior	12:22.61	1/21	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Walnut Grove Secondary (WALN)**

34. Samantha Matthewman - Female - Comp#: 1065 - Ind/Rel: 2 / 0			
#9 Women 400 Meter Run Senior Prelims	1:04.36	2/5	5/13/2019
#105 Women 400 Meter Hurdles Senior	1:11.46	1/7	5/14/2019
35. Julia Meszarus - Female - Comp#: 1066 - Ind/Rel: 1 / 0			
#129 Women 3000 Meter Run Gr.8	12:26.99	1/5	5/13/2019
36. Callum Middleton - Male - Comp#: 1067 - Ind/Rel: 2 / 0			
#48 Men 200 Meter Dash Junior Prelims	25.19	3/8	5/16/2019
#104 Men 300 Meter Hurdles Junior	45.96	2/4	5/14/2019
37. David Midgley - Male - Comp#: 1068 - Ind/Rel: 3 / 0			
#32 Men 100 Meter Dash Senior Prelims	11.59	1/3	5/14/2019
#50 Men 200 Meter Dash Senior Prelims	22.74	1/4	5/16/2019
#90 Men Long Jump Senior	5.91m	1/21	5/14/2019
38. Richard Midgley - Male - Comp#: 1069 - Ind/Rel: 2 / 0			
#14 Men 1500 Meter Run Senior	4:27.67	1/6	5/14/2019
#42 Men 800 Meter Run Senior Prelims	2:07.59	3/3	5/16/2019
39. Jakob Neufeld - Male - Comp#: 1070 - Ind/Rel: 1 / 0			
#83 Men Hammer Throw 5 kg Junior	23.47m	1/8	5/16/2019
40. Bob Nicol - Male - Comp#: 1071 - Ind/Rel: 2 / 0			
#50 Men 200 Meter Dash Senior Prelims	24.88	2/8	5/16/2019
#90 Men Long Jump Senior	5.88m	1/20	5/14/2019
41. Hope Nystrom - Female - Comp#: 1072 - Ind/Rel: 2 / 0			
#62 Women Shot Put 3 kg Junior	9.57m	1/15	5/14/2019
#81 Women Long Jump Junior	4.14m	1/10	5/16/2019
42. Rachel Parchment - Female - Comp#: 1073 - Ind/Rel: 1 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	15.15	2/3	5/16/2019
43. Kiera Pemberton - Female - Comp#: 1074 - Ind/Rel: 3 / 0			
#127 Women 1500 Meter Run Gr.8	5:29.56	1/4	5/14/2019
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	15.71	2/5	5/16/2019
#135 Women High Jump Gr.8	1.40m	1/13	5/13/2019
44. Daylen Peterson - Male - Comp#: 1075 - Ind/Rel: 2 / 0			
#12 Men 1500 Meter Run Junior	4:55.44	1/22	5/14/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:14.06	1/11	5/16/2019
45. Logan Picard - Male - Comp#: 1076 - Ind/Rel: 1 / 0			
#40 Men 800 Meter Run Junior Prelims	2:17.76	2/6	5/16/2019
46. Crizel Prado - Female - Comp#: 1077 - Ind/Rel: 1 / 0			
#121 Women 200 Meter Dash Gr.8 Prelims	32.58	2/2	5/16/2019
47. Nick Raymond - Male - Comp#: 1078 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:34.86	1/5	5/14/2019
#52 Men 3000 Meter Run Junior	9:55.73	1/5	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	4:52.49	1/10	5/16/2019
48. Nicholas Reimer - Male - Comp#: 1079 - Ind/Rel: 3 / 0			
#63 Men Discus Throw 1.5 kg Junior	32.43m	1/20	5/13/2019
#76 Men Shot Put 5 kg Junior	10.59m	1/17	5/14/2019
#83 Men Hammer Throw 5 kg Junior	27.10m	1/11	5/16/2019
49. Naomi Reisdorf - Female - Comp#: 1080 - Ind/Rel: 3 / 0			
#13 Women 1500 Meter Run Senior	5:13.74	1/11	5/14/2019
#33 Women 1500 Meter Steeplechase 30" Senior	6:01.67	1/9	5/16/2019
#53 Women 3000 Meter Run Senior	10:56.34	1/6	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Walnut Grove Secondary (WALN)**

50. Veronica Robertson - Female - Comp#: 1081 - Ind/Rel: 3 / 0			
#7 Women 400 Meter Run Junior Prelims	1:04.21	2/5	5/13/2019
#29 Women 100 Meter Dash Junior Prelims	13.41	3/3	5/14/2019
#47 Women 200 Meter Dash Junior Prelims	28.93	2/3	5/16/2019
51. Maximilian Rodermond - Male - Comp#: 1082 - Ind/Rel: 2 / 0			
#113 Men 1500 Meter Race Walk Junior	8:43.35	1/3	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:21.12	1/8	5/16/2019
52. Emma Rolfson - Female - Comp#: 1083 - Ind/Rel: 1 / 0			
#33 Women 1500 Meter Steeplechase 30" Senior	6:08.98	1/12	5/16/2019
53. Daniela Sada - Female - Comp#: 1084 - Ind/Rel: 1 / 0			
#97 Women High Jump Junior	1.15m	1/1	5/14/2019
54. Kayla Serviss - Female - Comp#: 1085 - Ind/Rel: 2 / 0			
#33 Women 1500 Meter Steeplechase 30" Senior	6:25.27	1/18	5/16/2019
#98 Women Javelin Throw 600 gram Senior	25.05m	1/14	5/14/2019
55. Krysta Serviss - Female - Comp#: 1086 - Ind/Rel: 1 / 0			
#33 Women 1500 Meter Steeplechase 30" Senior	6:25.28	1/19	5/16/2019
56. Lina Shalaby - Female - Comp#: 1087 - Ind/Rel: 2 / 0			
#13 Women 1500 Meter Run Senior	5:25.07	1/16	5/14/2019
#41 Women 800 Meter Run Senior Prelims	2:34.96	2/3	5/16/2019
57. Christian Shimmin - Male - Comp#: 1088 - Ind/Rel: 2 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:29.04	1/6	5/16/2019
#130 Men 3000 Meter Run Gr.8	10:46.31	1/7	5/13/2019
58. Paul Smit - Male - Comp#: 1089 - Ind/Rel: 1 / 0			
#60 Men Javelin Throw 800 gram Senior	44.55m	1/15	5/14/2019
59. Kelsy Stelnicki - Female - Comp#: 1090 - Ind/Rel: 1 / 0			
#53 Women 3000 Meter Run Senior	12:32.33	1/18	5/13/2019
60. Thomas Stelnicki - Male - Comp#: 1091 - Ind/Rel: 2 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:31.60	3/6	5/16/2019
#128 Men 1500 Meter Run Gr.8	5:09.34	1/12	5/14/2019
61. Danica Tasker - Female - Comp#: 1092 - Ind/Rel: 1 / 0			
#98 Women Javelin Throw 600 gram Senior	19.71m	1/5	5/14/2019
62. Nick Thomson - Male - Comp#: 1093 - Ind/Rel: 3 / 0			
#126 Men 800 Meter Run Gr.8 Prelims	2:35.74	3/2	5/16/2019
#128 Men 1500 Meter Run Gr.8	5:13.93	1/16	5/14/2019
#130 Men 3000 Meter Run Gr.8	11:08.53	1/12	5/13/2019
63. Nick Tudhope - Male - Comp#: 1094 - Ind/Rel: 1 / 0			
#52 Men 3000 Meter Run Junior	11:02.17	1/20	5/13/2019
64. Laila Vaissade - Female - Comp#: 1095 - Ind/Rel: 2 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	2:44.91	1/3	5/16/2019
#127 Women 1500 Meter Run Gr.8	5:39.10	1/7	5/14/2019
65. Jemma Van Grol - Female - Comp#: 1096 - Ind/Rel: 1 / 0			
#127 Women 1500 Meter Run Gr.8	5:48.22	1/10	5/14/2019
66. Sophie Walker - Female - Comp#: 1097 - Ind/Rel: 2 / 0			
#127 Women 1500 Meter Run Gr.8	6:10.03	1/13	5/14/2019
#129 Women 3000 Meter Run Gr.8	13:22.82	1/8	5/13/2019
67. Gabriel Whittaker - Male - Comp#: 1098 - Ind/Rel: 3 / 0			
#12 Men 1500 Meter Run Junior	4:53.09	1/19	5/14/2019
#52 Men 3000 Meter Run Junior	10:35.01	1/11	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:13.89	1/15	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Walnut Grove Secondary (WALN)**

68.	Prabhasha Wickramaarachchi - Female - Comp#: 1099 - Ind/Rel: 2 / 0			
	#64 Women Long Jump Senior	4.69m	1/20	5/13/2019
	#105 Women 400 Meter Hurdles Senior	1:07.62	1/4	5/14/2019
69.	Keanan Williams - Male - Comp#: 1100 - Ind/Rel: 1 / 0			
	#24 Men 100 Meter Hurdles 33" Junior Prelims	20.73	2/2	5/16/2019
70.	Evan Wright - Male - Comp#: 1101 - Ind/Rel: 3 / 0			
	#10 Men 400 Meter Run Senior Prelims	54.32	2/6	5/13/2019
	#50 Men 200 Meter Dash Senior Prelims	24.87	2/7	5/16/2019
	#110 Men 400 Meter Hurdles Senior	1:07.19	1/6	5/14/2019
71.	Talyn Ziemer - Female - Comp#: 1102 - Ind/Rel: 2 / 0			
	#59 Women Discus Throw 1 kg Senior	24.96m	1/15	5/13/2019
	#98 Women Javelin Throw 600 gram Senior	23.89m	1/12	5/14/2019
1.	Walnut Grove Secondary - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	57.22	2/6	5/13/2019
2.	Walnut Grove Secondary - 'A'			
	#20 Men 4x100 Meter Relay Junior Prelims	50.15	2/8	5/13/2019
3.	Walnut Grove Secondary - 'B'			
	#20 Men 4x100 Meter Relay Junior Prelims	50.89	1/2	5/13/2019
4.	Walnut Grove Secondary - 'A'			
	#21 Women 4x100 Meter Relay Senior Prelims	50.27	2/4	5/13/2019
5.	Walnut Grove Secondary - 'B'			
	#21 Women 4x100 Meter Relay Senior Prelims	56.88	1/8	5/13/2019
6.	Walnut Grove Secondary - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	44.83	1/4	5/13/2019
7.	Walnut Grove Secondary - 'A'			
	#35 Women 4x400 Meter Relay Senior	4:13.33	1/4	5/14/2019
8.	Walnut Grove Secondary - 'B'			
	#35 Women 4x400 Meter Relay Senior	4:53.07	2/5	5/14/2019
9.	Walnut Grove Secondary - 'C'			
	#35 Women 4x400 Meter Relay Senior	5:02.94	2/6	5/14/2019
10.	Walnut Grove Secondary - 'A'			
	#36 Men 4x400 Meter Relay Senior	3:32.65	1/4	5/14/2019
11.	Walnut Grove Secondary - 'B'			
	#36 Men 4x400 Meter Relay Senior	3:46.54	1/1	5/14/2019
12.	Walnut Grove Secondary - 'A'			
	#107 Women 4x400 Meter Relay Junior	4:34.84	2/3	5/14/2019
13.	Walnut Grove Secondary - 'B'			
	#107 Women 4x400 Meter Relay Junior	4:56.00	1/5	5/14/2019
14.	Walnut Grove Secondary - 'A'			
	#108 Men 4x400 Meter Relay Junior	4:05.97	2/1	5/14/2019
15.	Walnut Grove Secondary - 'B'			
	#108 Men 4x400 Meter Relay Junior	4:11.15	1/3	5/14/2019
16.	Walnut Grove Secondary - 'C'			
	#108 Men 4x400 Meter Relay Junior	4:15.50	1/7	5/14/2019
17.	Walnut Grove Secondary - 'A'			
	#145 Women 4x100 Meter Relay Gr.8	58.74	1/5	5/16/2019
18.	Walnut Grove Secondary - 'A'			
	#146 Men 4x100 Meter Relay Gr.8	52.24	2/6	5/16/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

**Walnut Grove Secondary (WALN)**

19.	Walnut Grove Secondary - 'A'			
	#147 Women 4x400 Meter Relay Gr.8	5:03.97	1/4	5/14/2019
20.	Walnut Grove Secondary - 'A'			
	#148 Men 4x400 Meter Relay Gr.8	4:21.02	2/4	5/14/2019
	<b>Walnut Grove Secondary</b>	<b>Total Individual Entries: 131 - Total Relays: 20</b>		



**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Westview Secondary (WSS)**

1. Samantha Burshtynski - Female - Comp#: 1103 - Ind/Rel: 1 / 0 #25 Women 100 Meter Hurdles 33" Senior Prelims	21.33	1/1	5/16/2019
2. Soren Corcoran - Male - Comp#: 1104 - Ind/Rel: 2 / 0 #122 Men 200 Meter Dash Gr.8 Prelims	29.21	2/8	5/16/2019
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	17.89	1/4	5/16/2019
3. Cassidy Nicholson - Female - Comp#: 1105 - Ind/Rel: 1 / 0 #49 Women 200 Meter Dash Senior Prelims	29.13	2/7	5/16/2019
4. Megan Robertson - Female - Comp#: 1106 - Ind/Rel: 1 / 0 #97 Women High Jump Junior	1.45m	1/10	5/14/2019
5. Hsin-Yi (lili) Wang - Female - Comp#: 1107 - Ind/Rel: 1 / 0 #7 Women 400 Meter Run Junior Prelims	1:13.89	3/2	5/13/2019

**Westview Secondary Total Individual Entries: 6 - Total Relays: 0**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****White Rock Christian Academy (WRCA)**

1. Nicholas Coulter - Male - Comp#: 1108 - Ind/Rel: 2 / 0			
#10 Men 400 Meter Run Senior Prelims	55.93	1/8	5/13/2019
#110 Men 400 Meter Hurdles Senior	1:05.94	1/4	5/14/2019
2. Nathan Davidson - Male - Comp#: 1109 - Ind/Rel: 1 / 0			
#104 Men 300 Meter Hurdles Junior	50.78	3/5	5/14/2019
3. Emma Fang - Female - Comp#: 1110 - Ind/Rel: 3 / 0			
#125 Women 800 Meter Run Gr.8 Prelims	3:16.97	1/1	5/16/2019
#127 Women 1500 Meter Run Gr.8	6:46.16	1/15	5/14/2019
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	21.78	1/2	5/16/2019
4. Kevin Gao - Male - Comp#: 1111 - Ind/Rel: 1 / 0			
#113 Men 1500 Meter Race Walk Junior	9:01.57	1/6	5/13/2019
5. Elena Hu - Female - Comp#: 1112 - Ind/Rel: 2 / 0			
#131 Women 80 Meter Hurdles 30" Gr.8 Prelims	19.97	2/2	5/16/2019
#133 Women 200 Meter Hurdles 30" Gr.8	37.99	1/5	5/14/2019
6. Marcelo Huatuco - Male - Comp#: 1113 - Ind/Rel: 2 / 0			
#34 Men 2000 Meter Steeplechase 33" Senior	7:36.68	1/14	5/16/2019
#54 Men 3000 Meter Run Senior	10:48.59	1/19	5/13/2019
7. Jaden Mathew - Male - Comp#: 1114 - Ind/Rel: 2 / 0			
#122 Men 200 Meter Dash Gr.8 Prelims	27.97	1/6	5/16/2019
#134 Men 200 Meter Hurdles 30" Gr.8	31.86	2/6	5/14/2019
8. Evan Murray - Male - Comp#: 1115 - Ind/Rel: 1 / 0			
#112 Men Hammer Throw 6 kg Senior	11.77m	1/1	5/16/2019
9. Sean Murray - Male - Comp#: 1116 - Ind/Rel: 2 / 0			
#52 Men 3000 Meter Run Junior	10:53.37	1/19	5/13/2019
#114 Men 1500 Meter Steeplechase 30" Junior	5:07.63	1/9	5/16/2019
10. Jacob Niblet - Male - Comp#: 1117 - Ind/Rel: 2 / 0			
#24 Men 100 Meter Hurdles 33" Junior Prelims	18.95	2/1	5/16/2019
#93 Men High Jump Junior	1.50m	1/2	5/14/2019
11. Owen Pinto - Male - Comp#: 1118 - Ind/Rel: 2 / 0			
#8 Men 400 Meter Run Junior Prelims	54.30	2/4	5/13/2019
#40 Men 800 Meter Run Junior Prelims	2:12.73	2/3	5/16/2019
12. Henry Rhu - Male - Comp#: 1119 - Ind/Rel: 1 / 0			
#120 Men 100 Meter Dash Gr.8 Prelims	13.14	2/3	5/14/2019
13. Naho Shimizu - Female - Comp#: 1120 - Ind/Rel: 2 / 0			
#25 Women 100 Meter Hurdles 33" Senior Prelims	23.31	2/1	5/16/2019
#41 Women 800 Meter Run Senior Prelims	3:04.66	2/8	5/16/2019
14. Evan Slofstra - Male - Comp#: 1121 - Ind/Rel: 1 / 0			
#114 Men 1500 Meter Steeplechase 30" Junior	5:06.53	1/12	5/16/2019
15. Ryota Takahashi - Male - Comp#: 1122 - Ind/Rel: 1 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	22.70	2/8	5/16/2019
16. Harry Xie - Male - Comp#: 1123 - Ind/Rel: 1 / 0			
#132 Men 100 Meter Hurdles 33" Gr.8 Prelims	21.93	2/7	5/16/2019
17. Niam Zbitniff - Male - Comp#: 1124 - Ind/Rel: 3 / 0			
#124 Men 400 Meter Dash Gr.8 Prelims	1:03.68	1/6	5/13/2019
#134 Men 200 Meter Hurdles 30" Gr.8	32.33	2/7	5/14/2019
#136 Men High Jump Gr.8	1.40m	1/11	5/14/2019
1. White Rock Christian Academy - 'A'			
#36 Men 4x400 Meter Relay Senior	4:10.17	2/7	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

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**White Rock Christian Academy (WRCA)**

2.	White Rock Christian Academy - 'A' #107 Women 4x400 Meter Relay Junior	5:29.47	1/2	5/14/2019
3.	White Rock Christian Academy - 'A' #108 Men 4x400 Meter Relay Junior	4:12.99	1/6	5/14/2019
4.	White Rock Christian Academy - 'A' #148 Men 4x400 Meter Relay Gr.8	4:29.04	2/7	5/14/2019

**White Rock Christian Academy Total Individual Entries: 29 - Total Relays: 4**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Yale Secondary (YASS)**

1. Asiah Demsky - Female - Comp#: 1125 - Ind/Rel: 2 / 0			
#23 Women 80 Meter Hurdles Junior Prelims	16.63	2/8	5/16/2019
#103 Women 300 Meter Hurdles Junior	1:01.18	1/6	5/14/2019
2. Kiera Diotte - Female - Comp#: 1126 - Ind/Rel: 1 / 0			
#109 Women 1500 Meter Race Walk Junior	9:37.97	1/5	5/13/2019
3. Russell Gilroy - Male - Comp#: 1127 - Ind/Rel: 3 / 0			
#90 Men Long Jump Senior	5.79m	1/18	5/14/2019
#100 Men Shot Put 6 kg Senior	10.00m	1/10	5/16/2019
#111 Men High Jump Senior	1.80m	1/6	5/13/2019
4. Amanda Jansen - Female - Comp#: 1128 - Ind/Rel: 1 / 0			
#9 Women 400 Meter Run Senior Prelims	1:13.30	3/2	5/13/2019
5. Ella Johnson - Female - Comp#: 1129 - Ind/Rel: 3 / 0			
#7 Women 400 Meter Run Junior Prelims	1:16.15	1/2	5/13/2019
#87 Women Discus Throw 1 kg Junior	18.82m	1/13	5/14/2019
#103 Women 300 Meter Hurdles Junior	57.18	1/5	5/14/2019
6. Jake Loverock - Male - Comp#: 1130 - Ind/Rel: 2 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	17.48	2/3	5/16/2019
#110 Men 400 Meter Hurdles Senior	1:08.07	1/7	5/14/2019
7. Marisa MacDonald - Female - Comp#: 1131 - Ind/Rel: 2 / 0			
#59 Women Discus Throw 1 kg Senior	17.80m	1/7	5/13/2019
#94 Women Shot Put 4 kg Senior	7.57m	1/10	5/14/2019
8. Amardeep Mann - Male - Comp#: 1132 - Ind/Rel: 3 / 0			
#14 Men 1500 Meter Run Senior	4:27.78	1/7	5/14/2019
#34 Men 2000 Meter Steeplechase 33" Senior	6:45.75	1/4	5/16/2019
#42 Men 800 Meter Run Senior Prelims	2:07.72	3/6	5/16/2019
9. Halle May - Female - Comp#: 1133 - Ind/Rel: 3 / 0			
#3 Women 1500 Meter Steeplechase 30" Junior	7:23.86	1/16	5/16/2019
#11 Women 1500 Meter Run Junior	6:08.72	1/22	5/14/2019
#39 Women 800 Meter Run Junior Prelims	3:01.05	3/2	5/16/2019
10. Maggie McMurchy - Female - Comp#: 1134 - Ind/Rel: 1 / 0			
#47 Women 200 Meter Dash Junior Prelims	29.67	1/1	5/16/2019
11. Daylan Nair - Male - Comp#: 1135 - Ind/Rel: 3 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	18.12	3/6	5/16/2019
#60 Men Javelin Throw 800 gram Senior	34.05m	1/9	5/14/2019
#110 Men 400 Meter Hurdles Senior	1:08.64	1/8	5/14/2019
12. Jarek Obregon - Male - Comp#: 1136 - Ind/Rel: 1 / 0			
#76 Men Shot Put 5 kg Junior	9.70m	1/8	5/14/2019
13. Travis Prachnau - Male - Comp#: 1137 - Ind/Rel: 2 / 0			
#26 Men 110 Meter Hurdles 36" Senior Prelims	18.91	1/7	5/16/2019
#60 Men Javelin Throw 800 gram Senior	31.70m	1/4	5/14/2019
14. David Price - Male - Comp#: 1138 - Ind/Rel: 1 / 0			
#110 Men 400 Meter Hurdles Senior	1:08.85	1/1	5/14/2019
15. Matthew Price - Male - Comp#: 1139 - Ind/Rel: 2 / 0			
#24 Men 100 Meter Hurdles 33" Junior Prelims	17.84	2/7	5/16/2019
#104 Men 300 Meter Hurdles Junior	47.84	2/7	5/14/2019
16. Nic Schmidt - Male - Comp#: 1140 - Ind/Rel: 3 / 0			
#8 Men 400 Meter Run Junior Prelims	57.05	2/7	5/13/2019
#63 Men Discus Throw 1.5 kg Junior	26.00m	1/14	5/13/2019
#76 Men Shot Put 5 kg Junior	8.73m	1/3	5/14/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Yale Secondary (YASS)**

17.	Markus Simpson - Male - Comp#: 1141 - Ind/Rel: 1 / 0			
	#113 Men 1500 Meter Race Walk Junior	10:26.52	1/15	5/13/2019
18.	Andrew Thomson - Male - Comp#: 1142 - Ind/Rel: 2 / 0			
	#10 Men 400 Meter Run Senior Prelims	54.91	2/7	5/13/2019
	#42 Men 800 Meter Run Senior Prelims	2:12.02	3/8	5/16/2019
1.	Yale Secondary - 'A'			
	#19 Women 4x100 Meter Relay Junior Prelims	1:00.73	1/1	5/13/2019
2.	Yale Secondary - 'A'			
	#22 Men 4x100 Meter Relay Senior Prelims	47.57	1/1	5/13/2019
3.	Yale Secondary - 'A'			
	#107 Women 4x400 Meter Relay Junior	5:14.99	1/6	5/14/2019
4.	Yale Secondary - 'A'			
	#108 Men 4x400 Meter Relay Junior	4:31.35	1/2	5/14/2019

**Yale Secondary      Total Individual Entries: 36   -   Total Relays: 4**

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019****Macleod Athletic Park, Langley****School Entries - All Events****Yorkson Creek Middle School (YCMS)**

1. Kian Cordoba - Male - Comp#: 1143 - Ind/Rel: 0 / 1 #148 Men 4x400 Meter Relay Gr.8 (2)	4:35.28	1/4	5/14/2019
2. Kenzie Dalphond - Female - Comp#: 1144 - Ind/Rel: 2 / 0 #135 Women High Jump Gr.8	1.30m	1/7	5/13/2019
#139 Women Javelin Throw 500 gr Gr.8	17.46m	1/10	5/14/2019
3. Bailey Doerksen - Female - Comp#: 1145 - Ind/Rel: 2 / 0 #123 Women 400 Meter Dash Gr.8 Prelims	1:10.15	2/6	5/13/2019
#137 Women Long Jump Gr.8	3.84m	1/5	5/14/2019
4. Troy Edwards - Male - Comp#: 1146 - Ind/Rel: 3 / 0 #126 Men 800 Meter Run Gr.8 Prelims	2:34.98	2/8	5/16/2019
#128 Men 1500 Meter Run Gr.8	5:08.49	1/11	5/14/2019
#130 Men 3000 Meter Run Gr.8	10:39.94	1/6	5/13/2019
5. Nange Ekane - Female - Comp#: 1147 - Ind/Rel: 1 / 0 #123 Women 400 Meter Dash Gr.8 Prelims	1:17.65	1/1	5/13/2019
6. Kyan Goncalves - Male - Comp#: 1148 - Ind/Rel: 2 / 0 #124 Men 400 Meter Dash Gr.8 Prelims	1:01.99	3/5	5/13/2019
#140 Men Javelin Throw 600 gr Gr.8	21.12m	1/10	5/16/2019
7. Kyan Gonclaves - Male - Comp#: 1149 - Ind/Rel: 0 / 1 #148 Men 4x400 Meter Relay Gr.8 (4)	4:35.28	1/4	5/14/2019
8. Madison Gordon - Female - Comp#: 1150 - Ind/Rel: 3 / 0 #133 Women 200 Meter Hurdles 30" Gr.8	31.56	2/5	5/14/2019
#135 Women High Jump Gr.8	1.30m	1/8	5/13/2019
#137 Women Long Jump Gr.8	4.03m	1/15	5/14/2019
9. Harshdeep Jakhu - Male - Comp#: 1151 - Ind/Rel: 2 / 0 #142 Men Shot Put 4 kg Gr.8	8.35m	1/7	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	20.64m	1/9	5/14/2019
10. Donavon McKenzie - Male - Comp#: 1152 - Ind/Rel: 1 / 0 #120 Men 100 Meter Dash Gr.8 Prelims	13.22	1/8	5/14/2019
11. Noah Melanson - Male - Comp#: 1153 - Ind/Rel: 2 / 1 #124 Men 400 Meter Dash Gr.8 Prelims	1:06.75	1/8	5/13/2019
#134 Men 200 Meter Hurdles 30" Gr.8	33.13	1/5	5/14/2019
#146 Men 4x100 Meter Relay Gr.8 (2)	52.14	2/3	5/16/2019
12. Kieran Pires - Male - Comp#: 1154 - Ind/Rel: 0 / 1 #148 Men 4x400 Meter Relay Gr.8 (3)	4:35.28	1/4	5/14/2019
13. Sophie Sumner - Female - Comp#: 1155 - Ind/Rel: 2 / 0 #125 Women 800 Meter Run Gr.8 Prelims	3:23.43	2/2	5/16/2019
#133 Women 200 Meter Hurdles 30" Gr.8	39.93	1/7	5/14/2019
14. Adit Vij - Male - Comp#: 1156 - Ind/Rel: 2 / 1 #142 Men Shot Put 4 kg Gr.8	6.36m	1/1	5/13/2019
#144 Men Discus Throw 1 kg Gr.8	18.96m	1/17	5/14/2019
#148 Men 4x400 Meter Relay Gr.8 (1)	4:35.28	1/4	5/14/2019
15. Jace Wiebe - Male - Comp#: 1157 - Ind/Rel: 2 / 1 #120 Men 100 Meter Dash Gr.8 Prelims	13.16	3/2	5/14/2019
#140 Men Javelin Throw 600 gr Gr.8	38.46m	1/22	5/16/2019
#146 Men 4x100 Meter Relay Gr.8 (1)	52.14	2/3	5/16/2019
16. Allan Yi - Male - Comp#: 1158 - Ind/Rel: 3 / 0 #132 Men 100 Meter Hurdles 33" Gr.8 Prelims	18.21	2/3	5/16/2019
#136 Men High Jump Gr.8	1.55m	1/18	5/14/2019
#149 Men Triple Jump Gr.8	10.56m	1/20	5/13/2019

**2019 Fraser Valley Championships - 5/13/2019 to 5/16/2019**

**Macleod Athletic Park, Langley**

**School Entries - All Events**

**Yorkson Creek Middle School (YCMS)**

17.	Andrew Yuun - Male - Comp#: 1159 - Ind/Rel: 3 / 1			
	#120 Men 100 Meter Dash Gr.8 Prelims	13.71	2/8	5/14/2019
	#122 Men 200 Meter Dash Gr.8 Prelims	28.27	3/7	5/16/2019
	#124 Men 400 Meter Dash Gr.8 Prelims	1:04.80	3/6	5/13/2019
	#146 Men 4x100 Meter Relay Gr.8 (4)	52.14	2/3	5/16/2019
1.	Yorkson Creek Middle School - 'A'			
	#146 Men 4x100 Meter Relay Gr.8	52.14	2/3	5/16/2019
	#1157 Jace Wiebe; #1153 Noah Melanson; #1159 Andrew Yuun			
2.	Yorkson Creek Middle School - 'A'			
	#148 Men 4x400 Meter Relay Gr.8	4:35.28	1/4	5/14/2019
	#1156 Adit Vij; #1143 Kian Cordoba; #1154 Kieran Pires; #1149 Kyan Gonclaves			
	<b>Yorkson Creek Middle School</b>	<b>Total Individual Entries: 30 - Total Relays: 2</b>		