

2018 BCHS MULTI CHAMPIONSHIPS

Surrey, BC
 South Surrey Athletic Park
 2018-05-25 - 2018-05-26



OFFICIAL MEET REPORT
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RESULTS

#1 Boys Outdoor Pentathlon (Grade 8)

Pl	Name	Team	Points
1	PARIS, Nate	Nanaimo District	2602
2	GHUMAN, Gurmun	Fleetwood Park School	2473
3	LUO, Yang	White Rock Christian Acade	2309
4	MANTLE, Myles	Kitsilano	2203
5	ARGERSKOV, Samuel	Kitsilano	1980
6	DEWITH, Cameron	ST Thomas More	1811
7	GIOVINAZZO, Marco	ST Thomas More	1706
8	LI, David	White Rock Christian Acade	1670
9	XU, Jeremy	Abbotsford Christian School	1667
10	CLARKE, Zylomon	King's Christian School	1665
11	MARTINEZ, Christian	ST Thomas More	1630
12	MORROW, Landon	Abbotsford Christian School	1589
13	CHUNG, Jeewoo	Walnut Grove Secondary	1535
14	REIMER, Nick	Walnut Grove Secondary	1435
	MELLENGER, Miles	White Rock Christian Acade	NP

#1-1 Men's Outdoor Pentathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	PARIS, Nate	Nanaimo District	5.22m (NW)							425
2	LUO, Yang	White Rock Christi	5.19m (NW)							419
3	GHUMAN, Gurmun	Fleetwood Park S	5.00m (NW)							382
4	ARGERSKOV, Samuel	Kitsilano	4.81m (NW)							346
5	CLARKE, Zylomon	King's Christian Sc	4.58m (NW)							304
6	DEWITH, Cameron	ST Thomas More	4.46m (NW)							283
7	MANTLE, Myles	Kitsilano	4.42m (NW)							276
8	LI, David	White Rock Christi	4.37m (NW)							267
9	MARTINEZ, Christian	ST Thomas More	4.31m (NW)							257
10	GIOVINAZZO, Marco	ST Thomas More	4.26m (NW)							249
11	MORROW, Landon	Abbotsford Christi	4.24m (NW)							245
12	REIMER, Nick	Walnut Grove Sec	4.18m (NW)							235
13	XU, Jeremy	Abbotsford Christi	4.13m (NW)							227
14	CHUNG, Jeewoo	Walnut Grove Sec	4.02m (NW)							209
	MELLENGER, Miles	White Rock Christi	DNS							

Men's Outdoor Pentathlon After 1 Events

Pl	Athlete	Team	Points
1	PARIS, Nate	Nanaimo District	425
2	LUO, Yang	White Rock Christian	419
3	GHUMAN, Gurmun	Fleetwood Park Scho	382
4	ARGERSKOV, Sam	Kitsilano	346
5	CLARKE, Zylomon	King's Christian Scho	304
6	DEWITH, Cameron	ST Thomas More	283
7	MANTLE, Myles	Kitsilano	276
8	LI, David	White Rock Christian	267
9	MARTINEZ, Christia	ST Thomas More	257
10	GIOVINAZZO, Marc	ST Thomas More	249

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Men's Outdoor Pentathlon After 1 Events (cont'd)

Pl	Athlete	Team	Points
11	MORROW, Landon	Abbotsford Christian	245
12	REIMER, Nick	Walnut Grove Secon	235
13	XU, Jeremy	Abbotsford Christian	227
14	CHUNG, Jeewoo	Walnut Grove Secon	209

#1-2 Men's Outdoor Pentathlon High Jump

Pl	Name	Team	Mark	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	Pts
1	PARIS, Nate	Nanaimo District	1.61m	P	P	P	O	P	O	O	O	XO	XXX	472
2	CLARKE, Zylomon	King's Christian Sc	1.46m	XXO	XO	XO	XO	XXX						360
3	DEWITH, Cameron	ST Thomas More	1.46m	O	O	O	XXO	XXX						360
4	MARTINEZ, Christian	ST Thomas More	1.46m	XO	XO	O	XXO	XXX						360
5	LUO, Yang	White Rock Christi	1.46m	XO	XO	XO	XXO	XXX						360
6	MANTLE, Myles	Kitsilano	1.43m	O	O	O	XXX							338
7	ARGERSKOV, Samuel	Kitsilano	1.43m	XO	XO	XO	XXX							338
8	GHUMAN, Gurmun	Fleetwood Park S	1.40m	O	O	XXX								317
9	CHUNG, Jeewoo	Walnut Grove Sec	1.37m	XXO	XXX									297
10	GIOVINAZZO, Marco	ST Thomas More	1.34m	XXX										276

Pl	Name	Team	Mark	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	Pts
2	CLARKE, Zylomon	King's Christian Sc	(cont'd)	P	P	O	P	O	P	O	O	O	360
3	DEWITH, Cameron	ST Thomas More	(cont'd)	P	P	P	P	P	O	O	O	O	360
4	MARTINEZ, Christian	ST Thomas More	(cont'd)	P	P	P	P	P	P	O	O	O	360
5	LUO, Yang	White Rock Christi	(cont'd)	O	O	O	O	O	O	O	O	O	360
6	MANTLE, Myles	Kitsilano	(cont'd)	P	O	O	O	O	O	O	O	XO	338
7	ARGERSKOV, Samuel	Kitsilano	(cont'd)	P	P	P	P	O	O	O	O	XO	338
9	CHUNG, Jeewoo	Walnut Grove Sec	(cont'd)	O	O	O	O	O	O	O	O	O	297
10	GIOVINAZZO, Marco	ST Thomas More	1.34m	P	P	P	P	O	O	O	O	XO	276
11	MORROW, Landon	Abbotsford Christi	1.31m	P	P	P	P	O	O	O	O	XXX	257
11	LI, David	White Rock Christi	1.31m	P	P	P	O	O	O	O	O	XXX	257
13	XU, Jeremy	Abbotsford Christi	1.25m	O	O	O	O	O	XO	XXX			218
14	REIMER, Nick	Walnut Grove Sec	1.25m	P	P	O	O	O	XXO	XXX			218

Men's Outdoor Pentathlon After 2 Events

Pl	Athlete	Team	Points
1	PARIS, Nate	Nanaimo District	897
2	LUO, Yang	White Rock Christian	779
3	GHUMAN, Gurmun	Fleetwood Park Scho	699
4	ARGERSKOV, Sam	Kitsilano	684
5	CLARKE, Zylomon	King's Christian Scho	664
6	DEWITH, Cameron	ST Thomas More	643
7	MARTINEZ, Christia	ST Thomas More	617
8	MANTLE, Myles	Kitsilano	614
9	GIOVINAZZO, Marc	ST Thomas More	525
10	LI, David	White Rock Christian	524
11	CHUNG, Jeewoo	Walnut Grove Secon	506
12	MORROW, Landon	Abbotsford Christian	502
13	REIMER, Nick	Walnut Grove Secon	453

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Men's Outdoor Pentathlon After 2 Events (cont'd)

Pl	Athlete	Team	Points
14	XU, Jeremy	Abbotsford Christian	445
15	MELLENGER, Miles	White Rock Christian	

#1-3 Men's Outdoor Pentathlon 100m Hurdles

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	PARIS, Nate	Nanaimo District	15.79		(NW) 1(1)	757
2	LUO, Yang	White Rock Christian Acade	15.82		(NW) 1(2)	753
3	GHUMAN, Gurmun	Fleetwood Park School	16.52		(NW) 1(3)	675
4	MANTLE, Myles	Kitsilano	17.11		(NW) 2(1)	613
5	XU, Jeremy	Abbotsford Christian School	18.11		(NW) 2(2)	514
6	LI, David	White Rock Christian Acade	18.68		(NW) 1(4)	461
7	ARGERSKOV, Samuel	Kitsilano	18.75		(NW) 2(3)	455
8	CLARKE, Zylomon	King's Christian School	18.92		(NW) 1(5)	439
9	DEWITH, Cameron	ST Thomas More	18.94		(NW) 2(4)	438
10	REIMER, Nick	Walnut Grove Secondary	19.45		(NW) 2(5)	394
11	CHUNG, Jeewoo	Walnut Grove Secondary	19.53		(NW) 1(6)	387
12	GIOVINAZZO, Marco	ST Thomas More	20.67		(NW) 2(6)	298
13	MORROW, Landon	Abbotsford Christian School	21.03		(NW) 1(7)	272
14	MARTINEZ, Christian	ST Thomas More	21.59		(NW) 2(7)	234
	MELLENGER, Miles	White Rock Christian Acade	DNS			2

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (NW)		
1	PARIS, Nate	Nanaimo District	15.79		757
2	LUO, Yang	White Rock Christian Acade	15.82		753
3	GHUMAN, Gurmun	Fleetwood Park School	16.52		675
4	LI, David	White Rock Christian Acade	18.68		461
5	CLARKE, Zylomon	King's Christian School	18.92		439
6	CHUNG, Jeewoo	Walnut Grove Secondary	19.53		387
7	MORROW, Landon	Abbotsford Christian School	21.03		272
Section 2 of 2			Wind: (NW)		
1	MANTLE, Myles	Kitsilano	17.11		613
2	XU, Jeremy	Abbotsford Christian School	18.11		514
3	ARGERSKOV, Samuel	Kitsilano	18.75		455
4	DEWITH, Cameron	ST Thomas More	18.94		438
5	REIMER, Nick	Walnut Grove Secondary	19.45		394
6	GIOVINAZZO, Marco	ST Thomas More	20.67		298
7	MARTINEZ, Christian	ST Thomas More	21.59		234
	MELLENGER, Miles	White Rock Christian Acade	DNS		

Men's Outdoor Pentathlon After 3 Events

Pl	Athlete	Team	Points
1	PARIS, Nate	Nanaimo District	1654
2	LUO, Yang	White Rock Christian	1532
3	GHUMAN, Gurmun	Fleetwood Park Scho	1374
4	MANTLE, Myles	Kitsilano	1227
5	ARGERSKOV, Sam	Kitsilano	1139

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Men's Outdoor Pentathlon After 3 Events (cont'd)

Pl	Athlete	Team	Points
6	CLARKE, Zylomon	King's Christian Scho	1103
7	DEWITH, Cameron	ST Thomas More	1081
8	LI, David	White Rock Christian	985
9	XU, Jeremy	Abbotsford Christian	959
10	CHUNG, Jeewoo	Walnut Grove Secon	893
11	MARTINEZ, Christia	ST Thomas More	851
12	REIMER, Nick	Walnut Grove Secon	847
13	GIOVINAZZO, Marc	ST Thomas More	823
14	MORROW, Landon	Abbotsford Christian	774

#1-4 Men's Outdoor Pentathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LI, David	White Rock Christi	10.87m							538
2	GHUMAN, Gurmun	Fleetwood Park S	9.78m							472
3	REIMER, Nick	Walnut Grove Sec	9.53m							457
4	GIOVINAZZO, Marco	ST Thomas More	8.68m							407
5	PARIS, Nate	Nanaimo District	8.57m							400
6	MANTLE, Myles	Kitsilano	8.43m							392
7	ARGERSKOV, Samuel	Kitsilano	8.18m							377
8	LUO, Yang	White Rock Christi	8.09m							372
9	MORROW, Landon	Abbotsford Christi	7.27m							323
10	CLARKE, Zylomon	King's Christian Sc	7.24m							321
11	MARTINEZ, Christian	ST Thomas More	6.89m							301
12	DEWITH, Cameron	ST Thomas More	6.18m							259
13	XU, Jeremy	Abbotsford Christi	6.08m							253
14	CHUNG, Jeewoo	Walnut Grove Sec	5.27m							207
	MELLENGER, Miles	White Rock Christi	DNS							

Men's Outdoor Pentathlon After 4 Events

Pl	Athlete	Team	Points
1	PARIS, Nate	Nanaimo District	2054
2	LUO, Yang	White Rock Christian	1904
3	GHUMAN, Gurmun	Fleetwood Park Scho	1846
4	MANTLE, Myles	Kitsilano	1619
5	LI, David	White Rock Christian	1523
6	ARGERSKOV, Sam	Kitsilano	1516
7	CLARKE, Zylomon	King's Christian Scho	1424
8	DEWITH, Cameron	ST Thomas More	1340
9	REIMER, Nick	Walnut Grove Secon	1304
10	GIOVINAZZO, Marc	ST Thomas More	1230
11	XU, Jeremy	Abbotsford Christian	1212
12	MARTINEZ, Christia	ST Thomas More	1152
13	CHUNG, Jeewoo	Walnut Grove Secon	1100
14	MORROW, Landon	Abbotsford Christian	1097

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#1-5 Men's Outdoor Pentathlon 1000 Meters

Pl	Name	Team	Time	Note	Pts
1	GHUMAN, Gurmun	Fleetwood Park School	3:03.89		627
2	MANTLE, Myles	Kitsilano	3:08.39		584
3	PARIS, Nate	Nanaimo District	3:12.34		548
4	MORROW, Landon	Abbotsford Christian School	3:18.74		492
5	MARTINEZ, Christian	ST Thomas More	3:20.43		478
6	GIOVINAZZO, Marco	ST Thomas More	3:20.68		476
7	DEWITH, Cameron	ST Thomas More	3:21.21		471
8	ARGERSKOV, Samuel	Kitsilano	3:22.15		464
9	XU, Jeremy	Abbotsford Christian School	3:23.19		455
10	CHUNG, Jeewoo	Walnut Grove Secondary	3:25.67		435
11	LUO, Yang	White Rock Christian Acade	3:29.37		405
12	CLARKE, Zylomon	King's Christian School	3:52.93		241
13	LI, David	White Rock Christian Acade	4:09.90		147
14	REIMER, Nick	Walnut Grove Secondary	4:13.29		131
	MELLENGER, Miles	White Rock Christian Acade		DNS	

Men's Outdoor Pentathlon After 5 Events

Pl	Athlete	Team	Points
1	PARIS, Nate	Nanaimo District	2602
2	GHUMAN, Gurmun	Fleetwood Park Scho	2473
3	LUO, Yang	White Rock Christian	2309
4	MANTLE, Myles	Kitsilano	2203
5	ARGERSKOV, Sam	Kitsilano	1980
6	DEWITH, Cameron	ST Thomas More	1811
7	GIOVINAZZO, Marc	ST Thomas More	1706
8	LI, David	White Rock Christian	1670
9	XU, Jeremy	Abbotsford Christian	1667
10	CLARKE, Zylomon	King's Christian Scho	1665
11	MARTINEZ, Christia	ST Thomas More	1630
12	MORROW, Landon	Abbotsford Christian	1589
13	CHUNG, Jeewoo	Walnut Grove Secon	1535
14	REIMER, Nick	Walnut Grove Secon	1435

#2 Girls Outdoor Pentathlon (Grade 8)

Pl	Name	Team	Points
1	ARCADI, Monika	Glenbrook Middle	2492
2	ANDREWS, Lucianna	ST Thomas More	2420
3	MILLARD, Emily	Handsworth	2416
4	NOORDAM, Eileen	Abbotsford Christian School	2213
5	FLEMING, Jacinda	Abbotsford Christian School	2017
6	PANG, Beatrice	ST Thomas More	1808
7	JACKSON, Jaidyn	Walnut Grove Secondary	1702
8	FRANCOIS, Hannah	White Rock Christian Acade	1532
9	CAO, Joanna	Walnut Grove Secondary	1246

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#2-1 Women's Outdoor Pentathlon 80m Hurdles

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	ARCADI, Monika	Glenbrook Middle	14.49		(NW) 2(1)	777
2	MILLARD, Emily	Handsworth	14.91		(NW) 1(1)	720
3	ANDREWS, Lucianna	ST Thomas More	15.15		(NW) 2(2)	689
4	NOORDAM, Eileen	Abbotsford Christian School	15.19		(NW) 2(3)	684
5	FLEMING, Jacinda	Abbotsford Christian School	16.09		(NW) 2(4)	573
6	PANG, Beatrice	ST Thomas More	16.47		(NW) 1(2)	528
7	JACKSON, Jaidyn	Walnut Grove Secondary	17.13		(NW) 2(5)	456
8	FRANCOIS, Hannah	White Rock Christian Acade	17.36		(NW) 1(3)	431
9	CAO, Joanna	Walnut Grove Secondary	17.57		(NW) 1(4)	410

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (NW)		
1	MILLARD, Emily	Handsworth	14.91		720
2	PANG, Beatrice	ST Thomas More	16.47		528
3	FRANCOIS, Hannah	White Rock Christian Acade	17.36		431
4	CAO, Joanna	Walnut Grove Secondary	17.57		410
Section 2 of 2			Wind: (NW)		
1	ARCADI, Monika	Glenbrook Middle	14.49		777
2	ANDREWS, Lucianna	ST Thomas More	15.15		689
3	NOORDAM, Eileen	Abbotsford Christian School	15.19		684
4	FLEMING, Jacinda	Abbotsford Christian School	16.09		573
5	JACKSON, Jaidyn	Walnut Grove Secondary	17.13		456

Women's Outdoor Pentathlon After 1 Events

Pl	Athlete	Team	Points
1	ARCADI, Monika	Glenbrook Middle	777
2	MILLARD, Emily	Handsworth	720
3	ANDREWS, Luciann	ST Thomas More	689
4	NOORDAM, Eileen	Abbotsford Christian	684
5	FLEMING, Jacinda	Abbotsford Christian	573
6	PANG, Beatrice	ST Thomas More	528
7	JACKSON, Jaidyn	Walnut Grove Secon	456
8	FRANCOIS, Hannah	White Rock Christian	431
9	CAO, Joanna	Walnut Grove Secon	410

#2-2 Women's Outdoor Pentathlon High Jump

Pl	Name	Team	Mark	1.18	1.21	1.24	1.27	1.30	1.33	1.36	1.39	1.42	1.45	Pts
1	MILLARD, Emily	Handsworth	1.42m	P	P	P	P	O	O	O	O	O	XXX	534
2	ANDREWS, Lucianna	ST Thomas More	1.42m	P	P	O	O	O	O	XO	O	XXO	XXX	534
3	ARCADI, Monika	Glenbrook Middle	1.36m	P	P	P	P	P	P	O	P	XXX		470
4	JACKSON, Jaidyn	Walnut Grove Sec	1.33m	O	O	O	O	XXO	O	XXX				439
5	PANG, Beatrice	ST Thomas More	1.30m	P	O	O	O	O	XXX					409
6	FLEMING, Jacinda	Abbotsford Christi	1.30m	O	XO	XXO	XXO	XO	XXX					409
7	FRANCOIS, Hannah	White Rock Christi	1.21m	O	O	XXX								321
8	NOORDAM, Eileen	Abbotsford Christi	1.21m	O	XO	XXX								321
9	CAO, Joanna	Walnut Grove Sec	1.18m	XO	XXX									293
Pl	Name	Team	Mark	1.15										Pts

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#2-2 Women's Outdoor Pentathlon High Jump (cont'd)

4	JACKSON, Jaidyn	Walnut Grove Sec	(cont'd)	O	439
6	FLEMING, Jacinda	Abbotsford Christi	(cont'd)	XO	409
7	FRANCOIS, Hannah	White Rock Christi	(cont'd)	XO	321
8	NOORDAM, Eileen	Abbotsford Christi	(cont'd)	O	321
9	CAO, Joanna	Walnut Grove Sec	(cont'd)	O	293

Women's Outdoor Pentathlon After 2 Events

Pl	Athlete	Team	Points
1	MILLARD, Emily	Handsworth	1254
2	ARCADI, Monika	Glenbrook Middle	1247
3	ANDREWS, Luciann	ST Thomas More	1223
4	NOORDAM, Eileen	Abbotsford Christian	1005
5	FLEMING, Jacinda	Abbotsford Christian	982
6	PANG, Beatrice	ST Thomas More	937
7	JACKSON, Jaidyn	Walnut Grove Secon	895
8	FRANCOIS, Hannah	White Rock Christian	752
9	CAO, Joanna	Walnut Grove Secon	703

#2-3 Women's Outdoor Pentathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	NOORDAM, Eileen	Abbotsford Christi	8.12m							407
2	ARCADI, Monika	Glenbrook Middle	6.76m							320
3	MILLARD, Emily	Handsworth	6.49m							302
4	FRANCOIS, Hannah	White Rock Christi	6.30m							290
5	ANDREWS, Lucianna	ST Thomas More	6.28m							289
6	FLEMING, Jacinda	Abbotsford Christi	5.95m							268
7	PANG, Beatrice	ST Thomas More	5.70m							252
8	JACKSON, Jaidyn	Walnut Grove Sec	4.86m							199
9	CAO, Joanna	Walnut Grove Sec	4.46m							175

Women's Outdoor Pentathlon After 3 Events

Pl	Athlete	Team	Points
1	ARCADI, Monika	Glenbrook Middle	1567
2	MILLARD, Emily	Handsworth	1556
3	ANDREWS, Luciann	ST Thomas More	1512
4	NOORDAM, Eileen	Abbotsford Christian	1412
5	FLEMING, Jacinda	Abbotsford Christian	1250
6	PANG, Beatrice	ST Thomas More	1189
7	JACKSON, Jaidyn	Walnut Grove Secon	1094
8	FRANCOIS, Hannah	White Rock Christian	1042
9	CAO, Joanna	Walnut Grove Secon	878

#2-4 Women's Outdoor Pentathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MILLARD, Emily	Handsworth	4.66m (NW)							469
2	FLEMING, Jacinda	Abbotsford Christi	4.28m (NW)							374
3	ANDREWS, Lucianna	ST Thomas More	4.23m (NW)							362
4	NOORDAM, Eileen	Abbotsford Christi	4.16m (NW)							345

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#2-4 Women's Outdoor Pentathlon Long Jump (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
5	ARCADI, Monika	Glenbrook Middle	4.02m (NW)							312
6	PANG, Beatrice	ST Thomas More	3.79m (NW)							261
7	JACKSON, Jaidyn	Walnut Grove Sec	3.59m (NW)							218
8	CAO, Joanna	Walnut Grove Sec	3.49m (NW)							198
9	FRANCOIS, Hannah	White Rock Christi	3.44m (NW)							188

Women's Outdoor Pentathlon After 4 Events

Pl	Athlete	Team	Points
1	MILLARD, Emily	Handsworth	2025
2	ARCADI, Monika	Glenbrook Middle	1879
3	ANDREWS, Luciann	ST Thomas More	1874
4	NOORDAM, Eileen	Abbotsford Christian	1757
5	FLEMING, Jacinda	Abbotsford Christian	1624
6	PANG, Beatrice	ST Thomas More	1450
7	JACKSON, Jaidyn	Walnut Grove Secon	1312
8	FRANCOIS, Hannah	White Rock Christian	1230
9	CAO, Joanna	Walnut Grove Secon	1076

#2-5 Women's Outdoor Pentathlon 800 Meters

Pl	Name	Team	Time	Note	Pts
1	ARCADI, Monika	Glenbrook Middle	2:36.54		613
2	ANDREWS, Lucianna	ST Thomas More	2:42.38		546
3	NOORDAM, Eileen	Abbotsford Christian School	2:50.71		456
4	FLEMING, Jacinda	Abbotsford Christian School	2:57.07		393
5	MILLARD, Emily	Handsworth	2:57.31		391
6	JACKSON, Jaidyn	Walnut Grove Secondary	2:57.36		390
7	PANG, Beatrice	ST Thomas More	3:00.79		358
8	FRANCOIS, Hannah	White Rock Christian Acade	3:07.12		302
9	CAO, Joanna	Walnut Grove Secondary	3:24.72		170

Women's Outdoor Pentathlon After 5 Events

Pl	Athlete	Team	Points
1	ARCADI, Monika	Glenbrook Middle	2492
2	ANDREWS, Luciann	ST Thomas More	2420
3	MILLARD, Emily	Handsworth	2416
4	NOORDAM, Eileen	Abbotsford Christian	2213
5	FLEMING, Jacinda	Abbotsford Christian	2017
6	PANG, Beatrice	ST Thomas More	1808
7	JACKSON, Jaidyn	Walnut Grove Secon	1702
8	FRANCOIS, Hannah	White Rock Christian	1532
9	CAO, Joanna	Walnut Grove Secon	1246

#3 Boys Decathlon (Junior)

Pl	Name	Team	Points	Pts
1	GILLAN, Aneel	Semiahmoo Secondary	4722	
2	COLLINS, Isaiah	Penticton High School	4324	
3	STEVENSON, Ty	Maple Ridge Secondary	4153	
4	OSHO, Nicolas	ST Thomas More	3686	

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#3 Boys Decathlon (Junior) (cont'd)

Pl	Name	Team	Points	Pts
5	DAVIDUCK, Coltrane	Langley Fundamental	3441	
6	NEUFELD, Jakob	Walnut Grove Secondary	3116	
7	KIRKWOOD, Kris	Sentinel Secondary	2642	
8	VANDER KOOI, Caleb	King's Christian School	2609	
9	SLOFSTRA, Evan	White Rock Christian Acade	2391	
10	MCKAY, Fraser	Sullivan Heights	2089	
11	GAO, Kevin	White Rock Christian Acade	1966	
12	NIBLET, Jacob	White Rock Christian Acade	1773	
	FEI, Andy	Carver Christian	NP	
	WICKRARAARACHCHI, Parveen	Walnut Grove Secondary	NP	

#3-1 Men's Decathlon 100 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	GILLAN, Aneel	Semiahmoo Secondary	12.15	(NW)	2(1)	622
2	COLLINS, Isaiah	Penticton High School	12.18	(NW)	1(1)	616
3	DAVIDUCK, Coltrane	Langley Fundamental	12.37	(NW)	2(2)	580
4	STEVENSON, Ty	Maple Ridge Secondary	12.40	(NW)	1(2)	574
5	FEI, Andy	Carver Christian	12.77	(NW)	2(3)	508
6	OSHO, Nicolas	ST Thomas More	12.83	(NW)	1(3)	497
7	NEUFELD, Jakob	Walnut Grove Secondary	12.85	(NW)	2(4)	494
8	VANDER KOOI, Caleb	King's Christian School	13.30	(NW)	2(5)	418
9	GAO, Kevin	White Rock Christian Acade	13.74	(NW)	1(4)	350
10	MCKAY, Fraser	Sullivan Heights	14.34	(NW)	1(5)	266
11	SLOFSTRA, Evan	White Rock Christian Acade	14.39	(NW)	2(6)	259
12	KIRKWOOD, Kris	Sentinel Secondary	14.48	(NW)	1(6)	248
13	NIBLET, Jacob	White Rock Christian Acade	15.50	(NW)	1(7)	133
	WICKRARAARACHCHI, Parveen	Walnut Grove Secondary	DNS		2	

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (NW)		
1	COLLINS, Isaiah	Penticton High School	12.18		616
2	STEVENSON, Ty	Maple Ridge Secondary	12.40		574
3	OSHO, Nicolas	ST Thomas More	12.83		497
4	GAO, Kevin	White Rock Christian Acade	13.74		350
5	MCKAY, Fraser	Sullivan Heights	14.34		266
6	KIRKWOOD, Kris	Sentinel Secondary	14.48		248
7	NIBLET, Jacob	White Rock Christian Acade	15.50		133
Section 2 of 2			Wind: (NW)		
1	GILLAN, Aneel	Semiahmoo Secondary	12.15		622
2	DAVIDUCK, Coltrane	Langley Fundamental	12.37		580
3	FEI, Andy	Carver Christian	12.77		508
4	NEUFELD, Jakob	Walnut Grove Secondary	12.85		494
5	VANDER KOOI, Caleb	King's Christian School	13.30		418
6	SLOFSTRA, Evan	White Rock Christian Acade	14.39		259
	WICKRARAARACHCHI, Parveen	Walnut Grove Secondary	DNS		

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Men's Decathlon After 1 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	622
2	COLLINS, Isaiah	Penticton High Schoo	616
3	DAVIDUCK, Coltran	Langley Fundamental	580
4	STEVENSON, Ty	Maple Ridge Second	574
5	FEI, Andy	Carver Christian	508
6	OSHO, Nicolas	ST Thomas More	497
7	NEUFELD, Jakob	Walnut Grove Secon	494
8	VANDER KOOI, Cal	King's Christian Scho	418
9	GAO, Kevin	White Rock Christian	350
10	MCKAY, Fraser	Sullivan Heights	266
11	SLOFSTRA, Evan	White Rock Christian	259
12	KIRKWOOD, Kris	Sentinel Secondary	248
13	NIBLET, Jacob	White Rock Christian	133

#3-2 Men's Decathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	GILLAN, Aneel	Semiahmoo Seco	5.80m (NW)							544
2	STEVENSON, Ty	Maple Ridge Seco	5.63m (NW)							508
3	COLLINS, Isaiah	Penticton High Sc	5.49m (NW)							479
4	DAVIDUCK, Coltrane	Langley Fundame	5.36m (NW)							453
5	NEUFELD, Jakob	Walnut Grove Sec	4.96m (NW)							375
6	OSHO, Nicolas	ST Thomas More	4.71m (NW)							328
7	FEI, Andy	Carver Christian	4.53m (NW)							295
8	KIRKWOOD, Kris	Sentinel Secondar	4.30m (NW)							255
9	MCKAY, Fraser	Sullivan Heights	4.12m (NW)							225
10	SLOFSTRA, Evan	White Rock Christi	4.06m (NW)							215
11	GAO, Kevin	White Rock Christi	4.03m (NW)							211
12	NIBLET, Jacob	White Rock Christi	3.98m (NW)							203
13	VANDER KOOI, Caleb	King's Christian Sc	2.69m (NW)							33
	WICKRARAARACHCHI, Parvee	Walnut Grove Sec	DNS							

Men's Decathlon After 2 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	1166
2	COLLINS, Isaiah	Penticton High Schoo	1095
3	STEVENSON, Ty	Maple Ridge Second	1082
4	DAVIDUCK, Coltran	Langley Fundamental	1033
5	NEUFELD, Jakob	Walnut Grove Secon	869
6	OSHO, Nicolas	ST Thomas More	825
7	FEI, Andy	Carver Christian	803
8	GAO, Kevin	White Rock Christian	561
9	KIRKWOOD, Kris	Sentinel Secondary	503
10	MCKAY, Fraser	Sullivan Heights	491
11	SLOFSTRA, Evan	White Rock Christian	474
12	VANDER KOOI, Cal	King's Christian Scho	451
13	NIBLET, Jacob	White Rock Christian	336

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#3-3 Men's Decathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	GILLAN, Aneel	Semiahmoo Seco	11.14m							554
2	COLLINS, Isaiah	Penticton High Sc	10.37m							508
3	OSHO, Nicolas	ST Thomas More	9.95m							483
4	DAVIDUCK, Coltrane	Langley Fundame	8.89m							419
5	STEVENSON, Ty	Maple Ridge Seco	8.86m							417
6	VANDER KOOI, Caleb	King's Christian Sc	8.60m							402
7	FEI, Andy	Carver Christian	8.41m							391
8	NEUFELD, Jakob	Walnut Grove Sec	7.51m							337
9	SLOFSTRA, Evan	White Rock Christi	7.28m							324
10	KIRKWOOD, Kris	Sentinel Secondar	7.14m							316
11	GAO, Kevin	White Rock Christi	7.02m							308
12	MCKAY, Fraser	Sullivan Heights	6.88m							300
13	NIBLET, Jacob	White Rock Christi	5.62m							227
	WICKRARAARACHCHI, Parvee	Walnut Grove Sec	DNS							

Men's Decathlon After 3 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	1720
2	COLLINS, Isaiah	Penticton High Schoo	1603
3	STEVENSON, Ty	Maple Ridge Second	1499
4	DAVIDUCK, Coltran	Langley Fundamental	1452
5	OSHO, Nicolas	ST Thomas More	1308
6	NEUFELD, Jakob	Walnut Grove Secon	1206
7	FEI, Andy	Carver Christian	1194
8	GAO, Kevin	White Rock Christian	869
9	VANDER KOOI, Cal	King's Christian Scho	853
10	KIRKWOOD, Kris	Sentinel Secondary	819
11	SLOFSTRA, Evan	White Rock Christian	798
12	MCKAY, Fraser	Sullivan Heights	791
13	NIBLET, Jacob	White Rock Christian	563

#3-4 Men's Decathlon 400 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	GILLAN, Aneel	Semiahmoo Secondary	54.32		1(1)	626
2	STEVENSON, Ty	Maple Ridge Secondary	55.95		1(2)	561
3	OSHO, Nicolas	ST Thomas More	58.28		2(1)	474
4	COLLINS, Isaiah	Penticton High School	58.39		1(3)	470
5	NEUFELD, Jakob	Walnut Grove Secondary	59.80		2(2)	420
6	DAVIDUCK, Coltrane	Langley Fundamental	1:03.20		1(4)	311
7	SLOFSTRA, Evan	White Rock Christian Acade	1:04.90		2(3)	262
8	MCKAY, Fraser	Sullivan Heights	1:05.16		2(4)	255
9	KIRKWOOD, Kris	Sentinel Secondary	1:05.25		2(5)	252
10	VANDER KOOI, Caleb	King's Christian School	1:06.38		2(6)	222
11	GAO, Kevin	White Rock Christian Acade	1:08.45		1(5)	172
12	NIBLET, Jacob	White Rock Christian Acade	1:18.43		2(7)	15
	WICKRARAARACHCHI, Parveen	Walnut Grove Secondary	DNS		1	

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Pl	Name	Team	Time	Note	Pts
Section 1 of 2					
1	GILLAN, Aneel	Semiahmoo Secondary	54.32		626
2	STEVENSON, Ty	Maple Ridge Secondary	55.95		561
3	COLLINS, Isaiah	Penticton High School	58.39		470
4	DAVIDUCK, Coltrane	Langley Fundamental	1:03.20		311
5	GAO, Kevin	White Rock Christian Acade	1:08.45		172
	WICKRARAARACHCHI, Parveen	Walnut Grove Secondary	DNS		
Section 2 of 2					
1	OSHO, Nicolas	ST Thomas More	58.28		474
2	NEUFELD, Jakob	Walnut Grove Secondary	59.80		420
3	SLOFSTRA, Evan	White Rock Christian Acade	1:04.90		262
4	MCKAY, Fraser	Sullivan Heights	1:05.16		255
5	KIRKWOOD, Kris	Sentinel Secondary	1:05.25		252
6	VANDER KOOI, Caleb	King's Christian School	1:06.38		222
7	NIBLET, Jacob	White Rock Christian Acade	1:18.43		15

Men's Decathlon After 4 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	2346
2	COLLINS, Isaiah	Penticton High Schoo	2073
3	STEVENSON, Ty	Maple Ridge Second	2060
4	OSHO, Nicolas	ST Thomas More	1782
5	DAVIDUCK, Coltran	Langley Fundamental	1763
6	NEUFELD, Jakob	Walnut Grove Secon	1626
7	VANDER KOOI, Cal	King's Christian Scho	1075
8	KIRKWOOD, Kris	Sentinel Secondary	1071
9	SLOFSTRA, Evan	White Rock Christian	1060
10	MCKAY, Fraser	Sullivan Heights	1046
11	GAO, Kevin	White Rock Christian	1041
12	NIBLET, Jacob	White Rock Christian	578

#3-5 Men's Decathlon 100m Hurdles

Pl	Name	Team	Time	Note	H(Pl)	Pts
	GILLAN, Aneel	Semiahmoo Secondary	14.87		(+0.8)	1(1) 865
	COLLINS, Isaiah	Penticton High School	15.21		(+0.8)	1(2) 824
	OSHO, Nicolas	ST Thomas More	16.64		(+0.8)	1(3) 662
	DAVIDUCK, Coltrane	Langley Fundamental	16.83		(-0.3)	2(1) 642
	STEVENSON, Ty	Maple Ridge Secondary	16.98		(+0.8)	1(4) 626
	VANDER KOOI, Caleb	King's Christian School	19.03		(-0.3)	2(2) 430
	NIBLET, Jacob	White Rock Christian Acade	19.06		(-0.3)	2(3) 427
	KIRKWOOD, Kris	Sentinel Secondary	19.58		(-0.3)	2(4) 383
	NEUFELD, Jakob	Walnut Grove Secondary	20.27		(+0.8)	1(5) 328
	MCKAY, Fraser	Sullivan Heights	20.30		(-0.3)	2(5) 326
	SLOFSTRA, Evan	White Rock Christian Acade	21.68		(+0.8)	1(6) 229
	GAO, Kevin	White Rock Christian Acade	23.29		(-0.3)	2(6) 136

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#3-5 Men's Decathlon 100m Hurdles (cont'd)

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (+0.8)		
1	GILLAN, Aneel	Semiahmoo Secondary	14.87		865
2	COLLINS, Isaiah	Penticton High School	15.21		824
3	OSHO, Nicolas	ST Thomas More	16.64		662
4	STEVENSON, Ty	Maple Ridge Secondary	16.98		626
5	NEUFELD, Jakob	Walnut Grove Secondary	20.27		328
6	SLOFSTRA, Evan	White Rock Christian Acade	21.68		229
Section 2 of 2			Wind: (-0.3)		
1	DAVIDUCK, Coltrane	Langley Fundamental	16.83		642
2	VANDER KOOI, Caleb	King's Christian School	19.03		430
3	NIBLET, Jacob	White Rock Christian Acade	19.06		427
4	KIRKWOOD, Kris	Sentinel Secondary	19.58		383
5	MCKAY, Fraser	Sullivan Heights	20.30		326
6	GAO, Kevin	White Rock Christian Acade	23.29		136

Men's Decathlon After 5 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	3211
2	COLLINS, Isaiah	Penticton High Schoo	2897
3	STEVENSON, Ty	Maple Ridge Second	2686
4	OSHO, Nicolas	ST Thomas More	2444
5	DAVIDUCK, Coltran	Langley Fundamental	2405
6	NEUFELD, Jakob	Walnut Grove Secon	1954
7	VANDER KOOI, Cal	King's Christian Scho	1505
8	KIRKWOOD, Kris	Sentinel Secondary	1454
9	MCKAY, Fraser	Sullivan Heights	1372
10	SLOFSTRA, Evan	White Rock Christian	1289
11	GAO, Kevin	White Rock Christian	1177
12	NIBLET, Jacob	White Rock Christian	1005

#3-6 Men's Decathlon High Jump

Pl	Name	Team	Mark	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	Pts
1	GILLAN, Aneel	Semiahmoo Seco	1.67m	P	O	P	O	O	O	O	O	XXO	XXX	520
2	COLLINS, Isaiah	Penticton High Sc	1.64m	P	P	O	O	O	O	O	O	XXX		496
3	OSHO, Nicolas	ST Thomas More	1.58m	O	O	O	O	O	XO	XXX				449
3	STEVENSON, Ty	Maple Ridge Seco	1.58m	P	O	O	XXO	XO	XXO	XXX				449
3	DAVIDUCK, Coltrane	Langley Fundame	1.58m	P	P	O	O	O	O	XXX				449
6	VANDER KOOI, Caleb	King's Christian Sc	1.52m	O	XO	XO	XXO	XXX						404
6	KIRKWOOD, Kris	Sentinel Secondar	1.52m	O	XO	O	XXO	XXX						404
8	SLOFSTRA, Evan	White Rock Christi	1.49m	O	O	O	XXX							381
9	NEUFELD, Jakob	Walnut Grove Sec	1.46m	O	XO	XXX								360
10	NIBLET, Jacob	White Rock Christi	1.40m	XXX										317
Pl	Name	Team	Mark	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	Pts
3	OSHO, Nicolas	ST Thomas More	(cont'd)	P	P	P	P	P	P	P	O	O	O	449
3	STEVENSON, Ty	Maple Ridge Seco	(cont'd)	P	P	P	P	P	P	P	P	P	O	449
6	VANDER KOOI, Caleb	King's Christian Sc	(cont'd)	P	P	O	P	P	P	O	P	P	XO	404
6	KIRKWOOD, Kris	Sentinel Secondar	(cont'd)	P	P	P	P	P	P	P	O	O	O	404

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#3-6 Men's Decathlon High Jump (cont'd)

Pl	Name	Team	Mark	1.10											Pts
8	SLOFSTRA, Evan	White Rock Christi	(cont'd)	P	P	P	P	P	P	O	O	O	O		381
9	NEUFELD, Jakob	Walnut Grove Sec	(cont'd)	P	P	P	P	P	O	O	XO	O	O		360
10	NIBLET, Jacob	White Rock Christi	1.40m	P	P	P	P	P	O	O	O	O	XO		317
11	GAO, Kevin	White Rock Christi	1.31m	O	O	O	O	XO	XO	XO	XXX				257
12	MCKAY, Fraser	Sullivan Heights	1.25m	P	P	P	O	O	XXP	X					218

Pl	Name	Team	Mark	1.10											Pts
11	GAO, Kevin	White Rock Christi	(cont'd)	O											257

Men's Decathlon After 6 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	3731
2	COLLINS, Isaiah	Penticton High Schoo	3393
3	STEVENSON, Ty	Maple Ridge Second	3135
4	OSHO, Nicolas	ST Thomas More	2893
5	DAVIDUCK, Coltran	Langley Fundamental	2854
6	NEUFELD, Jakob	Walnut Grove Secon	2314
7	VANDER KOOI, Cal	King's Christian Scho	1909
8	KIRKWOOD, Kris	Sentinel Secondary	1858
9	SLOFSTRA, Evan	White Rock Christian	1670
10	MCKAY, Fraser	Sullivan Heights	1590
11	GAO, Kevin	White Rock Christian	1434
12	NIBLET, Jacob	White Rock Christian	1322
13	FEI, Andy	Carver Christian	1194
14	WICKRARAARACH	Walnut Grove Secon	

#3-9 Men's Decathlon Javelin

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	STEVENSON, Ty	Maple Ridge Seco	38.82m							425
2	COLLINS, Isaiah	Penticton High Sc	34.16m							358
3	KIRKWOOD, Kris	Sentinel Secondar	32.12m							329
4	GILLAN, Aneel	Semiahmoo Seco	32.11m							329
5	DAVIDUCK, Coltrane	Langley Fundame	27.09m							258
6	VANDER KOOI, Caleb	King's Christian Sc	26.09m							245
7	NEUFELD, Jakob	Walnut Grove Sec	24.86m							228
8	OSHO, Nicolas	ST Thomas More	24.51m							223
9	SLOFSTRA, Evan	White Rock Christi	23.24m							205
10	NIBLET, Jacob	White Rock Christi	21.17m							177
11	GAO, Kevin	White Rock Christi	17.77m							132
12	MCKAY, Fraser	Sullivan Heights	16.65m							117
	WICKRARAARACHCHI, Parvee	Walnut Grove Sec	NM							

Men's Decathlon After 9 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	4060
2	COLLINS, Isaiah	Penticton High Schoo	3751
3	STEVENSON, Ty	Maple Ridge Second	3560
4	OSHO, Nicolas	ST Thomas More	3116
5	DAVIDUCK, Coltran	Langley Fundamental	3112

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Men's Decathlon After 9 Events (cont'd)

Pl	Athlete	Team	Points
6	NEUFELD, Jakob	Walnut Grove Secon	2542
7	KIRKWOOD, Kris	Sentinel Secondary	2187
8	VANDER KOOI, Cal	King's Christian Scho	2154
9	SLOFSTRA, Evan	White Rock Christian	1875
10	MCKAY, Fraser	Sullivan Heights	1707
11	GAO, Kevin	White Rock Christian	1566
12	NIBLET, Jacob	White Rock Christian	1499
13	WICKRARAARACH	Walnut Grove Secon	

#3-10 Men's Decathlon 1000 Meters

Pl	Name	Team	Time	Note	Pts
1	GILLAN, Aneel	Semiahmoo Secondary	3:00.27		662
2	STEVENSON, Ty	Maple Ridge Secondary	3:07.43		593
3	NEUFELD, Jakob	Walnut Grove Secondary	3:09.48		574
4	COLLINS, Isaiah	Penticton High School	3:09.61		573
5	OSHO, Nicolas	ST Thomas More	3:09.94		570
6	SLOFSTRA, Evan	White Rock Christian Acade	3:16.00		516
7	KIRKWOOD, Kris	Sentinel Secondary	3:23.18		455
8	VANDER KOOI, Caleb	King's Christian School	3:23.20		455
9	GAO, Kevin	White Rock Christian Acade	3:30.13		400
10	MCKAY, Fraser	Sullivan Heights	3:32.45		382
11	DAVIDUCK, Coltrane	Langley Fundamental	3:39.59		329
12	NIBLET, Jacob	White Rock Christian Acade	3:47.71		274
	FEI, Andy	Carver Christian		DNS	

Men's Decathlon After 10 Events

Pl	Athlete	Team	Points
1	GILLAN, Aneel	Semiahmoo Seconda	4722
2	COLLINS, Isaiah	Penticton High Schoo	4324
3	STEVENSON, Ty	Maple Ridge Second	4153
4	OSHO, Nicolas	ST Thomas More	3686
5	DAVIDUCK, Coltran	Langley Fundamental	3441
6	NEUFELD, Jakob	Walnut Grove Secon	3116
7	KIRKWOOD, Kris	Sentinel Secondary	2642
8	VANDER KOOI, Cal	King's Christian Scho	2609
9	SLOFSTRA, Evan	White Rock Christian	2391
10	MCKAY, Fraser	Sullivan Heights	2089
11	GAO, Kevin	White Rock Christian	1966
12	NIBLET, Jacob	White Rock Christian	1773

#4 Girls Outdoor Heptathlon (Junior)

80mH 30" 3K 500g

Pl	Name	Team	Points	Pts
1	LENZ, Marin	Abbotsford Senior Seconda	4328	
2	BREMER, Alicia	ST Thomas More	3887	
3	KAMPMAN, Lexie	Abbotsford Christian School	3747	
4	SURIYA, Shaunika	Walnut Grove Secondary	3434	
5	REYNOLDS, Isabelle	Crofton House School	3253	

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#4 Girls Outdoor Heptathlon (Junior) (cont'd)

PI	Name	Team	Points	Pts
6	TSANG, Natalie	Crofton House School	3021	
7	JOHAL, Tanya	Queen Elizabeth SS - Surre	2628	
8	RANKIN, Rebecca	Walnut Grove Secondary	2496	
9	ELHAJ, Mayasir	Queen Elizabeth SS - Surre	2469	
	STEWART-BARNETT, Kate	ST Thomas More	NP	

#4-1 Women's Outdoor Heptathlon 80m Hurdles

PI	Name	Team	Time	Note	H(PI)	Pts
1	BREMER, Alicia	ST Thomas More	12.66	(+0.9)	2(1)	104
2	LENZ, Marin	Abbotsford Senior Seconda	13.39	(-0.1)	1(1)	934
3	REYNOLDS, Isabelle	Crofton House School	14.13	(-0.1)	1(2)	827
4	TSANG, Natalie	Crofton House School	14.16	(-0.1)	1(3)	822
5	KAMPMAN, Lexie	Abbotsford Christian School	14.20	(+0.9)	2(2)	817
6	SURIYA, Shaunika	Walnut Grove Secondary	14.77	(-0.1)	1(4)	739
7	RANKIN, Rebecca	Walnut Grove Secondary	15.67	(+0.9)	2(3)	624
8	JOHAL, Tanya	Queen Elizabeth SS - Surre	16.44	(+0.9)	2(4)	532
9	ELHAJ, Mayasir	Queen Elizabeth SS - Surre	16.47	(+0.9)	2(5)	528
	STEWART-BARNETT, Kate	ST Thomas More	DNS		1	

SECTION RESULTS

PI	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (-0.1)		
1	LENZ, Marin	Abbotsford Senior Seconda	13.39		934
2	REYNOLDS, Isabelle	Crofton House School	14.13		827
3	TSANG, Natalie	Crofton House School	14.16		822
4	SURIYA, Shaunika	Walnut Grove Secondary	14.77		739
	STEWART-BARNETT, Kate	ST Thomas More	DNS		
Section 2 of 2			Wind: (+0.9)		
1	BREMER, Alicia	ST Thomas More	12.66		1044
2	KAMPMAN, Lexie	Abbotsford Christian School	14.20		817
3	RANKIN, Rebecca	Walnut Grove Secondary	15.67		624
4	JOHAL, Tanya	Queen Elizabeth SS - Surre	16.44		532
5	ELHAJ, Mayasir	Queen Elizabeth SS - Surre	16.47		528

Women's Outdoor Heptathlon After 1 Events

PI	Athlete	Team	Points
1	BREMER, Alicia	ST Thomas More	1044
2	LENZ, Marin	Abbotsford Senior Se	934
3	REYNOLDS, Isabell	Crofton House Schoo	827
4	TSANG, Natalie	Crofton House Schoo	822
5	KAMPMAN, Lexie	Abbotsford Christian	817
6	SURIYA, Shaunika	Walnut Grove Secon	739
7	RANKIN, Rebecca	Walnut Grove Secon	624
8	JOHAL, Tanya	Queen Elizabeth SS -	532
9	ELHAJ, Mayasir	Queen Elizabeth SS -	528

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#4-2 Women's Outdoor Heptathlon High Jump

Pl	Name	Team	Mark	1.33	1.36	1.39	1.42	1.45	1.48	1.51	1.54	1.57	1.60	Pts
1	KAMPMAN, Lexie	Abbotsford Christi	1.57m	P	P	P	O	O	O	O	XO	XXO	XXX	701
2	LENZ, Marin	Abbotsford Senior	1.51m	O	P	O	O	O	XO	XXO	XXX			632
3	SURIYA, Shaunika	Walnut Grove Sec	1.48m	P	O	O	XO	O	O	XXX				599
4	BREMER, Alicia	ST Thomas More	1.42m	O	O	O	XO	XXX						534
5	RANKIN, Rebecca	Walnut Grove Sec	1.39m	XXO	O	O	XXX							502
6	JOHAL, Tanya	Queen Elizabeth S	1.30m	XXX										409
Pl	Name	Team	Mark	1.15	1.18	1.21	1.24	1.27	1.30					Pts
2	LENZ, Marin	Abbotsford Senior	(cont'd)	P	P	P	P	O	P					632
3	SURIYA, Shaunika	Walnut Grove Sec	(cont'd)	P	P	P	P	P	O					599
4	BREMER, Alicia	ST Thomas More	(cont'd)	P	P	O	P	O	P					534
5	RANKIN, Rebecca	Walnut Grove Sec	(cont'd)	P	O	O	O	XO	XO					502
6	JOHAL, Tanya	Queen Elizabeth S	1.30m	P	O	O	O	XXO	XXO					409
7	TSANG, Natalie	Crofton House Sc	1.27m	P	O	O	O	O	XXX					379
8	REYNOLDS, Isabelle	Crofton House Sc	1.24m	P	O	O	O	XXX						350
9	ELHAJ, Mayasir	Queen Elizabeth S	1.21m	O	O	O	XXP	X						321

Women's Outdoor Heptathlon After 2 Events

Pl	Athlete	Team	Points
1	BREMER, Alicia	ST Thomas More	1578
2	LENZ, Marin	Abbotsford Senior Se	1566
3	KAMPMAN, Lexie	Abbotsford Christian	1518
4	SURIYA, Shaunika	Walnut Grove Secon	1338
5	TSANG, Natalie	Crofton House Schoo	1201
6	REYNOLDS, Isabell	Crofton House Schoo	1177
7	RANKIN, Rebecca	Walnut Grove Secon	1126
8	JOHAL, Tanya	Queen Elizabeth SS -	941
9	ELHAJ, Mayasir	Queen Elizabeth SS -	849

#4-3 Women's Outdoor Heptathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LENZ, Marin	Abbotsford Senior	9.19m							477
3	BREMER, Alicia	ST Thomas More	8.81m							452
4	KAMPMAN, Lexie	Abbotsford Christi	8.05m							403
5	REYNOLDS, Isabelle	Crofton House Sc	7.72m							381
6	SURIYA, Shaunika	Walnut Grove Sec	7.62m							375
7	JOHAL, Tanya	Queen Elizabeth S	6.36m							294
8	RANKIN, Rebecca	Walnut Grove Sec	5.98m							270
9	TSANG, Natalie	Crofton House Sc	5.16m							218
10	ELHAJ, Mayasir	Queen Elizabeth S	4.63m							185
	STEWART-BARNETT, Kate	ST Thomas More	DNS							

Women's Outdoor Heptathlon After 3 Events

Pl	Athlete	Team	Points
1	LENZ, Marin	Abbotsford Senior Se	2043
2	BREMER, Alicia	ST Thomas More	2030
3	KAMPMAN, Lexie	Abbotsford Christian	1921

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Women's Outdoor Heptathlon After 3 Events (cont'd)

Pl	Athlete	Team	Points
4	SURIYA, Shaunika	Walnut Grove Secon	1713
5	REYNOLDS, Isabell	Crofton House Schoo	1558
6	TSANG, Natalie	Crofton House Schoo	1419
7	RANKIN, Rebecca	Walnut Grove Secon	1396
8	JOHAL, Tanya	Queen Elizabeth SS -	1235
9	ELHAJ, Mayasir	Queen Elizabeth SS -	1034

#4-4 Women's Outdoor Heptathlon 200 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	LENZ, Marin	Abbotsford Senior Seconda	28.07		(-0.5) 1(1)	626
2	BREMER, Alicia	ST Thomas More	28.14		(-0.5) 1(2)	620
3	KAMPMAN, Lexie	Abbotsford Christian School	28.59		(+0.7) 2(1)	585
4	TSANG, Natalie	Crofton House School	29.26		(+0.7) 2(2)	535
5	SURIYA, Shaunika	Walnut Grove Secondary	29.41		(+0.7) 2(3)	524
6	REYNOLDS, Isabelle	Crofton House School	29.44		(+0.7) 2(4)	522
7	RANKIN, Rebecca	Walnut Grove Secondary	29.78		(-0.5) 1(3)	498
8	ELHAJ, Mayasir	Queen Elizabeth SS - Surre	31.30		(-0.5) 1(4)	395
9	JOHAL, Tanya	Queen Elizabeth SS - Surre	31.86		(+0.7) 2(5)	360
	STEWART-BARNETT, Kate	ST Thomas More	DNS		1	

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (-0.5)		
1	LENZ, Marin	Abbotsford Senior Seconda	28.07		626
2	BREMER, Alicia	ST Thomas More	28.14		620
3	RANKIN, Rebecca	Walnut Grove Secondary	29.78		498
4	ELHAJ, Mayasir	Queen Elizabeth SS - Surre	31.30		395
	STEWART-BARNETT, Kate	ST Thomas More	DNS		
Section 2 of 2			Wind: (+0.7)		
1	KAMPMAN, Lexie	Abbotsford Christian School	28.59		585
2	TSANG, Natalie	Crofton House School	29.26		535
3	SURIYA, Shaunika	Walnut Grove Secondary	29.41		524
4	REYNOLDS, Isabelle	Crofton House School	29.44		522
5	JOHAL, Tanya	Queen Elizabeth SS - Surre	31.86		360

Women's Outdoor Heptathlon After 4 Events

Pl	Athlete	Team	Points
1	LENZ, Marin	Abbotsford Senior Se	2669
2	BREMER, Alicia	ST Thomas More	2650
3	KAMPMAN, Lexie	Abbotsford Christian	2506
4	SURIYA, Shaunika	Walnut Grove Secon	2237
5	REYNOLDS, Isabell	Crofton House Schoo	2080
6	TSANG, Natalie	Crofton House Schoo	1954
7	RANKIN, Rebecca	Walnut Grove Secon	1894
8	JOHAL, Tanya	Queen Elizabeth SS -	1595
9	ELHAJ, Mayasir	Queen Elizabeth SS -	1429

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#4-5 Women's Outdoor Heptathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BREMER, Alicia	ST Thomas More	4.75m (NW)							492
2	SURIYA, Shaunika	Walnut Grove Sec	4.59m (NW)							451
3	LENZ, Marin	Abbotsford Senior	4.55m (NW)							441
4	KAMPMAN, Lexie	Abbotsford Christi	4.30m (NW)							379
5	REYNOLDS, Isabelle	Crofton House Sc	4.25m (NW)							367
6	TSANG, Natalie	Crofton House Sc	4.05m (NW)							319
7	ELHAJ, Mayasir	Queen Elizabeth S	3.93m (NW)							292
8	JOHAL, Tanya	Queen Elizabeth S	3.87m (NW)							279
9	RANKIN, Rebecca	Walnut Grove Sec	3.56m (NW)							212
	STEWART-BARNETT, Kate	ST Thomas More	DNS							

Women's Outdoor Heptathlon After 5 Events

Pl	Athlete	Team	Points
1	BREMER, Alicia	ST Thomas More	3142
2	LENZ, Marin	Abbotsford Senior Se	3110
3	KAMPMAN, Lexie	Abbotsford Christian	2885
4	SURIYA, Shaunika	Walnut Grove Secon	2688
5	REYNOLDS, Isabell	Crofton House Schoo	2447
6	TSANG, Natalie	Crofton House Schoo	2273
7	RANKIN, Rebecca	Walnut Grove Secon	2106
8	JOHAL, Tanya	Queen Elizabeth SS -	1874
9	ELHAJ, Mayasir	Queen Elizabeth SS -	1721

#4-6 Women's Outdoor Heptathlon Javelin

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LENZ, Marin	Abbotsford Senior	29.46m							466
2	SURIYA, Shaunika	Walnut Grove Sec	21.90m							324
3	REYNOLDS, Isabelle	Crofton House Sc	20.30m							294
4	JOHAL, Tanya	Queen Elizabeth S	17.81m							248
5	KAMPMAN, Lexie	Abbotsford Christi	17.77m							248
6	TSANG, Natalie	Crofton House Sc	13.80m							175
7	ELHAJ, Mayasir	Queen Elizabeth S	12.65m							154
8	BREMER, Alicia	ST Thomas More	12.53m							152
9	RANKIN, Rebecca	Walnut Grove Sec	11.41m							131
	STEWART-BARNETT, Kate	ST Thomas More	DNS							

Women's Outdoor Heptathlon After 6 Events

Pl	Athlete	Team	Points
1	LENZ, Marin	Abbotsford Senior Se	3576
2	BREMER, Alicia	ST Thomas More	3294
3	KAMPMAN, Lexie	Abbotsford Christian	3133
4	SURIYA, Shaunika	Walnut Grove Secon	3012
5	REYNOLDS, Isabell	Crofton House Schoo	2741
6	TSANG, Natalie	Crofton House Schoo	2448
7	RANKIN, Rebecca	Walnut Grove Secon	2237
8	JOHAL, Tanya	Queen Elizabeth SS -	2122
9	ELHAJ, Mayasir	Queen Elizabeth SS -	1875

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#4-7 Women's Outdoor Heptathlon 800 Meters

Pl	Name	Team	Time	Note	Pts
1	LENZ, Marin	Abbotsford Senior Seconda	2:25.34		752
2	KAMPMAN, Lexie	Abbotsford Christian School	2:36.47		614
3	ELHAJ, Mayasir	Queen Elizabeth SS - Surre	2:38.20		594
4	BREMER, Alicia	ST Thomas More	2:38.28		593
5	TSANG, Natalie	Crofton House School	2:39.95		573
6	REYNOLDS, Isabelle	Crofton House School	2:45.49		512
7	JOHAL, Tanya	Queen Elizabeth SS - Surre	2:46.02		506
8	SURIYA, Shaunika	Walnut Grove Secondary	2:54.14		422
9	RANKIN, Rebecca	Walnut Grove Secondary	3:12.32		259
	STEWART-BARNETT, Kate	ST Thomas More		DNS	

Women's Outdoor Heptathlon After 7 Events

Pl	Athlete	Team	Points
1	LENZ, Marin	Abbotsford Senior Se	4328
2	BREMER, Alicia	ST Thomas More	3887
3	KAMPMAN, Lexie	Abbotsford Christian	3747
4	SURIYA, Shaunika	Walnut Grove Secon	3434
5	REYNOLDS, Isabell	Crofton House Schoo	3253
6	TSANG, Natalie	Crofton House Schoo	3021
7	JOHAL, Tanya	Queen Elizabeth SS -	2628
8	RANKIN, Rebecca	Walnut Grove Secon	2496
9	ELHAJ, Mayasir	Queen Elizabeth SS -	2469

#5 Boys Decathlon (Senior)

Pl	Name	Team	Points	Pts
1	FOSTER, Ethan	DW Poppy Secondary	5997	10
2	ALARIE-HILL, Valdi	Oak Bay Secondary	5102	8
3	BLASAK, Ryan	Howe Sound	4600	6
4	CASTELLANI, Evan	Abbotsford Christian School	4573	5
5	LIGHTBODY, Torin	Stellys	4375	4
	RYAN, Sean	Vancouver College	NP	
	LUCCOCK, Dominic	Unattached	NP	

#5-1 Men's Decathlon 100 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	BLASAK, Ryan	Howe Sound	11.98		(NW) 1(1)	655
2	ALARIE-HILL, Valdi	Oak Bay Secondary	12.10		(NW) 1(2)	631
2	FOSTER, Ethan	DW Poppy Secondary	12.10		(NW) 1(2)	631
4	LUCCOCK, Dominic	Unattached	12.20		(NW) 2(1)	612
5	CASTELLANI, Evan	Abbotsford Christian School	12.22		(NW) 1(4)	608
6	LIGHTBODY, Torin	Stellys	12.25		(NW) 1(5)	603
	RYAN, Sean	Vancouver College	DNS		1	

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (NW)		
1	BLASAK, Ryan	Howe Sound	11.98		655

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#5-1 Men's Decathlon 100 Meters (cont'd)

Pl	Name	Team	Time	Note	Pts
2	ALARIE-HILL, Valdi	Oak Bay Secondary	12.10		631
2	FOSTER, Ethan	DW Poppy Secondary	12.10		631
4	CASTELLANI, Evan	Abbotsford Christian School	12.22		608
5	LIGHTBODY, Torin	Stellys	12.25		603
	RYAN, Sean	Vancouver College	DNS		
Section 2 of 2			Wind: (NW)		
1	LUCCOCK, Dominic	Unattached	12.20		612

Men's Decathlon After 1 Events

Pl	Athlete	Team	Points
1	BLASAK, Ryan	Howe Sound	655
2	ALARIE-HILL, Valdi	Oak Bay Secondary	631
2	FOSTER, Ethan	DW Poppy Secondar	631
4	LUCCOCK, Dominic	Unattached	612
5	CASTELLANI, Evan	Abbotsford Christian	608
6	LIGHTBODY, Torin	Stellys	603

#5-2 Men's Decathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LUCCOCK, Dominic	Unattached	6.19m (NW)							628
2	FOSTER, Ethan	DW Poppy Secon	6.00m (NW)							587
3	BLASAK, Ryan	Howe Sound	5.90m (NW)							565
4	ALARIE-HILL, Valdi	Oak Bay Seconda	5.83m (NW)							550
5	LIGHTBODY, Torin	Stellys	5.67m (NW)							516
6	CASTELLANI, Evan	Abbotsford Christi	5.26m (NW)							433
	RYAN, Sean	Vancouver Colleg	DNS							

Men's Decathlon After 2 Events

Pl	Athlete	Team	Points
1	LUCCOCK, Dominic	Unattached	1240
2	BLASAK, Ryan	Howe Sound	1220
3	FOSTER, Ethan	DW Poppy Secondar	1218
4	ALARIE-HILL, Valdi	Oak Bay Secondary	1181
5	LIGHTBODY, Torin	Stellys	1119
6	CASTELLANI, Evan	Abbotsford Christian	1041

#5-3 Men's Decathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	FOSTER, Ethan	DW Poppy Secon	12.15m							616
2	LIGHTBODY, Torin	Stellys	10.98m							545
3	LUCCOCK, Dominic	Unattached	10.81m							534
4	ALARIE-HILL, Valdi	Oak Bay Seconda	10.76m							531
5	CASTELLANI, Evan	Abbotsford Christi	9.65m							465
6	BLASAK, Ryan	Howe Sound	9.33m							445
7	RYAN, Sean	Vancouver Colleg	7.23m							321

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Men's Decathlon After 3 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	1834
2	LUCCOCK, Dominic	Unattached	1774
3	ALARIE-HILL, Valdi	Oak Bay Secondary	1712
4	BLASAK, Ryan	Howe Sound	1665
5	LIGHTBODY, Torin	Stellys	1664
6	CASTELLANI, Evan	Abbotsford Christian	1506
7	RYAN, Sean	Vancouver College	321

#5-4 Men's Decathlon High Jump

Pl	Name	Team	Mark	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	Pts
1	BLASAK, Ryan	Howe Sound	1.76m	P	P	P	P	P	P	O	XO	XO	XXX	593
2	LUCCOCK, Dominic	Unattached	1.73m	P	P	O	P	XXO	P	XXO	XO	XXX		569
3	FOSTER, Ethan	DW Poppy Secon	1.70m	P	P	P	P	O	P	XO	XXX			544
4	ALARIE-HILL, Valdi	Oak Bay Seconda	1.70m	O	P	O	O	O	O	XXO	XXX			544
5	RYAN, Sean	Vancouver Colleg	1.58m	O	O	O	XXX							449
6	CASTELLANI, Evan	Abbotsford Christi	1.55m	O	XXO	XXX								426
Pl	Name	Team	Mark	1.40	1.43	1.46	1.49							Pts
5	RYAN, Sean	Vancouver Colleg	(cont'd)	O	P	O	O							449
6	CASTELLANI, Evan	Abbotsford Christi	(cont'd)	O	P	XO	XO							426
7	LIGHTBODY, Torin	Stellys	1.46m	P	P	XO	XXX							360

Men's Decathlon After 4 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	2378
2	LUCCOCK, Dominic	Unattached	2343
3	BLASAK, Ryan	Howe Sound	2258
4	ALARIE-HILL, Valdi	Oak Bay Secondary	2256
5	LIGHTBODY, Torin	Stellys	2024
6	CASTELLANI, Evan	Abbotsford Christian	1932
7	RYAN, Sean	Vancouver College	770

#5-5 Men's Decathlon 400 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	FOSTER, Ethan	DW Poppy Secondary	53.16		1(1)	675
2	CASTELLANI, Evan	Abbotsford Christian School	55.17		1(2)	592
3	ALARIE-HILL, Valdi	Oak Bay Secondary	55.73		1(3)	570
4	LUCCOCK, Dominic	Unattached	56.64		2(1)	535
5	BLASAK, Ryan	Howe Sound	57.01		1(4)	521
6	RYAN, Sean	Vancouver College	57.37		2(2)	507
7	LIGHTBODY, Torin	Stellys	59.44		1(5)	432

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2					
1	FOSTER, Ethan	DW Poppy Secondary	53.16		675
2	CASTELLANI, Evan	Abbotsford Christian School	55.17		592
3	ALARIE-HILL, Valdi	Oak Bay Secondary	55.73		570
4	BLASAK, Ryan	Howe Sound	57.01		521

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Pl	Name	Team	Time	Note	Pts
5	LIGHTBODY, Torin	Stellys	59.44		432
Section 2 of 2					
1	LUCCOCK, Dominic	Unattached	56.64		535
2	RYAN, Sean	Vancouver College	57.37		507

Men's Decathlon After 5 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	3053
2	LUCCOCK, Dominic	Unattached	2878
3	ALARIE-HILL, Valdi	Oak Bay Secondary	2826
4	BLASAK, Ryan	Howe Sound	2779
5	CASTELLANI, Evan	Abbotsford Christian	2524
6	LIGHTBODY, Torin	Stellys	2456
7	RYAN, Sean	Vancouver College	1277

#5-6 Men's Decathlon 110m Hurdles

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	FOSTER, Ethan	DW Poppy Secondary	16.58	(+0.3)	1(1)	669
2	BLASAK, Ryan	Howe Sound	16.92	(+0.3)	1(2)	633
3	CASTELLANI, Evan	Abbotsford Christian School	17.45	(+0.3)	1(3)	578
4	LUCCOCK, Dominic	Unattached	17.57	(-0.1)	2(1)	566
5	RYAN, Sean	Vancouver College	17.61	(+0.3)	1(4)	562
6	ALARIE-HILL, Valdi	Oak Bay Secondary	17.69	(+0.3)	1(5)	554
7	LIGHTBODY, Torin	Stellys	18.41	(+0.3)	1(6)	486

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2					
Wind: (+0.3)					
1	FOSTER, Ethan	DW Poppy Secondary	16.58		669
2	BLASAK, Ryan	Howe Sound	16.92		633
3	CASTELLANI, Evan	Abbotsford Christian School	17.45		578
4	RYAN, Sean	Vancouver College	17.61		562
5	ALARIE-HILL, Valdi	Oak Bay Secondary	17.69		554
6	LIGHTBODY, Torin	Stellys	18.41		486
Section 2 of 2					
Wind: (-0.1)					
1	LUCCOCK, Dominic	Unattached	17.57		566

Men's Decathlon After 6 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	3722
2	LUCCOCK, Dominic	Unattached	3444
3	BLASAK, Ryan	Howe Sound	3412
4	ALARIE-HILL, Valdi	Oak Bay Secondary	3380
5	CASTELLANI, Evan	Abbotsford Christian	3102
6	LIGHTBODY, Torin	Stellys	2942
7	RYAN, Sean	Vancouver College	1839

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#5-7 Men's Decathlon Discus

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	FOSTER, Ethan	DW Poppy Secon	35.12m							566
2	ALARIE-HILL, Valdi	Oak Bay Seconda	34.38m							551
3	LUCCOCK, Dominic	Unattached	28.67m							438
4	LIGHTBODY, Torin	Stellys	28.32m							432
5	CASTELLANI, Evan	Abbotsford Christi	21.97m							309
6	RYAN, Sean	Vancouver Colleg	19.25m							258
7	BLASAK, Ryan	Howe Sound	18.02m							235

Men's Decathlon After 7 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	4288
2	ALARIE-HILL, Valdi	Oak Bay Secondary	3931
3	LUCCOCK, Dominic	Unattached	3882
4	BLASAK, Ryan	Howe Sound	3647
5	CASTELLANI, Evan	Abbotsford Christian	3411
6	LIGHTBODY, Torin	Stellys	3374
7	RYAN, Sean	Vancouver College	2097

#5-8 Men's Decathlon Pole Vault

Pl	Name	Team	Mark	2.41	2.51	2.61	2.71	2.81	2.91	3.01	3.81	4.01	4.21	Pts
	FOSTER, Ethan	DW Poppy Secon	4.01m	P	P	P	P	P	P	P	P	XO	XXX	620
	CASTELLANI, Evan	Abbotsford Christi	2.91m	O	O	O	O	XO	O	XXX				335
	BLASAK, Ryan	Howe Sound	2.91m	P	P	P	P	XXO	O	XXX				335
	ALARIE-HILL, Valdi	Oak Bay Seconda	2.61m	O	O	O	XXX							266
	LIGHTBODY, Torin	Stellys	2.51m	XO	O	XXX								244
	RYAN, Sean	Vancouver Colleg	2.51m	O	O	XXX								244
	LUCCOCK, Dominic	Unattached	NH	P	P	P	P	P	P	P	XXX			

Pl	Name	Team	Mark	2.01	2.11	2.21	2.31	Pts
	CASTELLANI, Evan	Abbotsford Christi	(cont'd)	O	P	O	P	335
	ALARIE-HILL, Valdi	Oak Bay Seconda	(cont'd)	O	P	P	P	266
	LIGHTBODY, Torin	Stellys	(cont'd)	P	XO	P	XO	244
	RYAN, Sean	Vancouver Colleg	(cont'd)	O	O	O	O	244

Men's Decathlon After 8 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	4908
2	ALARIE-HILL, Valdi	Oak Bay Secondary	4197
3	BLASAK, Ryan	Howe Sound	3982
4	LUCCOCK, Dominic	Unattached	3882
5	CASTELLANI, Evan	Abbotsford Christian	3746
6	LIGHTBODY, Torin	Stellys	3618
7	RYAN, Sean	Vancouver College	2341

#5-9 Men's Decathlon Javelin

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	ALARIE-HILL, Valdi	Oak Bay Seconda	41.60m							465
2	LIGHTBODY, Torin	Stellys	39.55m							436

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#5-9 Men's Decathlon Javelin (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
3	FOSTER, Ethan	DW Poppy Secon	35.46m							377
4	CASTELLANI, Evan	Abbotsford Christi	31.93m							326
5	BLASAK, Ryan	Howe Sound	26.71m							253
6	RYAN, Sean	Vancouver Colleg	26.32m							248
	LUCCOCK, Dominic	Unattached	DNS							

Men's Decathlon After 9 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	5285
2	ALARIE-HILL, Valdi	Oak Bay Secondary	4662
3	BLASAK, Ryan	Howe Sound	4235
4	CASTELLANI, Evan	Abbotsford Christian	4072
5	LIGHTBODY, Torin	Stellys	4054
6	RYAN, Sean	Vancouver College	2589

#5-10 Men's Decathlon 1500 Meters

Pl	Name	Team	Time	Note	Pts
1	FOSTER, Ethan	DW Poppy Secondary	4:35.08		712
2	CASTELLANI, Evan	Abbotsford Christian School	5:10.43		501
3	ALARIE-HILL, Valdi	Oak Bay Secondary	5:21.95		440
4	BLASAK, Ryan	Howe Sound	5:37.01		365
5	RYAN, Sean	Vancouver College	5:40.15		351
6	LIGHTBODY, Torin	Stellys	5:46.58		321
	LUCCOCK, Dominic	Unattached	DNS		

Men's Decathlon After 10 Events

Pl	Athlete	Team	Points
1	FOSTER, Ethan	DW Poppy Secondar	5997
2	ALARIE-HILL, Valdi	Oak Bay Secondary	5102
3	BLASAK, Ryan	Howe Sound	4600
4	CASTELLANI, Evan	Abbotsford Christian	4573
5	LIGHTBODY, Torin	Stellys	4375
6	RYAN, Sean	Vancouver College	2940

#6 Girls Outdoor Heptathlon (Senior)

Pl	Name	Team	Points	Pts
1	MORLEY, Emily	Maple Ridge Secondary	4248	10
2	STRODA, Muriel	Okanagan Mission	3994	8
3	PARSAKISH, Anna	Handsworth	3960	6
4	KAWAI, Julie	Magee	3915	5
5	KAMPMAN, Jessica	Abbotsford Christian School	3400	4
6	JONES, Sabrina	Samuel Robertson Technic	3334	3
7	FIELD, Nikki	Prince of Wales	3145	2
8	ANDREWS, Rachelle	ST Thomas More	2880	1
9	HUI, Andrea	Little Flower	2800	
10	YUEN, Katelyn	Magee	2698	
11	SIGURDSON, Ellen	Magee	2347	

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#6-1 Women's Outdoor Heptathlon 100m Hurdles

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	STRODA, Muriel	Okanagan Mission	15.38		(NW) 1(1)	792
2	MORLEY, Emily	Maple Ridge Secondary	16.13		(NW) 2(1)	698
3	PARSAKISH, Anna	Handsworth	16.88		(NW) 1(2)	610
4	KAMPMAN, Jessica	Abbotsford Christian School	17.78		(NW) 2(2)	511
5	JONES, Sabrina	Samuel Robertson Technic	17.90		(NW) 2(3)	499
6	ANDREWS, Rachelle	ST Thomas More	18.69		(NW) 1(3)	420
7	SIGURDSON, Ellen	Magee	18.72		(NW) 1(4)	417
8	HUI, Andrea	Little Flower	19.18		(NW) 1(5)	374
9	YUEN, Katelyn	Magee	19.74		(NW) 2(4)	324
10	FIELD, Nikki	Prince of Wales	20.12		(NW) 2(5)	292
	KAWAI, Julie	Magee	DQ	168.6	1	

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2			Wind: (NW)		
1	STRODA, Muriel	Okanagan Mission	15.38		792
2	PARSAKISH, Anna	Handsworth	16.88		610
3	ANDREWS, Rachelle	ST Thomas More	18.69		420
4	SIGURDSON, Ellen	Magee	18.72		417
5	HUI, Andrea	Little Flower	19.18		374
	KAWAI, Julie	Magee	DQ	168.6	
Section 2 of 2			Wind: (NW)		
1	MORLEY, Emily	Maple Ridge Secondary	16.13		698
2	KAMPMAN, Jessica	Abbotsford Christian School	17.78		511
3	JONES, Sabrina	Samuel Robertson Technic	17.90		499
4	YUEN, Katelyn	Magee	19.74		324
5	FIELD, Nikki	Prince of Wales	20.12		292

Women's Outdoor Heptathlon After 1 Events

Pl	Athlete	Team	Points
1	STRODA, Muriel	Okanagan Mission	792
2	MORLEY, Emily	Maple Ridge Second	698
3	PARSAKISH, Anna	Handsworth	610
4	KAMPMAN, Jessica	Abbotsford Christian	511
5	JONES, Sabrina	Samuel Robertson T	499
6	ANDREWS, Rachell	ST Thomas More	420
7	SIGURDSON, Ellen	Magee	417
8	HUI, Andrea	Little Flower	374
9	YUEN, Katelyn	Magee	324
10	FIELD, Nikki	Prince of Wales	292
11	KAWAI, Julie	Magee	

#6-2 Women's Outdoor Heptathlon High Jump

Pl	Name	Team	Mark	1.39	1.42	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	Pts
1	KAWAI, Julie	Magee	1.63m	P	P	P	O	P	O	O	O	XO	XXX	771
2	PARSAKISH, Anna	Handsworth	1.54m	O	O	XO	O	XO	XXO	XXX				666
3	HUI, Andrea	Little Flower	1.51m	O	O	XO	XXO	XXO	XXX					632
4	KAMPMAN, Jessica	Abbotsford Christi	1.48m	P	O	O	O	XXX						599

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#6-2 Women's Outdoor Heptathlon High Jump (cont'd)

5	STRODA, Muriel	Okanagan Mission	1.48m	O	XO	O	XXO	XXX												599
6	MORLEY, Emily	Maple Ridge Seco	1.45m	XO	O	XO	XXX													566
7	JONES, Sabrina	Samuel Robertson	1.45m	O	O	XXO	XXX													566
8	SIGURDSON, Ellen	Magee	1.45m	O	XO	XXO	XXX													566
9	ANDREWS, Rachelle	ST Thomas More	1.42m	XO	XO	XXX														534

Pl	Name	Team	Mark	1.15	1.18	1.21	1.24	1.27	1.30	1.33	1.36	Pts
3	HUI, Andrea	Little Flower	(cont'd)	P	P	P	P	P	P	XO	O	632
4	KAMPMAN, Jessica	Abbotsford Christi	(cont'd)	P	P	P	P	P	P	P	O	599
5	STRODA, Muriel	Okanagan Mission	(cont'd)	P	P	P	P	P	P	P	O	599
6	MORLEY, Emily	Maple Ridge Seco	(cont'd)	P	P	P	P	P	O	O	O	566
7	JONES, Sabrina	Samuel Robertson	(cont'd)	P	P	P	P	P	O	O	O	566
8	SIGURDSON, Ellen	Magee	(cont'd)	P	P	P	P	P	O	O	O	566
9	ANDREWS, Rachelle	ST Thomas More	(cont'd)	P	P	P	P	P	O	O	XO	534
10	FIELD, Nikki	Prince of Wales	1.33m	O	O	O	O	XO	XO	O	XXX	439
11	YUEN, Katelyn	Magee	1.30m	O	O	O	O	XXO	O	XXX		409

Women's Outdoor Heptathlon After 2 Events

Pl	Athlete	Team	Points
1	STRODA, Muriel	Okanagan Mission	1391
2	PARSAKISH, Anna	Handsworth	1276
3	MORLEY, Emily	Maple Ridge Second	1264
4	KAMPMAN, Jessica	Abbotsford Christian	1110
5	JONES, Sabrina	Samuel Robertson T	1065
6	HUI, Andrea	Little Flower	1006
7	SIGURDSON, Ellen	Magee	983
8	ANDREWS, Rachell	ST Thomas More	954
9	KAWAI, Julie	Magee	771
10	YUEN, Katelyn	Magee	733
11	FIELD, Nikki	Prince of Wales	731

#6-3 Women's Outdoor Heptathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KAWAI, Julie	Magee	9.75m							513
2	MORLEY, Emily	Maple Ridge Seco	9.37m							488
3	STRODA, Muriel	Okanagan Mission	9.25m							480
4	PARSAKISH, Anna	Handsworth	9.12m							472
5	KAMPMAN, Jessica	Abbotsford Christi	7.88m							392
6	ANDREWS, Rachelle	ST Thomas More	7.86m							390
7	JONES, Sabrina	Samuel Robertson	7.47m							365
8	FIELD, Nikki	Prince of Wales	7.43m							363
9	YUEN, Katelyn	Magee	6.83m							324
10	SIGURDSON, Ellen	Magee	6.25m							287
11	HUI, Andrea	Little Flower	5.91m							266

Women's Outdoor Heptathlon After 3 Events

Pl	Athlete	Team	Points
1	STRODA, Muriel	Okanagan Mission	1871
2	MORLEY, Emily	Maple Ridge Second	1752

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Women's Outdoor Heptathlon After 3 Events (cont'd)

Pl	Athlete	Team	Points
3	PARSAKISH, Anna	Handsworth	1748
4	KAMPMAN, Jessica	Abbotsford Christian	1502
5	JONES, Sabrina	Samuel Robertson T	1430
6	ANDREWS, Rachell	ST Thomas More	1344
7	KAWAI, Julie	Magee	1284
8	HUI, Andrea	Little Flower	1272
9	SIGURDSON, Ellen	Magee	1270
10	FIELD, Nikki	Prince of Wales	1094
11	YUEN, Katelyn	Magee	1057

#6-4 Women's Outdoor Heptathlon 200 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	KAWAI, Julie	Magee	26.10		(-0.4) 2(1)	788
2	MORLEY, Emily	Maple Ridge Secondary	26.89		(+0.3) 1(1)	721
3	PARSAKISH, Anna	Handsworth	27.56	27.557	(+0.3) 1(2)	666
3	STRODA, Muriel	Okanagan Mission	27.56	27.557	(-0.4) 2(2)	666
5	FIELD, Nikki	Prince of Wales	28.54		(-0.4) 2(3)	589
6	JONES, Sabrina	Samuel Robertson Technic	28.59		(+0.3) 1(3)	585
7	KAMPMAN, Jessica	Abbotsford Christian School	29.96		(-0.4) 2(4)	485
8	ANDREWS, Rachelle	ST Thomas More	30.02		(-0.4) 2(5)	481
9	YUEN, Katelyn	Magee	30.11		(+0.3) 1(4)	474
10	HUI, Andrea	Little Flower	31.08		(+0.3) 1(5)	409
11	SIGURDSON, Ellen	Magee	32.05		(+0.3) 1(6)	348

SECTION RESULTS

Pl	Name	Team	Time	Note	Pts
Section 1 of 2				Wind: (+0.3)	
1	MORLEY, Emily	Maple Ridge Secondary	26.89		721
2	PARSAKISH, Anna	Handsworth	27.56	27.557	666
3	JONES, Sabrina	Samuel Robertson Technic	28.59		585
4	YUEN, Katelyn	Magee	30.11		474
5	HUI, Andrea	Little Flower	31.08		409
6	SIGURDSON, Ellen	Magee	32.05		348
Section 2 of 2				Wind: (-0.4)	
1	KAWAI, Julie	Magee	26.10		788
2	STRODA, Muriel	Okanagan Mission	27.56	27.557	666
3	FIELD, Nikki	Prince of Wales	28.54		589
4	KAMPMAN, Jessica	Abbotsford Christian School	29.96		485
5	ANDREWS, Rachelle	ST Thomas More	30.02		481

Women's Outdoor Heptathlon After 4 Events

Pl	Athlete	Team	Points
1	STRODA, Muriel	Okanagan Mission	2537
2	MORLEY, Emily	Maple Ridge Second	2473
3	PARSAKISH, Anna	Handsworth	2414
4	KAWAI, Julie	Magee	2072
5	JONES, Sabrina	Samuel Robertson T	2015
6	KAMPMAN, Jessica	Abbotsford Christian	1987

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Women's Outdoor Heptathlon After 4 Events (cont'd)

Pl	Athlete	Team	Points
7	ANDREWS, Rachell	ST Thomas More	1825
8	FIELD, Nikki	Prince of Wales	1683
9	HUI, Andrea	Little Flower	1681
10	SIGURDSON, Ellen	Magee	1618
11	YUEN, Katelyn	Magee	1531

#6-5 Women's Outdoor Heptathlon Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KAWAI, Julie	Magee	5.64m (NW)							741
2	PARSAKISH, Anna	Handsworth	4.93m (NW)							540
2	STRODA, Muriel	Okanagan Mission	4.93m (NW)							540
4	MORLEY, Emily	Maple Ridge Seco	4.83m (NW)							514
5	JONES, Sabrina	Samuel Robertson	4.53m (NW)							436
6	FIELD, Nikki	Prince of Wales	4.47m (NW)							421
7	KAMPMAN, Jessica	Abbotsford Christi	4.43m (NW)							411
7	YUEN, Katelyn	Magee	4.43m (NW)							411
9	SIGURDSON, Ellen	Magee	4.30m (NW)							379
10	HUI, Andrea	Little Flower	4.15m (NW)							343
11	ANDREWS, Rachelle	ST Thomas More	3.90m (NW)							285

Women's Outdoor Heptathlon After 5 Events

Pl	Athlete	Team	Points
1	STRODA, Muriel	Okanagan Mission	3077
2	MORLEY, Emily	Maple Ridge Second	2987
3	PARSAKISH, Anna	Handsworth	2954
4	KAWAI, Julie	Magee	2813
5	JONES, Sabrina	Samuel Robertson T	2451
6	KAMPMAN, Jessica	Abbotsford Christian	2398
7	ANDREWS, Rachell	ST Thomas More	2110
8	FIELD, Nikki	Prince of Wales	2104
9	HUI, Andrea	Little Flower	2024
10	SIGURDSON, Ellen	Magee	1997
11	YUEN, Katelyn	Magee	1942

#6-6 Women's Outdoor Heptathlon Javelin

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
	MORLEY, Emily	Maple Ridge Seco	38.93m							647
	KAWAI, Julie	Magee	31.28m							501
	STRODA, Muriel	Okanagan Mission	28.38m							446
	JONES, Sabrina	Samuel Robertson	27.77m							434
	YUEN, Katelyn	Magee	26.58m							412
	KAMPMAN, Jessica	Abbotsford Christi	23.46m							353
	PARSAKISH, Anna	Handsworth	22.95m							344
	FIELD, Nikki	Prince of Wales	22.41m							334
	ANDREWS, Rachelle	ST Thomas More	20.45m							297
	HUI, Andrea	Little Flower	19.51m							280
	SIGURDSON, Ellen	Magee	19.25m							275

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Women's Outdoor Heptathlon After 6 Events

Pl	Athlete	Team	Points
1	MORLEY, Emily	Maple Ridge Second	3634
2	STRODA, Muriel	Okanagan Mission	3523
3	KAWAI, Julie	Magee	3314
4	PARSAKISH, Anna	Handsworth	3298
5	JONES, Sabrina	Samuel Robertson T	2885
6	KAMPMAN, Jessica	Abbotsford Christian	2751
7	FIELD, Nikki	Prince of Wales	2438
8	ANDREWS, Rachell	ST Thomas More	2407
9	YUEN, Katelyn	Magee	2354
10	HUI, Andrea	Little Flower	2304
11	SIGURDSON, Ellen	Magee	2272

#6-7 Women's Outdoor Heptathlon 800 Meters

Pl	Name	Team	Time	Note	Pts
	FIELD, Nikki	Prince of Wales	2:28.89		707
	PARSAKISH, Anna	Handsworth	2:32.49		662
	KAMPMAN, Jessica	Abbotsford Christian School	2:33.59		649
	MORLEY, Emily	Maple Ridge Secondary	2:36.50		614
	KAWAI, Julie	Magee	2:37.60		601
	HUI, Andrea	Little Flower	2:46.94		496
	ANDREWS, Rachelle	ST Thomas More	2:49.06		473
	STRODA, Muriel	Okanagan Mission	2:49.25		471
	JONES, Sabrina	Samuel Robertson Technic	2:51.43		449
	YUEN, Katelyn	Magee	3:02.27		344
	SIGURDSON, Ellen	Magee	3:41.95		75

Women's Outdoor Heptathlon After 7 Events

Pl	Athlete	Team	Points
1	MORLEY, Emily	Maple Ridge Second	4248
2	STRODA, Muriel	Okanagan Mission	3994
3	PARSAKISH, Anna	Handsworth	3960
4	KAWAI, Julie	Magee	3915
5	KAMPMAN, Jessica	Abbotsford Christian	3400
6	JONES, Sabrina	Samuel Robertson T	3334
7	FIELD, Nikki	Prince of Wales	3145
8	ANDREWS, Rachell	ST Thomas More	2880
9	HUI, Andrea	Little Flower	2800
10	YUEN, Katelyn	Magee	2698
11	SIGURDSON, Ellen	Magee	2347

Senior Men's Scores

Pl	Team	Code	Score
1	DW Poppy Secondary	DWPS	10
2	Oak Bay Secondary	OAKB	8
3	Howe Sound	HSS	6
4	Abbotsford Christian School	ABCS	5
5	Stellys	STEL	4

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Senior Women's Scores

Pl	Team	Code	Score
1	Maple Ridge Secondary	MRSS	10
2	Okanagan Mission	OKM	8
3	Handsworth	HAND	6
4	Magee	MAGE	5
5	Abbotsford Christian School	ABCS	4
6	Samuel Robertson Technical Secondary	SRT	3
7	Prince of Wales	POW	2
8	ST Thomas More	STM	1

Men's Scores

Pl	Team	Code	Score
1	DW Poppy Secondary	DWPS	10
2	Oak Bay Secondary	OAKB	8
3	Howe Sound	HSS	6
4	Abbotsford Christian School	ABCS	5
5	Stellys	STEL	4

Women's Scores

Pl	Team	Code	Score
1	Maple Ridge Secondary	MRSS	10
2	Okanagan Mission	OKM	8
3	Handsworth	HAND	6
4	Magee	MAGE	5
5	Abbotsford Christian School	ABCS	4
6	Samuel Robertson Technical Secondary	SRT	3
7	Prince of Wales	POW	2
8	ST Thomas More	STM	1