

Fraser Valley Track and Field Association

Coaches' Meeting

Walnut Grove Secondary

Thursday March 1st, 2018

Agenda

Fraser Valley Commissioner: Philip Barrington Email: pbarrington@sd43.bc.ca

Executive Members: Joel Nelson (Coquitlam Zone)

Fredrique Muirhead (Surrey)

Robert Lindsay (Upper Valley Zone)

Tim Stielow (Delta Zone)

Gary Lutes, Andrew Lenton, Scott Visser, Adora Tang,

DATES

Mini Meets

1. • Wednesday, April 11th – Coquitlam Classic at Percy Perry Stadium (Coquitlam)
2. • Wednesday, April 18th – Abbotsford Invitational at Rotary Stadium (Abbotsford)
3. • Wednesday, April 25th – Nick Wilkes Invitational at Maple Ridge Secondary (Maple Ridge)

District Meets

4. • Mon, Apr 30th /Thu May 3rd- District Championships – Coquitlam/Delta
5. • Wed, May 2nd/Thu May 3rd- Upper Valley Championships- Upper Valley
6. • Tues, May 1st/Wed May 2nd/ Fri May 4th- Surrey Championships- South Surrey

Registration for FV Championships: May 9th, 2018 by 11 pm PST

If you miss any errors on the performance list deadline, and you need to enter an athlete, your school will have to pay a minimum \$25 dollar fine or a maximum fine of \$250 late fee for entering that athlete or team. Do not expect Andrew or I to register your athlete. We will refer you back to the registrar who will enforce the late fee.

www.trackie.com is the website to register your athletes. If you need help please refer to the help tutorial on our website www.fraservalleytrack.net or talk to your zone coordinator.

If an athlete misses a day or two at the Zone Championships, as a coach, you cannot enter that athlete at the FV Championships in the event that they missed. Those spots are already filled by the athletes that have competed in that event that day. The only option for that athlete is to enter their best 2018 performance through the Open Zone process and wait and we see if they get into the BC Championships through that avenue. Already had questions on this so it is important that coaches explain this to their athletes prior to the Zone Championships.

CHAMPIONSHIP MEETS

7. • Mon/Tue/Thu, May 14th, 15th, 17th – Fraser Valley Championships– Abbotsford
8. Fri May 25th/Sat May 26th- BC Multi Event Championships- South Surrey
** the Junior Boys is now an Octa halon and the Junior Girls is a Heptathlon, both events will now be scoring events
May 26th/May 27th Zone 3 and Zone 4 BC Summer Games Trial

- Thu – Saturday, May 31st, June 1st, June 2nd– BC Track and Field Championships –Langley

Agenda

1. Introductions (People to know from your zone.)
2. Budget for 2018- just over \$18 000 in the account.
3. FV Championships Duties and Safety Protocol
Proposed Zone allocation of field events
Shot Put- Mission/Hope/Agassiz/Chilliwack (3 coaches at a time for the event)
Discus- Langley/Delta (3 coaches at a time at the event)
High Jump- Surrey (3 coaches at a time at the event)
Hammer- Chilliwack (3 coaches at a time at the event)
Javelin- Coquitlam (3 coaches at a time at the event)
Long Jump – Surrey (3 coaches at a time)
Triple Jump- Maple Ridge/Surrey (1 of Maple Ridge, and 2 Surrey coaches at a time)
Pole Vault- Coquitlam/Langley (1 coach from each zone to help)
Hurdle Crew- Abbotsford
We will still need volunteers at the finish line and with the posting of events. If you volunteer for these jobs, please inform your zone coordinator.

All volunteers must be at the event 30 minutes prior to the start time of the event. No equipment should be handed out or used at an event until the coach running the event is there to monitor the safety of the athletes during the warm up session.

If an athlete brings their own equipment, we are strongly advising that they do not warm up with it until the coach running the event is there to monitor a safe warm up. If the coach is late, then the warm up time would have to be adjusted to accommodate a proper warm up time.

4. Qualification for FV Championships for each Zone

Coaches please check with your zone reps to make sure you know how many qualify from your zone.

Individual

Coquitlam/Delta-5

Surrey- 7

Upper Valley- 12

Relays

Coquitlam/Delta- 3

Surrey- 5

Upper Valley-8

5. Schedule Change to the Fraser Valley Schedule

Athletes Canada and Special Olympics have asked the FV, only with two other larger zones to include events for para athletes. Have not gotten any specific details but this will impact the schedule. Please inform your AD's and Skills (Special Ed) Teachers about this new development.

6. BC School Sports- Zone Changes

	C	E	F	G	I	J	K	M
1		OPTION TWO				OPTION THREE		
2		SD #	SCHOOL DISTRICT		SD #	SCHOOL DISTRICT		SD #
3			Surrey			Langley		
4			Delta			Surrey		
5			Richmond			Delta		
6			Chilliwack			Chilliwack		
7			Abbotsford			Abbotsford		
8			Mission			Mission		
9			Fraser-Cascade			Fraser-Cascade		
10			Langley			Maple Ridge/Pitt Meadows		
11			Maple Ridge/Pitt Meadows			Richmond		
12			Coquitlam			Coquitlam		
13			Burnaby			Burnaby		
14			New West			New West		
15			North Vancouver			North Vancouver		
16			West Vancouver			West Vancouver		
17			Sunshine Coast			Sunshine Coast		
18			Howe Sound			Howe Sound		
19			Vancouver			Vancouver		
20								
21								
22								
23								

- Coaches need to start discussions on whether we continue with a model similar to the FV (minus Coquitlam or Maple Ridge/Pitt Meadows) or if we adhere to the new zones and act as two separate zones. Coaches in Surrey and in the Upper Valley need to have start these discussions.