

-Schedule-

THURSDAY, May 31st

TRACK EVENTS			
3:00	Welcome Address	National Anthem	
3:05	Steeplechase	JG/JB Final	
3:50	400m Heats	8G, 8B, JG, JB, SG, SB	
5:30	1500m Heats	JG, JB, SG, SB	8G, 8B, Timed Final
7:10	4x100m Finals	8G/8B	Timed Finals
7:35	4x100m Heats	JG, JB, SG, SB	
3:05 FIELD EVENTS		5:15 FIELD EVENTS	
8G	-	8G	High Jump
8B	High Jump	8B	Triple Jump
JG	Triple Jump	JG	Shot Put
JB	Long Jump	JB	Discus
SG	Discus	SG	Long Jump
SB	Javelin	SB	
SO	Shot Put (Special Olympics)		

FRIDAY, June 01st

TRACK EVENTS			
8:35	Sprint Hurdles Heats	SB, JB, SG, 8B, JG, 8G	
10:20	100m Heats	8G, 8B, JG, JB, SG, SB	
11:30	Steeplechase	SG, SB Final	
12:15	BREAK/BC T & F AGM		
1:55	Opening Ceremony	<i>National Anthem</i>	
2:05	Sprint Hurdles Finals	SB, JB, SG, 8B, JG, 8G	
2:35	100m Para / SO Events	Wheelchair, Ambulatory, SO	
2:55	100m Finals	8G, 8B, JG, JB, SG, SB	
3:30	400m Finals	Para, 8G, 8B, JG, JB, SG, SB, SO	
4:15	1500m Finals	JG, JB, SG, SB	
4:55	4 X 100m Relay Finals	JG, JB, SG, SB	
5:20	4 X 400m Relay Finals	8G, 8B Timed Finals	
6:15	4 x 400m Relay Heats	JG, JB, SG, SB	
8:30 FIELD EVENTS		11:00 FIELD EVENTS	
SB	Discus	SG	Hammer

		Friday, June 01		Field Events	
9:00		FIELD EVENTS		2:00 FIELD EVENTS	
8G	Long Jump	8G		8G	Javelin
8B	Javelin	JB	Triple Jump	8B	Shot Put
Para	Shot Put (Female)	JG	Javelin	JG	Long Jump
JB	Pole Vault	JB	Shot Put	JB	
SG	High Jump	SG	Pole Vault	JB	Hammer
SB	Triple Jump	SB	High Jump	SG	
Para	Shot Put (Male - 10:15 start)	SB	Hammer	SB	

SATURDAY, June 02nd

TRACK EVENTS		
8:30	800m Heats	8G, 8B,JG, JB, SB, SG
10:20	400/300 m Hurdles Heats	SB, SG, JB, JG
11:30	200m Hurdles Timed Finals	8B, 8G
11:55	1500 m Racewalk Timed Finals	JG, JB,SB, SG
12:35	200 m Heats	8G, 8B,JG, JB, SB, SG
2:10	-Welcome Address -	- National Anthem -
2:20	400/300 m Hurdle Finals	SB, SG, JB, JG
2:40	3000 m Finals	JG, JB, SB, SG
3:40	800 m Finals	8G, 8B,JG, JB, SB, SG
4:10	200 m Finals	8G, 8B,JG, JB, SB, SG
4:35	3000 m Finals	8G, 8B
5:05	4X400 m Relay Finals	JG, JB, SG, SB
5:35	Awards & Presentations	

12:30 FIELD EVENTS	
SB	Pole Vault

9:00		FIELD EVENTS		12:00 FIELD EVENTS		2:30 FIELD EVENTS	
8G	Shot Put	8G		8G	Triple Jump		
8B		8B		8B	Long Jump		
JG	Pole Vault	JG	Hammer	JG	High Jump		
JG	Discus	JB	High Jump	JB			
JB	Javelin	SG	Shot Put	SG	Javelin		
SG	Triple Jump	SB		SB	Shot Put		
SB	Long Jump						