

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Women 100 Meter Dash Gr 8

Name	Team	Prelims
Preliminaries		
1	Ange Kengni	Archbishop C 12.75Q-0.4
2	Tara Wallack	Semiahmoo Se 12.88Q+0.0
3	Hanna Sobkowich	Earl Marriot 13.12Q0.1
4	Kylie Kampman	Unity Christ 13.28Q-0.2
5	Laysha Tunti	Pacific Acad 13.30q -0.2
6	Estella Mainella	Fraser Heigh 13.32q 0.1
7	Erin Murphy	Holy Cross R 13.60q 0.1
8	Katie Del Rosario	Holy Cross R 13.74q -0.4
9	Veronica Robertson	Walnut Grove 13.79 +0.0
10	Belle Baptiste	Maple Ridge 13.88 +0.0
11	Alison Van De Loosdrecht	Highroad Aca 13.90 +0.0
12	Nadia Rai	Southpointe 14.07 -0.2
13	Nicole Pajic	Semiahmoo Se 14.08 -0.2
14	Juliana Jacobs	Walnut Grove 14.10 -0.4
15	Charabelle Geonanga	Betty Gilber 14.25 -0.4
16	Rebecca Rankin	Walnut Grove 14.34 +0.0
17	Kiera Ludlow	Rosedale Tra 14.44 0.1
18	Nyah Friesen	Rosedale Tra 14.52 -0.2
19	Mckenna Whitely	Maple Ridge 14.52 -0.2
20	Haleigh Holloway	Maple Ridge 14.60 -0.4
21	Shiann Westmorland	Hatzic Secon 14.61 0.1
22	Sereena Dhindsa	Seaquam Seco 15.04 +0.0
23	Katelyn Croy	Southpointe 15.20 0.1
24	Maggie Stewart	South Delta Scho 15.35 -0.4
25	Carlie Kuan	Southpointe 15.60 -0.4
26	Emily Tucker	Seaquam Seco 16.03 0.1
27	Miakay Scott	Archbishop C 16.29 +0.0
28	Ava Burbank	Burnsview Se 17.14 -0.2
29	Willow Coates	Burnsview Se 17.44 -0.2

Women 100 Meter Dash Gr 8

Name	Team	Finals
Finals		
1	Ange Kengni	Archbishop C 12.68 10
2	Tara Wallack	Semiahmoo Se 12.99 8
3	Hanna Sobkowich	Earl Marriot 13.00 6
4	Estella Mainella	Fraser Heigh 13.24 5
5	Laysha Tunti	Pacific Acad 13.35 4
6	Kylie Kampman	Unity Christ 13.36 3
7	Erin Murphy	Holy Cross R 13.68 2
8	Katie Del Rosario	Holy Cross R 13.89 1

Women 400 Meter Dash Gr 8

Name	Team	Prelims
Preliminaries		
1	Deja Lee	Semiahmoo Se 1:02.79Q
2	Madelyn Bonikowsky	South Delta Scho 1:06.19Q
3	Montana Kroeker	Pacific Acad 1:07.01Q
4	Veronica Robertson	Walnut Grove 1:06.67Q
5	Hannah Graham	Lord Tweedsm 1:07.84Q
6	Megan Robertson	Westview Sec 1:08.32Q
7	Mireya Klassen	Lfmss 1:07.90q

8	Olivia McAuley	Mei Middle S 1:08.48q
9	Balkim Samra	Enver Creek 1:08.64
10	Lexie Kampman	Abbotsford C 1:08.90
11	Raya Brandsma	Abbotsford C 1:10.32
12	Jayde Blight-Swanson	Chilliwack M 1:11.14
13	Grace Hanberg	Pacific Acad 1:11.99
14	Joyce Ko	Mei Middle S 1:12.17
15	Rylee Baly	Yorkson Cree 1:12.80
16	Samara Pauls	Mei Middle S 1:15.98
17	Emily Tucker	Seaquam Seco 1:17.02

Women 400 Meter Dash Gr 8

Name	Team	Finals
Finals		
1	Madelyn Bonikowsky	South Delta Scho 1:02.08 10
2	Deja Lee	Semiahmoo Se 1:03.04 8
3	Veronica Robertson	Walnut Grove 1:05.15 6
4	Montana Kroeker	Pacific Acad 1:05.47 5
5	Mireya Klassen	Lfmss 1:08.25 4
6	Hannah Graham	Lord Tweedsm 1:08.58 3
7	Olivia McAuley	Mei Middle S 1:08.94 2
8	Megan Robertson	Westview Sec 1:10.92 1

Women 1500 Meter Run Gr 8

Name	Team	Finals
Finals		
1	Madelyn Bonikowsky	South Delta Scho 5:02.05 10
2	Emma Cobban	Elgin Park S 5:14.06 8
3	Ava Mitchell	Semiahmoo Se 5:18.49 6
4	Elise Younie	Hatzic Secon 5:30.74 5
5	Rebecca Versluis	Langley Chri 5:31.87 4
6	Cassandra Chow	Pacific Acad 5:38.45 3
7	Jasleen Grewal	Sullivan Hei 5:38.90 2
8	Melissa Stevens	Burnsview Se 5:40.65 1
9	Nola Mountain	Fraser Heigh 5:42.78
10	Emma Graydon	Pitt Meadows 5:47.83
11	Statia Burchart	Regent Chris 5:48.15
12	Dania Klassen	Vedder Middl 5:48.26
13	Alexis Friedel	Earl Marriot 6:05.54
14	Remy Voogt	Abbotsford C 6:18.09
15	Keili Reist	Garibaldi Se 6:21.20
16	Hayley Lawn	Chilliwack M 6:27.25

Women 3000 Meter Run Gr 8

Name	Team	Finals
Finals		
1	Rebecca Versluis	Langley Chri 11:35.51 10
2	Emma Cobban	Elgin Park S 11:37.34 8
3	Ava Mitchell	Semiahmoo Se 11:50.68 6
4	Nola Mountain	Fraser Heigh 12:09.65 5
5	Emma Graydon	Pitt Meadows 12:30.81 4
6	Alexis Friedel	Earl Marriot 12:32.17 3
7	Chelsea Stoochnoff	Holy Cross R 12:37.20 2
8	Dania Klassen	Vedder Middl 12:46.43 1
9	Jada Baker	Tamanawis Se 12:53.67
10	Megan Porter	Garibaldi Se 12:58.89

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Women 3000 Meter Run Gr 8)

Name	Team	Finals
11 Keili Reist	Garibaldi Se	13:41.56

Women 200 Meter Hurdles Gr 8

Name	Team	Finals
Finals		
1 Kaylie Borntraeger	Southpointe	31.32 10
2 Rylea Keen	Walnut Grove	31.96 8
3 Montana Kroeker	Pacific Acad	32.00 6
4 Lexie Kampman	Abbotsford C	32.62 5
5 Abby Gamache	Mei Middle S	32.88 4
6 Olivia McAuley	Mei Middle S	34.04 3
7 Carly Dyck	Mei Middle S	x34.06 0.7
8 Emma Piers	Abbotsford C	34.35 2
9 Joyce Ko	Mei Middle S	x34.64 0.7
10 Vienna Wise	Mei Middle S	x35.52 1.1
11 Kaitlyn Eckert	Langley Chri	36.81 1
12 Lara Posthumus	Holy Cross R	39.45 1.1
13 Halle Causton	Highroad Aca	54.43 1.1

Women 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Walnut Grove	A	4:27.37 10
2 Semiahmoo Secondary	A	4:28.13 8
3 Lord Tweedsmuir	A	4:30.44 6
1) Alyza Aikins	2) Puneet Dhindsa	
3) Sonia Chohan	4) Hannah Graham	
4 Abbotsford C	A	4:41.83 5
1) Raya Brandsma	2) Emma Piers	
3) Lexie Kampman	4) Rachel Atsma	
5 Archbishop C	A	4:43.66 4
6 Holy Cross Regional	A	4:45.08 3
7 Mei Middle School	A	4:47.52 2
8 Maple Ridge Secondary	A	5:12.55 1
1) Mckenna Whitely	2) Patricia Cabezon	
3) Haleigh Holloway	4) Plumb Madison	

Women High Jump Gr 8

Name	Team	Finals
Finals		
1 Emma De Boer	Holy Cross R	1.50m 10
2 Lexie Kampman	Abbotsford C	1.45m 8
3 Nadia Rai	Southpointe	1.35m 6
4 Olivia McCallum	Lord Tweedsm	1.30m 4.5
4 Katherine Eckert	Lord Tweedsm	1.30m 4.5
6 Megan Robertson	Westview Sec	1.30m 2.5
6 Kiera Hummelman	Langley Chri	1.30m 2.5
8 Rebecca Rankin	Walnut Grove	1.30m 1
9 Katelyn Croy	Southpointe	1.30m
9 Julia Peng	Archbishop C	1.30m
9 Abby Gamache	Mei Middle S	1.30m
12 Jess Tunzi	Walnut Grove	1.25m
12 Kayla Paskie	Yorkson Cree	1.25m
14 Sophia Roukema	Credo Christ	1.20m

15 Kiera Ludlow	Rosedale Tra	1.20m
16 Dominika Kruszyna	Yorkson Cree	1.15m
17 Olivia Gallus	Pitt Meadows	1.15m

Women Long Jump Gr 8

Name	Team	Finals
Finals		
1 Tara Wallack	Semiahmoo Se	4.66m 10
2 Nicole Pajic	Semiahmoo Se	4.52m 8
3 Kaylie Borntraeger	Southpointe	4.50m 6
4 Katie Del Rosario	Holy Cross R	4.47m 5
5 Tania Louise	Seaquam Seco	4.38m 3.5
5 Haley Willis	Hatzic Secon	4.38m 3.5
7 Kylie Kampman	Unity Christ	4.36m 2
8 Belle Baptiste	Maple Ridge	4.32m 1
9 Rachel Atsma	Abbotsford C	4.29m NWI
10 Shiann Westmorland	Hatzic Secon	4.14m NWI
11 Kayla Paskie	Yorkson Cree	4.10m NWI
12 Ava Mitchell	Semiahmoo Se	x4.02m NWI
13 Megan Robertson	Westview Sec	3.99m NWI
14 Olivia McCallum	Lord Tweedsm	3.95m NWI
15 Sophia Roukema	Credo Christ	3.89m NWI
16 Kiera Ludlow	Rosedale Tra	3.86m NWI
17 Julia Peng	Archbishop C	3.85m NWI
18 Rylee Baly	Yorkson Cree	3.78m NWI
18 Isabell Gerbrand	Ecole Herita	3.78m NWI
20 Bella Bay	Mei Middle S	3.76m NWI
21 Madeleine Froese	Archbishop C	3.74m NWI
22 Nadia Rai	Southpointe	3.63m NWI

Women Shot Put Gr 8

Name	Team	Finals
Finals		
1 Isabelle Forsyth	Semiahmoo Se	11.12m 10
2 Kennedy Hall	Fraser Valle	9.50m 8
3 Olivia Chandra	Clayton Heig	8.95m 6
4 Anya Peters	Mei Middle S	8.57m 5
5 Grace Hanberg	Pacific Acad	8.26m 4
6 Reagan Hadden	Maple Ridge	8.19m 3
7 Cassidy Cooke	Pacific Acad	8.18m 2
8 Emily Wieland	Hatzic Secon	7.88m 1
9 Gracie Corneau	Mei Middle S	7.87m
10 Ito Ologhola	Holy Cross R	7.85m
11 Tiara Dickson-Cowel	Ecole Herita	7.77m
12 Patricia Cabezon	Maple Ridge	7.61m
13 Brianna Ragsdale	Lord Tweedsm	7.54m
14 Jayda Vermeer	Rosedale Tra	7.19m
14 Madison Chow	Pacific Acad	x7.19m
16 Anna Kisser	Langley Chri	7.16m
17 Ruth Van Egmond	Abbotsford C	7.05m

Women Discus Throw Gr 8

Name	Team	Finals
Finals		
1 Isabelle Forsyth	Semiahmoo Se	35.65m 10
2 Kennedy Hall	Fraser Valle	24.83m 8

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Women Discus Throw Gr 8)

Name	Team	Finals
3 Emily Wieland	Hatzic Secon	24.70m 6
4 Brianna Ragsdale	Lord Tweedsm	21.17m 5
5 Gracie Corneau	Mei Middle S	21.16m 4
6 Grace Hanberg	Pacific Acad	20.13m 3
7 Logan Courchene	Tamanawis Se	19.74m 2
8 Joely Ma	Lord Tweedsm	18.62m 1
9 Anya Peters	Mei Middle S	18.36m
10 Sydney Wright	Lord Tweedsm	x18.33m
11 Jasmine Mann	Mei Middle S	x17.67m
12 Stephanie Vis	Credo Christ	17.60m
13 Joyce Ko	Mei Middle S	x17.42m
14 Kennedy Campbell	GW Graham -	17.18m
15 Olivia Chandra	Clayton Heig	16.98m
16 Reagan Hadden	Maple Ridge	14.23m
17 Annie Zhang	Meadowridge	13.52m

Women Javelin Throw Gr 8

Name	Team	Finals
1 Isabelle Forsyth	Semiahmoo Se	31.02m 10
2 Olivia Chandra	Clayton Heig	25.98m 8
3 Anya Peters	Mei Middle S	25.49m 6
4 Brianna Ragsdale	Lord Tweedsm	24.59m 5
5 Carly Dyck	Mei Middle S	23.17m 4
6 Erin Clemens	Archbishop C	22.74m 3
7 Clara Joo	Walnut Grove	21.73m 2
8 Amy Lockwood	Hatzic Secon	20.03m 1
9 Olivia Helly	Mei Middle S	x19.57m
10 Rachel Atsma	Abbotsford C	19.36m
11 Amanda Moyo	Yorkson Cree	18.99m
12 Ruth Van Egmond	Abbotsford C	18.36m
13 Tiara Dickson-Cowel	Ecole Herita	17.76m
14 Sumin Kim	Mei Middle S	x17.05m
15 Joely Ma	Lord Tweedsm	16.95m
16 Gracie Corneau	Mei Middle S	x16.79m
17 Logan Courchene	Tamanawis Se	13.85m
18 Katherine Eckert	Lord Tweedsm	x10.59m

Women 100 Meter Dash Junior

Name	Team	Prelims
1 Jordan Jacobs	Walnut Grove	12.80Q0.6
2 Samantha Ogbeiw	Lord Tweedsm	12.87Q+0.0
3 Hailey Dubois	Earl Marriot	13.22Q0.6
4 Alina Olson	Maple Ridge	13.32Q+0.0
5 Amara Duncan	Dr Charles B	13.35Q0.6
6 Renessa Margison	Vedder Middl	13.45Q0.6
7 Mikaela Balla	Earl Marriot	13.48q +0.0
8 Katie Laface	Walnut Grove	13.51q 0.6
9 Mona Yu	Pacific Acad	13.52 +0.0
10 Amy Naldrette	W J Mouat Se	13.57 0.6
11 Jessie Markin	Clayton Heig	13.59 0.6
12 Sabine Campeau	Heritage Woo	13.69 +0.0
13 Trinaya States-Jones	Lord Tweedsm	13.69 0.6

14 Paige Ackermann	Riverside Se	13.74 +0.0
15 Anneke Deklerk	W J Mouat Se	13.87 0.6
16 Aneesha Sran	Dasmesh Punj	13.87 0.6
17 Jesula McCallum	Fraser Valle	13.89 +0.0
18 Kyla Smith	Mei Secondar	13.89 0.6
19 Jenna Griffin	Heritage Woo	13.96 0.6
20 Taya Suttill	Lord Tweedsm	14.03 0.6
21 Elizabeth Warren	St. John Bre	14.06 0.6
22 Cassidy Vanoene	Credo Christ	14.17 +0.0
23 Jasiel Castillo	Walnut Grove	14.32 0.6
24 Emma Leblanc	Heritage Woo	14.48 0.6

Women 100 Meter Dash Junior

Name	Team	Finals
1 Jordan Jacobs	Walnut Grove	12.95 10
2 Samantha Ogbeiw	Lord Tweedsm	13.07 8
3 Amara Duncan	Dr Charles B	13.33 6
4 Alina Olson	Maple Ridge	13.52 5
5 Mikaela Balla	Earl Marriot	13.73 4
6 Hailey Dubois	Earl Marriot	13.73 3
7 Katie Laface	Walnut Grove	13.75 2
8 Renessa Margison	Vedder Middl	13.79 1

Women 400 Meter Run Junior

Name	Team	Prelims
1 Brooke Mussche	Langley Chri	59.88Q
2 Samantha Matthewman	Walnut Grove	1:00.33Q
3 Cayla Smith	Southridge S	1:00.77Q
4 Prabhasha Wickramaarachchi	Walnut Grove	1:00.69Q
5 Cassidy Hutchison	Mei Secondar	1:01.42Q
6 Natasha Smigelski	Centennial W	1:01.77Q
7 Oliva McDonell	Riverside Se	1:03.00q
8 Danika Dool	Vedder Middl	1:03.26q
9 Khyra Le	Maple Ridge	1:03.77
10 Cassie Brandsma	Abbotsford C	1:04.42
11 Angela Peters	Earl Marriot	1:04.48
12 Chantelle Leimer	Enver Creek	1:04.83
13 Kaelin Gilbert	Earl Marriot	1:04.87
14 Jasmine Kageorge	Earl Marriot	1:05.58
15 Hayley Anderson	Heritage Woo	1:05.95
16 Maddie Gibson	BC Christian	1:05.98
17 Kelsy Stelnicki	Walnut Grove	1:06.08
18 Emily Parzyszek	Lord Tweedsm	1:06.57
19 Sanehpreet Basra	Sullivan Hei	1:07.46
20 Elizabeth Bowles	Sands Second	1:08.29
21 Sydney Owens	GW Graham -	1:08.82
22 Esme Markey	Chilliwack M	1:10.20
23 Julia Mijinke	St. John Bre	1:11.43
24 Annabelle Green	Ecole Herita	1:11.98

Women 400 Meter Run Junior

Name	Team	Finals
1 Cayla Smith	Southridge S	58.06 10

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Women 400 Meter Run Junior)

Name	Team	Finals	
2 Brooke Mussche	Langley Chri	58.27	8
3 Natasha Smigelski	Centennial W	1:00.47	6
4 Samantha Matthewman	Walnut Grove	1:00.51	5
5 Cassidy Hutchison	Mei Secondar	1:01.56	4
6 Prabhasha Wickramaarachchi	Walnut Grove	1:01.85	3
7 Danika Dool	Vedder Middl	1:02.95	2
8 Oliva McDonell	Riverside Se	1:04.14	1

Women 1500 Meter Run Junior

Name	Team	Finals	
Finals			
1 Baneet Bains	Princess Mar	4:52.80	10
2 Rachel Mortimer	W J Mouat Se	4:57.62	8
3 Maggie Graydon	Pitt Meadows	5:00.06	6
4 Hannah Milic	Seaquam Seco	5:02.52	5
5 Leah Bakker	Langley Chri	5:03.94	4
6 Grace Chalk	Walnut Grove	5:05.64	3
7 Elizabeth Gin	White Rock C	5:05.88	2
8 Madison Stoochnoff	Holy Cross R	5:06.59	1
9 Ilse Rafter	Maple Ridge	5:09.27	
10 Oliva McDonell	Riverside Se	5:12.68	
11 Lina Shalaby	Walnut Grove	5:14.26	
12 Andrena Johnson	Vedder Middl	5:17.14	
13 Mackenzie Campbell	GW Graham -	5:18.06	
14 Arshdeep Waring	Abbotsford T	5:19.68	
15 Cassidy Cardle	Walnut Grove	x5:21.89	
16 Kelsy Stelnicki	Walnut Grove	x5:22.30	
17 Bailey Herbert	Pacific Acad	5:24.00	
18 Heidi Mueckel	Heritage Woo	5:25.82	
19 Ava Horne	Earl Marriot	5:26.61	
20 Nicole Zipursky	Delta Second	5:28.96	
21 Sarah Wade	Riverside Se	5:31.68	
22 Serena Bath	Meadowridge	5:33.44	
23 Dora Chan	Clayton Heig	5:35.63	

Women 3000 Meter Run Junior

Name	Team	Finals	
Finals			
1 Baneet Bains	Princess Mar	10:34.63	10
2 Maya Kobylanski	Southridge S	10:40.19	8
3 Rachel Mortimer	W J Mouat Se	10:44.05	6
4 Hannah Milic	Seaquam Seco	10:50.59	5
5 Madison Stoochnoff	Holy Cross R	10:52.42	4
6 Maggie Graydon	Pitt Meadows	10:53.29	3
7 Grace Chalk	Walnut Grove	11:13.31	2
8 Ilse Rafter	Maple Ridge	11:14.36	1
9 Gracie Lorenson	Pitt Meadows	11:20.25	
10 Yvonne Wang	Pinetree Sec	11:41.88	
11 Andrena Johnson	Vedder Middl	11:44.58	
12 Sonali Gaba	W J Mouat Se	11:45.18	
13 Nanaki Sangha	Enver Creek	11:50.18	
14 Emma Kearns	Lord Tweedsm	12:03.05	
15 Emma Rolfson	Walnut Grove	12:06.59	
16 Sarah Wade	Riverside Se	12:11.84	

17 Naomi Residorf	Walnut Grove	x12:17.90
18 Jolene Thalen	Credo Christ	12:18.16
19 Samantha Palatinus	Earl Marriot	12:19.37
20 Dora Chan	Clayton Heig	12:24.03
21 Josephine Bennett	Walnut Grove	x12:33.51

Women 300 Meter Hurdles Junior

Name	Team	Finals	
Finals			
1 Holly Harrison	Walnut Grove	46.50	10
2 Prabhasha Wickramaarachchi	Walnut Grove	47.02	8
3 Samantha Matthewman	Walnut Grove	x47.20	
4 Dominique Ronse	Brookwood S	49.85	6
5 Jessica Kampman	Abbotsford C	50.53	5
6 Kaelin Gilbert	Earl Marriot	50.60	4
7 Emma Kearns	Lord Tweedsm	51.18	3
8 Regan Bishop	Yale Seconda	51.93	2
9 Julia Snow	W J Mouat Se	52.11	1
10 Shelby Milliard	Maple Ridge	52.14	
11 Karman Kang	Enver Creek	52.53	
12 Mollie Markin	Clayton Heig	52.69	
13 Emily Coons	Fraser Heigh	52.92	
14 Brooke Jangula	Lord Tweedsm	53.06	
15 Gemma Nootebos	St. John Bre	53.17	
16 Abby Minderhoud	Abbotsford C	53.45	
17 Brooklyn White	Yale Seconda	54.77	
18 Martha Mass	Credo Christ	1:00.59	

Women 4x100 Meter Relay Junior

Team	Relay	Prelims
Preliminaries		
1 Walnut Grove	A	50.49Q
2 Heritage Woo	A	53.05Q
1) Jenna Griffin	2) Sabine Campeau	
3) Hayley Anderson	4) Elizabeth Bodnariuc	
3 Walnut Grove	B	53.78Q
4 Mei Secondary School	A	54.68Q
5 WJ Mouat	A	54.02Q
6 Vedder Middle School	A	54.83Q
7 Earl Marriot	A	54.14q
8 Abbotsford C	A	54.80q
1) Jaelyn Dragt	2) Cassie Brandsma	
3) Linnea Zimmer	4) Jessica Kampman	
9 Maple Ridge Secondary	A	54.85
1) Shelby Milliard	2) Kennedy Bergen	
3) Meaghan Christensen	4) Alina Olson	
10 Lord Tweedsmuir	C	55.09
1) Trinaya States-Jones	2) India Aikins	
3) Kristina Bonface	4) Samantha Ogbiwei	
11 St John Brebeuf	A	56.29
1) Marie Durante	2) Sara Lindenhoff	
3) Elizabeth Warren	4) Gemma Nootebos	
12 Archbishop C	A	56.72
13 Lord Tweedsmuir	D	56.81
1) Emma Kearns	2) Taya Suttill	
3) Bohmee Kim	4) Teagan Richardson	

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Preliminaries ... (Women 4x100 Meter Relay Junior)

Team	Relay	Prelims
14 Fleetwood Pa	A	57.66
1) Julia Ueda-Avarvarei	2) Manroop Ghuman	
3) Manreet Sangha	4) Cassidy Bonderud	
15 Pinetree Sec	A	1:00.07
--- Lord Tweedsmuir	A	DQ
1) Sonia Chohan	2) Puneet Dhindsa	
3) Alyza Aikins	4) Cassie Taillon	

Women 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Walnut Grove	A	4:09.31 10
2 Abbotsford C	A	4:19.46 8
1) Linnea Zimmer	2) Cassie Brandsma	
3) Jessica Kampman	4) Jaelyn Dragt	
3 Earl Marriot	A	4:22.31 6
4 Lord Tweedsmuir	A	4:24.33 5
1) Lucy Fournier	2) Kassie Tippe	
3) Gurleen Jammu	4) Bria Andersen	
5 Mei Secondary School	A	4:26.76 4
6 Walnut Grove	B	4:27.14 3
7 Maple Ridge Secondary	A	4:28.32 2
1) Ilse Rafter	2) Shelby Milliard	
3) Marquisis Haintz	4) Khyra Le	
8 GW Graham -	A	4:31.37 1
9 W.J Mouat	A	4:32.44
10 Walnut Grove	C	x4:34.86
11 Earl Marriot	B	4:36.76
12 Lord Tweedsmuir	C	4:42.75
1) Brennan Balkovec	2) Brooke Jangula	
3) Georgia Vandop	4) Maddy Guild	
13 Archbishop C	A	4:46.19

Women High Jump Junior

Name	Team	Finals
Finals		
1 Eniko Sara	Lord Tweedsm	1.60m 10
2 Carly Seemann	Dr Charles B	1.55m 8
3 Alex Hinrichs	Heritage Woo	1.50m 5.5
3 Cassie Brandsma	Abbotsford C	1.50m 5.5
5 Jessica Kampman	Abbotsford C	1.50m 4
6 Jaziel Tunti	Pacific Acad	1.45m 3
7 Merin Lenz	Abbotsford S	1.40m 1
7 Shaunika Suriya	Walnut Grove	1.40m 1
7 Jesula McCallum	Fraser Valle	1.40m 1
10 Alyssa Ratcliff	Mei Secondar	1.40m
10 Raheema Ivan	Queen Mary E	1.40m
12 Liz Gilder	Gleneagle Se	1.40m
13 Shauna Hoogstra	Credo Christ	1.35m
14 Emma Willis	Fleetwood Pa	1.35m
14 Paige Carmichael- Barnes	Clayton Heig	1.35m
16 Mackenzie Campbell	GW Graham -	1.30m
16 Riya Viridi	Fleetwood Pa	1.30m
18 Alexis Olson	W J Mouat Se	1.30m

19 Martha Mass	Credo Christ	1.30m
20 Jasmine Agudelo Williams	AD Rundle Middle	1.20m

Women Triple Jump Junior

Name	Team	Finals
Finals		
1 Jaelyn Dragt	Abbotsford C	10.11m 10
2 Johannah Brandsma	Abbotsford C	9.89m 8
3 Mona Yu	Pacific Acad	9.81m 6
4 Angela Peters	Earl Marriot	9.47m 5
5 Cassie Brandsma	Abbotsford C	x9.43m NWI
6 Natasha Burgert	Semiahmoo Se	9.23m 4
7 Manroop Ghuman	Fleetwood Pa	9.19m 3
8 Paige Carmichael- Barnes	Clayton Heig	9.17m 2
9 Yilian Zhao	Walnut Grove	9.12m 1
10 Stephanie Ta	Sardis Secon	9.01m NWI
11 Uma Tiurpenko	Southpointe	8.76m NWI
12 Kayla Serviss	Walnut Grove	8.70m NWI
13 Lucy Fournier	Lord Tweedsm	8.54m NWI
14 Rianna Belonio	Port Moody S	8.52m NWI
15 Kennedy Parsons	Ecole Herita	8.49m NWI
16 Lexy Toscano	AD Rundle Middle	8.36m NWI
17 Krysta Serviss	Walnut Grove	x8.26m NWI
17 Liz Gilder	Gleneagle Se	8.26m NWI
19 Annabelle Green	Ecole Herita	7.62m NWI
20 Sonali Gaba	W J Mouat Se	7.31m NWI
--- Jessica Monsen	Ecole Herita	FOUL

Women Shot Put 3 kg Junior

Name	Team	Finals
Finals		
1 Simran Bangar	North Delta	11.34m 10
2 Eniko Sara	Lord Tweedsm	10.96m 8
3 Mateya Haintz	Maple Ridge	10.93m 6
4 Georgia Hamnett	Dr Charles B	10.77m 5
5 Cailin Bitter	Mei Secondar	10.40m 4
6 Hanna Hansen	Delta Second	10.04m 3
7 Alina Olson	Maple Ridge	9.85m 2
8 Sheleena Wiley	Lfmss	9.77m 1
9 Janice Oh	Port Moody S	9.45m
10 Kyra Gauthier	Lord Tweedsm	9.13m
11 Meghan Kennedy_spence	Gleneagle Se	8.79m
12 Mary Telian	Abbotsford C	8.78m
13 Sarah Stewart	Rosedale Tra	8.76m
14 Hanna Dhillon	Queen Mary E	8.54m
15 Tasha Stenneth	Brookwood S	8.45m
16 Emilie Plante	W J Mouat Se	8.26m
17 Yelissa Beugelink	Abbotsford C	8.18m
18 Emily Morgante	Ecole Herita	8.16m
19 Makenna Van Muyen	Abbotsford C	x7.64m
20 Aarti Dhunna	Holy Cross R	7.33m
21 Sydney Foster	Maple Ridge	x6.90m
22 Chelsea-Grace Sharp	Lord Tweedsm	x6.66m

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Women Discus Throw 1 kg Junior

Name	Team	Finals
Finals		
1 Mateya Haintz	Maple Ridge	33.43m 10
2 Tiese Unruh	Wj Mouat Sec	27.42m 8
3 Cailin Bitter	Mei Secondar	26.03m 6
4 Tanisha Gill	Abbotsford T	25.69m 5
5 Shaunika Suriya	Walnut Grove	25.55m 4
6 Talyn Ziemer	Walnut Grove	25.46m 3
7 Abby Kroeker	Ecole Herita	22.04m 2
8 Kyra Gauthier	Lord Tweedsm	20.51m 1
9 Emily Morgante	Ecole Herita	19.50m
10 Navleen Brar	Abbotsford T	19.44m
11 Maddie Guild	Lord Tweedsm	19.23m
12 Meghan Kennedy_spence	Gleneagle Se	18.82m
13 Uthra Viswanathan	Sands Second	17.66m
14 Mercedes Hough	White Rock C	17.60m
15 Jesse Spiess	Garibaldi Se	17.54m
16 Janice Oh	Port Moody S	17.18m
17 Emma Felgner	Garibaldi Se	17.15m
18 Chelsea-Grace Sharp	Lord Tweedsm	x13.68m
19 Kristen Seppelt	Archbishop C	13.16m
20 Avneet Tiwana	Queen Mary E	12.55m
--- Simran Bangar	North Delta	FOUL

Women Hammer Throw 3 kg Junior

Name	Team	Finals
Finals		
--- Faith Baars	Abbotsford C	xNo Data
--- Cayley Geddes	Walnut Grove	xNo Data

Women Javelin Throw 500 gram Junior

Name	Team	Finals
Finals		
1 Rori Denness	Earl Marriot	40.22m 10
2 Eniko Sara	Lord Tweedsm	37.02m 8
3 Kyla Smith	Mei Secondar	35.01m 6
4 Spencer Morrison	Maple Ridge	32.49m 5
5 Georgia Hamnett	Dr Charles B	31.52m 4
6 Julia Ueda-Avarvari	Fleetwood Pa	29.91m 3
7 Jasmine Agudelo Williams	AD Rundle Middle	28.69m 2
8 Reiko Bohmert	Delta Second	27.41m 1
9 Kayla Serviss	Walnut Grove	27.25m
10 Christine Wiebe	Earl Marriot	26.44m
11 Allie Ho	Semiahmoo Se	25.74m
12 Talyn Ziemer	Walnut Grove	25.35m
13 Brooke Coumont	Maple Ridge	22.59m
14 Erin Grywacheski	Walnut Grove	x22.28m
15 Ayliffe Jones	Walnut Grove	x22.05m
16 Makenna Van Muyen	Abbotsford C	21.95m
17 Jesse Spiess	Garibaldi Se	20.89m
18 Chelsea Penner	W J Mouat Sec	20.37m
19 Melissa Holyhead-Miles	Chilliwack S	19.88m
20 Liz Gilder	Gleneagle Se	19.28m

Women 1500 Meter Race Walk Junior

Name	Team	Finals
Finals		
1 Cassidy Cardle	Walnut Grove	7:36.70 10
2 Taya Suttill	Lord Tweedsm	9:03.12 8
3 Cayley Geddes	Walnut Grove	9:08.86 6
4 Erica Fang	Walnut Grove	x9:14.20
5 Natalie Jorgensen	Mission Seco	9:17.32 5
6 Jolene Thalen	Credo Christ	9:33.28 4
7 Sacha Radatzke	Abbotsford C	9:42.70 3
8 Josephine Bennett	Walnut Grove	x9:43.51
9 Lydia Gunnink	Credo Christ	9:44.68 2
10 Bethany Lengkeek	Credo Christ	x10:13.28
11 Simran Dosanjh	Mei Middle S	10:19.35 1
12 Kaitlyn Lu	Fleetwood Pa	12:01.76
13 Luna Wagner	Johnston Hei	12:01.82
14 Chelsea-Grace Sharp	Lord Tweedsm	12:02.17
15 Victoria Chung	Johnston Hei	12:02.94
16 Chanel Khabra	Queen Mary E	15:03.87
--- Hailey Dubois	Earl Marriot	DNF
--- Annabell Tanzil	Walnut Grove	DQ

Women 100 Meter Dash Senior

Name	Team	Prelims
Preliminaries		
1 Jasneet Nijjar	Queen Elizab	12.40Q-0.4
2 Jordan Hall	Earl Marriot	12.71Q0.9
3 Aaryanna Kurucz	Maple Ridge	12.90Q-0.4
4 Kristen Lagerstrom	Pitt Meadows	13.31Q-0.6
5 Cayla Snow	Clayton Heig	12.86q -0.4
6 Amanda Moore	Lord Tweedsm	13.08q -0.4
7 Tamara Alexander	Mei Secondar	13.12q -0.4
8 Cassidy Sader	Earl Marriot	13.18q 0.9
9 Lauryn Dieleman	Lord Tweedsm	13.43 -0.4
10 Julie Ydenberg	Pitt Meadows	13.49 -0.6
11 Francesca Dube	St. John Bre	13.61 0.9
12 Aimee Milliard	Maple Ridge	13.66 -0.4
13 Kelsey Friesen	Yale Seconda	13.73 -0.4
14 Mikaela Alexander	Mei Secondar	13.89 -0.4
15 Alex Godlewski	Seaquam Seco	13.91 0.9
16 Bonnie Xie	Sardis Secon	13.96 -0.6
17 Xiao Yang Carson	Sardis Secon	14.03 -0.4
18 Jacqueline Le	North Surrey	14.06 -0.4
19 Andrea Gil	Archbishop C	14.08 -0.6
20 Josepha Bassewitz	Delta Second	14.08 -0.6
21 Shaelyn Kooyman	Unity Christ	14.14 0.9
22 Jasmine Lew	Heritage Woo	19.81 -0.6

Women 100 Meter Dash Senior

Name	Team	Finals
Finals		
1 Jasneet Nijjar	Queen Elizab	12.50 10
2 Jordan Hall	Earl Marriot	12.88 8
3 Aaryanna Kurucz	Maple Ridge	12.90 6
4 Cayla Snow	Clayton Heig	13.06 5

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Women 100 Meter Dash Senior)

Name	Team	Finals
5 Amanda Moore	Lord Tweedsm	13.15 4
6 Tamara Alexander	Mei Secondar	13.32 3
7 Kristen Lagerstrom	Pitt Meadows	13.42 2
8 Cassidy Sader	Earl Marriot	13.54 1

Women 400 Meter Run Senior

Name	Team	Prelims
------	------	---------

Preliminaries

1 Jasneet Nijjar	Queen Elizab	58.48Q
2 Aaryanna Kurucz	Maple Ridge	59.88Q
3 Jessica Williams	Semiahmoo Se	59.99Q
4 Emily Morley	Maple Ridge	1:00.63Q
5 Lisa Seidelmann	Earl Marriot	1:02.00Q
6 Alyssa Terry	Sullivan Hei	1:02.40Q
7 Louise Forsyth	Brookwood S	1:03.34q
8 Amanda Moore	Lord Tweedsm	1:03.44q
9 Julie Ydenberg	Pitt Meadows	1:04.43
10 Mikaela Alexander	Mei Secondar	1:04.61
11 Serenah Roy	Sardis Secon	1:05.15
12 Alyssa Turcott	Gleneagle Se	1:05.24
13 Xiao Yang Carson	Sardis Secon	1:05.50
14 Jojo Caverley	Mission Seco	1:05.53
15 Anne Yolland	Gleneagle Se	1:05.96
16 Simonne Mikolay	Pitt Meadows	1:06.08
17 Madelyn Huston	Thomas Haney	1:08.75
18 Brielle Reaume	Gleneagle Se	1:08.97
19 Mary Chad	Gleneagle Se	1:09.46
20 Tatiana Potashova	Kwantlen Par	1:10.34

Women 400 Meter Run Senior

Name	Team	Finals
------	------	--------

Finals

1 Jessica Williams	Semiahmoo Se	56.47 10
2 Jasneet Nijjar	Queen Elizab	58.38 8
3 Aaryanna Kurucz	Maple Ridge	59.48 6
4 Alyssa Terry	Sullivan Hei	1:02.25 5
5 Emily Morley	Maple Ridge	1:03.90 4
6 Lisa Seidelmann	Earl Marriot	1:04.02 3
7 Louise Forsyth	Brookwood S	1:05.71 2
8 Amanda Moore	Lord Tweedsm	1:05.76 1

Women 1500 Meter Run Senior

Name	Team	Finals
------	------	--------

Finals

1 Madelyn Huston	Thomas Haney	4:50.54 10
2 Jamie Hennessey	Maple Ridge	4:51.93 8
3 Olivia Willett	Riverside Se	4:54.16 6
4 Georgia Ginther	Earl Marriot	4:57.18 5
5 Haley Ribeiro	Earl Marriot	5:01.03 4
6 Amelia Cairns	Heritage Woo	5:01.51 3
7 Jouen Chang	Credo Christ	5:01.80 2
8 Harneet Gill	North Delta	5:11.50 1
9 Kate Sokolowski	GW Graham -	5:15.65
10 Jensen Bako	Yale Seconda	5:17.78

11 Jaya Bannerman	GW Graham -	5:18.99
12 Sydney Fraess	GW Graham -	x5:19.17
13 Carly Good	Earl Marriot	x5:23.45
14 Sarah Darby	Semiahmoo Se	5:31.53
15 Ravnett Tirana	Fleetwood Pa	5:37.27
16 Alex Godlewski	Seaquam Seco	5:47.38
17 Julia Spearn	Walnut Grove	5:54.96
18 Alex Redey	Dr Charles B	5:58.18
19 Gabriella Szalkai	Walnut Grove	6:03.61
20 Allison Scott	Clayton Heig	6:34.84

Women 3000 Meter Run Senior

Name	Team	Finals
------	------	--------

Finals

1 Georgia Ginther	Earl Marriot	10:29.18 10
2 Jamie Hennessey	Maple Ridge	10:29.94 8
3 Olivia Willett	Riverside Se	10:31.33 6
4 Jouen Chang	Credo Christ	10:38.91 5
5 Amelia Cairns	Heritage Woo	10:49.69 4
6 Sydney Fraess	GW Graham -	11:42.75 3
7 Carly Good	Earl Marriot	11:45.91 2
8 Simran Sarai	Earl Marriot	x11:52.26
9 Nicole Huang	Gleneagle Se	12:12.92 1
10 Michael Bredell	South Delta Scho	12:55.05
11 Emerald Schreier	Earl Marriot	x12:58.06
12 Gabriella Szalkai	Walnut Grove	13:14.85

Women 400 Meter Hurdles Senior

Name	Team	Finals
------	------	--------

Finals

1 Megan Champoux	Lfmss	1:02.22 10
2 Emily Morley	Maple Ridge	1:09.65 8
3 Mataya Thue	Heritage Woo	1:09.86 6
4 Marley Hutchison	Mei Secondar	1:10.12 5
5 Tess Bulka	Elgin Park S	1:10.94 4
6 Haley Ribeiro	Earl Marriot	1:11.96 3
7 Hana Tyndall	Gleneagle Se	1:12.16 2
8 Serenah Roy	Sardis Secon	1:13.38 1
9 Jessica Williams	Semiahmoo Se	1:13.47
10 Brooke Parry	Maple Ridge	1:13.66
11 Brontë Elphick-Miner	Maple Ridge	x1:15.81
12 Jadyne Weiss	Chilliwack S	1:15.82
13 Isabella Lyons	Archbishop C	1:19.92
14 Annze Villena	North Delta	1:25.46

Women 4x100 Meter Relay Senior

Team	Relay	Prelims
------	-------	---------

Preliminaries

1 Lord Tweedsmuir	A	51.61Q
1) Amanda Moore	2) Sedona Arabsky	
3) Praise Osifo	4) Lauryn Dieleman	
2 Maple Ridge Secondary	A	52.35Q
1) Elise Carelse	2) Nichole Chun	
3) Amy Milliard	4) Hannah Nelson	
3 Earl Marriot	A	51.93Q
4 Gleneagle Secondary	A	52.44Q

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Preliminaries ... (Women 4x100 Meter Relay Senior)		
Team	Relay	Prelims
5 Mei Secondary School	A	52.83Q
6 Semiahmoo Secondary	A	53.19Q
1) Gabrielle Hack	2) Alexa Porpaczy	
3) Jessica Williams		
7 Clayton Heig	A	53.61q
8 Sardis Secondary	A	53.73q
9 W.J Mouat	A	54.58
10 Heritage Woo	A	55.66
1) Mataya Thue	2) Amy Mctavish	
3) Denny Siobhan	4) Aryana Ansari	
11 Yale Secondary	A	56.18
12 Gleneagle Secondary	B	56.30
13 Maple Ridge Secondary	B	56.83
1) Bronte Elphick-Miner	2) Brooke Parry	
3) Blythe Parry	4) Ilse Rafter	
14 Chilliwack S	A	57.46
1) Jady Weiss	2) Isabel Antonoli	
3) Morgan Miller	4) Shaila Weflen	
15 Mission Secondary	A	57.66
1) Jojo Caverley	2) Sewon Son	
3) Janie Green	4) Amelia Janes	
16 Queen Elizab	A	59.37
1) Jasneet Nijjar	2) Reheema Ivan	
3) Anureet Gill	4) Navreet Gill	

Women 4x400 Meter Relay Senior		
Team	Relay	Finals
Finals		
1 Gleneagle Secondary	A	4:13.39 10
2 Earl Marriot	B	4:15.32 8
3 Maple Ridge Secondary	A	4:17.24 6
1) Brooke Parry	2) Emily Morley	
3) Jamie Hennessey	4) Aaryanna Kurucz	
4 Mei Secondary School	A	4:18.58 5
5 Yale Secondary	A	4:21.43 4
6 Clayton Heig	A	4:21.84 3
1) Mollie Markin	2) Jessie Markin	
3) Lauren Chandra	4) Allison Scott	
7 Semiahmoo Secondary	A	4:22.30 2
8 Sardis Secondary	A	4:26.23 1
9 Earl Marriot	A	4:26.96
10 Brookwood Secondary	A	4:30.51
1) Louise Forsyth	2) Kayla Weltzin	
3) Dominique Ronse	4) Rebecca Posnick	
11 Riverside Se	A	4:37.62
3) Sarah Wade	2) Shelby Connelly	
4) Olivia Willett		
12 Fleetwood Pa	A	4:40.85
1) Jasmine Randhawa	2) Ravneet Tiwana	
3) Cassidy Bonderud	4) Julia Ueda-Avarvarei	
13 Yale Secondary	B	4:42.33
14 W.J Mouat	A	4:42.63
15 Gleneagle Secondary	B	4:43.54
16 GW Graham -	A	4:45.03

Women Long Jump Senior			
Name	Team	Finals	
Finals			
1 Jasmine Lew	Heritage Woo	5.34m	10
2 Tamara Alexander	Mei Secondar	4.97m	8
3 Jordan Hall	Earl Marriot	4.97m	6
4 Natalia Monro	Walnut Grove	4.97m	5
5 Lyzandria Enns	Mei Secondar	4.72m	4
6 Kristen Lagerstrom	Pitt Meadows	4.71m	3
7 Gabrielle Hack	Semiahmoo Se	4.62m	2
8 Lauren Chandra	Clayton Heig	4.55m	1
9 Francesca Dube	St. John Bre	4.43m	NWI
10 Praise Osifo	Lord Tweedsm	4.43m	NWI
11 Emily Morley	Maple Ridge	4.39m	NWI
12 Louise Forsyth	Brookwood S	4.33m	NWI
13 Hannah Nelson	Maple Ridge	4.25m	NWI
14 Kim Ehizode	Holy Cross R	4.21m	NWI
15 Aimee Milliard	Maple Ridge	x4.20m	NWI
16 Bonnie Xie	Sardis Secon	4.17m	NWI
17 Anne Yolland	Gleneagle Se	4.05m	NWI
18 Elise Carelse	Maple Ridge	x4.03m	NWI
19 Isabelle Pearson	Delta Second	3.92m	NWI
20 Shaelyn Kooyman	Unity Christ	3.77m	NWI
21 Teresa Lau	Johnston Hei	3.75m	NWI
22 Josepha Bassewitz	Delta Second	3.69m	NWI
23 Cate Tso	Port Moody S	3.50m	NWI

Women Triple Jump Senior			
Name	Team	Finals	
Finals			
1 Gabrielle Hack	Semiahmoo Se	10.95m	10
2 Yuxin Liu	Semiahmoo Se	10.35m	8
3 Danika Cowie	Earl Marriot	10.03m	6
4 Lyzandria Enns	Mei Secondar	9.81m	5
5 Aimee Milliard	Maple Ridge	9.58m	4
6 Serenah Roy	Sardis Secon	9.48m	3
7 Hannah Nelson	Maple Ridge	9.47m	2
8 Elise Carelse	Maple Ridge	x9.22m	NWI
9 Charlotte Koopmans	W J Mouat Se	9.13m	1
10 Jady Weiss	Chilliwack S	8.75m	NWI
11 Brontë Elphick-Miner	Maple Ridge	x8.55m	NWI
12 Cate Tso	Port Moody S	8.46m	NWI
13 Nichole Chun	Maple Ridge	x7.83m	NWI
14 Manvi Sharma	Queen Elizab	7.64m	NWI
15 Navreet Badh	Queen Mary E	7.24m	NWI
16 Sophia Jiang	Pinetree Sec	7.22m	NWI
--- Fatima Osman	Queen Mary E	FOUL	

Women Shot Put 4 kg Senior			
Name	Team	Finals	
Finals			
1 Dolly Gabri	Sullivan Hei	12.50m	10
2 Jv Patry-Smith	Terry Fox Se	9.82m	8
3 Nia Cayenne	Holy Cross R	9.09m	6
4 Emily White	Agassiz Elem	8.22m	5

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Women Shot Put 4 kg Senior)

Name	Team	Finals
5 Brandi Pihowich	W J Mouat Se	8.08m 4
6 Mellissa Gentry	W J Mouat Se	7.93m 3
7 Hannah Forde	Sardis Secon	7.89m 2
8 Julianna Antonsen	Langley Chri	7.41m 1
9 Ruqayah Khan	Queen Mary E	6.91m
10 Megan Nunner	Enver Creek	6.13m
11 Serena Larsen	Yale Seconda	6.03m
12 Natte Thompson	R.E. Mountai	5.95m
13 Ah Jin (angela) Yoo	Heritage Woo	5.70m
14 Stephania Kamagranis	Mission Seco	5.63m
15 Manvi Sharma	Queen Elizab	5.47m
--- Hailey Krieg	Yale Seconda	FOUL

Women Discus Throw 1 kg Senior

Name	Team	Finals
1 Dolly Gabri	Sullivan Hei	42.55m 10
2 Jv Patry-Smith	Terry Fox Se	30.92m 8
3 Nia Cayenne	Holy Cross R	30.29m 6
4 Morgan Miller	Chilliwack S	29.81m 5
5 Louise Forsyth	Brookwood S	29.61m 4
6 Hannah Lambert	Mission Seco	27.61m 3
7 Sewon Son	Mission Seco	24.81m 2
8 Mellissa Gentry	W J Mouat Se	24.21m 1
9 Abresia Foote	Abbotsford S	22.87m
10 Ah Jin (angela) Yoo	Heritage Woo	19.88m
11 Dadfar Sarah	Heritage Woo	19.10m
12 Stephania Kamagranis	Mission Seco	x16.83m
13 Sophia Nguyen	Johnston Hei	16.69m
14 Hannah Collins	W J Mouat Se	16.64m
15 Julianna Antonsen	Langley Chri	15.14m
16 Annika Olsen	Earl Marriot	13.79m
17 Emerald Schreier	Earl Marriot	12.63m

Women Hammer Throw 4 kg Senior

Name	Team	Finals
--- Sofia Shayler	W J Mouat Se	xNo Data

Women Javelin Throw 600 gram Senior

Name	Team	Finals
1 Jv Patry-Smith	Terry Fox Se	34.08m 10
2 Hannah Lambert	Mission Seco	31.38m 8
3 Julia Nick	Riverside Se	29.57m 6
4 Jaenjira Lane	W J Mouat Se	29.26m 5
5 Erin Garrison	Gleneagle Se	27.50m 4
6 Olivia Jackson	W J Mouat Se	26.10m 3
7 Audrey Heath	Dr Charles B	24.25m 2
8 Hannah Allison	R.E. Mountai	23.82m 1
9 Annabel Rowley	Highroad Aca	23.81m
10 Lauren Chandra	Clayton Heig	22.18m
11 Rida Abrahimi	Queen Mary E	21.59m
12 Sewon Son	Mission Seco	21.51m

13 Michaela Read	GW Graham -	20.44m
14 Coco Wiebe	Earl Marriot	19.80m
15 Hannah Collins	W J Mouat Se	x18.23m
16 Natte Thompson	R.E. Mountai	18.07m
17 Ruqayah Khan	Queen Mary E	13.70m
18 Megan Nunner	Enver Creek	12.76m

Women 1500 Meter Race Walk Senior

Name	Team	Finals
1 Charlotte Daignault	Mission Seco	8:55.01 8
2 Amelia Janes	Mission Seco	8:59.54 6
3 Emilie Peelo	Fleetwood Pa	9:10.79 5
4 Abresia Foote	Abbotsford S	9:14.04 10
5 Janie Green	Mission Seco	x9:16.15
6 Michayla Cardow	Abbotsford C	9:48.92
7 Linda Clarke-Harter	Chilliwack S	9:58.05 4
8 Jessee Villar	Burnsview Se	11:22.76 3

Men 100 Meter Dash Gr 8

Name	Team	Prelims
1 David Midgley	Walnut Grove	11.84Q-0.5
2 Roy Jiang	Southridge S	12.01Q-0.6
3 Harvir Panesar	Delta Second	12.14Q+0.0
4 Francky Priebe	Highroad Aca	12.27Q0.8
5 Samuel Nelson	Maple Ridge	12.34q 0.8
6 Mitchell Gibbs	Pacific Acad	12.35q -0.6
7 Ty Stevenson	Maple Ridge	12.58q +0.0
8 Cade Armour	SRT	12.59q +0.0
9 Alex Lamyin	South Delta Scho	12.62 -0.5
10 Sawyer Collie	Unity Christ	12.64 -0.5
11 Harman Taggar	Enver Creek	12.80 -0.6
12 Carter Smith	Pitt Meadows	12.90 0.8
13 Amitoj Arora	Tamanawis Se	12.90 -0.5
14 Ramey Kasim	Enver Creek	12.93 +0.0
15 Tremel States-Jones	Lord Tweedsm	12.98 -0.5
16 Parker McKeeman	Pitt Meadows	13.04 +0.0
17 Emmitt Underwood	Garibaldi Se	13.05 -0.6
18 Nelson Schmidt	Abbotsford C	13.13 0.8
19 Jack Emley-Graham	Maple Ridge	13.21 0.8
20 Harshvir Lamba	Queen Elizab	13.22 -0.6
21 Max Gelineau	Brookwood S	13.28 -0.6
22 Nolan Okamura	South Delta Scho	13.87 +0.0
23 Lucas Radstaak	Seaquam Seco	13.90 -0.5
24 Benji Munoz-Marte	Seaquam Seah	14.44 +0.0
25 Zach Rai	Southpointe	14.52 -0.6
26 Jackson Napier	Seaquam Seco	14.89 -0.5

Men 100 Meter Dash Gr 8

Name	Team	Finals
1 David Midgley	Walnut Grove	11.47 10
2 Harvir Panesar	Delta Second	11.63 8
3 Roy Jiang	Southridge S	11.78 6
4 Mitchell Gibbs	Pacific Acad	12.10 5

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men 100 Meter Dash Gr 8)

Name	Team	Finals	
5 Francky Priebe	Highroad Aca	12.14	4
6 Samuel Nelson	Maple Ridge	12.22	3
7 Cade Armour	SRT	12.34	2
8 Ty Stevenson	Maple Ridge	12.61	1

Men 400 Meter Dash Gr 8

Name	Team	Prelims	
Preliminaries			
1 Owen Pinto	Holy Cross R	55.24Q	
2 Alex Lamyin	South Delta Scho	57.35Q	
3 Jacob Bonikowsky	South Delta Scho	58.82Q	
4 Nicholas Monro	Walnut Grove	55.96Q	
5 Jake Procknow	Seaquam Seco	57.72Q	
6 Robin Gill	Delview Seco	1:00.23Q	
7 Adrian Truong	Maple Ridge	59.89q	
8 Brady Van Unen	Earl Marriot	1:01.83q	
9 Jack Davison	Meadowridge	1:02.57	
10 Arlo Hamilton	Ecole Herita	1:02.98	
11 Darryl Tanzil	Walnut Grove	1:03.62	
12 Jakob Neufeld	Walnut Grove	1:03.66	
13 Amitoj Arora	Tamanawis Se	1:04.19	
14 Jaxon Stebbings	Lord Tweedsm	1:04.64	
15 John Alexander	Walnut Grove	1:05.17	
16 Owen Wright	Langley Chri	1:07.50	
17 Jared Aukema	Langley Chri	1:07.84	

Men 400 Meter Dash Gr 8

Name	Team	Finals	
Finals			
1 Owen Pinto	Holy Cross R	53.33	10
2 Nicholas Monro	Walnut Grove	56.67	8
3 Jacob Bonikowsky	South Delta Scho	57.39	6
4 Jake Procknow	Seaquam Seco	59.28	5
5 Robin Gill	Delview Seco	1:01.15	4
6 Adrian Truong	Maple Ridge	1:02.07	3
--- Brady Van Unen	Earl Marriot	DNF	

Men 1500 Meter Run Gr 8

Name	Team	Finals	
Finals			
1 Owen Pinto	Holy Cross R	4:18.74	10
2 Jacob Bonikowsky	South Delta Scho	4:25.56	8
3 Josh Carsience	Mei Middle S	4:46.06	6
4 Cash Raymond	Earl Marriot	4:47.54	5
5 Carter Stevenson	Maple Ridge	4:48.56	4
6 Jack Hardy	Walnut Grove	4:50.78	3
7 Gregory De Raadt	Unity Christ	4:51.66	2
8 Gavin Thomas	AD Rundle Middle	4:51.70	1
9 James Dejager	Abbotsford C	4:52.25	
10 Joshua Chapman	Pacific Acad	4:53.66	
11 Brady Sandes	Langley Chri	4:55.93	
12 Nick Raymond	Walnut Grove	4:56.77	
13 Grant Verhoeven	Holy Cross R	4:57.20	
14 Jadynd Gudjanson	Chilliwack M	4:58.62	

15 Matthew Trent	Abbotsford C	4:59.91	
16 Evan Slofstra	White Rock C	5:00.00	
17 Logan Picard	Walnut Grove	x5:00.51	
18 Parv Sood	Burnsview Se	5:16.50	
19 Andres Pena	South Delta Scho	5:34.62	
20 James Konlup	Burnsview Se	5:51.74	

Men 3000 Meter Run Gr 8

Name	Team	Finals	
Finals			
1 Matthew Trent	Abbotsford C	10:26.73	10
2 Jack Hardy	Walnut Grove	10:28.64	8
3 Finn Longhurst	Vedder Middl	10:30.52	6
4 Joshua Chapman	Pacific Acad	10:37.42	5
5 Gregory De Raadt	Unity Christ	10:37.58	4
6 Evan Slofstra	White Rock C	10:37.95	3
7 Micah Logie	Earl Marriot	10:38.64	2
8 Nick Raymond	Walnut Grove	10:41.06	1
9 Jack Johnston	Vedder Middl	10:43.29	
10 Abram Wiebe	Mei Middle S	11:19.15	
11 Asher Barnsdale	Mei Middle S	11:40.06	
12 Calvin Dumont-Belanger	Chilliwack M	11:52.09	
13 Eric Heuving	Langley Chri	11:52.96	
14 Daya Sarai	Earl Marriot	11:53.68	
15 Matthew Spoor	Credo Christ	12:02.85	
16 Sean Murray	White Rock C	12:10.21	
17 Colin Murray	White Rock C	x13:43.48	

Men 200 Meter Hurdles Gr 8

Name	Team	Finals	
Finals			
1 Praise Aniamaka	Pacific Acad	26.99	10
2 Adam Pederson	Lord Tweedsm	29.14	8
3 Taylor Sillars	Pacific Acad	29.52	6
4 Andrew Meier	Brookwood S	29.91	5
5 Seth Mangroo	Langley Chri	30.06	4
6 Justus Vanspronsen	Credo Christ	30.10	3
7 Elichai Manseel	Guildford Pa	30.41	2
8 Isaac Hamilton	HD Stafford	30.51	1
9 Praveen Wickramaarachchi	Walnut Grove	30.83	0.8
10 Ethan Hagerty	Lord Tweedsm	31.29	0.8
11 Jared Aukema	Langley Chri	32.17	0.8
12 Max Gelineau	Brookwood S	32.24	0.8
13 Owen Wright	Langley Chri	x33.35	0.8
14 Danny Hong	White Rock C	33.36	0.8
15 Josh Vuong	Abbotsford C	34.37	0.8
16 Jacob Niblet	White Rock C	35.45	0.8
17 Isaiah Kok	Credo Christ	36.35	0.9
18 Declan Torio	Lfmss	36.38	0.9
19 Carsen Grim	Langley Chri	x38.37	0.9

Men 4x400 Meter Relay Gr 8

Team	Relay	Finals	
Finals			
1 Walnut Grove	A	3:55.51	10

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men 4x400 Meter Relay Gr 8)

Team	Relay	Finals	
2 Maple Ridge Secondary	A	3:57.06	8
1) Ty Stevenson	2) Jack Emley-Graham		
3) Carter Stevenson	4) Adrian Truong		
3 Pacific Academy	A	3:59.61	6
1) Taylor Sillars	2) Praise Aniamaka		
3) Joshua Chapman	4) Kyu Hyun Yoon		
4 Abbotsford C	A	4:11.19	5
1) Spencer Langelaar	2) Nelson Schmidt		
3) James Dejager	4) Matthew Trent		
5 Highroad Academy	A	4:14.73	4
6 Earl Marriot	A	4:16.43	3
7 Walnut Grove	B	4:19.38	2
8 Lord Tweedsmuir	A	4:20.90	1
1) Tremel States-Jones	2) Jaxon Stebbings		
3) Hunter Saindon	4) Adam Pederson		
9 Mei Middle School	A	4:22.81	
10 Langley Chri	A	4:24.32	
11 Holy Cross Regional	A	4:25.67	
12 White Rock C	A	4:34.11	
1) Ramses Arizia	2) Wyatt Harivel		
3) Evan Slofstra	4) Danny Hong		

Men High Jump Gr 8

Name	Team	Finals	
Finals			
1 David Midgley	Walnut Grove	1.75m	10
2 Nolan McEachern	Thomas Haney	1.70m	8
3 Ashton Koop	Garibaldi Se	1.65m	6
4 U'Shaun Campbell	Betty Gilber	1.60m	5
5 Liam Vanderkooi	Abbotsford C	1.55m	4
6 Isaac Hamilton	HD Stafford	1.55m	3
7 Nick Schock	Semiahmoo Se	1.50m	2
8 Dominic Beltrame	Holy Cross R	1.45m	1
9 Evan Slofstra	White Rock C	1.45m	
10 Ethan Fernand0	Holy Cross R	1.45m	
11 Aiden McClenaghan	Garibaldi Se	1.40m	
12 Jackson Napier	Seaquam Seco	1.35m	
13 Callum Middleton	Walnut Grove	1.35m	
14 Brenden Romeyn-Klassen	Vedder Middl	1.35m	
14 Jake Stobbe	Abbotsford C	1.35m	
14 Praveen Wickramaarachchi	Walnut Grove	x1.35m	
17 Borea Kim	Johnston Hei	1.35m	
17 Jacob Niblet	White Rock C	1.35m	

Men Long Jump Gr 8

Name	Team	Finals	
Finals			
1 Mitchell Gibbs	Pacific Acad	5.57m	10
2 Spencer Langelaar	Abbotsford C	5.35m	8
3 Sawyer Collie	Unity Christ	5.01m	6
4 Cade Armour	SRT	4.96m	5
5 Alejandro Palayo	Fraser Heigh	4.94m	4
6 Elijah Grimard	Highroad Aca	4.86m	3
7 Amitoj Arora	Tamanawis Se	4.79m	2

8 Emmitt Underwood	Garibaldi Se	4.70m	1
9 Cole Wilkie	St. John Bre	4.48m	NWI
10 Brenden Romeyn-Klassen	Vedder Middl	4.35m	NWI
11 Benji Munoz-Martel	Seaquam Seah	4.32m	NWI
12 Lucas Radstaak	Seaquam Seco	4.26m	NWI
13 Andrew Meier	Brookwood S	4.20m	NWI
14 Peter Phuc	Betty Gilber	4.15m	NWI
15 Alan Zietlow	Earl Marriot	4.12m	NWI
16 Nick Schock	Semiahmoo Se	4.08m	NWI
17 Omar Khan	Southpointe	3.97m	NWI
18 Dylan Szakszon-Tovar	North Surrey	3.94m	NWI
19 Arshpreet Bahra	Tamanawis Se	3.81m	NWI

Men Triple Jump Gr 8

Name	Team	Finals	
Finals			
1 Praise Aniamaka	Pacific Acad	12.33m	10
2 Spencer Langelaar	Abbotsford C	10.78m	8
3 Kyu Hyun Yoon	Pacific Acad	10.45m	6
4 Alejandro Palayo	Fraser Heigh	10.17m	5
5 Isaac Hamilton	HD Stafford	10.07m	4
6 Ethan Hagerty	Lord Tweedsm	9.77m	3
7 Landy Liu	Kwantlen Par	9.58m	2
8 Karan Athwal	Lord Tweedsm	9.37m	1
9 Gavin Thomas	AD Rundle Middle	9.33m	+0.0
10 Jason Guirguis	Pacific Acad	x8.73m	+0.0
11 Nathan Um	Highroad Aca	8.50m	+0.0
12 Kaleb Stel	Credo Christ	8.29m	+0.0
13 Justin Nguyen	Mei Middle S	8.27m	+0.0
14 Carsen Grim	Langley Chri	7.80m	+0.0
15 Michael Moore	Walnut Grove	7.50m	+0.0

Men Shot Put Gr 8

Name	Team	Finals	
Finals			
1 Charn Nijjar	Queen Mary E	11.21m	10
2 Phil Akagu-Jones	Pacific Acad	10.59m	8
3 Trey Smith	Mei Middle S	10.53m	6
4 Jordan Dickhof	Langley Chri	9.73m	5
5 Evan McMartin	Semiahmoo Se	9.38m	4
6 Martin Jirava	Lord Tweedsm	9.03m	3
7 Dhillion Myers	AD Rundle Middle	8.92m	2
8 Jake Stobbe	Abbotsford C	8.55m	1
9 Henry Lesinski	Elgin Park S	8.12m	
10 Aiden McClenaghan	Garibaldi Se	7.97m	
11 Brandon Folkerts	Langley Chri	7.89m	
12 Nathan Um	Highroad Aca	7.78m	
13 Giuliano Bertolini	Pacific Acad	7.62m	
14 Ty Stevenson	Maple Ridge	7.52m	
15 Noah Wong	Meadowridge	7.28m	
16 Thomas Flukiger	Unity Christ	7.02m	

Men Discus Throw Gr 8

Name	Team	Finals	
Finals			
1 Jordan Dickhof	Langley Chri	31.38m	10

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men Discus Throw Gr 8)

Name	Team	Finals
2 Samuel Nelson	Maple Ridge	28.93m 8
3 Spencer Langelaar	Abbotsford C	28.92m 6
4 Evan McMartin	Semiahmoo Se	28.23m 5
5 Billy Ratcliff	Mei Middle S	27.26m 4
6 Camden Koch	Mei Middle S	25.33m 3
7 Collin Visarra	Holy Cross R	25.23m 2
8 Nick Schock	Semiahmoo Se	23.44m 1
9 Charn Nijjar	Queen Mary E	21.96m
10 Hunter Saindon	Lord Tweedsm	21.95m
11 Trey Smith	Mei Middle S	x21.68m
12 Martin Jirava	Lord Tweedsm	21.08m
13 Jake Stobbe	Abbotsford C	20.90m
14 Ashton Koop	Garibaldi Se	20.18m
--- Aiden McClenaghan	Garibaldi Se	FOUL

Men Javelin Throw Gr 8

Name	Team	Finals
Finals		
--- Josh Carsience	Mei Middle S	xNo Data
--- Jonathan Letkemann	Mei Middle S	xNo Data
--- Jed Borseth	Mei Middle S	xNo Data
--- Collin Visarra	Holy Cross R	xNo Data
--- Hunter Saindon	Lord Tweedsm	xNo Data

Men 100 Meter Dash Junior

Name	Team	Prelims
Preliminaries		
1 Jaden Severy	Terry Fox Se	11.63Q+0.0
2 Ryan Pederson	Lord Tweedsm	11.64Q+0.0
3 Adam Wang	Heritage Woo	11.81Q-0.3
4 Jesaiah Penson-McCoy	Frank Hurt Sec	11.64Q+0.0
5 Tyler Parsons	Chilliwack S	11.76Q+0.0
6 Julio Ruddle-Webb	South Delta Scho	11.88Q-0.3
7 Ian Vandergugten	Credo Christ	11.85q +0.0
8 Kanai Josh	Lord Tweedsm	11.88q +0.0
9 Keaton Lees	Semiahmoo Se	11.91 -0.3
10 Nathan Hausermann	W J Mouat Se	11.95 +0.0
11 Spencer Thiessen	Sardis Secon	11.95 +0.0
12 Thane Timmerman	Abbotsford S	11.95 +0.0
13 Jaxson Koch	Mei Secondar	11.98 +0.0
14 Jaden Cole	Mei Secondar	12.04 -0.3
15 Wiltosso Neufeld	Unity Christ	12.04 +0.0
16 Alex Le	Lord Tweedsm	12.05 -0.3
17 Juan Eraso	Sardis Secon	12.12 +0.0
18 Lucas Peacock	Heritage Woo	12.26 -0.3
19 Matthew Roadhouse	Ecole Herita	12.30 +0.0
20 Anthony Rich	Fraser Heigh	12.31 +0.0
21 Aaden Smith	Maple Ridge	12.36 +0.0
22 Owen Guertler	Panorama Rid	12.39 +0.0
23 Edward Riddell	Archbishop C	12.48 -0.3

Men 100 Meter Dash Junior

Name	Team	Finals
Finals		
1 Jesaiah Penson-McCoy	Frank Hurt Sec	11.48 10
2 Jaden Severy	Terry Fox Se	11.50 8
3 Ryan Pederson	Lord Tweedsm	11.54 6
4 Adam Wang	Heritage Woo	11.65 5
5 Kanai Josh	Lord Tweedsm	11.78 4
6 Ian Vandergugten	Credo Christ	11.80 3
7 Tyler Parsons	Chilliwack S	12.06 2

Men 400 Meter Run Junior

Name	Team	Prelims
Preliminaries		
1 Nathan Hausermann	W J Mouat Se	51.98Q
2 Jaden Severy	Terry Fox Se	52.69Q
3 Juan Eraso	Sardis Secon	53.69Q
4 Richard Midgley	Walnut Grove	53.36Q
5 Wiltosso Neufeld	Unity Christ	53.38Q
6 Felix Allen	R.E. Mountai	54.20Q
7 Owen Guertler	Panorama Rid	54.72q
8 Evan Wright	Walnut Grove	54.97q
9 Amardeep Mann	Yale Seconda	55.80
10 Ethan Borkowski	Holy Cross R	55.95
11 Matt Liosis	Maple Ridge	56.44
12 Amani Pollar-Dyck	W J Mouat Se	56.62
13 Carson Garneau	Ecole Herita	57.21
14 Aaron Williams	Heritage Woo	57.74
15 Khashayar Effatparvar	Sardis Secon	57.76
16 Reilly Reynolds	Elgin Park S	57.98
17 Brennan Katsube	Delta Second	58.24
18 Josh Laughlin	Gleneagle Se	58.39
19 Moheb Razeq	Fleetwood Pa	58.85
20 Dylan Harris	Sardis Secon	58.99
21 Matthew Fayle	South Delta Scho	59.47
22 Blessing Nabbimba	Tamanawis Se	1:01.26
23 Liam Page	Lord Tweedsm	1:01.63
24 Imran Sran	Lord Tweedsm	1:05.84

Men 400 Meter Run Junior

Name	Team	Finals
Finals		
1 Jaden Severy	Terry Fox Se	52.28 10
2 Nathan Hausermann	W J Mouat Se	53.14 8
3 Richard Midgley	Walnut Grove	53.78 6
4 Felix Allen	R.E. Mountai	54.79 5
5 Wiltosso Neufeld	Unity Christ	56.34 4
6 Owen Guertler	Panorama Rid	56.80 3
7 Evan Wright	Walnut Grove	59.25 2
8 Juan Eraso	Sardis Secon	1:05.93 1

Men 1500 Meter Run Junior

Name	Team	Finals
Finals		
1 Tyson Baker	Tamanawis Se	4:15.49 10

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men 1500 Meter Run Junior)

Name	Team	Finals	
2	Brendan McLaughlin	Heritage Woo	4:21.56 8
3	Cameron Calbick	Walnut Grove	4:25.01 6
4	Michael Miller	Semiahmoo Se	4:26.99 5
5	Kaelan House	Surrey Chris	4:27.33 4
6	Riley Hall	Abbotsford C	4:29.71 3
7	Logan MacDonald	Sardis Secon	4:31.80 2
8	Everett Carter	W J Mouat Se	4:31.82 1
9	Brayden Kells	Pacific Acad	4:31.94
10	Stephen Klein	Credo Christ	4:34.39
11	Trey Ference	Semiahmoo Se	4:35.90
12	Sam Manke	Pitt Meadows	4:36.91
13	Lucas Smith	St. John Bre	4:38.97
14	Kerry Zhu	Yale Seconda	4:40.37
15	Sam Yeung	Gleneagle Se	4:40.93
16	Jared Dehaan	Credo Christ	4:42.47
17	Kai MacKenzie	W J Mouat Se	4:43.50
18	Isaiah Power-Smith	Dr Charles B	4:50.98
19	Andrew Villena	North Delta	4:51.01
20	Devin McCrae	Heritage Woo	4:58.36

Men 3000 Meter Run Junior

Name	Team	Finals	
1	Tyson Baker	Tamanawis Se	9:40.44 10
2	Riley Hall	Abbotsford C	9:45.97 8
3	Logan MacDonald	Sardis Secon	9:47.17 6
4	Mark Potashov	Kwantlen Par	9:51.09 5
5	Jaiveer Tirana	Fleetwood Pa	9:51.66 4
6	Jared Dehaan	Credo Christ	9:52.94 3
7	Caleb Graham	Unity Christ	9:53.94 2
8	Mark Grandberg	Rick Hansen	9:54.25 1
9	Kai MacKenzie	W J Mouat Se	9:57.29
10	Sam Yeung	Gleneagle Se	9:58.10
11	Oliver Gibson	Elgin Park S	10:02.87
12	Matthew Tymos	Semiahmoo Se	10:20.98
13	Sam Manke	Pitt Meadows	10:26.56
14	Marley Edwards	GW Graham -	10:31.05
15	Nicholas Voth	Vedder Middl	10:45.66
16	Ethan Yang	Gleneagle Se	10:56.89
17	Weihang Zhang	Fraser Heigh	11:09.61
18	Joe Lidderdale	Brookwood S	11:10.07
19	Elliot Heath	Dr Charles B	11:14.18
20	Joshua Vranesich	Dr Charles B	11:14.95

Men 300 Meter Hurdles Junior

Name	Team	Finals	
1	Adam Vilio	Holy Cross R	42.49 10
2	Felix Allen	R.E. Mountai	42.87 8
3	Harrison Trustham	Ecole Herita	42.99 6
4	Ethan Borkowski	Holy Cross R	43.14 5
5	Evan Castellani	Abbotsford C	43.19 4
6	Taylor Franklin	W J Mouat Se	43.57 3
7	Aneel Gillan	Semiahmoo Se	44.28 2

8	Ben Charbonneau	St. John Bre	44.41 1
9	Nate Savage	W J Mouat Se	44.70
10	Oliver Harrison	Walnut Grove	45.06
11	David Williamson	Abbotsford C	45.45
12	Brendan Luccock	Seaquam Seco	45.83
13	Scott Coons	Fraser Heigh	46.01
14	Alair Ang	Port Moody S	47.42
15	Aaron Fos-Oy	Fraser Heigh	47.60
16	Samuel Gaertner	Highroad Aca	47.97
17	Kieran Kotwal	Ecole Herita	48.26
18	Yuvraj Gill	Queen Mary E	48.66
19	Andy Lee	Port Moody S	48.77
20	Zach Carpenter	Sardis Secon	49.12
21	Prashant Kumar	Queen Mary E	49.57
22	Levi De Greeff	Abbotsford C	x49.79
23	Bhavrup Gosal	Fleetwood Pa	52.31

Men 4x100 Meter Relay Junior

Team	Relay	Prelims
Preliminaries		
1	Lord Tweedsmuir	A 45.73Q
	1) Colton Cameron	2) Simon Nguyen
	3) Shemar Opiku	4) Kiestin Evans
2	Mei Secondary School	A 46.41Q
3	Heritage Woo	A 46.86Q
	1) Timothy Hui	2) Lucas Peacock
	3) Aaron Williams	4) Adam Wang
4	Sardis Secondary	A 47.34Q
5	Abbotsford C	A 47.66Q
	1) Zach Meinen	2) Michael Mandagi
	3) Evan Castellani	4) Isaiah Vanderveen
6	Fraser Heigh	A 47.67Q
7	W.J Mouat	A 47.95q
8	Holy Cross Regional	B 48.15q
9	Holy Cross Regional	A 48.44
10	Lord Tweedsmuir	B 48.83
	1) Ryan Pederson	2) Alex Le
	3) Josh Kanai	4) Jaheim Minott
11	Maple Ridge Secondary	A 49.08
	1) Matthew Liosis	2) Hudson Coumont
	3) Shahil Narayan	4) Aaden Smith
12	Yale Secondary	A 49.27
13	Archbishop C	A 49.98
14	Unity Christ	A 50.06
	1) Liam West	2) Peter Malou
	3) Caleb Graham	4) Wiltosso Neufeld

Men 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1	Walnut Grove	A 3:39.11 10
2	Holy Cross Regional	A 3:41.24 8
3	Mei Secondary School	A 3:45.96 6
4	Abbotsford C	A 3:47.11 5
	1) Isaiah Vanderveen	2) Michael Mandagi
	3) Zach Meinen	4) Evan Castellani

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men 4x400 Meter Relay Junior)

Team	Relay	Finals	
5 W.J Mouat	A	3:47.78	4
6 Yale Secondary	A	3:49.68	3
7 Lord Tweedsmuir	A	3:50.77	2
1) Ryan Pederson	2) Alex Le		
3) Shemar Jackson	4) Tyler Wilson		
8 Ecole Herita	A	3:53.44	1
9 Tamanawis Se	A	3:53.83	
1) Tyson Baker	2) Blessing Nabbimba		
3) Preet Kailey	4) Angad Bath		
10 Holy Cross Regional	B	4:01.08	
11 Unity Christ	A	4:11.44	
1) Keegan Shuurman	2) Steven Geluk		
3) Caleb Graham	4) Wiltosso Neufeld		
--- Sardis Secondary	A		DQ

Men High Jump Junior

Name	Team	Finals	
1 Aidan Grout	Maple Ridge	1.75m	10
2 Cole Brandsma	Abbotsford C	1.75m	8
3 Liam Espedido	Terry Fox Se	1.70m	6
4 Elia Farag Alla	Credo Christ	1.65m	5
5 Jake Schmidt	Langley Chri	1.65m	4
6 Darren Ahn	Semiahmoo Se	1.65m	3
7 Russell Gilroy	Yale Seconda	1.65m	2
8 Arman Dhaliwal	W J Mouat Se	1.60m	1
9 Willem Dykstra	Credo Christ	1.60m	
9 William Gong	Pinetree Sec	1.60m	
11 Imran Sran	Lord Tweedsm	1.55m	
12 Evan Baker	Semiahmoo Se	1.55m	
13 Jason Vanspronsen	Credo Christ	x1.55m	
14 Justin Niyomahoro	BC Christian	1.50m	
15 Gerard Bouwman	St. John Bre	1.50m	
16 Kevin Apdal	Holy Cross R	1.50m	
17 Joseph Tuivai	Hope Seconda	1.45m	
18 Nick Kuzyk	BC Christian	1.45m	
19 Liam Van Tassel	Mount Slesse	1.40m	

Men Pole Vault Junior

Name	Team	Finals	
---	Matthew Taekema	Abbotsford C	xNo Data
---	Logan Onderwater	Abbotsford C	xNo Data

Men Long Jump Junior

Name	Team	Finals	
1 Ryan Pederson	Lord Tweedsm	5.99m	10
2 Ian Vanderuguten	Credo Christ	5.87m	8
3 Keaton Lees	Semiahmoo Se	5.74m	6
4 Elia Farag Alla	Credo Christ	5.65m	5
5 Alex Guraliuk	Westview Sec	5.50m	4
6 Pranay Sharma	Queen Mary E	5.47m	3
7 Alex Le	Lord Tweedsm	5.32m	2

8 Jaden Cole	Mei Secondar	5.29m	1
9 Jaxson Koch	Mei Secondar	5.22m	NWI
10 Bob Nicol	Walnut Grove	5.21m	NWI
11 Samuel Leyenhorst	Credo Christ	x5.19m	NWI
12 Russell Gilroy	Yale Seconda	5.14m	NWI
13 Lucas Huttema	Credo Christ	x5.01m	NWI
14 Nick Kuzyk	BC Christian	4.91m	NWI
15 Aneel Gillan	Semiahmoo Se	4.87m	NWI
16 Ritvik Govindu	Queen Mary E	4.70m	NWI
17 Micha Bonikowsky	Sands Second	4.70m	NWI
18 Gavin Grim	Credo Christ	x4.69m	NWI
19 Spencer Thiessen	Sardis Secon	4.68m	NWI
20 Jonathan Goldchmidt	W J Mouat Se	3.98m	NWI

Men Triple Jump Junior

Name	Team	Finals	
1 Dan Ko	Mei Secondar	11.86m	9
2 Nick Kuzyk	BC Christian	11.86m	9
3 Cole Brandsma	Abbotsford C	11.84m	6
4 Willem Dykstra	Credo Christ	11.65m	5
5 Lucas Huttema	Credo Christ	11.50m	4
6 Evan Castellani	Abbotsford C	11.45m	3
7 Gavin Grim	Credo Christ	x11.38m	NWI
8 Tyler Parsons	Chilliwack S	11.10m	2
9 Justin Niyomahoro	BC Christian	11.04m	1
10 Logan Onderwater	Abbotsford C	x10.93m	NWI
11 Samuel Leyenhorst	Credo Christ	x10.88m	NWI
12 Jaxson Koch	Mei Secondar	10.46m	NWI
13 Jonathan Goldchmidt	W J Mouat Se	10.42m	NWI
14 Colton Cameron	Lord Tweedsm	10.41m	NWI
15 Michael Zaworski	Johnston Hei	10.38m	NWI
16 Liam Page	Lord Tweedsm	10.08m	NWI
17 Devynn Thammavong	Fleetwood Pa	9.65m	NWI
18 Andrew Coons	Heritage Woo	9.42m	NWI
19 Tj Gill	Fleetwood Pa	9.33m	NWI
20 Evan Baker	Semiahmoo Se	8.75m	NWI

Men Shot Put 5 kg Junior

Name	Team	Finals	
1 Jarrett Chong	Riverside Se	14.60m	10
2 Druv Sobti	Brookwood S	13.80m	8
3 Kalvin Sandhu	Enver Creek	11.91m	6
4 William Craig	Unity Christ	11.63m	5
5 Blake Flikkema	Abbotsford C	11.56m	4
6 Riley Gookstetter	South Delta Scho	11.16m	3
7 Kevin Apdal	Holy Cross R	10.51m	2
8 Bradly Tober	Hatzic Secon	10.30m	1
9 Josh Ogren	Hope Seconda	9.59m	
10 Hyeok Jin (michae Yoo	Heritage Woo	9.31m	
11 Mathew Bouwers	Ecole Herita	9.27m	
12 Josh Bruinsma	Abbotsford C	9.24m	
13 Samson Min	R.E. Mountai	9.05m	
14 John Wang	R.E. Mountai	8.83m	
15 Kyle Sun-Payeur	Heritage Woo	8.78m	

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men Shot Put 5 kg Junior)

Name	Team	Finals
16 Demetrius Alemendarez	Fleetwood Pa	8.42m
17 Ethan Ludwig	Mei Secondar	8.26m
18 Ved Vora	Meadowridge	8.14m
19 Jason Sangha	Lord Tweedsm	7.52m
20 Praedon Haer	Fleetwood Pa	5.46m

Men Discus Throw 1.5 kg Junior

Name	Team	Finals
Finals		
1 Jarrett Chong	Riverside Se	38.70m 10
2 William Craig	Unity Christ	36.23m 8
3 Calvin Sandhu	Enver Creek	33.56m 6
4 Damian Panko	Abbotsford C	32.80m 5
5 Udesh Narang	Abbotsford T	31.75m 4
6 Josh Ogren	Hope Seconda	31.63m 3
7 Hyeok Jin (michae Yoo)	Heritage Woo	25.76m 2
8 Gerard Bouwman	St. John Bre	24.70m 1
9 Maijken Meindertsma	Vedder Middl	23.45m
10 Blessing Nabbimba	Tamanawis Se	23.43m
11 Evan Van Vliet	St. John Bre	23.28m
12 Joseph Tuivai	Hope Seconda	23.03m
13 Aj Krahn	W J Mouat Se	22.48m
14 Diego Peckenpaugh	Dr Charles B	22.08m
15 Tyler Nelson	W J Mouat Se	22.01m
16 Isaac Tjandra	Semiahmoo Se	20.77m
17 Tj Gill	Fleetwood Pa	20.60m
18 Creighton Tays	Hope Seconda	x20.23m
19 Preet Kailey	Tamanawis Se	20.06m
20 Demetrius Alemendarez	Fleetwood Pa	20.03m
21 Harjot Arora	Queen Mary E	18.64m
--- Stevenson Yan	Port Moody S	FOUL
--- Timothy Hui	Heritage Woo	FOUL

Men Javelin Throw 700 gram Junior

Name	Team	Finals
Finals		
1 Jarrett Chong	Riverside Se	51.97m 10
2 David Reston	Surrey Chris	46.90m 8
3 Russell Young	Lord Tweedsm	42.72m 6
4 Tanner Geringer	Mission Seco	40.50m 5
5 Cole Brandsma	Abbotsford C	39.76m 4
6 Paul Smit	Walnut Grove	37.35m 3
7 Caleb Kastelin	Langley Chri	35.71m 2
8 Joel Ward	Mei Secondar	31.39m 1
9 Jake McFarland	Terry Fox Se	30.87m
10 Colton Cameron	Lord Tweedsm	29.95m
11 Elijah Elgersma	Highroad Aca	29.28m
12 Devon Higginbottom	Hope Seconda	29.26m
13 Tyrell Littlechild	Hope Seconda	28.80m
14 James Henn	Abbotsford C	28.33m
15 Justin Niyomahoro	BC Christian	27.59m
16 Jackson Corneil	Lord Tweedsm	x27.43m
17 Caleb Sunwoo	Surrey Chris	27.42m
18 Arman Dhaliwal	W J Mouat Se	24.62m

19 Michael Witt	Elgin Park S	23.17m
20 Blessing Nabbimba	Tamanawis Se	22.70m
21 Elliot Heath	Dr Charles B	21.74m

Men 1500 Meter Race Walk Junior

Name	Team	Finals
Finals		
1 Tyler Wilson	Lord Tweedsm	7:18.57 10
2 Brendan Visser	Abbotsford C	7:55.63 8
3 Levi De Greeff	Abbotsford C	8:49.55 6
4 Jason Vanspronsen	Credo Christ	8:59.03 5
5 Rylan Laurillard	Vedder Middl	8:59.80 4
6 Leonard Leguijt	Credo Christ	9:01.49 3
7 Levi Kropp	Mei Middle S	9:01.64 2
8 Daryl Lim	Walnut Grove	9:17.66 1
9 Wiltosso Neufeld	Unity Christ	9:23.89
10 Thomas Clarke	AD Rundle Middle	9:24.61
11 Samuel Gaertner	Highroad Aca	9:27.75
12 Tyson Hofer	Langley Chri	9:36.13
13 Wyatt Harivel	White Rock C	9:41.09
14 Kevin Gao	White Rock C	9:48.97

Men 100 Meter Dash Senior

Name	Team	Prelims
Preliminaries		
1 Kenny Blackman Jr.	Surrey Chris	11.33Q1.2
2 Kevin Hughes	Langley Seco	11.38Q0.2
3 Ben Wezeman	Heritage Woo	11.48Q0.2
4 Jack Fayle	South Delta Scho	11.58Q0.2
5 Richard Kofi	W J Mouat Se	11.67Q1.2
6 Ben Kabia	Sullivan Hei	11.71Q0.2
7 Mitchell Sever	Rick Hansen	11.62q 0.2
8 Chavis Spencer	W J Mouat Se	11.79q 0.2
9 Dakota Campbell	Delta Second	11.80 0.2
10 Jeremie Mbenza	Mei Secondar	11.80 0.2
11 Liam Hunt	South Delta Scho	11.86 1.2
12 Luke Chalk	Walnut Grove	11.86 0.2
13 Rajan Brar	Tamanawis Se	11.97 1.2
14 Andy Yang	GW Graham -	12.01 0.2
15 Josh Schwyer	Maple Ridge	12.03 0.2
16 Andy Kliewer	North Surrey	12.09 1.2
17 Xavier Soh	R.E. Mountai	12.10 0.2
18 Mateo Manke	Pitt Meadows	12.52 0.2

Men 100 Meter Dash Senior

Name	Team	Finals
Finals		
1 Kenny Blackman Jr.	Surrey Chris	11.23 10
2 Kevin Hughes	Langley Seco	11.34 8
3 Ben Wezeman	Heritage Woo	11.41 6
4 Richard Kofi	W J Mouat Se	11.65 5
5 Jack Fayle	South Delta Scho	11.68 4
6 Chavis Spencer	W J Mouat Se	11.71 3
7 Mitchell Sever	Rick Hansen	11.72 2
8 Ben Kabia	Sullivan Hei	11.75 1

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Men 400 Meter Run Senior

Name	Team	Prelims
Preliminaries		
1 Jack Fayle	South Delta Scho	51.40Q
2 Ben Wezeman	Heritage Woo	52.04Q
3 Jordan Schmidt	R.E. Mountai	52.43Q
4 Luke Forsyth	Semiahmoo Se	52.82Q
5 Xavier Soh	R.E. Mountai	52.87Q
6 Jorrin Lenton	Maple Ridge	52.98Q
7 Chavis Spencer	W J Mouat Se	53.07q
8 Ben Kabia	Sullivan Hei	53.28q
9 Cole Deakin	Maple Ridge	53.59
10 Janik Rai	Semiahmoo Se	54.53
11 Connor Keane	Holy Cross R	54.54
12 Jeremie Mbenza	Mei Secondar	54.55
13 James Fowler	St. John Bre	55.15
14 Shawn Mann	Mission Seco	55.34
15 Bryan Niwa	St. John Bre	55.46
16 Seth Hayward	Elgin Park S	56.07
17 Austyn Bell	Chilliwack S	56.16
18 Gurkeet Bains	Sullivan Hei	57.13
19 Arshpreet Dhindsa	North Delta	57.43
20 Jp Pedroso	Archbishop C	58.93

Men 400 Meter Run Senior

Name	Team	Finals
Finals		
1 Jack Fayle	South Delta Scho	51.16 10
2 Ben Wezeman	Heritage Woo	51.34 8
3 Jorrin Lenton	Maple Ridge	51.93 6
4 Jordan Schmidt	R.E. Mountai	52.36 5
5 Chavis Spencer	W J Mouat Se	52.76 4
6 Xavier Soh	R.E. Mountai	52.87 3
7 Luke Forsyth	Semiahmoo Se	54.06 2
8 Ben Kabia	Sullivan Hei	55.03 1

Men 1500 Meter Run Senior

Name	Team	Finals
Finals		
1 Liam Foster	Pitt Meadows	4:06.11 10
2 Dawson Ribeiro	Earl Marriot	4:06.20 8
3 Will Riley	Walnut Grove	4:06.59 6
4 Sajjan Sarai	Earl Marriot	4:07.19 5
5 Paul Buckingham	Walnut Grove	4:07.79 4
6 Jaxon Mackie	Earl Marriot	x4:08.06
7 Owen Wright	Sardis Secon	4:08.58 3
8 Nathan Gaucher	Centennial W	4:10.17 2
9 Graeme Roberts	Westview Sec	4:12.19 1
10 Qays Abdiwahid	Heritage Woo	4:13.76
11 Parmvir Waring	Abbotsford T	4:13.86
12 Matt Hobson	Fleetwood Pa	4:20.10
13 Alexander Ross	Maple Ridge	4:21.73
14 Daniel James	Sardis Secon	4:28.94
15 Carter Proudfoot	Chilliwack S	4:37.24
16 Liam Riley	Walnut Grove	x4:40.87

17 Connor Attridge	Gleneagle Se	4:45.80
18 Nick Herzog	Terry Fox Se	4:56.14
19 Kyle Kennedy	Lord Tweedsm	5:00.95
20 Cameron Lee	Pinetree Sec	5:02.59
21 Steev Salim	Guildford Pa	5:05.05
22 Paolo Salud	Guildford Pa	5:33.05

Men 3000 Meter Run Senior

Name	Team	Finals
Finals		
1 Tate Wyatt	R.E. Mountai	8:49.62 10
2 Dawson Ribeiro	Earl Marriot	8:52.16 8
3 Jaxon Mackie	Earl Marriot	8:55.40 6
4 Zach Wyatt	R.E. Mountai	8:56.08 5
5 Riley Miller	Holy Cross R	8:58.41 4
6 Aiden Miller	Holy Cross R	9:02.99 3
7 Nathan Gaucher	Centennial W	9:03.10 2
8 Qays Abdiwahid	Heritage Woo	9:06.63 1
9 Graeme Roberts	Westview Sec	9:12.10
10 Liam Foster	Pitt Meadows	9:26.28
11 Will Riley	Walnut Grove	9:43.26
12 Alexander Ross	Maple Ridge	9:54.32
13 Parmvir Waring	Abbotsford T	9:54.56
14 Liam Riley	Walnut Grove	10:00.86
15 Carter Proudfoot	Chilliwack S	10:07.45
16 Jake Robertson	Walnut Grove	x10:10.14
17 Aaron Li	Brookwood S	10:13.54
18 Ayoub Naoui	Queen Mary E	10:39.58
19 Connor Attridge	Gleneagle Se	10:54.60
20 Sean Miles	Fleetwood Pa	10:59.90
21 Taishi Ishioka	Pinetree Sec	11:01.58
22 Kyle Kennedy	Lord Tweedsm	11:03.37
--- Sam Lachance	Pitt Meadows	DNF

Men 400 Meter Hurdles Senior

Name	Team	Finals
Finals		
1 Jorrin Lenton	Maple Ridge	58.13 10
2 Jacob Walters	Mission Seco	1:01.18 8
3 Dominic Luccock	Seaquam Seco	1:01.67 6
4 Ryan Togeretz	Credo Christ	1:02.36 5
5 Jacob Kooy	W J Mouat Se	1:02.87 4
6 Ian Foster	Holy Cross R	1:03.36 3
7 Colton Ludwar	Holy Cross R	1:03.55 2
8 Peter Price	Yale Seconda	1:04.42 1
9 William Schratz	St. John Bre	1:04.90
10 Braedon Howard	Abbotsford C	1:05.04
11 Shawn Mann	Mission Seco	1:05.14
12 Gideon Brandsma	Abbotsford C	1:05.20
13 Jp Pedroso	Archbishop C	1:05.99
14 Brydon Pires	R.E. Mountai	1:06.56
15 Justin Curran	Walnut Grove	1:06.75
16 Liam Smithson	Walnut Grove	1:08.00
17 Andrew Crawford	Guildford Pa	1:12.36
18 Waqar Ahmed	Burnsview Se	1:22.68

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Men 4x100 Meter Relay Senior

Team	Relay	Prelims
Preliminaries		
1 W.J Mouat	A	45.54Q
2 Surrey Christian	A	46.32Q
3 Mission Secondary	A	46.44Q
1) Connor Haig	2) Bryce MacKenzie	
3) Jacob Walters	4) Shawn Mann	
4 Semiahmoo Secondary	A	47.14Q
1) Luke Forsyth	2) Keaton Lees	
3) Janik Rai		
5 St John Brebeuf	A	47.46Q
1) Chris Van Vugt	2) Bryan Niwa	
3) James Fowler	4) Daniel Durante	
6 Holy Cross Regional	A	47.75Q
7 Chilliwack S	A	48.13q
1) Michael Nahanee	2) Tyler Parsons	
3) Austyn Bell	4) Connor Johnston	
8 Maple Ridge Secondary	A	48.20q
1) Travis Spence	2) Jake Loftus	
3) Sahil Brar	4) Josh Schweyer	
9 BC Christian	A	49.04
1) Zack Kuzyk	2) Nick Kuzyk	
3) Max Gibson	4) Cody Dowell	
10 Mei Secondary School	A	49.79
11 Lord Tweedsmuir	A	50.31
1) Walter Dingwall	2) Ben Godard	
3) Michael Mugabo	4) Evan Phillips	
12 Pinetree Sec	A	50.69
13 Gleneagle Secondary	A	50.82
14 Holy Cross Regional	B	52.09
--- Yale Secondary	A	DNF

Men 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 R.E. Mountai	A	3:26.62 10
2 Sardis Secondary	A	3:32.29 8
3 Holy Cross Regional	A	3:35.13 6
4 W.J Mouat	A	3:35.94 5
5 Maple Ridge Secondary	A	3:39.63 4
1) Matt Liosis	2) Cole Deakin	
3) Jacob Loftus	4) Jorrin Lenton	
6 Heritage Woo	A	3:44.97 3
1) Ben Wezeman	2) Scott Ciaran	
3) Brendan McLaughlin	4) Aaron Williams	
7 Walnut Grove	A	3:45.62 2
8 Chilliwack S	A	3:48.37 1
1) Dylan Murdy	2) Carter Proudfoot	
3) Alex Ubieta	4) Austyn Bell	
9 W.J Mouat	B	3:49.62
10 Surrey Christian	A	3:51.14
11 Mei Secondary School	A	3:56.99

Men High Jump Senior

Name	Team	Finals
Finals		
1 Bryce MacKenzie	Mission Seco	1.90m 9
1 Michael Lambert	Mission Seco	1.90m 9
3 Zack Kuzyk	BC Christian	J1.90m 6
4 Daniel Aylett	Lord Tweedsm	1.75m 5
5 Leo Sun	Centennial W	J1.75m 4
6 Nathan Boudreau	W J Mouat Se	J1.75m 3
7 Kyle Davies	Walnut Grove	1.70m 2
8 Elijah De Hoog	Southridge S	J1.70m 1
9 Joel Choboter	St. John Bre	1.65m
10 Gavyn Tattersall	W J Mouat Se	1.60m
10 Levi Baton	Mission Seco	x1.60m
10 Robbie Kunz	Mission Seco	x1.60m
10 Jonathon Furse	DW Poppy Sec	1.60m
10 Finn White-Robinson	Meadowridge	1.60m

Men Long Jump Senior

Name	Team	Finals
Finals		
1 Landon Gill	Southridge S	6.71m 10
2 Bryce MacKenzie	Mission Seco	6.65m 8
3 Elijah De Hoog	Southridge S	6.29m 6
4 Daniel Durante	St. John Bre	6.04m 5
5 Ethan Foster	DW Poppy Sec	5.92m 4
6 Joel Choboter	St. John Bre	5.82m 3
7 Kyle Davies	Walnut Grove	5.78m 2
8 Mitchell Savage	North Surrey	5.61m 1
9 Balraj Mangat	W J Mouat Se	5.54m NWI
10 Pavan Mand	Terry Fox Se	5.53m NWI
11 Adamson Adeogun	Maple Ridge	5.52m NWI
12 Brian Cortez	Terry Fox Se	5.49m NWI
12 Dylan Manocha	W J Mouat Se	5.49m NWI
14 Peter Price	Yale Seconda	5.43m NWI
15 Janik Rai	Semiahmoo Se	5.22m NWI
16 Alon Zivkler	Elgin Park S	5.20m NWI
17 Robbie Kunz	Mission Seco	5.14m NWI
18 Dilsharan Gill	Lord Tweedsm	5.02m NWI
19 Andy Kliewer	North Surrey	4.99m NWI
20 Mateo Manke	Pitt Meadows	4.70m NWI
21 Jonathon Furse	DW Poppy Sec	4.57m NWI

Men Triple Jump Senior

Name	Team	Finals
Finals		
1 Elijah De Hoog	Southridge S	13.36m 10
2 Zack Kuzyk	BC Christian	12.89m 8
3 Bryce MacKenzie	Mission Seco	12.71m 6
4 Landon Gill	Southridge S	12.04m 5
5 Janik Rai	Semiahmoo Se	11.86m 4
6 Balraj Mangat	W J Mouat Se	11.72m 3
7 Josh Schweyer	Maple Ridge	11.44m 2
8 Mitchell Savage	North Surrey	11.39m 1
9 Daniel Durante	St. John Bre	11.31m NWI

2017 Fraser Valley Track and Field Championships - 5/15/17 to 5/19/17

Zone -
Results

Finals ... (Men Triple Jump Senior)

Name	Team	Finals
10 Benjamin Ewert	Highroad Aca	11.25m NWI
10 Dilsharan Gill	Lord Tweedsm	11.25m NWI
12 Aaron Hill	Chilliwack S	10.93m NWI
13 Praveen Sivakumar	R.E. Mountai	10.57m NWI
14 Jonathon Furse	DW Poppy Sec	9.90m NWI
--- Eric Yan	Heritage Woo	FOUL

Men Discus Throw 1.75 kg Senior

Name	Team	Finals
Finals		
1 Vikramjit Gondara	W J Mouat Se	43.58m 10
2 Rowan Hamilton	Sardis Secon	39.83m 8
3 Noah Bailey	Chilliwack S	34.50m 6
4 Cam'ron Lobban	W J Mouat Se	32.04m 5
5 Connor Sinclair	Semiahmoo Se	30.89m 4
6 Kene Ubajaka	Abbotsford C	28.91m 3
7 Jaren Lengert	GW Graham -	28.30m 2
8 Jake Pott	Mission Seco	27.64m 1
9 Jordan Gauthier	Hope Seconda	24.87m
10 Jacob Smart	Holy Cross R	24.35m
11 Gurmehekjot Pannu	Tamanawis Se	22.98m
12 Thanasi Stassinis	Guildford Pa	18.77m
13 Eric Steinhilber	Lord Tweedsm	15.83m
14 Le John	GW Graham -	9.72m
--- Michael Lambert	Mission Seco	FOUL
--- Hayden Oberhoffner	St. John Bre	FOUL

Men 1500 Meter Race Walk Senior

Name	Team	Finals
Finals		
1 Amrin Bhangu	W J Mouat Se	8:26.39 10
2 Adam Clay	Langley Chri	9:11.17 8
3 Marshall Campbell	Langley Chri	9:13.26 6
4 Thomas Schratz	St. John Bre	9:32.98 5
5 Nick Scott	Maple Ridge	9:37.10 4
6 Campbell Stops	Johnston Hei	9:48.64 3
7 Nathanael Van Deventer	Abbotsford C	10:56.61 2
8 Eric Steinhilber	Lord Tweedsm	12:12.20 1

Men Javelin Throw 800 gram Senior

Name	Team	Finals
Finals		
1 Brian Cortez	Terry Fox Se	50.47m 10
2 Christian Christie	Langley Chri	44.24m 8
3 Shay Lalor	Earl Marriot	42.63m 6
4 Cam'ron Lobban	W J Mouat Se	40.95m 5
5 Evan Smith	Dr Charles B	40.78m 4
6 Cole Barron	Holy Cross R	40.39m 3
7 Jacob Smart	Holy Cross R	39.59m 2
8 Cameron Vanderveen	Abbotsford C	37.54m 1
9 Paolo Lujan	Holy Cross R	x37.38m
10 Philbert Um	Highroad Aca	35.29m
11 Jake Loftus	Maple Ridge	35.27m
12 Daniel Jirava	Lord Tweedsm	34.10m
13 Tristan Coumont	Maple Ridge	32.12m
14 Gavyn Tattersall	W J Mouat Se	31.89m
15 Dakota Mathers	GW Graham -	31.16m
16 Nathan Boudreau	W J Mouat Se	x30.39m
17 Levi Baton	Mission Seco	28.36m
18 Landon Gill	Southridge S	27.58m
19 Brendan Fraser	Holy Cross R	x27.19m
20 Hayden Oberhoffner	St. John Bre	26.42m
21 Matthew Wood	Pinetree Sec	26.31m
22 Gideon Brandsma	Abbotsford C	25.79m