

## 2015 Fraser Valley High School Championship - 11/05/2015 to 14/05/2015

## Abbotsford, BC

## Results

## Women 100 Meter Dash Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1		Monro, Natalia	Walnut Grove 13.12Q-2.7
2		Dubois, Hailey	Earl Marriot 13.87Q-1.9
3	01	Markin, Jessie	Clayton Heig 13.96Q-2.7
4	01	Lacasse, Julia	South Delta 14.03Q-2.2
4	01	Karmali, Inara	Meadowridge 14.03Q-2.2
6		Jacobs, Jordan	Walnut Grove 13.87q -2.7
7	01	Sangha, Manreet	Fleetwood PA 14.07q -2.2
8	01	Wagner, Luna	Johnston Hei 14.08q -2.7
9	01	Muter, Lauren	Sullivan Hei 14.11 -1.9
10	01	Dieleman, Melissa	Unity Christ 14.20 -2.2
11	01	Holst, Alisha	Mission Seco 14.20 -2.7
12		Christensen, Meghan	Maple Ridge 14.20 -2.7
13		Morgan, Crystal	Lord Tweedsm 14.32 -2.7
14	01	Baly, Brooklyn	Yorkson Cree 14.51 -2.7
15	01	Skakun, Aurora	Langley Chri 14.53 -1.9
16		Irabaganje, Inca	Lord Tweedsm 14.53 -2.7
17		Wisotzki, Jessica	Walnut Grove 14.56 -2.2
18		Liang, Rachel	Walnut Grove 14.60 -2.2
19	01	Larsson, Emma	Pitt Meadows 14.62 -1.9
20	01	Gibson, Madeline	BC Christian 14.63 -1.9
21	01	Fordy, Alexandra	South Delta 14.73 -1.9
22	01	Lyons, Georgia	Archbishop C 15.17 -1.9
23	01	Clisby, Cassidy	Southpointe 15.17 -2.7
24	01	Staley, Alexandra	South Delta 15.18 -2.7
25	01	Davies, Madeline	South Delta 15.51 -2.7
26	01	Okamura, Natalee	South Delta 17.19 -2.7

## Women 100 Meter Dash Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	01	Lacasse, Julia	South Delta 13.76 -1.4
2		Jacobs, Jordan	Walnut Grove 13.80 -1.4
3		Dubois, Hailey	Earl Marriot 13.86 -1.4
4	01	Markin, Jessie	Clayton Heig 13.98 -1.4
5	01	Wagner, Luna	Johnston Hei 14.15 -1.4
6	01	Sangha, Manreet	Fleetwood PA 14.32 -1.4
7	01	Karmali, Inara	Meadowridge 14.35 -1.4

## Women 200 Meter Dash Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	01	Huitema, Jordyn	Rosedale Mid 27.80q -1.2
2	01	Smith, Cayla	Southridge 27.86q -1.3
3		Jacobs, Jordan	Walnut Grove 27.87q -0.6
4	01	Dieleman, Melissa	Unity Christ 28.05q -1.3
5	01	Markin, Jessie	Clayton Heig 28.22q -0.6
6	01	Waring-Jones, Eden	Pitt Meadows 28.32q -1.2
7	01	Sangha, Manreet	Fleetwood PA 28.42q -0.6
8	01	Holst, Alisha	Mission Seco 28.65q -1.3
9	01	Wagner, Luna	Johnston Hei 28.65 -1.2

10		Karmali, Inara	Meadowridge 28.66 -1.3
11		Nicholson, Cassidy	Westview Sec 28.93 -0.6
12	01	Baly, Brooklyn	Yorkson Cree 29.02 -1.3
13		Richardson, Teagan	Lord Tweedsm 29.18 -1.2
14	01	Gibson, Madeline	BC Christian 29.41 -1.2
15		Christensen, Meghan	Maple Ridge 29.48 -0.6
16	01	Markin, Mollie	Clayton Heig 29.75 -1.2
17	01	Figueroa, Savannah	Hatzic Secon 30.00 -1.2
18	01	Owens, Paige	GW Graham Mi 30.28 -1.2
19	01	Staley, Alexandra	South Delta 30.44 -0.6
20	01	Lyons, Georgia	Archbishop C 32.04 -1.3
21	01	Tiurpenko, Uma	Southpointe 32.59 -0.6
22	01	Maxim, Raluca	BC Christian 32.81 -1.3

## Women 200 Meter Dash Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	01	Huitema, Jordyn	Rosedale Mid 27.89 -2.8
2	01	Smith, Cayla	Southridge 27.93 -2.8
3		Jacobs, Jordan	Walnut Grove 28.30 -2.8
4	01	Dieleman, Melissa	Unity Christ 28.48 -2.8
5	01	Markin, Jessie	Clayton Heig 28.63 -2.8
6	01	Waring-Jones, Eden	Pitt Meadows 28.64 -2.8
7	01	Sangha, Manreet	Fleetwood PA 28.88 -2.8
8	01	Holst, Alisha	Mission Seco 29.13 -2.8

## Women 400 Meter Dash Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	01	Nijjar, Jasneet	Queen Elizab 1:02.35Q
2	01	Gibson, Madeline	BC Christian 1:04.43Q
3	01	Steenkamp, Lizaan	Abbotsford C 1:05.89Q
4	01	Kampman, Kirsten	Unity Christ 1:05.97Q
5		Wilkinson, Grace	Walnut Grove 1:07.02Q
6	01	Zinetti, Daniella	Earl Marriot 1:08.75Q
7	01	Markin, Mollie	Clayton Heig 1:08.47q
8		Nicholson, Cassidy	Westview Sec 1:08.98q
9	01	Hayhoe, Ellen	Maple Ridge 1:09.47
10	01	Jansen, Amanda	Abbotsford C 1:12.11
11	01	VanDyk, Beth	Abbotsford C 1:13.21
12	01	Schina, Stephanie	Holy Cross H 1:14.26
13	01	Serjohn, Sunday	Princess Mar 1:21.58
14	01	Feltrin, Christina	Langley Chri 1:38.78

## Women 400 Meter Dash Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	01	Nijjar, Jasneet	Queen Elizab 59.91
2	01	Kampman, Kirsten	Unity Christ 1:04.82
3	01	Steenkamp, Lizaan	Abbotsford C 1:04.89
4	01	Gibson, Madeline	BC Christian 1:05.29
5	01	Zinetti, Daniella	Earl Marriot 1:06.57
6		Nicholson, Cassidy	Westview Sec 1:07.33
7	01	Markin, Mollie	Clayton Heig 1:07.92

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## Women 800 Meter Run Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Mussche, Brooke	01 Langley Chri	2:28.76Q
2	Gin, Elizabeth	01 White Rock C	2:29.37Q
3	Smith, Cayla	01 Southridge	2:31.49Q
4	Buckingham, Sarah	01 Walnut Grove	2:31.66Q
5	Bains, Baneet	01 Princess Mar	2:32.46Q
6	VandenBrink, Grace	01 Unity Christ	2:33.65Q
7	Basra, Sunny (Sanehpreet)	01 Sullivan Hei	2:31.70q
8	Dolphin, Jenna	01 Lfmss	2:33.04q
9	Dyke, Brooke	01 Pitt Meadows	2:33.75
10	Jensen, Sierra	01 GW Graham Mi	2:35.92
11	Rafter, Ilse	01 Maple Ridge	2:37.54
12	Wismer, Kara	01 Vedder M.S.	2:38.28
13	Darby, Sarah	01 Semiahmoo Se	2:39.49
14	Thalen, Jolene	01 Credo Christ	2:41.24
15	Hayhoe, Ellen	01 Maple Ridge	2:41.76
16	Zinetti, Daniella	01 Earl Marriot	2:43.09
17	Bailey, Adelia	01 Southpointe	2:54.13
---	Milic, Hannah	01 Seaquam Seah	DQ

## Women 800 Meter Run Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	Mussche, Brooke	01 Langley Chri	2:27.23
2	Gin, Elizabeth	01 White Rock C	2:28.45
3	Smith, Cayla	01 Southridge	2:29.73
4	VandenBrink, Grace	01 Unity Christ	2:30.63
5	Bains, Baneet	01 Princess Mar	2:30.78
6	Basra, Sunny (Sanehpreet)	01 Sullivan Hei	2:31.10
7	Buckingham, Sarah	01 Walnut Grove	2:35.01

## Women 1500 Meter Run Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	Mussche, Brooke	01 Langley Chri	5:06.18
2	Milic, Hannah	01 Seaquam Seah	5:10.86
3	Gin, Elizabeth	01 White Rock C	5:10.91
4	Bains, Baneet	01 Princess Mar	5:14.11
5	Buckingham, Sarah	01 Walnut Grove	5:15.29
6	Wismer, Kara	01 Vedder M.S.	5:18.52
7	Horne, Ava	Earl Marriot	5:22.78
8	Rafter, Ilse	01 Maple Ridge	5:23.55
9	Thalen, Jolene	01 Credo Christ	5:25.60
10	Dolphin, Jenna	01 Lfmss	5:26.49
11	Van Spronsen, Charity	01 Credo Christ	5:31.90
12	Darby, Sarah	01 Semiahmoo Se	5:33.29
13	Kampman, Jessica	01 Abbotsford C	5:34.41
14	Capstick, Melanie	Walnut Grove	5:43.66
15	Kroeze, Janika	01 Rosedale Mid	5:50.75
16	Chesman, Beth	01 Semiahmoo Se	5:51.99
17	Davies, Madeline	01 South Delta	6:05.29
18	Jurgenson, Natalie	01 Mission Seco	6:09.45

19 Veda-Avaravrei, Julia 01 Fleetwood PA 6:12.09

## Women 3000 Meter Run Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	Buckingham, Sarah	01 Walnut Grove	11:13.31
2	Milic, Hannah	01 Seaquam Seah	11:19.25
3	Rafter, Ilse	01 Maple Ridge	11:22.46
4	Thalen, Jolene	01 Credo Christ	11:23.85
5	Gin, Elizabeth	01 White Rock C	11:23.88
6	Bains, Baneet	01 Princess Mar	11:28.86
7	Van Spronsen, Charity	01 Credo Christ	11:50.38
8	Chesman, Beth	01 Semiahmoo Se	12:36.58
9	Kleine, Moriah	01 White Rock C	12:37.89
10	Jurgenson, Natalie	01 Mission Seco	13:16.18
11	Kostama, Maya	01 White Rock C	14:18.90
12	Mourad, Jeena	01 Fleetwood PA	14:48.45
13	Wakelin, Caitlyn	01 Fleetwood PA	14:58.02

## Women 80 Meter Hurdles Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Monro, Natalia	Walnut Grove	12.82Q1.1
2	Burrows, Sierrah	01 Pitt Meadows	13.64Q-1.6
3	Richardson, Teagan	Lord Tweedsm	14.27Q-1.7
4	Tunti, Jaziel	01 Pacific Acad	13.78q -1.6
5	Jacobs, Jordan	Walnut Grove	14.32q -1.7
6	Zhao, Yilian	Walnut Grove	14.90q 1.1
7	Mager, Katelyn	01 delta second	14.94q 1.1
8	Pakulak, Grace	01 Holy Cross H	16.66q -1.7
9	Vanderkooi, Annabelle	01 Abbotsford C	16.69 1.1
10	Skakun, Aurora	01 Langley Chri	16.85 -1.6
11	Crompton, Sierra	Walnut Grove	16.89 1.1
12	Boone, Aimee	Walnut Grove	16.92 -1.6
13	Ghuman, Manroop	01 Fleetwood PA	17.02 -1.7
14	VanWoerden, Maria	01 Abbotsford C	17.86 1.1
15	Dhaliwal, Pravneesh	01 Tamanawis Se	18.17 1.1
16	Hoogenboom, Sydney	01 Langley Chri	18.17 -1.7
17	Sylvester, Katelyne	D. W. Poppy	18.24 -1.6
18	Allen, Saje	01 White Rock C	18.31 -1.7
19	Lyons, Georgia	01 Archbishop C	19.29 -1.6

## Women 80 Meter Hurdles Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	Burrows, Sierrah	01 Pitt Meadows	13.59 +0.0
2	Tunti, Jaziel	01 Pacific Acad	13.69 +0.0
3	Richardson, Teagan	Lord Tweedsm	13.99 +0.0
4	Jacobs, Jordan	Walnut Grove	14.08 +0.0
5	Pakulak, Grace	01 Holy Cross H	16.28 +0.0
6	Zhao, Yilian	Walnut Grove	16.56 +0.0

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## Women 200 Meter Hurdles Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1		Matthewman, Samantha	Walnut Grove 31.64 0.4
2	01	Kampman, Jessica	Abbotsford C 34.38 0.4
3		Fournier, Lucy	Lord Tweedsm 34.49 0.4
4	01	Vanderkooi, Annabelle	Abbotsford C 35.73 0.4
5	01	Allen, Saje	White Rock C 36.82 0.4
6	01	Ghuman, Manroop	Fleetwood PA 36.82 0.4
7	01	VanWoerden, Maria	Abbotsford C 42.40 0.4

## Women 4x100 Meter Relay Grade 8

Team	Relay	Finals
<b>Finals</b>		
1	A	Lord Tweedsmuir 55.08
2	A	Pitt Meadows 55.66
3	B	Earl Marriot 56.09
4	A	Maple Ridge Secondary 56.19
5	A	Unity Christ 56.24
6	A	South Delta 56.68
7	B	Walnut Grove 56.92
8	A	Fleetwood Park 57.75
9	A	Rosedale Mid 58.07
10	A	BC Christian 58.96
11	B	Lord Tweedsmuir 59.32
12	A	Abbotsford C 59.61
13	A	Semiahmoo Se 1:00.10
14	A	Southpointe Academy 1:02.01
---	C	Walnut Grove DNF
---	A	Walnut Grove DQ

## Women 4x400 Meter Relay Grade 8

Team	Relay	Finals
<b>Finals</b>		
1	A	Walnut Grove 4:30.58
2	A	Unity Christ 4:36.82
3	A	Maple Ridge Secondary 4:43.74
4	A	Abbotsford C 4:44.06
5	A	Lord Tweedsmuir 4:46.15
6	A	Semiahmoo Se 4:52.52
7	A	Fleetwood Park 4:57.77
8	A	Lfmss 5:01.51
9	A	Vedder M.S. 5:03.89
10	A	Yorkson Creek Middle 5:06.56

## Women High Jump Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	01	Max-Brown, Cecille	White Rock C 1.55m
2	01	Hernandez, Charmaine	Guildford Pa 1.50m
3	01	Brandsma, Cassie	Abbotsford C 1.45m
4	01	Huehn, Madison	South Delta J1.45m
4	01	Clisby, Cassidy	Southpointe J1.45m
6	01	Waring-Jones, Eden	Pitt Meadows 1.40m
7		Pankratz, Megan	Maple Ridge J1.40m

8		Hoogstra, Shawna	01	Credo Christ	J1.40m
9		Tunti, Jaziel	01	Pacific Acad	J1.40m
9		Kampman, Jessica	01	Abbotsford C	J1.40m
11		Balla, Mikaela		Earl Marriot	1.35m
11		Matthewman, Samantha		Walnut Grove	1.35m
11	01	Allen, Saje		White Rock C	1.35m
11		Mebesrus, Amy		Rosedale Mid	1.35m
15	01	Ratcliff, Alyssa		Mei Middle S	1.30m
15		Wisotzki, Jessica		Walnut Grove	1.30m
15	01	Coombes, Miranda		Chilliwack M	1.30m
18	01	Rai, Rhea		Southpointe	1.25m
18		Liang, Rachel		Walnut Grove	1.25m

## Women Long Jump Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	01	Waring-Jones, Eden	Pitt Meadows 4.65m NWI
2	01	Hernandez, Charmaine	Guildford Pa 4.59m NWI
3	01	Hansen, Hanna	delta second 4.58m NWI
4	01	Holst, Alisha	Mission Seco 4.55m NWI
5	01	Burrows, Sierrah	Pitt Meadows 4.52m NWI
6	01	Kroeze, Janika	Rosedale Mid 4.47m NWI
7	01	Muter, Lauren	Sullivan Hei 4.36m NWI
8		Waller, Danielle	Lord Tweedsm 4.32m NWI
9		Monro, Natalia	Walnut Grove 4.26m NWI
9		Balla, Mikaela	Earl Marriot 4.26m NWI
11	01	Markin, Jessie	Clayton Heig 4.25m NWI
12	01	VandenBrink, Grace	Unity Christ 4.24m NWI
13		Matthewman, Samantha	Walnut Grove 4.08m NWI
14	01	Beimers, Emma	Langley Chri 4.05m NWI
14	01	Karmali, Inara	Meadowridge 4.05m NWI
16	01	Tunti, Jaziel	Pacific Acad 4.03m NWI
17		Nicholson, Cassidy	Westview Sec 3.95m NWI
18	01	Fordy, Alexandra	South Delta 3.87m NWI
19		Wisotzki, Jessica	Walnut Grove 3.82m NWI
20	01	Tiurpenko, Uma	Southpointe 3.79m NWI
21		Zhao, Yilian	Walnut Grove 3.76m NWI
22		Irabaganje, Inca	Lord Tweedsm 3.51m NWI
23	01	Truong, Ivana	BC Christian 2.75m NWI

## Women Triple Jump Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	01	Brandsma, Cassie	Abbotsford C 9.40m NWI
2	01	Veda-Avaravrei, Julia	Fleetwood PA 9.07m NWI
3		Yee, Amanda	Walnut Grove 9.01m NWI
4	01	Collis, Jenna	Mission Seco 8.84m NWI
5		Zhao, Yilian	Walnut Grove 8.82m NWI
6	01	Beimers, Emma	Langley Chri 8.77m NWI
7		Fournier, Lucy	Lord Tweedsm 8.46m NWI
8	01	Truong, Ivana	BC Christian 8.24m NWI
9	01	Ta, Stephanie	Vedder M.S. 8.19m NWI
10		Dubois, Hailey	Earl Marriot 7.98m NWI
11	01	Andress, Emily	Vedder M.S. 7.85m NWI
12	01	Tiurpenko, Uma	Southpointe 7.71m NWI
13	01	Pakulak, Grace	Holy Cross H 7.65m NWI

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## Finals ... (Women Triple Jump Grade 8)

Name	Yr	School	Finals
14 Hamm, Jacqueline	01	Mei Middle S	7.44m NWI
15 Mah, Jessica	01	Lfmss	6.83m NWI

## Women Shot Put 3 kg Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1 Bangar, Simran	01	North Delta	9.90m
2 Rowell, Tavia		Walnut Grove	9.14m
3 VandenBrink, Grace	01	Unity Christ	8.50m
4 Doubleday, Courtney	01	Clayton Heig	8.33m
5 Clark, Rachele	01	Abbotsford C	7.97m
6 Beauchamp, Maya		Lord Tweedsm	7.94m
7 Rebel, Annika	01	Abbotsford C	7.73m
8 Chmelyk, Jaydia		Walnut Grove	7.65m
9 Visscher, Maddie	01	Credo Christ	7.57m
10 Antonsen, Tamara	01	Langley Chri	7.37m
11 Soltys, Jasmine	01	Chilliwack M	7.32m
12 Wilkinson, Grace		Walnut Grove	7.22m
13 Gauthier, Kyra		Lord Tweedsm	7.20m
14 Ferguson, Amy	01	Unity Christ	6.87m
15 Trimble, Lillie	01	Surrey Chris	6.51m
16 Jones, Ayliffe		Walnut Grove	6.26m

## Women Discus Throw Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1 Rebel, Annika	01	Abbotsford C	23.84m
2 Bangar, Simran	01	North Delta	22.75m
3 Hansen, Hanna	01	delta second	21.13m
4 Kraus, Sienna		Maple Ridge	21.08m
5 Jones, Ayliffe		Walnut Grove	20.48m
6 Soltys, Jasmine	01	Chilliwack M	19.66m
7 Antonsen, Tamara	01	Langley Chri	19.09m
8 Gauthier, Kyra		Lord Tweedsm	18.87m
9 Ferguson, Amy	01	Unity Christ	17.04m
10 Van Niekerk, Annika		Walnut Grove	16.91m
11 Marriott, Robin	01	Langley Chri	16.77m
12 Moore, Jessica	01	Mission Seco	15.87m
13 Saip, Mya	01	Surrey Chris	15.55m
14 Dhaliwal, Pravneesh	01	Tamanawis Se	14.74m
15 Mussche, Brooke	01	Langley Chri	14.65m
16 Kaur, Tavleen	01	Tamanawis Se	14.56m
17 Beauchamp, Maya		Lord Tweedsm	13.73m

## Women Javelin Throw 500 gram Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1 Denness, Rori		Earl Marriot	37.10m
2 Smith, Kyla	01	Mei Middle S	25.36m
3 Soltys, Jasmine	01	Chilliwack M	25.01m
4 Stams, Daphne	01	Lfmss	24.30m
5 Burrows, Sierrah	01	Pitt Meadows	24.20m
6 Rowell, Tavia		Walnut Grove	22.50m
7 Jones, Ayliffe		Walnut Grove	22.10m

8 Clark, Rachele	01	Abbotsford C	21.60m
9 Beauchamp, Maya		Lord Tweedsm	20.01m
10 Bailey, Adelia	01	Southpointe	17.40m
11 Moore, Jessica	01	Mission Seco	16.40m
12 Levy, Alysa		Maple Ridge	15.40m
--- Gauthier, Kyra		Lord Tweedsm	ND
--- Rebel, Annika	01	Abbotsford C	ND
--- Kleine, Moriah	01	White Rock C	ND

## Women 100 Meter Dash Junior

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Lew, Jasmine	00	Heritage Woo	12.49Q0.8
2 Vlahovic, Katarina	00	Fraser Heigh	12.57Q-2.1
3 Hoffman, Sara	99	Garibaldi Se	12.80Q1.6
4 Shane, Megan		Walnut Grove	12.88Q-1.3
5 Moore, Amanda		Lord Tweedsm	12.81Q1.6
6 Hall, Jordan	99	Earl Marriot	12.90Q-1.3
7 Snow, Cayla	00	St. John Bre	13.18Q0.8
8 Urban, Jessica	00	Surrey Chris	13.33Q-2.1
9 Sidelmann, Lisa		Earl Marriot	13.21 1.6
10 Alexander, Tamara	00	Mei Secondar	13.34 0.8
11 Kooyman, Shae-Lynn	00	Unity Christ	13.54 0.8
12 Ydenberg, Julie	99	Pitt Meadows	13.58 -1.3
13 Lagerstrom, Kristen	00	Pitt Meadows	13.67 1.6
14 Alexander, Mikaela	98	Mei Secondar	13.77 -1.3
15 Godinez, Ana	99	Earl Marriot	13.91 1.6
16 Colquhoun, Amelia	99	Yale Seconda	13.99 0.8
17 Maku, Brenda	99	Holy Cross H	14.06 -1.3
18 Eckl, Sophie	99	Yale Seconda	14.12 1.6
19 Lyons, Isabella	99	Archbishop C	14.17 0.8
20 Friesen, Kelsey	00	Yale Seconda	14.41 -2.1
21 Brahmhatt, Prachi		Burnsview	14.59 -2.1
22 Price, Rebecca	98	Archbishop C	14.75 0.8
23 McTavish, Amy	99	Heritage Woo	14.87 -2.1
24 Seiler, Lexi	99	Clayton Heig	15.13 1.6

## Women 100 Meter Dash Junior

Name	Yr	School	Finals
<b>Finals</b>			
1 Lew, Jasmine	00	Heritage Woo	12.58 -1.8
2 Vlahovic, Katarina	00	Fraser Heigh	12.97 -1.8
3 Hall, Jordan	99	Earl Marriot	13.16 -1.8
4 Hoffman, Sara	99	Garibaldi Se	13.18 -1.8
5 Moore, Amanda		Lord Tweedsm	13.22 -1.8
6 Shane, Megan		Walnut Grove	13.23 -1.8
7 Snow, Cayla	00	St. John Bre	13.29 -1.8
8 Urban, Jessica	00	Surrey Chris	13.36 -1.8

## Women 200 Meter Dash Junior

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Moore, Amanda		Lord Tweedsm	26.35Q+0.0
2 Shane, Megan		Walnut Grove	26.58Q-0.6

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**Preliminaries ... (Women 200 Meter Dash Junior)**

Name	Yr	School	Prelims
3	Lew, Jasmine	00 Heritage Woo	26.66Q-0.8
4	Kurucz, Aaryanna	Maple Ridge	27.24Q-0.8
5	Hall, Jordan	99 Earl Marriot	26.67q -0.6
6	Sidelmann, Lisa	Earl Marriot	27.32q -0.8
7	Tomlinson, Anika	00 Clayton Heig	27.46q +0.0
8	Urban, Jessica	00 Surrey Chris	27.61q -0.8
9	LeBlanc, Aly	00 Mt. Slesse M	27.71 +0.0
10	Alexander, Tamara	00 Mei Secondar	27.72 +0.0
11	Morley, Emily	Maple Ridge	27.94 -0.8
12	Friesen, Kelsey	00 Yale Seconda	28.33 -0.6
13	Ydenberg, Julie	99 Pitt Meadows	28.36 -0.8
14	Bangar, Kiran	99 North Delta	28.39 -0.8
15	MacEwen, Katie	Walnut Grove	28.49 -0.8
16	Lagerstrom, Kristen	00 Pitt Meadows	28.86 +0.0
17	Eckl, Sophie	99 Yale Seconda	29.18 -0.8
18	Longe, Temi	99 Sardis Secon	29.65 -0.6
19	Brahmbhatt, Prachi	Burnsview	30.25 -0.8
20	Griffith, Paige	00 South Delta	30.29 -0.8
21	Gil, Andrea	99 Archbishop C	30.48 +0.0

**Women 200 Meter Dash Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Moore, Amanda	Lord Tweedsm	26.18 +0.0
2	Lew, Jasmine	00 Heritage Woo	26.35 +0.0
3	Shane, Megan	Walnut Grove	26.61 +0.0
4	Hall, Jordan	99 Earl Marriot	26.62 +0.0
5	Kurucz, Aaryanna	Maple Ridge	27.06 +0.0
6	Urban, Jessica	00 Surrey Chris	27.53 +0.0
7	Tomlinson, Anika	00 Clayton Heig	27.59 +0.0
8	Sidelmann, Lisa	Earl Marriot	28.00 +0.0

**Women 400 Meter Run Junior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Hack, Gabrielle	00 Semiahmoo Se	1:01.20Q
2	Tyndall, Hana	99 Gleneagle Se	1:02.95Q
3	Calverley, Jojo	00 Hatzic Secon	1:03.47Q
4	Kurucz, Aaryanna	Maple Ridge	1:03.49Q
5	Huston, Madelyn	99 Thomas Haney	1:02.66q
6	Krieser, Jade	00 Riverside Se	1:03.29q
7	Morley, Emily	Maple Ridge	1:03.32q
8	Hutchison, Marley	00 Mei Secondar	1:03.81q
9	Koufalis, Marissa	00 Heritage Woo	1:03.98
10	Chandra, Lauren	00 Clayton Heig	1:04.09
11	Thue, Mataya	99 Heritage Woo	1:05.01
12	Dayal, Neha	99 Tamanawis Se	1:05.36
13	Hoolsema, Brooke	99 Brookwood	1:05.36
14	Parry, Brooke	Maple Ridge	1:05.46
15	LeBlanc, Aly	00 Mt. Slesse M	1:05.51
16	Parry, Blythe	Maple Ridge	1:05.58
17	Gowler, Myka	99 Pitt Meadows	1:05.59
18	Parker, Sarah	Lord Tweedsm	1:06.48

19	Navjit, Hundal	99 Delview Seco	1:07.11
20	Foley, Kiona	Walnut Grove	1:08.35
21	Vincent, Jasmine	00 Guildford Pa	1:09.75
22	Ismail, Simone	Panorama Rid	1:10.44
23	Malhi, Kushneet	00 Robert Batem	1:12.02
24	Sharma, Manvi	99 Queen Elizab	1:14.58

**Women 400 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Hack, Gabrielle	00 Semiahmoo Se	1:01.85
2	Tyndall, Hana	99 Gleneagle Se	1:02.51
3	Huston, Madelyn	99 Thomas Haney	1:02.77
4	Kurucz, Aaryanna	Maple Ridge	1:03.10
5	Calverley, Jojo	00 Hatzic Secon	1:03.55
6	Morley, Emily	Maple Ridge	1:04.22
7	Hutchison, Marley	00 Mei Secondar	1:04.79
---	Krieser, Jade	00 Riverside Se	DQ

**Women 800 Meter Run Junior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Huston, Madelyn	99 Thomas Haney	2:22.51Q
2	Sokolowski, Kate	99 GW Graham Mi	2:22.95Q
3	Williams, Jessica	99 Semiahmoo Se	2:23.61Q
4	Hennessey, Jamie	Maple Ridge	2:23.78Q
5	Hoolsema, Brooke	99 Brookwood	2:24.50Q
6	Brar, Amira	99 Gleneagle Se	2:26.66Q
7	Terry, Alyssa	00 Sullivan Hei	2:26.58q
8	Basra, Prabhneet	99 Sullivan Hei	2:28.94q
9	Dubois, Jenna	00 Earl Marriot	2:29.07
10	Roy, Serenah	99 Sardis Secon	2:33.45
11	Parry, Brooke	Maple Ridge	2:33.82
12	Sarai, Simran	Earl Marriot	2:41.61
13	Shi, Syndy	00 Port Moody S	2:45.83
14	Latjor, Vivianna	00 Mission Seco	2:46.44
15	Hoolsema, Sidney	99 Brookwood	2:51.52
16	Kozelj, Jaden	00 Heritage Woo	2:53.38

**Women 800 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Huston, Madelyn	99 Thomas Haney	2:19.83
2	Sokolowski, Kate	99 GW Graham Mi	2:20.83
3	Hennessey, Jamie	Maple Ridge	2:20.86
4	Terry, Alyssa	00 Sullivan Hei	2:21.52
5	Hoolsema, Brooke	99 Brookwood	2:27.99
6	Brar, Amira	99 Gleneagle Se	2:29.02
7	Basra, Prabhneet	99 Sullivan Hei	2:29.16

**Women 1500 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Sevsek, Christina	99 Clayton Heig	4:46.65
2	Sevsek, Julie	99 Clayton Heig	4:49.61

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**Finals ... (Women 1500 Meter Run Junior)**

Name	Yr	School	Finals
3 Hennessey, Jamie		Maple Ridge	4:53.65
4 Ginther, Georgia	99	Earl Marriot	4:55.34
5 Sokolowski, Kate	99	GW Graham Mi	4:57.92
6 Brar, Amira	99	Gleneagle Se	5:00.01
7 Huston, Madelyn	99	Thomas Haney	5:04.51
8 Chang, Jouen	99	Credo Christ	5:09.45
9 Weltzin, Kayla	00	Brookwood	5:14.61
10 Bannerman, Jaya	00	GW Graham Mi	5:27.53
11 Gill, Harneet	00	North Delta	5:28.50
12 Ribeiro, Haley	00	Semiahmoo Se	5:41.19
13 Boisclair-Joly, Solene	00	White Rock C	5:41.24
14 Roy, Serenah	99	Sardis Secon	5:41.28
15 Huang, Nicole	00	Gleneagle Se	5:45.52
16 Lof, Justine	99	Credo Christ	5:48.19
17 Ismail, Simone		Panorama Rid	5:55.46
18 Gill, Gurleen	00	Mei Secondar	5:58.24
19 Job, Kailee	00	White Rock C	5:59.04

**Women 3000 Meter Run Junior**

Name	Yr	School	Finals
1 Sevsek, Christina	99	Clayton Heig	10:11.04
2 Sevsek, Julie	99	Clayton Heig	10:25.80
3 Hennessey, Jamie		Maple Ridge	10:40.73
4 Chang, Jouen	99	Credo Christ	10:55.65
5 Sokolowski, Kate	99	GW Graham Mi	11:09.04
6 Weltzin, Kayla	00	Brookwood	11:31.18
7 Ribeiro, Haley	00	Semiahmoo Se	11:58.65
8 Huang, Nicole	00	Gleneagle Se	12:00.74
9 Sarai, Simran		Earl Marriot	12:02.39
10 Bannerman, Jaya	00	GW Graham Mi	12:09.40
11 Chu, Sarah	00	White Rock C	12:32.01
12 Spearn, Julia		Walnut Grove	12:32.26
13 Dubois, Jenna	00	Earl Marriot	12:38.87
14 Larsen, Serena	00	Yale Seconda	12:44.88
15 Read, Taylor	00	GW Graham Mi	13:15.54
16 Traskowski, Taylor	00	A.D. Rundle	13:29.53

**Women 80 Meter Hurdles Junior**

Name	Yr	School	Prelims
1 Vlahovic, Katarina	00	Fraser Heigh	11.95Q-0.2
2 Tyndall, Hana	99	Gleneagle Se	12.74Q-2.7
3 Dosanjh, Gulneer	99	Delview Seco	12.98Q-0.5
4 Snow, Cayla	00	St. John Bre	13.12Q-2.6
5 Sader, Cassidy	00	Earl Marriot	13.38q -2.6
6 Hoffman, Sara	99	Garibaldi Se	13.42q -0.5
7 Hutchison, Marley	00	Mei Secondar	13.54q -0.2
8 Bulka, Tess		Elgin Park S	13.61q -0.5
9 Kurucz, Aaryanna		Maple Ridge	13.79 -2.7
10 Thiessen, Sarah	00	Yale Seconda	13.97 -2.7
11 Neidig, Amanda	00	Brookwood	14.02 -0.2
12 Parry, Brooke		Maple Ridge	14.86 -2.6

13 Koufalis, Marissa	00	Heritage Woo	15.16 -0.5
14 Elphick-Miner, Bronte		Maple Ridge	15.16 -0.2
15 Ensor, Nicloe		Walnut Grove	15.30 -0.5
16 Lyons, Isabella	99	Archbishop C	15.48 -2.7
17 Spitzig, Kristen	00	W. J. Mouat	15.53 -0.2
18 Tso, Cate	00	Heritage Woo	15.74 -2.6
19 Kupsch, Emmie	99	Rick Hansen	16.06 -2.6
20 Tulio, Yohanna	00	Guildford Pa	16.20 -0.5
21 Maku, Brenda	99	Holy Cross H	16.77 -2.7
22 Chiu, Brittany	99	Queen Elizab	16.78 -2.7
23 Badesha, Jasleen	00	Tamanawis Se	17.62 -0.2
24 Job, Kailee	00	White Rock C	21.13 -0.2

**Women 80 Meter Hurdles Junior**

Name	Yr	School	Finals
1 Tyndall, Hana	99	Gleneagle Se	12.42 +0.0
2 Dosanjh, Gulneer	99	Delview Seco	12.91 +0.0
3 Snow, Cayla	00	St. John Bre	13.01 +0.0
4 Hoffman, Sara	99	Garibaldi Se	13.21 +0.0
5 Hutchison, Marley	00	Mei Secondar	13.47 +0.0
6 Sader, Cassidy	00	Earl Marriot	13.52 +0.0
7 Bulka, Tess		Elgin Park S	13.91 +0.0

**Women 300 Meter Hurdles Junior**

Name	Yr	School	Finals
1 Williams, Jessica	99	Semiahmoo Se	46.40
2 Snow, Cayla	00	St. John Bre	47.79
3 Thue, Mataya	99	Heritage Woo	49.43
4 Dosanjh, Gulneer	99	Delview Seco	49.87
5 Neidig, Amanda	00	Brookwood	50.56
6 Bulka, Tess		Elgin Park S	50.61
7 MacEwen, Katie		Walnut Grove	52.93
8 Minderhoud, Janessa	99	Abbotsford C	53.54
9 Weiss, Jayden	00	Mission Seco	53.57
10 Enns, Avril	99	Abbotsford C	53.88
11 Blumauer, Nicole	99	Yale Seconda	56.07
12 Rus, Natalia	99	Chilliwack	58.69
13 Guerrero, Elizabeth	99	Queen Elizab	58.80
14 Badesha, Jasleen	00	Tamanawis Se	1:00.60
15 Chiu, Brittany	99	Queen Elizab	1:02.09
16 Badh, Navreet	00	Queen Elizab	1:06.70

**Women 1500 Meter Steeplechase Junior**

Name	Yr	School	Finals
1 Ginther, Georgia	99	Earl Marriot	5:14.51
2 Borrowdale, Chelsea		Walnut Grove	5:34.99
3 Weltzin, Kayla	00	Brookwood	5:45.65
4 Ribeiro, Haley	00	Semiahmoo Se	5:51.75
5 Gill, Harneet	00	North Delta	5:58.87
6 Spearn, Julia		Walnut Grove	6:04.61
7 Wiebe, Coco		Earl Marriot	6:05.50
8 Boisclair-Joly, Solene	00	White Rock C	6:06.17
9 Chu, Sarah	00	White Rock C	6:16.03

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**Finals ... (Women 1500 Meter Steeplechase Junior)**

Name	Yr	School	Finals
10 Senft, Jenna		Walnut Grove	6:22.75
11 Melville, Alexis		Walnut Grove	6:36.27

**Women 4x100 Meter Relay Junior**

Team	Relay	Prelims
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**Preliminaries**

1 Lord Tweedsmuir	B	52.86Q
2 Maple Ridge Secondary	A	53.22Q
3 Lord Tweedsmuir	A	53.23Q
4 Yale Secondary School	A	53.73Q
5 Mei Secondary School	A	53.77Q
6 Walnut Grove	A	53.96Q
7 Pitt Meadows	A	53.97q
8 Earl Marriot	A	54.25q
9 Gleneagle Secondary	A	54.28
10 Holy Cross H	A	54.63
11 W. J. Mouat Secondary	A	54.65
12 Semiahmoo Se	A	54.91
13 Maple Ridge Secondary	B	55.15
14 Sardis Secondary	A	55.21
15 Heritage Woo	A	57.33
16 BC Christian	A	1:00.17

**Women 4x100 Meter Relay Junior**

Team	Relay	Finals
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**Finals**

1 Maple Ridge Secondary	A	52.83
2 Lord Tweedsmuir	B	52.90
3 Lord Tweedsmuir	A	53.32
4 Mei Secondary School	A	53.40
5 Earl Marriot	A	53.68
6 Pitt Meadows	A	53.92
7 Walnut Grove	A	54.49
8 Yale Secondary School	A	55.39

**Women 4x400 Meter Relay Junior**

Team	Relay	Finals
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**Finals**

1 Maple Ridge Secondary	A	4:17.81
2 Mei Secondary School	A	4:20.89
3 Semiahmoo Se	A	4:22.54
4 Gleneagle Secondary	A	4:26.44
5 Lord Tweedsmuir	A	4:26.63
6 Earl Marriot	A	4:26.89
7 Walnut Grove	A	4:27.99
8 Yale Secondary School	A	4:30.51
9 Pitt Meadows	A	4:31.14
10 Heritage Woo	A	4:31.67
11 Maple Ridge Secondary	B	4:36.43
12 Mission Secondary	A	4:40.76
13 Archbishop Carney	A	4:46.11
14 Earl Marriot	B	4:50.12
15 Semiahmoo Se	B	5:00.89

---	Sardis Secondary	A	DQ
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**Women High Jump Junior**

Name	Yr	School	Finals
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**Finals**

1 Porpacz, Alexa	00	Semiahmoo Se	1.68m
2 Ehizode, Kimberley	00	Holy Cross H	1.50m
3 Bontkes, Jayden	99	Langley Chri	1.45m
3 Thiessen, Sarah	00	Yale Seconda	1.45m
5 Odoom, Ansah		Lord Tweedsm	J1.45m
6 Conway, Emma	00	Abbotsford C	J1.45m
7 Saint-Onge, Jamie		Lord Tweedsm	J1.45m
8 Johannesson, Lauren		Walnut Grove	J1.45m
9 Steeves, Hope		Lord Tweedsm	J1.45m
10 Still, Katherine	00	Samuel Rober	1.40m
11 Logan, Kiera	00	Fraser Heigh	J1.40m
12 Krieser, Jade	00	Riverside Se	1.35m
---	Elphick-Miner, Bronte	Maple Ridge	NH

**Women Pole Vault Junior**

Name	Yr	School	Finals
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**Finals**

1 Cheung, Lauryn	99	R.E.Mountain	2.70m
2 Down, Haley		Lord Tweedsm	2.20m
2 Minderhoud, Janessa	99	Abbotsford C	2.20m

**Women Long Jump Junior**

Name	Yr	School	Finals
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**Finals**

1 Lew, Jasmine	00	Heritage Woo	5.21m NWI
2 Urban, Jessica	00	Surrey Chris	4.93m NWI
3 Forsyth, Louise	99	Brookwood	4.89m NWI
4 Lagerstrom, Kristen	00	Pitt Meadows	4.76m NWI
5 Dueck, Vanessa	00	Mt. Slesse M	4.69m NWI
6 Chandra, Lauren	00	Clayton Heig	4.65m NWI
7 Enns, Lyzandria	00	Mei Secondar	4.59m NWI
8 Osifo, Praise		Lord Tweedsm	4.57m NWI
9 LeBlanc, Aly	00	Mt. Slesse M	4.52m NWI
10 Krieser, Jade	00	Riverside Se	4.50m NWI
11 Hall, Jordan	99	Earl Marriot	4.48m NWI
11 Godinez, Ana	99	Earl Marriot	4.48m NWI
13 Eckl, Sophie	99	Yale Seconda	4.46m NWI
14 Koufalis, Marissa	00	Heritage Woo	4.36m NWI
15 Morley, Emily		Maple Ridge	4.32m NWI
16 Milliard, Aimee		Maple Ridge	4.30m NWI
17 Saint-Onge, Jamie		Lord Tweedsm	4.28m NWI
18 Nduwayo, Sophia	99	Riverside Se	4.20m NWI
19 Kunze, Olivia	99	Hatzic Secon	4.17m NWI
20 Nelson, Hannah		Maple Ridge	4.02m NWI
21 Kooyman, Shae-Lynn	00	Unity Christ	3.89m NWI

**Women Triple Jump Junior**

Name	Yr	School	Finals
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**Finals**

1 Forsyth, Louise	99	Brookwood	10.81m NWI
2 Hack, Gabrielle	00	Semiahmoo Se	10.24m NWI

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**Finals ... (Women Triple Jump Junior)**

Name	Yr	School	Finals
3 Enns, Lyzandria	00	Mei Secondar	10.01m NWI
4 Chandra, Lauren	00	Clayton Heig	9.87m NWI
5 Liu, Nicola	02	Port Moody S	9.73m NWI
6 Kunze, Olivia	99	Hatzic Secon	9.25m NWI
7 Wiens, Kaeli	99	W. J. Mouat	8.98m NWI
8 Tiessen, Marika	99	Credo Christ	8.93m NWI
9 Cote, Megghan	99	Mission Seco	8.92m NWI
10 Weiss, Jayden	00	Mission Seco	8.90m NWI
11 Liversidge, Kate		Maple Ridge	8.75m NWI
12 Desch, Leiandra	99	W. J. Mouat	8.60m NWI
13 Kimoto, Lauren		Walnut Grove	8.51m NWI
14 Enns, Avril	99	Abbotsford C	8.36m NWI
15 Nduwayo, Sophia	99	Riverside Se	8.24m NWI
16 Price, Rebecca	98	Archbishop C	8.19m NWI
17 Lyons, Isabella	99	Archbishop C	7.65m NWI
18 Sharma, Manvi	99	Queen Elizab	6.70m NWI

**Women Shot Put 3 kg Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Meredith, Kate		Maple Ridge	11.43m
2 Peter, Dasha	97	Semiahmoo Se	11.18m
3 Sparks-Guest, Mackenzy	99	Gleneagle Se	10.53m
4 Cayenne, Nia	99	Holy Cross H	10.48m
5 Arabsky, Sedona		Lord Tweedsm	10.34m
6 Robichaud, Alexa	00	Panorama Rid	10.10m
7 Reitsema, Valerie	99	Abbotsford C	9.50m
8 Kampman, Faith	99	Abbotsford C	9.40m
9 McGrail, Lindsay	00	Abbotsford C	9.36m
10 Miller, Morgan	99	Chilliwack	9.01m
11 White, Emily	99	Agassiz Sec.	8.85m
12 Jackson, Olivia	99	W. J. Mouat	8.61m
13 May, Kate		Walnut Grove	8.52m
14 Ketley, Marisa	99	Heritage Woo	8.39m
15 Teheune, Coralee		Lord Tweedsm	8.04m
16 Dutton-Piskorik, Kyra		Lord Tweedsm	7.89m
17 Ye, Jessica	00	Port Moody S	7.77m
18 Conway, Emma	00	Abbotsford C	7.21m

**Women Discus Throw 1 kg Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Miller, Morgan	99	Chilliwack	32.77m
2 Forsyth, Louise	99	Brookwood	31.31m
3 Cayenne, Nia	99	Holy Cross H	30.58m
4 Arabsky, Sedona		Lord Tweedsm	30.56m
5 Robichaud, Alexa	00	Panorama Rid	29.87m
6 May, Kate		Walnut Grove	27.15m
7 Homeniuk, Breanne		Lord Tweedsm	27.13m
8 Spitzig, Kristen	00	W. J. Mouat	25.53m
9 Gentry, Melissa	99	W. J. Mouat	24.27m
10 Roberts, Camille		Elgin Park S	23.43m
11 Patry-Smith, Jenevieve		Terry Fox Se	23.32m
12 Johannesson, Lauren		Walnut Grove	21.82m

13 Dutton-Piskorik, Kyra		Lord Tweedsm	21.08m
14 Kelly, Heather	00	Westview Sec	20.97m
15 Meredith, Kate		Maple Ridge	20.07m
16 Ye, Jessica	00	Port Moody S	19.95m
17 McGrail, Lindsay	00	Abbotsford C	17.19m
18 Foote, Abresia	99	Abbotsford C	17.15m
19 Flikkema, Hailey	00	Abbotsford C	16.22m

**Women Hammer Throw 3 kg Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Dolfo, Tanika	99	Lfmss	53.64m
2 Gabri, Dolly	01	Sullivan Hei	43.54m
3 Gentry, Melissa	99	W. J. Mouat	39.13m
4 Roberts, Camille		Elgin Park S	37.76m
5 Reitsema, Valerie	99	Abbotsford C	36.50m
6 Patry-Smith, Jenevieve		Terry Fox Se	34.32m
7 May, Kate		Walnut Grove	33.45m
8 Foote, Abresia	99	Abbotsford C	31.01m
9 Carter, Juliana	00	W. J. Mouat	27.44m
10 Shayler, Sofia	00	W. J. Mouat	26.26m
11 Jackson, Olivia	99	W. J. Mouat	25.08m
12 Flikkema, Hailey	00	Abbotsford C	24.95m
13 Kampman, Faith	99	Abbotsford C	24.05m
14 Pacholski, Cassie	99	Surrey Chris	21.74m
15 Wilson, Emily	00	Abbotsford C	20.78m

**Women Javelin Throw 500 gram Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Patry-Smith, Jenevieve		Terry Fox Se	37.80m
2 Robichaud, Alexa	00	Panorama Rid	32.70m
3 Kunze, Olivia	99	Hatzic Secon	29.71m
4 Malczynski, Elise	99	Holy Cross H	29.38m
5 Dolfo, Tanika	99	Lfmss	27.78m
6 Coulbourn, Andria		Walnut Grove	27.22m
7 Chu, Sarah	00	White Rock C	25.68m
8 Johannesson, Lauren		Walnut Grove	25.16m
9 Cameron, Mikaela		Lord Tweedsm	25.04m
10 Nick, Julia	00	Gleneagle Se	24.68m
11 Spitzig, Kristen	00	W. J. Mouat	24.48m
12 Jackson, Olivia	99	W. J. Mouat	24.43m
13 Aleksic, Rachel	99	Surrey Chris	24.05m
14 Lane, Jaenjira	00	W. J. Mouat	23.03m
15 McGrail, Lindsay	00	Abbotsford C	22.74m
16 Jones, Vanessa	99	Mission Seco	22.13m
17 Nguyen, Tara		Lord Tweedsm	22.12m
18 Peter, Dasha	97	Semiahmoo Se	18.92m
19 Griffioen, Sydney	00	Abbotsford C	18.17m
--- Lambert, Hannah	00	Hatzic Secon	ND

**Women 1500 Meter Race Walk Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Daignault, Charlotte	96	Mission Seco	8:57.63
2 Janes, Amelia	00	Mission Seco	9:01.95

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**Finals ... (Women 1500 Meter Race Walk Junior)**

Name	Yr	School	Finals
3 Green, Janie	00	Mission Seco	9:19.93
4 Foote, Abresia	99	Abbotsford C	9:24.51
5 Cote, Meghan	99	Mission Seco	9:25.48
6 Chuang, Lucy	01	Abbotsford C	9:32.65
7 Peel, Emelie	99	Fleetwood PA	9:38.17
8 Wu, Helen	98	Semiahmo Se	9:46.61
9 Clarke-Harter, Linda	99	Chilliwack	10:05.61
10 Allner, Kim	00	W. J. Mouat	10:16.28
11 Wiebe, Freddie	01	Mei Middle S	10:22.91
12 Han, Janet	99	Semiahmo Se	10:30.57
13 Stobbe, Elizabeth	01	Mei Middle S	10:31.26
14 Braich, Diljot	00	W. J. Mouat	10:34.22

**Women 100 Meter Dash Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Rolfe, Hannah		Walnut Grove	12.58Q2.2
2 Ajibike, Abisayo		Maple Ridge	12.81Q2.1
3 Duncanson, Jade	98	Earl Marriot	12.81Q-1.4
4 Mensah-Wilson, Valerie	98	Rick Hansen	12.84Q-1.4
5 Quaynor, Meyer	98	Johnston Hei	12.91Q2.2
6 Servatius, Afton	98	Sardis Secon	13.06Q2.1
7 Pedersen, Kira		Lord Tweedsm	12.93q 2.2
8 Bergen, Paige	98	Mei Secondar	13.01q 2.2
9 Sever, Monique	97	Rick Hansen	13.07 -1.4
10 Sackey, Queenster		Lord Tweedsm	13.15 2.1
11 Culchesky, Anna	98	Delview Seco	13.26 2.1
12 Nijjar, Gagan	97	Queen Elizab	13.33 -1.4
13 Samantha, Gebhardt		Riverside Se	13.35 2.1
14 Bondi, Kira	98	Dr. Charles	13.46 2.2
15 Mensah-Wilson, Vanessa	98	Rick Hansen	13.53 2.2
16 Perry-White, Autumn		Hope Seconda	13.69 -1.4
17 Paterson, Georgia	98	Princess Mar	13.77 2.2
18 Vermette, Kendra	98	Earl Marriot	13.83 -1.4
19 Harder, Kelly	98	Yale Seconda	13.91 2.1
20 Biela, Sofia	98	Sardis Secon	13.91 2.1
21 Kean, Lauren	97	Sardis Secon	13.94 -1.4
22 Dallazanna, Chantal	98	Archbishop C	13.97 2.1
23 Clemons, Bekky	97	Sardis Secon	14.29 -1.4

**Women 100 Meter Dash Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Mensah-Wilson, Valerie	98	Rick Hansen	12.95 -1.4
2 Rolfe, Hannah		Walnut Grove	12.97 -1.4
3 Duncanson, Jade	98	Earl Marriot	12.99 -1.4
4 Ajibike, Abisayo		Maple Ridge	13.00 -1.4
5 Quaynor, Meyer	98	Johnston Hei	13.16 -1.4
6 Bergen, Paige	98	Mei Secondar	13.44 -1.4
7 Pedersen, Kira		Lord Tweedsm	13.45 -1.4
8 Servatius, Afton	98	Sardis Secon	13.55 -1.4

**Women 200 Meter Dash Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ajibike, Abisayo		Maple Ridge	26.33Q-1.0
2 Duncanson, Jade	98	Earl Marriot	26.81Q-1.1
3 Bergen, Paige	98	Mei Secondar	27.14Q-1.6
4 Mensah-Wilson, Valerie	98	Rick Hansen	26.62Q-1.0
5 Pedersen, Kira		Lord Tweedsm	27.17Q-1.1
6 Gourley, Angela	98	W. J. Mouat	27.19Q-1.6
7 Lydynuik, Ally	98	Earl Marriot	26.65q -1.0
8 Servatius, Afton	98	Sardis Secon	27.10q -1.0
9 Murray, Emily		Maple Ridge	27.29 -1.1
10 Mernagh, Stephanie	97	Lord Tweedsm	27.31 -1.6
11 Culchesky, Anna	98	Delview Seco	27.33 -1.0
12 Olsen, Ally		Elgin Park S	27.39 -1.6
13 Nijjar, Gagan	97	Queen Elizab	27.77 -1.1
14 Mensah-Wilson, Vanessa	98	Rick Hansen	28.07 -1.1
15 Procee, Katie	98	Unity Christ	28.17 -1.1
16 Kean, Lauren	97	Sardis Secon	28.33 -1.6
17 Dallazanna, Chantal	98	Archbishop C	28.42 -1.6
18 Paterson, Georgia	98	Princess Mar	28.44 -1.1
19 Biela, Sofia	98	Sardis Secon	28.65 -1.0
20 Liversidge, Claire		Maple Ridge	28.94 -1.0
21 Perry-White, Autumn		Hope Seconda	29.49 -1.6
22 Stanyer, Amanda	97	Riverside Se	29.67 -1.1
23 Chuakay, Joan	98	Archbishop C	32.49 -1.0

**Women 200 Meter Dash Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ajibike, Abisayo		Maple Ridge	26.65 0.8
2 Mensah-Wilson, Valerie	98	Rick Hansen	26.78 0.8
3 Duncanson, Jade	98	Earl Marriot	26.84 0.8
4 Bergen, Paige	98	Mei Secondar	27.12 0.8
5 Lydynuik, Ally	98	Earl Marriot	27.39 0.8
6 Gourley, Angela	98	W. J. Mouat	27.41 0.8
7 Pedersen, Kira		Lord Tweedsm	27.48 0.8
8 Servatius, Afton	98	Sardis Secon	27.92 0.8

**Women 400 Meter Run Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Champoux, Megan	99	Lfms	58.66Q
2 Konrad, Hannah	98	Mei Secondar	1:01.36Q
3 Mernagh, Stephanie	97	Lord Tweedsm	1:02.22Q
4 Dallazanna, Chantal	98	Archbishop C	1:03.85Q
5 Moore, Tosha		Lord Tweedsm	1:03.90Q
6 Zietlow, Daniella	98	Earl Marriot	1:03.97Q
7 Norris, Ali		Lord Tweedsm	1:04.54q
8 Terry, Rebecca	98	Sullivan Hei	1:04.54q
9 Achan, Daughter	98	Kwantlen Par	1:05.02
10 Gill, Simran	97	Queen Elizab	1:06.51
11 Kornelsen, Hannah	97	Mei Secondar	1:06.92

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**Preliminaries ... (Women 400 Meter Run Senior)**

Name	Yr	School	Prelims
12 Zenert-chan, Emma	98	Sardis Secon	1:07.17
13 Procee, Katie	98	Unity Christ	1:08.52
14 Stanyer, Amanda	97	Riverside Se	1:08.57
15 Biela, Sofia	98	Sardis Secon	1:09.34
16 Moore, Gaby	98	Yale Seconda	1:09.38
17 Tait, Amber		Maple Ridge	1:11.18
18 Bradwell, Sarah	97	Chilliwack	1:13.21

**Women 400 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Champoux, Megan	99	Lfmss	58.23
2 Konrad, Hannah	98	Mei Secondar	1:01.10
3 Mernagh, Stephanie	97	Lord Tweedsm	1:02.85
4 Moore, Tosha		Lord Tweedsm	1:04.49
5 Terry, Rebecca	98	Sullivan Hei	1:04.57
6 Dallazanna, Chantal	98	Archbishop C	1:04.73
7 Norris, Ali		Lord Tweedsm	1:05.28
8 Zietlow, Daniella	98	Earl Marriot	1:05.59

**Women 800 Meter Run Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Johnstone, Christina	97	Thomas Haney	2:20.05Q
2 Konrad, Hannah	98	Mei Secondar	2:20.83Q
3 LeBlanc, Caitlin		Sardis Secon	2:25.24Q
4 Greer, Julia	98	Semiahmoo Se	2:21.42Q
5 Tinkham, Mikayla		Maple Ridge	2:21.77Q
6 Boccia, Isabella		Walnut Grove	2:25.86Q
7 Townsend, Addy	97	Dr. Charles	2:24.88q
8 Liang, Emily	98	Semiahmoo Se	2:25.23q
9 Chapman, Delaney	97	Abbotsford T	2:28.33
10 Dearden, Emma		Walnut Grove	2:28.86
11 Brown, Fiona	97	Earl Marriot	2:30.04
12 Bird, Shayla	97	Yale Seconda	2:33.89
13 Wyatt, Autumn	98	R.E.Mountain	2:36.36
14 Kray, Victoria	97	Pacific Acad	2:36.87
15 Paige, Dominika	98	Semiahmoo Se	2:38.82
16 Godinez, Karla	98	Earl Marriot	2:43.68
17 Palmer, Katrina	97	Abbotsford C	2:50.75
18 Jalim, Darshini	98	W. J. Mouat	3:00.55

**Women 800 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Greer, Julia	98	Semiahmoo Se	2:17.88
2 Konrad, Hannah	98	Mei Secondar	2:18.03
3 LeBlanc, Caitlin		Sardis Secon	2:18.33
4 Boccia, Isabella		Walnut Grove	2:19.04
5 Tinkham, Mikayla		Maple Ridge	2:19.22
6 Johnstone, Christina	97	Thomas Haney	2:19.40
7 Liang, Emily	98	Semiahmoo Se	2:26.15

**Women 1500 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Greer, Julia	98	Semiahmoo Se	4:48.61
2 Tinkham, Mikayla		Maple Ridge	4:50.19
3 Johnstone, Christina	97	Thomas Haney	4:50.56
4 LeBlanc, Caitlin		Sardis Secon	4:51.87
5 Boccia, Isabella		Walnut Grove	4:56.39
6 Smart, Mikaela	97	Archbishop C	4:56.55
7 Ribeiro, Chelsea	97	Semiahmoo Se	4:57.01
8 Liang, Emily	98	Semiahmoo Se	5:02.61
9 Chapman, Delaney	97	Abbotsford T	5:08.27
10 Johnson, Erica	98	Abbotsford C	5:12.51
11 Dearden, Emma		Walnut Grove	5:14.67
12 Wyatt, Autumn	98	R.E.Mountain	5:25.80
13 Paige, Dominika	98	Semiahmoo Se	5:26.08
14 Brown, Fiona	97	Earl Marriot	5:38.96
15 Kornelsen, Hannah	97	Mei Secondar	5:45.43
16 Minhas, Hailie	98	Fleetwood PA	5:59.38
17 Lindhout, Kaitlyn	97	Chilliwack	6:04.07
18 Bouwmeester, Idrina	97	Riverside Se	6:28.27
19 Goyal, Malina	98	Kwantlen Par	6:53.53

**Women 3000 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Townsend, Addy	97	Dr. Charles	10:26.59
2 Tinkham, Mikayla		Maple Ridge	10:28.20
3 Johnstone, Christina	97	Thomas Haney	10:31.81
4 Ribeiro, Chelsea	97	Semiahmoo Se	10:34.60
5 Smart, Mikaela	97	Archbishop C	11:04.23
6 Johnson, Erica	98	Abbotsford C	11:20.85
7 Wyatt, Autumn	98	R.E.Mountain	12:00.08
8 DeJong, Brianne		Walnut Grove	12:14.58
9 Tanase, Celestina	98	Port Moody S	12:40.17
10 Xia, Susan	97	Fraser Heigh	13:06.78
11 Minhas, Hailie	98	Fleetwood PA	13:13.38
12 Lam, Jacqueline		Walnut Grove	13:23.31
13 Palmer, Katrina	97	Abbotsford C	13:47.69
14 Uppal, Harneet	98	Abbotsford T	14:52.29
15 Klymchuk, Sammi	98	Earl Marriot	15:47.30

**Women 100 Meter Hurdles Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Champoux, Megan	99	Lfmss	15.84Q0.1
2 Liversidge, Claire		Maple Ridge	16.70Q2.9
3 Gourley, Angela	98	W. J. Mouat	16.74Q0.1
4 Smithson, Emma	97	Walnut Grove	16.93Q2.9
5 Burgert, Elise	98	Semiahmoo Se	16.90q 0.1
6 Servatius, Afton	98	Sardis Secon	17.14q 2.9
7 Takenaka, Abigail	97	Robert Batem	17.30q 0.1
8 Wolitski, Madison	97	White Rock C	17.61q 0.1
9 Vermette, Kendra	98	Earl Marriot	18.29 2.9

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**Preliminaries ... (Women 100 Meter Hurdles Senior)**

Name	Yr	School	Prelims
10 Marchinkow, Sonja	97	Surrey Chris	18.92 2.9
11 Reitsema, Lindsay	97	Abbotsford C	19.62 0.1
12 Harder, Kelly	98	Yale Seconda	19.66 2.9
13 Coady, Jane	98	Archbishop C	20.97 0.1

**Women 100 Meter Hurdles Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Champoux, Megan	99	Lfmss	15.51 -0.5
2 Liversidge, Claire		Maple Ridge	16.56 -0.5
3 Gourley, Angela	98	W. J. Mouat	16.73 -0.5
4 Burgert, Elise	98	Semiahmoo Se	16.77 -0.5
5 Smithson, Emma	97	Walnut Grove	17.08 -0.5
6 Takenaka, Abigail	97	Robert Batem	17.65 -0.5
7 Servatius, Afton	98	Sardis Secon	18.46 -0.5

**Women 400 Meter Hurdles Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Champoux, Megan	99	Lfmss	1:02.15
2 Takenaka, Abigail	97	Robert Batem	1:09.51
3 Burgert, Elise	98	Semiahmoo Se	1:09.54
4 Chow, Cheryl	98	Gleneagle Se	1:10.36
5 Piers, Amber	97	Abbotsford C	1:11.18
6 Gourley, Angela	98	W. J. Mouat	1:12.52
7 Procee, Katie	98	Unity Christ	1:13.10
8 Smithson, Emma	97	Walnut Grove	1:13.30
9 McNeil, Madysen	97	Samuel Rober	1:15.41
10 Harder, Kelly	98	Yale Seconda	1:15.92
11 Bird, Shayla	97	Yale Seconda	1:17.18
12 Corley-Smith, Kelly	97	Sardis Secon	1:17.20
13 Kray, Victoria	97	Pacific Acad	1:18.13
14 House, Kianna	97	Fleetwood PA	1:18.27
15 Wolitski, Madison	97	White Rock C	1:23.86

**Women 1500 Meter Steeplechase Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ribeiro, Chelsea	97	Semiahmoo Se	5:15.71
2 Unruh, Alicia	97	W. J. Mouat	5:35.79
3 Paige, Dominika	98	Semiahmoo Se	5:49.18
4 Johnson, Erica	98	Abbotsford C	5:58.80
5 McNeil, Madysen	97	Samuel Rober	6:06.83
6 DeJong, Brianne		Walnut Grove	6:21.24
7 Corley-Smith, Kelly	97	Sardis Secon	6:27.06
8 Lam, Jacqueline		Walnut Grove	6:33.11

**Women 4x100 Meter Relay Senior**

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Earl Marriot	A	50.96Q
2 Maple Ridge Secondary	B	51.94Q
3 Lord Tweedsmuir	A	51.74Q

4	W. J. Mouat Secondary	A	52.18Q
5	Rick Hansen Secondary	A	51.98Q
6	Lord Tweedsmuir	B	53.28Q
7	Sardis Secondary	A	53.00q
8	Queen Elizab	A	53.38q
9	Riverside Secondary	A	54.11
10	Yale Secondary School	A	54.89
11	Abbotsford C	A	55.26
12	Kwantlen Par	A	55.32
13	W. J. Mouat Secondary	B	55.75
14	Maple Ridge Secondary	A	56.27
15	Pinetree High School	A	1:00.96

**Women 4x100 Meter Relay Senior**

Team	Relay	Finals
<b>Finals</b>		
1 Rick Hansen Secondary	A	51.06
2 Lord Tweedsmuir	A	51.73
3 Maple Ridge Secondary	B	51.78
4 Lord Tweedsmuir	B	52.43
5 Earl Marriot	A	52.51
6 Sardis Secondary	A	54.30
7 Queen Elizab	A	55.54
8 W. J. Mouat Secondary	A	57.16

**Women 4x400 Meter Relay Senior**

Team	Relay	Finals
<b>Finals</b>		
1 Maple Ridge Secondary	A	4:14.84
2 Lord Tweedsmuir	A	4:16.03
3 W. J. Mouat Secondary	A	4:16.09
4 Earl Marriot	A	4:23.50
5 Yale Secondary School	A	4:24.30
6 Sardis Secondary	A	4:25.68
7 Semiahmoo Se	A	4:27.75
8 W. J. Mouat Secondary	B	4:30.57
9 Abbotsford C	A	4:31.08
10 Queen Elizab	A	4:35.88
11 Chilliwack	A	4:39.15
12 Yale Secondary School	B	4:42.63
13 Surrey Chris	A	4:56.13

**Women High Jump Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rycroft, Natalie		Maple Ridge	1.55m
1 Rolfe, Hannah		Walnut Grove	1.55m
3 Lydynuik, Ally	98	Earl Marriot	1.50m
4 Coady, Jane	98	Archbishop C	1.45m
4 Murray, Emily		Maple Ridge	1.45m
6 Scott, Kylee	97	Yale Seconda	1.40m
---		Mercer, Alexandra	98 Heritage Woo NH

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**Women Pole Vault Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Alkema, Chloe	98 Earl Marriot	3.20m
2	Choboter, Rachel	98 St. John Bre	2.20m
3	Takenaka, Abigail	97 Robert Batem	2.00m

**Women Long Jump Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Bekar, Kiana	98 Langley Chri	5.37m NWI
2	Paterson, Georgia	98 Princess Mar	5.33m NWI
3	Sever, Monique	97 Rick Hansen	5.13m NWI
4	Quaynor, Meyer	98 Johnston Hei	5.13m NWI
5	Ajibike, Abisayo	Maple Ridge	5.08m NWI
6	Buckingham, Robyn	97 Walnut Grove	5.07m NWI
7	Foster, Mira	D. W. Poppy	4.96m NWI
8	Bergen, Paige	98 Mei Secondar	4.85m NWI
9	Wolfe, Alexandra	98 Meadowridge	4.74m NWI
10	Chow, Cheryl	98 Gleneagle Se	4.61m NWI
11	Bondi, Kira	98 Dr. Charles	4.52m NWI
12	Bartel, Krista	97 Chilliwack	4.47m NWI
13	Okere, Amaka	98 Meadowridge	4.46m NWI
14	Lim, Julia	98 Mission Seco	4.40m NWI
15	Bell, Brianna	Lord Tweedsm	4.35m NWI
16	Nijjar, Gagan	97 Queen Elizab	4.28m NWI
17	Marchinkow, Sonja	97 Surrey Chris	4.21m NWI
18	Drennan, Heather	97 Dr. Charles	4.05m NWI
19	Chamani, Hanna	97 Surrey Chris	4.03m NWI
19	Sackey, Queenster	Lord Tweedsm	4.03m NWI
21	Olthuis, Heidi	97 Abbotsford C	4.01m NWI
22	Wong, Kristine	97 Port Moody S	3.91m NWI

**Women Triple Jump Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Bekar, Kiana	98 Langley Chri	11.22m NWI
2	Sever, Monique	97 Rick Hansen	11.07m NWI
3	Foster, Mira	D. W. Poppy	10.18m NWI
4	Lim, Julia	98 Mission Seco	10.11m NWI
5	Norris, Ali	Lord Tweedsm	10.07m NWI
6	Chow, Cheryl	98 Gleneagle Se	10.02m NWI
7	Lydyniuk, Ally	98 Earl Marriot	9.76m NWI
8	Windt, Natalie	97 Yale Seconda	9.62m NWI
9	Van Garderen, Kirsten	99 Abbotsford C	9.35m NWI
10	Coady, Jane	98 Archbishop C	9.09m NWI
11	Olthuis, Heidi	97 Abbotsford C	8.91m NWI
12	Mackenzie, Caitlynn	97 Fleetwood PA	8.81m NWI
13	Spring, Marianne	98 W. J. Mouat	8.77m NWI
14	McCullough, Roxanne	97 W. J. Mouat	8.55m NWI
15	Reitsema, Lindsay	97 Abbotsford C	8.43m NWI
16	Wong, Kristine	97 Port Moody S	8.30m NWI
17	Drennan, Heather	97 Dr. Charles	8.02m NWI
18	McNary, Meaghan	98 Sardis Secon	7.76m NWI

**Women Shot Put 4 kg Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Willing, Tasha	98 Chilliwack	11.98m
2	Butler, Kaila	Terry Fox Se	11.28m
3	Saliken, Jaconda	97 Semiahmoo Se	9.00m
4	Pauley, Jaclyn	98 Brookwood	8.90m
5	Wolczyk, Brittni	97 Archbishop C	8.85m
6	Murphy, Elizabeth	Maple Ridge	8.58m
7	Johnson, River	97 W. J. Mouat	8.09m
8	Piers, Amber	97 Abbotsford C	7.86m
9	DeJesus, Riquel	97 Holy Cross H	7.37m
10	Gomez, Eve	97 Queen Elizab	7.23m
11	VanVliet, Julia	Lord Tweedsm	7.11m
12	Balancio, Mhargielyn	97 Surrey Chris	6.94m
13	McPhedran, Jamie	97 Abbotsford T	6.80m
14	Cottrill, Cailyn	97 Mission Seco	6.75m
15	Kukura, Madison	97 Pacific Acad	6.61m
16	Bourgeois, Tamara	97 Mission Seco	6.22m
17	Lees, Taylor	98 Agassiz Sec.	5.87m

**Women Discus Throw 1 kg Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Botsis, Chanell	98 Dr. Charles	38.99m
2	Willing, Tasha	98 Chilliwack	35.08m
3	Saliken, Jaconda	97 Semiahmoo Se	30.80m
4	DeJesus, Riquel	97 Holy Cross H	25.58m
5	VanVliet, Julia	Lord Tweedsm	24.47m
6	Pauls, Tansie	97 Hope Seconda	22.99m
7	Kuzek, Rebecca	Lord Tweedsm	22.65m
8	Johnson, River	97 W. J. Mouat	21.92m
9	McPhedran, Jamie	97 Abbotsford T	21.74m
10	Cottrill, Cailyn	97 Mission Seco	18.43m
11	Wong, Ashley	98 BC Christian	18.01m
11	McCullough, Roxanne	97 W. J. Mouat	18.01m
13	Shinger, Megan	97 Lord Tweedsm	17.35m
14	Bourgeois, Tamara	97 Mission Seco	15.87m
15	Meier, Kylee	97 Mission Seco	15.71m
16	Foster, Natalie	97 Holy Cross H	15.29m
17	Pollard, Alysha	97 Chilliwack	12.03m
18	Dhaliwal, Pardip	97 Abbotsford T	11.80m

**Women Hammer Throw 4 kg Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1	Butler, Kaila	Terry Fox Se	52.43m
2	Teagan, Rasche	Riverside Se	52.02m
3	Botsis, Chanell	98 Dr. Charles	51.14m
4	Willing, Tasha	98 Chilliwack	44.47m
5	Johnson, River	97 W. J. Mouat	26.50m
6	Kerr, Mekala	97 W. J. Mouat	25.00m
7	Heibein, Alexis	97 Mission Seco	22.67m
8	Gomez, Eve	97 Queen Elizab	21.52m
9	Timmons, Sarah	98 Yale Seconda	17.27m

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## Women Javelin Throw 600 gram Senior

Name	Yr	School	Finals
<b>Finals</b>			
1	Rasche, Teagan	97 Riverside Se	43.49m
2	Wolczyk, Brittni	97 Archbishop C	40.70m
3	Pauley, Jaclyn	98 Brookswood	36.66m
4	Buckingham, Robyn	97 Walnut Grove	32.46m
5	Kerr, Mekala	97 W. J. Mouat	30.83m
6	Piers, Amber	97 Abbotsford C	28.31m
7	Mackenzie, Caitlynn	97 Fleetwood PA	27.73m
8	Rycroft, Natalie	Maple Ridge	26.68m
9	Lim, Julia	98 Mission Seco	26.28m
10	Pilgrim, Callum	97 W. J. Mouat	25.66m
11	Marchinkow, Sonja	97 Surrey Chris	25.08m
12	Wolitski, Madison	97 White Rock C	24.76m
13	Murphy, Elizabeth	Maple Ridge	23.22m
14	Herradura, Lancelei	97 Highroad Aca	22.21m
15	Heibein, Alexis	97 Mission Seco	21.30m
16	VanVliet, Julia	Lord Tweedsm	19.49m
17	Chamani, Hanna	97 Surrey Chris	19.28m
18	Saliken, Jaconda	97 Semiahmoo Se	16.96m

## Women 1500 Meter Race Walk Senior

Name	Yr	School	Finals
<b>Finals</b>			
1	Kornelsen, Hannah	97 Mei Secondar	8:18.00
2	Cairnie, Emma	Walnut Grove	9:02.91
3	Pol, Alicia	Walnut Grove	9:07.55
4	Head, Kalyn	97 Chilliwack	9:08.86
5	Gasperini, Laura	D. W. Poppy	9:44.06
6	Phan, Jessica	D. W. Poppy	9:49.87
7	Xia, Susan	97 Fraser Heigh	10:17.43
8	Olthuis, Heidi	97 Abbotsford C	10:27.29
9	Welch, Kaylee	98 W. J. Mouat	10:31.76
10	Meier, Kylee	97 Mission Seco	10:31.88
11	Jackson, Hanna	D. W. Poppy	10:54.40
12	Song, Sophia	99 Abbotsford C	11:55.72

## Men 100 Meter Dash Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Kanai, Joshua	Lord Tweedsm	12.06Q-1.6
2	Vandergugten, Ian	01 Credo Christ	12.18Q1.6
3	Mensah, Jamall	01 Meadowridge	12.37Q1.7
4	Cole, Jaden	01 Mei Middle S	12.30Q1.6
5	Mi, Jordan	01 Meadowridge	12.46Q-1.6
6	Coulter, Nicholas	01 Holy Cross H	12.70Q1.7
7	Lees, Keaton	01 Semiahmoo Se	12.48q -1.6
8	Eraso, Diego	01 Vedder M.S.	12.68q 1.6
9	Reilly, Reynolds	01 Elgin Park S	12.74 1.6
10	Shupe, Marshall	Maple Ridge	12.80 1.7
11	Pedersen, Ryan	Lord Tweedsm	12.87 1.6
12	Parsons Mathieu, Tyler	01 A.D. Rundle	12.94 1.7
13	De Chavez, Lorenzo	00 Archbishop C	12.98 1.7

14	Watt, Spencer	01 Southpointe	13.01 -1.6
15	Middleton, Austin	01 Mei Middle S	13.09 1.7
16	Williams, Aaron	01 BC Christian	13.09 1.6
17	Gurlaliuk, Alex	01 Westview Sec	13.11 -1.6
18	Tunzi, Nick	Walnut Grove	13.17 -1.6
19	Lee, Sam	01 BC Christian	13.20 -1.6
20	Fox, Tanner	01 Mei Middle S	13.22 1.6
21	Xie, Oliver	01 Seaquam Seah	13.27 1.7
22	Dyck, Chad	01 Mei Middle S	13.33 -1.6
23	Ko, Nathan	01 BC Christian	13.40 1.6

## Men 100 Meter Dash Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	Kanai, Joshua	Lord Tweedsm	12.30 -2.4
2	Vandergugten, Ian	01 Credo Christ	12.86 -2.4
3	Mensah, Jamall	01 Meadowridge	12.91 -2.4
4	Lees, Keaton	01 Semiahmoo Se	12.95 -2.4
5	Eraso, Diego	01 Vedder M.S.	13.17 -2.4
6	Mi, Jordan	01 Meadowridge	13.20 -2.4
7	Coulter, Nicholas	01 Holy Cross H	13.20 -2.4
8	Cole, Jaden	01 Mei Middle S	13.50 -2.4

## Men 200 Meter Dash Grade 8

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Reilly, Reynolds	01 Elgin Park S	25.28q -0.2
2	Kanai, Joshua	Lord Tweedsm	25.36q -0.8
3	Drescher, Aidan	01 Seaquam Seah	25.48q +0.0
4	Eraso, Diego	01 Vedder M.S.	25.66q -0.2
5	Mensah, Jamall	01 Meadowridge	25.78q -0.8
6	Lees, Keaton	01 Semiahmoo Se	25.99q +0.0
7	Coulter, Evan	99 Holy Cross H	26.15q +0.0
8	Pedersen, Ryan	Lord Tweedsm	26.31q -0.8
9	Lee, Sam	01 BC Christian	26.36 -0.2
10	Gurlaliuk, Alex	01 Westview Sec	26.56 +0.0
11	Castillo, Lorenz	Walnut Grove	26.57 -0.8
12	Parsons Mathieu, Tyler	01 A.D. Rundle	27.00 -0.8
13	Kessler, Mattias	Walnut Grove	27.24 -0.2
14	Williams, Aaron	01 BC Christian	27.40 -0.8
15	Tunzi, Nick	Walnut Grove	27.43 -0.2
16	Brodie, David	01 Highroad Aca	27.52 -0.2
17	Ko, Nathan	01 BC Christian	27.56 +0.0
18	Janday, Geevon	01 Vedder M.S.	28.22 +0.0
19	Keenlyside, Liam	01 Sands Scorpi	28.37 -0.8

## Men 200 Meter Dash Grade 8

Name	Yr	School	Finals
<b>Finals</b>			
1	Kanai, Joshua	Lord Tweedsm	25.25 -0.2
2	Reilly, Reynolds	01 Elgin Park S	25.29 -0.2
3	Mensah, Jamall	01 Meadowridge	25.33 -0.2
4	Drescher, Aidan	01 Seaquam Seah	25.37 -0.2
5	Eraso, Diego	01 Vedder M.S.	25.76 -0.2
6	Coulter, Evan	99 Holy Cross H	26.02 -0.2

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**Finals ... (Men 200 Meter Dash Grade 8)**

Name	Yr	School	Finals
7 Lees, Keaton	01	Semiahmoo Se	26.12 -0.2
8 Pedersen, Ryan		Lord Tweedsm	26.68 -0.2

**Men 400 Meter Dash Grade 8**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Eraso, Diego	01	Vedder M.S.	58.20Q
2 Lee, Sam	01	BC Christian	58.51Q
3 Castillo, Lorenz		Walnut Grove	1:00.13Q
4 Han, Ethan	01	Southridge	1:00.20Q
5 Smith, Lucas	01	St. John Bre	1:00.56Q
6 Michael, Mcdermid	01	White Rock C	1:02.48Q
7 Javed, Faizan	01	Tamanawis Se	1:01.30q
8 Peters, Gabriel	01	Mei Middle S	1:02.47q
9 Geringer, Tanner	01	Hatzic Secon	1:03.81
10 Visser, Brendan	01	Abbotsford C	1:03.93
11 Janday, Geevon	01	Vedder M.S.	1:04.77
12 Osagie, Osas	01	Kwantlen Par	1:06.38
13 Gaita, Thomas		Maple Ridge	1:06.93
14 Fedoruk, Josh	01	Vedder M.S.	1:09.19

**Men 400 Meter Dash Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Eraso, Diego	01	Vedder M.S.	57.06
2 Lee, Sam	01	BC Christian	57.12
3 Smith, Lucas	01	St. John Bre	1:01.21
4 Han, Ethan	01	Southridge	1:01.38
5 Castillo, Lorenz		Walnut Grove	1:02.14
6 Javed, Faizan	01	Tamanawis Se	1:03.04
7 Michael, Mcdermid	01	White Rock C	1:03.79
8 Peters, Gabriel	01	Mei Middle S	1:04.38

**Men 800 Meter Run Grade 8**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Rehmtulla, Zain	01	Vedder M.S.	2:20.21Q
2 House, Kaelen	01	Fleetwood PA	2:20.44Q
3 Ferrence, Trey	01	Semiahmoo Se	2:22.62Q
4 Baker, Tyson	01	Tamanawis Se	2:21.19Q
5 Huggan, Michael		Walnut Grove	2:21.87Q
6 Shupe, Marshall		Maple Ridge	2:24.06Q
7 Sidhu, Gurkeerit		Panorama Rid	2:21.27q
8 Hall, Riley	01	Abbotsford C	2:23.14q
9 Klein, Stephen	01	Credo Christ	2:24.39
10 Visser, Brendan	01	Abbotsford C	2:25.12
11 Martens, Matthew		Walnut Grove	2:26.32
12 Foley, Landon	01	Fraser Heigh	2:32.22
13 Foxcroft, Aiden		Walnut Grove	2:35.70
14 Martinez, Daniel		Walnut Grove	2:37.24
15 Winterburn, Jacob		Walnut Grove	2:38.84
16 Kaita, Matthew	01	Brookwood	2:41.97

17 Carson, Hillyard	01	Southpointe	2:56.51
18 DeJulius, Adam	01	Archbishop C	3:04.35

**Men 800 Meter Run Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ferrence, Trey	01	Semiahmoo Se	2:13.41
2 Shupe, Marshall		Maple Ridge	2:16.49
3 Rehmtulla, Zain	01	Vedder M.S.	2:17.20
4 Huggan, Michael		Walnut Grove	2:20.20
5 House, Kaelen	01	Fleetwood PA	2:21.96
6 Baker, Tyson	01	Tamanawis Se	2:22.23
7 Sidhu, Gurkeerit		Panorama Rid	2:23.82
8 Hall, Riley	01	Abbotsford C	2:26.52

**Men 1500 Meter Run Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ferrence, Trey	01	Semiahmoo Se	4:44.06
2 Rehmtulla, Zain	01	Vedder M.S.	4:50.61
3 Baker, Tyson	01	Tamanawis Se	4:51.55
4 Gibson, Oliver	01	Elgin Park S	4:57.27
5 Habash, Saher	01	Yorkson Cree	4:58.67
6 House, Kaelen	01	Fleetwood PA	4:58.93
7 Klein, Stephen	01	Credo Christ	4:59.22
8 Lim, SeungJin	01	White Rock C	5:01.86
9 Krahn, Jonathan	01	Highroad Aca	5:03.25
10 Pataki, Brandyn		Walnut Grove	5:05.15
11 Shimmin, Ethan		Walnut Grove	5:08.56
12 Almrud, Harrison	01	Southpointe	5:10.98
13 Beechley, Alex		Lord Tweedsm	5:12.94
14 Potashova, Mark	01	Kwantlen Par	5:13.68
15 Hall, Riley	01	Abbotsford C	5:16.93
16 Moriyama, Stanley	01	Mei Middle S	5:26.61
17 Rempel, Josh	01	Abbotsford C	5:38.04
18 Tuininga, Siebe	01	Langley Chri	5:59.27
19 Kaita, Matthew	01	Brookwood	6:03.30
20 Dawydiuk-Clozza, Dominic	01	Southpointe	6:21.15
21 DeJulius, Adam	01	Archbishop C	6:25.55

**Men 3000 Meter Run Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rehmtulla, Zain	01	Vedder M.S.	10:12.88
2 Shupe, Marshall		Maple Ridge	10:22.16
3 Baker, Tyson	01	Tamanawis Se	10:22.37
4 Ferrence, Trey	01	Semiahmoo Se	10:31.83
5 Gibson, Oliver	01	Elgin Park S	10:33.44
6 Sidhu, Gurkeerit		Panorama Rid	10:38.90
7 Hall, Riley	01	Abbotsford C	10:41.98
8 Klein, Stephen	01	Credo Christ	10:47.34
9 Lim, SeungJin	01	White Rock C	10:48.07
10 Habash, Saher	01	Yorkson Cree	10:53.32
11 Potashova, Mark	01	Kwantlen Par	10:54.55
12 House, Kaelen	01	Fleetwood PA	11:31.48
13 McRae, Kieran	01	Rosedale Mid	11:33.82

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**Finals ... (Men 3000 Meter Run Grade 8)**

Name	Yr	School	Finals
14 Rempel, Josh	01	Abbotsford C	11:54.55
15 VanBelle, Reagan	01	Abbotsford C	12:18.56
16 Vanderstoep, Anthony	01	Credo Christ	12:24.13
17 Tuininga, Siebe	01	Langley Chri	12:36.93

**Men 100 Meter Hurdles Grade 8**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Vandergugten, Ian	01	Credo Christ	15.68Q0.6
2 Farag Alla, Elia	01	Credo Christ	15.72Q0.3
3 Borkowski, Ethan	01	Holy Cross H	17.33Q-3.0
4 Williamson, David	01	Abbotsford C	18.49Q0.3
5 Fos-oy, Aaron	01	Fraser Heigh	18.65Q0.6
6 Onderwater, Logan	01	Abbotsford C	20.16Q-3.0
7 Gucasan, Gilbert	01	Kwantlen Par	19.29q 0.3
8 Piers, Connor	01	Abbotsford C	20.00q 0.6
9 Elison, Evan	01	White Rock C	20.22 -3.0
10 Bongo, Tyson	01	Mission Seco	20.74 0.3
11 Lu, Ryan	01	Fraser Heigh	20.79 -3.0
12 Causton, Micah	01	Highroad Aca	20.93 0.3
13 Javed, Faizan	01	Tamanawis Se	21.07 0.6
14 Foxcroft, Aiden		Walnut Grove	21.47 -3.0
15 Stobbe, Hudson	01	White Rock C	21.66 -3.0
16 Niyomahoro, Martin	01	BC Christian	22.61 0.3
17 Funk, Judah	01	Abbotsford C	23.06 0.6
18 Friesen, Josh	01	Abbotsford C	23.08 0.6
19 Mangat, Arjun	01	Southpointe	24.13 0.6

**Men 100 Meter Hurdles Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Farag Alla, Elia	01	Credo Christ	15.64 1.4
2 Vandergugten, Ian	01	Credo Christ	15.80 1.4
3 Borkowski, Ethan	01	Holy Cross H	17.02 1.4
4 Gucasan, Gilbert	01	Kwantlen Par	18.42 1.4
5 Fos-oy, Aaron	01	Fraser Heigh	18.57 1.4
6 Williamson, David	01	Abbotsford C	18.64 1.4
7 Piers, Connor	01	Abbotsford C	19.69 1.4
8 Onderwater, Logan	01	Abbotsford C	20.01 1.4

**Men 200 Meter Hurdles Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Farag Alla, Elia	01	Credo Christ	29.36 -2.6
2 Williamson, David	01	Abbotsford C	31.45 -2.6
3 Piers, Connor	01	Abbotsford C	31.89 -2.6
4 Michael, Mcdermid	01	White Rock C	32.06 -2.6
5 Elison, Evan	01	White Rock C	32.10 -2.6
6 Visser, Brendan	01	Abbotsford C	32.99 -2.6
7 Lim, SeungJin	01	White Rock C	33.82 -2.6
8 Brandsma, Drew	01	Abbotsford C	35.81 1.0
9 Spyksma, Lane	01	Abbotsford C	36.97 1.0
10 VanBelle, Reagan	01	Abbotsford C	37.62 1.0

11 Athwal, Dilsher	01	Fleetwood PA	38.42 1.0
12 Friesen, Josh	01	Abbotsford C	39.34 1.0

**Men 4x100 Meter Relay Grade 8**

Team	Relay	Finals
<b>Finals</b>		
1 Lord Tweedsmuir	A	50.29
2 Meadowridge	A	50.57
3 Mei Middle School	A	50.66
4 BC Christian	A	51.70
5 Walnut Grove	A	51.93
6 Semiahmoo Se	A	52.22
7 Johnston Heights	A	52.41
8 Kwantlen Par	A	52.68
9 Abbotsford C	A	52.71
10 Vedder M.S.	A	53.80
11 Credo Christ	A	53.85
12 Southpointe Academy	A	56.68
13 Abbotsford C	B	57.41
14 Kwantlen Par	B	59.46

**Men 4x400 Meter Relay Grade 8**

Team	Relay	Finals
<b>Finals</b>		
1 Walnut Grove	A	4:14.02
2 Vedder M.S.	A	4:15.64
3 Lord Tweedsmuir	A	4:16.91
4 Mei Middle School	A	4:18.22
5 Semiahmoo Se	A	4:19.58
6 Abbotsford C	A	4:20.25
7 Walnut Grove	B	4:26.16
8 Fraser Heigh	A	4:30.04
9 Kwantlen Par	A	4:36.66
10 Abbotsford C	B	4:55.35

**Men High Jump Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Farag Alla, Elia	01	Credo Christ	1.70m
2 Brandsma, Cole	02	Abbotsford C	1.65m
3 Dinh, Brandon		Lord Tweedsm	1.60m
4 Elison, Evan	01	White Rock C	J1.60m
5 Dykstra, Will	01	Credo Christ	1.55m
6 Marcotte, Carter	01	Seaquam Seah	1.50m
6 Almrud, Harrison	01	Southpointe	1.50m
8 Bongo, Tyson	01	Mission Seco	J1.50m
9 Goddard, Graeme		Lord Tweedsm	1.45m
10 Hoogstra, Shane	01	Credo Christ	1.40m
10 Jones, Edward	01	Westview Sec	1.40m
10 Wallack, Riley	01	Semiahmoo Se	1.40m
13 Burke, Ashley	01	Rosedale Mid	1.35m
13 Fedoruk, Josh	01	Vedder M.S.	1.35m
13 Mi, Jordan	01	Meadowridge	1.35m
13 Niyomahoro, Justin	01	BC Christian	1.35m
13 Konings, Martyne	01	Mission Seco	1.35m
18 Kuzyk, Nick	01	BC Christian	1.30m

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**Finals ... (Men High Jump Grade 8)**

Name	Yr	School	Finals
--- Kendall, Owen	01	Semiahmoo Se	NH
--- Nguyen, Phillip		Lord Tweedsm	NH
--- Williamson, David	01	Abbotsford C	NH

**Men Long Jump Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lees, Keaton	01	Semiahmoo Se	5.30m NWI
2 Vandergugten, Ian	01	Credo Christ	5.21m NWI
3 Gurlaliuk, Alex	01	Westview Sec	5.17m NWI
4 Drescher, Aidan	01	Seaquam Seah	5.01m NWI
5 Evans, Kieston		Lord Tweedsm	4.97m NWI
6 Pedersen, Ryan		Lord Tweedsm	4.87m NWI
7 Brodie, David	01	Highroad Aca	4.81m NWI
8 Cole, Jaden	01	Mei Middle S	4.80m NWI
9 Badruddin, Muhammad	01	Kwantlen Par	4.79m NWI
10 Janday, Geevon	01	Vedder M.S.	4.71m NWI
11 Mensah, Jamall	01	Meadowridge	4.69m NWI
12 Jaworski, Michal	01	Johnston Hei	4.62m NWI
13 Wallack, Riley	01	Semiahmoo Se	4.56m NWI
14 Berg, Theron	01	Mei Middle S	4.44m NWI
15 Dykstra, Will	01	Credo Christ	4.40m NWI
16 Kuzyk, Nick	01	BC Christian	4.34m NWI
17 Fos-oy, Aaron	01	Fraser Heigh	4.33m NWI
18 De Chavez, Lorenzo	00	Archbishop C	4.30m NWI
19 Xie, Oliver	01	Seaquam Seah	4.28m NWI
20 Rabie, Josh	01	Yorkson Cree	4.27m NWI
21 Pimentel, Jim	01	Seaquam Seah	4.24m NWI
22 Mangat, Arjun	01	Southpointe	4.22m NWI
22 Bongo, Tyson	01	Mission Seco	4.22m NWI
24 Mi, Jordan	01	Meadowridge	3.79m NWI
25 Carson, Hillyard	01	Southpointe	3.49m NWI
26 Niyomahoro, Martin	01	BC Christian	3.33m NWI

**Men Triple Jump Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Brandsma, Cole	02	Abbotsford C	11.30m NWI
2 Dykstra, Will	01	Credo Christ	10.04m NWI
3 Kuzyk, Nick	01	BC Christian	9.99m NWI
4 Onderwater, Logan	01	Abbotsford C	9.98m NWI
5 Badruddin, Muhammad	01	Kwantlen Par	9.97m NWI
6 Wallack, Riley	01	Semiahmoo Se	9.94m NWI
7 Nguyen, Phillip		Lord Tweedsm	9.51m NWI
8 Jung, Isaac	01	Abbotsford C	9.34m NWI
9 Gucasan, Gilbert	01	Kwantlen Par	9.26m NWI
10 Krahn, Jonathan	01	Highroad Aca	9.08m NWI
11 Parsons Mathieu, Tyler	01	A.D. Rundle	9.07m NWI
12 Gibbs, Marko		Lord Tweedsm	8.81m NWI
13 Huttema, Lucas	01	Credo Christ	8.76m NWI
14 Niyomahoro, Justin	01	BC Christian	8.61m NWI
15 Kendall, Owen	01	Semiahmoo Se	8.47m NWI
16 Brandsma, Drew	01	Abbotsford C	8.02m NWI
17 Tam, Caleb	01	Abbotsford C	7.19m NWI

18 Sumal, Ram	01	Southpointe	6.76m NWI
19 Funk, Judah	01	Abbotsford C	6.62m NWI

**Men Shot Put 4 kg Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Craig, Will	00	Unity Christ	11.75m
2 Dinh, Brandon		Lord Tweedsm	11.17m
3 Crosby, Damian	01	Mei Middle S	10.56m
4 Berg, Theron	01	Mei Middle S	10.04m
5 Goddard, Graeme		Lord Tweedsm	9.73m
6 Bruinsma, Josh	01	Abbotsford C	9.60m
7 Rosenthal, Sam	00	Meadowridge	9.58m
8 Wegert, David	01	Yorkson Cree	9.32m
9 Gookstetter, Riley	01	Southpointe	9.24m
10 Rhandhawa, Jassa	01	Brookwood	9.19m
11 Lu, Ryan	01	Fraser Heigh	9.14m
12 Ogren, Joshua	01	Hope Seconda	9.08m
12 Peters, Nathan		Panorama Rid	9.08m
14 Bartolo, William	01	Pitt Meadows	8.62m
15 Xie, Oliver	01	Seaquam Seah	8.10m
16 Nguyen, Phillip		Lord Tweedsm	7.66m
17 Deol, Kavin		Lord Tweedsm	7.14m
18 Sangha, Jason		Lord Tweedsm	6.56m

**Men Discus Throw Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Dinh, Brandon		Lord Tweedsm	37.26m
2 Craig, Will	00	Unity Christ	33.30m
3 Kim, Viktor		Walnut Grove	30.79m
4 Ogren, Joshua	01	Hope Seconda	27.57m
5 Drescher, Aidan	01	Seaquam Seah	27.18m
6 Potschka, Tysen	01	Lfms	27.11m
7 Devison, Elias		Lord Tweedsm	26.56m
8 Causton, Micah	01	Highroad Aca	26.23m
9 Soheili, Arman	01	Southridge	23.60m
10 Summers, Rick	01	Abbotsford C	22.75m
11 Pimentel, Jim	01	Seaquam Seah	22.53m
12 Dyer, Jordan		Westview Sec	22.43m
13 Gookstetter, Riley	01	Southpointe	22.28m
14 Cen, James	01	Abbotsford C	21.39m
15 Rosenthal, Sam	00	Meadowridge	20.99m
16 Deol, Kavin		Lord Tweedsm	18.70m
--- Zachairias, Nathan	01	Langley Chri	ND

**Men Javelin Throw 600 gram Grade 8**

Name	Yr	School	Finals
<b>Finals</b>			
1 Brandsma, Cole	02	Abbotsford C	33.83m
2 Jones, Edward	01	Westview Sec	32.39m
3 Kim, Viktor		Walnut Grove	31.87m
4 Marcotte, Carter	01	Seaquam Seah	29.83m
5 Kastelein, Caleb	01	Langley Chri	29.67m
6 Jeong, Kevin	01	Surrey Chris	29.40m
7 Madari, Peter	01	Maple Ridge	28.18m

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## Finals ... (Men Javelin Throw 600 gram Grade 8)

Name	Yr	School	Finals
8 Geringer, Tanner	01	Hatzic Secon	26.32m
9 Cen, James	01	Abbotsford C	26.23m
10 Burke, Ashley	01	Rosedale Mid	25.12m
11 Schofield, Joel	00	Maple Ridge	23.88m
12 Newman, Jacob	01	Surrey Chris	22.98m
13 Niyomahoro, Justin	01	BC Christian	21.85m
14 Sauer, Ben	01	Lfmss	21.08m
15 Atagi, Michael	01	Surrey Chris	19.86m

## Men 100 Meter Dash Junior

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Almeda, Joash	99	Fraser Heigh	11.59Q2.7
2 Bodger, Anthony	98	Robert Batem	11.60Q2.1
3 Reimer, Jesse	99	Chilliwack	11.69Q2.0
4 Villanueva, Erick	99	Thomas Haney	11.63Q2.1
5 Small, Lucas	99	Chilliwack M	11.70Q2.0
6 Hughes, Kevin	00	Langley Seco	11.84Q2.7
7 Blackman, Kenny	00	Surrey Chris	11.79q 2.0
8 Fayle, Jack	99	South Delta	11.82q 2.1
9 King, Nathan	99	Langley Seco	11.93 2.1
10 Schaub, Thorsten	99	South Delta	11.94 2.7
11 Wigwigan, Pablo		Walnut Grove	11.95 2.0
12 Best, Derek		Lord Tweedsm	11.97 2.1
13 McKay, Michael		Walnut Grove	12.01 2.7
14 Kim, Eric	00	Gleneagle Se	12.04 2.7
15 Kim, Johnathan	99	Fleetwood PA	12.06 2.7
16 Brar, Rajan	99	Tamanawis Se	12.08 2.0
17 Campbell, Dakota	99	delta second	12.09 2.0
18 Hermosura, Gian	99	Fleetwood PA	12.10 2.1
19 Brown, Jayden	00	Thomas Haney	12.17 2.7
20 Dylan, Manocha	99	Rick Hansen	12.27 2.1
21 Mass, Matt	00	Credo Christ	12.28 2.0
22 Onyemordi, Quentin	00	BC Christian	12.37 2.7
23 VanGarderen, Jon	00	Abbotsford C	12.47 2.1

## Men 100 Meter Dash Junior

Name	Yr	School	Finals
<b>Finals</b>			
1 Bodger, Anthony	98	Robert Batem	11.95 -1.3
2 Almeda, Joash	99	Fraser Heigh	11.95 -1.3
3 Reimer, Jesse	99	Chilliwack	11.96 -1.3
4 Small, Lucas	99	Chilliwack M	12.18 -1.3
5 Fayle, Jack	99	South Delta	12.21 -1.3
6 Villanueva, Erick	99	Thomas Haney	12.23 -1.3
7 Blackman, Kenny	00	Surrey Chris	12.39 -1.3
8 Hughes, Kevin	00	Langley Seco	12.41 -1.3

## Men 200 Meter Dash Junior

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Almeda, Joash	99	Fraser Heigh	23.34Q0.1

2 Fayle, Jack	99	South Delta	24.17Q-1.4
3 Small, Lucas	99	Chilliwack M	24.19Q-1.0
4 Mulama, Aaron	99	Mei Secundar	24.27Q0.1
5 Hughes, Kevin	00	Langley Seco	24.28Q-1.0
6 Reimer, Jesse	99	Chilliwack	24.37Q-1.4
7 Villanueva, Erick	99	Thomas Haney	24.37q 0.1
8 Bodger, Anthony	98	Robert Batem	24.47q -1.4
9 King, Nathan	99	Langley Seco	24.69 -1.0
10 Wigwigan, Pablo		Walnut Grove	24.73 0.1
11 Soh, Xavier	00	R.E.Mountain	24.85 -1.4
12 Kim, Johnathan	99	Fleetwood PA	24.94 -1.0
13 Doshi, Josh	99	Holy Cross H	25.06 -1.0
14 Schaub, Thorsten	99	South Delta	25.21 -1.4
15 Galang, Rylang	99	Holy Cross H	25.26 -1.0
16 Davies, Kyle		Walnut Grove	25.33 -1.0
17 Onyemordi, Quentin	00	BC Christian	25.37 0.1
18 Dhillon, Pavanpal	99	North Delta	25.85 -1.4
19 Cuadra, Daniel	00	Surrey Chris	25.90 -1.0
20 Foster, Ian	99	Holy Cross H	26.61 -1.4
21 Dean, Zak	99	Kwantlen Par	27.85 -1.4

## Men 200 Meter Dash Junior

Name	Yr	School	Finals
<b>Finals</b>			
1 Almeda, Joash	99	Fraser Heigh	23.36 -0.8
2 Fayle, Jack	99	South Delta	23.93 -0.8
3 Small, Lucas	99	Chilliwack M	24.14 -0.8
4 Mulama, Aaron	99	Mei Secundar	24.24 -0.8
5 Bodger, Anthony	98	Robert Batem	24.31 -0.8
6 Villanueva, Erick	99	Thomas Haney	24.36 -0.8
7 Hughes, Kevin	00	Langley Seco	24.45 -0.8
8 Reimer, Jesse	99	Chilliwack	24.84 -0.8

## Men 400 Meter Run Junior

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 McKay, Michael		Walnut Grove	53.01Q
2 Riley, Will		Walnut Grove	53.45Q
3 Fayle, Jack	99	South Delta	53.92Q
4 Forsythe, Luke	99	Semiahmoo Se	53.52Q
5 Lewis, Andrew	99	Earl Marriot	53.86Q
6 Mulama, Aaron	99	Mei Secundar	54.61Q
7 Kerschbaum, Nick		Maple Ridge	55.11q
8 Tanizawa, Owen	99	Queen Elizab	55.18q
9 Bell, Austyn	00	Chilliwack M	56.05
10 Schulting, Jordan	99	Yale Seconda	56.22
11 VanGarderen, Jon	00	Abbotsford C	56.32
12 Soh, Xavier	00	R.E.Mountain	56.43
13 Hughes, Kevin	00	Langley Seco	56.81
14 Deakin, Cole		Maple Ridge	57.29
15 Pedroso, Jean-Paul	99	Archbishop C	57.40
16 Spencer, Chavis	99	Rick Hansen	57.48
17 Lail, Karm		Elgin Park S	57.50
18 Keane, Connor	99	Holy Cross H	57.51
19 Wezeman, Ben	98	Heritage Woo	57.63

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**Preliminaries ... (Men 400 Meter Run Junior)**

Name	Yr	School	Prelims
20 Cuadra, Daniel	00	Surrey Chris	58.63
21 Huyhn, Braydon		Terry Fox Se	59.12
22 Wilkinson, Scott	99	delta second	59.22
--- Dylan, Manocha	99	Rick Hansen	DQ

**Men 400 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Fayle, Jack	99	South Delta	52.78
2 Riley, Will		Walnut Grove	53.00
3 McKay, Michael		Walnut Grove	53.24
4 Lewis, Andrew	99	Earl Marriot	53.99
5 Forsythe, Luke	99	Semiahmoo Se	54.46
6 Mulama, Aaron	99	Mei Secondar	54.56
7 Tanizawa, Owen	99	Queen Elizab	55.49
8 Kerschbaum, Nick		Maple Ridge	55.61

**Men 800 Meter Run Junior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Forsythe, Luke	99	Semiahmoo Se	2:03.00Q
2 Lewis, Andrew	99	Earl Marriot	2:05.39Q
3 James, Daniel	00	Vedder M.S.	2:06.93Q
4 Riley, Will		Walnut Grove	2:04.37Q
5 Waring, Parmvir	99	Abbotsford T	2:07.72Q
6 Hobson, Matt	00	Fleetwood PA	2:07.75Q
7 Foster, Liam	99	Pitt Meadows	2:06.27q
8 Sarai, Sajjan	00	Earl Marriot	2:06.79q
9 Bubel, Dylan	99	delta second	2:08.65
10 Pedroso, Jean-Paul	99	Archbishop C	2:08.77
11 Kerschbaum, Nick		Maple Ridge	2:09.07
12 Schulting, Jordan	99	Yale Seconda	2:09.40
13 Johnston, Alec	99	Fleetwood PA	2:09.82
14 Sran, Joban	99	Tamanawis Se	2:10.54
15 Keane, Connor	99	Holy Cross H	2:10.88
16 Young, Braden		Walnut Grove	2:11.41
17 Roberts, Graeme		Westview Sec	2:12.95
18 Riley, Liam		Walnut Grove	2:14.07
19 Schellenburg, Thomas	00	GW Graham Mi	2:15.08
20 Colyn, Sebastian	99	Langley Chri	2:15.30
21 Huyhn, Braydon		Terry Fox Se	2:25.33

**Men 800 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 James, Daniel	00	Vedder M.S.	1:59.75
2 Riley, Will		Walnut Grove	1:59.85
3 Forsythe, Luke	99	Semiahmoo Se	2:03.32
4 Lewis, Andrew	99	Earl Marriot	2:04.14
5 Foster, Liam	99	Pitt Meadows	2:08.33
6 Waring, Parmvir	99	Abbotsford T	2:08.65
7 Hobson, Matt	00	Fleetwood PA	2:08.81
8 Sarai, Sajjan	00	Earl Marriot	2:32.52

**Men 1500 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 James, Daniel	00	Vedder M.S.	4:19.23
2 Mackie, Jaxon	00	Earl Marriot	4:22.49
3 Waring, Parmvir	99	Abbotsford T	4:23.33
4 McMahan, Ford		Walnut Grove	4:26.13
5 Foster, Liam	99	Pitt Meadows	4:29.99
6 Wright, Owen	99	Mt. Slesse M	4:30.06
7 Wyatt, Zachary	00	R.E.Mountain	4:30.55
8 Wyatt, Tate	00	R.E.Mountain	4:30.59
9 Roberts, Graeme		Westview Sec	4:31.41
10 Pedroso, Jean-Paul	99	Archbishop C	4:33.37
11 Robertson, Jake		Walnut Grove	4:33.92
12 Hobson, Matt	00	Fleetwood PA	4:33.94
13 Riley, Liam		Walnut Grove	4:34.82
14 Johnston, Alec	99	Fleetwood PA	4:39.28
15 Buckingham, Paul		Walnut Grove	4:43.83
16 Abdule, Mewlid	99	Tamanawis Se	4:45.21
17 Plett, Jonathan	99	delta second	4:54.12
18 Hamilton, Jack	00	Riverside Se	4:58.77
19 Naoui, Ayoub	00	Queen Elizab	5:09.90
20 Fowler, Ethan	99	Southpointe	5:27.82

**Men 3000 Meter Run Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 McMahan, Ford		Walnut Grove	9:28.35
2 Ribeiro, Dawson	99	Semiahmoo Se	9:29.99
3 Mackie, Jaxon	00	Earl Marriot	9:32.89
4 Waring, Parmvir	99	Abbotsford T	9:36.32
5 Wyatt, Tate	00	R.E.Mountain	9:42.20
6 Hobson, Matt	00	Fleetwood PA	9:43.14
7 Wyatt, Zachary	00	R.E.Mountain	9:43.79
8 Roberts, Graeme		Westview Sec	9:44.76
9 Robertson, Jake		Walnut Grove	9:44.98
10 Schmidt, Jordan	00	R.E.Mountain	9:58.36
11 Miller, Riley	00	Holy Cross H	10:04.66
12 Buckingham, Paul		Walnut Grove	10:07.03
13 Berger, Justin	99	Abbotsford C	10:08.34
14 Miller, Aiden	00	Holy Cross H	10:18.80
15 Bingert, Liam	99	W. J. Mouat	10:22.91
16 Ross, Alex	99	Thomas Haney	10:23.41
17 Vas, Daniel	99	Kwantlen Par	10:43.23

**Men 100 Meter Hurdles Junior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Togeretz, Ryan	00	Credo Christ	15.66Q1.5
2 Luccock, Dominic	99	Seaquam Seah	16.02Q2.3
3 Pruiim, Spencer	99	Credo Christ	16.33Q0.6
4 Sikma, Reuben	00	Credo Christ	16.45Q0.6
5 Schratz, William	98	St. John Bre	17.14Q2.3
6 Howard, Braedon	00	Abbotsford C	17.21Q1.5

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## Preliminaries ... (Men 100 Meter Hurdles Junior)

Name	Yr	School	Prelims
7 Ludwar, Colton	00	Holy Cross H	17.46q 1.5
8 McKay, Tyler	00	Yale Seconda	18.61q 1.5
9 Durante, Daniel	00	St. John Bre	18.70 2.3
10 Hermosura, Gian	99	Fleetwood PA	19.22 1.5
11 Ali, Abdul	00	Fleetwood PA	19.35 0.6
12 Lujan, Paolo	99	Holy Cross H	19.58 0.6
13 Tobin, Harry	99	Mei Secondar	19.59 0.6
14 Campbell, Dakota	99	delta second	19.82 2.3
15 Vanvliet, Javin	99	Credo Christ	20.13 2.3
16 Dyke, Calum		Aldergrove Commu	20.25 2.3
17 Kwon, Steven	00	Port Moody S	20.32 1.5
18 Takahashi, Shinkoh	99	Pinetree Hig	20.77 0.6
19 VanDeventer, Nathanael		Abbotsford C	20.94 1.5
20 Latawa, Nitesh	00	Queen Elizab	22.19 2.3

## Men 100 Meter Hurdles Junior

Name	Yr	School	Finals
<b>Finals</b>			
1 Luccock, Dominic	99	Seaquam Seah	15.97 -0.5
2 Togeretz, Ryan	00	Credo Christ	16.04 -0.5
3 Pruiim, Spencer	99	Credo Christ	16.30 -0.5
4 Sikma, Reuben	00	Credo Christ	16.37 -0.5
5 Schratz, William	98	St. John Bre	16.90 -0.5
6 Ludwar, Colton	00	Holy Cross H	17.19 -0.5
7 Howard, Braedon	00	Abbotsford C	17.37 -0.5
8 McKay, Tyler	00	Yale Seconda	18.56 -0.5

## Men 300 Meter Hurdles Junior

Name	Yr	School	Finals
<b>Finals</b>			
1 Togeretz, Ryan	00	Credo Christ	43.51
2 Luccock, Dominic	99	Seaquam Seah	43.69
3 Lenton, Jorin		Maple Ridge	44.38
4 Tanizawa, Owen	99	Queen Elizab	44.63
5 Kular, Devon	99	W. J. Mouat	45.74
6 Sikma, Reuben	00	Credo Christ	45.90
7 Foster, Ian	99	Holy Cross H	45.98
8 Schratz, William	98	St. John Bre	46.43
9 Sran, Joban	99	Tamanawis Se	47.62
10 Curran, Justin		Walnut Grove	47.85
11 Howard, Braedon	00	Abbotsford C	47.92
12 Wallack, Brian	99	Semiahmoo Se	47.93
13 Bhangu, Amrin	99	W. J. Mouat	48.05
14 Lujan, Paolo	99	Holy Cross H	48.31
15 Lee, Eric		Walnut Grove	49.01
16 Smithson, Liam		Walnut Grove	49.19
17 Wilke, Ethan	00	St. John Bre	49.33
18 Ali, Abdul	00	Fleetwood PA	50.02
19 Manes, Akash	99	Tamanawis Se	51.81
20 Hasker, Justin	00	South Delta	57.11

## Men 1500 Meter Steeplechase Junior

Name	Yr	School	Finals
<b>Finals</b>			
1 Mackie, Jaxon	00	Earl Marriot	4:36.24
2 Ribeiro, Dawson	99	Semiahmoo Se	4:43.13
3 Wyatt, Zachary	00	R.E.Mountain	4:44.76
4 Schmidt, Jordan	00	R.E.Mountain	4:44.95
5 Wyatt, Tate	00	R.E.Mountain	4:44.99
6 Buckingham, Paul		Walnut Grove	4:46.90
7 Berger, Justin	99	Abbotsford C	4:53.02
8 Wright, Owen	99	Mt. Slesse M	4:54.78
9 Grewal, Jashaun	99	Tamanawis Se	4:58.19
10 Miller, Riley	00	Holy Cross H	5:02.33
11 Miller, Aiden	00	Holy Cross H	5:09.77
12 Plett, Jonathan	99	delta second	5:10.53
13 Sarai, Sajjan	00	Earl Marriot	5:14.17
14 Curran, Justin		Walnut Grove	5:14.18
15 Hintz, Lucas	99	W. J. Mouat	5:18.90
16 Naoui, Ayoub	00	Queen Elizab	5:23.35
17 Adams, David	00	Abbotsford C	5:25.27
18 Smithson, Liam		Walnut Grove	5:37.02
--- Vas, Daniel	99	Kwantlen Par	DQ
--- Wick, Tanner		Walnut Grove	DQ

## Men 4x100 Meter Relay Junior

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Rick Hansen Secondary	A	47.31Q
2 Holy Cross H	A	48.03Q
3 W. J. Mouat Secondary	A	47.60Q
4 Yale Secondary School	A	48.06Q
5 Thomas Haney	A	47.68Q
6 Walnut Grove	A	48.38Q
7 BC Christian	A	47.94q
8 Credo Christ	A	48.01q
9 Fleetwood Park	A	49.30
10 Surrey Chris	A	50.18
11 Maple Ridge Secondary	A	52.22
--- Abbotsford C	A	DQ
--- Lord Tweedsmuir	A	DQ

## Men 4x100 Meter Relay Junior

Team	Relay	Finals
<b>Finals</b>		
1 W. J. Mouat Secondary	A	46.91
2 Rick Hansen Secondary	A	47.05
3 Thomas Haney	A	47.55
4 Yale Secondary School	A	48.18
5 Holy Cross H	A	48.35
6 Walnut Grove	A	48.81
--- BC Christian	A	DQ

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**Men 4x400 Meter Relay Junior**

Team	Relay	Finals
<b>Finals</b>		
1 Walnut Grove	A	3:41.78
2 Maple Ridge Secondary	A	3:46.77
3 Semiahmoo Se	A	3:49.37
4 R.E.Mountain	A	3:50.60
5 Rick Hansen Secondary	A	3:50.94
6 Chilliwack M	A	3:53.73
7 Credo Christ	A	3:53.96
8 Holy Cross H	A	3:54.07
9 Walnut Grove	B	3:59.02
10 Fleetwood Park	A	4:00.84
11 Abbotsford C	A	4:14.55

**Men High Jump Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lambert, Michael	99	Hatzic Secon	1.88m
2 Kuzyk, Zack	99	BC Christian	1.70m
3 MacKenzie, Bryce	00	Hatzic Secon	J1.70m
3 King, Nathan	99	Langley Seco	J1.70m
5 Dale, Thomas		Terry Fox Se	1.65m
6 Blackman, Kenny	00	Surrey Chris	1.60m
7 Smerdal, Darian	00	Thomas Haney	J1.60m
7 Davies, Kyle		Walnut Grove	J1.60m
9 Thandi, Sharonvir	99	Queen Elizab	1.55m
9 Harvey, Ryan	00	Abbotsford C	1.55m
9 Hillier-Calibrigo, Rayden	99	Mission Seco	1.55m
9 Choboter, Joel	99	St. John Bre	1.55m
9 Kunz, Robbie	00	Mission Seco	1.55m
14 Galang, Rylang	99	Holy Cross H	1.50m
14 Lail, Karm		Elgin Park S	1.50m
14 Foster, Ethan	00	D. W. Poppy	1.50m
17 Wainman, Lachlan		Elgin Park S	1.45m
--- Aylett, Daniel		Lord Tweedsm	NH

**Men Pole Vault Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kular, Devon	99	W. J. Mouat	2.60m
2 Gregory, Nathan		Walnut Grove	2.50m
3 Bhangu, Amrin	99	W. J. Mouat	2.20m
--- Healy, Jared	00	W. J. Mouat	NH

**Men Long Jump Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Villanueva, Erick	99	Thomas Haney	6.06m NWI
2 Kuzyk, Zack	99	BC Christian	5.96m NWI
3 Choboter, Joel	99	St. John Bre	5.95m NWI
4 Luccock, Dominic	99	Seaquam Seah	5.88m NWI
5 Brown, Jayden	00	Thomas Haney	5.81m NWI
6 MacKenzie, Bryce	00	Hatzic Secon	5.73m NWI
7 Wilkinson, Scott	99	delta second	5.69m NWI

8 Foster, Ethan	00	D. W. Poppy	5.64m NWI
9 Bodger, Anthony	98	Robert Batem	5.61m NWI
10 Mand, Pavan		Terry Fox Se	5.36m NWI
11 Dylan, Manocha	99	Rick Hansen	5.35m NWI
12 Baarts, Trevon		Lord Tweedsm	5.32m NWI
13 Sikma, Reuben	00	Credo Christ	5.28m NWI
14 Togerez, Ryan	00	Credo Christ	5.27m NWI
15 Bulthuis, Evan	99	Credo Christ	5.23m NWI
16 Schwichtenberg, Alex	99	Agassiz Sec.	5.07m NWI
17 Person, Brendan	99	Yale Seconda	4.99m NWI
18 Lujan, Paolo	99	Holy Cross H	4.95m NWI
19 Kim, Johnathan	99	Fleetwood PA	4.74m NWI
20 Adkins, Keyan	00	Pacific Acad	4.67m NWI
21 Dhillon, Jivan	99	Queen Elizab	4.61m NWI

**Men Triple Jump Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kuzyk, Zack	99	BC Christian	12.59m NWI
2 Foster, Ethan	00	D. W. Poppy	12.33m NWI
3 MacKenzie, Bryce	00	Hatzic Secon	12.32m NWI
4 Dowhaniuk, Michael	00	Semiahmoo Se	11.86m NWI
5 Mangat, Balraj	99	Rick Hansen	11.84m NWI
6 Best, Derek		Lord Tweedsm	11.78m NWI
7 Davies, Kyle		Walnut Grove	11.31m NWI
8 Wilkinson, Scott	99	delta second	11.22m NWI
9 Savage, Mitchell	99	North Surrey	10.79m NWI
10 Gane, Alan	00	Riverside Se	10.75m NWI
11 Harvey, Ryan	00	Abbotsford C	10.31m NWI
12 Byker, Jeff	00	Credo Christ	10.12m NWI
13 Grim, Peyton	00	Langley Chri	9.34m NWI
14 Selbie, Brett	00	Mission Seco	9.25m NWI

**Men Shot Put 5 kg Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Sinclair, Connor	99	Semiahmoo Se	14.56m
2 Poirier, Greg	99	Robert Batem	12.93m
3 Schlacter, Parker	99	Abbotsford C	12.10m
4 Hamilton, Rowan	00	Chilliwack M	11.55m
5 Gondara, Vikramjit	99	W. J. Mouat	11.37m
6 Lambert, Michael	99	Hatzic Secon	11.00m
7 Choboter, Joel	99	St. John Bre	10.79m
8 Mirahmadi, Amir	98	Heritage Woo	10.52m
9 Hyde, Justin		Terry Fox Se	10.51m
10 Smart, Jacob	99	Holy Cross H	10.38m
11 Shasavar, Amin		Terry Fox Se	10.08m
12 Bailey, Noah	99	Chilliwack	10.05m
13 MacDonald, Brody	99	Langley Chri	9.80m
14 Jirava, Daniel		Lord Tweedsm	9.76m
15 Barron, Cole	99	Holy Cross H	9.64m
16 Nogues, Daniel	99	Chilliwack	9.34m
17 Mothe, Ethan	00	White Rock C	9.31m
18 Ramos, Lexton	99	BC Christian	9.29m
19 Oberhoffner, Hayden	00	St. John Bre	8.98m
20 Elphick, Edward		Maple Ridge	8.82m

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**Finals ... (Men Shot Put 5 kg Junior)**

Name	Yr	School	Finals
21 Le, John	00	GW Graham Mi	8.70m
22 Arenas, Aaron	99	Holy Cross H	8.64m

**Men Discus Throw 1.5 kg Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gondara, Vikramjit	99	W. J. Mouat	46.10m
2 Bailey, Noah	99	Chilliwack	33.62m
3 Lambert, Michael	99	Hatzic Secon	33.41m
4 Sinclair, Connor	99	Semiahmoo Se	33.35m
5 Luteyn, Josh	00	Unity Christ	29.61m
6 Aubin, Marcus	00	Hope Seconda	29.36m
7 Evans, Jake		Walnut Grove	28.09m
8 Piers, Cameron	99	Abbotsford C	27.57m
9 Schlacter, Parker	99	Abbotsford C	26.88m
10 Foth, Zach	99	Yale Seconda	25.75m
11 Abad, John Andre	99	Holy Cross H	25.41m
12 Ramos, Lexton	99	BC Christian	25.13m
13 Jirava, Daniel		Lord Tweedsm	24.66m
14 Smith, Evan	00	Dr. Charles	23.59m
15 Wick, Tanner		Walnut Grove	22.79m
16 Robertson, Mark		Lord Tweedsm	21.57m
17 Hamilton, Rowan	00	Chilliwack M	21.18m
18 MacDonald, Brody	99	Langley Chri	20.54m
19 Sindhar, Jugraj	00	Queen Elizab	20.38m
20 Smart, Jacob	99	Holy Cross H	20.34m
21 Schalin, Brody	00	White Rock C	16.50m

**Men Hammer Throw 5 kg Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gondara, Vikramjit	99	W. J. Mouat	57.79m
2 Hamilton, Rowan	00	Chilliwack M	41.91m
3 Schlacter, Parker	99	Abbotsford C	39.00m
4 Elphick, Edward		Maple Ridge	37.15m
5 Piers, Cameron	99	Abbotsford C	31.65m
6 Schoolkate, Lee	99	Sardis Secon	25.67m
7 Grzechnik, Tim	99	W. J. Mouat	24.64m
8 Pilgrim, Kielen	99	W. J. Mouat	23.52m
9 Gauthier, Jordan	00	Hope Seconda	21.60m
10 Mothe, Ethan	00	White Rock C	21.29m
11 Vanderschans, Elias	98	Abbotsford C	19.99m
12 Latawa, Nitesh	00	Queen Elizab	19.10m
13 Schalin, Brody	00	White Rock C	15.31m
14 Stobbe, Sawyer	00	White Rock C	10.45m
--- Joosse, Levi	98	Abbotsford C	ND

**Men Javelin Throw 700 gram Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cortes, Bryan	98	Terry Fox Se	46.01m
2 Foth, Zach	99	Yale Seconda	44.07m
3 Colyn, Sebastian	99	Langley Chri	41.67m
4 McKay, Michael		Walnut Grove	37.57m

5 Vanderveen, Cam	00	Abbotsford C	37.02m
6 Lenton, Jorrin		Maple Ridge	35.91m
7 Joosse, Levi	98	Abbotsford C	33.71m
8 Barron, Cole	99	Holy Cross H	33.34m
9 Smerdal, Darian	00	Thomas Haney	32.45m
10 Hofer, Brodie	00	Langley Chri	31.79m
11 Jirava, Daniel		Lord Tweedsm	31.44m
12 Smart, Jacob	99	Holy Cross H	30.46m
13 Mothe, Ethan	00	White Rock C	30.12m
14 Aikema, Josiah	00	Credo Christ	28.95m
15 Fraser, Brendan	99	Holy Cross H	28.37m
16 Wander, Shub	99	Hatzic Secon	27.91m
17 Abad, John Andre	99	Holy Cross H	24.85m
18 Asmaro, Rani		Guildford Pa	24.75m
19 Ramos, Lexton	99	BC Christian	23.13m

**Men 1500 Meter Race Walk Junior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Choi, Jarrod	01	Abbotsford C	8:47.56
2 Bansal, Ayush	99	Semiahmoo Se	8:47.76
3 Bhangu, Amrin	99	W. J. Mouat	8:48.68
4 Vanderveen, Cam	00	Abbotsford C	9:02.91
5 Howard, Braedon	00	Abbotsford C	9:46.85
6 Beacock, Aidan	01	Vedder M.S.	9:54.28
7 Chen, William	99	Semiahmoo Se	10:11.86
8 Van Spronsen, Jason	01	Credo Christ	11:30.45

**Men 100 Meter Dash Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Walker, Jesse	97	Mission Seco	11.26Q-1.5
2 Los, Kenzo		Lord Tweedsm	11.27Q1.6
3 McLean, Matthew	97	Earl Marriot	11.50Q-1.6
4 Stamp, Sean	97	North Surrey	11.41Q-1.5
5 Carnegie, Tanner	98	Southpointe	11.45Q1.6
6 Kuperis, Riley	98	Unity Christ	11.55Q-1.6
7 Savage, Alex		Walnut Grove	11.63q 1.6
8 Johal, Ravan		Walnut Grove	11.92q 1.6
9 Moore, Aidan	97	Pacific Acad	11.94 -1.6
10 Ionce, Oti	97	W. J. Mouat	11.97 1.6
11 Barker, Cole	98	W. J. Mouat	12.02 -1.6
12 Samoil, Tanner	98	Semiahmoo Se	12.04 -1.5
13 Zhou, John	97	Heritage Woo	12.06 1.6
14 McRae, Slater	97	W. J. Mouat	12.12 -1.5
15 Masic, Eddie	97	Yale Seconda	12.12 -1.6
16 Hassan, Elijah	97	Fleetwood PA	12.13 1.6
17 Richardson, Dacious	97	Guildford Pa	12.22 1.6
18 Kimoto, Jason	97	Walnut Grove	12.27 -1.6
19 Hunter, Jake	98	Chilliwack	12.36 -1.5
20 Ajayi, Josh		Walnut Grove	12.39 -1.6
21 Wong, Jaisen	98	Centennial S	12.41 -1.5
22 Kazemir, Ethan	97	Riverside Se	12.42 -1.5
23 Costamagna, Grecco	97	Sardis Secon	12.52 -1.6

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**Men 100 Meter Dash Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Walker, Jesse	97	Mission Seco	11.44 -1.6
2 McLean, Matthew	97	Earl Marriot	11.46 -1.6
3 Stamp, Sean	97	North Surrey	11.56 -1.6
4 Carnegie, Tanner	98	Southpointe	11.64 -1.6
5 Los, Kenzo		Lord Tweedsm	11.68 -1.6
6 Kuperis, Riley	98	Unity Christ	11.86 -1.6
7 Johal, Ravan		Walnut Grove	12.46 -1.6

**Men 200 Meter Dash Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Aono, Michael	98	Seaquam Seah	21.97Q-0.9
2 Los, Kenzo		Lord Tweedsm	22.93Q-0.2
3 Stamp, Sean	97	North Surrey	22.96Q-0.3
4 Walker, Jesse	97	Mission Seco	22.80Q-0.9
5 Carnegie, Tanner	98	Southpointe	23.04Q-0.2
6 Klassen, Jude	97	Lfmss	23.23Q-0.3
7 Ellison, Elias	97	Semiahmoo Se	24.07q -0.2
8 Long, Derrick	96	D. W. Poppy	24.18q -0.2
9 O'Brien, Spencer	98	White Rock C	24.28 -0.3
10 Speaks-chinda, Brayden	97	Sardis Secon	24.28 -0.2
11 Samoil, Tanner	98	Semiahmoo Se	24.35 -0.3
12 Johal, Ravan		Walnut Grove	24.37 -0.3
13 Masic, Eddie	97	Yale Seconda	24.39 -0.9
14 Inancsi, Jarek	98	Hope Seconda	25.01 -0.2
15 Cameron, Matt	97	Pitt Meadows	25.22 -0.2
16 Richardson, Dacious	97	Guildford Pa	25.44 -0.9

**Men 200 Meter Dash Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aono, Michael	98	Seaquam Seah	22.52 -2.8
2 Los, Kenzo		Lord Tweedsm	22.73 -2.8
3 Carnegie, Tanner	98	Southpointe	22.91 -2.8
4 Walker, Jesse	97	Mission Seco	22.97 -2.8
5 Stamp, Sean	97	North Surrey	22.99 -2.8
6 Klassen, Jude	97	Lfmss	23.76 -2.8
7 Ellison, Elias	97	Semiahmoo Se	24.20 -2.8
8 Long, Derrick	96	D. W. Poppy	24.22 -2.8

**Men 400 Meter Run Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Aono, Michael	98	Seaquam Seah	48.44Q
2 Ellenwood, Dean	98	Langley Seco	49.99Q
3 Moore, Aidan	97	Pacific Acad	52.12Q
4 Klassen, Jude	97	Lfmss	51.28Q
5 McDonald, James	97	Burnsview	52.43Q
6 Adhemar, Josh	97	W. J. Mouat	52.53Q
7 Brownrigg, George	97	Earl Marriot	52.46q

8 Rostant, Omar	97	Holy Cross H	52.50q
9 Hetherington, Zachary	97	Pitt Meadows	53.49
10 Kwon, Terry	97	Yale Seconda	53.76
11 Bulka, Owen		Elgin Park S	53.90
12 McRae, Slater	97	W. J. Mouat	54.06
13 Huarte, David	99	Chilliwack	55.07
14 Nataros, Grant	97	Lfmss	55.32
15 Mercer, Dante		Walnut Grove	55.96
16 Cameron, Matt	97	Pitt Meadows	56.05
17 Schrom-Smith, Keegan	98	Sardis Secon	56.61
18 Parewyck, Ralph	98	Meadowridge	56.80
19 Borovsky, Norbert	98	Guildford Pa	57.63
20 Ren, Raymond	98	Gleneagle Se	58.47
21 Gosal, Hartej	98	Fleetwood PA	59.26
22 Powell, Jacob	97	Archbishop C	1:00.34

**Men 400 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aono, Michael	98	Seaquam Seah	48.07
2 Ellenwood, Dean	98	Langley Seco	49.79
3 Moore, Aidan	97	Pacific Acad	51.62
4 Rostant, Omar	97	Holy Cross H	51.95
5 Adhemar, Josh	97	W. J. Mouat	52.08
6 Klassen, Jude	97	Lfmss	53.99
7 Brownrigg, George	97	Earl Marriot	55.54
8 McDonald, James	97	Burnsview	1:01.73

**Men 800 Meter Run Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ellenwood, Dean	98	Langley Seco	2:02.72Q
2 Kwon, Terry	97	Yale Seconda	2:06.42Q
3 Keane, Eamonn	97	Holy Cross H	2:08.09Q
4 Brownrigg, George	97	Earl Marriot	2:02.74Q
5 Muller, Reid	97	Pitt Meadows	2:06.87Q
6 Bingert, Aidan	97	W. J. Mouat	2:08.19Q
7 Bulka, Owen		Elgin Park S	2:02.99q
8 Hrusik, Curtis	97	Chilliwack	2:07.74q
9 Clegg, Logan	98	Sardis Secon	2:08.92
10 Ibbitt, Ryan		Maple Ridge	2:09.46
11 Carlson, Ethan		Walnut Grove	2:10.74
12 Rehmulla, Samir	98	Sardis Secon	2:11.70
13 Bayer, Trent		Maple Ridge	2:17.30
14 Murray, David	98	Yale Seconda	2:17.81
15 Wang, Felix	97	Fraser Heigh	2:21.98
16 Dufault, Travis	97	Riverside Se	2:23.33
17 Fonseca, Brandon	97	Heritage Woo	2:31.25
18 Job, Colin	97	White Rock C	2:38.57
--- Pedroso, Enrique	97	Archbishop C	DNF

**Men 800 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ellenwood, Dean	98	Langley Seco	1:52.63

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**Finals ... (Men 800 Meter Run Senior)**

Name	Yr	School	Finals
2 Muller, Reid	97	Pitt Meadows	1:53.58
3 Bingert, Aidan	97	W. J. Mouat	2:03.61
4 Kwon, Terry	97	Yale Seconda	2:07.21
5 Bulka, Owen		Elgin Park S	2:07.67
6 Keane, Eamonn	97	Holy Cross H	2:09.04
7 Hrusik, Curtis	97	Chilliwack	2:16.19
8 Brownrigg, George	97	Earl Marriot	2:18.21

**Men 1500 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Tadesse, Nathan	97	North Surrey	3:55.31
2 Muller, Reid	97	Pitt Meadows	3:56.62
3 Colyn, Nickolas	97	Langley Chri	4:05.24
4 Wadhvani, Isaac	97	Terry Fox Se	4:11.14
5 Milic, Michael	98	Seaquam Seah	4:11.46
6 Kozeli, Josh	98	Heritage Woo	4:18.44
7 Bingert, Aidan	97	W. J. Mouat	4:23.52
8 Jackson, Connor	97	White Rock C	4:23.91
9 Gray, Riley		Elgin Park S	4:27.80
10 Biela, Kristian	98	Sardis Secon	4:31.38
11 Clegg, Logan	98	Sardis Secon	4:36.41
12 Rehmtulla, Samir	98	Sardis Secon	4:36.95
13 Pedroso, Enrique	97	Archbishop C	4:50.45
14 O'Donnell, Kenton	97	Robert Batem	4:50.47
15 Naoui, Omar	98	Queen Elizab	4:54.19
16 Allen, Nick	97	Agassiz Sec.	4:56.25
17 Fonseca, Brandon	97	Heritage Woo	5:02.94
18 Roberts, Trevor	98	Westview Sec	5:08.80
19 Weltzin, Trevor	98	Brookwood	5:12.96
20 Brar, Manraj	96	Rick Hansen	5:14.94
21 Lounsbury, Graeson	97	Unity Christ	5:16.03

**Men 3000 Meter Run Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Tadesse, Nathan	97	North Surrey	8:51.71
2 Wadhvani, Isaac	97	Terry Fox Se	8:53.17
3 Ginther, Sterling	97	Earl Marriot	8:53.90
4 Milic, Michael	98	Seaquam Seah	8:54.23
5 Colyn, Nickolas	97	Langley Chri	8:54.69
6 Jackson, Connor	97	White Rock C	9:10.98
7 Kozeli, Josh	98	Heritage Woo	9:17.34
8 Reusch, Jonathan	97	Surrey Chris	9:53.43
9 Rehmtulla, Samir	98	Sardis Secon	9:57.84
10 vanLeeuwen, Peter	96	St. John Bre	10:24.26
11 Bennett, Tim	98	North Surrey	10:25.54
12 Naoui, Omar	98	Queen Elizab	10:29.53
13 Allen, Nick	97	Agassiz Sec.	10:34.38
14 Fogliato, Matthew	97	Port Moody S	10:40.06
15 Roberts, Trevor	98	Westview Sec	10:54.94
16 Oishi, akimine		Chilliwack	10:57.83
17 Weltzin, Trevor	98	Brookwood	11:09.64
18 Cabrera, Diego		Westview Sec	11:16.89

19 Lightle, Keegan 97 Sardis Secon 11:26.36

**Men 110 Meter Hurdles Senior**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Medwid, Cale	98	Heritage Woo	17.74Q2.1
2 Welsh, Matthew	98	Mei Secondar	17.90Q0.5
3 Ma, George	97	Abbotsford C	18.34Q0.5
4 Ali, Kassim	97	Fleetwood PA	18.59Q2.1
5 Confortin, Cameron	97	Holy Cross H	18.75q 0.5
6 Tung, Jensen	97	Heritage Woo	19.06q 2.1
7 Richardson, Dacious	97	Guildford Pa	20.22q 0.5
8 McKay, Santana	97	Sardis Secon	20.60q 0.5
9 Froelich, Noah	98	Rick Hansen	21.82 0.5
10 Nelson, Sam	98	White Rock C	22.05 2.1

**Men 110 Meter Hurdles Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Welsh, Matthew	98	Mei Secondar	17.70 -1.0
2 Medwid, Cale	98	Heritage Woo	17.74 -1.0
3 Ma, George	97	Abbotsford C	18.36 -1.0
4 Confortin, Cameron	97	Holy Cross H	18.61 -1.0
5 Tung, Jensen	97	Heritage Woo	18.87 -1.0
6 Ali, Kassim	97	Fleetwood PA	19.23 -1.0
7 Richardson, Dacious	97	Guildford Pa	20.23 -1.0
8 McKay, Santana	97	Sardis Secon	20.78 -1.0

**Men 400 Meter Hurdles Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Adhemar, Josh	97	W. J. Mouat	56.77
2 Cowley, Nick	98	Maple Ridge	1:01.17
3 Biela, Kristian	98	Sardis Secon	1:02.38
4 Ali, Kassim	97	Fleetwood PA	1:04.57
5 Ma, George	97	Abbotsford C	1:05.89
6 Carlson, Ethan		Walnut Grove	1:06.52
7 Schrom-Smith, Keegan	98	Sardis Secon	1:07.36
8 McKay, Santana	97	Sardis Secon	1:08.84
9 Gosal, Hartej	98	Fleetwood PA	1:09.62
10 Bonneau, Nic	98	W. J. Mouat	1:11.74
11 Peter, Joshua	98	Guildford Pa	1:14.61

**Men 2000 Meter Steeplechase Senior**

Name	Yr	School	Finals
<b>Finals</b>			
1 Colyn, Nickolas	97	Langley Chri	6:02.59
2 Ginther, Sterling	97	Earl Marriot	6:04.12
3 Jackson, Connor	97	White Rock C	6:26.25
4 Kozeli, Josh	98	Heritage Woo	6:28.55
5 Biela, Kristian	98	Sardis Secon	6:44.15
6 Clegg, Logan	98	Sardis Secon	6:58.85
7 O'Donnell, Kenton	97	Robert Batem	7:13.40
8 Schrom-Smith, Keegan	98	Sardis Secon	7:21.57
9 Toppozini, Weston		Aldergrove Commu	7:22.57

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## Finals ... (Men 2000 Meter Steeplechase Senior)

Name	Yr	School	Finals
10 Roberts, Trevor	98	Westview Sec	7:34.97
11 Fogliato, Matthew	97	Port Moody S	7:36.56
12 Naoui, Omar	98	Queen Elizab	7:43.68
13 Carlson, Ethan		Walnut Grove	7:51.57
14 Bonneau, Nic	98	W. J. Mouat	7:52.97
15 VanWoerden, David	97	Abbotsford C	7:53.15
16 Matson, Alex		Walnut Grove	7:54.56

## Men 4x100 Meter Relay Senior

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Lord Tweedsmuir	A	44.83Q
2 W. J. Mouat Secondary	A	45.47Q
3 Lord Tweedsmuir	B	45.83Q
4 Chilliwack	A	46.63Q
5 Maple Ridge Secondary	A	46.98Q
6 Yale Secondary School	A	47.03Q
7 Sardis Secondary	A	47.04q
8 W. J. Mouat Secondary	B	47.30q
9 Abbotsford C	A	47.66
10 Pitt Meadows	A	47.71
11 Guildford Park	A	47.84
12 Pinetree High School	A	48.47
13 White Rock C	A	54.64
--- Fleetwood Park	A	DQ

## Men 4x100 Meter Relay Senior

Team	Relay	Finals
<b>Finals</b>		
1 Lord Tweedsmuir	A	44.37
2 W. J. Mouat Secondary	A	45.30
3 Lord Tweedsmuir	B	45.97
4 Chilliwack	A	46.35
5 W. J. Mouat Secondary	B	46.61
6 Sardis Secondary	A	46.79
7 Maple Ridge Secondary	A	47.02
8 Yale Secondary School	A	48.00

## Men 4x400 Meter Relay Senior

Team	Relay	Finals
<b>Finals</b>		
1 W. J. Mouat Secondary	A	3:31.82
2 Pitt Meadows	A	3:33.97
3 Holy Cross H	A	3:43.74
4 Yale Secondary School	A	3:44.14
5 W. J. Mouat Secondary	B	3:44.75
6 Maple Ridge Secondary	A	3:47.31
7 Abbotsford C	A	3:49.93
8 Fleetwood Park	A	3:52.94
9 Abbotsford C	B	3:58.05
10 Riverside Secondary	A	4:06.60

## Men High Jump Senior

Name	Yr	School	Finals
<b>Finals</b>			
1 Joel, Della Siega	98	Elgin Park S	1.95m
2 Chatten, Eric	97	Gleneagle Se	J1.95m
3 Odong, Simon	97	Fleetwood PA	1.85m
4 Chatten, Adam	97	Gleneagle Se	1.80m
5 Kuperis, Riley	98	Unity Christ	J1.80m
6 Sprangers, Liam	98	Holy Cross H	J1.80m
7 Cooke, Colton	98	Terry Fox Se	1.75m
7 Burnett, Drew	99	Abbotsford C	1.75m
9 Moore, Aidan	97	Pacific Acad	J1.75m
10 Chwackinski, Jonny		Lord Tweedsm	J1.75m
11 Luo, Yufeng	98	Heritage Woo	J1.75m
12 Abad, Jero	98	Holy Cross H	1.70m
12 Hellner, James	96	Pacific Acad	1.70m
14 Grout, Daniel		Maple Ridge	1.65m
14 Savage, Alex		Walnut Grove	1.65m
16 Talbot, Ryan	97	Mission Seco	1.60m
16 Levy, Alex		Maple Ridge	1.60m
18 Mercer, Dante		Walnut Grove	1.55m

## Men Pole Vault Senior

Name	Yr	School	Finals
<b>Finals</b>			
1 Bertness, Tim	97	Mei Secondar	3.40m
2 Natt, Joven	97	W. J. Mouat	3.20m
3 Steberl, Jeremiah	98	Hope Seconda	3.10m
4 Cowley, Nick	98	Maple Ridge	3.00m
5 Plummer, Nic	97	W. J. Mouat	2.90m
6 Ruzhyn, Alex	97	W. J. Mouat	J2.90m
7 Minderhoud, Aiden	97	Abbotsford C	2.70m
8 Reimer, luke	98	W. J. Mouat	2.40m

## Men Long Jump Senior

Name	Yr	School	Finals
<b>Finals</b>			
1 Walker, Jesse	97	Mission Seco	6.50m NWI
2 Kuperis, Riley	98	Unity Christ	6.27m NWI
3 Savage, Alex		Walnut Grove	6.19m NWI
4 Long, Derrick	96	D. W. Poppy	6.16m NWI
5 Odong, Simon	97	Fleetwood PA	6.07m NWI
6 Postma, Aaron	98	Abbotsford C	6.03m NWI
7 Dong, Rex	97	Heritage Woo	5.94m NWI
8 Zhou, John	97	Heritage Woo	5.71m NWI
9 Chwackinski, Jonny		Lord Tweedsm	5.70m NWI
10 Wu, Alan		Lord Tweedsm	5.68m NWI
11 Lee, Eric	97	Earl Marriot	5.54m NWI
12 Winteringham, Zachary		Lord Tweedsm	5.51m NWI
13 Froelich, Noah	98	Rick Hansen	5.43m NWI
14 Niezen, Jamison	97	Chilliwack	5.41m NWI
15 Zayshley, Colton		Lord Tweedsm	5.37m NWI
16 Powell, Jacob	97	Archbishop C	5.36m NWI
17 Goulet-Jones, Joey	98	Langley Chri	5.35m NWI
18 Sandhar, Gaurav	97	Abbotsford T	5.28m NWI

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**Finals ... (Men Long Jump Senior)**

	Name	Yr	School	Finals
19	Dyck, Jamieson	98	Abbotsford C	5.17m NWI
20	Goh, Sebastian	98	Pinetree Hig	5.15m NWI
21	Ahn, Isaac	98	Guildford Pa	5.06m NWI
22	Carragher, Kyle	97	Riverside Se	4.90m NWI
23	Ali, Kassim	97	Fleetwood PA	3.73m NWI

**Men Triple Jump Senior**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Postma, Aaron	98	Abbotsford C	13.07m NWI
2	Bertness, Tim	97	Mei Secondar	12.22m NWI
3	Alleckna, Matthias	98	Chilliwack	12.15m NWI
4	Chwaklinski, Jonny		Lord Tweedsm	12.10m NWI
5	Odong, Simon	97	Fleetwood PA	11.96m NWI
6	Zhou, John	97	Heritage Woo	11.90m NWI
7	Dong, Rex	97	Heritage Woo	11.87m NWI
8	Masic, Eddie	97	Yale Seconda	11.73m NWI
9	Wu, Alan		Lord Tweedsm	11.48m NWI
10	Carragher, Kyle	97	Riverside Se	11.29m NWI
11	Dyck, Jamieson	98	Abbotsford C	11.25m NWI
11	Lee, Eric	97	Earl Marriot	11.25m NWI
13	Desa, Joshua	97	Holy Cross H	10.88m NWI
14	Winteringham, Zachary		Lord Tweedsm	10.84m NWI
15	Talbot, Ryan	97	Mission Seco	10.81m NWI
16	Froelich, Noah	98	Rick Hansen	10.80m NWI
16	Schulz, Jordan	97	Chilliwack	10.80m NWI
18	Sandhar, Gaurav	97	Abbotsford T	10.48m NWI
19	Goh, Sebastian	98	Pinetree Hig	10.46m NWI
20	Fast, Brock	98	Lfmss	10.14m NWI
---	Higuchi, Ryan	97	GW Graham Mi	FOUL

**Men Shot Put 6 kg Senior**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Dosanjh, Chitraj	97	Delview Seco	14.53m
2	Ingvaldson, Ben	97	Lord Tweedsm	14.31m
3	Reston, Brent	97	Surrey Chris	12.68m
4	deBoer, Nate	97	Yale Seconda	12.20m
5	Gatlabayan, Brent	97	Holy Cross H	12.04m
6	Driver, Jayden	98	W. J. Mouat	11.06m
7	Sandhu, Parmvir	97	Mission Seco	10.68m
8	Carvalho, Johnathan	97	St. John Bre	10.49m
9	Inancsi, Jarek	98	Hope Seconda	10.33m
10	Anderson, Tyler		Walnut Grove	10.26m
11	Naiker, Shaquille	97	Pitt Meadows	9.81m
12	Bleakney, Matt	97	Hope Seconda	9.75m
13	Ajanovic, Zlatan	98	Johnston Hei	9.29m
14	Bhullar, Satvir	97	Mission Seco	9.28m
15	Johal, Gurmanjot	98	Fleetwood PA	8.73m
16	Nagra, Manjot	97	Abbotsford T	8.45m
17	Chang, Jacky	98	Pinetree Hig	8.02m

**Men Discus Throw 1.75 kg Senior**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Ingvaldson, Ben	97	Lord Tweedsm	39.91m
2	Driver, Jayden	98	W. J. Mouat	37.25m
3	Dosanjh, Chitraj	97	Delview Seco	36.59m
4	Sandhu, Parmvir	97	Mission Seco	36.05m
5	Bhullar, Satvir	97	Mission Seco	32.08m
6	Jo, Daniel		Maple Ridge	31.82m
7	deBoer, Nate	97	Yale Seconda	29.87m
8	Audette, Ben	99	Abbotsford C	24.90m
9	Ajanovic, Zlatan	98	Johnston Hei	24.82m
10	Carvalho, Johnathan	97	St. John Bre	24.10m
11	Bleakney, Matt	97	Hope Seconda	22.15m
12	Johal, Gurmanjot	98	Fleetwood PA	21.23m
13	Chambers, Morgan	98	Pinetree Hig	20.89m
14	Dingra, Rehatbir	98	Semiahmoo Se	20.71m
15	Janzen, James	99	Abbotsford C	20.42m
16	Asayo, Christopher	98	Holy Cross H	19.65m
17	Kernel, Josh	98	W. J. Mouat	14.65m
---	Gatlabayan, Brent	97	Holy Cross H	FOUL
---	Grewal, Jeewan	97	Abbotsford C	FOUL

**Men Hammer Throw 6 kg Senior**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Ingvaldson, Ben	97	Lord Tweedsm	50.87m
2	Driver, Jayden	98	W. J. Mouat	49.00m
3	deBoer, Nate	97	Yale Seconda	45.82m
4	Carvalho, Johnathan	97	St. John Bre	32.66m
5	Naiker, Shaquille	97	Pitt Meadows	27.92m
6	Jo, Daniel		Maple Ridge	26.02m
7	Suchynsky, Ryan	97	Abbotsford T	25.83m
8	Dietrich, Noah	98	W. J. Mouat	23.85m
9	Gibson, Payton	98	W. J. Mouat	22.22m
10	Klammer, Joel	98	W. J. Mouat	21.84m
11	Kleine, Justin	98	White Rock C	21.17m
12	O'Brien, Spencer	98	White Rock C	21.08m
13	Johal, Gurmanjot	98	Fleetwood PA	18.51m
14	Nelson, Sam	98	White Rock C	18.10m
15	Parker, Jullian	98	White Rock C	17.75m

**Men Javelin Throw 800 gram Senior**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Reston, Brent	97	Surrey Chris	52.77m
2	Ellingson, Jordan	97	Maple Ridge	49.89m
3	Bertness, Tim	97	Mei Secondar	44.37m
4	Klammer, Joel	98	W. J. Mouat	43.69m
5	Johal, Ravan		Walnut Grove	42.69m
6	Hanna, Jake		Elgin Park S	42.62m
7	Gatlabayan, Brent	97	Holy Cross H	40.34m
8	Hernandez, Charlon	97	Guildford Pa	39.11m
9	Wilson, Russel	97	W. J. Mouat	35.52m
10	Stark, David		Earl Marriot	35.13m

## 2015 Fraser Valley High School Championship - 11/05/2015 to 14/05/2015

Abbotsford, BC

## Results

**Finals ... (Men Javelin Throw 800 gram Senior)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
11	Wardrop, John	97	Holy Cross H	34.92m
12	Duley, Jordan	97	W. J. Mouat	34.59m
13	Lalor, Matson		Earl Marriot	34.45m
14	Franklin, Josh		Walnut Grove	31.93m
15	Powell, Jacob	97	Archbishop C	31.09m
16	Nagra, Manjot	97	Abbotsford T	30.70m
17	Thiessen, Zach	98	W. J. Mouat	30.16m
18	Robinson, Zachary	98	Hope Seconda	26.43m
19	Chai, Jeremy	97	Heritage Woo	26.05m
20	Lim, Jonathon	97	Heritage Woo	25.67m

**Men 1500 Meter Race Walk Senior**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Becker, Riley	98	White Rock C	7:31.54
2	Southern, Brandon		Walnut Grove	7:33.41
3	Bonneau, Nic	98	W. J. Mouat	7:34.69
4	Nelson, Sam	98	White Rock C	8:29.44
5	Marhaais, Zach		Abbotsford C	8:30.52
6	Cabrera, Diego		Westview Sec	8:37.35
7	VanWoerden, David	97	Abbotsford C	8:40.49
8	Olthuis, Mark	97	Abbotsford C	9:55.96